



Awareness of everyday executive difficulties precede overt executive dysfunction in schizotypal subjects

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Abstract

Much evidence indicates that schizophrenic patients exhibit deficits on tests of executive functioning. It is therefore hypothesized that individuals with high schizotypal personality traits that may have a predisposition to schizophrenia, are also likely to exhibit impairments in neuropsychological tests of executive function. The sample consisted of 61 healthy controls that were divided into high and low scorers on the Schizotypal Personality Questionnaire (SPQ-B; Raine et al., 1995). Participants completed a battery of executive tasks (category and letter fluency, the Hayling test, Zoo map); however, a MANOVA revealed no significant differences between high and low SPQ scorers. Nevertheless, high SPQ scorers scored significantly higher on the ~~dys~~executive (DEX) self-rating scale of everyday executive problems; and these self-ratings correlated significantly with the disorganisation and cognitive–perceptual features of the SPQ-B, but not with the interpersonal features. This suggests that perceived executive dysfunction is pre-morbidly present and may become evident in test performance only with the onset of schizophrenia itself.

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1. Introduction

Executive function is a broad term which encompasses the cognitive processes involved in the control and regulation of goal selection, higher order inferences and problem solving. Executive systems allow us to inhibit immediate responses, flexibly switch between problem-solving strategies, plan and execute strategies, monitor complex behavioural sequences and to re-direct and sustain attention flexibly. Much evidence shows that patients with schizophrenia are impaired on a wide

range of tasks believed to tap such executive functions (for a review, see Laws, 1999). A meta-analytic review (Heinrichs and Zakzanis, 1998) comparing the performance of patients with schizophrenia and controls has revealed large effect sizes on the most widely-used tests of executive function: fluency ($d=1.39$), Stroop Colour Word Test ($d=1.22$), Trail Making Test B (TMT-B: $d=1.07$), and the Wisconsin Card Sort Test (WCST: $d=.95$)[†]. The nomenclature of Cohen (1988) suggests the following classification of effect sizes (small $d=$

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[†] ~~The nomenclature of Cohen (1988) suggests the following classification of effect sizes (small $d=0.20$; medium $d=0.50$; and large $d=0.80$).~~

0.20; medium $d=0.50$; and large $d=0.80$). It is argued that executive functioning is mediated primarily by the prefrontal lobes; and a meta-analysis of functional brain imaging studies in schizophrenic patients points to reduced blood flow and metabolism in their frontal cortex when performing executive tests (Hill et al., 2004 for a meta-analysis). Furthermore, meta-analysis of executive functioning in unaffected relatives of schizophrenics reveals moderate effect sizes (TMT-B $d=.51$; fluency $d=.35$; Stroop $d=.28$; WCST $d=.29$) and has been proposed as putative endophenotypic markers for schizophrenia (Sitskoorn et al., 2004; Szöke et al., 2005).

Executive functioning has also been examined in healthy volunteers (typically undergraduates) who are psychometrically classified as *psychosis-prone* according to their scores on measures of schizotypy. Raine (2006) has reviewed over 250 studies of schizotypal subjects revealing difficulties across a variety of domains including executive function as well as sustained attention, working memory, verbal and spatial learning and memory, latent inhibition, negative priming, hemisphere asymmetry, and motor ability. Compared to healthy controls, studies report that schizotypal subjects show an increase in perseverative errors (Spaulding et al., 1989; Raine et al., 1992a; Lenzenweger and Korfine, 1994; Poreh et al., 1995; Suhr, 1997; Daneluzzo et al., 1998; Gooding et al., 1999; Tallent and Gooding, 1999), fewer completed categories and more failures in maintaining set (Lyons et al., 1991; Gooding et al., 1999). In those studies reporting deficits in schizotypal subjects, the effect size for percentage perseverative errors has ranged from moderate ($d=.55$ Suhr et al., 1995) to large ($d=.99$ Poreh et al., 1995; $d=.97$ Daneluzzo et al., 1998) and so, falls midway between the effect sizes generally reported for schizophrenic patients and for their relatives. Poreh et al. (1995) also found that high schizotypals performed significantly worse on the Trail Making Test (TMT) part B, but not for Design Fluency. Suhr (1997) also reported significantly worse performance by high schizotypals on the Stroop. Similarly, individuals clinically diagnosed with schizotypal personality disorder have also shown a greater degree of executive impairment on the WCST than healthy controls (Trestman et al., 1995; Vogelmaier et al., 1997; Diforio et al., 2000). Nevertheless, not all studies have found executive dysfunction in schizotypal subjects on the WCST (Condray and Steinhauer, 1992; Raine et al., 1992b; Lin et al., 2000; Jahshan and Sergi, 2007) or indeed, on other tests of executive function, including the Stroop (Spitznagel and Suhr, 2002), TMT (Suhr, 1997; Mitropoulou et al., 2002; Spitznagel and Suhr, 2002), verbal and semantic fluency (Trestman

et al., 1995; Diforio et al., 2000; Kiang and Kutos, 2006) and the Tower of Hanoi/London task (Suhr, 1997; Diforio et al., 2000).

Despite the often-significant cognitive problems associated with having frontal lesions, it is notable that patients with frontal lobe lesions tend to *underestimate* their everyday executive difficulties (as measured by the dysexecutive (DEX) questionnaire: Wilson et al., 1996). In a similar vein, patients with schizophrenia often show a lack of insight and furthermore, that this shows a small but significant relationship with executive dysfunction (for a meta-analysis, see Aleman et al., 2006). A previous study using the DEX along with various executive measures in patients with schizophrenia, revealed no association between their impaired executive test performance and relatively good DEX self-ratings (Evans et al., 1997). Poor awareness of deficit on the DEX has also been found to correlate with poor executive functioning in patients with brain injury (Wilson et al., 1996). The DEX self-perception measure has not been used in schizotypal subjects; however, given the lack of insight in patients with schizophrenia, we might expect high schizotypal subjects to also show lowered awareness of any executive difficulties (as might be revealed on standardised tests).

As little doubt remains that executive functioning is one of the most impaired cognitive abilities in schizophrenia, it is important to determine if similar, but milder forms of executive dysfunction appear in schizotypal subjects (or unaffected relatives of schizophrenics). This psychometric high-risk approach is advantageous because it avoids the potential confounds of medication, lengthy hospitalization, and florid symptoms associated with studies of schizophrenic patients. The main aim of the current study is to test whether non-psychotic individuals who score high and on the Schizotypal Personality Questionnaire (SPQ-B: Raine and Benishay, 1995), show significantly worse performance on executive functioning tests when compared to individuals with a low SPQ-B scores; and to examine for differences in perceived everyday executive difficulties.

2. Method

2.1. Participants

A convenience sample of 65 undergraduate students (10 males and 55 females) aged between 18 and 48 years of age ($M=22.0$; $S.D.=6.4$ years) participated in the study. Participants were excluded if English was their second language, or they reported any history of head injury that may have resulted in unconsciousness or

143 psychiatric illness history. The local ethical committee at
144 the University of Hertfordshire approved the study.

145 2.2. Materials and procedure

146 All participants completed the following test battery:
147 the Schizotypal Personality Questionnaire, Category
148 and Letter fluency, the Zoo map test, the Hayling test
149 and finally, the DEX questionnaire. These measures
150 were chosen to cover a range of executive functions (e.g.
151 Hayling — initiation speed and response suppression;
152 Fluency — strategic retrieval processes and monitoring;
153 Zoo map — planning) and to utilize time-based depen-
154 dent variables to more sensitively tap the presence of
155 executive problems.

156 2.2.1. Schizotypal Personality Questionnaire (SPQ-B: 157 Raine and Benishay, 1995)

158 The SPQ-B (Raine and Benishay, 1995) is a 22 item
159 dichotomous (yes–no) questionnaire derived from the
160 larger SPQ questionnaire (Raine, 1991). The statements
161 in the SPQ-B are based on the DSM-III-R diagnostic
162 criteria for schizotypal personality disorder. The ques-
163 tionnaire taps three main factors of the schizotypal per-
164 sonality: cognitive–perceptual (8 items) e.g. *When*
165 *shopping do you get the feeling that other people are*
166 *taking notice of you?;* interpersonal (8 items) e.g. *Do*
167 *you feel that you are unable to get “close” to people?;*
168 and disorganised (6 items) symptoms e.g. *I sometimes*
169 *use words in unusual ways’.*

170 The three factors and total score from the SPQ-B
171 have internal reliabilities ranging from .72 to .80, cor-
172 relations with the full 74-item SPQ range from .89 to
173 .94, and test–retest reliabilities across a two month
174 interval between .86 and .95 (Axelrod et al., 2001; Raine
175 and Benishay, 1995). Correlation between the SPQ-B
176 and clinical interview measures of schizotypal person-
177 ality disorder is good (ranging from .63 to .73). The
178 original mean SPQ-B reported by Raine and Benishay
179 (1995) was 9.6[S.D.=5.3]; however, more recent stud-
180 ies suggest a smaller mean, e.g. Compton et al. (2007)
181 reported $M=5.2$ [S.D.=4.1] and Mata et al. (2005)
182 reported $M=7.3$ [S.D.=4.2]. Mata et al. documented
183 their top 10% as scoring 12+ and the lowest 10%
184 scoring <3.

185 2.2.2. Category and letter fluency test (Goodglass and 186 Kaplan, 1972; Benton and Hamsher, 1976)

187 These fluency tests measured the number of words
188 generated in one minute. Four fluency tests were admin-
189 istered: two category tests ‘animals’ and ‘fruits’ and two
190 letter tests ‘F’ and ‘S’.

191 2.2.3. Zoo map subtest (*Behavioural Assessment of the* 192 *Dysexecutive Syndrome: Wilson, Alderman, Burgess,* 193 *Emslie, and Evans, 1996)*

194 The Zoo map was used to assess the ability to in-
195 dependently formulate and implement plans. In this test,
196 participants are given a map of a zoo, a set of instruc-
197 tions describing places they need to visit in the zoo (e.g.,
198 elephant house, lion’s cage) and rules they must not
199 contravene (e.g. starting at the entrance and finishing at
200 the picnic area, without using unshaded paths more than
201 once and by only taking one camel ride). The experi-
202 menter recorded the amount of time spent planning and
203 drawing (i.e. executing) a route.

204 2.2.4. Hayling sentence completion task (Burgess and 205 Shallice, 1997)

206 The Hayling sentence completion test was adminis-
207 tered to participants to measure response inhibition. The
208 test involves hearing a sentence which the participant
209 must complete with one word. In one condition (Auto-
210 matic sentence), the sentence is completed by a mean-
211 ingful word e.g. “The old house will be torn” — a
212 correct response would be “down”. In the second con-
213 dition, the participant provides a word that is completely
214 unconnected to the sentence (Inhibition sentence), e.g.
215 “None of the books made any” a possible response
216 might be ‘button’. The word produced and the response
217 time was recorded by the researcher on a response sheet
218 for both sections. The total response time for all 15 items
219 in each condition (automatic and inhibition) was the
220 performance measure.

221 2.2.5. Dysexecutive questionnaire (*Behavioural Assess-* 222 *ment of the Dysexecutive Syndrome: Wilson, Alderman,* 223 *Burgess, Emslie, Evans, 1996)*

224 The DEX questionnaire obtained from the BADS
225 battery of tests consisted of 20 statements that describe
226 behaviour associated with the dysexecutive syndrome.
227 An example of a question from the questionnaire is ‘I
228 have problems understanding what other people mean
229 unless they keep things simple and straight forward’.
230 The questionnaire uses a likert self-rating scale ranging
231 from ‘never’ to ‘often’ (0–4). Two recent studies (Chan
232 et al., 2001 and Wilson et al., 1996) revealed mean DEX
233 scores of 22.12 (S.D.=8.86) and 20.99 {S.D.=9.63} in
234 samples of 93 and 216 healthy subjects respectively.

235 The 20 items assess problems associated with the
236 following four factors derived from 293 healthy subjects
237 (Mooney et al., 2006): inhibition, intention, social
238 regulation and abstract problem solving. Items in the
239 first factor included those questions relating to the in-
240 ability to inhibit behavioural and emotional responses.

t1.1 Table 1

t1.2 Mean standard deviation performance on executive tasks for high and low schizotypal groups

t1.3 Test	High SPQ-B	Low SPQ-B	<i>F</i> value	Effect size
t1.4	<i>n</i> =(29)	<i>n</i> =(32)		<i>d</i> (95% CI)
t1.5 Letter fluency	12.60 (4.2)	12.02 (3.5)	<i>F</i> =1.84, ns	−0.15 (−.29 to −.02)
t1.6 Category fluency	17.50 (4.3)	16.98 (3.4)	<i>F</i> =0.38, ns	−0.13 (−.31 to −.04)
t1.7 Zoo planning (s)	98.48 (78.2)	79.19 (51.3)	<i>F</i> =0.93, ns	−0.28 (−.42 to −.16)
t1.8 Zoo drawing (s)	122.31(53.2)	119.56 (58.9)	<i>F</i> =0.11, ns	−0.04 (−.18 to .08)
t1.9 Hayling auto (s)	4.31 (5.9)	6.66 (7.7)	<i>F</i> =1.64, ns	0.34 (.20 to .47)
t1.10 Hayling inhib (s)	20.9 (20.6)	26.09 (22.4)	<i>F</i> =0.13, ns	0.25 (.36 to −.14)
t1.11 Total DEX score	31.76 (10.8)	21.28 (8.2)	<i>F</i> =13.81, <i>P</i> <.001	−1.07 (−1.24 to −.94)
t1.12 DEX inhibition	10.38 (4.2)	6.72 (3.1)	<i>F</i> =15.23, <i>P</i> <.001	−1.01 (−1.69 to −0.46)
t1.13 DEX intention	7.21 (3.3)	5.37 (2.3)	<i>F</i> =6.35, <i>P</i> =.015	−0.66 (−1.22 to −0.13)
t1.14 DEX social regulation	8.34 (3.7)	5.66 (3.0)	<i>F</i> =9.80, <i>P</i> =.002	−0.82 (−1.39 to −0.28)
t1.15 DEX abstract problem solving	5.97 (2.4)	3.56 (1.8)	<i>F</i> =19.57, <i>P</i> =.001	−1.15 (−1.78 to −0.58)

241 The intentionality factor includes items concerning
 242 planning and decision-making problems. The social
 243 regulation factor consists of items relating to emotional
 244 and social behaviour, lack of insight. The abstract prob-
 245 lem-solving factor consists of items such as abstract
 246 thinking problems, perseveration, confabulation, and
 247 variable motivation.

248 3. Results

249 The participants were divided into two non-over-
 250 lapping groups based on the mean SPQ-B scores (*M*=
 251 26.31; S.D.=10.78) and the data for four participants at
 252 the midpoint were removed. This resulted in 32 partic-
 253 ipants in the low SPQ-B group (*M*=3.8; S.D.=1.7;
 254 range 1–7) and 29 in the high SPQ-B group (*M*=11.3;
 255 S.D.=2.7; range 8–17). The high and low schizotypal
 256 groups did not differ in years of education (14.89 vs.
 257 15.1; *F*<1) or sex ratio (high: 24 female and 5 male; low:
 258 27 female and 5 male). The low SPQ group was sig-
 259 nificantly older than the high SPQ group (19.97 vs.
 260 23.31; *F*(1, 59)=6.26, *P*=.015) and so was included as a
 261 covariate in the analyses (although it made no difference
 262 to the outcomes). We recorded errors on the Zoo map and
 263 Hayling tasks, but the error rates were too low to analyse.

A one-way between groups MANOVA (involving all 264
 six cognitive measures and age as covariate) revealed no 265
 significant main effect for group on the omnibus test: 266
 $F_{(6, 53)} < 1$. By contrast, a univariate ANCOVA for the 267
 self-report DEX measure revealed a main group effect 268
 with the high SPQ group reporting more executive 269
 problems ($F_{(1, 59)} = 13.8$, *P*<0.001). Effect sizes were 270
 small, except for the DEX, which produced a large effect 271
 size (see Table 1). Further analysis and comparison of 272
 the high and low SPQ groups on the four subscales of 273
 the DEX revealed significant group differences for each 274
 factor. 275

3.1.1. Schizotypy factors and executive performance 276

To further investigate the relationship between SPQ 277
 and executive functioning, we correlated the subscale 278
 scores within the SPQ (disorganised, interpersonal, and 279
 cognitive–perceptual) with the subject scores on each 280
 executive task using Pearson's *r*. 281

The most notable finding was the large significant 282
 correlation of DEX scores with both the cognitive– 283
 perceptual syndrome and the disorganised syndrome 284
 (the correlation with the interpersonal syndrome failed 285
 to reach significance). The DEX also failed to correlate 286

t2.1 Table 2

t2.2 Correlations Pearson (*r*) between executive test performance, SPQ-B subscales and total DEX score

t2.3	SPQ cognitive–perceptual	SPQ interpersonal	SPQ disorganisation	Total DEX score
t2.4 Letter fluency	−.01	−.18	.28*	.16
t2.5 Category fluency	.17	−.23	.03	.14
t2.6 Zoo (planning time)	.02	.20	−.01	−.22
t2.7 Zoo (drawing time)	.14	−.11	−.05	−.07
t2.8 Hayling (automatic time)	−.10	−.11	−.13	−.05
t2.9 Hayling (inhibition time)	−.13	.13	.09	−.10
t2.10 DEX score	.40**	.24	.59**	–

t2.11 **P*<0.05, ***P*<0.01.

287 significantly with any of the executive measures (see
288 Table 2).

289 4. Discussion

290 This study investigated whether undergraduate sub-
291 jects scoring high on schizotypal traits show significant-
292 ly worse performance on tests of executive functioning
293 than low schizotypal scorers. High and low SPQ scorers
294 failed to show differences on a variety of executive
295 measures (letter and category fluency, the time taken to
296 plan and draw a route, complete the Zoo map, the re-
297 sponse time on the Hayling test for the connected and
298 unconnected sentences). By contrast the high SPQ
299 scorers did score significantly higher on the DEX i.e. a
300 questionnaire tapping self-reported everyday executive
301 problems; and this extended to all four factors of the
302 questionnaire. Finally, the DEX scores were significant-
303 ly correlated with scores on the disorganisation and
304 cognitive–perceptual subscales of the SPQ. By contrast,
305 the correlation between the DEX and the interpersonal
306 subscale of the SPQ failed to reach significance.

307 It is unlikely that we failed to find any differences on
308 the executive tasks because the ‘high’ schizotypal group
309 was not extreme enough or because the study lacked
310 power. Neither of these explanations would readily ac-
311 count for the very large effect size found in the same
312 subjects for the DEX (post hoc power = .99). Of course,
313 it remains possible that examination of a more extreme
314 SPQ group might reveal some cognitive problems that
315 emerge following the self-reported behavioural symp-
316 toms; however, our high and low group scores are
317 comparable with those in previous work e.g. Mata et al.,
318 2005; Compton et al., 2007. Additionally, of course, a
319 different executive battery might be more sensitive to
320 executive problems; however, we did choose timed tests
321 to make measures as sensitive as possible. A recent
322 study by Dinn et al. (2002) divided their healthy subjects
323 into those scoring high, medium and low on the negative
324 i.e. interpersonal subscale; or on the positive i.e. cog-
325 nitive–perceptual features of the SPQ-B and examined
326 for executive test performance differences. As in the
327 current study, Dinn et al. (2002) found no differences for
328 either subscale on measures of verbal fluency, TMT-A
329 and B or the Stroop. Nonetheless, in the context of our
330 finding enhanced awareness of executive problems,
331 Dinn and colleagues did find self-rated differences on
332 the Frontal Lobe Personality Scale (Grace and Malloy,
333 1992), which is a questionnaire tapping self-reported
334 frontal lobe behaviours.

335 The failure to find impairments in executive func-
336 tioning in the high SPQ group is inconsistent with some

previous studies (Spaulding et al., 1989; Daneluzzo 337
et al., 1998; Lenzenweger et al., 1991; Lyons et al., 338
1991; Raine et al., 1992a; Poreh et al., 1995; Suhr, 1997; 339
Vogelmaier et al., 1997; Tallent and Gooding, 1999). 340
Nevertheless, as noted in the Introduction, others have 341
found evidence of no executive dysfunction in schizo- 342
typal subjects (Condray and Steinhauer, 1992; Trestman 343
et al., 1995; Lin et al., 2000; Raine et al., 1992b; Diforio 344
et al., 2000; Spitznagel and Suhr, 2002; Avons et al., 345
2003). One possible reason for the mixed findings may 346
reflect the large reliance by many of the studies on the 347
WCST and especially the perseverative measure. In the 348
current study, we used a wide range of alternative exe- 349
cutive tests (verbal fluency, semantic fluency, Zoo map 350
test, and Hayling test), none of which found a significant 351
difference. It is certainly not the case that the executive 352
dysfunction in schizophrenic patients is restricted only 353
to the perseverative measures from the WCST (for a 354
review, Laws, 1999). It is also notable that a variety of 355
measures of schizotypy have been used in such studies 356
(however, only the SPQ-B taps the dimensions linked to 357
all DSM diagnostic criteria). 358

The finding that high schizotypal participants scored 359
higher on the DEX is perhaps surprising, since patients 360
with acquired brain damage and degenerative disorders 361
affecting the frontal lobes and moreover, schizophrenics 362
show anosognosia i.e. *underestimate* their own execu- 363
tive problems (e.g. Wilson et al., 1996; Evans et al., 364
1997). Nonetheless, since constructs such as ‘self-moni- 365
toring’ and ‘insight’ are central to the broad concept of 366
executive functioning, it is perhaps not surprising that 367
underestimation occurs in patients with schizophrenia 368
because of their lack of insight. Our finding of increased 369
self-reporting of executive problems in the high SPQ 370
group, however, accords with the notion that such indi- 371
viduals experience everyday problems and maintain a 372
high degree of insight about those difficulties. This 373
finding does, however, parallel a recent report of in- 374
creased DEX scores in subjects reporting high levels of 375
dissociative experiences. Hence both high schizotypals 376
and high dissociative subjects may be hypervigilant to 377
their executive failures (Bruce et al., *in press*). It is also 378
possible that typical measures of executive functioning 379
fail to capture the very real executive problems that 380
high schizotypal and high dissociative subjects report. 381
In this context, it is notable that patients with frontal 382
lesions may perform within the normal range on tests of 383
executive functioning, despite reporting experiencing 384
difficulties in their daily lives (e.g. Shallice and Burgess, 385
1991). These findings suggest that executive functions 386
may not solely be manifested at a cognitive level, mea- 387
sured by objective neuropsychological tests, but on a 388

389 cognitive-behavioural level in daily-life tasks (Chan,
390 2001).

391 Since the two self-report measures correlated with each
392 other, but not with cognitive test performance, this could
393 be viewed as a possible response bias. Although some
394 common variance overlap exists between the SPQ-B and
395 the DEX, this accounted for less than 25% of the variance,
396 suggesting a moderate overlap. It was notable that the
397 DEX correlated significantly only the cognitive-percep-
398 tual and disorganisation subscales, but not with the inter-
399 personal subscale. This suggests that the overlap with self-
400 rated executive problems occurs more for the positive
401 than the negative symptoms of schizotypy.

402 It is possible that because both scales are self-report
403 based, that they may not be accurate reflections of an
404 individual's psychological status and with no impairment
405 on task performance, we might question the reliability of
406 their responses or their insight. However, this is not
407 unusual. For example, in several studies from the Edin-
408 burgh High Risk Study, examining young people who are
409 at enhanced genetic risk of schizophrenia (Johnstone
410 et al., 2000), no performance decrements have been
411 found for the Hayling, Stroop and semantic fluency
412 (Byrne et al., 1999; Whalley et al., 2004, 2005). None-
413 theless, using fMRI, Whalley et al. (2004, 2005), they
414 have found that compared to normal controls, those at
415 high risk showed abnormal frontal lobe interactions when
416 performing the Hayling test (even though no difference in
417 test performance was noted). The latter suggests that
418 abnormal brain activity may precede the appearance
419 of measurable cognitive disturbance. This might be viewed
420 as consistent with the current finding of a dissociation
421 between intact executive test performance and high self-
422 rating of executive behaviours in everyday life. In other
423 words, a heightened self-awareness of executive beha-
424 vioural problems and even functional brain changes in
425 high schizotypal subjects may precede the onset of clear
426 deficits on executive tests themselves.

427 In summary, we have found no evidence of poor
428 performance on executive tests in participants scoring
429 highly on the SPQ-B. By contrast, the high SPQ group
430 and in particular high scorers on the cognitive-per-
431 ceptual and disorganisation features of schizotypy
432 scored significantly higher on the DEX questionnaire.
433 Heightened awareness of everyday executive dysfunc-
434 tion in schizotypal subjects was therefore more asso-
435 ciated with the positive than the negative features of
436 schizotypy. The finding of good levels of insight (into
437 executive problems) in high schizotypal subjects sug-
438 gests that the poor insight typically associated with
439 schizophrenia may emerge only after illness onset (see
440 Simon et al., 2006).

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