Acknowledgements

I would like to mention all those to whom I am so indebted for their help and support during my research work. I am deeply grateful to Prof. John Walker for not only accepting me as a Ph.D. student in the first place, but also for providing the solution to many seemingly intractable problems I encountered along the way. I am especially thankful to Dr C J Whelan (principle supervisor), without whose constant help and encouragement, none of my work would have been possible. Another great support and source of inspiration has been my co-supervisor, Prof. M E Parsons.

My study is a continuation of the work began by Deri Morgan, who helped me enormously in the early stages of my work. No research student can work for long without the ever-ready assistance from the technical staff and I have been extremely fortunate in this regard to be the recipient of so much help and encouragement from Brian Brandford and Diana Francis in particular amongst others in the technical staff. I have enjoyed working with my fellow Ph.D colleagues, Andrea Summers and Ken Ihenetu.

Lastly, I would like to thank my husband Mark Smith and his parents, Billy and Pam, for their constant support and help throughout, especially in the latter stages with the writing.

Abstract

Nicotine exerts a therapeutic effect in ulcerative colitis (UC) but the mechanism underlying this effect, is not clear. However, this effect may imply that nicotine has some, as yet to be discovered, effect on the immune system. The aim of the work described in this thesis was to characterise the nicotinic acetylcholine receptors (nAChRs) on human peripheral blood lymphocytes in term of receptor subtype. To achieve this, a combination of radioligand binding assays, pharmacological and molecular biological techniques were used.

The data obtained from the binding studies suggested that the presence of one binding site for (-)- nicotine on human peripheral blood lymphocytes with a Kd 15 ± 5.759 nM $(1.5 \pm 5.759 \times 10^{-8} \text{ M})$ and Bmax 2253 ± 409 sites/cell. The competition studies showed that ligands competing with [³H]-(-)-nicotine were (-)-nicotine, epibatidine and α -bungarotoxin, while others ligands for nAChRs displaced radiolabelled nicotine in insignificant quantities. Thus, radioligand-binding experiments suggest that the binding site for nicotine on human peripheral blood lymphocytes is a nAChR containing α 7 and possibly α 4 or/and β 2 containing nAChR subunits. No evidence was obtained to suggest the presence of a non-cholinergic nicotine receptor. Furthermore, considerable subject to subject variation in the specific binding of radiolabelled nicotine was observed. Because of this only tentative conclusions could be drawn from radioligand binding data.

Polymerase chain reaction (RT-PCR) was then used to demonstrate mRNA for the subunits of nAChRs suggested by radioligand binding studies. Data obtained show that the human peripheral blood lymphocytes tested, expressed mRNAs for $\alpha 4$, $\alpha 5$, $\alpha 7$, $\beta 2$ neuronal nAChRs subunits and $\beta 1$ muscle nAChR subunit.

Expression of the α 5 mRNA subunit of nAChR was observed in the lymphocytes in each sample of lymphocytes tested. In contrast, the expression pattern of mRNAs for α 4, α 7, β 1, and β 2 mRNAs subunits of nAChRs, varied between individuals.

Finally, Western blot analysis was used to confirm that mRNA expression resulted in the expression of protein for nAChR subunits in human peripheral lymphocytes using monoclonal antibodies against $\alpha 4$, $\alpha 5$, $\alpha 7$, and $\beta 2$ nAChR subunits, which had been detected by RT-PCR.

The results obtained from the Western blot analysis show that protein for $\alpha 4$, $\alpha 5$, and $\alpha 7$ nAChR subunits was expressed in most, but not all of the human peripheral blood lymphocyte samples tested and some of the bands obtained were faint. In contrast, protein for the $\beta 2$ nAChR subunit was observed in a few samples tested and the bands were faint.

From the results obtained in this study, it is possible to conclude that human peripheral blood lymphocytes may contain nAChRs with subunit compositions of $\alpha 4\beta 2$, $\alpha 4\beta 2\alpha 5$, and/or $\alpha 7$. However, further studies are necessary to show whether or not the single binding site for nicotine demonstrated by radioligand binding experiments is due to one or all of these nAChRs.

Thus, the findings of the present study suggest the presence of nAChR on human peripheral blood lymphocytes. Nicotine and its effect may occur through these nonneuronal nAChRs mechanisms. Such a mechanism of action could account for the beneficial of nicotine in ulcerative colitis. Furthermore, a compound that acts on these receptors, but not on nAChRs found on other cells may have therapeutic utility in the treatment of inflammation.

CONTENTS

ACKNOWLEDEMENTS
ABSTRACTI
CONTENTSV
LIST OF FIGURESIX
LIST OF TABLESXVII
ABBREVIATIONSXIX
LIST OF CHEMICALS AND REAGENTSXXII
CHAPTER 1: INTRODUCTION
1.0 The nicotinic acetylcholine receptor
1.1 Structure of nicotinic acetylcholine receptors
1.2 The Transmembrane structure of nAChR subunit
1.3 The ligand binding sites1
1.3.1 Acetylcholine (Ach) binding site1
1.3.2 Allosteric binding sites16
1.3.3 Receptors desensitisation by phosphorylation
1.4 Transition states of nAChRs18
1.5 The pharmacological diversity of nicotinic acetylcholine receptors2
1.6 Evidence for non-neuronal cholinergic nicotine receptors
1.7 Evidence of nAChRs in lymphocytes and immune cells
1.8 Pharmacology and pharmacokinetics of nicotine41
1.9 Effects of nicotine on nAChRs44
1.10 The effect of nicotine on the immune/inflammatory system46
1.11 Aims of thesis
CHAPTER 2: NICOTINE RECEPTOR BINDING STUDIES

2.1 Introduction
2.2 Materials and methods56
2.2.1 Materials56
2.2.2 Methods
2.2.2.1 Isolation of human lymphocytes60
2.2.2.2 Leukocyte counting and viability checking63
2.2.2.2.1 Leukocyte counting
2.2.2.2.2 Cell viability checking by Trypan blue dye exclusion
method65
2.2.2.3 Cytospin slide preparation65
2.2.2.4 Slide staining (May Grunwald-Geimsa stain)66
2.2.2.5 Radioligand binding studies
[³ H]-(-)-Nicotine binding studies66
Kinetic studies
Saturation studies
Competitive studies
2.2.2.2.5.1 Data analysis70
2.3 Results71
2.3.1 Characterisation of human lymphocytes71
Yield of lymphocytes71
2.3.1.1 Viability of cellular preparation72
2.3.2 Radioligand binding experiments74
2.3.2.1 Kinetic binding experiments74
2.3.2.2 Saturation binding experiments
2.3.2.3 Competition binding studies

2.4 Discussion
CHAPTER 3: DETERMINING THE PRESENCE OF mRNA FOR
THE SUBUNIT OF nAChR IN HUMAN PERIPHERAL BLOOD
LYMPHOCYTES104
3.1 Introduction104
3.2 Materials and methods107
3.2.1 DEPC (diethyl pyrocarbonate) treatment107
3.2.2 RNA Isolation from human peripheral
blood lymphocytes107
3.2.2.1 Quantification and determination of quality of total RNA110
3.2.3 Design of the nAChR primers for RT-PCR112
3.2.4 Reverse transcriptase polymerase chain reaction (RT-PCR)115
3.2.4.1 RT-PCR reaction mixture and PCR cycling protocol116
3.2.5 Analysis of PCR products by gel electrophoresis117
3.3 Results
3.3.1 Yield and purity of total RNA119
3.3.2 RT-PCR124
3.4 Discussion131
CHPTER 4: DETERMINATION OF nAChR SUBUNIT PROTEIN IN HUMAN
PERIPHERAL BLOOD LYMPHOCYTE MEMBRANES BY
IMMUNOBLOTTING138
4.1 Introduction138
4.2 Materials and Methods141
4.2.1 Materials141
4.2.2 Methods143

4.2.2.1 Preparation of protein from human
peripheral blood lymphocytes143
4.2.2.2 Preparation of membrane protein from rat brain144
4.2.2.3 Protein assay145
4.2.2.4 Western blotting146
4.2.2.4.1 Sodium dodecyl sulphate polyacrylamide gel (SDS-
PAGE) preparation146
4.2.2.4.2 Gel electrophoresis151
4.2.2.4.3 Protein staining with Coomassie blue151
4.2.2.4.4 Transfer of proteins to nitrocellulose membranes152
4.2.2.4.5 Immunoblotting154
4.2.2.4.6 Detection protocol for Enhanced Chemiluminescence
(ECL)155
4.3 Results156
4.4 Discussion169
CHAPTER 5: GENERAL DISSCUSSION177
CHAPTER 6: FUTURE WORK192
REFFERENCES196
APPENDIX I256
APPENDIX II

LIST OF FIGURES

Figure 1.1 The muscle type nAChR channel comprises of five subunits, of which two α subunits are separated by the γ subunit. When two molecules of ACh bind to α subunits on the membrane surface, the receptor channel changes shape. A pore opens in that part of channel, which is embedded in the lipid bilayer and cations (e.g. K^+ , Na^+) flow Figure1.2 A pentameric structure of nAChR, subunit stoichiometry and a number of binding sites of muscle type, neuronal heteromeric $\alpha 4\beta 2$, and $\alpha 3\beta 2\beta 4\alpha 5$ types and The nAChR sequence showing the hydrophilic extracellular domain Figure 1.3 containing the Ach binding site, four transmembrane segments M1-M4, the intracellular hydrophobic domain and the small C terminal domain. The hydrophilic domain separating M3 from M4 faces the cytoplasm. It contains functional phosphorylation sites......10 **Figure 1.4A** Functional model of nAChR......11 **Figure 1.5A** Subunit arrangement of muscle type nAChRs (left), and homomeric α 7 and heteromeric of neuronal type nAChRs with 2 or 5 subunits (middle and right). The agonist binding sites are indicated by black shaded pockets, which contributed by loops A, B and C of the "principal component" and loops D, E, and F of the "complementary component"......15 Figure 1.5B Ligand binding sites of nAChR. The principal component that consists of three loops A, B, and C on the α subunit; the complementary component, consisting

of loops D, E, and F which are present on the γ or δ subunits of muscle type receptor -

an α subun	its of homopentameric or β subunits of heteromeric neuronal
nAChRs	
Figure 1.6 Ci	ross section of nAChR. The ion channel, Ach binding site and multiple
allosteric sites	s are located throughout the N- terminal extracellular domain. These
allosteric site	include the non-competitive allosteric activator site (NCA); non-
competitive si	ites (NCB); binding sites for Ca^{+2} and steroids and phosphorylation (P)
sites	
Figure 1.7	Simplified scheme of converting states of nAChRs18
Figure 1.8	Major pathways of nicotine metabolism43
Figure 2.1	Structures of ligands used for competition studies
Figure 2.2	A diagrammatic representation of isolation of human lymphocytes using
HISTOPAQU	E®-1077 (MNs= Mononuclear cells, PMNs = Polymorphonuclear
cells)	
Figure 2.3	A diagram showing how to count cells using a haematocytometer64
Figure 2.4	A photograph of a typical cytospin preparation of purified human
peripheral blo	od lymphocytes used in the present study73
Figure 2.5	Time course for equilibration of [³ H]-(-)-nicotine with human
lymphocytes.	Each point represents the mean \pm SEM of data from 4 donors performed
in triplicate.	The non-specific binding was determined by the use of 10 ⁻⁵ M cold
unlabeled-(-)-	nicotine. Specific binding is the difference between total and non-specific
binding. [³ H]]-(-)-Nicotine 2x10 ⁻⁸ M (20nM) bound to human lymphocytes in a time-
specific mann	er. From these data half time values of association were calculated by
Prism softwar	e75

Figure 2.6. Time course for equilibration of binding of $[^{3}H]$ -(-)-nicotine (2x10⁻⁸M or 20 nM) to intact human lymphocytesat 4°C. Specific binding data were analysed by

Figure 2.10 Competition binding of $[^{3}H]$ -(-)-nicotine to human lymphocytes by hexamethonium. Cells were incubated with 15 nM $[^{3}H]$ -(-)-nicotine in the presence of a serial dilution of hexamethonium for 35 minutes at 4°C. This is a single experiment in graphical form for hexamethonium. Each point is the mean of a single concentration

Figure 2.11 Competition binding of $[{}^{3}H]$ -(-)-nicotine to human lymphocytes by carbachol. Cells were incubated with 15 nM [³H]-(-)-nicotine in the presence of a serial dilution of carbachol for 35 minutes at 4°C. This is a single experiment in graphical form for carbachol. Each point is the mean of a single concentration performed in triplicate. IC50 values were calculated from 5 replicate experiments and the mean **Figure 2.12** Competition binding of $[{}^{3}H]$ -(-)-nicotine to human lymphocytes by cytisine. Cells were incubated with 15 nM [³H]-(-)-nicotine in the presence of a serial dilution of cytisine for 35 minutes at 4°C. This is a single experiment in graphical form for cytisine. Each point is the mean of a single concentration performed in triplicate. IC50 values were calculated from 5 replicate experiments and the mean and S.E.M **Figure 2.13** Competition binding of $[{}^{3}H]$ -(-)-nicotine to human lymphocytes by epibatidine. Cells were incubated with 15 nM [³H]-(-)-nicotine in the presence of a serial dilution of epibatidine for 35 minutes at 4°C. This is a single experiment in graphical form for epibatidine. Each point is the mean of a single concentration performed in triplicate. IC50 values were calculated from 5 replicate experiments and the mean and S.E.M calculated. Log {[drug], M} = Log drug concentration (M).......86 **Figure 2.14** Competition binding of $[{}^{3}H]$ -(-)-nicotine to human lymphocytes by α bungarotoxin. Cells were incubated with 15 nM [³H]-(-)-nicotine in the presence of a serial dilution of alpha bungarotoxin for 35 minutes at 4°C. This is a single experiment in graphical form for α bungarotoxin. Each point is the mean of a single concentration

Figure 2.15 Competition binding of $[{}^{3}H]$ -(-)-nicotine to human lymphocytes by atropine. Cells were incubated with 15 nM [³H]-(-)-nicotine in the presence of a serial dilution of atropine for 20 minutes. This is a single experiment in graphical form for atropine. IC50 values were calculated from 5 replicate experiments and the mean and S.E.M calculated. Each point is the mean of a single concentration performed in Figure 3.1 Figure 3.1 A photograph of total RNA isolated from human peripheral blood lymphocytes using RNA-STAT 60[™] reagent and visualised by ethidium bromide staining on a 1.0 % agarose gel electrophoresis. Lane M = DNA Ladder, 1=sample no 1, 2=sample no 2, 3 = Sample no 3, 9 =Sample no 9. 28S = 28S ribosomal RNA Figure 3.2 A photograph of total RNA isolated from human peripheral blood lymphocytes using RNA-STAT 60[™] reagent and visualised by ethidium bromide staining on a 1.0 % agarose gel electrophoresis. Lane M = DNA Ladder, 4 = sample no 4, 5 = sample no 5, 6 = sample no 6, 7 = sample no 7. 28S = 28S ribosomal RNA (rRNA) bands, 18S = 18S ribosomal RNA.....121 Figure 3.3 A photograph of total RNA isolated from human peripheral blood lymphocytes using RNA-STAT 60[™] reagent and visualised by ethidium bromide staining on a 1.0 % agarose gel electrophoresis. Lane M = DNA Ladder, 8 = sample no 8. 28S = 28S ribosomal RNA (rRNA) bands, 18S = 18S ribosomal RNA.....122 Figure 3.4 A photograph of total RNA isolated from human peripheral blood lymphocytes using RNA-STAT 60[™] reagent and visualised by ethidium bromide

Figure 3.5 A photograph of a gel showing the product from RT-PCR amplification of α4 nAChR subunit mRNA from 1 µg of human peripheral blood lymphocyte total RNA using the Access RT-PCR system. The expected product length was 387 bp. Lane M =DNA Ladder (100bp DNA Ladder), Lanes 1-10 = samples number 1-10, Lane + ve = brain RNA), positive control (human total Lane -ve no **RNA** =

Figure 3.6 A photograph of a gel showing the product from RT-PCR amplification of α5 nAChR subunit mRNA from 1 µg of human peripheral blood lymphocyte total RNA using the Access RT-PCR system. The expected product length was 556 bp. Lane M =DNA Ladder (100bp DNA Ladder), Lanes 1-10 = samples number 1-10, Lane +ve = positive control (human brain total RNA), Lane -ve = no **RNA**

Figure 3.8 A photograph of a gel showing the product from RT-PCR amplification of β 1 nAChR subunit mRNA from 1 µg of human peripheral blood lymphocyte total RNA using the Access RT-PCR system. The expected product length was 589 bp. Lane M = DNA Ladder (100 bp DNA Ladder), Lanes 1-10 = samples number 1-10, Lane +ve =

Figure 4.1 A photograph showing schematic of tank blotting method......153

Figure 4.3 Protein from rat brain and human peripheral blood lymphocytes samples (20 μ g/lane). The gel was stained with Coomassie Brilliant Blue. Lane M = Precision molecular weight marker (Bio-Rad), Lane R = rat brain protein, Lane No 7-12 = protein from human peripheral blood lymphocyte samples No 7-12......160 Figure 4.4 Western blot analysis of human lymphocytes was screened for the presence of nAChR a4 subunit protein using a monoclonal antibody against a4 nAChR protein subunit. The predicted molecular weight of the α 4 nAChR subunit is \approx 70 kD. The protein products were visualised by ECL. Lane 1 = Perfect Protein HRP Western Makers (Novagen), Lane R = rat brain membrane protein, Lane No 1-6 = protein from human lymphocytes (samples No 1-6) (← = predicted molecular

Figure 4.8 Western blot analysis of human lymphocytes was screened for the presence of nAChR α 7 subunit protein using a monoclonal antibody against α 7 subunit. The predicted molecular weight is \approx 56.449 kD. This antibody was specific to both human and rat α 7 subunit protein nAChR. In all samples, a band of the appropriate size was identified and the protein products were visualised by ELC. Lane 1= Perfect Protein

LIST OF TABLES

Table 1.1 The nAChR known 16 subunits are classified into subfamilies and groups on
the basis of both gene structure and mature protein sequence
Table 2.1 A table showing the IC50 for the different ligands used in the competitive
assay. All values were calculated from computer analysis from individual experiment
and then the mean SEM of at least 4-5 experiments
Table 2.2 A table showing the range of ligands used in the competitive assay that
displaced $[^{3}H]$ -(-)-nicotine from human peripheral blood lymphocytes. SPB = Specific
binding90
Table 3.1 Forward and reverse primers for mRNA of nAChR subunits and the expected
RT-PCR product size in base pairs (bp)114
Table 3.2 The expression of mRNAs encoding nicotinic acetylcholine receptor subunits
in human peripheral blood lymphocytes. The predicted products were observed by 1.5
% agarose gel electrophoresis
Table 4.1 Reagents and volumes required for preparation of 10% SDS-PAGE resolving
gel for 2 mini-gels
Table 4.2 Reagents and volumes required for preparation of 5% SDS-PGAGE stacking
gel for 2 mini-gels

ABBREVIATIONS

α-ΒΤΧ	alpha bungarotoxin
5HT ₃	5-hydroxytrytamine
ACh	acetylcholine
AChE	acetylcholine esterase
BE	bronchial epithelial cells
Bmax	the density of receptor site in particular tissue
bp	base pair(s)
BSA	bovine serum albumin
CD	Crohn's disease
cDNA	complementary DNA
ChAT	choline acetyltransferase
Ci	curie
CNS	central nervous system
Da	Dalton(s)
DEPC	diethyl pyrocarbonate
DHβE	dihydro-beta-erythroidine
DNA	deoxyribose nucleic acid
DNBS	dinitrobenzenesulphonic acid
DPM	disintegration per minute
DTT	dithiothretiol
EBI	European Bioinformatics Institute
ECL	enhance chemiluminescene
EDTA	ethylenediaminetetraacetic acid

FBS	foetal bovine serum
g	gram (s)
GABA	gamma-amino-butyric-acid
GI	gastro-intestinal
HBSS	Hanks' Balance Salt Solution
HEPES	N-2-Hydroxyethylpiperazine-N´-2-ethanesulfonic acid
HRP	horseradish peroxidase
IBD	inflammatory bowel disease
IC50	50% inhibitory concentration
IFNγ	interferon gamma
IgE	immunoglobulin E
IL-1	Interleukin-1
IL-2	interleukin 2
IP3	inositol-triphosphate
Kd	dissociation equilibrium constant
kDa	kilodalton
L	litre (s)
М	molar (s)
mA	milliamp
mAChR	muscarinic acetylcholine receptor
mCi	millicurie
mg	milligram (s)
ml	millilitre (s)
mM	millimolar (s)
mRNA	messenger ribonucleic acid

mV	milivolt (s)
nAChR	nicotinic acetylcholine receptor
NBTS	national blood transfusion services
NCBI	National Centre for Biotechnology Information
nM	nanomolar
PAGE	polyacrylamide gel electrophoresis
PBS	phosphate buffered saline
PBMC	peripheral blood mononuclear cells
PCR	polymerase chain reaction
PMN	polymorphonuclear
PVDF	electro blotting membrane
RNA	ribose nucleic acid
rpm	revolutions per minute
RT-PCR	reverse transcriptase polymerase chain reaction
SDS	sodium dodecyl sulphate
TAE	Tris-acetic acid-EDTA buffer
TEMED	N,N,N ['] ,N ['] -tetramethylenediamine
TNBS	trinitrobenzenesulphonic acid
ΤΝFα	tumour necrosis factor alpha
UC	ulcerative colitis
μg	microgram (s)
μl	microlitre (s)
μΜ	micromolar (s)
UV	ultra violet
V	volts

LIST OF CHEMICALS AND REAGENTS

Chemical/Reagent

<u>Supplier</u>

Access RT-PCR system	Promega
α-ΒΤΧ	Sigma
Acetic acid	Sigma
Acetone	Fisher
Acrylamide	BDH
Agarose	National Diagnostics
Aprotinin	Sigma
Atropine	Sigma
Ammonium persulphate	Sigma
AMV reverse transcriptase	Promega
Anti- rat IgG HRP conjugate	Merck Biosciences
Anti- mose IgG HRP conjugate	Merck Biosciences
Bis-acrylamide	BDH
β-Mercaptoethanol	Sigma
Bromophenol blue	Sigma
Buffy coat	National Blood Transfusion Services
Carbachol	Sigma
Chloroform	Sigma
Coomassie brilliant blue	Sigma
Cytisine	Sigma
D-glucose	Sigma

Diethyl pyrocarbonate	Sigma
Dithiothreitol	BDH
ECL kit	Amersham Pharmacia Biotech
EDTA (sodium salt)	BDH
Epibatidine	Torcris
Ethidium bromide	Sigma
Ficoll 400	Sigma
Foetal bovine serum	Life Technologies
General sterile plastics	Greiner Labortecknik
Glycerol	Sigma
[³ H]-(-)-nicotine	NEN Life Sciences
HEPES	BDH
Hexamethonium	Sigma
Histopaque®-1077	Sigma
Hyperfilm	Ammersham Pharmacia Biotech
IMS	Fisher
Isopropanol	Fisher
KH ₂ PO ₄	BDH
Leupeptin	Sigma
L-glutamine	Life Technologies
Liquiscint scintillation fluid	National Diagnostics
MAB for $\alpha 4$, $\alpha 5$, $\beta 2$ nAChR subunits	Covance Research products
MAB for α 7 nAChR subunit	Research Diagnostics
NaCl	BDH
Na ₂ HPO ₄	BDH

(-)-nicotine	Sigma
Nitrocellulose membrane	BDH
Nuclease free water	Promega
PBS tablets	Sigma
Penicillin	Life Technologies
Powdered milk (non-fat dried milk)	Marvell
Perfect protein [™] HRP	Merck Biosciences
Prestained protein marker	Bio-rad
Primers	Invitrogen
RNA-STAT 60 TM	Biogenesis
RPMI-1640	Sigma
SDS	Fisher
Skatron 12 well micro tubes	Camo Ltd
Streptomycin	Life Technologies
Sucrose	BDH
TEMED	Sigma
Tissue culture flasks (75ml ³)	Becton Dickinson
Tris base	BDH
Trypan Blue	Sigma
Tween-20	Sigma
Whatman GF/B filters	Sigma