

Table 1 – Correlation Matrix for Younger and Older Participants

Younger participants									
	Means (S.D.)	WBSI	TA	BDI	EPQ-R E	EPQ-R N	EPQ-R P	TAF-M	R
WBSI	51.62 (10.09)	1							
TA	44.29 (10.07)	.45***	1						
BDI	6.07 (5.05)	.32**	.69***	1					
EPQ-R E	8.81 (3.48)	.02	-.24	-.21	1				
EPQ-R N	7.17 (3.05)	.36***	.72***	.62***	-.28*	1			
EPQ-R P	2.62 (1.80)	-.01	.00	.10	-.16	-.01	1		
TAF-M	20.41 (9.44)	.11	.05	.04	.12	.10	-.13	1	
R	50.27 (6.97)	.50***	.46***	.35**	-.02	.38***	-.02	.09	1
Older Participants									
	Means	WBSI	TA	BDI	EPQ-R E	EPQ-R N	EPQ-R P	TAF-M	R
WBSI	44.81 (9.44)	1							
TA	34.51 (8.06)	.46***	1						
BDI	3.46 (2.77)	.13	.46***	1					
EPQ-R E	5.75 (3.37)	.07	-.25	-.17	1				
EPQ-R N	4.15 (3.24)	.36**	.61***	.59***	-.04	1			
EPQ-R P	1.70 (1.53)	.04	-.20	-.07	.13	-.19	1		
TAF-M	30.17 (12.33)	.10	.02	-.19	.12	.15	-.24	1	
R	43.16 (8.39)	.36**	.39**	.39**	-.06	.51***	-.17	.10	1

WBSI - White Bear Suppression Inventory; TA - Trait Anxiety; BDI - Beck Depression Inventory; EPQ-R E - Eysenck Personality Questionnaire Extraversion; EPQ-R N - Eysenck Personality Questionnaire Neuroticism; EPQ-R - Eysenck Personality Questionnaire Psychoticism; TAF-M - Thought Action Fusion – Morality subscale; R - Rumination.

* P < .05

** P < .01

*** P < .001

Table 2 – Regression Models Predicting Use of Thought Suppression in Young Participants

Variables entered into	standardised Beta	t value	Sig
The Original Model			
Trait Anxiety	.24	1.46	.15
BDI	-.01	-.07	.94
EPQ-R Neuroticism	.05	.350	.73
Rumination	.32	3.22	.002
R ²	.30		
The Final Accepted Model			
Trait Anxiety	.27	2.40	.02
Rumination	.37	3.31	.001
R ²	.30		

Table 3 – Regression Models Predicting Use of Thought Suppression in Old Participants

Variables entered into	standardised Beta	t value	Sig
The Original Model			
Trait Anxiety	.48**	3.23	.002
EPQ-R Neuroticism	-.14	-.89	.377
Rumination	.33*	2.45	.018
R ²	.34		
The Final Accepted Model			
Trait Anxiety	.40**	3.21	.002
Rumination	.26*	2.07	.043
R ²	.31		
