Appendix 5a

Final draft of questionnaire used in one of the mainstream schools

# Kids in your class



This questionnaire is part of a research project that I am carrying out as part of an Education Doctorate programme with the University of Hertfordshire. I am currently undertaking research on how young people who have been in hospital for a long time manage their transition back into school. I am interested in hearing your views.

This questionnaire is confidential and your involvement is entirely voluntary and you may withdraw information at any time. You do not have to answer all the questions but those that you do, please respond to as openly as you can. Remember, there are no right or wrong answers.

The results of my research will be shared with other professionals in education and health but in no part of my report, or in any discussions, will names or other personal identifiers be used.

I might like to meet with you to discuss your responses and experiences in more detail. If you think, after completing this questionnaire, that you would be willing to meet with me please give your name and age in the section provided on the back page.

Thank you for taking the time to take part in this research project.

Tricia Waples

## Meet the kids in your class.

You are now about to meet Aay, Bee and Cee who are three girls in your Year 10 class.



On the next three pages you will find cartoon pictures showing Aay, Bee and Cee in different situations. Although the three girls look the same they have had very different experiences that you will be told about.

Please will you select the statement that you think best describes each cartoon. You may use any of the given statements for more than one of the girls.



First meet Aay who has been in your class for the last

three years.

#### Circle the statement which best describes each of the following cartoons.



- 1. Aay is asking for help.
- 2. Aay is putting her hand up.
- 3. Aay is answering a question.
- 4. Aay is working for her GCSEs.



- 1. Aay is talking to her maths teacher.
- 2. The teacher is giving Aay a maths book.
- Aay is getting extra maths work to help her catch up.
- 4. Aay is handing in her maths homework.



- 1. Aay is waiting for her friend.
- 2. Aay is lonely as she has no friends.
- 3. Aay is sitting down by herself.
- 4. Aay is depressed.



- 1. Aay is covering up her ears.
- 2. Aay is not listening.
- 3. Aay is going mad.
- 4. Aay is playing a game.



- 1. A girl is threatening Aay.
- 2. A girl is arguing with Aay.
- 3. A girl is pointing at Aay.
- 4. A girl is picking on Aay.



- 1. Aay is messing around.
- 2. Aay is bullying a girl.
- 3. Aay is threatening a girl.
- 4. Aay is picking a girl up.



Now meet Bee who has just returned to your class after a long absence. Before rejoining your class your teacher told you that Bee had been in a special school for young people experiencing mental health problems. Although Bee is feeling much better and able to cope in school she has reduced the number of GCSEs she will study.

Circle the statement which best describes each of the following cartoons.



- 1. Bee is asking for help.
- Bee is putting her hand up.
- 3. Bee is answering a question.
- 4. Bee is working for her GCSEs.



- 1. Bee is talking to her maths teacher.
- 2. The teacher is giving Bee a maths book.
- Bee is getting extra maths work to help her catch up.
- 4. Bee is handing in her maths homework.



- 1. Bee is waiting for her friend.
- 2. Bee is lonely as she has no friends.
- 3. Bee is sitting down by herself.
- 4. Bee is depressed.



- 1. Bee is covering up her ears.
- 2. Bee is not listening.
- 3. Bee is going mad.
- 4. Bee is playing a game.



- 1. A girl is threatening Bee.
- 2. A girl is arguing with Bee.
- 3. A girl is pointing at Bee.
- 4. A girl is picking on Bee.



- 1. Bee is messing around.
- 2. Bee is bullying a girl.
- 3. Bee is threatening a girl.
- 4. Bee is picking a girl up.

And finally meet Cee who has just returned to your class after having spent a long time in hospital. Before Cee rejoined your class your teacher told you that she had been in hospital for a very grave illness called leukaemia, a form of cancer. Because Cee has missed so much school she has also decided to reduce the number of GCSEs she will study.

Circle the statement which best describes each of the following cartoons.



- 1. Cee is asking for help.
- 2. Cee is putting her hand up.
- 3. Cee is answering a question.
- 4. Cee is working for her GCSEs.



- 1. Cee is talking to her maths teacher.
- 2. The teacher is giving Cee a maths book.
- Cee is getting extra maths work to help her catch up.
- 4. Cee is handing in her maths homework.



- 1. Cee is waiting for her friend.
- 2. Cee is lonely as she has no friends.
- 3. Cee is sitting down by herself.
- 4. Cee is depressed.



- 1. Cee is covering up her ears.
- 2. Cee is not listening.
- 3. Cee is going mad.
- 4. Cee is playing a game.





- 1. A girl is threatening Cee.
- 2. A girl is arguing with Cee.
- 3. A girl is pointing at Cee.
- 4. A girl is picking on Cee.
- 1. Cee is messing around.
- 2. Cee is bullying a girl.
- 3. Cee is threatening a girl.
- 4. Cee is picking a girl up.

### How would you feel?

Please circle your response to each of the following questions.

Aay has been in your class for the last three years.

#### Would you

1. sit next to Aay in class?	Yes	No	Don't know
2. lend Aay a C.D.?	Yes	No	Don't know
3. go home with Aay?	Yes	No	Don't know
4. have Aay in your group of friends?	Yes	No	Don't know
5. have Aay as your best friend?	Yes	No	Don't know
6. invite Aay to your home?	Yes	No	Don't know

Bee has returned to your class after a long absence. Bee has been in a special school for young people experiencing mental health problems.

#### Would you

1. sit next to Bee in class?	Yes	No	Don't know
2. lend Bee a C.D.?	Yes	No	Don't know
3. go home with Bee?	Yes	No	Don't know
4. have Bee in your group of friends?	Yes	No	Don't know
5. have Bee as your best friend?	Yes	No	Don't know
6. invite Bee to your home?	Yes	No	Don't know

Now think about Bee. You learn that she has been through a difficult time. She was not managing at school. She was finding it difficult to concentrate in class, her marks were gradually becoming worse and she had appeared to stop trying. She had very little self-confidence and sometimes seemed frustrated with herself and her friends. She had found things so difficult that she had begun to miss school and hide away in her bedroom. She had eventually been admitted to an adolescent psychiatric unit where she was diagnosed as experiencing a psychotic breakdown. Whilst at the Unit she had received specialist treatment and had attended a special school. With help Bee had gradually put her life back into order and was now able to return to mainstream school.

Now would you

Circle your response

1. sit next to Bee in class?	Yes	No	Don't know
2. lend Bee a C.D.?	Yes	No	Don't know
3. go home with Bee?	Yes	No	Don't know
4. have Bee in your group of friends?	Yes	No	Don't know
5. have Bee as your best friend?	Yes	No	Don't know
6. invite Bee to your home?	Yes	No	Don't know

# What do you know about mental health problems?

Please look at the following statements and tick your response.

	Yes	No	Don't know
I understand what is meant by mental health problems			
I know the difference between experiencing mental			
health problems and specific learning difficulties			
I have watched a T.V. programme (documentary, soap, film etc) that included someone experiencing mental health problems			
I know/knew someone who is/was experiencing mental health problems			

Please answer the next two questions in your own words.

What words or phrases might you use to describe someone like Bee who has returned to your class after a long absence and has been in a special school for young people experiencing mental health problems?

What words or phrases might you expect to hear other pupils at your school use to describe someone like Bee?

Thank you for taking part in this research activity.

I wish to reassure you again that this questionnaire is confidential and your involvement is entirely voluntary and that you may withdraw information at any time.

If you would be interested in meeting with me to discuss your responses in more detail please complete the following section:

Age: ......years .....months

#### **Appendix 5b**

#### **Examples of cartoon resources**







www.roy-vidal.de/assets/images 09/05/2006

www.thenav.ca/images/comics 09/05/2006



www.clipartheaven.com/ 09/05/2006









miscellaneous

# Appendix 5c Full list of pilot group's responses to the cartoons (separated into girls and boys)

Cartoon 1	
No.	

Aay	Bee	Cee
Putting up her hand because she don't get the work	Putting hand up to leave the class	Putting her hand up to answer a question
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Confused about her work putting up her hand	Wants to know about the work	Asking to do or go somewhere
Asking for help	Needs help	Help
Aay is taking her GCSEs	She is taking her GCSEs but needs help	She has finished her GCSE
Asking for help	Asking for help	Asking a question
Asking a teacher for help	Asking for help	Asking for help
Putting his hand up	Putting his hand up	
Aay is answering a question because	Asks a question to a teacher	Cee is deaf
he has missed lots of school		
Putting up hand	Asking for help or finished work	Asking for something
He is in a lesson	He is in a lesson	In a lesson
He's putting his hand up	Putting his hand up	Put hand up
Asking for help	Asks for help	He is stuck on a question
Asking for help	working	confused

#### Cartoon 2



Aay	Bee	Cee
Getting extra work	Getting a new book because she	Giving in her homework
-	lost her last one	_
Asking teacher about work	Asking about work	Giving teacher homework
Giving in homework	Getting homework	Asking for help
The teacher is giving her a maths	She has been given a maths book to	The teacher is giving her book
book	help her	for extra help
Handing in homework to her teacher	Handing in her maths homework	Giving her maths homework i
A teacher is giving him a maths book	Asking the teacher to see if she can	Getting help
so he can revise	help him	
Giving his homework to the teacher	Giving a maths book back	
Because he has missed so much	The teacher is talking to him about	He gets a book to read because
school his teacher gives him a maths	his mentalness	he cannot hear
book		
Giving his maths book to the teacher	Giving the teacher his book	Can't be bothered to carry the
		book so giving it to the teacher
Speaking to his maths teacher	Speaking to the teacher	Speaking to the teacher
She is giving it to him so he can	Getting the work to catch up	Giving work in
catch up		
Someone giving him a maths book	Someone had done his homework	He forgets his book so his mum
	for him	brought it in for him
Giving the teacher his book	Giving maths homework to the	Handing work in
	teacher	

#### Cartoon 3



Aav	Bee	Cee
She has no friends to be with	Has no friends	Waiting for a bus
Crying by herself	Sitting by herself may have no mates	Might feel ill
She looks upset and alone	Upset	No friends
She is by herself because she has no friends	She is on her own because no one wants to go near her	She is thinking about her GCSEs
She is upset because she is finding a lot of her work hard	Upset	Sitting on a bench at lunch time
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He feels lonely	Thinking about his GCSEs	Thinking
Sitting alone	Not talking to anyone	
Because Aay has missed school he has no friends	He has nothing to do	He is depressed
Sitting down by himself	Sitting down because he has no friends	Waiting for his friend
Sitting on his own	On his own	On his own
He's sad because he can't keep up	He's sad cos he can't keep up	Keeping himself to himself
As Aay has missed so much school he has no friends	He is lonely	He is lonely

#### Cartoon 4



Aay	Bee	Cee
Getting name calling	Not listening to her teachers	Playing a game with friends
Blocking out noise	Ignoring people – blocking out sound	Playing a game
Confused or upset or alone	Going mad in the head	Confused
She is angry and doesn't want to listen	She is going mad	She is worried about her GCSEs
Trying not to think about what people are saying	Confused	Not listening
No one likes him	Got an headache	Got an headache
	Not listening	
He has had enough of school	So he goes mad	He is stressed about his hearing
Not listening to him	He is not listening to anyone	He might be bored and hates everyone
I don't know	Don't know	Don't know
It's too much for him	It's too much for him	Getting too much for him
Some one calling him names	He goes mad	Pulling his ears off
He has a bad headache	Getting annoyed	Can't hear properly

#### Cartoon 5



Aay	Bee	Cee
Standing up for herself	Starts shouting at someone	In drama acting
Shouting to someone	Shouting at someone	Playing
Get beaten up	Getting picked on at school	Picked on
She is having a go at another girl	She is having a fit at a girl	She is stressed and takes it out on someone else
Having an argument with another girl	She is having an argument	Having an argument
Saying hi to a mate	See an old mate	Saying hello to an old mate
Being asked for something	Being bullied	
He gets asked why he has missed so much school	Bee asks a kid for his money	A kid takes the piss out of him
Starting on someone	Acting all big	Starting
Having an argument	Arguing	Arguing
Having a go at him	He's having a go	Having a go
Aay about to beat him up	Some one took the mick out of his mental problems	He is asking for his dinner money
Threatening someone	Warning someone	Telling someone something

#### Cartoon 6

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Aay	Bee	Cee
The other girl is shocked	Starts to bully	In drama acting
Bullying someone	Butting someone	Playing
Pushed about	Bullied because of her experience	Hitting her or threatening her
She is threatening her	She is now laughing at the other girl	She is now laughing and joking with her mate because she fell for her prank
Warning the girl not to do it again	Starting a fight	Warning her off
Bullying someone	Bullying someone	Bullying someone
Getting beaten up	Being beaten up	
And then gets bullied	He threatens the kid	So he goes and hits him
Picking them up	Lifting him up	Beating him up
Bullying a little kid	Bullying little kid	Bullying little kid
Beating him up	Bullying him	Bullying
Getting pushed about	He's about to beat him up	And he said no so he gets whacked
Bullying someone	Bullying a kid to take his anger out	Bullying someone