

Manuscript Details

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Abstract

Abstract— The growing sophistication of technologies and sociological advances are major causes for the dramatic change the automotive sector is currently undergoing. To address changes from a human-centered design perspective an improved understanding of the occupants' emotional experience and behavior is required. Facial-Expression Analysis (FEA) is an emerging tool in support of such an approach, suitable for automotive research due to its non-contact application and low intrusiveness. The research described here investigated the dependency of the occupants' emotional experience on road types and driving conditions by investigating emotional responses and their causes through FEA and observational analysis. Twenty-one university students and staff were recruited for the real-time test on a planned road circuit covering different road types and conditions. Facial-expression data and video information from two in-car cameras were collected during an average driving time of 40 minutes per participant. A multi-method approach was applied for the data analysis, including both quantitative statistical analysis and qualitative observational analysis, as well as an inter-observer reliability test. Emotion frequencies were compared between the different road types, resulting in a percentage difference from the total average of emotion frequency of -6.09% below average for urban roads, +11.15% above average for major roads and +4.88% above average for rural roads. The causes most frequently assigned to the emotional responses in this dataset were poor road conditions and causes related to the navigation device. The research supported the dependency of emotional experiences on the driving condition and type of road. The study presents the first step of a human-centered design approach towards modern automotive design. The results have wide application in automotive design, applicable to the development of, for instance, an affective human-machine interaction or a personalized autonomous driving experience.

Keywords	Affective computing; Automotive case study; Emotion recognition; Human computer interaction
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Suggested reviewers	nadia berthouze, Arturo de la Escalera Hueso, Rita Cucchiara

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Research Data Related to this Submission

There are no linked research data sets for this submission. The following reason is given:
The data that has been used is confidential

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S. Charlton
Editor-in-Chief

April 30, 2018

Dear S. Charlton,

I am pleased to submit an original research article entitled "Investigation of the dependency of the drivers' emotional experience on different road types and driving conditions" by Marlene Weber, Joseph Giacomini, Alessio Malizia, Lee Skrypchuk, Voula Gkatzidou and Alex Mouzakitis for consideration for publication in the Transportation Research Part F: Traffic Psychology and Behaviour Journal.

The research paper addresses the growing sophistication of technologies and sociological advances the automotive sector is currently undergoing. To address changes from a human-centred design perspective an improved understanding of the occupants' emotional experience and behaviour is required. The research described investigated the dependency of the occupants' emotional experience on road types and driving conditions by investigating emotional responses and their causes through Facial-Expression analysis and observational analysis. Twenty-one university students and staff were recruited for the real-time test on a planned road circuit covering different road types and conditions. Facial-expression data and video information from two in-car cameras were collected during an average driving time of 45 minutes per participant. A multi-method approach was applied for the data analysis, including both quantitative statistical analysis and qualitative observational analysis, as well as an inter-observer reliability test. Emotional responses were measured with frequencies of facial expressions 14% below average for urban roads, 5% above average for major roads and 8% above average for rural roads. The causes most frequently assigned to the emotional responses in this dataset were poor road conditions and causes related to the navigation device. The research confirmed the dependency of emotional experiences on the driving condition and type of road. The study presents the first step of a human-centred design approach towards modern automotive design. The results have wide application in automotive design, applicable to the development of, for instance, an affective human-machine interaction or a personalised autonomous driving experience.

We believe that this manuscript is appropriate for publication the IEEE Transactions on Human-Machine Systems since the automobile as a human-machine system plays a significant role in society and research applying affective computing to automotive research is limited.

This research paper has not been published and is not under consideration for publication elsewhere.

Thank you for your consideration!

Sincerely,

Marlene Weber, PhD Researcher, Brunel University

Dear Sir or Madam,

Apologies for the late response on the requested revision of the paper. I have updated my contact details on the system but somehow there was an error saving my new contact details, I therefore missed the request for revision which caused the delay. Apologies for any inconvenience caused.

We would like to thank the reviewer for received suggestions and comments. All of them helped us in improving the paper including the main changes that have affected the clarification of motivation for the study and technical contributions. Please, find below detailed answers to each one of received comments.

Reviewer 1

Whilst I appreciate the work the author has put into this paper, I still think a stronger link needs to be made between the inferential test conducted and the conclusions made.

Comment 1:

Firstly, in the results section, I would state that the inferential test is non-significant rather than a poor level of significance. In the same section I would also omit the sentence stating: "It has been found, however, that studies in a naturalistic setting often produce novel and highly informative insights into real-world behaviour despite a lack of statistical significance resulting from the uncontrolled setting and difficulties identifying specific causes of events (Marshall et al., 2011; Rogers et al., 2007)." As a reader, this gives me the impression that the author knows the test is non-significant but is suggesting that this doesn't matter anyway. From an empirical perspective, I don't think this is a fair statement to make, as it suggests that we should be disregarding statistical tests as a whole.

Response:

We removed the statement mentioning Marshall and Rogers since we agree with the reviewer that, although not in our intention, instead of supporting a poor level of significance the statement was diminishing the importance of statistical tests.

In section 3.4 (Page 13, Line 402-409), we reworked the data analysis by aggregating the data as shown in the new bar chart added to the same section (Page 14, Line 411-412). We set the threshold for statistically significant results to $p\text{-value} < 0.10$ and obtained a $p\text{-value} = .098$. It is worth remarking that this significance level is slightly less strict than the conventional ones ($p < .05$ or $p < .01$). This because the goal of this analysis is to identify trends between the analysed dimensions of the three road type.

Comment 2:

Secondly, putting aside the issues of participant numbers and effect sizes for the sake of this argument, your Chi-squared test indicates a non-significant effect and your conclusions are indicating that this methodology is useful for classifying emotional causes in drivers; adding in the results of the Chi-squared test could extend this argument by stating that this methodology may be useful for emotional classification despite the specific road type. I would consider including this somewhere in the conclusion, along with a note that this suggestion should be interpreted with caution due to effect sizes, participant numbers, etc.

Response: We modified the second last paragraph of the Conclusion (Page 18, Line 617-620) to reflect this comment, which in our opinion strengthen the rigour of the paper.

Reviewer 2

Comment 1

The author adjusted the manuscript well in most cases, even though no changes were made in response to my second comment. Still, the author did not add any statistical analysis besides the Chi²-Test and still is not able to report any significant results.

I think that a study without any significant results is not in the scope of this journal and therefore recommend to decline the manuscript.

Response: We agree with the reviewer and in section 3.4, we reworked the data analysis by aggregating the data as shown in the new bar chart in section the same section (Page 14, Line 411-412) . We set the threshold for statistically significant results to $p\text{-value} < 0.10$ and obtained a $p\text{-value} = .098$. It is worth remarking that this significance level is slightly less strict than the conventional ones ($p < .05$ or $p < .01$). This because the goal of this analysis is to identify trends between the analysed dimensions of the three road type.

- Introduction of a methodology for the investigation of emotions during driving
- Emotional experiences during driving depend on driving condition and type of road
- Causes of the emotional responses can be successfully assigned

Investigation of the dependency of the drivers' emotional experience on different road types and driving conditions

Marlene Weber, Joseph Giacomini, Alessio Malizia, Lee Skrypchuk, Voula Gkatzidou, Alex Mouzakitis

Abstract— The growing sophistication of technologies and sociological advances are major causes for the dramatic change the automotive sector is currently undergoing. To address changes from a human-centered design perspective an improved understanding of the occupants' emotional experience and behavior is required. Facial-Expression Analysis (FEA) is an emerging tool in support of such an approach, suitable for automotive research due to its non-contact application and low intrusiveness.

The research described here investigated the dependency of the occupants' emotional experience on road types and driving conditions by investigating emotional responses and their causes through FEA and observational analysis.

Twenty-one university students and staff were recruited for the real-time test on a planned road circuit covering different road types and conditions. Facial-expression data and video information from two in-car cameras were collected during an average driving time of 40 minutes per participant. A multi-method approach was applied for the data analysis, including both quantitative statistical analysis and qualitative observational analysis, as well as an inter-observer reliability test. Emotion frequencies were compared between the different road types, resulting in a percentage difference from the total average of emotion frequency of -6.09% below average for urban roads, +11.15% above average for major roads and +4.88% above average for rural roads.

The causes most frequently assigned to the emotional responses in this dataset were poor road conditions and causes related to the navigation device. The research supported the dependency of emotional experiences on the driving condition and type of road. The study presents the first step of a human-centered design approach towards modern automotive design. The results have wide application in automotive design, applicable to the development of, for instance, an affective human-machine interaction or a personalized autonomous driving experience.

Index Terms— Affective computing, Automotive case study, Emotion recognition, Human computer interaction

1. Introduction

Emotions play a significant role in the automotive environment. Emotional states can impact driving performance, behavior and safety. Anger can lead to aggressive driving behavior (Wells-Parker et al., 2002), stress can lead to a significant decrease in driving performance (Hoch et al., 2005; Uchiyama et al., 2002), and frustration and sadness can decrease levels of attention (Dula and Geller, 2003; Jeon, 2015; Lee, 2010). Emotional states can significantly influence goal generation, decision making, focus, attention and performance (Eyben et al., 2010).

Consequently, seeking to better understand human emotions has become a rapidly expanding research area (Noldus et al., 2017). Numerous studies have been conducted investigating emotional states, (Grimm et al., 2007; Healey, 2000; Healey and Picard, 2005;

47 Hoch et al., 2005; Jones and Jonsson, 2008; Lisetti and Nasoz, 2005), with a particular
48 prevalence of aggression, workload and stress. Working to improve this understanding allows
49 automotive design to directly respond to and address shortcomings and problem areas in
50 current automobiles and road systems; through this, negative influencing factors can be
51 mitigated, allowing use of the road to become a safer and more pleasant experience.
52 Emotional factors and affective states are therefore crucial for acceptance, safety and comfort
53 of future automotive design (Eyben et al., 2010).

54

55 As the automotive industry progresses, a host of new technologies, such as telematics,
56 electrification, autonomous driving and other recent developments, offer many potential
57 benefits for the future of the automotive industry (Bullis, 2011; Manyika et al., 2013).
58 Autonomous automobiles are predicted to reduce CO2 emission and fuel consumption (Bullis,
59 2001), increase safety and reduce fatalities (Manyika et al., 2013) and decrease congestion
60 (Dumaine, 2012). Furthermore, developments like telematics and vehicle autonomy are
61 anticipated to expand automotive revenues by 30% (Gao et al., 2016), with self-driving cars
62 predicted to be a \$87 billion opportunity by 2030 (Jacques, 2014). As these features are
63 introduced, the emotional relationship between owner and automobile (Miller, 2001; Noldus
64 et al., 2017), the role and significance of emotions in the wider automotive environment, and
65 customer needs, desires and behaviors, will change (Gao et al., 2016). The automotive design
66 process will need to adapt to the growing sophistication of in-car technologies and these
67 changing requirements (Gao et al., 2016). To meet human requirements for coping with
68 current and future automobile technology, it is important to understand the multi-layered
69 emotional role of the automobile (Sheller, 2004).

70

71 One approach to responding to current and future developments is the application of affective
72 computing, the study of systems or devices which can recognize, interpret or process human
73 emotion (Picard, 2003) in automotive research. Numerous modern human-centered design
74 approaches combining various methods have been applied to automotive research and
75 design, to investigate the drivers' and passengers' behavior, emotion and needs and improve
76 the driving experience (Giuliano, Germak and Giacomini, 2017; Gkatzidou, Giacomini and
77 Skrypchuk, 2016).

78

79 An essential part of the study of the drivers' emotional behavior is the investigation of causes
80 for emotions, which often include certain driving conditions or road types (Healey and Picard,
81 2005; Mesken, 2002). Certain emotional states have been directly linked to certain road types
82 (e.g. rural, urban or major roads) in previous research, for instance aggressiveness (Carmona
83 et al., 2016), frustration (Lupton, 2003) anger (Du et al., 2018) and stress (Mesken, 2002).
84 While many automotive research studies investigated the influence of different road types on
85 the automobile or traffic flow (DFT, 2017b; Rubino et al., 2007; Sheehan, 2017), research
86 studies investigating road and driving conditions and their influences on the occupants are
87 limited. Existing studies investigated accident rates on certain road types (RAC Foundation,
88 2009), driving behavior and speeding on different roads (Elliott, Armitage and Baughan, 2007)
89 and risky and aggressive driving triggered by certain driving conditions (Dula and Geller,
90 2003). In-depth research approaches investigating the direct relationship between certain
91 driving conditions and roads and emotional responses of occupants are scarce (Healey and
92 Picard, 2005; Kuniecki et al., 2017; Mesken, 2002) and often restricted by their choice of
93 measurement technique. Limitations caused by measurement techniques (e.g. sensors

94 requiring direct contact with the participants' skin) include for instance high intrusiveness
95 which often has an impact on the participants' behavior (Mesken, 2002). The choice of self-
96 assessment has been criticized in previous research due to its subjectivity and influences of
97 decaying memory strength, and fading affect bias due to the delay in the rating of emotions
98 (Cerin, Szabo and Williams, 2001).

99

100 To avoid negative influences of the measurement tool on the participants' behavior a non-
101 contact tool with low intrusiveness was chosen: Facial-Expression Analysis (FEA). FEA is a
102 behavioral emotion measurement technique which requires a standard video camera.
103 Conventional FEA approaches follow three steps for the recognition of facial expressions. The
104 first step includes face and facial component detection. A facial image and its landmarks (e.g.
105 corners of the eyebrows or tip of the nose) are detected and mapped from an input image
106 through computer vision algorithms. The second step involves feature extraction, where
107 spatial and temporal features are extracted from the facial components. In the third step
108 expressions are classified. For this purpose machine learning algorithms, which are trained
109 facial expression classifiers (e.g. support vector machines) are applied, producing a
110 recognition result based on pixels analyzed in the extracted features (Ko, 2018; Lucey, et al.,
111 2010). The classification algorithm is based on the Facial Action Coding System (FACS) (Ko,
112 2018). The FACS originates in Ekman's research in human facial expressions and is the most
113 comprehensive and widely used taxonomy for the coding of facial behavior (McDuff et al.,
114 2016).

115

116 To include a number of road types and driving conditions in the current study, a road circuit
117 was planned based on the recommendation of existing studies (Miller, 2013; Schweitzer and
118 Green, 2007) to include three different road types: rural, urban and major roads. An effort was
119 made to include multiple driving conditions (e.g. high traffic density, roundabouts, poor road
120 conditions) which may influence the emotional driving experience (Argandar, Gil and
121 Berlanga, 2016; Cœugnet et al., 2013; Deffenbacher et al., 1994; Lee and Winston, 2016;
122 Pau and Angius, 2001; Roidl et al., 2013).

123

124 This research combines the use of affective computing with a human-centered design
125 approach, through investigating occupants' emotional responses during driving on different
126 road types in different driving situations. To identify what aspects of the automotive
127 environment are the most influential on the emotional experience, causes were assigned to
128 the measured emotions. Facial-Expression Analysis, as a tool for the measurement of
129 emotions was identified as suitable for the research purpose due to its low intrusiveness and
130 non-contact application. Knowledge of the statistical frequencies and of the contextual causes
131 would be expected to permit automotive designers to priorities a small number of road
132 conditions and automotive systems, which may be having a disproportionate effect on the
133 experiences and opinions of the vehicle users, for investigation.

134

135 The hypothesis of this research was therefore defined as the following:

136 Emotional responses during driving depend on driving conditions and road types. Differences
137 in emotion frequencies between road types are statistically significant. An appropriate
138 methodology for the real-time investigation of natures and frequencies of emotions during

139 driving, and the assignment of their causes, combines both qualitative and quantitative
140 research.

141

142 Results of this research reinforce the notion that emotions play a significant role during
143 automobile driving and provide knowledge on causes of emotional responses on different
144 roads in different conditions. The results of this research may be applied to the design of
145 standardized road tests intended to investigate emotional responses during driving. Another
146 possible application of the collected results could be an improved human-machine interaction
147 through personification based on the individual's emotions and their causes, achieved through
148 the avoidance of certain roads or driving situations for example.

149

150 1.1 Background research

151 A number of studies have investigated emotional states during driving in the past (Grimm et
152 al., 2007; Healey, 2000; Healey and Picard, 2005; Hoch et al., 2005; Jones and Jonson, 2008;
153 Lisetti and Nasoz, 2005;). While multiple emotion studies include different road types or driving
154 conditions in the road circuit planning (Grimm et al., 2007; Klauer et al., 2005), results are
155 often not analyzed from the perspective of comparing emotions between the different
156 conditions. Approaches investigating differences in emotions on different roads are therefore
157 limited.

158

159 One study including a comparison of emotions on different road types was conducted by
160 Menken et al. (2007). In total 44 participants drove in an instrumented car while heart-rate
161 measures were collected. During the test drive participants were asked to rate their emotional
162 experiences thorough emotion scores every three minutes. When comparing heart-rate
163 measurements on City, Ring road and Motorway roads, results showed that the three different
164 driving conditions did not produce significantly differing results. Only small differences were
165 noted between ring road and motorway. Self-assessed emotion scores showed that types and
166 numbers of emotions did not differ for different driving conditions or road types. Nevertheless,
167 the self-assessment method has been criticized in previous research due to limitations caused
168 by the subjectivity of the measurement, difficulties in cross-cultural use and no distinct emotion
169 measurement but measurement of general emotional states (Desmet, 2003).

170 Physiological data (electrocardiogram, electromyogram, skin conductance, and respiration)
171 was recorded and combined with self-assessed data to investigate stress-levels in an on-road
172 study with 24 participants (Healey and Picard, 2005). Highway, city-driving and rest-periods
173 were compared. While difficulties of the application and use of the physiological sensors in
174 the real-driving environment occurred, the self-assessed data showed that participants rated
175 city driving as the most stressful, followed by highway driving as less stressful and the rest-
176 period as the least stressful. Once again, the sole reliance of results on self-assessment can
177 be criticized (Mesken, 2002).

178

179 Other research approaches investigated the relationship of workload, frustration or the driver's
180 stress level and different road types (Miller, 2013; Schweitzer and Green, 2007; Sugiono,
181 Widhayanuriyawan and Andriani, 2017). As workload, frustration and stress level are closely
182 related to emotions and emotional states (Hou, Sourina and Mueller-Wittig, 2015) the
183 research was considered relevant for the current study. Schweitzer and Green compared
184 workload and task acceptability in urban situations, expressways, rural roads and residential

185 roads based on ratings from video clips. Even though many exceptions were recorded, urban
186 situations were associated with the highest workload, followed by expressways, rural roads
187 and residential roads with the lowest workload (Schweitzer and Green, 2007). Sugiono,
188 Widhayanuriyawan and Andriani investigated frustration and different demand and
189 performance measures on city roads, motorways and rural roads based on subjective
190 measurements using NASA TXL. Their results showed the highest level of frustration on city
191 roads, followed by rural roads with the lowest frustration level on motorways (Sugiono,
192 Widhayanuriyawan and Andriani, 2017). Miller investigated the effects of different roadways
193 (expressways and rural roads) on driver stress using physiological measures (ECG data). The
194 highest stress levels were measured on expressways, rural roads were notably less stressful
195 (Miller, 2013).

196

197 In light of the scarcity and discrepancies of studies conducting in-depth investigations and
198 comparisons of emotional states under different conditions, the research described here
199 provides a methodology for the in-depth investigation of emotional responses during driving
200 on different road types in different driving conditions, enabling the construction of methods
201 and systems that will allow future research to address the highlighted issues.

202

203

204 2 Driving Study for observation of emotional responses on different roads

205

206 2.1 Measurement Equipment

207 FEA was chosen as a suitable tool for the measurement of emotions in the automotive
208 environment due to its low intrusiveness and non-contact application (Kapoor, Qi and Picard,
209 2003). Furthermore FEA and has achieved up to 90% correlation with self-assessed emotions
210 in previous research (Zeng et al., 2009).

211

212 Criteria including real-time measurement, low cost, user-friendliness easily adaptable to
213 different participants, high portability, high robustness, customizable software and data
214 synchronized with video feed, were defined for the choice of emotion recognition software.

215

216 Fulfilling all criteria, *Affdex Affectiva*, a real-time FEA tool, was chosen to be integrated into
217 the data acquisition and integration platform *iMotions Attention Tool*. The *Affdex Affectiva* face
218 detection is performed through the Viola-Jones face detection algorithm, calibrated using a
219 large, independent set of facial images (iMotions, 2013). Taken in natural conditions with
220 different posture and lighting, they were subsequently coded by experts (McDuff et al., 2016).
221 The software is based on the Facial Action Coding System, which codes specific combinations
222 of action units (contractions of facial muscles) into the six basic emotions (Ekman, Friesen
223 and Ellsworth, 2013; McDuff et al., 2016) joy, anger surprise, fear, disgust and sadness.

224

225 *Affdex Affectiva* provides emotion evidence scores which correspond to the probability of the
226 presence of each emotion in the facial image. The evidence score output from the software is
227 between 0 (absent) and 100 (present). A threshold suggested through previous research for
228 an emotion being present or absent of 50-70 (iMotions, 2013) is defined to determine the
229 presence of absence of an emotion.

230

231 Limitations of the application of FEA in the automotive setting were identified in previous
232 research (Gao, Yüce and Thiran, 2014; Tischler et al., 2007). Factors influencing the usability
233 of the tool include lighting changes, head movement and high frequencies of expressions. In
234 order to avoid noise and increase the usability of the chosen method in the study environment,
235 adjustments were made. These included the creation of a threshold for the presence of an
236 emotional response at a minimum expression duration of 1 second, adding an immediate
237 median correction of the last 3 samples of the emotion evidence score and setting the
238 evidence score threshold for an emotion being present at 70 (Weber, 2018).

239

240 2.2 Test Vehicle and Set-up

241 The research automobile was provided by Jaguar Land Rover for the duration of the study
242 and insured by the university. The Land Rover Discovery Sport SE eD4 150PS, a four-wheel
243 drive automobile had a 2.0L four-cylinder diesel engine and a manual transmission.

244

245 Two cameras (Logitech C920HD) were fitted in the automobile to capture the driving
246 environment, the dashboard and the participants' face. The environment camera was fixed on
247 the seat's headrest to capture both the dashboard and the environment of the automobile,
248 while the face camera was fixed to the windshield (Figure 1). Both the FEA data and the
249 recorded videos were collected on a laptop (Lenovo Thinkpad) by the researcher, seated on
250 the backseat of the automobile.



251

252 Figure 1 Camera placement in the research automobile

253 Both cameras were placed such that they fulfilled the following requirements including
254 minimal intrusiveness and impact on the participant's visual field, robust placement and
255 avoiding camera movement through vibration or car movement. Specific requirements for the
256 placement of the face camera included ideal location to avoid interruption of data transfer
257 due to the participant's head movement and minimize impact on the visual field. The
258 requirement for the scene camera was the placement to reach a wide angle covering parts
259 of the dashboard and the driving environment to collect as much information about the driving
260 environment and potential event triggers as possible (Figure 2)

261

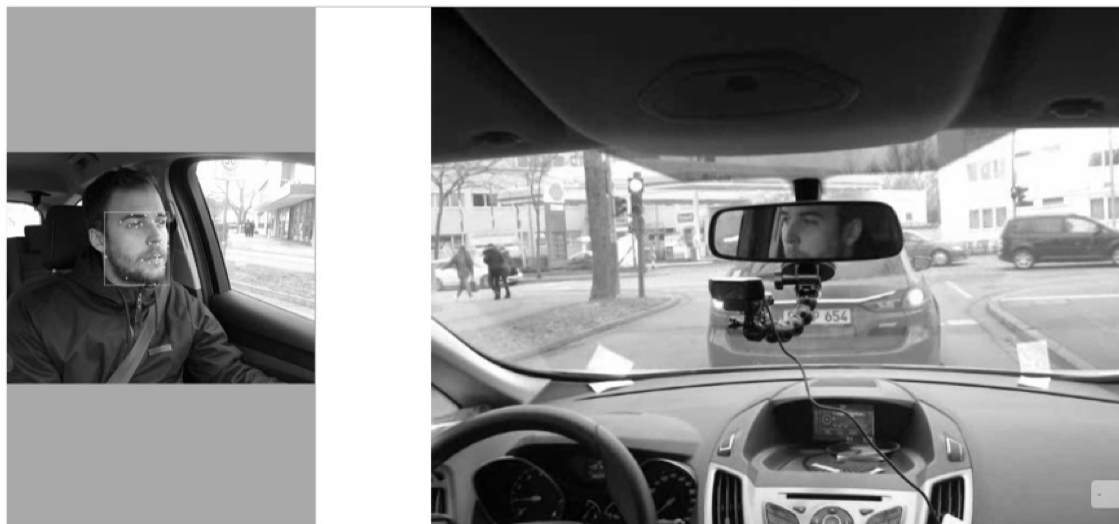


Figure 2 View of the face and scene camera during the study

2.3 Road Circuit Selection

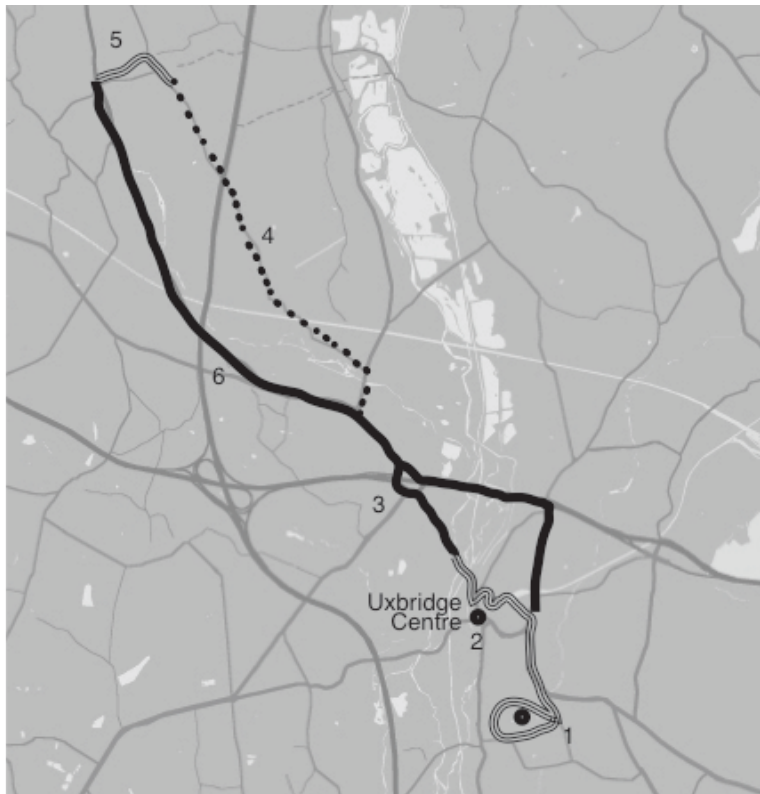
To include a variety of road types and driving situations a road circuit was planned for the current study. Existing automotive studies (Miller, 2013; Schweitzer and Green, 2007; Schweitzer and Green, 2007; Sugiono, Widhayanuriyawan and Andriani, 2017) recommend the combination of three different road types for either the planning of road circuits or the comparison between them: rural, urban and major roads. A ratio of these three road types recommended in human factors and ergonomics research is 40% rural roads, 40% urban roads and 20% major roads (Giacomin and Bracco, 1995; Taylor, Lynam and Baruya, 2000). When planning the road circuit, the definition of road types (urban, major, rural) according to the UK Department for Transport (DFT, 2017, p.1-2) was followed (Table 1).

Table 1 Definition of road types according to the UK Department for Transport (DFT, 2017, p.1-2)

Road Type	Definition
<i>Urban roads</i>	These are major and minor roads within a settlement of population of 10,000 or more. The definition is based on the 2001 Communities and Local Government definition of Urban Settlements.
<i>Major roads</i>	Includes motorways and all 'A' roads. These roads usually have high traffic flows and are often the main arteries to major destinations.
<i>Rural roads</i>	These are major and minor roads outside urban areas (these urban areas have a population of more than 10,000 people).

An attempt was made to not only cover the suggested three road types but also to respect the suggested ratio in the restricted study time. Compliance with the university's legal and ethical protocols (i.e. study length restricted to a maximum of one hour, any route point was required to be within 30 minutes of the university campus in case of emergency) suggested the choice of routes within a 30-minute radius of the university, which permitted a final configuration of (Figure 3) 4.5 miles of urban roads covering 30% of the total mileage and 17 minutes of driving on average, 6.7 miles of major roads covering 44% of the total mileage and 14 minutes of

285 driving on average and 4.0 miles of rural roads covering 26% of the total mileage and 9
 286 minutes of driving on average.
 287









288
 289 Figure 3 Map indicating road types (triple line – urban roads, line – major roads, dotted – rural
 290 roads) and road circuit numbers (see Table 2)

291 In order to include driving situations which may have an impact on the drivers' emotional
 292 experience (Roidl et al., 2013) literature investigating emotions during driving and their
 293 influences was reviewed (Argandar, Gil and Berlanga, 2016; Cœugnet et al., 2013;
 294 Deffenbacher et al., 1994; Lee and Winston, 2016; Pau and Angius, 2001; Roidl et al., 2013)

295
 296 The number of driving and road situations, known to have an emotional impact on the driver
 297 were covered in the planned road circuit (Table 2). These include roundabouts and large
 298 challenging junctions (Funke et al., 2007; Lee and Winston, 2016; Roidl et al., 2013;), poor
 299 road conditions (e.g. potholes, eroded roads) (Argandar, Gil and Berlanga, 2016; Roidl et al.,
 300 2013), limited visual field (e.g. dense vegetation, winding road) (Roidl et al., 2013), speed
 301 bumps (Argandar, Gil and Berlanga, 2016; Pau and Angius, 2001) and bus stops and
 302 pedestrians crossing the road (Deffenbacher et al., 1994).

303 Table 2 Detailed explanation of the road circuit

Number	Explanation	Image
(see Figure 3)		

1 (Start)	<p>A private/urban road leading over 11 speed bumps, leaving the university through 3 roundabouts.</p> <p>Possible impact: Stress (Argandar, Gil and Berlanga, 2016), anger (Pau and Angius, 2001)</p>	
2	<p>An urban road leading towards and through the town center, with high traffic density, pedestrians crossing and buses stopping.</p> <p>Possible impact: Stress (Argandar, Gil and Berlanga, 2016), annoyance (Cœugnet et al., 2013), anger (Mesken et al., 2007)</p>	
3	<p>A major road towards a large junction.</p> <p>Possible impact: Stress (Lee and Winston, 2016), frustration and anger (Roidl et al., 2013)</p>	
4	<p>A rural road with poor road conditions and a limited visual field due to dense vegetation and a winding road lay-out.</p> <p>Possible impact: Stress (Argandar, Gil and Berlanga, 2016), surprise (Roidl et al., 2013)</p>	
5	<p>An urban road with very poor road conditions and a narrow road often blocked by parked vehicles.</p> <p>Possible impact: Stress (Argandar, Gil and Berlanga, 2016), anger (Pau and Angius, 2001; Deffenbacher et al., 1994)</p>	
6	<p>Major roads leading back to university with no major challenges</p>	

304

305

306 2.4 Participant Selection and Recruitment

307 To ensure a high quality of data the participant selection and recruitment was conducted
 308 following a purposive sampling strategy. Factors (age, gender and driver type) identified in
 309 previous research as affecting driving behavior, performance and attitude (Gwyther and
 310 Holland, 2012; Turner and McClure, 2003) were therefore controlled. To identify driver types
 311 and ensure the participation of all types, participants were asked to complete the

312 Multidimensional Driving Style Inventory, a standard driving style assessment tool (Taubman-
313 Ben-Ari, Mikulincer and Gillath et al., 2004). All five driver types (angry, anxious, dissociative,
314 distress-reduction, careful driver) were represented in the study.

315
316 To identify a suitable sampling size, research suggesting sampling sizes for qualitative,
317 quantitative and mixed method research approaches, and literature considering validity of
318 sampling size for data analysis, was reviewed (Creswell and Poth, 2017; Guo et al., 2013;
319 Morse, 1994; Teddlie and Yu, 2007; VanVoorhis, Wilson and Betsy, 2007). When following a
320 purposive sampling strategy in mixed method studies, 20-30 participants has been suggested
321 as an appropriate sampling size (Creswell and Poth, 2017; Teddlie and Yu, 2007). For stable
322 data analysis, sample sizes of 8-20 have been identified as sufficient (Morse, 1994).

323
324 Based on the reviewed literature 21 participants, including 10 female and 11 male drivers
325 between the ages of 18-55 (M= 31.5, SD=11.2) were recruited for the study. They had an
326 average 13.6 (SD= 12.2) years driving experience with an average of 10.000-15.000 miles
327 driven per year. The selection of participants and all phases of the study were performed in
328 accordance with the University's ethics policy.

329

330

331 2.5 Data Analysis Approach

332 The study data was analyzed following a multimethod approach.

333

334 2.5.1 Quantitative Data Analysis

335 Statistical analysis was performed on the collected FEA data. All facial expressions above
336 threshold were collated for all participants and separated for the three different road types.
337 The total average frequency (i.e. the average number of emotions registered by the FEA tool
338 per minute) of all facial expressions was calculated. Next, the individual expressions and their
339 frequencies for each road type were collated and the percentage differences from the total
340 average of emotion frequency were compared. To investigate the statistical significance of
341 the study results the frequencies of emotions a chi- squared test was performed using the
342 road type data sets.

343

344

345 2.5.2 Qualitative Data Analysis

346 In an observational analysis during and after the study, causes (i.e. short textual description
347 of the cause of the emotion) were assigned to the facial expressions by the researcher. All
348 causes assigned during the study were revised afterwards, through reviewing the FEA and
349 video data. If a cause could not be assigned during the study due to the high rate of incoming
350 data, causes were assigned afterwards. If no obvious cause could be identified the expression
351 was categorized as *no cause assigned* (NCA). The assigned causes were separated into the
352 three road types.

353

354 To minimize research bias and ensure validity of the assignment of causes an inter-observer
355 reliability test was conducted (Marques and McCall, 2005). Two independent researchers
356 were asked to complete the same observational analysis with the purpose of cause
357 assignment to the measured expressions for 10% of the total sample (Armstrong et al., 1997).
358 The degree of agreement between all three researchers was then evaluated by calculating
359 Fleiss' Kappa.

360

361 3 Results

362 A total of 21 participants, including 10 female and 11 male drivers in four age groups (18-25,
 363 26-34, 36-45, 46-55) took part in the driving study. Video and emotion data was collected for
 364 each individual participant and categorized by road type. Due to durations of travel on each
 365 road type varying by participant, the frequency of emotions was considered, that is the
 366 average number of emotions registered by the FEA tool per minute. The results are
 367 summarized in Table 3, where the percentage difference from the total average was
 368 calculated from $100 \frac{\text{Total average} - \text{Road type average}}{\text{Total average}}$.

369

370 Table 3 Frequencies of facial expressions on different road types

Road type	Total time (minutes)	Total facial expressions measured	Average emotion frequency (emotions per minute)	SD	% difference from overall average
URBAN	350	210	0.605	0.564	- 6.09%
MAJOR	300	229	0.777	1.140	+11.15%
RURAL	189	120	0.617	0.823	- 4.88%
Total	839	559	0.666	0.861	

371

372 In a total study time of 839 minutes, 559 emotional responses were measured, the total
 373 average frequency was calculated as 0.666 emotions per minute (SD=0.861). The
 374 comparison of the individual road frequencies to the total average showed -6.09% below
 375 average frequencies for urban roads, +11.15% above average frequencies for major roads
 376 and +4.88% above average frequencies for rural roads.

377

378 3.1 Expressions, frequencies and causes on urban roads

379 The tables below describe the frequencies of facial expressions as well as the most frequently
 380 assigned causes (assigned at least 5 times) for urban roads (Table 4).

381

382 Table 4 Frequencies of basic emotions on urban roads and their most frequently assigned causes

Basic emotion	n	% of all basic emotions measured (total=210)	Causes most frequently assigned (total≥5)
JOY	50	24	Enjoying driving the car (total=21) Personal interaction (total=11) No cause assigned (total=8)
ANGER	39	18	Navigation alert (total=8) Checking navigation (total=6)

			High traffic density (total=6)
SURPRISE	50	24	Navigation alert (total=8)
FEAR	6	3	
DISGUST	46	22	Navigation alert (total=6) Checking navigation (total=6)
SADNESS	19	9	

383

384

385 3.2 Expressions, frequencies and causes on major roads

386 The tables below describe the frequencies of facial expressions as well as the most frequently
387 assigned causes (assigned at least 5 times) for major roads (Table 5).

388

389 Table 5 Frequencies of basic emotions on major roads and their most frequently assigned causes

Basic emotion	n	% of all basic emotions measured (total=229)	Causes most frequently assigned (total≥5)
JOY	50	22	Enjoying driving the car (total=28) Personal interaction (total=8) No cause assigned (total=6)
ANGER	46	20	Checking navigation (total=15) Navigation alert (total=7) High traffic density (total=6)
SURPRISE	44	19	Checking navigation (total=7) Poor road conditions (total=6)
FEAR	0	0	
DISGUST	71	31	High traffic density (total=20) Poor road conditions (total=12) Checking navigation (total=6)
SADNESS	18	8	

390

391 3.3 Expressions, frequencies and causes on rural roads

392 The tables below describe the frequencies of facial expressions as well as the most frequently
393 assigned causes (assigned at least 5 times) for rural roads (Table 6).

394

395 Table 6 Frequencies of basic emotions on rural roads and their most frequently assigned causes

Basic emotion	Number of emotion occurrence	% of all basic emotions measured (total=120)	Causes most frequently assigned (total≥5)
JOY	28	23	Enjoying driving the car (total=19) Personal interaction (total=9)
ANGER	17	14	Checking navigation (total=6)
SURPRISE	35	29	Poor road conditions (total=14)

			Car passing close on narrow road (total=6)
FEAR	1	1	
DISGUST	27	23	Poor road conditions (total=10) High traffic density (total=8)
SADNESS	12	10	

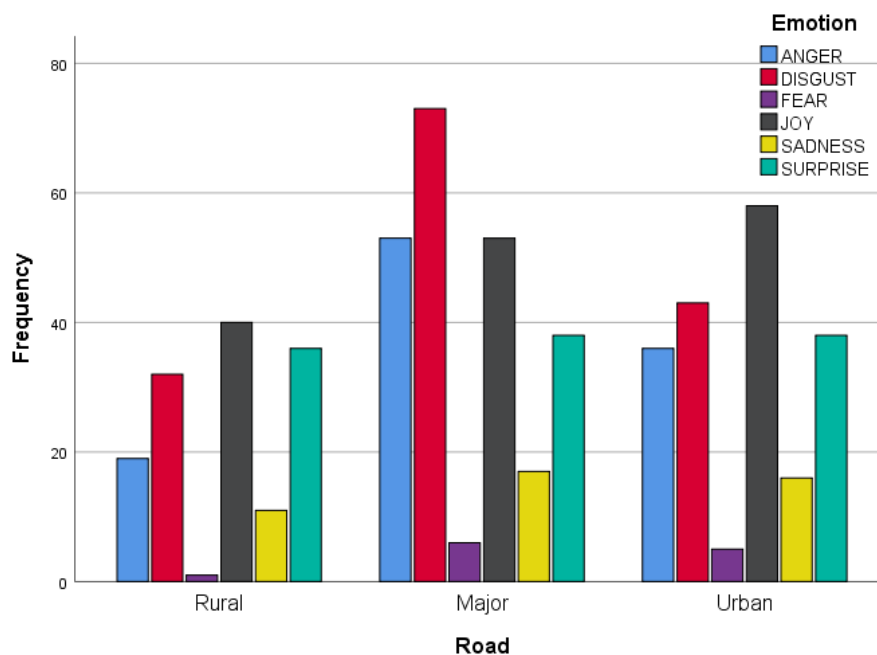
396

397 3.4. Results of the Chi-Squared Test

398 The high standard deviations (Table 3) indicate the wide spread of emotion frequency found
399 between participants. Consequently, the average frequency is a poor indicator of individual
400 performance, but considering the entire data can illuminate the variations in emotion
401 frequency between road types.

402 A chi-square test of independence was calculated comparing the drivers' emotions on the
403 different road type. A p-value <0.10 was considered as a threshold for statistically significant
404 results for this test. It is worth remarking that this significance level is slightly less strict than
405 the conventional ones ($p < .05$ or $p < .01$). This because the goal of this analysis is to
406 identify trends between the analysed dimensions of the three road type (Fisher 1992). A
407 significant difference was found ($\chi^2(10) = 16.047$, $p = 0.098$), indicating that road type
408 influences the drivers emotions. A bar-chart reported in Fig XX shows the emotion frequency
409 for each road.

410



411

412 Figure 4 Bar chart indicating the road type influence on emotion frequency for road type.

413

414

415

416 3.5 Results of the inter-observer reliability test

417 To ensure validity of the observational analysis results and avoid research bias, an inter-
418 observer reliability test was conducted. Two independent researcher were asked to review
419 10% of the study data and complete the same cause assignment exercise previously

420 completed by the primary researcher (Armstrong et al., 1997). The degree of agreement
421 between all three researchers was calculated using Fleiss' Kappa, a standard measure of
422 agreement between observers categorizing items of data and a generalization of Cohen's
423 Kappa to multiple observers. It was calculated as $\kappa = 0.68$; this is considered to indicate
424 "substantial" agreement not attributable to chance. As κ ranges from -1 to 1, with 0 indicating
425 purely chance, and 1 perfect agreement, it was interpreted as substantial agreement between
426 the observers (Xie et al., 2017).

427
428

429 4 Discussion

430 The aim of this research was to investigate the dependency of a driver's emotional experience
431 on road types and driving conditions. A methodology for the investigation of natures,
432 frequencies and causes of emotions during driving was introduced. Knowledge of the
433 statistical frequencies and of the contextual causes could permit the optimization of the
434 testing of new vehicle concepts, and could possibly lead to the redesign of test circuits for
435 purposes of human-centered evaluations.

436

437 The research hypothesis that emotional responses depend on road types and driving
438 conditions was supported by the statistical significance of the data collected; it was concluded
439 that the data was indicative of a significant differences between emotion frequencies on each
440 road type, with a low probability that these differences were due to random variations.
441 Comparable studies showed similar results with stress-levels depending on road types and
442 driving conditions (Healey and Picard, 2005; Mesken et al., 2007). When reviewing the
443 planned road circuit, an explanation for the difference in frequencies may be the fact that the
444 major roads in the road circuit included large, multi-lane roundabouts and higher traffic density
445 while challenging situations on selected urban and rural roads were limited.

446

447 When reviewing results for the individual road types, additional differences become apparent.
448 These additional observations produce some insight into the underlying causes of the
449 distribution of emotions recorded during the study, however for rigorous interpretation further
450 studies should be conducted which aim at standardizing the triggers assigned to emotion
451 events.

452

453 The basic emotions measured most frequently for urban roads were joy and surprise (both
454 24% of the total), followed by disgust (22%) and anger (18%), with the lowest frequencies
455 measured for sadness (9%) and fear (3%). The measured frequencies of basic emotions are
456 somewhat surprising since the urban road passage included high traffic density, pedestrians
457 crossing and buses stopping, conditions which were previously identified to trigger negative
458 emotions (Argandar, Gil and Berlanga, 2016; Cœugnet et al., 2013; Mesken et al., 2007)

459

460 The causes most frequently assigned to joy on urban roads were *enjoying driving the car* (21
461 out of 48), *personal interaction* (11 out of 48) and *no cause assigned* (8 out of 48), showing a
462 major impact of the type of car on experienced joy. Causes for anger were *navigation alert* (8
463 out of 36), *checking navigation* (6 out of 36) and *high traffic density* (6 out of 36). *Navigation
464 alert* was also assigned to surprise (8 out of 48). Causes assigned to disgust included
465 *navigation alert* (6 out of 43) and *checking navigation* (6 out of 36). It can be inferred that the

466 type of car, as well as the use of a navigation device has a strong impact on the emotional
467 experience on urban roads.

468

469 On major roads, disgust (31% of the total) was most frequently measured, followed by joy
470 (22%), anger (20%) and surprise (19%), infrequent sadness (8%) and the absence of
471 measurements of fear. These results are comparable to previous research were some of the
472 conditions of the planned "major roads" section (e.g. challenging driving situations such as
473 large junctions) were connected to stress and frustration (Funke et al., 2007; Lee and Winston,
474 2016; Roidl et al., 2013;), closely related to disgust.

475 The causes most frequently assigned to joy are again *enjoying driving the car* (28 out of 50),
476 *personal interaction* (8 out of 50) and *no cause assigned* (6 out of 50). For anger the most
477 frequent causes include *checking navigation* (15 out of 44), *navigation alert* (7 out of 44) and
478 *high traffic density* (6 out of 44). *Checking navigation* (7 out of 42) and *poor road conditions*
479 (6 out of 42) were assigned to surprise, while *high traffic density* (20 out of 79), *poor road*
480 *conditions* (12 out of 70) and *checking navigation* (6 out of 50) were assigned to disgust.
481 Similar to urban roads, the navigation device appeared to play an important role in the drivers'
482 emotional experience. It is also notable that joy, the most frequently measured expression on
483 urban roads was replaced by disgust on major roads, possibly due to higher traffic density
484 and road conditions.

485

486 For rural roads, surprise (29% of the total of measured emotions) was the most frequently
487 measured expression, followed by disgust and joy (both 23%), with anger and sadness
488 measured less frequently (10-14%) and very few instances of fear (1%). The frequencies of
489 basic emotions are comparable to results of previous research connecting surprise with
490 winding roads and limited visual fields (Roidl et al., 2013).

491

492 The most frequently assigned causes of joy, *enjoying driving the car* (19 out of 31) and
493 *personal interaction* (9 out of 31), are shared with urban and major roads. *Checking navigation*
494 (6 out of 19) was most frequently assigned to anger, while *poor road conditions* (14 out of 40)
495 and *car passing close on narrow road* (6 out of 40) were most frequently assigned to surprise.
496 Most frequently assigned to disgust were poor road conditions (10 out of 30) and high traffic
497 density (8 out of 31). The nature of the road (poor road conditions, narrow) seems to have a
498 major impact on emotions experienced on rural roads. Since rural roads did not have the
499 highest measured impact on workload, frustration and stress level in previous research (Miller,
500 2013; Schweitzer and Green, 2007; Sugiono, Widhayanuriyawan and Andriani, 2017) this
501 should be further investigated in future research.

502

503 Low measured responses of fear in this dataset are surprising as fear and anxiety, closely
504 related to fear, were reported to have major impact on driving emotion and behavior in
505 previous research (Mesken et al., 2017; Taylor, Deane and Podd, 2000; Taylor et al., 2010).
506 One possible explanation of the discrepancies of this study and past research could be the
507 reliance on the Facial Action Coding System or potentially a weakness of the Affdex Affectiva
508 emotion algorithm. Another explanation could be that the chosen driving area might not be
509 eliciting fear in participants as they might be used to the surroundings of the university. The
510 scare occurrence of fear should be investigated in future research.

511

512 The results display a clear indication of some of the primary causes for both negative and
513 positive emotions on different road types. These insights can aid the development of an

514 affective human-machine interaction through the avoidance of the causes of negative
515 emotions and the enhancement of positive emotions.

516

517 The fact that the causes assigned to the facial expressions are often directly linked to the road
518 type (for instance *car passing close on narrow road* as a frequent cause for emotion on a rural
519 road) further supports the hypothesis that the emotional experience does in fact depend on
520 the road type and driving situation. This knowledge can be used for improved, personalized
521 navigation, which takes the driver's individual emotional experience into account when
522 planning a route. In the future knowledge about emotional experiences on different roads
523 could be used to tailor the route choice of self-driving vehicles such that the occupants will
524 have the best emotional experience possible.

525

526 The knowledge that the navigation device had a major impact on the emotional experience
527 during this study can be used for the creation of design criteria for coping with stressful driving,
528 for example through avoiding certain road types through an alteration of the navigation route,
529 personalized to the emotional reactions of the driver. Depending on the driver's preference
530 and emotional responses, a more pleasurable driving experience could be created.

531

532 The study introduces an appropriate methodology for the real-time investigation of the drivers'
533 emotions and the assignment of their causes through combining FEA and observational
534 analysis. Results of the inter-observer reliability test ensure the validity of the assignment
535 results. Information about the causes of emotions can assist automotive designers in
536 detecting key issues to rectify and identifying opportunities to optimize subsystems or
537 components. These insights could also be applied for the development of user journeys and
538 scenario-creation, tools frequently applied in automotive research (Gkouskos, Normak and
539 Lundgren, 2014).

540

541

542 5 Threats to Validity

543 Threats to validity in this study are listed and explained in the following.

544

545 *Limited choice of road types*

546 The choice of road types was limited by the location of the start and end point of the study route
547 and restricted study time. This had an impact on both the road type ratio and the variance of
548 roads (e.g. urban roads in Uxbridge Town Centre being less busy than urban roads in London
549 city center). The ratio of road types in human factors and ergonomics research (Giacomin and
550 Bracco, 1995; Taylor, Lynam and Baruya, 2000) was therefore not exactly met which may
551 have influenced the variety of emotional responses on certain roads due to limited length of
552 driving time on those. Furthermore, a different study location (busier urban roads) may have
553 triggered different emotional responses or caused higher frequencies of emotions. To avoid
554 influences of road type ratio and variance of road on emotional responses of participants a
555 greater variety of roads and a larger participant sample should be considered in future research.

556

557 *Researcher's presence in the car*

558 The Hawthorne effect is an alteration of behavior when participants are aware they are under
559 observation (Jackson and Cox, 2013; Oswald, 2014). While previous research has debated the
560 existence and significance of the effect (Franke and Kaul, 1978; Jones 1992), all efforts were

561 made to avoid any potential bias attributable to the presence of the observer in the car during
562 the study. In order to achieve this, steps were taken to mitigate the effect (Jackson and Cox,
563 2013; Oswald, 2014): unobtrusive, naturalistic observation of the participant's behavior
564 (researcher seated in the back and no interruption of the study); creation of a nonthreatening
565 perception by generating a comfortable environment (giving the participant time to get used to
566 the car, choosing a route around the participants' work or study place); application of
567 triangulation (combination of qualitative and quantitative measurement techniques). To fully
568 avoid any potential influences of the Hawthorne effect in future studies all data could be sent to
569 a control room in real-time to complete the observation without the need to be present in the
570 automobile.

571

572 *Technology*

573 The choice of emotion recognition technology and configuration may have impacted the results.
574 For instance, the use of a single camera restricted the range of head movement that allows FEA
575 and requires placement which impacts the participant's visual field. To achieve more reliable
576 results multiple cameras should be used. Furthermore, the combination of different emotion
577 measurement techniques must be considered in the future. It has been suggested, for instance,
578 that a combination of behavioral and observational measures with physiological measures (e.g.
579 galvanic-skin-response, heart rate measurement) will yield a superior result (Mesken et al.,
580 2007).

581

582 *Facial Action Coding System (FACS)*

583 The use of the FACS has been criticized by numerous researchers (Essa and Pentland, 1997;
584 Sayette et al., 2001; Wolf, 2015) for various reasons, such as the controversial opinions about
585 FACS in science, its lack of temporal and detailed spatial information, the underlying
586 assumption that facial expressions and emotion have an exact correspondence and the fact
587 that its application has proven difficult to adapt for machine recognition of facial expression.
588 While the FACS is still widely used and the most comprehensive facial-coding taxonomy
589 (McDuff et al., 2016) the use or addition of other emotion taxonomies should be considered
590 in future research.

591

592 *Assignment of causes*

593 A cause could not be assigned to all facial expressions (see NCA). Causes were not assigned
594 if no obvious cause could be identified. This is a limitation which could be avoided by using
595 more cameras to provide more information about the driving environment or by questioning
596 the participant. Both suggestions should be considered in future research.

597

598 **6 Conclusion**

599 For this research, a mixed-method approach was applied, combining both quantitative and
600 qualitative methods for the investigation of emotions, their natures, frequencies and causes
601 on different road types. The results helped gain a better understanding of emotions during
602 driving on different road types and in different driving conditions, as well as which specific
603 causes trigger certain reactions on rural, major and urban roads. Frequencies of facial
604 expressions were compared between the different road types and analyzed in detail for each
605 type. Causes were examined to determine what the most significant influences on emotions
606 are during driving on different road types. Results of this research reinforce the notion that

607 emotions play a significant role during automobile driving and provide knowledge on causes
608 for the emotional influences.

609

610 This study provides an appropriate methodology for the real-time investigation of emotions
611 during driving, as well as the assignment of their causes through a combination of FEA and
612 observational analysis. This will allow future research to improve automotive design by
613 addressing the highlighted issues, and expand the body of knowledge addressing emotions
614 during driving. Knowledge of the natures, frequencies and causes of emotions can assist
615 automotive designers in identifying issues and components to analyze and modify. Results of
616 this research may be applied to the design of standardized road tests intended to investigate
617 emotional responses during driving. **While outcomes could be used for the formulation of
618 automotive design criteria, notice that, although very promising, some of the results should be
619 interpreted with caution due to effect size and participants number as shown by the chi-square
620 test in section 3.4.**

621

622 Furthermore, knowledge acquired in this research could see further application in
623 personalizing and tailoring the driving experience, allowing causes of positive emotions to be
624 emphasized, and those of negative emotions to be prevented. This could lead to prediction of
625 emotional responses to a given situation, and personalization of the driving experience based
626 on the knowledge collected about the occupants' emotions during driving. The methodology
627 presented, and the knowledge that its application can provide, may be utilized to improve both
628 the current generation of automobiles, and to ensure the optimal integration and
629 implementation of new technologies in the next generation of autonomous automobiles.

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