# An Evaluation of the Regulatory Review System in the Southern African Development Community Work Sharing Initiative (ZaZiBoNa): Enhancing the Review Process and Patients' Access to Medicines

## Tariro Daphney Sithole

Submitted to the University of Hertfordshire in partial fulfilment of the requirements for the degree of Doctor of Philosophy (PhD)

June 2022

"The race is not to the swift, nor the battle to the strong, but time and chance happens to them all."

Ecclesiastes 9:11

## **ACKNOWLEDGEMENTS**

I would like to express my deepest thanks to my supervisors, Professor Sam Salek and Professor Stuart Walker. It was a great privilege to have worked under your guidance. I can confidently say that I worked with the very best in the field! Thank you for your dedication and investment, your belief in me and your encouragement. You made this a truly rich and enjoyable experience for which I will forever be grateful. I would also like to thank my mentor Gugu Mahlangu for shaping me into the professional that I am today. Thank you for believing in me and using your relationships to open doors for me, including this PhD.

I would like to acknowledge the Jenny Greenhorn Memorial Scholarship Fund for sponsoring my studies. Thank you to my colleagues in the SADC region who participated in this research. It was my honour to be able to tell our story.

I would also like thank my husband Emmanuel for being a great life partner and always supporting me to chase my dreams. To my children, Emmanuel Jnr and Tanaya, you are my inspiration. Thank you for sacrificing your time with mum. I hope that this achievement will be a reminder to you that you can do anything that you set your mind to. To my mum, my hero, my first ever role model, my support, I do not know what I would do without you. Thank you. To my sister Tendai, thank you for always being a voice of encouragement in my life. I would also like to thank Shingai Gwatidzo, for the invaluable assistance with some of the more complex graphics. This piece of work is dedicated to my late grandfather Amos Nyachuru, who always encouraged me to reach for the stars.

## **PUBLICATIONS AND PRESENTATIONS**

## **Journal Articles**

- Sithole, T., Mahlangu, G., Salek, S. and Walker, S. (2020) 'Evaluating the Success of ZaZiBoNa, the Southern African Development Community Collaborative Medicines Registration Initiative', *Therapeutic Innovation & Regulatory Science*. (Appendix 1)
- Sithole, T., Mahlangu, G., Salek, S. and Walker, S. (2020) 'Evaluation of the Regulatory Review Process in Zimbabwe: Challenges and Opportunities', 

  Therapeutic Innovation & Regulatory Science, 55(3), pp. 474-489. (Appendix 1)
- Sithole, T., Mahlangu, G., Salek, S. and Walker, S. (2021) 'Comparison of the registration process of the Medicines Control Authority of Zimbabwe with Australia, Canada, Singapore, and Switzerland: Benchmarking best practices ', *Expert Review of Clinical Pharmacology*. (Appendix 1)
- Sithole, T., Mahlangu, G., Capote, V., Sitoie, T., Shifotoka, S., Gaeseb, J., Padayachee, S., Sehloho, T., Khea, A., Fimbo, A.,...., Salek, S. and Walker S (2021) 'Evaluation of the good review practices of countries participating in the Southern African Development Community: alignment and strategies for moving forward', *Frontiers in medicine*, pp. 1449. (Appendix 1)

- Sithole, T., Mahlangu, G., Capote, V., Sitoie, T., Shifotoka, S., Gaeseb, J., Danks, L., Nkambule, P., Juma, A., Fimbo, A.,.... Salek, S. and Walker S (2021) 'Evaluation of the Review Models and Approval Timelines of Countries Participating in the Southern African Development Community: Alignment and Strategies for Moving Forward', *Frontiers in medicine*, pp. 1448. (Appendix 1)
- Sithole, T., Mahlangu, G., Walker, S. and Salek, S. (2022) 'Regulatory authority evaluation of the effectiveness and efficiency of the ZaZiBoNa collaborative medicines registration initiative: the way forward', *Frontiers in medicine*, 9. (Appendix 1)
- Sithole, T., Mahlangu, G., Walker, S. and Salek, S. (2022) 'Pharmaceutical Industry Evaluation of the Effectiveness and Efficiency of the ZaZiBoNa Collaborative Medicines Registration Initiative: The Way Forward', *Frontiers in medicine*, 9. ((Appendix 1)

## **Poster Presentations**

Sithole, T., Salek, S., Mahlangu, G. and Walker, S. (2021) 'Comparison of the registration process of the Medicines Control Authority of Zimbabwe with Australia, Canada, Singapore, and Switzerland. Poster presentation at: School of Life and Medical Sciences (LMS) Research Conference 2021, 22 June 2021, Hatfield, United Kingdom. (Appendix 2).

## **Oral Presentations**

- Sithole, T. (2019) "Participating in the OpERA programme Zimbabwe experience."

  Centre for Innovation in Regulatory Science Africa Regional Forum.

  September 2019, Victoria Falls, Zimbabwe.
- Sithole, T. (2019) "Collaboration, Convergence and Work Sharing in African Context.

  ZaZiBoNa." Drug Information Agency (DIA) North Africa Regulatory

  Conference, October 2019, Cairo, Egypt.
- Sithole, T. (2019) "ZaZiBoNa Collaborative Medicines Registration Procedure."

  African Union Development Agency (AUDA NEPAD) and PATH Medical Products Regulatory Harmonization Capacity Building Workshop, November 2019, Johannesburg, South Africa
- Sithole, T., Mahlangu, G., Salek, S. and Walker, S. (2020) 'Evaluation of the Regulatory Review Process in Zimbabwe: Challenges and Opportunities'.

  Workshop convened by Centre for Innovation in Regulatory Science Internal Research Seminar. July 2020, Virtual.
- Sithole, T., Mahlangu, G., Salek, S. and Walker, S. (2020) "Optimising Effeciencies of Regulatory Authorities (OpERA) programme Improving efficiency and effectiveness (Zimbabwe)". Africa Asia Workshop convened by Centre for Innovation in Regulatory Science. September 2020, Virtual.

- Sithole, T., Mahlangu, G., Salek, S. and Walker, S. (2020) "Evaluation of the regulatory review process of countries participating in the ZaZiBoNa Collaborative Medicines Registration Initiative: The degree of alignment and strategies for moving forward". Southern African Development Community (SADC) Regulators Forum and Heads of Agencies meeting. December 2020, Virtual.
- Sithole, T., Mahlangu, G., Salek, S. and Walker, S. (2021) 'Evaluation of the Regulatory Review Process in Zimbabwe: Challenges and Opportunities'. Bill and Melinda Gates Foundation Learning Seminar. March 2021, Virtual.
- Sithole, T., Mahlangu, G., Walker, S. and Salek, S. (2021) 'Evaluation of the effectiveness and efficiency of the ZaZiBoNa collaborative medicines registration initiative', CIRS Asia/Africa/Middle East Regional OpERA Regional Forum. December 2021, Virtual.
- Sithole, T., Mahlangu, G., Walker, S. and Salek, S. (2021) 'Regulatory authority evaluation of the effectiveness and efficiency of the ZaZiBoNa collaborative medicines registration initiative: the way forward', Southern African Development Community (SADC) Regulators Forum and Heads of Agencies meeting. December 2021, Virtual.
- Sithole, T., Mahlangu, G., Walker, S. and Salek, S. (2022) 'Regulatory authority evaluation of the effectiveness and efficiency of the ZaZiBoNa collaborative medicines registration initiative: the way forward', CIRS African Regulatory Advisory Committee meeting. February 2022, Virtual.

## **ABSTRACT**

Countries on the African continent have varying capacities to regulate medical products, although all 54 countries, except one, have a regulatory authority or department within the ministry of health responsible for the regulation of medicines. These challenges in capacity have led to protracted timelines delaying access to quality assured medicines as well as the problem of substandard and falsified medicines. To mitigate these challenges, regulatory harmonisation and collaboration through the pooling of expertise and resources of the regulatory authorities in the regional economic communities (RECs) has been implemented through the African Medicines Registration Harmonisation Initiative (AMRH), established in 2009. One such collaboration is the Southern African Development Community work sharing initiative, ZaZiBoNa.

The aim of this research programme was to evaluate the regulatory review system in the ZaZiBoNa initiative with a view to enhancing the review process and ensuring patients' access to medicines. This was achieved through a review of the history of the ZaZiBoNa initiative focusing on what had been realised in its eight years of operation and what still needed to be achieved. The registration process of the agency responsible for coordinating ZaZiBoNa, MCAZ, was evaluated and compared with mature regulatory authorities of comparable size in order to benchmark best practices. The regulatory review processes of the individual participating countries that contribute to the ZaZiBoNa reviews and GMP inspections were evaluated and strategies for alignment proposed. Lastly, the applicants' and regulatory authorities' views on the effectiveness and efficiency of the ZaZiBoNa initiative were evaluated. A mixed

methods research design, incorporating both quantitative and qualitative methods was selected. A purposive sampling technique was used for data collection using techniques such as narrative literature review, self-administered questionnaires and semi-structured interviews.

The results of the evaluation of the MCAZ indicated that the agency successfully implemented the three review models and was largely able to achieve comparable timelines to mature regulatory agencies by using reliance. However, the results also showed that in its current capacity the MCAZ was not able to achieve its target timelines due to issues related to Covid-19 pandemic. The results of the evaluation and comparison of the regulatory review processes of the individual participating countries showed that although the processes were similar, there was great variation among the countries in the target timelines set for key milestones and the frequency of expert committee meetings which contributed to the differences in the implementation of ZaZiBoNa recommendations by member countries. The results of the evaluation of the ZaZiBoNa initiative by regulatory authorities and pharmaceutical companies documented the successes and challenges of this initiative as well as measures that might improve its effectiveness and efficiency. The benefits and challenges to regulators, applicants and patients were also identified. Overall, the results of these studies culminated in the development of a proposed improved model for the ZaZiBoNa initiative.

This research programme has provided insight into the regulatory review processes of low-and-middle income countries in the SADC region and how these impact the ZaZiBoNa initiative. The evaluation of the initiative by regulatory agencies and

pharmaceutical industry provides valuable stakeholder feedback which if implemented will enhance the review process and patients' access to medicines. This programme of research has presented, in a vital piece of work, key recommendations for the improvement of the regulatory review system in ZaZiBoNa including a proposed improved new model.

# **TABLE OF CONTENTS**

	_
Acknowledgements	
Publications and presentations	
Abstract	
Table of Contents	xi
List of Figures	XV
List of Tables	xviii
List of Abbreviations	XX
Chapter 1: General Introduction	1
Introduction	2
The ZaZiBoNa Initiative	4
History and Inception	4
Legal Position	7
Organisational Structure	8
Participating Countries	8
Scope of Products Assessment	10
Operating Model	11
Successes	18
Challenges	19
Elements Of Progressive Regulatory Processes	21
Discussion	23
Summary	27
Aim and Objectives of the study	29
Chapter 2: Study Rationale and Methodological Framework	31
Study rationale	32
Methodological framework	35
Data sources	40
Data collection techniques	44
Research plan	51
Data processing and analysis	51
Ethical approval	54

Summary	55
Chapter 3: Evaluation of the regulatory review process of the	56
SADC MRH Implementing Agency (Medicines Control Authority of	
Zimbabwe)	
Introduction	57
Study Rationale	59
Study Objectives	60
Methods	60
Results	63
Discussion	83
Recommendations	90
Summary	92
Chapter 4: Comparison of the registration process of the	94
Medicines Control Authority of Zimbabwe with Australia, Canada,	
Singapore, and Switzerland: Benchmarking best practices	
Introduction	95
Study Objectives	98
Methods	99
Results	101
Discussion	117
Recommendations	121
Summary	123
Chapter 5: Evaluation of the good review practices of countries	125
participating in the Southern African Development Community	
work sharing initiative	
Introduction	126
Methods	127
Results	129
Discussion	143
Recommendations	146
Summary	147

of countries participating in the Southern African Development	
Community work sharing initiative	
Introduction	150
Methods	151
Results	154
Discussion	170
Recommendations	173
Summary	174
Chapter 7: Regulatory Authority Evaluation of the	176
Effectiveness and Efficiency of the ZaZiBoNa Collaborative	
Medicines Registration Initiative	
Introduction	177
Study Objectives	180
Methods	181
Results	187
Discussion	199
Recommendations	201
Summary	203
Chapter 8: Pharmaceutical Industry Evaluation of the	206
Effectiveness and Efficiency of the ZaZiBoNa Collaborative	
Medicines Registration Initiative	
Introduction	207
Study Objectives	209
Methods	210
Results	217
Discussion	227
Recommendations	231
Summary	233
Chapter 9: A Proposed Improved Model for the ZaZiBoNa Initiative	236
Introduction	237
Methodology	242

Chapter 6: Evaluation of the review models and approval timelines 149

Results	and Discussion	243
Summa	nry	260
Chapter 10: Genera	al Discussion	261
Introduc	ction	263
Resear	ch outcomes and contributions	265
Study li	mitations	270
Future	work	272
Conclus	sion	273
References		275
Appendices		295
Append	ix 1: Full paper publications	295
Append	ix 2: Oral and Poster presentation abstracts	335
Append	ix 3: Questionnaire used to complete Study 2	336
(Chapte	er 3), Study 3 (Chapter 4) and Study 4 (Chapter 5	
and 6)		

# **LIST OF FIGURES**

No.	Figure Title	Page
1.1	Map of the Southern African Development Community	5
	(SADC) region	
1.2	Organisational Structure of the SADC collaborative	9
	medicines registration initiative (ZAZIBONA)	
1.3	Countries participating in ZAZIBONA as active	10
	members and the date of joining the initiative	
1.4	The ZAZIBONA review process	13
1.5	Products received by the ZaZiBoNa initiative (2013-	16
	2021) classified using the WHO Anatomical	
	Therapeutic Classification (ATC) system (2 <sup>nd</sup> level)	
1.6	Median time to recommendation (2014-2021)	17
1.7	UMBRA Benefit Risk Framework	23
1.8	Ten quality decision making practices	25
2.1	Methodological choices	38
2.2	Sampling techniques	42
2.3	Types of questionnaires	48
2.4	Research plan	53
3.1	Regulatory review process map for Zimbabwe showing	70
	target times in calendar days. The map represents the	
	review and authorization of a product that goes to	
	approval after one review cycle.	
3.2	Number of approved products classified into total,	72
	generics (foreign), generics (local), new chemical	
	entities, and biologicals/biosimilars.	
3.3	Median approval times (inclusive of applicants' time) for	74
	all products (overall), generics (foreign), generics	
	(local), new chemical entities, and	
	biologicals/biosimilars.	
3.4	Median approval times (inclusive of applicants' time) for	75
	different review models; that is, overall, full review,	

### abridged review and verification review (World Health Organization WHO Collaborative Medicines Registration Procedure). 4.1 Regulatory review process map for Zimbabwe showing 104 target times in calendar days 4.2 Comparison of the number of new active substances 110 (NAS) approved by the five agencies in 2019 – 2021 4.3 Comparison of median approval time for NASs 111 approved in 2019 - 2021 by the five agencies 5.1 135 Standardised review process map for regulatory agencies 6.1 Comparison of number of generics approved in 2019 156 and 2020 6.2 Comparison of mean approval times for generics in 158 2019 and 2020 6.3 Standardised review process map for regulatory 168 agencies. 7.1 ZaZiBoNa process map 180 7.2 The Process, Effectiveness and Efficiency Rating 184 (PEER) questionnaire 7.3 Benefits of the ZaZiBoNa initiative according to 190 regulatory authority respondents 7.4 Strengths of the ZaZiBoNa process at country level 191 according to regulatory authority respondents 7.5 Benefits of the ZaZiBoNa initiative to member countries 192 (regulators) according to regulatory authority respondents 7.6 Benefits of the ZaZiBoNa initiative to applicants 193 according to regulatory authority respondents 7.7 Benefits of the ZaZiBoNa initiative to patients according 194 to regulatory authority respondents 7.8 Challenges of the ZaZiBoNa initiative according to 195 regulatory authority respondents

7.9	Challenges at a country level in assessing ZaZiBoNa	196
	products according to regulatory authority respondents	
7.10	Challenges for applicants submitting applications to the	197
	ZaZiBoNa initiative according to regulatory authority	
	respondents	
7.11	Ways to improve the effectiveness of the ZaZiBoNa	198
	initiative according to regulatory authority respondents.	
7.12	Ways to improve the efficiency of the ZaZiBoNa initiative	199
	according to regulatory authority respondents.	
8.1	The Common Technical Document triangle	208
8.2	The Process, Effectiveness and Efficiency Rating	213
	questionnaire for industry (PEER-IND)	
8.3	Benefits of the ZaZiBoNa initiative according to	219
	pharmaceutical industry respondents.	
8.4	Benefits of the ZaZiBoNa initiative to applicants	220
	according to pharmaceutical industry respondents.	
8.5	Benefits of the ZaZiBoNa initiative to patients	221
	according to pharmaceutical industry respondents.	
8.6	Overall challenges of the ZaZiBoNa initiative according	222
	to pharmaceutical industry respondents.	
8.7	Challenges for applicants submitting to the ZaZiBoNa	223
	initiative for according to pharmaceutical industry	
	respondents.	
8.8	Improving the effectiveness of the ZaZiBoNa initiative	225
	according to pharmaceutical industry respondents.	
8.9	Improving the efficiency of the ZaZiBoNa initiative	226
	according to pharmaceutical industry respondents.	
9.1	Trend in median time to recommendation (2014-2021)	241
9.2	Proposed regulatory review process map for an NRA	245
9.3	Proposed improvements to the current model of the	250
	ZaZiBoNa initiative	
9.4	Proposed ZaZiBoNa/SADC centralised procedure	256

# **LIST OF TABLES**

No.	Table Title	Page
2.1	An overview of the study participants	36
2.2	Comparison between systematic and narrative	45
	literature reviews	
2.3	Summary of the planned data collection techniques	52
3.1	Target timelines for the MCAZ review process	65
3.2	Status of implementation of good review practices by	78
	MCAZ	
4.1	Models of assessment employed by the five agencies	103
4.2	Comparison of target times in the full review process	106
	for the five agencies (calendar days)	
4.3	Comparison of the quality measures implemented by	113
	the five agencies	
4.4	Comparison of the transparency and communication	114
	parameters with regulated parties in the five agencies	
4.5	Comparison of continuous improvement initiatives in	115
	the five agencies	
4.6	Comparison of implementation of quality decision	116
	making practices	
5.1	Comparison of the country population, size of agencies	131
	and workload in 2019	
5.2	Comparison of fees charged and source of funding in	133
	2019	
5.3	Comparison of the quality measures implemented by	138
	the six regulatory authorities	
5.4:	Comparison of the transparency and communication	140
	parameters in the six agencies	
5.5:	Comparison of continuous improvement initiatives in	141
	the six regulatory authorities	

6.1	Comparison of metrics on NASs, generics and WHO	155
	prequalified generics (2019 – 2020)	
6.2	Comparison of mean approval times of NASs, generics	157
	and WHO prequalified generics 2019 – 2020 (calendar	
	days)	
6.3	Review models employed and target timelines	159
	(calendar days)	
6.4	Extent of scientific assessment for full review	162
6.5	Summary comparison of key features of the regulatory	164
	systems for medicines	
6.6	Comparison of targets for key milestones in the full	168
	(type 3) review process -(calendar days)	
7.1	Authority Resources	189
9.1	Comparison of the current and proposed operating	257
	model	

## LIST OF ABBREVIATIONS

ACCESS Australia, Canada, Singapore, Switzerland and United Kingdom

ACSS Australia, Canada, Singapore, Switzerland

AMA African Medicines Agency

AMRH African Medicines Regulatory Harmonisation Initiative

ATC Anatomic Therapeutic Chemical Classification

AU African Union

AUC African Union Commission

AUDA NEPAD African Union Development Agency New Partnership for Africa

Development

BRAIN Benefit-Risk Assessment in New and Old Drugs

CAPA Corrective and Preventive Actions

CHMP Committee for Medicinal Products for Human Use

CIRS Centre for Innovation in Regulatory Science

CMC Chemistry, Manufacturing and Control

COBRA Consortium on Benefit Risk Assessment

CPP Certificate of Pharmaceutical Product

CRO Clinical Research Organisation

CRP Collaborative Registration Procedure

CTD Common Technical Document

DFID United Kingdom Department of International Development

EAC East African Community

ECCAS Economic Community of Central African States

ECDA Ethics Committees with Delegated Authority

ECOWAS Economic Community of West African States

EMA European Medicines Agency

EPAR European Public Assessment Report

EU European Union

GBT Global Benchmarking Tool

GDP Gross Domestic Product

GMP Good Manufacturing Practice

GrevP Good Review Practices

GRP Good Regulatory Practices

HIV/AIDS Human immunodeficiency virus / Acquired immune deficiency

syndrome

HSA Health Sciences Authority

HTA Health Technology Assessment

ICH International Council for Harmonisation of Technical

Requirements for Pharmaceuticals for Human Use

IDP Institutional Development Plan

IGAD Intergovernmental Authority on Development

IMF The International Monetary Fund

IMS Information Management Systems

ISO International Organisation for Standardisation

IT Information Technology

LMIC Low- and Middle-Income Countries

LMS Life and Medical Sciences

MCAZ Medicines Control Authority of Zimbabwe

MHRA Medicines and Healthcare Products Regulatory Authority

MRH Medicines Registration Harmonization

NAS New Active Substances

NCE New Chemical Entities

NMRC Namibia Medicines Regulatory Council

NOD Notice of Deficiency

NRA National Regulatory Agency

Proact-URL Decision making guide with eight steps: Problems, Objectives,

Alternatives, Consequences, Trade-oofs, Uncertainty, Risk

attitudes, and Linked decisions

OpERA Optimising Efficiencies in Regulatory Agencies

PAR Public Assessment Report

PEER Process, Effectiveness and Efficiency Rating

PEER-IND Process, Effectiveness and Efficiency Rating for Industry

PhRMA BRAT Pharmaceutical Research and Manufacturers of America Benefit-

Risk Action Team

PMPA Pharmaceutical Manufacturing Plan for Africa

PRISMA Preferred reporting items for systematic reviews and meta-

analyses

QDMP Quality Decision Making Practices

QMS Quality Management Systems

RCORE Regional Centre of Regulatory Excellence

REC Regional Economic Community

SADC Southern African Development Community

SADCAS Southern African Development Community Accreditation

Services

SAHPRA South African Health Products Regulatory Authority

SARPAM Southern African Regional Programme on Access to Medicines

and Diagnostics

SAZ Standards Association of Zimbabwe

SDG Sustainable Development Goal

SOP Standard Operating Procedure

SPC Summary of Product Characteristics

SQAM Standardisation, Quality Assurance, Accreditation and Metrology

SRA Stringent Regulatory Authority

TGA Therapeutic Goods Administration

TMDA Tanzania Medicines and Medical Devices Authority

UK United Kingdom

UMBRA Universal Methodology for Benefit Risk Assessment

UN United Nations

USA United States of America

USD United States Dollar

USFDA United States Food and Drugs Administration

WHO World Health Organization

WHO PQ WHO Pregualified

WHO PQT WHO prequalification team

ZAMRA Zambian Medicines Regulatory Authority

# **CHAPTER 1**

**General Introduction** 

## INTRODUCTION

The regulation of medicines makes a contribution to public health by ensuring that medicines are safe, effective and of good quality. The capacity to regulate medicines varies across the African continent with all countries having either a regulatory agency or a unit within the ministry responsible for health dealing with issues relating to the regulation of medicines except Sarhawi Republic (Ndomondo-Sigonda, 2017). The WHO reports that many of the regulatory authorities for medical products on the African continent are under-resourced affecting the availability of medical products to the population (WHO, 2019a). Countries in Africa, along with other low to middle income countries of Asia and Latin America, bear a significant proportion of the global burden of disease (de-Graft Aikins et.al, 2010). The continent is also faced with the threat of substandard and falsified medicines (Roth et.al, 2018) due to weak regulatory systems. To address this, a great deal of work has been carried out to strengthen regulatory systems in Africa. One of the responses to address weak regulatory systems was the formation of the African Medicines Registration Harmonisation (AMRH) initiative which encouraged harmonisation of the fragmented regulatory systems in the continent.

The AMRH is a programme of the African Union established in 2009 and implemented as part of the Pharmaceutical Manufacturing Plan for Africa (PMPA) to address challenges faced by national medicines regulatory authorities (NRAs) in Africa. These include ineffective legislative frameworks, long registration times and inadequate technical capacity (NEPAD, 2016). Pharmaceutical companies have cited country specific requirements as a barrier to medicines registration and supply in Africa (Narsai, 2012). Another goal of the AMRH is to reduce differences in regulatory

requirements between countries encouraging a harmonised regional approach as opposed to a country specific approach (Ndomondo-Sigonda, 2017). The AMRH works through regional economic communities (RECs), for example, the East African Community (EAC), the Economic Community of West African States (ECOWAS) and the Southern African Development Community (SADC) (Ndomondo-Sigonda et.al, 2018; Caturla Goñi et.al, 2016). (Figure 1.1). There are five RECs recognised by the African Union (AU) and it should be noted that a number of countries belong to more than one regional economic block (Ndomondo-Sigonda et.al, 2018). Through the work of the AMRH, some of the RECs have developed regional policies and guidelines for the regulation of medicines, and reduced timelines for registration. Seventeen countries have adopted or adapted the African Union (AU) model law (Ndomondo-Sigonda, 2019). The AMRH was also responsible for establishing a task force to develop a legal and institutional framework for the establishment of the African Medicines Agency (AMA) which is expected to address the challenges faced by the African continent in medicines regulation.

Whilst a great deal of success has been realised by the regional medicines harmonisation initiatives, a gap exists in knowledge of the effectiveness and efficiency of these initiatives as well as the alignment of the regulatory review processes and resources of the individual participating countries. It is important to fill this gap as lack of information on the procedure makes it challenging for applicants that want to submit products to these initiatives. In addition, any existing ineffectiveness and inefficiencies result in delayed access to quality assured medicines by patients. Sigonda et.al (2018) recommended that a critical review of these joint review processes be undertaken to evaluate the efficiency and effectiveness as well as the decision-making

processes at a country level. This research, therefore, aims to evaluate the regulatory review process of ZaZiBoNa, the Southern African Development Community (SADC) Collaborative Medicines Registration initiative (ZaZiBoNa), and that of the participating countries with the goal to enhance the evaluation process and operating model thereby improving patients' access to life-saving medicines.

## The ZaZiBoNa INITIATIVE

## **History and Inception**

The Southern African Development Community (SADC) is a regional economic community on the African continent consisting of sixteen countries. The 16 countries are Angola, Botswana, Comoros Islands, Democratic Republic of Congo, Lesotho, Madagascar, Malawi, Mauritius, Mozambique, Namibia, Seychelles, South Africa, Eswatini, United Republic of Tanzania, Zambia, and Zimbabwe (SADC, 2019a) (Figure 1.1). Countries in the SADC region have varying regulatory capacities (Dube-Mwedzi et.al, 2020; Kamwanja et.al, 2010: Sithole et.al, 2021a; Sithole et.al 2021b). In 1999 the SADC Protocol on Health was developed to which the Heads of State or Government agreed in Article 29 that member states shall 'cooperate and assist one another in the harmonisation of procedures of pharmaceuticals, quality assurance and registration' (SADC, 1999). The Protocol on Health came into force in 2004 after the launch of the Pharmaceutical Programme which was intended to address the issue of uneven access to affordable, safe and good quality medicines in the region. At that time the prevention and treatment of diseases of public health priority were hindered by a lack of standardised legislation on medicines use (SADC, 2019b). The Pharmaceutical programme is implemented through the SADC Pharmaceutical Business Plan which is reviewed and renewed periodically. One of the strategic priority

areas for the 2015 – 2019 period was the strengthening of regulatory capacity by supporting and actively encouraging joint inspections and registrations among Member States (SADC, 2015).



Figure 1.1: Map of the Southern African Development Community (SADC) region

The ZaZiBoNa collaborative medicines registration initiative was founded in 2013 by four countries namely Zambia, Zimbabwe, Botswana and Namibia with technical support from the World Health Organisation (WHO) Prequalification Team (CIRS, 2017; Gwaza, 2016; MCAZ, 2019). The initiative has been supported by partners such as the United Kingdom Department of International Development (DFID) which funded the Southern African Regional Programme on Access to Medicines and Diagnostics (SARPAM), WHO, SADC, African Union Development Agency-NEPAD, Bill and Melinda Gates Foundation and the World Bank. The acronym ZaZiBoNa was derived from the first two letters of the four founding countries i.e ZAmbia, ZImbabwe, BOtswana and NAmibia (WHO, 2019b). The name ZaZiBoNa has been maintained

even though the initiative has grown to more than just the four founding countries because it has a special meaning in one of the local languages in Zambia (Nyanja) which is 'to look to the future' (WHO, 2019b). The initiative was formed to address common challenges faced by the countries, for example large backlogs of pending products, high staff turnover, long registration times, inadequate financial resources and limited capacity to assess certain types of products such as biologicals and biosimilars. Acknowledging these common challenges, the heads of agencies agreed to develop a work sharing arrangement to meet the following objectives which included 'a reduced workload, reduction in timelines to registration, the development of mutual trust and confidence in regulatory collaboration and to provide a platform for training and collaboration in other regulatory fields' (CIRS, 2017; Gwaza, 2016; ZaZiBoNa, 2013). In establishing these objectives, the ZaZiBoNa initiative sought to make efficient use of limited resources to ensure the timely access to quality-assured medicines by the public in the SADC region whilst at the same time building regulatory capacity of the national regulatory authorities (NRAs).

The first assessment session was held in Windhoek, Namibia in October 2013 and this marked the beginning of the collaborative initiative which looked at products common to the four countries which were already pending in the backlog initially but expanded over time to products submitted prospectively. In 2014, the ZaZiBoNa initiative was formally endorsed and adopted by the SADC Ministers of Health (SADC, 2014). Since then, the initiative has grown and all the 16 SADC member countries are participating either as active, non-active participants or observers based on their internal capacity to conduct assessments and inspections (Sithole, 2019; Sithole 2021b). The ZaZiBoNa initiative was later absorbed by the SADC Medicines

Registration Harmonisation (MRH) project launched in 2015 which was being funded by the World Bank for the period 2018 - 2021. In addition to strengthening and expanding areas of technical cooperation among member states' national regulatory authorities (NRAs) through initiatives such as ZaZiBoNa, the SADC MRH project also has the following objectives to: to ensure that at least 80% of member states have NRAs that meet minimum standards; to ensure regional harmonization of medicines regulatory systems and guidelines; to facilitate capacity building of medicines regulatory authorities in member states through implementation of quality management systems (QMS); develop and implement national and regional integrated information management systems (IMS); and facilitate decision making and sharing of knowledge among member states and stakeholders' (SADC, 2011). Various activities are ongoing currently to fulfil these objectives, for example, most SADC countries have conducted self-benchmarking or formal benchmarking of their regulatory systems using the WHO global benchmarking tool (GBT) (Sillo, 2019). Regional guidelines for variations, biosimilars and labelling are under development to add to the existing SADC guidelines and an audit of skills in the region using the WHO global competence framework for regulators was conducted.

## **Legal Position**

The ZaZiBoNa initiative is not a legally constituted regulatory initiative hence it does not make decisions on the registration or rejection of products (Gwaza, 2016). Participation is based on the signing of a memorandum of agreement entitled "the NRA Agreement to Participate" by interested countries. However, a condition for active member status is the availability of legislation enabling or mandating registration in the participating country, registration guidelines equivalent to the SADC Medicines

Registration guidelines or the WHO guidelines and in-house capacity to conduct assessments and good manufacturing practices (GMP) inspections (ZaZiBoNa, 2013; SADC, 2014). In view of this legal status, the ZaZiBoNa initiative does not at present allow for the centralised submission of dossiers or payment of fees directly. It operates in an advisory capacity and provides recommendations on the quality, safety and efficacy of products. This arrangement has the advantage of allowing rapid buy in from participating countries as they do not lose their revenue or sovereign decision-making ability. However, some of the challenges presented later in this chapter stem from a lack of a centralised procedure for submission of applications for registration and the communication of questions/queries with applicants.

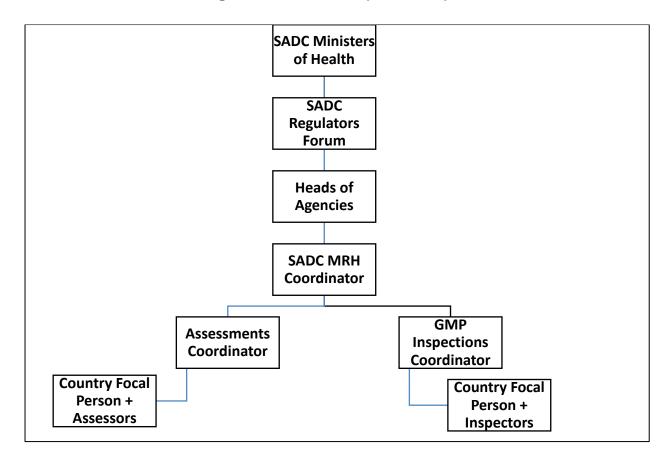
## **Organisational Structure**

The Heads of Agencies serve as the governance structure for the initiative (Gwaza, 2016; ZaZiBoNa, 2015a) and they report to the SADC Regulators Forum and SADC Health Ministers while the SADC MRH coordinator reports to the Heads of Agencies. The assessors and inspectors each have a coordinator who reports to the SADC MRH project coordinator. The assessors and inspectors from each country are represented by a country focal person. The assessment coordinator, GMP inspections coordinator and SADC MRH project coordinator are seconded by the Medicines Control Authority of Zimbabwe (MCAZ) as the SADC MRH implementing agency. The organisational structure is presented in Figure 1.2.

## **Participating Countries**

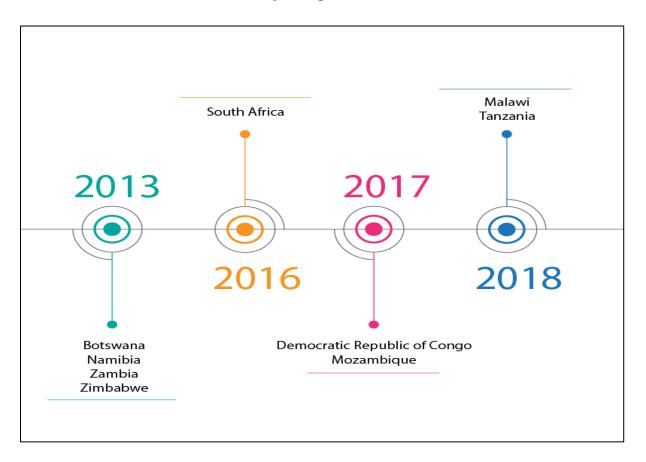
The participation in this initiative is voluntary and any SADC country wishing to participate submits an application/request to join to the Heads of Agencies.

Figure 1.2: Organisational Structure of the SADC collaborative medicines registration initiative (ZaZiBoNa)



Countries participate in the work sharing initiative either as active or non-active members. To be granted active member status, a country should have legislation mandating the registration of medicines as well as in-house capacity to perform assessments or GMP inspections as previously stated. Countries that do not meet these criteria are granted non-active member or observer status as they do not actively contribute to the assessment of registration dossiers and/or GMP inspections. The determination of the applicable status for countries is made by the Heads of Agencies. The countries in SADC that are active members of ZaZiBoNa as well as the year they joined the initiative are presented in Figure 1.3.

Figure 1.3: Countries participating in ZaZiBoNa as active members and the date of joining the initiative



Angola, Seychelles, Swaziland, Madagascar and Comoros Islands participate in the initiative as non-active members while Lesotho and Mauritius participate as observers.

## **Scope of Products Assessment**

The following products are eligible for assessment under the ZaZiBoNa initiative, all essential medicines, medicines used in the treatment of the ten priority disease conditions for SADC (i.e HIV/AIDS, tuberculosis, malaria, acute respiratory infections, diarrhoea, diabetes, pneumonia, cardiovascular, cancer, obstetrics, gastroenteritis and colic), reproductive health products, products included in the List of UN Commission for Live-Saving Commodities for Women and Children (Gwaza, 2016;

ZAZIBONA, 2013). Requests can be made for consideration of medicines that do not fall under the stated criteria but are important from a public health perspective.

The WHO prequalified products are not eligible for consideration under ZaZiBoNa as most SADC countries are participating in the WHO prequalification collaborative registration procedure (WHO, 2019c) in which countries rely on assessments and inspections conducted by the WHO prequalification team (PQT) enabling registration in 90 days after the verification process is completed. However, the WHO SRA collaborative registration procedure can be used to accelerate assessment of products already approved by globally recognised regulatory agencies such as the European Medicines Agency (Caturla Goñi, 2016; Vaz A, 2022; Luigetti, 2016; WHO, 2019d).

## **Operating Model**

#### Assessments

Assessment sessions/meetings are held quarterly in the participating countries on a rotational basis meaning that each country will at some point host an assessment session. A country hosting the assessment session is responsible for covering meeting expenses and that is how countries contribute to the initiative. SADC, WHO PQ, ICH and EMA guidelines are used for the assessments.

There is no centralised submission of dossiers to ZaZiBoNa, therefore the following steps are followed for a registration application to be assessed by the initiative (ZaZiBoNa, 2015b) (Figure 1.4).

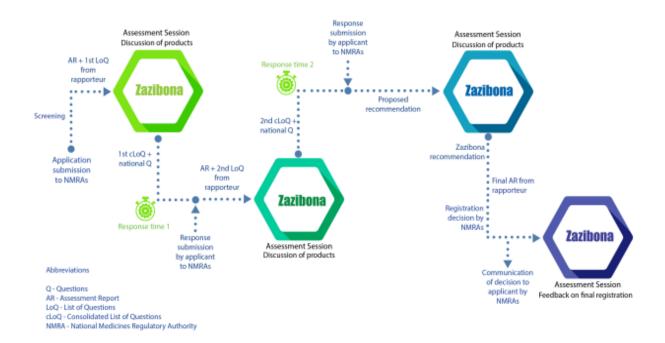
 The applicant submits the same application for registration (dossier) including payment of the appropriate fees to each participating country in which they wish to market their product. At this stage, the applicant also expresses interest for their product to be assessed by ZaZiBoNa. At present, the dossier must be submitted to at least two (2) active countries to be eligible for consideration under ZaZiBoNa.

- 2. The assessments coordinator assigns one country to conduct the first review (rapporteur) and a second country to conduct second review (co-rapporteur) of the product. The WHO is responsible for performing a quality assurance check of the final reports generated by the rapporteur and co-rapporteur
- Upon request, the applicant submits a signed letter of consent to the rapporteur
  to allow consideration of their product under the initiative. The applicant is
  informed of the countries participating in the initiative before giving consent.
- Assessments are carried out in the countries before discussion at the quarterly assessment sessions.
- 5. Once the assessment is complete, usually after two cycles, a recommendation on the quality of the product is made to countries who then make the final decision on registration or rejection of the product after consideration of any country specific requirements.

## Good manufacturing practices (GMP) inspections

At present, the ZaZiBoNa GMP inspections are conducted on a cost recovery basis to support product registration. Capacity building for participating member states is supported by development partners. The WHO PQT guidelines are used for inspections and GMP site visits are conducted four times a year i.e once a quarter. Two manufacturing facilities are inspected during each visit therefore a total of 8 inspections are conducted in a year.

Figure 1.4: The ZaZiBoNa review process



Sites in well-resourced markets like the USA, EU, Australia, Japan and Canada are normally exempt from GMP inspections. Desk reviews may be conducted instead of actual inspections for sites that would have been inspected by stringent authorities and the WHO PQT. The scheduling of inspections and the coordination of inspectors from different countries is carried out by the SADC MRH implementing agency MCAZ. The team inspecting one site is, normally, comprised of three people, a lead inspector, a co-inspector and an observer, each from a different country. The lead and co-inspector roles are rotated among the participating countries that have competent GMP inspectors (Dengu, 2019). The following steps are followed for a manufacturing site to be inspected under ZaZiBoNa;

 The assessments coordinator liaises with the GMP inspections coordinator for products that have been assessed and the sites requiring inspection

- The GMP inspections coordinator liaises with the manufacturer to schedule an inspection and quote the applicable inspection fees
- 3. The GMP inspections coordinator assigns a lead inspector and co-inspector from the countries to which the product has been submitted and in accordance with the pre-agreed inspectors' rotational calendar
- 4. An inspection is conducted and a final report is prepared in consultation with the rest of the inspectors in ZaZiBoNa. A final compliance status is reached collaboratively after submission and consideration of corrective and preventive actions (CAPAs)
- 5. The final decision is then communicated to the assessment coordinator for consideration when the final recommendation is made for the product.

# Financing

The initiative is funded through contributions from participating countries, GMP inspection fees and support from partners such as, SADC, United Kingdom Department of International Development (DFID) funded Southern African Regional Programme on Access to Medicines and Diagnostics (SARPAM), World Health Organisation (WHO), Bill and Melinda Gates Foundation, AUDA NEPAD agency and World Bank. The initiative has adopted a frugal financial model which will ensure sustainability in the future even in the absence of partner support. It was important for the Heads of Agencies from the onset that countries invest in the initiative themselves before speaking of partner support.

#### Timelines and statistics

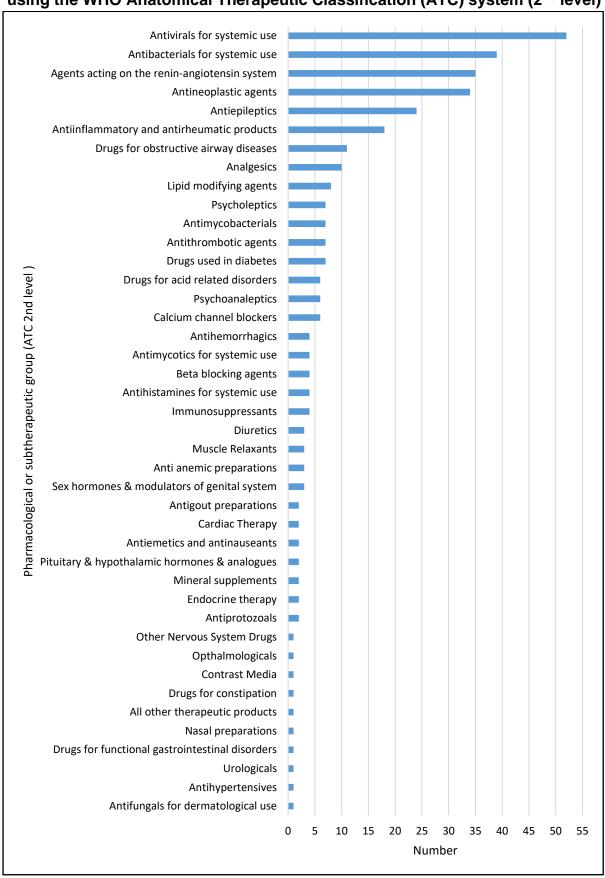
#### Assessments

The initiative has been in operation now for eight years. As of 31 December 2021, 36 assessment sessions and twenty training sessions have been held. The Heads of Agencies have held two meetings every year. A total of 333 applications have been assessed and of these, 283 have been finalised and 50 are pending. Fifty-four per cent (153) of the applications finalised received a positive recommendation whilst the remaining 46% received either a negative recommendation or were withdrawn from the process before conclusion. Withdrawal could be initiated voluntarily by the applicants or by the initiative when the applicant fails to provide a response within the stipulated time. Three hundred and fifteen (94.5%) of the applications received were generics while 5 (1.5%) were innovator products/new chemical entities and 13 (4%) were biologicals/biosimilars.

When classified according to the WHO Anatomical Therapeutic Classification (ATC) system's second level, that is, active ingredients according to pharmacological or subtherapeutic group, the highest number of applications were received under the following five groups: antivirals for systemic use (16%); antibacterials for systemic use (12%); agents acting on the renin-angiotensin system (11%); antineoplastic agents (10%); and antiepileptics (7.2%) (Figure 1.5).

The target median time to a recommendation / scientific opinion is 9 months (inclusive of the manufacturer / applicant's time to respond to queries). The actual performance for the years 2014 to 2021 is displayed in Figure 1.6.

Figure 1.5: Products received by the ZaZiBoNa initiative (2013-2021) classified using the WHO Anatomical Therapeutic Classification (ATC) system (2<sup>nd</sup> level)



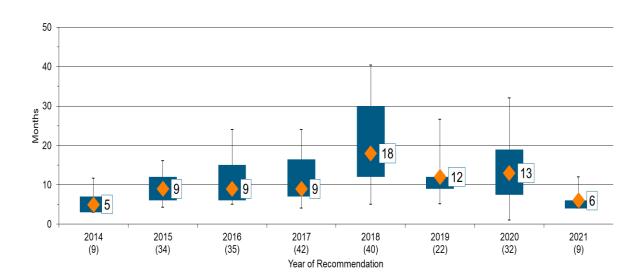


Figure 1.6: Trend in median time to recommendation (2014-2021)

Data are shown for applications that were given a recommendation (positive and negative) between 2014 and 2021 (inclusive)

- (n) = number of products given a recommendation.
- ♦ = Median. Box: 25<sup>th</sup> and 75<sup>th</sup> percentiles. Whiskers: 5<sup>th</sup> and 95<sup>th</sup> percentiles.

The times displayed are inclusive of the time taken by the applicants to respond to queries. The times displayed do not include the time taken in countries with the dossier i.e before assessment under ZaZiBoNa or the time taken by countries to register or refuse a product after the ZaZiBoNa recommendation is given. In 2014 the median time to recommendation was 5 months (3–11.6 months), in 2015 it was 9 months (4.3–16.05 months), in 2016 it was 9 months (5–24 months), in 2017 it was 9 months (4–24 months), in 2018 it was 18 months (5–40.4 months), in 2019 it was 12 months (5.1–26.55 months), in 2020 it was 13 (1–32 months) and in 2021 it was 6 months (4 – 12 months) (Figure 1.6). The long timelines in 2018 and 2020 can be attributed to challenges highlighted later in this chapter and a limitation on resources due to the Covid-19 pandemic, respectively.

#### GMP inspections

As of December 2021, 48 manufacturing sites have been inspected and 30 desk reviews conducted. An inspection of one clinical research organisation (CRO) was conducted with technical assistance from the WHO. The number of desk reviews performed increased significantly because physical inspections could not be carried out due to travel restrictions imposed as a result of the Covid-19 pandemic. In addition to the inspection of manufacturing facilities, policy meetings for managers are held annually, GMP technical working group meetings are held quarterly and inspectors' meetings are held bi-annually (Dengu, 2019). The time taken from the start of a GMP inspection to conclusion after review of the corrective and preventive action (CAPA) is approximately 90 days.

#### **Successes**

The story of ZaZiBoNa is a story of leadership commitment, determination, consistency and ownership. A number of lessons have been learnt along the way as the initiative seeks to continuously improve. The statistics presented are a testament that work sharing is possible and that it is being conducted successfully. Through ZaZiBoNa, registration has been much shorter than it would normally take in most of the individual countries (Keyter et.al, 2018; Sithole et.al 2020, Sithole et.al 2021b). The initiative is meeting its objectives to reduce the time to registration, build capacity of countries, share limited resources for maximum output and build trust among regulators by creating a platform for information sharing. The initiative has created guidelines for assessors, various templates, for example, a specific template for the review of batch manufacturing records, and standard operating procedures (SOPs) for

assessments and GMP inspections including desk reviews to harmonise the quality of work produced.

#### Challenges

Although the initiative has had successful outcomes, a number of challenges have also been identified in the past few years since its inception (Mahlangu, 2018).

#### Country processes

As previously described, each country makes a sovereign decision on the registration or rejection of a product once the technical assessment of a product is completed and a recommendation made at ZaZiBoNa (Gwaza, 2016). A gap in the completion of the process at a country level previously identified during stakeholder consultation was that query letters were either not sent or sent late resulting in applicants receiving communication at different times from different countries for the same product (Mahlangu, 2018, ZaZiBoNa, 2017). The effect of this was that the time to a recommendation was longer than the targeted time. This has been a challenge as applicants lose out on the major benefit of having dossiers assessed by the initiative which is to gain access to various markets at the same time (ZAZIBONA, 2019). This challenge has largely been as a result of differences in the regulatory review processes of participating countries as well as the lack of clarity on the process to be followed at a country level for ZaZiBoNa products i.e how to submit dossiers to the programme and follow up in the different countries to which the product would have been submitted.

#### Tracking systems

Another gap identified was that in some instances the applicants were not responding to queries on time thereby lengthening the total time to recommendation and by extension registration (ZaZiBoNa, 2017). This gap points to a lack of adequate automated tracking systems in participating countries and this is because most of the countries are using manual records and tracking systems.

#### Regulatory review times

Countries in the ZaZiBoNa initiative face the common challenge of long registration review times due to an increasing volume of applications received, significant backlogs (Keyter, 2018), an inadequate number of assessors, inadequate financial resources and limited capacity to assess certain types of products e.g biological / biosimilars (Sithole et.al, 2021a; Sithole et.al, 2021c; Gwaza, 2016).

#### Review templates

Although the ZaZiBoNa initiative currently mainly focuses on generics and has review templates for quality and bioequivalence, Gwaza (2016) recommended expansion of the current model to include reviews of new medicines for diseases endemic to Africa. The European Medicines Agency (EMA) provided a training on biosimilars to ZaZiBoNa in 2018 and a gap identified as a result of the training was the need to develop templates for assessment of Biosimilars, Biologicals and New Chemical Entities (NCEs) (ZaZiBoNa, 2018).

#### Submission process

Submission of applications to ZaZiBoNa is not centralised and the process is not clearly detailed in some agencies which has been challenging for applicants. In addition, country specific requirements such as labelling are problematic for applicants. However, a regional guideline on labelling is currently under development. Some applicants submit different dossiers to countries when the requirement of the work sharing initiative is that the same dossier should be submitted to all countries in which registration is sought.

## **ELEMENTS OF PROGRESSIVE REGULATORY PROCESSES**

#### **Standardised Templates**

Historically, regulatory agencies have used some form of documents to record their review. Such a document has often been referred to as a checklist and often offering limited information. More recently, regulatory authorities involved in the evaluation of new medicines have recognized that to have a structured, systematic approach incorporated into an assessment template offers major advantages in order to support their decision as well as ensuring transparency. Transparency, consistency and uniformity in the assessment of medicines and decision-making are the hallmark of a mature and progressive regulatory process. There is now an ever greater need for a universal standardized template as increasingly there is a move towards collaboration and regulatory agencies will be relying on one another's review processes and outcome. Currently regulatory agencies may make different decisions despite having the same data on new medicines submitted to their authority. This leads to increased pressure to improve agency transparency and accountability and therefore requires

them to establish an appropriate structured and systematic approach to the assessment of such products to facilitate the review (Walker et.al, 2015).

#### **Benefit-Risk Assessment**

The use of a systematic, structured and transparent approach for the benefit-risk assessment of new medicines is in line with Good Review Practices (WHO, 2015). The implementation of a documented benefit-risk assessment framework would give confidence to the decision of the regulator to either reject or approve new medicines. There is a consensus regarding the importance and need for benefit-risk assessment by regulators, the pharmaceutical industry as well as patients, however the methodologies proposed for conducting benefit risk assessment vary (Mt-Isa, 2016). Various frameworks exist and have been used in well-resourced regulatory authorities for the benefit-risk assessment of medicines. The EMA published a reflection paper on benefit risk assessment and subsequently developed a framework which they entitled the EMA PrOACT-URL. The USFDA performs a structured benefit-risk assessment as part of their approval process (5-step framework). In addition, the pharmaceutical industry developed a benefit-risk framework called the PhRMA BRAT (Pharmaceutical Research and Manufacturers of America Benefit-Risk Action Team) and the BRAIN (Benefit-Risk Assessment in New and Old Drugs) (Mt-Isa, 2016; Walker et.al, 2015). The Universal Framework for the Benefit-Risk Assessment of medicines (UMBRA) (Figure 1.7) was developed by the Centre for Innovation in Regulatory Science (CIRS) in conjuction with regulators and the University of Hertfordshire (Walker et.al, 2015) and subsequently tested by 4 regulatory authorities that made up the Consortium on Benefit Risk Assessment (COBRA) (McAuslane, 2017) which later the acronym was changed to ACSS. Such an approach described

above provides a consistent, transparent and systematic methodology which has shown to be of value in a work sharing environment (McAuslane, 2017).

2: Develop a value 3: Provide 1.Decision context Tree of Rationale for Benefits <sup>o</sup> Benefits Risks Risks 4: Relative 5: Valuing or 6: Evaluation Importance Scoring of Of of Benefits Options Uncertainty & Risks 7: Visual 8: Expert judgement Presentation & Communication Or effects To Stakeholders Table

Figure 1.7: UMBRA Benefit-Risk Framework

# **DISCUSSION**

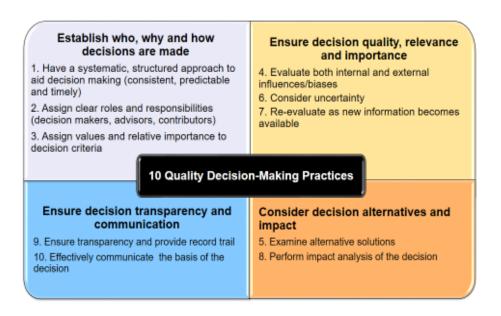
Differences in the regulatory review process in countries can hinder the performance of a work sharing initiative. There is a need to evaluate the regulatory review process in ZaZiBoNa as well as the review processes in the individual participating countries using established and validated tools and to compare the outcomes. This will support the standardisation of country processes enabling improvement and capacity building where required. In addition to identifying the differences in the processes in countries currently participating in the ZaZiBoNa initiative, the review of regulatory processes will enable low to middle income countries (LMIC) to benchmark with similar countries in terms of processes, resources and capacity, something which has not been possible to do in the past (Gwaza, 2016).

The use of manual tracking systems in the countries is a major contributor to protracted timelines for registration. Ideally, tracking should be automated and carried out in real time. The use of available tracking tools through adoption or adaptation will make it possible to track deadlines for response to queries and enable countries to report both the time taken by the applicant (clock start) as well as the time taken by the agency (clock stop). Another advantage is that countries will be able to accurately and regularly report and publish statistics of their performance against target timelines. This transparency will aid achievement of one of the goals of the SADC MRH programme which is for member states to attain either maturity level 2 or 3 using the WHO Global Benchmarking Tool depending on the current capacity of the agency.

Due to the high cost of biologicals and an increasing burden of non-communicable diseases like cancers in low to middle-income countries, especially in sub-Saharan Africa, there is a growing demand for biosimilars (Bennett, 2018). Consequently, there is an increase in the number of applications for the registration of biosimilars received in ZaZiBoNa countries and most of these are not approved anywhere else in the world except in the country of origin. With the majority of patients paying for medication out of pocket, biosimilars provide an opportunity to dramatically reduce drug acquisition costs. This is likely to help improve patient access in countries where exposure to originator compounds is heavily restricted in part by price (Barker, 2018). However, many oncologists in the SADC region are reluctant to consider biosimilars as a treatment option for their patients and the same has been observed with oncologists in Europe (Weise, 2012). Access to unbiased information on registered biosimilars is important for physicians to make informed and appropriate treatment choices for their patients (Weise, 2014). ZaZiBoNa countries should explore developing a structured,

formalised and quantitative approach to benefit-risk assessment, including the assignment of relative importance to benefit and risk considerations. The enhanced benefit risk assessment framework could serve as a template for product reviews, as well as a vehicle for explaining the basis for ZaZiBoNa's regulatory decisions in product approvals. This in turn will encourage greater transparency and public availability of non-confidential regulatory information (for example, decisions, review reports and/or summaries, review processes) in line with the Good Review Practices. A common approach to benefit risk decision making is mandatory in facilitating any work-sharing model (McAuslane, 2017). Other Good Review practices such as quality decision making should also be explored using the ten quality decision-making practices (Figure 2.7) as a standard to improve decision making practices by the assessors as well as in the member countries of the initiative.

Figure 1.8 The ten quality decision-making practices



It has been proposed that the RECs, for example ZaZiBoNa, will serve as technical

working groups under the African Medicines Agency responsible for assessing new chemical entities (NCEs) being launched in Africa for the first time as well as complex products such as biologicals and biosimilars. Implementation of the proposals made above will help to identify any gaps or areas needing improvement to enable the initiative to efficiently execute this mandate.

#### SUMMARY

- The Southern African Development Community (SADC) collaborative medicines registration initiative (ZaZiBoNa) is a successful regional work sharing initiative on the African continent.
- Statistics of the work carried out by the initiative are available in the literature
  but there has not been a critical review of the process including an analysis of
  factors contributing to the success of the initiative or conversely those
  negatively affecting performance.
- The aim of this chapter was to review the history of the ZaZiBoNa initiative as well as reflect on what had been realised in its eight years of operation and what still needed to be achieved.
- Statistics, meeting records, terms of reference and various unpublished documents associated with this initiative were reviewed and the literature publicly available was also included in this review.
- The initiative has grown from the 4 founding members to all 16 countries in SADC participating in different capacities
- Over 333 products had been assessed and 54% of these received a positive recommendation while the remaining 46% received a negative recommendation or were withdrawn from the process. Ninety four and a half per cent of these products were generics, 4% were biological / biosimilars and 1.5 were new chemical entities. Forty-eight GMP inspections and 30 desk reviews had been conducted
- This initiative had achieved an annual median time to recommendation of 13 months or less since its inception for all the years excluding 2018.

- Antivirals for systemic use followed by antibacterials for systemic use and agents acting on the renin angiotension system were the top 3 pharmacological classes of products submitted to the initiave.
- The successes of the ZAZIBONA initiative could be attributed to leadership commitment, a clear vision and governance structure providing direction, and a clear, documented operating model, processes and objectives defined from the onset of the initiative.
- Closure of the gaps identified in the submission process, review templates,
   tracking and differences in implementation of the ZaZiBoNa recommendation
   in the participating countries will further strengthen this initiative.
- The ZaZiBoNa initiative played an important role in improving the regulatory review processes in the individual participating countries, but its success also depended on the very same country processes.
- In view of its mutualistic relationship, there was a need to assess the regulatory review process of the initiative as well as the individual participating countries using established and validated tools and the outcomes to be compared. Such an approach would enable the identification of differences which may be hindering the performance of the initiative.
- In addition, an evaluation of the regulatory review process of the SADC MRH implementing agency, Medicines Control Authority of Zimbabwe, needed to be conducted as it is the coordinating country for the ZaZiBoNa initiative. Furthermore the comparison of the coordinating country's process with mature agencies of comparable size would serve as a benchmark that other countries in the region could use to measure themselves and from which to learn.

• Although some feedback on the performance of the initiative has been sought from applicants through stakeholder meetings in the past, there had not been a comprehensive and structured evaluation of the work sharing programme to inform its future direction. Therefore, there is a need to evaluate the initiative's operational effectiveness and efficiency.

# AIM AND OBJECTIVES OF THE STUDY

#### **AIM**

Evaluate the regulatory review system in the Southern African Development Community work sharing initiative (ZaZiBoNa) with a view to enhancing the review process and patients' access to medicines.

#### **OBJECTIVES**

- Evaluate the ZaZiBoNa initiative in terms of its history, governing structure, and current operating model.
- Evaluate the regulatory review system of the SADC medicines registration harmonisation (MRH) project implementing agency (Medicines Control Authority of Zimbabwe) through a consideration of key milestones, timelines and review models.
- Benchmark the registration process of the Medicines Control Authority of Zimbabwe with mature regulatory authorities of comparable size.
- Evaluate and compare the regulatory review systems of countries participating
  in the SADC through consideration of key milestones, timelines, review models
  and compliance with good review practices.
- Evaluate the applicants' and regulatory authorities' views on the effectiveness and efficiency of the ZaZiBoNa initiative
- Develop a proposed improved model for the ZaZiBoNa initiative.

# **CHAPTER 2**

# Study Rationale and Methodological Framework

#### STUDY RATIONALE

An introduction to the regulation of medicines on the African continent and the framework for harmonisation provided in Chapter 1 included a description of the various regional economic blocks recognised by the African Union through which the registration harmonisation initiatives are implemented. Furthermore, it reviewed of the Southern African Development Community (SADC) collaborative medicines registration initiative, ZaZiBoNa, with an account of the history and inception, legal position, organisational structure, membership, scope of products, operating model, successes and challenges. In addition to presenting the study rationale and purpose for carrying out the outlined studies, this chapter also reviewed the appropriate methodological framework for the research project.

Following a review of the published literature on the initiative, and a preliminary analysis of the eight years that the ZaZiBoNa initiative has been in operation, it was decided that the focus of this study will be to evaluate the regulatory review system in the Southern African Development Community's work sharing initiative (ZaZiBoNa) with a view to enhancing the review process and patients' access to medicines.

Previous studies evaluating the regulatory environment in other regions including the ZaZiBoNa initiative have been conducted. While the previous research on ZaZiBoNa conducted in its third year of operation (Gwaza, 2016) presented the framework for collaborative initiatives and described the ZAZIBONA model. However, this programme of research will be the first to provide an evaluation of regulatory review system of the ZaZiBoNa initiative in its current state with full membership capacity and after eight years of implementation. This research will also be the first to evaluate the

regulatory review process applied by the SADC MRH implementing agency, Medicines Control Authority of Zimbabwe, as the agency responsible for coordinating the ZaZiBoNa initiative and to compare this with mature national regulatory authorities of comparable size. This research will compare the regulatory review processes applied by the countries participating in ZaZiBoNa as active members by contributing to assessments and GMP inspections. In addition, the effectiveness and efficiency of this initiative will be evaluated by obtaining and comparing the views of the regulatory agencies as well as the pharmaceutical industry.

Based on the information reviewed, the study rationale and the research plan underpinning it, the following studies will be carried out:

- A review of the ZaZiBoNa initiative in terms of background, operating model, organisational structure, eligible products and statistics of work done to date (Study 1)
- An evaluation of the regulatory review system in terms of the organisational structure, the current process used for registration and the compliance with good review practices, of the MCAZ as the implementing agency of the SADC medicines registration harmonisation (MRH) project (Study 2)
- A comparison of the registration process of the MCAZ with that of similar sized mature NRAs in Australia, Canada, Singapore and Switzerland (Study 3)
- An evaluation and comparison of the regulatory review processes of countries
  participating in SADC in terms of the organisational structure, the current
  process used for registration and the compliance with good review practices
  (Study 4)

- A determination of the regulatory agencies' views on the effectiveness and efficiency of the ZaZiBoNa initiative (Study 5)
- A determination of the the pharmaceutical industry's views on the effectiveness and efficiency of the ZaZiBoNa initiative (Study 6)
- A development of recommendations for a proposed improved model for the ZaZiBoNa work-sharing initiative

#### Study purpose

The purpose of research can either be exploratory, descriptive, explanatory or evaluative, or a combination of these (Saunders et.al, 2019). In descriptive studies, the researcher is required to identify the data to be described before collecting the information. Descriptive studies require the researcher to draw further conclusions from the data that has been collected (Saunders et al., 2019). These are often considered to be supplementary to exploratory or explanatory studies. Explanatory studies require the researcher to draw conclusions based on the relationships identified between variables, as supported by quantitative or qualitative data (Saunders et al., 2019). Exploratory studies enable the researcher to gain a better understanding of a problem (or research question) that has been identified. These may be conducted by means of literature reviews, focus group discussions or interviews with the relevant experts in order to identify the precise nature of the problem (Saunders et al., 2019). Through the use of exploratory studies, the researcher may be able to narrow the initially broad focus of the research as it progresses with the inherent flexibility lent to the enquiry without the loss of direction (Saunders et al., 2019). Evaluative research determines how well something works (Saunders et.al, 2019). Examples of this are studies evaluating effectiveness or

performance which may result in theoretical contributions, for example, in addition to providing an understanding on how effective something is, it may also explain why it is effective (Saunders et.al, 2019). Considering the paucity of the research topic identified, this research project will be exploratory in nature in a manner that supports hypothesis generation as opposed to hypothesis testing. Two of the studies (Study 5 and 6) will also be evaluative in nature.

#### METHODOLOGICAL FRAMEWORK

#### Study design

It is critical to ensure that the study design selected for this research will yield suitable evidence on which appropriate logical and scientific conclusions, relating to the research question and objectives, may be drawn.

# Study participants

There are six studies within this programme of research, however only five of the studies required the recruitment of study participants. An overview of the study participants recruited for this research is summarised in Table 2.1.

#### **Methodological Choices**

The methodological choice is related to how the researcher uses quantitative and qualitative data, or its combination, in the collection and analysis of data. Quantitative research relates to the collection of numerical data and the analysis using statistical methods and graphs (Saunders et al., 2019). Qualitative research relates to the collection of non-numerical data and the analysis in order to generate descriptions and opinions (Saunders et al., 2019).

Table 2.1: An overview of the study participants

Study	Study Participants
Study 2	QUESTIONNAIRE
Evaluation of the regulatory review process of	Director General, MCAZ
Zimbabwe	
Study 3	QUESTIONNAIRE
Comparison of the registration process of the MCAZ	Therapeutic Goods Administration (Australia)
with that of Australia, Canada, Singapore and	Health Canada (Canada)
Switzerland	Health Science Authority (Singapore)
	Swissmedic (Switzerland)
	MCAZ (Zimbabwe)
Study 4	QUESTIONNAIRE
Comparison of the regulatory review processes of countries participating in the Southern African	<ul> <li>National Directorate of Pharmacy in the Ministry of Health (Mozambique)</li> </ul>
Development Community	<ul> <li>Namibia Medicines Regulatory Council in the Ministry of Health and Social Services (Namibia)</li> </ul>
	South African Health Products Regulatory Authority (South Africa)
	Tanzania Medicines and Medical Devices Authority (Tanzania)
	Zambian Medicines Regulatory Authority (Zambia)
	Medicines Control Authority of Zimbabwe (Zimbabwe)
Study 5	QUESTIONNAIRE AND INTERVIEWS
Regulatory Authorities evaluation of the effectiveness	<ul> <li>Botswana Medicines Regulatory Authority (Botswana)</li> </ul>
and efficiency of the ZaZiBoNa initiative	Direction de la Pharmacie and du Médicament, Health
	Ministry of the (Democratic Republic of Congo)
	<ul> <li>Pharmacy Medicines and Poisons Board (Malawi)</li> </ul>
	<ul> <li>National Directorate of Pharmacy in the Ministry of Health (Mozambique)</li> </ul>
	<ul> <li>Namibia Medicines Regulatory Council in the Ministry of Health and Social Services (Namibia)</li> </ul>

	<ul> <li>South African Health Products Regulatory Authority (South Africa)</li> </ul>	
	Tanzania Medicines and Medical Devices Authority	
	(Tanzania)	
	<ul> <li>Zambian Medicines Regulatory Authority (Zambia)</li> </ul>	
	<ul> <li>Medicines Control Authority of Zimbabwe (Zimbabwe)</li> </ul>	
Study 6	QUESTIONNAIRE	
Pharmaceutical evaluation of the effectiveness and	Cadila Pharmaceuticals Limited	
efficiency of the ZaZiBoNa initiative	<ul> <li>Cipla Quality Chemicals Industries Limited,</li> </ul>	
	Cospharm Investments (Pty) Ltd	
	Emcure Pharmaceuticals Limited	
	Eurolab (Pty) Ltd	
	Equity Pharmaceuticals (Pty) Ltd	
	Hetero Labs Limited,	
	<ul> <li>Innovata Pharmaceuticals Ltd</li> </ul>	
	Laurus Labs Limited	
	Lupin Limited	
	Macleods Pharmaceutical Limited	
	Mundipharma (Pty) Ltd	
	MSN Laboratories Private Limited	
	Mylan Investments (Pty) Ltd	
	N2SA Limited	
	Roche Products (Pty) Ltd	
	S Kant Healthcare Ltd	
	Umsebe Healthcare	
	Varichem Pharmaceuticals	

The methodological choice relates to the decision to use a mono-method (the single use of either quantitative or qualitative methods) or mixed-method (the mixed use of quantitative and qualitative methods) (Saunders et al., 2019). The methodological choices are illustrated in Figure 2.1.

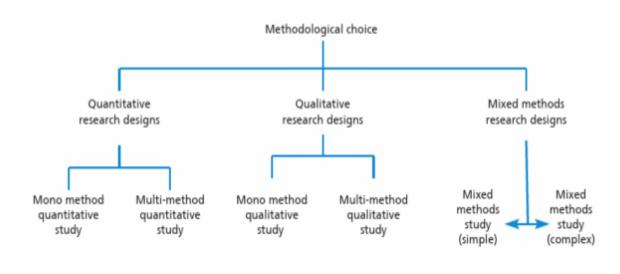


Figure 2.1 Methodological choices

Adopted from Saunders et al., 2019

#### Selected choice

A mixed methods approach, incorporating both quantitative and qualitative research will be used in this research programme. Quantitative research methods will be used to collect data on the overall approval timelines achieved by the MCAZ for generics, NCEs, biologicals/biosimilars and under the three review models from 2017 – 2021 in study 2, the median approval times achieved by the MCAZ, TGA, Heath Canada, HSA and Swissmedic for NASs between 2019 – 2021 in study 3 and the mean approval times achieved by Namibia, Mozambique, South Africa, Tanzania, Zambia and Zimbabwe for NASs and generics between 2019-2020 in study 4. The results from the

quantitative research will provide a baseline for assessing the changes and improvements going forward.

Qualitative methods including questionnaires and interviews will be utilised as follows:

- A systematic search and narrative literature review will be conducted as part of Study 1 to document the history of the initiative and its current operating model
- A questionnaire developed and validated by the CIRS (McAuslane et al., 2009)
   will be used in:
  - Study 2 to evaluate the MCAZ in terms of the requirements and the current model used for the regulatory review, the process for managing timelines, current review times and the application of GRevPs; and
  - Study 3 in the comparison of the MCAZ's registration process with that of Australia, Canada, Switzerland and Singapore
  - Study 4 to evaluate the regulatory review processes of Mozambique,
     Namibia, South Africa, Tanzania, Zambia and Zimbabwe
- A questionnaire will be specifically developed and validated for use in Study 5
  to obtain the views of the regulatory agencies on the effectiveness and
  efficiency of the ZaZiBoNa initiative
- A questionnaire will be specifically developed and validated for use in Study 6
  to obtain the views of the pharmaceutical industry on the effectiveness and
  efficiency of the ZaZiBoNa initiative
- Semi-structured interviews will be conducted as part of Study 5 following completion of the questionnaire by the study participants.

#### Time horizon

The last consideration to be made before deciding on data collection and analysis techniques is the timescale within which the research will be conducted and this is also known as the time horizon. Longitudinal research refers to the collection of data over an extended period of time resulting in a rich, comprehensive and representative source of data (Saunders et al., 2019). Cross-sectional research refers to the "study of a particular phenomenon or a snapshot taken at a particular time" (Saunders et al., 2019).

#### Selected time horizon

A cross-sectional study approach is selected as it allows the researcher to employ surveys and collect data at a particular time (Saunders et al., 2019) to achieve the aims and objectives of this programme of research. In addition, a retrospective approach will be applied in the data collection and analysis of the regulatory performance metrics of the MCAZ (2017 - 2021), TGA, Health Canada, HSA, Swissmedic and MCAZ (2019 – 2021), Mozambique, Namibia, South Africa, Tanzania, Zambia and Zimbabwe (2019 – 2020).

#### **DATA SOURCES**

# **Public domain sources**

Bibliographic databases such as PubMed, SCOPUS, Google Scholar and open access theses and dissertations will be searched for scientific publications and textbooks. Information obtained from the websites of NRAs, WHO, EMA, ICH, SADC will be used to obtain information and guidelines. Presentations made during

regulatory conference proceedings will also be surveyed for the purposes of this research.

#### Sampling techniques

In statistics, a population or a sampling frame includes all members of a defined group being studied from which the sample is selected (Saunders et.al, 2019). In this case, the population will comprise individuals from national regulatory authorities in the SADC region as well as TGA, Health Canada, HSA and Swissmedic; pharmaceutical companies that have submitted applications to the ZaZiBoNa initiative. As this research will aim to identify facts and opinions on regulatory review processes within organisations, senior individuals directly responsible for the processes or for submissions in the case of pharmaceutical companies will be selected for the study techniques.

Sampling involves the selection of representative cases from the population for the purpose of the study. The techniques can be divided into two groups, namely probabilistic and non-probabilistic. Probabilistic sampling is random and each case from the population has an equal chance of being selected making the results less biased and more generalisable as they reflect the entire population. Conversely, in a non-probabilistic technique, the probability of selecting an individual is not known and although the results are likely to be generalisable, this is usually not possible on statistical grounds (Gray, 2014).

For the purpose of this research, probability sampling is not possible as the sampling frame, which is the list of all the individuals from the specified population, cannot be

obtained. Consequently, a non-probability sampling technique will be used, and the most relevant types which will be considered are illustrated in Figure 2.2 and discussed below (Saunders et al., 2019).

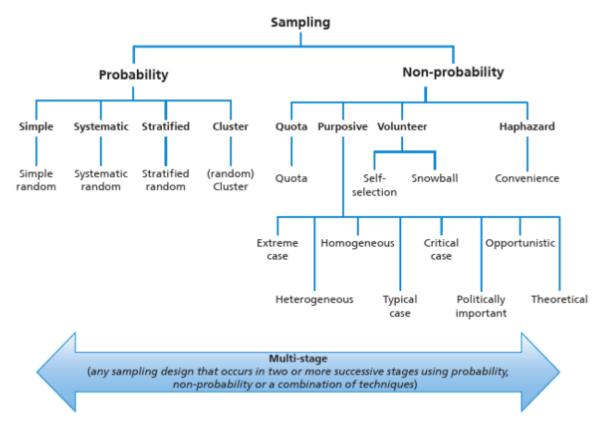


Figure 2.2 Sampling techniques

Adopted from Saunders et al., 2019

- Purposive sampling is a technique where the judgement of the researcher is
  used to select the cases that make up the sample on the basis of the type of
  case needed to meet the research objective. A case can be either critical,
  extreme, typical or one that seeks homogeneity or heterogeneity.
  - Critical case sampling focuses on selecting cases which are important to make a particular point or meet an objective
  - Extreme case sampling focuses on unusual or special cases

- Typical case sampling focuses on selecting cases that are illustrative
- Heterogeneous sampling focuses on obtaining the maximum variation in the cases selected
- Homogeneous sampling focuses on selecting cases from one particular subgroup in which all the members are similar.
- Politically important, opportunistic and theoretical are other examples of purposive sampling.

Purposive sampling aims to ensure that the full variety of responses is obtained from a range of respondents from the population in order to enable generalisability. Nevertheless the sample is usually considerably smaller compared to quota sampling.

- Snowball sampling is used when it is challenging to identify the sample. The technique relies on making initial contact with one or two cases in the population and asking those cases to help identify new cases, and then continue with this process until the sample is satisfactory. Although this technique is useful for populations that are difficult to identify, making the initial contact is difficult and there is also a high potential for bias.
- Self-selection sampling requires people who are interested in the topic to participate. The researcher publicises the research and data is collected from those cases that respond. This technique may introduce considerable bias depending on the advertising technique selected, and it can be relatively costly.
- Convenience sampling involves selecting cases that are easier to obtain and is
  used when the timescales available for the project are short. Despite the wide
  use of this technique, convenience sampling has a number of limitations, most
  importantly that it is very prone to bias.

#### Selected sampling method

Based on the research objectives, the characteristics of the population as well as resources and access to the organisations, the most appropriate sampling technique for this research programme is purposive sampling as this will ensure that the data is information-rich and representative. More specifically, critical case sampling will be employed to ensure that the cases which are important to meet the objectives are included.

#### **DATA COLLECTION TECHNIQUES**

The data collection methods were carefully selected taking into account the research objectives. In order to select the most appropriate methods for the studies in this research programme, various qualitative and quantitative data collection techniques were reviewed judging by their applicability, reliability, strengths and weaknesses, and the most appropriate methods selected for the studies are outlined below:

#### Literature review: Systematic and narrative

A literature review will be carried out in order to gain an understanding of the regulatory landscape on the African continent, the background of regulatory harmonisation initiatives as well as the history, current operating model of the ZaZiBoNa initiative. The literature review will enable an exploratory search of other studies relating to collaborative harmonisation initiatives and improving the process of regulatory reviews in member countries. The literature review will also assist with the identification of validated tools such as surveys or questionnaires in the public domain that may be used within this research programme.

The advantages and disadvantages of both systematic and narrative literature reviews were considered. The comparison of these two types of literature reviews are summarised in Table 2.2.

Table 2.2 Comparison between systematic and narrative literature reviews

	Systematic	Narrative
Hypothesis	Clearly-defined or well-	Broad overview of a topic-
	formulated clinical or basic	related research area.
	research question.	
Search Method	Predefined, protocol-	Not predefined, protocol-
	based.	based: involving subjective
		selection bias
Inclusion of studies	Predefined selection	Authors' intuition and research
for review	criteria as per the authors'	experience
	hypothesis	
Search media	Diverse search engines	Mainly PubMed or MedLine
		database
Data extraction	Protocol-based:	Not protocol-based:
	Continuous or categorical	Simple description of study
	statistical values	findings
Data synthesis	Based on data extraction	Overall description of each
	and synthesis guidelines	study, mainly focusing on
	such as PRISMA	studies that authors selected
Data quality	Grading by guidelines	Partially objective grading by
	available in multiple	anecdotal resources
	resources	
Interpretation	Based on data included	Easily biased by authors'
		subjective intention

Abbreviation: PRISMA=Preferred reporting items for systematic reviews and meta-analyses Adopted from Pae, 2015

A systematic literature review may be used to provide an explanation of the
differences observed amongst studies examining the same question by
summarising a large volume of information (Mulrow and Cook, 1998). In a
systematic review scientific strategies are employed to ensure an unbiased and
evidence based appraisal of the studies relevant to the research question
(Mulrow and Cook, 1998).

 A narrative literature review relies on the use of informal methods thereby allowing the researcher to gain a more comprehensive overview of the research topic. However subjective selection bias may be evident in the collection and interpretation of data (Pae, 2015).

Selected data collection using both a narrative and systematic literature reviews

For the purpose of this research, since there is scarcity of published work in the area of research, only narrative literature reviews, will be utilised. As part of an exploratory search, a narrative literature review will be conducted of the regulatory landscape in Africa, the regional harmonisation initiatives, and the ZaZiBoNa initiative. The learnings from the narrative review will be developed into Chapter 1: General Introduction. Bibliographic databases will be searched and key search words to be included are: medicines regulation in Africa, regulatory harmonisation, regional economic blocks, AMRH, ZaZiBoNa, milestones, regulatory review process, metrics, risk-based review and best practices. Diverse search engines, including bibliographic databases and Google will be used to conduct the review. The review will be limited to articles available in the English-language.

Structured search terms will be developed and used in the database searches against the following criteria:

For inclusion: (1) All articles related to a specific tool, questionnaire or study used to evaluate the regulatory review process and regulatory review practices;
 (2) studies that assess the regulatory performance of collaborative harmonisation initiatives and NRAs; (3) studies that draw comparisons between NRAs of similar size and scope.

For exclusion: (1) General discussions relating to GRPs and harmonisation; (2) tools, questionnaires or studies that are not directly related to the regulation of medicines.

### Study techniques: Questionnaires and semi-structured interviews

A survey is defined as a research technique involving the collection of data from a sizeable population in a structured manner (Saunders et al. (2019). This is achieved using data collection tools such as focus groups, semi-structured interviews and self-administered questionnaires. For this programme of research, the following two survey techniques will be employed to collect data from representatives of NRAs and industry:

#### **Questionnaires**

A questionnaire is a data collection technique in which the study sample is required to respond to a series of standardised questions which may be closed-ended or openended, thus enabling the researcher to draw comparisons from the results obtained within the sample set (Saunders et al., 2019). There are a number of questionnaires that can be used (Figure 2.3) however, self-administered questionnaires will be used in this research and will be distributed electronically to study participants. The use of self-administered questionnaires is a resource and time efficient strategy as the resources required to distribute the questionnaires to a large sample size are minimal and data can be collected simultaneously (Saunders et al., 2019). The challenge with this type of questionnaire is the risk of a low response-rate and the lack of opportunity to clarify questions. In addition, the views of respondents may not be accurately reflected in cases where the choice of answers is limited (Needham and Vaske, 2008).

Questionnaire Self completed Researcher completed SMS (text) Delivery and Internet Postal (mail) Telephone Face-to-face questionnaire questionnaire questionnaire collection questionnaire questionnaire questionnaire Mobile Web questionnaire questionnaire

Figure 2.3 Types of questionnaires

Adopted from Saunders et al., 2019

## Questionnaire development

Three different questionnaires will be used for this research (Table 2.3). One of the questionnaires was developed and validated by the Centre for Innovation and Regulatory Science (CIRS). The other two questionnaires were developed as part of this research programme. The questionnaires will be completed by representatives from NRAs and the pharmaceutical industry (Table 2.3).

• Study 2, Study 3 and Study 4: The questionnaire (see Appendix 3) that will be used for these three studies was initially developed to support the evaluation of the regulatory review process in emerging markets and the impact of these processes on patients' access to medicines (McAuslane et al., 2009). Prior to the use in this programme of research, this questionnaire was reviewed to determine if it is applicable in meeting the study objectives. The questionnaire will be distributed electronically to the representatives from the participating

NRAs. The questionnaire aims to evaluate the structure and organisation of NRAs, identify the milestones within the regulatory review process and determine the level of implementation of Good Review Practices (GRevPs). The completed questionnaires will be analysed and the results prepared in the form of a standardised country report. The country report will be reviewed and the information transcribed into the report for validation by the relevant participants. The standardised report will allow for ease of comparison amongst the NRAs that would have completed the questionnaire.

- Study 5: The second questionnaire (PEER) (see figure 7.2 in chapter 7) was
  developed during this research programme (Sithole et.al, 2022a) and will be
  used to evaluate the effectiveness and efficiency of the ZaZiBoNa initiative from
  the regulatory authorities' perspective
- Study 6: The third questionnaire (PEER-IND) (see figure 8.2 in chapter 8) was
  developed during this research programme (Sithole et.al, 2022b) and will be
  used to evaluate the effectiveness and efficiency of the ZaZiBoNa initiative from
  the pharmaceutical industry's perspective

Prior to the use in this programme of research, this CIRS questionnaire was reviewed and determined to be applicable in meeting the study objectives. The PEER and PEER-IND questionnaires will be piloted with at least 20% of participants from the regulatory authorities and the pharmaceutical industry to examine the applicability and practicality of the questionnaire, the language clarity; the ease of response and the relevance and accuracy of the questions for measuring theoretical construct. Comments from the pilot studies will then be incorporated and used to refine the

questionnaires. Similar questions will be used in the two questionnaires for study 5 and 6 where possible in order to facilitate comparisons.

#### A semi-structured interview,

Semi structured interviews are similar to questionnaires in that they are centred around a set of predetermined normally, open-ended questions or a checklist, with other questions emerging from the dialogue between the interviewer and interviewees. The difference is that instead of being self-administered, it involves direct interactions, either face-to-face, over the phone or a teleconference (DiciccoBloom and Crabtree, 2006). The advantage of carrying out a semi-structured interview is the possibility of receiving responses instantaneously and at a high response rate. Moreover, respondents are more likely to provide better insights into the topics due to the proximity between the interviewer and interviewee as well as an enhanced understanding of the questions. Nevertheless, some limitations exist, such as being less controlled and potentially biased if questions are leading. Moreover, they are resource intensive and costly to carry out as well as to analyse and compare (Needham and Vaske, 2008). For the purpose of this research programme, semistructured interviews carried out online will be used as a follow up to the selfadministered questionnaires to allow for further clarification of questions and responses as required.

#### A summary of the selected data collection techniques

A summary of the data collection techniques that have been selected for this research, the objectives and studies to which these will be applied are presented below:

#### **RESEARCH PLAN**

The research plan is illustrated in Figure 2.4 starting with a literature review (Study 1) followed by a questionnaire (see Appendix 3) which will be used to evaluate the regulatory review process for all products (Generics, NCEs, biologicals/biosimilars) in Zimbabwe through consideration of key milestones, timelines and scientific review models (Study 2). Data collected directly from the Zimbabwean NRA, in the form of performance metrics for the overall approval timeline for these products will be used to evaluate trends in the review of approved products in Zimbabwe during the period 2017 - 2021. The same questionnaire will also be used in the comparison of the regulatory review practices of Zimbabwe with mature NRAs of similar size (Study 3) and in the comparison of the regulatory review practices of countries participating in SADC (Study 4). A second questionnaire (see Figure 7.2 in Chapter 7) and semistructured interviews will be used to evaluate the effectiveness and efficiency of the ZaZiBoNa initiative from the regulatory authorities' perspective (Study 5) as well as a third questionnaire (see figure 8.2 in Chapter 8) for the pharmaceutical industry's perspective (Study 6). It is hoped that the analysis of the results from these six studies will culminate in a set of key recommendations for the proposed improved model for the ZaZiBoNa initiative and improved patients' access to medicines. These recommendations will be further explored in Chapter 9: Improved Model for the ZaZiBoNa initiative.

#### DATA PROCESSING AND ANALYSIS

Data generated through the various studies will be analysed qualitatively and quantitatively.

Table 2.3 Summary of the planned data collection techniques

Data collection technique	Research Objectives	
		Chapter
Narrative literature	General Introduction	Chapter 1
review	Review of the African regulatory landscape	(Study 1)
Systematic literature	Systematic literature Review of the ZaZiBoNa initiative	
review		
Self-administered questionnaires	Evaluation of the regulatory review process in Zimbabwe	Chapter 3
		(Study 2)
	Comparison of registration processes	Chapter 4
	Evaluation of MCAZ's regulatory review process compared with the regulatory	(Study 3)
	agencies of Australia, Canada, Singapore and Switzerland	
	Evaluation and comparison of the regulatory review processes	Chapter 5 &
	Comparison of the review process of countries participating in the Southern African	6
	Development Community	(Study 4)
	Regulatory Authorities evaluation of the effectiveness and efficiency of the	Chapter 7
	ZaZiBoNa initiative	(Study 5)
	Pharmaceutical industry evaluation of the effectiveness and efficiency of the	Chapter 7
	ZaZiBoNa initiative	(Study 5)
Semi-structured	Regulatory Authorities evaluation of the effectiveness and efficiency of the	Chapter 7
interviews	ZaZiBoNa initiative	(Study 5)

Quantitative data will be analysed with descriptive statistics such as medians and the lower and upper quartiles (5th and 95th percentile values) using Microsoft Excel (Study 2, 3 and 4). However, statistical tests will not be used for questionnaires or other exploratory and evaluative studies which will be hypothesis generating as opposed to hypothesis testing (Study 1, 5 and 6). Conclusions drawn from hypothesis generating qualitative data may be considered for future research. Where consensus is being sought in a study it will be defined in a variety of ways such as calculation of percentage levels regarding the agreement of the participants (Streiner et al. 2015).

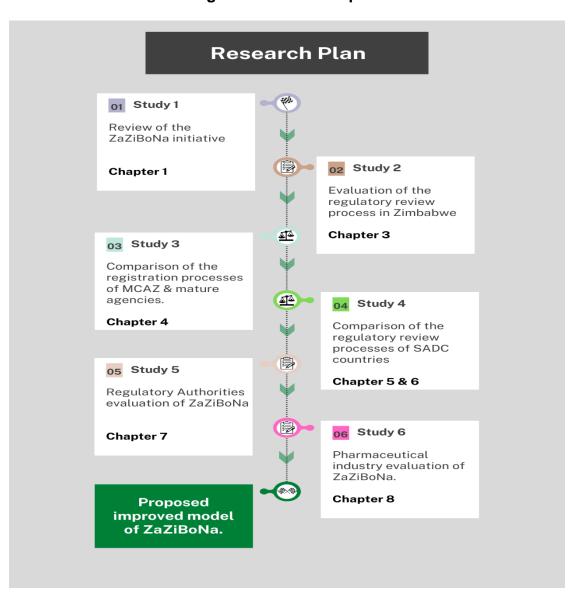


Figure 2.4 Research plan

As highlighted above, several methods will be used to analyse the data generated in the six studies that make up this research programme. The key recommendations stemming from these studies will be consolidated into a set of key recommendations for the proposed improved model for ZaZiBoNa.

# **ETHICAL APPROVAL**

The study was approved by the Health, Science, Engineering and Technology ECDA, University of Hertfordshire, United Kingdom [Reference Protocol number: LMS/PGR/UH/04350].

#### SUMMARY

- This Chapter describes the rationale for this research project and outlines the proposed studies to be undertaken in order to meet the research aim and objectives.
- The study purpose was defined as exploratory and evaluative in nature supporting hypothesis generation as opposed to hypothesis testing.
- A mixed methods research design, incorporating both quantitative and qualitative research methods was selected.
- A prospective cross-sectional as well as a retrospective study design were selected for the time horizon.
- Data sources for public domain data collection were described, and the sampling technique selected was non-probability purposive sampling specifically critical case sampling, which will be employed to ensure that the cases which are important to meet the objectives are included.
- Data collection techniques were also considered in view of the study objectives and the following were selected: narrative literature review; self-administered questionnaires as well as semi-structured interviews.
- An outline of questionnaire development and validation techniques were described.
- Methodological choices related to data processing and data analyses were also evaluated.
- A detailed research plan was outlined to demonstrate the relationship between the studies, chapters and the objectives of the research programme.

# **CHAPTER 3**

Evaluation of the regulatory review process of the SADC MRH Implementing Agency (Medicines Control Authority of Zimbabwe)

#### INTRODUCTION

#### **Zimbabwe and the National Medicines Regulatory Authority**

Zimbabwe is a landlocked country with a gross domestic product (GDP) of 18 billion USD and a population of 14.8 million in 2020 (World Bank, 2021). The country is bordered by South Africa, Namibia, Zambia, Botswana and Mozambique (IMF, 2017). The regulation of medicines began in 1969 through an Act of Parliament, the Drugs and Allied Substances Control Act of 1969 (Chapter 15.03) (MCAZ, 2022a). The Medicines and Allied Substances Control Act was promulgated in 1997, creating an autonomous agency independent of the fiscus, the Medicines Control Authority of Zimbabwe (MCAZ). The MCAZ's chemistry laboratory is prequalified by the World Health Organization (WHO, 2020a) and accredited by the Southern African Development Community Accreditation Services (SADCAS, 2022). The MCAZ has a robust quality management system, which resulted in the ISO 9001 certification by the Standards Association of Zimbabwe in 2019 (SAZ, 2022). The MCAZ offers training to regulators on the continent and as a result is designated as a Regional Centre of Regulatory Excellence (RCORE) for medicines evaluation and registration, clinical trials authorization, and quality assurance and control by the African Union's Development Agency New Partnership for Africa Development (AUDA - NEPAD) (MCAZ, 2022b). In addition, the MCAZ is a founding member of the ZAZIBONA collaborative medicines registration initiative and is also responsible for coordinating the Southern African Development Community (SADC) Medicines Registration Harmonization (MRH) project as the implementing agency (Sithole, 2020). The SADC MRH project aims to build the regulatory capacity of member states in various areas including supporting agencies to be assessed using the WHO Global Benchmarking Tool and to implement measures to close the gaps identified.

#### WHO assessment of regulatory authorities

Various countries or jurisdictions have legislation mandating the regulation of medical products to ensure their quality, safety and efficacy (Rägo, 2008). The capacity to regulate medical products varies widely and traditionally, countries that were members or observers of the International Council for Harmonisation of Technical Requirements for Pharmaceuticals for Human Use (ICH) were regarded as having stringent regulatory authorities (SRAs) (WHO, 2019d). However, the World Health Organization (WHO) has recently made a proposal to use the term WHO listed authorities for authorities previously referred to as SRA and any additional authorities based on assessments using the Global Benchmarking Tool (GBTs) (WHO, 2019d; WHO, 2021b, WHO, 2022). This tool allows for the objective evaluation of national regulatory systems, as agreed by WHO Member states in the World Health Assembly Resolution 67.20 on Regulatory System Strengthening for medical products (WHO, 2014). The GBT evaluates the overarching national regulatory system as well as the following functions that make up the regulatory system; registration and marketing authorization, market surveillance and control, regulatory inspection, vigilance, establishments, clinical trial oversight, laboratory testing and NRA lot release (WHO, 2021b). The WHO has begun the process of evaluating the regulatory systems of countries including low-and-middle income countries (LMICs). One of the outcomes of the assessments using the GBT is the development of an Institutional Development Plan, which identifies gaps as well as the activities and resources required to strengthen the regulatory system. As of March 2022, 16 of the 55 countries in Africa had undergone formal benchmarking by the WHO while 33 had conducted selfbenchmarking (Sillo, 2022). Self-benchmarking is required before formal benchmarking by the WHO. For a variety of reasons, the remaining six countries have

not begun the process of benchmarking. The goal of countries is to achieve maturity level 3 status which represents 'a stable, well-functioning and integrated regulatory system' (WHO, 2019d). Tanzania was the first African country to attain maturity level 3 status in 2018, followed by Ghana in 2020, then Nigeria and Egypt in 2022 (WHO 2019e; WHO, 2021c; WHO, 2022). The Medicines Control Authority of Zimbabwe was formally benchmarked in August 2021 and is in the process of developing corrective and preventive actions (CAPA) to address the shortcomings identified during the assessment. Regulatory reviews fall under the marketing authorization function of the GBT.

Unlike high-income countries, there is limited information in the public domain on the regulatory review/assessment systems and performance of LMIC (Gwaza, 2016). Evaluation of the regulatory review systems of a number of high-income and upper middle-income countries, for example, Saudi Arabia, Jordan, Turkey, and South Africa are available in the literature (Alsager et.al, 2015; Al Haqaish et.al, 2017; Ceyhan et.al, 2018; Keyter et.al, 2019) However, it appears that there are few published assessments of the regulatory review systems in LMIC in Africa. The aim of this chapter therefore was to evaluate the current regulatory review process in Zimbabwe, identifying challenges and opportunities for growth and improvement.

# **STUDY RATIONALE**

As MCAZ is the implementing agency of the SADC MRH project, the gaps or areas for improvement identified in this study have the potential to strengthen the agency's coordination of the ZaZiBoNa initiative. In the absence of sufficient information regarding the regulatory processes of LMIC in the public domain, the findings of this

study will serve as a benchmark for other countries in the SADC region as well as LMIC in the rest of Africa and beyond.

#### STUDY OBJECTIVES

The main objectives of this exploratory study were to:

- 1. Assess the current regulatory review process in Zimbabwe
- 2. Identify the key milestones and target timelines in the review process
- 3. Evaluate the overall performance for the review models as well as the different product types approved by the Authority during the period 2017 to 2021
- 4. Evaluate how the quality of the process of decision making is built into the regulatory review process of medicines
- 5. Identify the challenges and opportunities for an enhanced regulatory process in Zimbabwe, with a view to expediting patients' access to life-saving medicines

#### **METHODS**

#### **Data collection process**

A questionnaire technique (McAuslane, 2009) was used to identify the key milestones and activities associated with the review processes and practices within the MCAZ. The questionnaire was initially completed by a senior assessor, reviewed by the division's management and verified by the Director General in 2019. To aid agencies achieve the goals of regulatory efficiency, the Centre for Innovation in Regulatory Science (CIRS) developed a unique regulatory-strengthening tool entitled Optimising Efficiencies in Regulatory Agencies (OpERA). The OpERA project was initiated in 2013 based on requests from regulatory agencies, and the objectives of this program are to provide benchmarking data that can be used to define performance

targets and focus ongoing performance improvement initiatives; accurately compare the processes used in the review of new medicines marketing authorizations; encourage the sharing of information on common practices in order to learn from others' experiences and encourage the systematic measuring of the processes that occur during the review of new medicines marketing authorization (CIRS, 2020).

The questionnaire consists of 5 parts (McAuslane, 2009; CIRS 2020). *Part 1:*Organization of the agency documents the information on the structure, organization, and resources of the agency.

Part 2: Types of review models identifies different types of review model(s) used for the scientific assessment of medicines in terms of the data assessed and level of detail by the agency, as well as how the agency might rely on the results of assessments and reviews carried out by a reference agency.

Part 3: Key milestones in the review process documents information on the key milestone dates, using the on-line OpERA tool and maps the process of assessment starting from receipt of the dossier, validation/screening, the number of cycles of scientific assessments including the questions to the sponsor/applicant, expert registration committee meetings to the final decision on approval or refusal of a product for registration. A standardized process map embedded in the questionnaire was based on the experience of studying established and emerging regulatory authorities.

Data were collected for new chemical entities (NCEs), biologicals, and biosimilars, and generics registered by the Zimbabwean NRA during the period 2017–2021. These data were sourced directly from the division within the Authority responsible for the regulatory review process.

Part 4: Good review practices (GRevP) evaluates how quality is built into the regulatory process by examining activities that have been adopted to improve consistency, transparency, timeliness, and competency in the review process.

Part 5: Quality decision-making processes explores the quality of agency decision-making practices and whether measures are in place to ensure that quality decisions are made around the data during the registration process.

#### **Models of Regulatory Review**

There are three models for the scientific regulatory review of a product that can be used by regulatory authorities (McAuslane, 2009) and these are;

- the verification review (type 1) which requires prior approval of a product by two or more reference or competent regulatory authorities allowing the agency relying on such assessments to employ a verification process to validate a product and ensure it conforms to the previously authorized product specifications.
- ii) the abridged review (type 2) which involves an abridged evaluation of a medicine taking into consideration local factors and environment, with the pre-requisite of registration by at least one reference or competent regulatory authority.

the full review, type 3A, which involves the agency carrying out a full review of quality, safety and efficacy, but requires that the product has previously been reviewed by an agency for which there is a CPP or type 3B which involves an independent assessment of a product's quality, pre-clinical as well as clinical safety & efficacy, but which has not been evaluated by any previous agency

#### **RESULTS**

The results will be presented under five major headings which are organisation of the agency, types of review models, key milestones in the review process, good review practices and quality decision-making processes.

## Part I: Organization of the agency

The MCAZ is an autonomous agency established in 1997 as a successor to the Drugs Control Council and the Zimbabwe Regional Quality Control Laboratory. The MCAZ regulates medicinal products for human and veterinary use as well as medical devices and diagnostics. The scope of control of medical devices is currently limited to gloves and condoms, but will increase once the medical devices regulations, which have been developed, are approved. The MCAZ scope of activities includes issuing of marketing authorizations/product licenses, post-marketing surveillance, laboratory analysis of samples, clinical trial authorization, regulation of advertising, site inspections/visits, import and export control, and licensing of premises and persons responsible for the manufacture, supply, distribution, storage, and sale of medicines.

The MCAZ currently has 143 full-time personnel including management, technical, and administrative staff. Twenty full-time reviewers are dedicated to assessing applications for marketing authorization/product licenses for synthetic and biological products, of whom 3 specialize in the review of biological products. As the MCAZ does not receive many applications for registration of biological products, the 3 reviewers also assess chemical/synthetic products (small molecules). The majority of the staff reviewing marketing authorization applications are pharmacists and some of them have post-graduate qualifications. However, no physicians are engaged in the regulatory review process for issuing marketing authorizations.

This section of the results has addressed objective 1 (to assess the current regulatory review process) and objective 5 (to identify the challenges and opportunities for an enhanced regulatory process, with a view to expediting patients' access to life-saving medicines).

#### Part II: Types of review models used in Zimbabwe

The MCAZ carries out all three types of established regulatory review models (McAuslane, 2009), although there are some differences in the requirement of the number of approvals by a reference agency. The verification (type 1) review is used only for WHO prequalified (PQ) products through the WHO Collaborative Medicines Registration Procedure (CRP), and this is typically for foreign generic medicines (WHO 2019b). This type of review is enabled because WHO shares unredacted assessment reports for PQ products with the manufacturer's consent and WHO GMP inspection outcomes are also available.

**Table 3.1: Target timelines for the MCAZ review process** 

Milestone / Process	Target	
Acknowledgement of receipt	30 calendar days	
Screening/Validation	60 calendar days	
Acknowledgement/Screening/Validation	90 calendar days	
Scientific assessment (per review cycle)	60 calendar days	
Sponsor response time (per review cycle)	60 calendar days	
Scientific Assessment + Sponsor Response	120 calendar days	
Expert Committee procedure	No target time	
Authorization procedure	60 calendar days	
Full review (Normally several cycles)	480 calendar days	
Abridged review	270 calendar days	
Verification review (WHO CRP)	90 calendar days	
Expedited Review/Fast Track	180 calendar days	
ZAZIBONA Review + Country Approval	270 + 90 calendar days	
Emergency Use Authorisation	14 calendar days	

Reviews involve ensuring that the product approved by the WHO PQ is the same as that submitted to the MCAZ and reviewing country-specific requirements such as labeling. Post-approval changes are communicated to the MCAZ by WHO PQ. The target timeline for this route is 90 calendar days (Table 3.1).

The abridged (type 2) review is used for products approved by at least one reference authority; for example, the European Medicines Agency, Medicines and Healthcare Products Regulatory Authority, United States Food Drug Administration, Australian Therapeutic Goods Administration, Health Canada, Japanese Pharmaceuticals and Medical Devices Agency and other mature agencies in Europe. This is the primary route for NCEs and biologicals. Generics and biosimilars approved by a reference agency will also go through the abridged route. However, the MCAZ does not have any formal agreements in place with any of these reference agencies to facilitate the

sharing of unredacted assessment reports, therefore public assessment reports are used instead. The target timeline for this route is 270 calendar days (Table 3.1).

A full review (type 3A) of quality, safety and efficacy is conducted for products not approved by any reference agency and these products are usually generics and biosimilars. For generics, the chemistry, manufacturing and control (CMC) and bioequivalence are reviewed sequentially whilst for biosimilars the quality, non-clinical and clinical data are reviewed in parallel. The target timeline for this route is 480 calendar days (Table 3.1). ZaZiBoNa products undergo a full review; however, they are placed in their own queue with a target timeline of 270 days for ZaZiBoNa review and 90 days for country approval. A type 3B review which involves an independent assessment of pre-clinical (safety) and clinical (efficacy) is not usually conducted except in a public health emergency, for example, the review of Covid 19 vaccines.

An expedited/fast track review is also conducted. Applications are placed at the front of the queue but can be assessed using any of the above types of review (1, 2, or 3) depending on the product. Applications from local manufacturing companies and products for unmet medical needs are also given a priority review. The target timeline for this route is 180 calendar days (Table 3.1). As a result of the Covid 19 pandemic, the MCAZ recently implemented the Emergency Use Authorisation procedure to ensure availability of critical medicines and medical products in a public health emergency. The target timeline for this procedure is 14 calendar days (Table 3.1).

#### Data requirements and assessment

At present, the Certificate of Pharmaceutical Product (CPP) is legally required for registration in Zimbabwe for all three review types, as this is used as evidence of registration in the country of origin and to confirm similarity of the product being submitted to Zimbabwe with the one that is approved in the country of origin. The requirement for the CPP may be waived at the time of submission of the application but the CPP must be submitted prior to registration. The legislation is in the process of being reviewed to remove this requirement. Evidence of compliance with good manufacturing practices (GMP) for both the active pharmaceutical ingredient and finished pharmaceutical product manufacturers, product samples, copies of the labeling, and a full dossier (modules 1-5) are required for all review types. A detailed assessment of the data is carried out and the relevant assessment reports prepared. The MCAZ performs benefit-risk assessments during the abridged review of NCEs and biologicals, as well as during a full review of biosimilars taking into account differences in medical culture/practice, ethnic factors, national disease patterns, and unmet medical needs. As previously stated, the Authority does not access internal assessment reports from other authorities except from the WHO through the collaborative registration procedure. However, publicly available reports such as European Public Assessment Reports and those from other reference/recognized agencies are used during the review process.

This section of the results has addressed objective 1 (to assess the current regulatory review process) and objective 5 (to identify the challenges and opportunities for an enhanced regulatory process, with a view to expediting patients' access to life-saving medicines).

#### Part III: Key milestones in the Zimbabwe regulatory review process

The regulatory review process and authorization of medicines are performed within the Evaluations and Registration division of the MCAZ, and this is depicted in Figure 3.1 including the milestones and timelines. This is a simplified representation of the main steps in the review of applications. The map represents the review and authorization of a product that goes to approval after one review cycle. It often takes a minimum of three review cycles before the review of a product is finalized. In addition, the map, does not include steps such as the submission of representations to the 'Administrative Court' within a specified period to appeal against the refusal of an application.

## Scientific assessment

The start of the scientific assessment is formally recorded. Scientific data are separated into quality, safety, and efficacy for review and these are assessed sequentially by one assessor when it is a generic medicine. However, the sections may also be assessed in parallel by different assessors when it is a biosimiliar medicine. At present, the primary scientific assessment is carried out by the Authority technical staff although in the past external assessors have been engaged under contractual agreement to work within deadlines set by the agency. Peer-reviewed assessment reports and recommendations are discussed by the external expert panel Registration Committee, which makes the final decision on registration or refusal of a product. The target timeline for each cycle of scientific assessment is 60 calendar days.

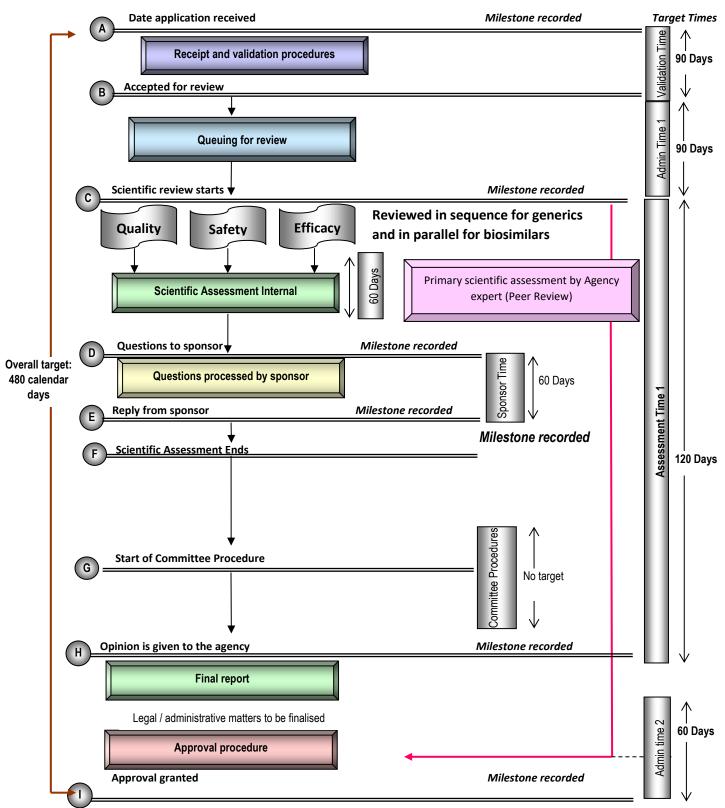
### Questions to applicant (sponsor)

There is an opportunity for applicants to hold meetings with the agency staff to discuss questions and queries that arise during the assessment and a record is generated during these meetings. Technical advisory meetings are also provided to local pharmaceutical manufacturers upon request, however unlike other jurisdictions, no fee is charged for these meetings. Questions are collected into a single batch after each review cycle and only sent to the applicant after the Registration Committee has made its decision. The applicant is allowed 60 calendar days to respond after each review cycle; however, due to manual tracking and requests for extension to the deadline, company time can exceed this target time. The scientific review ceases while questions are being processed by the sponsor; that is, a *clock stop* is applied; however, this time is not excluded when median approval time is calculated in practice as well as in this study.

#### **Expert committee**

The Registration Committee, which includes representatives from the disciplines of health, toxicology, pharmacy, medicine, public pharmaceutical science. biotechnology, and academia, meets once a month and makes decisions on registration or refusal of a product after the review of the scientific data by assessors. There is no target time limit for the Committee procedure. A letter communicating the decision Committee's prepared questions communicated is and the applicant/sponsor with a 60-day deadline. Responsibility for the decision lies with the Registration Committee, which uses a consensus process for decision making, and the MCAZ is mandated to follow its decisions.

Figure 3.1 Regulatory review process map for Zimbabwe showing target times in calendar days.



[The map represents the review and authorization of a product that goes to approval after one review cycle – the additional two cycles would add another 120 calendar days resulting to 480 as target review time].

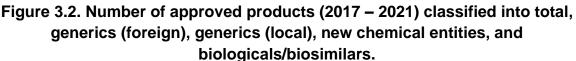
The criteria for granting or refusing a marketing authorization/registration relate only to the assessment of scientific data on quality, safety, and efficacy and is not dependent on a pricing agreement or on sample analysis. In some cases, sample analysis may be done in parallel with the scientific review, but for the majority of applications the analysis is carried out post-registration. Information in the summary of product characteristics (SPC) is reviewed and for generics this is expected to be similar to that of the reference/innovator SPC. Compliance with local labeling requirements; for example, pharmacological classification, is also a requirement for registration. Before a product is authorized, the manufacturing site must be deemed GMP compliant by the MCAZ inspectorate and this can be based on an onsite visit or a desk review where there is a GMP inspection by a recognized regulatory authority. The sponsor/applicant is informed of the authority's intention to approve the registration as well as any conditions of approval before the authorization is issued. At that stage, the sponsor is given 30 calendar days to respond. It can take approximately 60 calendar days from receiving a positive scientific opinion to issuing a certificate of registration (Table 3.1).

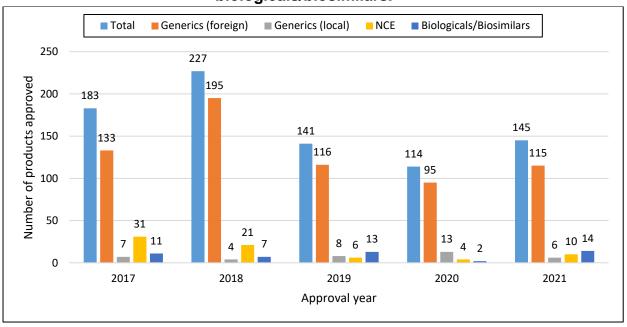
#### Approved products and review times

Classification of approved products

From 2017-2021, 81% of approved products were submitted by foreign companies. The majority of applications approved during the study period were generics manufactured by foreign companies followed by NCEs, biologicals/biosimilars and generics manufactured by local companies (Figure 3.2). In 2017, 73% of the products approved were generics (foreign), 17% were NCEs, 6% were biologicals/biosimilars and 4% were generics (local). In 2018, 86% of products registered were generics

(foreign), 9% were NCEs, 3% were biologicals/biosimilars and 2% were generics (local). In 2019, 82% of products registered were generics (foreign), 9% were biologicals/biosimilars, 5% were generics (local) and 4% were NCEs. In 2020, 83% of products registered were generics (foreign), 11% were generics (local), 4% were NCE and 2% were biologicals/biosimilars. In 2021, 79% of products registered were generics (foreign), 10% were biologicals/biosimilars, 7% were NCEs and 4% were generics (local). The highest number of products approved during the study period was 195 in 2018 for generics (foreign), 31 in 2017 for NCEs, 14 in 2021 for biologicals/biosimilars and 13 in 2019 for generics (local). There was a decreasing trend in the number of NCEs approved over the study period. All approved NCEs, biologicals and biosimilars were sponsored by foreign companies, there were no locally sponsored NCEs, biologicals or biosimilars. The lowest numbers were received in 2020 across all product categories except for generics (local) which was lowest in 2018.

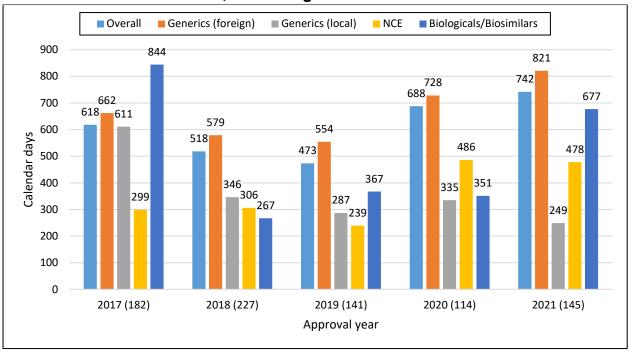




#### Review times for different product types

It is significant that there was an improvement in review times in the first three years of the study period for all categories of products, however in the last two years the review times increased (Figure 3.3). The median overall approval time for all products was initially reduced from 618 calendar days (n = 183) in 2017 to 518 days (n = 227) in 2018 and 473 days (n = 141) in 2019 before increasing to 688 days (n = 114) in 2020 and 742 days (n = 145) in 2021. The median approval time for generics (foreign) was initially reduced from 662 calendar days (n = 133) in 2017, to 579 days (n = 195) in 2018 and 554 days (n = 116) in 2019 before increasing to 728 days (n = 95) in 2020 and 821 days (n = 115) in 2021. The median approval time for local generics initially halved from 611 calendar days (n = 7) in 2017 to 346 days (n = 4) in 2018; 287 days (n = 8) in 2019 then increased to 335 days (n=13) in 2020 before decreasing again to 249 days (n=6) in 2021. The median approval time for NCEs initially remained relatively constant at 299 calendar days (n = 31) in 2017, 306 days (n = 21) in 2018 and 239 days (n = 6) in 2019 but in the last two years increased to 486 days (n=4) in and 478 days (n=10) in 2021. The median approval time for 2020 biologicals/biosimilars was initially reduced from 844 calendar days (n = 11) in 2017 to 267 days (n = 7) in 2018, 367 days (n = 13) in 2019, 351 days (n=2) in 2020 before increasing to 677 days (n=14) in 2021. The longest median approval time observed during the study period was (844 calendar days) for biologicals/biosimilars in 2017. The shortest median approval time observed was 239 calendar days for NCEs in 2019.

Figure 3.3. Median approval times (inclusive of applicants' time) (2017 – 2021) for all products (overall), generics (foreign), generics (local), new chemical entities, and biologicals/biosimilars.

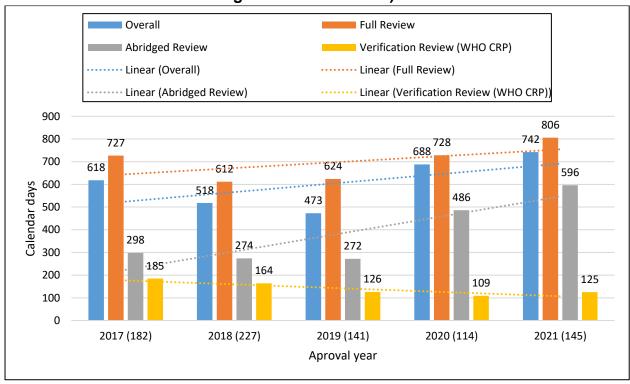


## Comparison of review times for different models

An improvement in review times was observed across all review models in the first three years of the study period before an increase in the last two years (Figure 3.4). The median approval time for full review (used for generics and biosimilars not approved by a reference authority) initially decreased from 727 days (n = 142) in 2017, to 612 days (n = 174) in 2018 and 624 days (n = 105) in 2019 before increasing to 728 days (n=98) in 2020 and 806 days (n=133) in 2021. The median approval time for abridged review (used for NCEs, biologicals, generics and biosimilars approved by a reference authority) initially decreased from 298 days (n=35) in 2017 to 274 days (n=36) in 2018 and 272 days (n=29) in 2019 before increasing to 486 days (n=9) in 2020 and 596 days (n=4) in 2021. The median approval time for verification review (used for WHO PQ products under the CRP) decreased from 185 days (n = 5) in 2017, to 164 days (n = 17) in 2018, 126 days (n = 7) in 2019, 109 days (n = 7) in 2020 and

125 days (n = 8) in 2021. The highest median approval time was 806 days (n = 133) in 2021 for products that had a full review and the shortest was 109 days (n = 7) in 2020 for products that had a verification review. In general, the median approval time for verification review was the shortest throughout the study period, followed by abridged review then full review. Products were approved in less than half the time taken for full review under abridged review except in the last two years where abridged review took approximately three-quarters of the time for a full review. Throughout the study period, verification review took a quarter or less of the time taken for a full review.

Figure 3.4. Median approval times (inclusive of applicants' time) (2017 – 2021) for different review models; that is, overall, full review, abridged review and verification review (World Health Organization WHO Collaborative Medicines Registration Procedure).



This section of the results has addressed objective 1 (to assess the current regulatory review process), objective 2 (to identify the key milestones and target timelines in the review process), objective 3 (to evaluate the overall performance for the review models

as well as the different product types approved by the Authority during the period 2017 to 2021) and objective 5 (to identify the challenges and opportunities for an enhanced regulatory process, with a view to expediting patients' access to life-saving medicines).

Part IV: Good review practices: Building quality into the regulatory process

The following quality measures were evaluated.

#### General measures used to achieve quality

GRevPs have been implemented by the agency, using WHO PQ as a standard, including the use of guidelines, standard operating procedures, assessment templates and screening checklists (Table 3. 2). These documents are not available to the public except the guidelines and the applicant's screening checklist, which are available on the MCAZ website www.mcaz.co.zw. The MCAZ top management has endorsed and formally adopted an internal quality policy that gives direction related to the quality of the review process. The agency produces an assessment report in English, which undergoes a process of internal peer review before consideration by the Registration Committee. A Registration Committee preparatory meeting serves as a quality assurance check before reports are taken to the Committee. Applicants / sponsors do not get a full copy of the assessment report and a redacted assessment report is not published on the website. Other tools used to build quality into the assessment process are the availability of the following platforms for communicating with applicants/sponsors and obtaining their feedback: procedures for submitting complaints by applicants/sponsors; annual stakeholder meetings; individual client meetings; and liaison meetings with stakeholders such as associations of pharmaceutical manufacturers, retail pharmacists, and pharmaceutical wholesalers.

#### Quality management

The MCAZ has identified quality management to be critical in achieving its values which are customer focus, continuous improvement, integrity and accountability. The Authority strives to be more efficient, to ensure consistency, and to increase transparency. The following activities are undertaken to bring about continuous improvement in the assessment and authorization process: reviewing assessors' feedback and taking necessary action; reviewing stakeholders' feedback through for example satisfaction surveys, complaints, meetings, or workshops and taking necessary action; using an internal tracking system to monitor quality parameters such as consistency, timeliness, efficiency, and accuracy. Internal quality audits such as self-assessments, as well as external quality audits by accredited certification bodies have helped to improve the system. The Authority has a dedicated Quality Unit for assessing and/or assuring quality in the assessment and registration process for medicines. Quality management review meetings are held quarterly to monitor implementation of quality standards across the organization.

#### Quality in the review and assessment process

Some measures that have been implemented to help improve the quality of applications and the scientific review are publication of various guidelines to assist industry as well as regular feedback to applicants on common deficiencies observed in applications for registration. These are made available through the MCAZ website, industry associations, meetings with stakeholders, and upon request. In addition, preapplication scientific advice has been given mostly to local manufacturers/applicants. Quality is monitored through the minutes of such meetings. The applicant is not given the contact information of the assessor to discuss their application during the review.

Table 3.2: Status of implementation of good review practices by MCAZ

Indicator	Status	Comments
Quality processes		
Internal quality policy	✓	
Good review practice system	√ I	
Standard operating procedures for	$\checkmark$	
guidance of assessors	<b>√</b>	
Assessment templates	✓ ✓ ✓	
Peer review	<b>√</b>	
Dedicated quality department	<b>√</b>	
Scientific Committee	V	
Shared and joint reviews	<b>√</b>	
Transparency and communication		
parameters		
Feedback to industry on submitted dossiers	✓	
Details of technical staff to contact during	×	
assessment		
Pre-submission scientific advice to industry	<b>√</b>	For local manufacturers
Official guidelines to assist industry	<b>√</b>	
Industry can track progress of applications	*	
Publicly available Summary Basis of	×	
Approval	<b>√</b>	
Approval times	<b>√</b>	Planned to formally
Advisory Committee meeting dates	•	implement
Approval of products		
Continuous improvement initiatives		
External quality audits	<b>√</b>	
Internal quality audits	<b>√</b>	
Internal tracking systems	<b>√</b>	
Review of assessors' feedback	<b>√</b>	
Reviews of stakeholders' feedback	✓	
Training and education		
International workshops / conferences	<b>√</b>	
External courses	<b>√</b>	
In-house courses	<b>√</b>	
On the job training	<b>√</b>	
External speakers invited to the authority	×	
Induction training	<b>√</b>	
Sponsorship of postgraduate degrees	<b>V</b>	In the form of study
Placements and secondments in other	<b>✓</b>	leave
regulatory authorities		

- Formally implemented
  Informally implemented
  Not implemented

However, there is some formal contact to discuss the status of pending products. Meetings are held by appointment on specific days of the week; however, applicants can send emails at any time requesting status updates from the administrative regulatory officer. Phone calls are largely discouraged but may be taken on designated days.

#### Shared/Joint reviews

The MCAZ is a founding member and active participant of the SADC collaborative medicines registration initiative ZaZiBoNA (MCAZ, 2022a; Sithole, 2020). The MCAZ acts as a rapporteur, performing the first review of a product application or as a corapporteur performing the peer review of an application for products assessed by the initiative for which marketing authorization in Zimbabwe is sought. The product application should have been submitted to a minimum of two countries to be eligible for review under ZaZiBoNa. The WHO carries out quality assurance for all reviews under the initiative. There are formal measures in place to ensure consistent quality during the review under the initiative through the use of guidance documents for assessors, use of common templates for assessment of generic medicines, and the availability of standard operating procedures. With the manufacturer's consent, the agency shares the assessment report with other regulatory authorities for ZaZiBoNA products. The joint reviews have served as a platform for training, particularly assessment of the active pharmaceutical ingredient and biologicals/biosimilars as well as greater exposure to WHO standards of assessments. To date, ZaZiBoNa has contributed 11% of total registrations in Zimbabwe in 2017 and 2019, and 4% in 2018, 8% in 2020 and 6% in 2021 (Sithole, 2019).

#### Training and continuing education as an element of quality

A formal training strategy and program for assessors is in place which includes training at induction, on-the-job training, internal and external short courses, support for postgraduate degrees, placements/secondments to more established regulatory authorities such as WHO PQ and The Federal Institute for Drugs and Medical Devices (BfArM) in Germany, and mentoring of junior assessors by more experienced assessors including peer review. The MCAZ does not seek direct assistance of more experienced agencies for the development of SOPs and guidelines, however guidelines published by more experienced agencies are referenced, adapted, or adopted during the development of country guidelines. The agency collaborates with other agencies in the training of assessors for example during pre-assessment training sessions at ZaZiBoNA or as co-facilitators for courses offered under the MCAZ RCORE. The MCAZ participates in training offered by WHO and other agencies. Once completed, a system is in place to evaluate the impact of any given training on the individual and on the division. The MCAZ participated in the exercise to determine the level of competence of assessors using the WHO Global Competence Framework for Assessors together with other SADC countries.

#### Transparency of the review process

Being open and transparent in relationships with the public, professionals, and industry is in line with MCAZ organizational values and is of high priority. The MCAZ identified the following top three incentives for assigning resources to activities that enhance the openness of the regulatory system: political will; the need to increase confidence in the system; and the provision of assurance regarding safety measures. Measures to achieve transparency include the provision of details regarding the registration

process on the MCAZ website including fees payable for the different pathways and regular stakeholder meetings to interact with applicants and discuss processes and timelines for approval. In addition, an online register of approved products is available on the website whilst approved, cancelled, refused, and withdrawn products are periodically published in the Government gazette. Although the MCAZ does not share assessment reports with applicants, the listed deficiencies or questions raised during assessment are shared with the applicant, which they are given a period of 60 days to address. When a product is refused registration, the reasons for the refusal are shared with the applicant. Furthermore, detailed statistics are published in the annual reports which the Minister of Health and Child Care presents to the Parliament. Copies of the MCAZ Annual Reports from 2011–2019 are available on the MCAZ website. Customer satisfaction surveys and complaint forms, which are freely available on the website, are used to obtain feedback from applicants on the quality of the review process.

At present, it is not possible for companies to track the progress of their applications, however this is something the Authority plans to do in the future. However, companies can follow the progress of their applications through meetings, e-mail and telephone contact. Currently, a database capable of archiving information on applications in a way that can be searched exists and an electronic tracking system has recently been implemented for internal use only.

This section of the results has addressed objective 1 (to assess the current regulatory review process), objective 4 (to evaluate how the quality of the process of decision making is built into the regulatory review process of medicines) and objective 5 (to

identify the challenges and opportunities for an enhanced regulatory process, with a view to expediting patients' access to life-saving medicines).

#### Part 5: Quality decision-making processes

Although some good decision-making practices are implemented, the MCAZ does not have a validated documented framework in place that forms the basis of the decision to approve or reject an application. The current process in place is based on custom and practice. Assessors use a decision tree to assign relative importance, that is, *critical* or *not critical* to findings, which ensures decisions/recommendations are made consistently regardless of the assessor.

One of the challenges identified is that the agency does not have measures in place to minimize the impact of subjective influences/biases on the agency's decision making for the process to approve or reject an application. In addition, there is no training provided in the area of quality decision making in general and neither is there a formal assessment to periodically measure the quality of decision making within the agency for the process to approve or reject an application. There is, therefore, room for improvement of the authority's decision-making process and the implementation of a framework.

This section of the results has addressed objective 1 (to assess the current regulatory review process), objective 4 (to evaluate how the quality of the process of decision making is built into the regulatory review process of medicines) and objective 5 (to identify the challenges and opportunities for an enhanced regulatory process, with a view to expediting patients' access to life-saving medicines).

#### DISCUSSION

The MCAZs vision is to be a leading and effective regulatory authority on the African continent. This is evidenced by its adoption of a robust quality management system and the implementation of good review practices in line with international best practice. Historically, the MCAZ has had the challenge of long registration times. Gwaza reported a range of 516 days to 1673 days median time to registration for the years 2003 to 2015 (Gwaza, 2016). To address this challenge, the MCAZ invested in improving and re-engineering its processes using international standards as a benchmark. Management invested financially in the hiring of a dedicated administrative regulatory officer to perform validation of applications thus preventing incomplete applications from clogging the pipeline, hiring of dedicated dossier reviewers and the introduction of one-week off-site retreats to allow assessors to review dossiers without disruptions. Management also invested in the development of an electronic tracking system. The process was also at the time evaluated which resulted in the setting of target times for all key milestones, adherence to the target times, stricter monitoring of deadlines given to applicants to respond to questions and limiting the number of review cycles to three which reduced the time previously spent with the applicant on the same issues when there was no limitation on the number of review cycles. In addition, the use of the abridged review model was extended to generics and biosimilars approved by recognised reference agencies where previously it was only used for new chemical entities and biologicals.

The results of this current evaluation show that the investment was worthwhile as the regulatory review process now incorporates milestones used by leading regulatory authorities globally and in the first three years the time to registration decreased over

time. The improvement in the process resulted in a decrease in the overall median approval time to 473 calendar days (15.8 months) in 2019, which is comparable to the review times of 10 to 16 months achieved for new active substances by mature and better resourced agencies (Bujar, 2017). However, in the last two years the timelines have increased across all product categories except locally produced generic medicines. This can be attributed to various factors such as the Covid-19 pandemic which was at its peak in 2020 forcing organisations to adopt a 'work from home' model due to travel restrictions resulting in loss of time and productivity in the beginning as adjustments were made. Other factors contributing to increased timelines were the loss of critical staff, withdrawal of measures previously implemented to reduce timelines such as retreats and the strain on resources during the expedited review of Covid-19 vaccines.

#### Performance against set targets

The results of this study show that the authority was meeting the targets set for overall approval time (480 days) and abridged review (270 days) at one point during the study period however this is no longer the case. Although the time taken for approval using the verification review (WHO CRP) is above the target (90 days), it is still very reasonable (125 days in 2021). The time taken for full review is much higher than the target of 480 days (806 days in 2021). Some of the reasons that contribute to a long approval time are a long queue time (the time a product spends in the queue from receipt to the start of the scientific assessment), an inadequate number of experienced reviewers, and numerous requests from applicants for deadline extensions to respond to reviewer questions. The queue time is indicative of the resources available to perform the work and a target of 180 days is too long, reflecting the need for an

evaluation of the adequacy of human resources available to review products as well as the ability of the MCAZ to retain staff with key competencies and expertise. Gwaza reported that the authority had a relatively young workforce of assessors/reviewers, two of whom had doctorates at that time in 2014 (Gwaza, 2016); however, when compared with results from the current study conducted five to seven years later, the workforce is still relatively young and the two reviewers with doctorates are no longer a part of the team of reviewers. This points to a problem of high staff turnover and poor skills retention, which needs to be addressed if the queue time and overall timelines are to be improved.

#### **New chemical entities**

While generics play an important and critical role in ensuring access to life saving treatment in LMICs, the need for new and innovative medicines cannot be overlooked. Some patients have reported better outcomes with innovator brands compared with generic products (Dunne, 2013) and NCEs should be approved and readily available on any market. This will reduce the cost of the medicine, unlike the situation in which the unregistered NCE is imported for the patient under section 75, a provision in the Medicines and Allied Substances Control Act, which waives the requirement for registration of unregistered medicines imported on a doctor's prescription and named patient basis. NCEs or innovative products are normally only launched onto the African market after a number of years of approval and use in well-resourced markets (Rago et.al, 2008) making them low-risk products with established efficacy and safety, which have undergone a rigorous review by a mature agency. The results of this study show that the MCAZ uses risk stratification for all NCEs by conducting an abridged review. This process once proved effective, as the median approval time for NCEs was for the

first three years the lowest of all the product types registered in Zimbabwe, ranging from 239 to 306 calendar days (8-10 months) over the study period and did not result in any increase in the incidence reports of post-marketing adverse events at the time. The review times for NCEs for the first three years of the study period were comparable to the time taken by mature agencies and much lower than the 3-6 years reported for review of new active substances in other countries in the region who conduct a full review (Keyter, 2020). This however, changed in the last two years in which there is now a very small difference between the time taken for abridged review and full review implying that the abridged review is not being implemented effectively. The results of this study show that all products are placed in the same queue for review regardless of the type of review to be conducted which may also be contributing to the long timelines for abridged review in recent years. This is different from some countries in the region where applications for NASs are placed in a different gueue from applications for generic medicines (Keyter, 2020). There has been a decrease in the number of NCEs registered in Zimbabwe from 2017 to 2021 which could be due to various reasons, such as economic factors beyond the regulator's control. However, the MCAZ can encourage submission or registration of NCEs by having a separate queue for these products since the numbers are very low compared with generics, and the type of review conducted is different. It is also likely that the NCEs will be addressing an unmet medical need. This will be a process improvement that will reduce approval time and improve access to new and innovative life-saving medicines by patients in Zimbabwe.

### Biologicals and biosimilars

The LMICs in the African region suffer the highest burden of infectious diseases such as HIV/AIDS and tuberculosis (Corbett, 2003; WHO, 2019f) which has resulted in most of the countries developing policies to promote the prescription and use of generic medicines (Kaplan, 2012) to ensure access to treatment by as many patients as possible at affordable prices. In addition, in recent years, there has been a rise in the prevalence of non-communicable diseases such as cancer in LMICs (Bos 2006; Miranda 2008) and the cost of biologicals used for treatment of diseases such as cancer is prohibitive, leading to a rise in the use of biosimilar medicines. Review of applications for registration of biologicals and biosimilars requires different competencies to those required for small molecules. There is also a component of benefit-risk assessment to be considered for biosimilars that is not critical for small-molecule generic medicines.

From this study, we found that most biosimilars received in Zimbabwe require a full review as they are not approved by any of the reference authorities. The median approval time for biosimilars and biologicals of 844 calendar days (28 months) in 2017 was the highest for all product types during the study period. This was because in 2017, the agency had only just established a dedicated unit for biological products with three reviewers and there was limited knowledge and experience to review these products. However, the greatest reduction in median approval time over the study period was observed for biologicals and biosimilars from 844 calendar days in 2017 to 267 days in 2018 owing to the reviewers gaining more knowledge and expertise in the area as well as the use of an abridged review for biologicals and biosimilars approved by a recognized reference authority. However, in 2021 the median approval time for

biologicals/biosimilars increased to 675 days and this could be attributed to the loss of critical staff. A study should be conducted to determine why more manufacturers/applicants of biosimilars approved by reference authorities are not seeking market authorization for their products in the LMICs. Such products would drastically reduce the cost of treatment for patients who often have to pay out of pocket for treatment and therefore justifies shorter registration times for such products.

### **Local products**

Markets eroded by sub-standard and falsified medicines due to weak regulation, inadequate technology, outdated equipment and facilities, inadequate research and development and lack of appropriately skilled personnel were cited as some of the challenges faced by the pharmaceutical manufacturers in Africa in the Pharmaceutical Manufacturing Plan for Africa (PMPA) business plan developed by a partnership of the African Union Commission (AUC) and the United Nations Industrial Development Organization (AUDA NEPAD, 2020). The figures presented in this study on the number of generics registered from local and foreign companies, show that local manufacturers contributed 5%, 2%, 7%, 12% and 5% respectively of the generic products registered from 2017–2021. Recognizing the role that local manufacturers can play in reducing the cost of medicines and contributing to public health, the MCAZ has adopted a policy to prioritize the review of locally manufactured medicines. This has resulted in a reduction in the median approval time (inclusive of the applicants' time) of local generics from 611 calendar days (20 months) in 2017 to 346 days (11.5 months) in 2018, 287 calendar days (9.5 months) in 2019, 335 days (11.2 months) in 2020 and 249 (8.3 months) in 2021. The MCAZ also plays a capacity-building role through the collaboration on the GMP roadmap for manufacturers and trainings offered

to industry through its RCORE. It is envisaged that as the challenges identified in the PMPA business plan are addressed, the product portfolio of local manufacturers as well as their presence on the market will increase. The median approval time can be further reduced by limiting the number of review cycles and applicants adhering to the deadlines to respond to questions.

### **Electronic tracking system**

The MCAZ has implemented an electronic tracking system that should enable easier tracking and reporting of the *clock stop, clock start* but this is yet to be fully optimised. This will help both applicants/sponsors and the agency to see their contribution to the overall approval time. At present, the authority's target timelines are set and measured inclusive of the applicant's time. The shortcoming of this approach is that the authority includes company time when measuring its performance and yet this is not within its control. An element of good review practices yet to be implemented by the MCAZ is to enable applicants to track the progress of their applications. The authority should consider further improving the electronic tracking system to allow applicants to submit applications online and track their progress.

The MCAZ implements the three types of review models in line with international standards. The milestones in the review process are formally recorded and targets have been set for each milestone. Performance against set targets is monitored. All except four indicators for good review practices are either formally or informally implemented. Although good decision-making practices are implemented, there is need to have a formal decision-making framework in place.

### **RECOMMENDATIONS**

The following opportunities for system/process improvement were identified from this study:

- The adequacy of human resources available to review products as well as the ability of the authority to retain staff with key competencies and expertise should be evaluated.
- The authority should consider mainly the agency time when setting target timelines and measuring performance but the timeframe for the applicant's responses should only be extended if there is a good rationale as this affects the overall approval time.
- Applications should be placed in different queues according to the review type, for example, products requiring full review should have a separate queue from products eligible for abridged or verification review.
- The MCAZ should, where possible, pursue formal agreements with chosen reference agencies to facilitate the sharing of unredacted assessments reports or alternatively to encourage manufacturers to use the recently published WHO collaborative procedure to facilitate the accelerated registration of products approved by mature regulatory agencies (WHO, 2018)
- The authority should consider improving the recently implemented electronic tracking system to allow applicants to track the progress of their applications in line with good review practices.
- Since there is no formal decision-making framework in place, a study should be conducted, using validated tools, to ascertain the decision-making practices in the agency. The results of the study could then be used to close any gaps identified

_	The ourrent templates and the honefit right framework used for chridged reviews
•	The current templates and the benefit-risk framework used for abridged reviews
	should be evaluated and compared with those of comparable or reference
	agencies to determine if there is need for improvement.
	agencies to acternate a tricre to necessite amprovement.

### SUMMARY

- Unlike high-income countries, there is limited information in the public domain on the regulatory review/assessment systems and performance of LMIC
- The aims of this study were to assess the current regulatory review process of the Medicines Control Authority of Zimbabwe (MCAZ), identify key milestones and target timelines, evaluate the overall performance from 2017–2021, identify good review practices, evaluate the quality of decision-making processes, and identify the challenges and opportunities for improvement.
- Data identifying the milestones and overall approval times for all products
   registered MCAZ from 2017 2021 were collected and analyzed.
- The MCAZ successfully implements three types of review models in line with international standards by conducting a full review of quality, safety, and efficacy data for generics and biosimilars not approved by a reference agency, an abridged review for products approved by a reference agency and a verification review for World Health Organization prequalified products under the collaborative registration procedure.
- The majority of applications approved during the study period were generics
  manufactured by foreign companies followed by NCEs, biologicals/biosimilars
  and generics manufactured by local companies. All approved NCEs, biologicals
  and biosimilars were sponsored by foreign companies and there were no locally
  sponsored NCEs, biologicals or biosimilars.
- The longest median approval time observed during the study period was 844 calendar days for biologicals/biosimilars in 2017. The shortest median approval time observed was 239 calendar days for NCEs in 2019.

- The highest number of products approved during the study period was 195 in 2018 for foreign generics, 31 in 2017 for NCEs, 14 in 2021 for biologicals/biosimilars and 13 in 2019 for local generics. The lowest numbers were seen in 2020 across all product categories except for local generics which was lowest in 2018.
- Guidelines, standard operating procedures, and review templates were in place
  and the majority of indicators for good review practices were implemented.
   Although quality decision-making practices were implemented there was no
  formal framework in place.
- Overall, the results of this study demonstrated that the target timelines set and communicated by the authority to stakeholders and previously thought to be realistic and achievable, were no longer being met with the current resources available. Therefore there is a need for an urgent intervention to prevent a further increase in the timelines
- Recommendations made such as the review of available human resources, separation of agency and company time when setting and measuring targets, review of the templates and benefit-risk framework used for abridged review and the development of a decision-making framework, present opportunities for an enhanced regulatory review process.

# **CHAPTER 4**

Comparison of the registration process of the Medicines Control Authority of Zimbabwe with Australia, Canada, Singapore, and Switzerland: Benchmarking best practices

# INTRODUCTION

The United Nations Sustainable Development Goal (SDG 3) "to ensure healthy lives and promote well-being for all at all ages" (United Nations, 2021) is supported by the regulation of medicines, which ensures that medicines and medical products, made available to the public, are quality- assured, safe and effective (Guzman et.al, 2020; Khadem et.al, 2020). One of the targets for SDG 3 is universal health coverage by 2030. This can be defined as access to essential health services, including prevention, treatment, rehabilitation and palliative care for all people, regardless of financial standing (Evans et.al, 2013; WHO, 2021) and medicine regulatory authorities are a pivotal component of the healthcare system (Lumpkin et.al, 2012).

Currently, many low- and middle-income countries (LMICs) have regulatory systems that need strengthening (Khadem et.al, 2020; Ndomondo-Sigonda et.al, 2017), and this results in backlogs of applications for marketing authorization. These challenges affect the timely access to quality assured medicines and healthcare delivery. Effective regulation of medicines reduces the costs incurred by patients and the healthcare delivery system due to undesirable outcomes such as adverse reactions caused by the use of unsafe medicines, and treatment failure or the development of resistance due to the use of unregistered medicines that may have sub-therapeutic levels of active ingredients (Rägo et.al, 2008). Moreover, the cost of medicines also decreases with the increase in registered alternatives of the same molecule (Dunne et.al, 2013; Kaplan et.al, 2012). Therefore, the need for improvement and the strengthening of regulatory systems in LMICs cannot be overstated. The World Health Organization (WHO), supported by the World Health Assembly resolution 67.20, has been working to strengthen regulatory systems for medical products in these countries using the

Global Benchmarking Tool (GBT) (WHO 2021b). The GBT evaluates the maturity level of a regulatory system, with a level 1 designation signifying that 'some elements of a regulatory system exist' and level 4, 'a regulatory system operating with an advanced level of performance and continuous improvement is established' (WHO 2014). The outcome of the GBT assessment is the designation of a maturity level, from1 to 4, by WHO and the development of an Institutional Development Plan, which summarizes gaps as well as the activities and resources required to strengthen the regulatory system (WHO 2019d). A separate process for designation of WHO-listed authority status is under consideration. A number of African countries have already been assessed using the WHO GBT, and Egypt, Ghana, Nigeria and Tanzania have attained maturity level 3, which represents a stable, well-functioning and integrated regulatory system' (Khadem et.al, 2020; WHO, 2019e; WHO, 2021c, WHO 2022). The MCAZ underwent a formal benchmarking assessment from August 2021. The MCAZ is now in the process of developing corrective and preventive actions (CAPA) to address the findings identified in the Institutional Development Plan (IDP).

### Regulatory landscape in Zimbabwe

Zimbabwe is a country in the Southern African region bordered by Botswana, Mozambique, Namibia, South Africa, and Zambia (IMF, 2017), with a population of just under 15 million in 2020. The gross domestic product (GDP) for Zimbabwe in 2020 was USD 18 billion (World Bank, 2021), however, the government has declared a goal for Zimbabwe to become a "prosperous and empowered upper middle-income economy by 2030" coining the phrase "Vision 2030" (Republic of Zimbabwe, 2018). Accordingly, various measures are being implemented to achieve this including the objective of responsive public institutions (Republic of Zimbabwe, 2018). The

Medicines Control Authority of Zimbabwe (MCAZ) is an autonomous agency under the Ministry of Health and Child Care and successor to the Drugs Control Council established by an Act of Parliament, the Drugs and Allied Substances Act of 1969 (MCAZ, 2020; Sithole et.al, 2021c). The MCAZ is responsible for regulating medicinal products for human and veterinary use as well as medical devices (Sithole et.al, 2021c) and there are plans to expand its scope of control to an extended range of medical devices and blood and blood products. The scope of activities carried out by the MCAZ are the issuing of marketing authorizations/product licenses, postmarketing surveillance, laboratory analysis of samples, clinical trial authorization, regulation of advertising, site inspections/visits, import and export control, and licensing of premises and persons responsible for the manufacture, supply, distribution, storage, and sale of medicines (Sithole et.al, 2021c)

Over the years, the MCAZ has been involved in various activities with the aim to improve capacity, for example, participation in the WHO prequalification of medicines and global benchmarking programmes as well as the Southern African Developing Community (SADC) regional work-sharing initiative, ZaZiBoNa, which MCAZ coordinates as the SADC medicines registration harmonization (MRH) project's implementing agency. As a result of this investment, the MCAZ has been recognized by the African Union Development Agency New Partnership for Africa Development (AUDA NEPAD) as a regional center of regulatory excellence (Ndomondo-Sigonda et.al, 2018; Sithole et.al, 2021c) and was identified in the Zimbabwe National Development Strategy for 2021 - 2025 as being pivotal in the improvement of the pharmaceutical value chain. The same strategy specified that registration timelines must be reduced to facilitate access to medicines by the Zimbabwean people

(Republic of Zimbabwe, 2021). Sithole and colleagues (2021) recommended a comparison of the registration process of Zimbabwe with other countries in the Southern African Developing Community (SADC) region as well as higher income countries of comparable size with mature regulatory authorities, for the purpose of continuous improvement and benchmarking (Sithole et.al, 2021c). The aim of this chapter therefore was to review the registration process of Zimbabwe in comparison with Australia, Canada, Singapore, and Switzerland to identify areas of strength of the MCAZ as well as opportunities for improvement including implementing best practices with the goal to ultimately reduce registration timelines and improve patients' access to life-saving medicines.

### STUDY OBJECTIVES

The objectives of this study were to identify the strengths and opportunities for improvement by comparing the Medicines Control Authority of Zimbabwe with the regulatory authorities of Australia, Canada, Singapore and Switzerland by examining the following;

- registration process including key milestones
- target timelines
- review models employed
- data requirements and extent of scientific assessment
- number of NASs approved from 2019 2021
- review times for NASs approved from 2019 2021
- quality measures employed

# **METHODS**

### **Study participants**

The regulatory authorities included in this study were the Therapeutic Goods Administration (TGA) of Australia; Health Canada, Health Sciences Authority (HSA) of Singapore, and Swissmedic of Switzerland. These authorities were selected because of their size and the type of review models employed. In addition, it was imperative to include mature, WHO-recognized agencies that would contribute to the goals of this comparison, allowing the MCAZ to learn from best practices. The strength of the group of countries selected for this comparison is their similarity to the MCAZ in their participation in collaborative regulatory initiatives.

#### Data collection

Data for the comparator authorities was originally collected in 2014 and subsequently updated for 2020 and 2021, including metrics data for all the comparator agencies (CIRS, 2020, CIRS 2021) except HSA, which was updated from public domain, whilst data for Zimbabwe was collected in 2019 (Sithole et.al, 2021c) and subsequently updated for 2020 and 2021. A questionnaire that standardizes the review process, allowing key milestones, activities and practices of the five regulatory authorities to be identified (McAuslane et.al, 2009) was completed by a senior member of the division responsible for issuing marketing authorizations and validated by the head of the agency.

The 5-part questionnaire comprises the following:

 Part 1: Organization of the agency; that is, the organization, structure, and resources of the agency.

- Part 2: Types of review model; that is, the review models employed for scientific
  assessment, the level of data required, and the extent of assessment of the
  data as well as reliance on other authorities if applicable.
- Part 3: Key milestones in the review process; that is, the process of assessment starting from receipt of the dossier, validation/screening, the number of cycles of scientific assessments including the questions to the sponsor/applicant, expert registration committee meetings to the final decision on approval or refusal of a product for registration. A standardized process map, developed based on the experience of studying established and emerging regulatory authorities, was embedded in the questionnaire. Data for new active substances (NASs), approved by the study participants in 2019 2021 was extracted from the literature as well as the information provided by the agency.
- Part 4: Good review practices (GRevP); that is, the activities adopted to improve
  the consistency, transparency, timeliness, and competency, building quality in
  the review process.
- Part 5: Quality decision-making processes; that is, the practices implemented to ensure quality decision making during the process of registration.

### Models of regulatory review

There are three models that can be used by national authorities for the regulatory review of products (McAuslane et.al, 2009) and these are:

by two or more reference regulatory authorities and employs a verification process to ensure that the product under review conforms to the previously authorized product specifications. A reference regulatory authority is

- defined as a mature and established authority whose reviews or decisions are relied on by another regulatory authority.
- v) Abridged review (type 2): the agency conducts an abridged review (reduced in scope and length, while retaining essential elements) of a medicine approved by at least one reference authority, taking into consideration local cultural and environmental factors.
- vi) Full review (type 3A): the agency performs a full review of quality, safety, and efficacy of the product, but requires prior approval by another authority and/or type 3B which involves independent assessment of the same but does not require prior approval of the product by an authority.

In recent years, regulatory authorities have successfully implemented a work-sharing model of review in the form of joint reviews or coordinated assessments. For Zimbabwe, this is achieved through participation in the ZaZiBoNa initiative (Sithole et.al, 2020) and for Australia, Canada, Singapore and Switzerland, through the ACCESS consortium (McAuslane et.al, 2017). The other members of the ZaZiBoNa initiative are Angola, Botswana, Comoros Islands, Democratic Republic of Congo, Eswatini, Lesotho, Madagascar, Malawi, Mauritius, Mozambique, Namibia, Seychelles, South Africa, United Republic of Tanzania and Zambia. In January 2021, the United Kingdom also became a member of the ACCESS consortium.

### **RESULTS**

For the purpose of clarity, the results will be presented in five parts: Part I – organization of the regulatory authorities; Part II – review models; Part III – key

milestones in the review process; Part IV – good review practices; and Part V – quality decision-making practices.

### Part I - Organization of the regulatory authorities

The five authorities have similar scopes and mandates to regulate medicinal products and medical devices although for the MCAZ the scope for medical devices is currently limited to gloves and condoms. In addition, TGA, Health Canada and Swissmedic also regulate in vitro diagnostics while only TGA and Health Canada regulate blood and blood products. Cell and tissue products, food, complementary medicines and/or natural health products were outside the scope of this study. The MCAZ has 143 employees in total, translating to a staff to population ratio of 9 per million. This figure is very low when compared with the other four countries: TGA 31, Health Canada (Health Products and Food Branch) 60, HSA 102 and Swissmedic 45. In general, the fees charged for both proprietary and non -proprietary products are much lower for MCAZ compared with the fees charged by the four authorities in the high-income countries. The MCAZ receives no funding from the government. In comparison, the TGA review of medicines and medical devices is fully cost recovered with no government funding, while for Health Canada, HSA and Swissmedic government contribution to funding is 67%, 80% and 18%, respectively.

#### Part II - Review models

The major difference in the review models between Zimbabwe and the other four countries is that the MCAZ requires a certificate of pharmaceutical product (CPP) – confirming that the medicine has been approved in the country of origin before it can be registered. The MCAZ conducts a full review (type 3A) only for generics and

biosimilars not approved by a reference authority but approved in the country of origin while the other agencies conduct a full review for all products. All of the studied agencies, with the exception of Health Canada, conduct abridged reviews while only the MCAZ and HSA conduct verification reviews (Table 4.1). The MCAZ currently uses verification review only for WHO-prequalified products while HSA conducts verification reviews for products approved by two reference authorities. All five agencies have a formal priority review procedure for medicines used in conditions for which no other treatment exists or for medicines improving existing therapies.

Table 4.1: Models of assessment employed by the five agencies

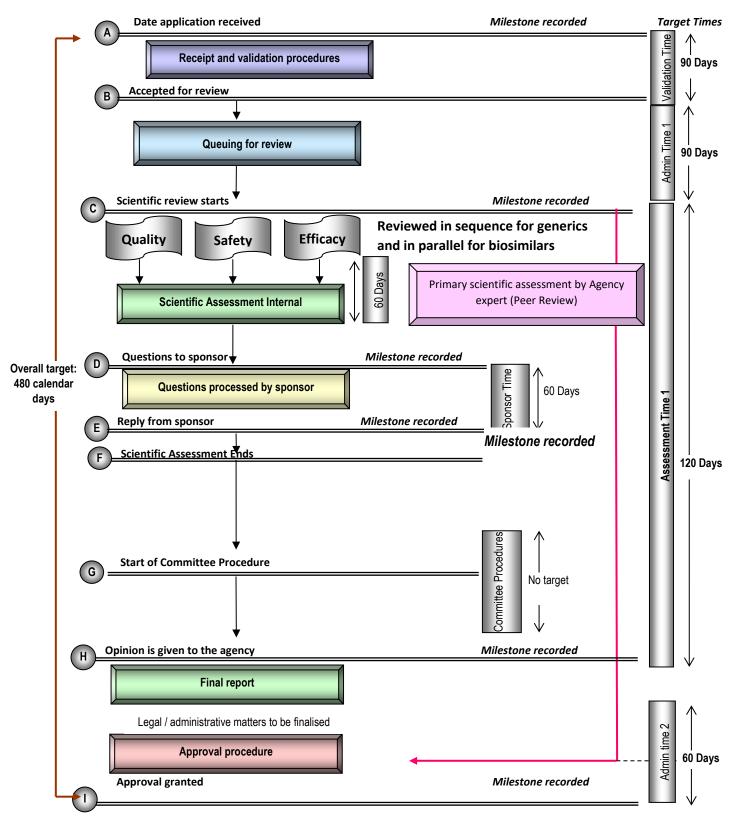
Review model	Zimbabwe	Australia	Canada	Singapore	Switzerland
Verification review	✓	×	×	✓	×
(type 1)					
Abridged review	✓`	✓	<b>x</b> a	✓	✓
(type 2)					
Full review (type	✓	✓	✓	✓	✓
3A)					
Full review (type	×	✓	✓	✓	✓
3B)					

<sup>&</sup>lt;sup>a</sup> A forward regulatory plan 2020 – 2022 has been developed with an initiative title of 'regulations amending the food and drug regulations - use of foreign decisions pathway' which will enable abridged review of products approved by a trusted authority.

#### Part III - Key milestones in the review process

The MCAZ has defined key milestones and target timelines in the regulatory review process. The simple map (Figure 4.1) (Sithole et.al, 2021c) illustrates the full review process for a product that is approved after one cycle with no questions raised after assessment.

Figure 4.1: Regulatory review process map for Zimbabwe showing target times in calendar days



[The map represents the review and authorization of a product that goes to approval after one review cycle – the additional two cycles would add another 120 calendar days resulting to 480 as target review time]

Steps taken in the event that a registration application is refused, are not depicted in the process map. The review process and milestones recorded are similar for TGA, HSA and Swissmedic; however, the targets for each milestone are different. For Health Canada, the milestones are similar; however, the clock is only stopped for a notice of deficiency but not for clarification requests, which are sent during review. In addition, the agency does not have a target or formal milestone for queuing in the review process. All five agencies have defined target times for the key milestones in their review processes (Table 4. 2).

### Pre-submission procedure

The MCAZ has no pre-submission procedure for applicants who are planning to submit applications for registration. However, the HSA requires a notice of intent to submit an application for type 3 review. The TGA, Health Canada and Swissmedic provide applicants an opportunity to meet with agency staff to discuss upcoming submissions. This allows the agency to plan resources, become familiar with the application and discuss any issues with the applicant prior to submission.

#### Validation

All five agencies perform this administrative step in the review process to screen applications for completeness within specified timelines (Table 4.2). The legal status of the applicant as well as format, fees and good manufacturing process (GMP) status are some of the issues checked at this stage. The MCAZ has the longest target time for validation at 90 days, followed by Health Canada at 55 days, then HSA and Swissmedic at 30 days while TGA has the shortest target time of 15 – 21 days.

Table 4. 2: Comparison of target times in the full review process for the five agencies (calendar days)

Target	Zimbabwe	Australia	Canada	Singapore	Switzerland
Validation	90	15 – 21	55	30	30
(including					
screening)					
Scientific	60 / cycle	180	300	N/A	300
assessment					
Applicant response	60	30 - 60	15 per clarifax	14 – 60	90
time			90 for NOD <sup>a</sup>		
Expert	No target	75 – 105 <sup>b</sup>	N/A	N/A	N/A
Committee(s)					
Authorisation	60	30	N/A	N/A	30 - 90
procedure					
Overall Approval	480 ( incl.	330 (incl.	355 (excl.	360 - (excl.	330 (excl.
time	applicant time)	applicant time) c	applicant time)	applicant time)	applicant time)

N/A = Not available

<sup>&</sup>lt;sup>a</sup> clarifax = request for clarification; NOD = notice of deficiency.

<sup>&</sup>lt;sup>b</sup> Includes consideration of the applicant's pre-Advisory Committee on Medicines response as well as writing up of the Committee's advice.

<sup>&</sup>lt;sup>c</sup> From acceptance for evaluation through to the registration decision. The legislated TGA commitment for the same milestone is 255 working days (357 calendar days); however, this is not used for planning or for target times.

#### Queuing

The queue time is the time taken between acceptance of a submission for evaluation and the start of the scientific assessment. Queuing is indicative of a backlog and lengthens the overall approval time of products. The MCAZ has a target queue time of 90 days while the HSA queue time is 90 -180 calendar days. Health Canada does not have a queue time milestone but reviews do not necessarily start following acceptance. The TGA and Swissmedic reported that they do not have a backlog therefore there is no queuing of applications.

#### Scientific assessment and data requirements

All five agencies require the full modules 1 to 5 of the Common Technical Document format; that is, chemistry, manufacturing and control (CMC), non-clinical and clinical data as well as summaries, regardless of the review model used. An extensive assessment of all the sections is conducted under the full review model. The review of the quality, safety and efficacy data is carried out in parallel by four of the agencies, whereas MCAZ reviews these sections sequentially for all products excluding biosimilars (Sithole et.al, 2021c). The pricing of medicines is not regulated in Zimbabwe. Pricing negotiations are separate from the technical review in the comparator agencies; however, in Australia and Canada, there is an option for health technology assessments to be conducted in parallel with the regulatory review.

For Health Canada, 90% of NASs are issued with a decision after the first review cycle, whereas assessments are completed in one or two cycles for TGA and Swissmedic 4and three to four cycles for MCAZ. The TGA, Health Canada and Swissmedic set targets for both the primary scientific assessment and the second round of assessment

and in addition share the assessment reports with the applicant. Similarly, the MCAZ also sets targets for both the primary and second round of assessments although the MCAZ does not share assessment report with applicants. The MCAZ however, does not share assessment reports with applicants. The TGA, Health Canada, Swissmedic and HSA make use of internal and external experts to perform reviews while the MCAZ currently uses internal experts for reviews and external experts only for the Committee procedure. The MCAZ has provision for use of external experts for reviews however, none were employed at the time of the study.

### Questions to applicant

Applicants are given the opportunity to respond to questions arising during the assessment in all the five agencies. The MCAZ collects all the questions into a single batch and sends these to the applicant at the end of each review cycle (stop-clock) and only after presentation to the external expert Committee. The HSA and Swissmedic send the questions to the sponsor/ applicant at the end of a review cycle but before presentation to the Committee. Health Canada sends questions to applicants during review known as clarification requests. This is done independently by the safety, efficacy and quality review streams. However, the review is paused and a notice of deficiency (NOD) sent to the applicant if the observed deficiencies prevent continuation of the review. Applicants are allowed only one NOD per application. This is similar to TGA, whose assessors can contact the applicant directly to seek clarification during the review process. The TGA usually presents the report to the committee when it is at an advanced stage, although there is scope to obtain committee or subcommittee advice at an earlier stage, whereas there is no formal

procedure for committee involvement at Health Canada. The time given to the applicant by the five agencies ranges from 14 – 90 days (Table 4.2).

#### Expert committee

All five agencies engage expert or advisory committees at different points in the regulatory review process. The MCAZ is the only agency mandated to follow the committee's decision. The other four agencies use the committee in an advisory capacity to provide expert opinions and additionally the committee for Swissmedic may also conduct assessments or reviews.

### Authorization

Labelling issues must be addressed before a product is authorized in all five agencies. At the MCAZ, responsibility for the marketing authorization decision lies with the Registration Committee. The Director General makes the decision on registration for Health Canada and HSA, whereas for TGA, the responsibility is delegated to a senior medical officer, and at Swissmedic the decision is made by the case team with the involvement of the Head of Division/Sector. In all five agencies, compliance with GMP is audited during the review process and the outcome informs product authorization. The target time for the overall approval for a full review for the MCAZ is 480 days, inclusive of the applicant's time and this is comparable to the target times for the comparator countries: TGA, 330 days including the applicant time; Health Canada, 355 days excluding applicant time to respond to an NOD and any other approved pauses, ranging from 5 to 90 days; HSA, 378 calendar days excluding the queue and applicant time; and Swissmedic, 330 days excluding the applicant time (Table 4.2). The target times are comparable because the 480 days for MCAZ includes the

applicant's time. If the applicant's time (target 60 days per assessment cycle for 2 cycles) was to be excluded, this would come down to 360 calendar days.

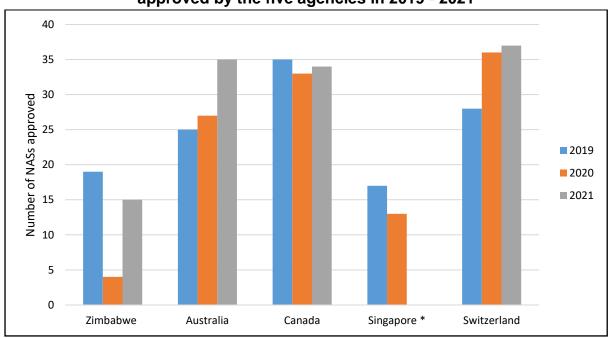


Figure 4.2: Comparison of the number of new active substances (NAS) approved by the five agencies in 2019 - 2021

# Metrics of approved products and review times

The number of NASs approved in 2019 - 2021 was documented (Figure 4.2). In 2019, Health Canada had the highest number of NASs approved at 35, followed by Swissmedic at 28, TGA at 25, MCAZ at 19 and HSA at 17. In 2020, Swissmedic had the highest number of NASs approved at 36, followed by Health Canada at 33, TGA at 27, HSA at 13 and MCAZ at 4. In 2021, Swissmedic had the highest number of NASs approved at 37, followed by TGA at 35, Health Canada at 34 and MCAZ at 15. Data for HSA for 2021 was not available. The median approval time (from submission to completion of scientific assessment) for NASs in 2019 - 2021 for the five agencies

<sup>\*</sup> Figures for 2019 and 2020 were obtained from industry data. Data for 2021 was not available

was evaluated (Figure 4.3) and in 2019, MCAZ had the shortest approval time of 272 calendar days followed by Swissmedic at 312, Health Canada at 342, TGA at 346 and HSA at 414 calendar days. In 2020, Health Canada had the shortest approval time of 306 calendar days followed by TGA at 315. These approval times were also shorter than the previous year's times. However, Swissmedic, HSA and MCAZ's review times increased to 470, 456 and 486 days respectively in 2020. In 2021, Health Canada had the shortest approval time of 301 days, followed by TGA at 350 days, Swissmedic at 392 days and MCAZ at 478 days. It should be noted however that the MCAZ and HSA conduct an abridged review of NASs, as these would have already been approved by a reference agency. The times presented for Australia, Canada and Switzerland are for a full review.

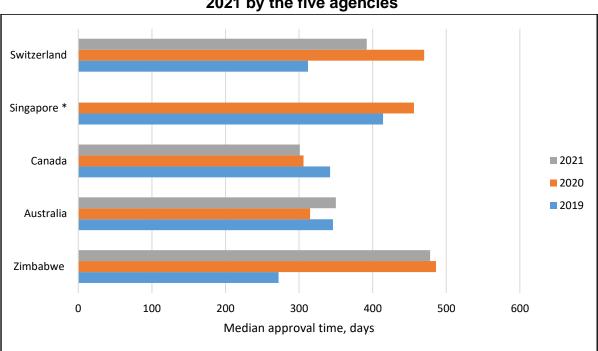


Figure 4.3: Comparison of median approval time for NASs approved in 2019 - 2021 by the five agencies

<sup>\*</sup> Figures for 2019 and 2020 were obtained from industry data. Data for 2021 was not available.

### Part IV - Good review practices

Good review practices (GrevPs) can be defined as measures or practices implemented with the goal to ensure quality, transparency and consistency as well as continuous improvement in the regulatory review process. These were evaluated for the five agencies and compared for quality measures, transparency and communication, continuous improvement initiatives and training and education.

### Quality measures

The study evaluated a number of quality measures (Table 4.3). The MCAZ, Health Canada and Swissmedic have a dedicated quality department and implement all eight of the quality measures. In addition, Health Canada has established a quality management system and a dedicated office for the Biologic and Radiopharmaceutical Drugs Directorate and is in the process of establishing one for the Therapeutic Products Directorate, incorporating all quality measures. The TGA implement seven of the eight measures and the HSA implement six quality measures. Health Canada and Swissmedic have formally implemented GRevPs, while the other three authorities have informally implemented GRevPs. All five agencies participate in shared and joint reviews. The MCAZ is a member of the medicines' registration harmonization initiative, ZaZiBoNa (MCAZ, 2020), and the four comparator agencies are members of the ACCESS Consortium (TGA, 2021) and both initiatives have worked extremely successfully.

Table 4.3: Comparison of the quality measures implemented by the five agencies

Quality Measure	Zimbabwe	Australia (7/8)	Canada (8/8)	Singapore (6/8)	Switzerland (8/8)
Cood review	(8/8)	(116)	(6/6)	(0/6)	(6/6)
Good review	<b>v</b>	<b>v</b>	<b>v</b>	<b>v</b>	<b>v</b>
practice system	(informally)	(informally)	(formally)	(informally)	(formally)
Internal quality	✓	✓	✓	×	✓
policy					
Standard operating	✓	✓	✓	✓	✓
procedures for					
guidance of					
assessors					
Assessment	✓	✓	✓	✓	✓
templates					
Peer review	✓	✓	✓	✓	✓
Dedicated quality	✓	×	✓	×	✓
department					
Scientific	✓	✓	✓	✓	✓
Committee					
Shared and joint	✓	✓	✓	✓	✓
reviews					

Informally – System is in place but not documented.

# Transparency and communication with industry stakeholders

A well-established and mature regulatory authority is expected to practice transparency and communication with stakeholders. This is also one of the indicators evaluated by the WHO Global Benchmarking Tool, which seeks to determine the maturity level of a regulatory system (Khadem et.al, 2020). This comparative study evaluated the performance of the five regulatory authorities using nine transparency and communication parameters (Table 4.4). Of the five agencies, MCAZ implements the lowest number of parameters. Currently, post-approval feedback on submitted applications, contact details of technical staff, the summary basis of approval and advisory committee dates are not shared with the stakeholders. The HSA do not share the advisory committee dates with applicants and in addition, HSA does not publish

the summary basis of approval or provide feedback to the applicant on submitted dossiers. The TGA implements all of the nine transparency and communication parameters as does Swissmedic and Health Canada while the HSA implements six and the MCAZ five of the nine measures (Table 4.4).

Table 4.4: Comparison of the transparency and communication parameters with regulated parties in the five agencies

Parameter	Zimbabwe	Australia	Canada	Singapore	Switzerland
	(5/9)	(9/9)	(9/9)	(6/9)	(9/9)
Post-approval	×	✓	✓	×	✓
feedback to					
applicant on					
submitted dossiers					
Details of technical	*	✓	✓	✓	✓
staff to contact					
Pre-submission	<b>√</b> c	✓	✓	✓	✓
scientific advice to					
industry					
Official guidelines to	✓	✓	✓	✓	✓
assist industry					
Industry can track	✓	✓	✓	✓	✓
progress of					
applications					
Publication of	*	✓	✓	*	✓
summary of grounds					
on which approval					
was granted					
Approval times	✓	✓	✓	✓	✓
Advisory committee	*	✓	✓	*	✓
meeting dates					
Approval of	✓	✓	✓	✓	✓
products					

<sup>&</sup>lt;sup>c</sup> Provided to local manufacturers upon request

### Continuous improvement initiatives

A comparison was made of the continuous improvement initiatives that have been implemented by the five regulatory authorities. The MCAZ and Swissmedic implement all five initiatives, the TGA, HSA and Health Canada implement four of the five initiatives (Table 4.5).

Table 4.5: Comparison of continuous improvement initiatives in the five agencies

agonolos							
Measure	Zimbabwe (5/5)	Australia (4/5)	Canada (4/5)	Singapore (4/5)	Switzerland (5/5)		
External quality Audits	<b>√</b>	×	<b>√</b>	×	<b>√</b>		
Internal quality Audits	<b>✓</b>	<b>√</b>	<b>√</b>	✓	<b>√</b>		
Internal tracking Systems	<b>✓</b>	<b>√</b>	<b>√</b>	✓	<b>√</b>		
Reviews of assessors' feedback	<b>√</b>	<b>√</b>	×	<b>✓</b>	<b>√</b>		
Reviews of stakeholders' feedback	<b>✓</b>	<b>√</b>	<b>√</b>	<b>~</b>	<b>√</b>		

### Training and education

All five regulatory authorities implement all eight of the measures for training and education namely induction training, on-the-job training, attendance at internal and external courses, international workshops and secondments to other regulatory authorities, sponsoring of post-graduate degrees, in-house courses as well as external speakers being invited to the authority.

# Part V - Quality decision-making practices

The 10 Quality Decision Making Practices (QDMPs) were recorded as part of the development of the Quality of Decision-Making Scheme (QoDoS) instrument, which has been implemented in a number of medicines development scenarios (Bujar et.al, 2017; Bujar et.al, 2019). Generally, all five authorities either partially or fully implement the majority of the ten QDMPs that were evaluated in the study (Table 4.6). However, the MCAZ does not have a documented framework in place on QDMPs.

Table 4.6: Comparison of implementation of quality decision making practices

Measure	Zimbabwe	Australia	Canada	Singapore	Switzerland
	(9/10)	(8/10)	(8/10)	(9/10)	(10/10)
1. Have a systematic,	✓	✓	✓	✓	✓
structured approach					
2.Assign clear roles	✓	✓	✓	✓	✓
and responsibilities					
3.Assign values and	*	×	*	×	✓
relative importance to					partially
decision criteria					
4.Evaluate both	✓	✓	*	✓	✓
internal and external	partially				
influences/biases					
5.Examine alternative	✓	✓	✓	✓	✓
solutions					
6.Consider	✓	✓	✓	✓	✓
uncertainty					
7.Re-evaluate as new	✓	✓	✓	✓	✓
information becomes					
available					
8.Perform impact	✓	×	✓	✓	<b>✓</b>
analysis of the	partially				
decision					
9.Ensure	✓	✓	<b>✓</b>	<b>✓</b>	<b>✓</b>
transparency and					
provide a record trail	,				,
10.Effectively	<b>√</b>	✓	<b>✓</b>	<b>✓</b>	<b>✓</b>
communicate the					
basis of the decision					

### **DISCUSSION**

The results from this study show that the human and financial resources available to national regulatory authorities (NRAs) in LMICs are much lower compared with those in higher income countries. However, the funding models of the regulators in the higher income countries do differ significantly - ranging from majority government funding through to full industry funding of regulatory activities. A challenge that exists for a country such as Zimbabwe, whose NRA relies 100% on fees, is the high cost of entry to the market for applicants due to the registration fees being high relative to the country's GDP and the population's ability to pay for the medicines (Morgan et.al, 2017; World Bank, 2021). This means that it may not be possible for the MCAZ to increase registration fees in order to improve available resources for regulatory reviews, therefore the use of reliance may be a more appropriate strategy. The need for reliance and the efficient use of limited resources by LMICs has been documented in the literature (Ahonkhai et.al, 2016; CIRS, 2018; Luigetti et.al, 2016; Sithole et.al, 2020), with the argument that it allows NRAs to focus their limited resources on products not approved elsewhere (Sithole et.al, 2021c). Reliance also provides the NRAs the opportunity to build capacity without hindering access to medicines by their populations. Participation in harmonization initiatives such as ZaZiBoNa (Sithole et.al, 2020) by countries with low GDPs and small populations may also provide manufacturers the potential incentive of a larger market. It has been pointed out that it is no longer adequate for the regulator to just passively wait to assess submissions received from industry. The regulator must now be proactive in providing pathways that facilitate and encourage the timely registration of medicines to promote public health (CIRS, 2018; Lumpkin et.al, 2012) and information on these pathways should be documented and publicly available.

The requirement for a CPP is not necessary where a full review is conducted (Rodier et.al, 2020). The findings of this study show that of the regulatory authorities studied, only the MCAZ requires the CPP as a pre-requisite for registration and does not accept products that are not approved in the country of origin. This is consistent with findings from studies in the literature that showed that regulatory authorities in the emerging economies still require CPPs (Rodier et.al, 2020). Manufacturers have indicated that the time taken to obtain a CPP can delay the submission of applications for registration and subsequent supply of life-saving medicines to countries enforcing that requirement. Therefore, the requirement for a CPP should be removed where a full review is conducted (Ahonkhai et.al, 2016) and an alternative such as the marketing authorization license used if evidence of approval is required. Furthermore, there is a need for regulatory authorities in LMICs to build adequate capacity to independently assess NASs (new chemical entities and biologicals) even though at present, most companies only file applications for registration in developing economies several years after approval and use in well-resourced markets (Ahonkhai et.al, 2016; Rägo et.al, 2008). In the near future, we could see products developed for diseases endemic to Africa submitted directly to the African countries and therefore the capacity to conduct independent reviews needs to be developed (Gwaza, 2016; Sithole et.al, 2020).

The key milestones recorded in the review process, data requirements and the extent of scientific assessment were similar for the five agencies with the only difference being the practice by TGA and Health Canada of requesting clarifications formally during the scientific assessment in addition to the formal questions sent to the applicant at the end of a review cycle. This is a practice that could potentially reduce the number of review cycles and questions eventually sent out during the clock stop.

Generally, the MCAZ target times were longer for validation and queue time but comparable for questions to the applicant and overall approval time. The MCAZ ability to have a comparable review process and timelines with less resources than the other authorities is a positive attribute although the MCAZ's review times for 2020 and 2021 increased as a result of the impact of the Covid-19 pandemic. There is an opportunity for the MCAZ to learn from the authorities in this study to adopt practices that could potentially further reduce approval times. Another step in the review process implemented by TGA, Heath Canada and HSA that could benefit MCAZ is to provide applicants, especially the local manufacturing industry, more opportunity for presubmission meetings. The MCAZ was found to be the only NRA in the study relying on an expert committee to make the decision on the marketing authorization of products, whereas for the other authorities, this decision was made by the Head of the Agency, Head of Section or agency staff, with the expert committee used in an advisory capacity. The MCAZ could consider adopting a similar position, as preparation for the frequent committee meetings adds to the registration time. However, this would require a legislative amendment, as all statutory decisions are made by the Authority (Board).

Another strength of the MCAZ is the implementation of GRevPs such as ensuring quality in the review process, use of standard operating procedures, guidelines and templates, continuous improvement initiatives such as quality audits and internal tracking systems, and training and education of assessors. However, there is room for improvement on transparency and communication with stakeholders. There is also scope to improve decision-making practices by the MCAZ through the development of a formal framework. Although the issues of pricing and availability of medicines are

outside the scope of this paper, Zimbabwe could learn from the high-income countries such as those that took part in this study, and establish a health technology assessment (HTA) agency to better tackle the issues of accessibility and affordability of health services including medicines. This will facilitate the prioritisation of health interventions and the formulation of evidence based health policies leading to better outcomes for patients. The WHO has also recommended that member states build capacity in health intervention and technology assessment to support universal health coverage (WHO, 2021d). The absence of formal HTA agencies, lack of capacity and shortage of resources are some of the reasons cited as contributing to the lack of health technology assessments in LMIC (Attieh et.al, 2012; Nemzoff e.al, 2021)

Several studies have been conducted for South Africa, Turkey, Jordan and Saudi Arabia in comparison with other mature agencies (Al Haqaishet.al, 2017; Ceyhan et.al, 2018; Hashan et.al, 2016; Keyter et.al, 2019). Like Zimbabwe, these countries had strengths in their review processes that were comparable to those of the mature agencies. The challenges identified and the recommendations made although different, provided the opportunity for these countries to strengthen their regulatory review processes.

### **RECOMMENDATIONS**

This comparative study identified MCAZ's strengths and highlighted the opportunities for improvement, which if implemented, would strengthen the regulatory review process. MCAZ may wish to consider the following recommendations:

- Expediting the process of expanding its scope of control to regulate all medical devices, in vitro diagnostics, and blood and blood products.
- Removing the requirement for a Certificate of Pharmaceutical Product, since the authority currently conducts a full review (type 3 A) and allow applicants the option of providing a marketing authorization license instead.
- Building capacity to enable the independent assessment of products, particularly innovative medicines, not approved elsewhere.
- Using online submission tools or increasing the number of administrative officers to reduce validation time. The TGA observed that online submissions resulted in significant improvements in efficiency for South-East Asian authorities (J. Skerritt, personal communication, March 11, 2021).
- Setting targets for the primary and second round of assessments and measuring performance against these targets in order to effectively monitor where time is spent in the review process.
- Taking applications and assessment reports to the Committee only after assessors have reviewed the applicant responses to formal questions and seeking clarifications from the applicant during the review process.
- Defining and communicating the target for the overall approval time excluding the sponsor / applicant time to effectively monitor the agency approval time.

- Applying strategies to shorten the queue time including implementing parallel instead of sequential reviews as well as increasing the number of competent assessors.
- Improving transparency and communication with stakeholders to fulfil a goal of the Zimbabwe Vision 2030 to have responsive institutions.
- Developing and formally implementing a documented framework for quality decision-making practices.

## SUMMARY

- Benchmarking regulatory systems of low- and middle-income countries with mature systems of comparable size provides an opportunity to identify gaps, enhance review quality, and reduce registration timelines, thereby improving patients' access to medicines.
- The aim of this study was to compare the medicines registration process of the Medicines Control Authority of Zimbabwe (MCAZ) with the regulatory processes in Australia, Canada, Singapore, and Switzerland.
- A questionnaire was completed by a senior member of the divisions responsible for issuing marketing authorizations in the five regulatory authorities.
- The MCAZ had far fewer resources than the regulatory authorities in the comparator countries, but employed three review models, in line with international best practice.
- The MCAZ registration process was similar to the comparator countries in the key milestones identified and monitored, but differed in the target timelines for these milestones.
- The MCAZ was at one time able to achieve timelines comparable to the mature agencies through efficient use of resources such as the implementation of reliance and international best practices including the setting and monitoring of targets for key milestones in the review process. However, there was a need to go back to the drawing board as the timelines had increased in recent years as a result of the impact of the Covid-19 pandemic
- The MCAZ was comparable to the comparator authorities in implementing the majority of good review practices, although it significantly lagged behind in transparency and communication.

• This study identified opportunities for improvement such as the use of online submission systems, removal of the requirement for a CPP and building capacity in the assessment of new active substances. If these were implemented, it would enable the MCAZ to effectively execute its role as the SADC MRH project's implementing agency as well as achieving its vision to be a leading regulatory authority on the African continent.

# **CHAPTER 5**

Evaluation of the good review practices of countries participating in the Southern African Development Community work sharing initiative

# INTRODUCTION

The Southern African Development Community (SADC) is made up of 16 countries; Angola, Botswana, Comoros Islands, Democratic Republic of Congo, Lesotho, Madagascar, Malawi, Mauritius, Mozambique, Namibia, Seychelles, South Africa, Swaziland, United Republic of Tanzania, Zambia, and Zimbabwe (SADC, 2021a). Although the countries have differing capacities to regulate medicines (Dube-Mwedzi et.al, 2020), they share the common challenge of inadequate capacity to review applications for medicines, resulting in backlogs and delayed access to medicines by patients. This led to the formation of a collaborative medicines registration initiative called ZaZiBoNa by four countries, Zambia, Zimbabwe, Botswana and Namibia with technical support from the World Health Organization (WHO) Pregualification team and the Southern African Regional Programme on Access to Medicines and Diagnostics (SARPAM) in 2013 (Sithole et.al, 2020). The initiative was formally endorsed by the SADC Ministers of Health in 2015, and member states who signed the memorandum of agreement to participate in the initiative were assigned active or non-active status, depending on their capacity to conduct assessments and good manufacturing practices (GMP) inspections. The remaining countries, Mauritius and Lesotho, participate as observers (Sithole et.al, 2020).

#### Operational aspects of ZaZiBoNa

ZaZiBoNa is a SADC work-sharing initiative, in which regulatory authorities conduct joint or shared reviews of applications for registration of medicines submitted to participating countries with the applicant's consent (Sithole et.al, 2020). One of the successes of the ZaZiBoNa initiative is that since its inception in 2013, more than 300 products have been reviewed and the median time to a recommendation was shorter

than that achieved by individual participating countries using the national procedure (Masekela, 2020). However, because the ZaZiBoNa initiative is not a legally constituted regulatory authority, it relies significantly on the participating countries to achieve a number of key milestones in the review process, particularly those of an administrative nature (Sithole et.al, 2020). As a result, one of the challenges that has been identified with this initiative is the fact that differences in country review processes result in questions to applicants for the same product being sent at different times by the agencies, affecting registration timelines and negating the benefit of simultaneous access to various markets. Sithole and colleagues recommended that the regulatory review processes in the individual participating countries be reviewed and the outcomes compared (Sithole et.al, 2020, Sithole et.al 2021c). The aim of this study therefore was to review and compare the registration processes of regulatory authorities of Mozambique, Namibia, South Africa, Tanzania, Zambia and Zimbabwe to develop recommendations for better alignment, while presenting an opportunity for the countries to learn from each other and enhance their regulatory review and patients' access to life-saving medicines. This chapter, details the findings, focusing on the review processes and good review practices. The next chapter will address review models and metrics of the process.

# **METHODS**

#### **Study participants**

Nine countries with active member status in the ZaZiBoNa initiative were invited to participate in the study following a face-to-face presentation. Active member status is defined as 'the capacity to conduct assessments and GMP inspections'. One of the countries (Botswana) could not complete the questionnaire because their agency had

only recently been established and the participation by two countries (the Democratic Republic of Congo and Malawi) was unlikely because of disruptions caused by the Covid-19 pandemic. Therefore, the six regulatory agencies included in this study were the National Directorate of Pharmacy in the Mozambique Ministry of Health; Namibia Medicines Regulatory Council (NMRC) in the Namibia Ministry of Health and Social Services; the South African Health Products Regulatory Authority (SAHPRA); the Tanzania Medicines and Medical Devices Authority (TMDA); the Zambian Medicines Regulatory Authority (ZAMRA); and the Medicines Control Authority of Zimbabwe (MCAZ).

## **Data collection**

Each of the six agencies completed an established and validated questionnaire (Optimising the Efficiencies of Regulatory Agencies) (McAuslane et.al, 2009) in 2020, which described the organisational structure, the regulatory review system for market authorisation for new active substances (NASs) and generics as well as their overall review times from the date of application to the date of approval, good review practices (GrevP) and quality decision-making practices. The questionnaire allowed for the collection of data in a standardised format, enabling comparison and analyses of information collected from the six agencies.

The questionnaire consists of five parts: *Part 1*, documents the structure, organisation and resources of the agency; *Part 2*, identifies different types of review model (s) used for the scientific assessment of medicines; *Part 3*, documents information on the key milestone dates and the process using a standardised process map; *Part 4*, records

how quality is built into the regulatory process (GrevP) and *Part 5*, explores the quality of the decision-making practices of the agency.

# **RESULTS**

For the purpose of clarity, the results of this chapter will be presented in four parts:

Part I – organisation of the regulatory authorities; Part II – key milestones in the review process; Part III – good review practices; and Part IV – quality decision-making practices.

## Part I - Organisation of the regulatory authorities

The six countries, Mozambique, Namibia, South Africa, Tanzania, Zambia and Zimbabwe, vary in population and size of their respective regulatory agency (Table 5.1). South Africa (58.8 million) and Tanzania (58.6) have the largest populations, while Namibia has the smallest (2.6). Four countries, South Africa, Tanzania, Zambia and Zimbabwe have autonomous agencies independent of the Ministry responsible for Health. All six agencies have the common mandate to regulate medicinal products, medical devices and in vitro diagnostics for human and veterinary use, except for Mozambique, which does not regulate products for veterinary use. In addition, the South African agency also has the mandate to control the development and use of radiation procedures.

The ratio of total staff per million residents varied across the six countries, with Namibia having the highest ratio of 10, followed by Zimbabwe at 8.8, Zambia at 6.9, South Africa at 2.9, Mozambique at 2.8 and Tanzania at 1.8. The professional background of the agency reviewers was primarily pharmacy for all six agencies and only South

Africa and Tanzania had physicians as part of their review teams. Tanzania had the highest proportion of reviewers to total agency staff (44%), followed by South Africa (34%), Zambia (16%), Namibia (15%), Zimbabwe (13%) and Mozambique (6%). The agencies in South Africa, Tanzania and Zambia made use of external experts in the review of applications for registration, employing at the time of the study, 32, 36 and 8 external reviewers, respectively, while the other countries used only internal experts. Zimbabwe, however, had a provision for use of external experts even though none were employed at the time of the study.

If, hypothetically, all new applications received in a year were reviewed in that same year, then the workload; that is, the number of dossiers to be reviewed per year per internal reviewer for 2019 was the highest for Mozambique (42), followed by Namibia (37), Zambia (31), Tanzania (19) and Zimbabwe (11). The workload for South Africa could not be calculated as the agency was unable to provide data for products in 2019 due to mitigating circumstances related to the unfit status of the organisation's premises. However, all six agencies reported that they had a backlog of pending applications, therefore not all applications were reviewed in the year that they were received. The analysis also did not take into account the type of review to be conducted, the competence of reviewers or other work such as post-approval variations. It should be noted that in some of the countries due to low numbers of staff, the same reviewer was responsible for reviewing the quality, pre-clinical and clinical sections of the dossier. The countries with greater numbers of reviewers had one reviewer focusing on quality and different reviewers for non-clinical and clinical.

Table 5.1: Comparison of the country population, size of agencies and workload in 2019

Country	Mozambique	Namibia	South Africa	Tanzania	Zambia	Zimbabwe
Population (millions)	29.5	2.6	58.8	58.6	17.4	16.2
Agency staff	83	26	170	103	120	143
Staff per million residents	2.8	10	2.9	1.8	6.9	8.8
Number of internal reviewers	5	4	57	45	19	18
Reviewers in agency staff	6%	15%	34%	44%	16%	13%
Total applications received	208	146	N/A*	873	585	203
Number of applications per reviewer	42	37	N/A*	19	31	11

<sup>\*</sup> SAHPRA was unable to provide data for 2019 due to mitigating circumstances related to the unfit status of the organisation's premises.

### Source of funding

The Namibian agency was funded entirely by its government, in Mozambique the greater proportion of agency funding was from its government and a small percentage from other sources, in South Africa, 70% of agency funding was provided by its government and 30% from fees, in Tanzania, 12% of agency funding was by its government, 76% from fees and 12% from other sources, in Zambia, 95% of agency funding came from fees and 5% from other sources and the Zimbabwe agency was funded entirely from fees. There is a significant range of fees applied for the registration of the products, depending on their category such as new chemical entities, biologicals or generics. It is worth noting that none of the agencies charged fees for scientific advice given to applicants.

Namibia charged the lowest fees (333 USD) for new chemical entities, while South Africa charged the highest (3,558 USD) (Table 5.2). For biologicals, Namibia charged the lowest fees (333 USD) while Tanzania charged the highest (3,500 USD). For generics, Namibia charged the lowest fees (333 USD), while Zimbabwe charged the highest (2,500 USD). The agencies funded largely or entirely by government charged the lowest fees, whilst those relying on fees charged higher amounts with the exception of South Africa which received 70% of its budget from the Government, but charged fees comparable to Tanzania, Zambia and Zimbabwe agencies, which are funded largely through fees.

Table 5.2: Comparison of fees charged and source of funding in 2019

Country	Mozambique	Namibia	South Africa	Tanzania	Zambia	Zimbabwe
Source of funding*	Majority % government, remainder % other sources	100% government	70% government 30% Fees	12% government; 76% fees; 12% other	95% fees 5% other	100% fees
Fees for review of a new chemical entity (USD)	360	333	3,558	2,000	2,800	3,000
Fees for review of biologicals (USD)	360	333	2,833	3,500	2,800	3,000
Fees for review of generics (USD)	350	333	1,781	2,000	2,000	2,500

<sup>\*</sup> Actual percentages vary year to year.

### Part II - Key milestones in the review process

A standardised process map for the review and approval of medicines is shown in Figure 5.1. This is a simplified representation of the key milestones that are typically recorded and monitored in the review of applications in a mature regulatory system. The process map represents the review and authorisation of a product that goes to approval after one review cycle; however, in practice it usually takes more than one cycle for a medicine to be approved, some agencies limit the number of review cycles and opportunities given to applicants to respond to questions.

#### Receipt and validation procedures

All six agencies validated applications received for completeness in line with the applicable guidelines and statutory fees and all six agencies recorded these two milestones. At this stage, the pathway for review was determined; that is, either verification, abridged or full review. Applications that passed validation were placed in a queue awaiting scientific assessment. Incomplete applications were removed from the queue and communication was made to the applicant to provide the missing information.

#### Queue time

The queue time is the time between the completion of validation/acceptance for review of an application and the start of the scientific assessment. This milestone was recorded by all six agencies.

Date application received Milestone recorded Target Times Receipt and validation procedures 90 Days **Accepted for review** Queuing for review 90 Days Scientific review starts Milestone recorded Reviewed in sequence for generics **Efficacy** Quality Safety and in parallel for biosimilars Primary scientific assessment by Agency **Scientific Assessment Internal** expert (Peer Review) Questions to sponsor Milestone recorded Overall target: Questions processed by sponsor 480 calendar 60 Days days Assessment Time 1 Milestone recorded Reply from sponsor Milestone recorded Scientific Assessment Ends 120 Days mmittee Procedures **Start of Committee Procedure** G No target Milestone recorded Opinion is given to the agency Final report Legal / administrative matters to be finalised Approval procedure 60 Days Approval granted Milestone recorded

Figure 5.1: Standardised review process map for the six regulatory agencies

[The map represents the review and authorization of a product that goes to approval after one review cycle – It should be noted that in some countries milestone G (committee procedure) may come before milestone D (questions to the applicant)]

### Primary scientific assessment

The start of the primary scientific assessment was recorded by four of the six agencies, namely Mozambique, South Africa, Tanzania and Zimbabwe.

#### Questions to applicants

All six agencies collected questions into a single batch after each cycle of scientific assessment and sent these to the applicant. This time is also referred to as "clock stop" or company time, when the assessment is paused and the applicant given an opportunity to respond to queries.

# Review by expert committees

Five agencies made use of a panel of external experts known as the expert committee during the review process with the agency staff serving as the secretariat, with the exception of Mozambique. The expert committee was involved after questions had been sent to applicants in some agencies and in the other agencies, questions were only sent to applicants after the committee procedure. The external committees are referred to by different names in each of the agencies; however, their function is similar. Namibia, South Africa, Zambia and Zimbabwe were mandated to follow the Expert Committee's opinion on a product and the Committee had the responsibility for the marketing authorisation decision. For Tanzania, the Committee made a recommendation, although the final decision was made by the Director General. The decision for marketing authorisation in Mozambique was made by the Minister of Health.

# Authorisation procedure

Once an opinion or decision had been made on an application for marketing authorisation, there was an administrative step to finalise reports and update the labelling before the issuance of the marketing authorisation. This step was performed in all six countries.

### Part III – Good review practices

For the purpose of clarity, GRevPs are presented under four categories: quality measures; transparency and communications; continuous improvement initiatives; and training and education.

## Quality measures

The quality measures evaluated in this comparative study are listed in Table 5.3. Tanzania, Zambia and Zimbabwe implemented all eight quality measures while the remaining three countries (South Africa, Namibia and Mozambique) implemented six of the eight quality measures. Apart from Mozambique, five agencies made use of expert scientific committees as well as implementing a good review practice system (formally or informally). All of the six agencies had standard operating procedures and assessment templates in place. The assessment reports were prepared in English by five agencies; whereas Mozambique prepared their reports in Portuguese, their official language. An internal quality policy was implemented by all agencies apart from Namibia. Four agencies had dedicated quality departments, apart from Namibia and South Africa, although South Africa has now appointed a quality manager with a view to establishing a dedicated quality department. All six agencies conducted a peer review of assessment reports.

Table 5.3: Comparison of the quality measures implemented by the six regulatory authorities

Quality	Regulatory authority										
measure											
	Mozambique	Namibia	South	Tanzania	Zambia	Zimbabwe					
	(6/8)	(6/8)	Africa (6/8)	(8/8)	(8/8)	(8/8)					
Good review	×	√a	✓	√a	✓	√a					
practice											
system											
Internal	✓	×	✓	✓	✓	✓					
quality policy											
Standard	✓	✓	✓	✓	✓	✓					
operating											
procedures											
for guidance											
of assessors											
Assessment	✓	✓	✓	✓	✓	✓					
templates											
Peer review	✓	✓	×	✓	✓	<b>✓</b>					
(internal)											
Dedicated	✓	×	<b>x</b> b	✓	✓	<b>✓</b>					
quality											
department											
Scientific	*	✓	✓	✓	✓	✓					
Committee											
Shared and	✓	✓	✓	✓	✓	<b>✓</b>					
joint reviews											

<sup>&</sup>lt;sup>a</sup> Implemented but not formally documented.

## Transparency and communication

Transparency in the review process improves stakeholders (applicants as well as other stakeholders such as local agents (which may be different from applicants), wholesalers, customers who are potential applicants, ministry of health or the patients.)' confidence in the system. It also assists the pharmaceutical industry in preparing submissions and planning product launch dates. Transparency saves a

<sup>&</sup>lt;sup>b</sup> A Quality Manager has now been appointed with a view to establishing a dedicated department.

regulatory agency time and effort as the industry would be able to access information and requirements independently.

All six agencies assigned high priority to transparency with stakeholders. Nine best practices in transparency and communication with stakeholders were evaluated and used for this comparison (Table 5.4). All agencies had official guidelines and lists of approved products, which were made available to the industry through their websites. Five of the agencies did not provide post-approval feedback to applicants on quality of submitted dossiers or publish advisory committee meeting dates apart from South Africa. Four of the agencies did not provide applicants with details of technical staff to contact during review of their application apart from Mozambique and South Africa. Four agencies did not provide pre-submission scientific advice to the pharmaceutical companies except for South Africa, which implemented this informally and Zimbabwe, which provided this only for the local industry.

All six agencies allowed the industry to track progress of their applications (Table 5.4) via email and telephone contact; however, only Mozambique and Tanzania allowed applicants electronic access to the status of their applications under review. None of the agencies shared the full assessment report with applicants or published a summary basis of approval; however, Tanzania more recently has put in place a procedure for publishing public assessment reports and these were to be available in 2021. All six agencies shared a list of questions after assessment and reasons for refusal with the applicant. Only Tanzania published approval times on their website, whereas South Africa and Zimbabwe published these in their annual performance plan and annual reports, respectively.

Table 5.4: Comparison of the transparency and communication parameters in the six agencies

Quality measure	Regulatory authority									
	Mozambique (4/9)	Namibia (3/9)	South Africa (8/9)	Tanzania (4/9)	Zambia (4/9)	Zimbabwe (5/9)				
Post-approval feedback to applicant on quality of submitted dossiers	×	×	✓	×	×	×				
Details of technical staff to contact	✓	×	✓	×	×	×				
Pre-submission scientific advice to industry	×	×	√a	×	<b>√</b>	√c				
Official guidelines to assist industry	✓	✓	✓	<b>√</b>	<b>√</b>	<b>√</b>				
Industry can track progress of applications	<b>✓</b>	<b>✓</b>	√a, b	<b>✓</b>	<b>✓</b>	<b>✓</b>				
Publication of summary of grounds on which approval was granted	×	×	×	×	×	×				
Approval times	×	×	✓	✓	×	<b>✓</b>				
Advisory committee meeting dates	×	×	<b>✓</b>	×	×	×				
Approval of products	✓	✓	✓	✓	✓	✓				

a Implemented informally; b Only for backlog project; C Only for local industry.

### Continuous improvement initiatives

The continuous improvement initiatives included both internal and external quality audits, an internal tracking system, as well as reviews of assessors' and stakeholders' feedback. South Africa, Tanzania and Zimbabwe implemented all of the five initiatives, while Zambia and Mozambique implemented four out of the five initiatives. Namibia implemented only two out the five initiatives (Table 5.5). Five agencies, apart from Namibia, conducted internal quality audits. Five agencies had internal tracking systems, except for Namibia. The assessors' feedback was reviewed by all six agencies; however, only Namibia, South Africa, Tanzania, Zambia and Zimbabwe reviewed stakeholders' feedback.

Table 5.5: Comparison of continuous improvement initiatives in the six regulatory authorities

Quality	Regulatory authority										
measure											
	Mozambique (4/5)	Namibia (2/5)	South Africa (5/5)	Tanzania (5/5)	Zambia (4/5)	Zimbabwe (5/5)					
External	✓	*	✓	<b>✓</b>	×	✓					
quality											
Audits											
Internal	✓	×	✓	✓	✓	✓					
quality											
Audits											
Internal	<b>✓</b>	×	√a	<b>✓</b>	<b>✓</b>	<b>✓</b>					
tracking											
Systems											
Reviews of	✓	✓	√a	✓	✓	<b>✓</b>					
assessors'											
feedback											
Reviews of	×	✓	✓	<b>✓</b>	✓	<b>✓</b>					
stakeholders'											
feedback											

<sup>&</sup>lt;sup>a</sup> Implemented informally with no documented system.

### Training and education

The measures evaluated under training and education contribute to the development of personnel and the efficiency of the regulatory review process. These measures are induction training, on-the-job training, in-house and external courses, international workshops, placements and secondments in other regulatory authorities, postgraduate degrees and collaboration with other agencies. All six of the regulatory authorities in this comparative study implemented all of the measures for training and education. However, four agencies had formal training programmes for assessors except for Mozambique and Namibia.

# Part IV - Quality decision-making practices

The decision-making process should be routinely measured to ensure consistency and quality of decisions made in the review and approval of medicines. Three of the agencies had a framework in place that forms the basis of the decision to approve or reject applications for new medicines, namely South Africa, Tanzania and Zambia. South Africa and Tanzania fully incorporated all of the ten quality decision-making practices (QDMPs) developed by Donelan and colleagues as an aid to decision making (Donelan et.al, 2016) into their frameworks and these were fully adhered to in practice. Zambia incorporated six of the ten practices into their framework and fully adhered to four. Zimbabwe did not have a documented decision-making framework, but used a decision tree approach, fully adhering to seven out of the ten decision-making practices and partially adhering to three. Mozambique and Namibia did not have a documented quality decision-making framework. Interestingly, all six agencies stated that the decision-making process could be improved, while the two agencies without frameworks indicated their intention is to develop them by 2022.

## DISCUSSION

The aim of this study was to evaluate the regulatory review processes of six countries in the SADC region that are active members of the ZaZiBoNa collaborative medicines registration initiative and compare the outcomes in order to identify best practices. A common finding among the six regulatory authorities was that participation in the ZaZiBoNa initiative has improved the way in which they perform regulatory reviews in their countries, and this highlights how one of the key objectives of the initiative, which is to build expert capacity of member countries, is being realised. In addition to identifying the differences and similarities in the processes in countries currently participating in the ZaZiBoNa initiative as active members, the results of this study will enable the regulatory authorities, the majority of which are in low-to-middle-income countries (LMICs), to benchmark processes, resources and capacity, something which in the past was difficult due to lack of information in the public domain (Gwaza, 2016).

For industry, the results of this study provide an opportunity to better understand the regulatory review processes in the six agencies as well as the relevant challenges when planning future submissions. The commitment to continuous improvement, transparency and the desire to engage with industry shown by all the agencies, reflects a new way of doing business that should encourage further investment in terms of medicines development and regulatory submissions made to these countries and the SADC region as a whole.

Mature agencies such as Australia's Therapeutic Goods Administration and Health Canada's Health Products and Food Branch have a staff per million residents' ratio in 2021 of 31 and 60 respectively (Sithole et.al, 2021d). In contrast, all six agencies in

this study had a staff per million residents' ratio less than 10, confirming resource limitations faced by agencies in LMICs. In addition, a finding of this study was that there is a difference in human resources available to conduct reviews in the six agencies within the SADC region. Of note, countries with higher workloads had no targets for the scientific assessment or overall approval process, which points to overwhelmed resources. A workforce should be adequate in skill and numbers for greater operational efficiency. In addition, retention of skills after investing in staff training is of paramount importance for agencies to deliver their mandate in a timely manner.

The results of this study can be used as a baseline going forward and presents an opportunity for agencies to re-examine their processes to determine areas of improvement, particularly where another agency with a comparable workload is able to achieve shorter registration times. Routine recording of the milestones studied here will enable the monitoring and measurement of key performance indicators such as timelines for validation, queue time, scientific assessment and the overall approval, will enable the rapid identification of areas requiring improvement and a proposal of gap-closing measures such as re-engineering of processes or the injection of additional resources by the agencies.

While most of the agencies in the study indicated that resources could be optimised by placing reliance on mature agencies, there is opportunity to further reduce timelines through reliance on other agencies in the SADC region, as is already being done by Namibia.

Although the ZaZiBoNa collaborative medicines registration process was not directly evaluated in this study, it was possible to see the reason for the difference in time to registration among the participating countries after a recommendation for approval by ZaZiBoNa. The initiative relies on countries with differing capacities, resources and administrative processes. There is a need for a review of the current model used for the ZaZiBoNa initiative in the next strategic period to minimise the dependence on the country process and increase operational efficiency.

## **RECOMMENDATIONS**

As a result of this study several recommendations could be considered by these agencies.

- Performance measurement: In order to benchmark the regulatory review process and monitor performance, agencies should consider measuring and documenting the key milestones and publishing the relevant timelines.
- Improvement initiatives: Agencies could consider re-examining their processes
  to evaluate where they can be improved, and to learn from agencies with
  comparable workloads who are achieving shorter timelines.
- Sharing assessment reports: Agencies participating in the ZaZiBoNa initiative should consider entering into a memorandum of understanding to share unredacted assessment reports for products that are not submitted to the initiative, which constitute the majority of the agencies' workload.
- Increased transparency and communication: Agencies would benefit from
  implementing additional measures of transparency and communication in line with
  international best practices such as sharing of assessment reports with applicants
  and publishing approval times, as well as advisory committee dates and a
  summary basis of approval.
- Improved performance: Agencies should consider using the results of this study
  to propose the provision of adequate resources to improve timelines and patients'
  access to medicines.
- Quality decisions: There is a need in some agencies for training and capacity building in quality decision making.
- ZaZiBoNa operating model: The participating countries could consider reviewing the existing operational model for improved efficiency.

## SUMMARY

- National medicines regulatory agencies are faced with challenges including limited resources and technical capacity, resulting in countries collaborating and sharing resources to improve the efficiency of the review process and facilitate access to quality-assured medicines by their populations.
- One such collaboration is the Southern African Development Community (SADC)
  medicines registration collaborative initiative, ZaZiBoNa. Countries participate in
  the initiative by contributing to the regulatory reviews and good manufacturing
  practices inspections.
- The aim of this study was to review and compare the registration processes of regulatory authorities of Mozambique, Namibia, South Africa, Tanzania, Zambia and Zimbabwe and to identify strategies for better alignment.
- An established and validated questionnaire (Optimising Efficiencies in Regulatory Agencies) was completed by each of the respective agencies.
- The six countries varied in population and in the size of their respective regulatory agency as well as the resources allocated to regulatory reviews.
- The review processes of the six agencies were similar; however, differences were noted in the milestones recorded; for example, two of the countries did not record the start of the scientific assessment.
- Decisions for marketing authorisation were made by an expert committee in four
  of the countries and by the head of the agency and the Minister of Health in two
  countries. The frequency of meeting of the expert committees also varied from
  monthly to quarterly.

- All six agencies implemented the majority of good review practices; however, the need for improvement in the areas of transparency and communication and quality decision making was a common finding for all six countries.
- Participation in the ZaZiBoNa initiative has improved the way in which the six agencies perform regulatory reviews in their countries, highlighting the realisation of one of the key objectives of the initiative, which was building the expert capacity of member countries.
- Other agencies in the SADC region and beyond can use the approach described in this study to identify best practices, which in turn, could improve their regulatory performance.

# **CHAPTER 6**

Evaluation of the review models and approval timelines of countries participating in the Southern African Development Community work sharing initiative

## INTRODUCTION

The regulation of medicines contributes to public health by ensuring the timely access to medicines that have been reviewed and found to be safe, effective and of good quality. Medicines regulations have evolved from the publishing of minimum standards for compliance to the development of legislation controlling the development, manufacture, distribution, sale and use of medicines (Rägo et.al, 2008). One function, performed by regulatory authorities worldwide to fulfil their mandate, is the process of reviewing applications for registration or market authorisation submitted by companies interested in marketing their products in a particular country or jurisdiction. This process can be long in some countries, hindering access to life-saving medicines by patients and this has led to regulatory agencies relying on the reviews and decisions of other regulators (Luigetti et.al, 2016).

#### Reliance

It is now acknowledged that no one regulator can do everything for themselves due to the increasing workload and complexity of products (WHO, 2021e) and this is especially true for maturing agencies in low--to-middle-income countries (LMICs) who often do not have adequate resources or the capacity to perform full regulatory functions. Reliance on work carried out by other agencies drastically reduces the time to market for medicines, resulting in improved patient access (Liberti, 2017; Luthuli et.al, 2018). The World Health Organization (WHO) has now published its guidance on good reliance practices (WHO, 2021e) and recommends the use of reliance to effectively and efficiently perform regulatory functions in a timely and cost-effective manner.

### Registering medicines in LMICs: Challenges

Applicants submitting applications for registration of medicines to LMICs have often cited the challenges of lack of clear information on the registration process and timelines, inefficiencies in the registration process, lack of harmonisation of requirements for countries in one region and long registration timelines (Dansie et.al, 2019; Narsai et.al, 2012). On the other hand, applicants also contribute to the delay in the approval process by taking too long to respond to queries raised by the regulators (Ahonkhai et.al, 2016). There is therefore a need for an evaluation of the regulatory review processes and registration timelines of agencies in LMICs to address the challenges identified and fill the knowledge gap. In chapter five, we evaluated and compared the regulatory review processes of the regulatory authorities of Mozambique, Namibia, South Africa, Tanzania, Zambia and Zimbabwe, who are active members of the ZaZiBoNa initiative and proposed recommendations for better alignment. The aim of this chapter, was to compare the data requirements and review models employed in the assessment of applications for registration, the target timelines for key milestones and the metrics of applications received and approved in 2019 and 2020 by the six countries.

#### **METHODS**

#### **Study participants**

Nine countries with active member status in the ZaZiBoNa initiative were invited to participate in this study following a face-to-face presentation. Active member status is defined as the capacity to conduct assessments and GMP inspections. One of the countries (Botswana) could not complete the questionnaire because their agency had only recently been established and the participation by the two countries (the

Democratic Republic of Congo and Malawi) was unlikely because of disruptions caused by the Covid-19 pandemic. Therefore, the six regulatory agencies included in this study were the National Directorate of Pharmacy in the Mozambique Ministry of Health; Namibia Medicines Regulatory Council (NMRC) in the Namibia Ministry of Health and Social Services; the South African Health Products Regulatory Authority (SAHPRA); the Tanzania Medicines and Medical Devices Authority (TMDA); the Zambian Medicines Regulatory Authority (ZAMRA); and the Medicines Control Authority of Zimbabwe (MCAZ).

#### **Data collection**

Each of the six agencies completed an established and validated questionnaire (McAuslane et.al, 2009) in 2020, which described the organisational structure, the regulatory review system for market authorisation of new active substances (NASs) and generics as well as the overall target and review times from the date of application to the date of approval, good review practices (GRevPs) and good decision-making practices. The questionnaire allowed for the collection of data in a standardised format, enabling comparison and analyses of information collected from the six agencies.

The questionnaire consists of five parts: *Part 1*, documents the structure, organisation and resources of the agency; *Part 2*, identifies different types of review model(s) used for the scientific assessment of medicines; *Part 3*, documents information on the key milestone dates and the process using a standardised process map; *Part 4*, records how overall quality is built into the regulatory process (GrevPs) and *Part 5*, explores the quality of the decision-making practices of the agency.

### Models of regulatory review

There are three models for the scientific regulatory review of a product that can be used by regulatory authorities (McAuslane et.al, 2009):

- The verification review (type 1), which requires prior approval of a product by two or more reference or competent regulatory authorities, allowing the agency relying on such assessments to employ a verification process to validate a product and ensure that it conforms to the previously authorised product specifications. This should also conform with the prescribing information such as the use, dosage and precautions.
- The abridged review (type 2), which involves an abridged evaluation of a medicine, taking into consideration local factors and the environment as well as a benefit-risk assessment in relation to its use in the local ethnic population including medical practice and pattern of disease. This further requires registration by at least one reference or competent regulatory authority.
- The full review, type 3A, which involves the agency carrying out a full review, including supporting scientific data, of quality, safety and efficacy, but requires that the product be previously reviewed by an agency and issued a Certificate of Pharmaceutical Product (CPP) or type 3B, which involves an independent assessment of a product's quality, preclinical and clinical safety and efficacy, which has not previously been evaluated by any other agency.

# **RESULTS**

For the purpose of clarity, the results will be presented in three parts: Part I – metrics of applications received and registered; Part II – review models, extent of scientific assessment and data requirements; and Part III – targets of key milestones in the review process.

# Part I – Metrics on NASs, generics and WHO-prequalified generics

# Applications received and approved

The majority of applications received and approved by all six agencies in 2019 and 2020 were for generics. In 2019 Mozambique and Zambia did not receive any applications for new active substances (NASs), while Tanzania only received 1, with Namibia, South Africa and Zimbabwe receiving 14, 11 and 8 respectively (Table 6.1). Tanzania received the highest number of generic applications (858) and Namibia received the lowest (132). Interestingly, even though Zambia and Zimbabwe are comparable in population size and fees payable, Zambia received close to three times the number of generic applications compared with Zimbabwe and this might be attributed to differences in their economies and perceived return on investment by applicants (Figure 6.1). The year 2020 saw a decline in applications for NASs received by the agencies, with the exception of South Africa, which saw an increase. Tanzania, Zambia and Zimbabwe saw a decrease in generics in 2020, while Mozambique, Namibia and South Africa saw an increase (Table 6.1). Namibia and Tanzania saw a decrease in WHO-prequalified generics in 2020 while Mozambique, Zambia and Zimbabwe saw an increase.

Table 6.1: Comparison of metrics on NASs, generics and WHO prequalified generics (2019 – 2020)

Country	Mozan	nbique	Namib	oia	South	Africa	Tanza	nia	Zambi	Zambia		Zimbabwe	
Year	2019	2020	2019	2020	2019 <sup>a</sup>	2020 <sup>b</sup>	2019	2020	2019	2020	2019	2020	
NASs													
Received	0	0	14	0	11	57	1	0	0	0	8	4	
Approved	0	0	14	0	43	97	1	0	9	1	4	0	
Generics													
Received	198	339	132	227	29	331	858	631	574	206	195	179	
Approved	291	278	70	46	156	165	591	499	454	217	122	107	
WHO-prequ	alified ge	enerics											
Received	10	15	8	4	0	N/A	14	7	11	28	5	9	
Approved	8	9	8	1	0	0	14	7	11	28	7	7	

NASs = new active substances; WHO = World Health Organization. N/A=Not available.

Data is for August to December due to closure of the agency for part of the year.
 Data for business as usual only. Excludes backlog

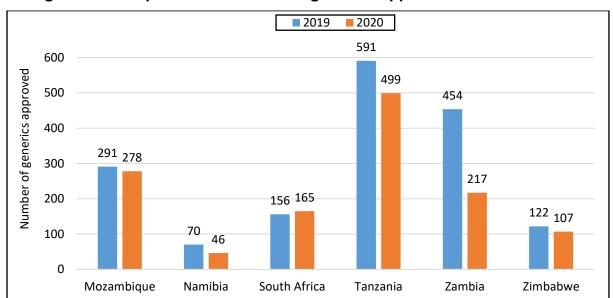


Figure 6.1 Comparison of number of generics approved from 2019 – 2020

## Mean approval times

For NASs, South Africa had the longest average approval time of all the agencies (Table 6.2) as they are the only country that conducts a full review of NASs. Namibia had an approval time of 170 days while Zimbabwe had an approval time of 219 days and these were assessed using abridged review (Table 6.2). Mozambique, Tanzania and Zambia did not approve any NASs in the two years. For generics, Tanzania had the shortest approval time even though they received the highest number of applications. Tanzania's approval times for generics were comparable to Zambia's times. The longest approval time for generics was observed for Namibia in 2019 however the time was significantly reduced in 2020. South Africa and Zimbabwe's approval times for generics were comparable (Figure 6.2). South Africa is implementing reliance in their backlog programme resulting in much shorter review times than those reported for business as usual.

Table 6.2: Comparison of mean approval times of NASs, generics and WHO prequalified generics 2019 – 2020 (calendar days)

Country	Mozambique		Namibia		South Africa		Tanzania		Zambia		Zimbabwe	
Year	2019	2020	2019	2020	2019 <sup>a</sup>	2020 <sup>b</sup>	2019	2020	2019	2020	2019	2020
NASs	0	0	170	0	490	585	0	0	0	0	219	0
Generics	310	398	890	158	589	683	218	202	240	214	611	696
WHO PQ generics	100	118	120	131	0	298	78	83	45	53	150	137

<sup>&</sup>lt;sup>a</sup> Data is for August to December due to closure of the agency for part of the year

<sup>&</sup>lt;sup>b</sup> Data for business as usual only. Excludes backlog

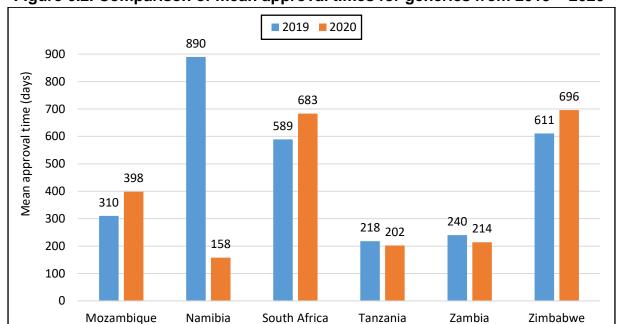


Figure 6.2. Comparison of mean approval times for generics from 2019 – 2020

#### Part II - Review models used for scientific assessment

In general, all three types of review models are used for scientific assessment by the six agencies (Table 6.3).

## Verification review (type 1)

Five agencies apart from Tanzania conducted verification reviews with the requirement for the product to have been approved by at least one reference agency, while South Africa required approval by two reference agencies. Unredacted reports were required to facilitate a verification review. However, because of a lack of agreements with other WHO-listed regulatory authorities, Mozambique and Zimbabwe only recognised WHO prequalification (WHO PQ) and the ZaZiBoNa collaborative procedure as reference agencies for this pathway.

Table 6.3: Review models employed and target timelines (calendar days)

			• •	<u> </u>		
Type of review	Mozambique	Namibia	South Africa	Tanzania	Zambia	Zimbabwe
model	(excl. applicant	(incl. applicant	(excl. applicant	(excl. applicant	(incl. applicant	(incl. applicant
	time)	time)	time)	time)	time)	time)
Verification review	✓ a	<b>√</b> b#	<b>√</b> b*	*	√c	<b>√</b> a
(type 1)						
Target	90	270	90	N/A	90	90
Abridged review	<b>√</b> b`	<b>√</b> C#	√b	√c	√d	√b
(type 2)						
Target	270	270	90	126	351	270
Full review (type 3)	✓	✓	✓	✓	✓	✓
Target	365	No target	350	252	351	480
Fast Track /	✓	✓	✓	✓	✓	✓
Priority Review						
Target	> 180	90	250	126	113	180
		. /===\		1	1	1

<sup>&</sup>lt;sup>a</sup> For WHO collaborative registration procedure (CRP) and ZaZiBoNa-recommended products.

<sup>&</sup>lt;sup>b</sup> For WHO CRP, stringent regulatory authority (SRA)-approved and ZaZiBoNa-recommended products.

<sup>&</sup>lt;sup>#</sup> Includes Zimbabwe and South Africa as recognised reference agencies.

<sup>\*</sup> Must be approved by two reference agencies.

<sup>&</sup>lt;sup>c</sup> For WHO-prequalified and SRA-approved products.

<sup>&</sup>lt;sup>d</sup> For legacy molecules with minimal risk.

<sup>\$</sup> All times have been converted to calendar days.

In addition to products approved by WHO Prequalification and ZaZiBoNa, Namibia, South Africa and Zambia conducted verification reviews of products approved by WHO-listed regulatory authorities; however, only South Africa and Zambia had agreements to access the unredacted reports from these reference agencies. Namibia also recognised South Africa and Zimbabwe as reference agencies. The reference agencies common to all countries were the WHO PQ, European Medicines Agency (EMA), Medicines and Healthcare Products Regulatory Authority (MHRA), United States Food Drug Administration (USFDA), Australia's Therapeutic Goods Administration (TGA), Health Canada, Japan's Pharmaceuticals and Medical Devices Agency (PMDA) and other mature agencies (WHO listed authorities) in Europe. Mozambique, South Africa, Zambia and Zimbabwe had a target time of 90 calendar days for verification review, while the target was 270 calendar days for Namibia.

#### Abridged review (type 2)

Five agencies, except Zambia, conducted an abridged review for products approved by at least one reference agency. For this type of review, redacted or public assessment reports were used and differences in medical culture/practice, ethnic factors, national disease pattern and unmet medical needs were taken into account during benefit-risk assessment. These considerations were also made during a verification review. For Zambia, an abridged review was conducted for established products that were considered to be of low risk. South Africa had a target time of 90 calendar days, Tanzania 126 calendar days, Mozambique, Namibia and Zimbabwe 270 calendar days and Zambia 351 calendar days.

#### Full review (type 3)

All six agencies conducted a full review (type 3) of quality, safety and efficacy for all major applications that were not eligible for verification or abridged review (Table 6.4). For Mozambique and Namibia, this comprised an extensive assessment of the chemistry, manufacturing and control (CMC) data for all product types as well as the bioequivalence for generics as all new chemical entities received had already been approved by a reference agency. For South Africa, Tanzania and Zambia, this involved a full review of the CMC for all product types, bioequivalence for generics, and nonclinical and clinical data for new chemical entities, biologicals and biosimilars inclusive of those that had not been approved anywhere else. For Zimbabwe, this involved an extensive assessment of the CMC for all product types, bioequivalence for generics and the non-clinical and clinical data for biosimilars only as all new chemical entities received had already been approved by a reference agency (Table 6.4). In five agencies the quality, safety and efficacy sections were reviewed sequentially whereas South Africa conducted all reviews in parallel. Zimbabwe reviewed the majority of applications sequentially, although biosimilars were reviewed in parallel. Namibia had no target time for the overall approval of a full review. The target for Mozambique was 365 days excluding applicant's time and this is comparable to the target times for the comparator countries: South Africa 350 days excluding the applicant time; Tanzania 252 days excluding applicant time; Zambia 351 days inclusive of the applicant time; and Zimbabwe 480 days inclusive of the applicant time (Table 6.3). These targets are further broken down into individual milestones in Table 6.6)

Table 6.4 Extent of scientific assessment for full review

	Mozambique	Namibia	South Africa	Tanzania	Zambia	Zimbabwe
Chemistry,	✓	✓	✓	✓	✓	✓
manufacturing and						
control (CMC) data						
extensive						
assessment						
Non-clinical data	×	×	✓	✓	✓	√a
extensive						
assessment						
Clinical data	×	×	✓	✓	✓	√a
extensive						
assessment						
Bioequivalence	×	✓	✓	✓	✓	✓
data extensive						
assessment						
Additional information	on obtained (whe	re appropriate)				
Other agencies	✓	✓	✓	✓	✓	✓
internal review						
reports						
Medical and	✓	✓	✓	✓	✓	✓
scientific literature						

<sup>&</sup>lt;sup>a</sup> For biosimilar products not approved by a reference agency only

#### Fast-track/priority review

The target for priority review was 90 calendar days for Namibia, 113 calendar days for Zambia, 126 calendar days for Tanzania, 180 calendar days for Zimbabwe, 250 calendar days for South Africa and >180 calendar days for Mozambique (Table 6.3). All six agencies had a fast-track review pathway in which applications were charged a higher fee to be reviewed in a shorter time and a justification for this may be an unmet medical need.

#### Data requirements

For five of the agencies in this study apart from Namibia, the CPP should be provided either at the time of the application or before the product is authorised depending on the type of review (Table 6.5). In the absence of unredacted reports from reference agencies, the CPP or evidence of authorisation in the country of origin is used to confirm similarity and approval status of the product when an abridged review is carried out. Evidence of compliance with GMP for both the active pharmaceutical ingredient and finished pharmaceutical product manufacturer, product samples, copies of the labelling and a full dossier (modules 1-5) were required for all review types by Mozambique, Namibia, South Africa and Zimbabwe. Tanzania required full data for modules 1–5 for a full review and full data for module 3 as well as summaries of modules 4 and 5 for an abridged review. Zambia required full data for modules 1–5 for a full review and only summaries of modules 3, 4 and 5 for verification and abridged reviews. A detailed assessment of the data was carried out and the relevant assessment reports prepared. Benefit-risk assessments were performed during verification and abridged review, taking-into-account differences in medical culture/practice, ethnic factors, national disease patterns and unmet medical needs.

All six agencies participated in the WHO collaborative registration procedure through which access to reports for prequalified products is given. As members of the ZaZiBoNa collaborative procedure, all six agencies had access to reports assessed by this initiative. South Africa and Zambia accessed internal assessment reports from their reference agencies. All six agencies made use of publicly available reports such as European Public Assessment Reports (EPARs) during the review process. The primary scientific assessment in all six agencies was conducted by internal staff, although South Africa and Tanzania also made use of external reviewers.

Table 6.5 Summary comparison of key features of the regulatory systems for medicines

Marketing authorisations	Mozambique	Namibia	South Africa	Tanzania	Zambia	Zimbabwe
Certificate of a Pharmaceutical Product (CPP):	<b>√</b>	×	<b>√</b>	√a	✓	<b>√</b>
CPP is required with the application or before						
authorisation is issued						
Common technical document (CTD): CTD format is mandatory for applications	✓	<b>√</b>	<b>√</b>	<b>√</b>	<b>√</b>	✓
Medical staff: More than 25% within the agency review staff are physicians	*	×	*	×	×	*
Review times: The agency sets targets for the time it spends on the scientific assessment of NASs and	•	×	<b>~</b>	<b>√</b>	<b>√</b>	•

generic applications						
Approval times:	✓	×	✓	✓	✓	✓
The agency has						
a target for the						
overall time for						
the review and						
approval of an						
application						
Questions to	✓	✓	✓	$\checkmark$	✓	✓
sponsors are						
batched at fixed						
points in the						
review procedure		,			,	
Company	✓	✓	×	✓	✓	✓
response time:						
Recording						
procedures allow						
the company						
response time to						
be measured and differentiated in						
the overall						
processing time						
Priority reviews:	✓	<b>√</b>	<b>√</b>	<b>√</b>	<b>√</b>	<b>√</b>
The agency					·	
recognises						
medical urgency						
as a criterion for						
accelerating the						
review and						
approval process						
for qualifying						
products						
Sequential	✓	$\checkmark$	×	$\checkmark$	$\checkmark$	✓ b
processing:						
Different sections						
of technical data						
reviewed						
sequentially						
rather than in						
parallel	/	<b>√</b>	<b>✓</b>		/	
Price negotiation:	•	•	<b> </b>	✓	•	•
Discussion of						
pricing is						
separate from the technical review						
and does not						
delay the						
delay trie						

approval of products						
Sample analysis: The focus is on checking quality in the marketplace and requirements for analytical work do not delay the marketing authorisation	<b>√</b>	~	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>√</b>

<sup>&</sup>lt;sup>a</sup> For abridged review (type 2) only. <sup>b</sup> Biosimilars reviewed in parallel.

#### Part III - Targets for key milestones in the review process

The review process and key milestones for the six agencies were reported in chapter 5. The targets for the key milestones are discussed in this chapter. Targets should be set for each milestone and the overall process in line with good review practices. Figure 6.3 is a standardised process map for the review and approval of medicines representing the key milestones monitored in a mature regulatory review system.

#### Receipt and validation

The target for this milestone was 15 calendar days for Mozambique, 18 calendar days for South Africa, 20 calendar days for Tanzania and Zambia, 42 calendar days for Namibia and 90 calendar days for Zimbabwe (Table 6.6).

#### Queue time

Queue time is the time between the completion of validation/acceptance for review of an application and the start of the scientific assessment. Namibia had the longest target queue time of over 365 calendar days followed by the Mozambique at 180-365 calendar days, Zambia at 180 calendar days, Zimbabwe at 90 calendar days and

Tanzania had the shortest target time of 60 calendar days. South Africa reported no target for the queue time (Table 6.6).

## Primary scientific assessment

Tanzania had a target of 14 calendar days for the scientific assessment (including peer review) while Zimbabwe had a target of 60 calendar days for the same period.

Table 6.6 Comparison of targets for key milestones in the full (type 3) review process (calendar days)

Target	Mozambique	Namibia	South Africa	Tanzania	Zambia	Zimbabwe
Receipt and validation	15	42	18	20	20	90
(A – B)						
Queuing	180-365	> 365	No target	60	180	90
(B – C)						
Primary scientific	No target	No target	No target	14	No target	60
Assessment (C – D)						
Questions to applicant	60	90	42	180	120	60
(Clock stop) (D – E)						
Review by Expert	N/A	No target	No target	1	1 - 3	1
Committee (G – H)						
Approval procedure	> 180	< 30	14	< 30	< 30	60
(Admin)						
Overall approval time	365 (excl.	No target	350 for	252 (excl.	351 (incl.	480 (incl.
(A – I)	applicant time)		generics	applicant	applicant time)	applicant time)
			(excl.	time)		
			applicant			
			time)			

N/A - No expert Committee

Date application received Milestone recorded Target Times Receipt and validation procedures 90 Days **Accepted for review** Queuing for review 90 Days Scientific review starts Milestone recorded Reviewed in sequence for generics **Efficacy** Quality Safety and in parallel for biosimilars Primary scientific assessment by Agency **Scientific Assessment Internal** expert (Peer Review) Questions to sponsor Milestone recorded Overall target: Questions processed by sponsor 480 calendar 60 Days days Assessment Time 1 Milestone recorded Reply from sponsor Milestone recorded Scientific Assessment Ends 120 Days nmittee Procedure **Start of Committee Procedure** G No target Milestone recorded Opinion is given to the agency Final report Legal / administrative matters to be finalised Approval procedure 60 Days Approval granted Milestone recorded

Figure 6.3: Standardised review process map for the six regulatory agencies

[The map represents the review and authorization of a product that goes to approval after one review cycle – It should be noted that in some countries milestone G (committee procedure) may come before milestone D (questions to the applicant)]

#### **Primary Scientific Assessment (continued)**

Tanzania was able to achieve the timeline through the use of retreats away from the office that allowed reviewers to focus on the review of applications for registration without any distractions. In addition, the application was split between a quality reviewer and a bioequivalence reviewer. Mozambique and South Africa did not report targets for the scientific assessment even though the milestone was recorded. Namibia and Zambia did not have a target for primary scientific assessment and neither did they record the start of this milestone.

#### Questions to applicants

This time is also referred to as "clock stop" or company time, when the assessment is paused and the applicant given an opportunity to respond to queries. The target for questions to applicants (clock stop) after each review cycle was 42 calendar days for South Africa, 60 calendar days for Mozambique and Zimbabwe, 90 calendar days for Namibia, 120 calendar days for Zambia and 180 calendar days for Tanzania.

#### Review by Expert Committee

In four of the countries, the expert committee made decisions on the registration or refusal of products. This was carried out after the first and peer review of applications for registration by internal reviewers and circulation of reports to members of the expert committee some days or weeks in advance of the meeting. In one of the countries, the expert committee was used in an advisory capacity. The value of the expert committee was that it consisted of external members with wide and varying expertise who provided an independent review of the products in addition to the review conducted by internal reviewers before making the decision on the registration of products.

Namibia and South Africa had no target time for their committee (council) procedures while for Tanzania and Zimbabwe the target was 1 day and for Zambia 1 – 3 days (Table 6.6). The expert committees for Namibia, Tanzania and Zambia met once a quarter, while the committees for South Africa and Zimbabwe met once every month.

#### Authorisation procedure

The target for this step was 14 calendar days for South Africa, and less than 30 calendar days for Namibia, Tanzania and Zambia. The applicant was not informed of a positive opinion before authorisation for these agencies. The target for the authorisation procedure was 60 calendar days for Zimbabwe and this was because the applicant was first informed of a positive opinion and given an opportunity to respond before authorisation. The authorisation procedure took more than 180 calendar days for Mozambique and the applicant was not informed of a positive opinion before authorisation.

#### **DISCUSSION**

The aim of this study was to compare the review models, target timelines and metrics of the six countries in the SADC region that are active members of the ZaZiBoNa collaborative medicines registration initiative. In terms of numbers of applications received, the countries with larger populations and those with the lowest fees receive the highest number of applications. This study also confirmed the findings reported by previous studies (Rägo et.al, 2008; Gwaza, 2016), mainly that the number of new active substances launched in LMIC is very low compared with high income countries, demonstrated by some countries having received no applications for registration of NASs in the study period. Policies promoting generic prescribing that are implemented

by these countries (Kaplan et.al, 2012) as well as the lack of affordability by the population may also be contributing to the high number of applications for generics received compared to NASs. The resultant effect is the lack of development of capacity to assess new active substances / new chemical entities in these countries. Thus, a deliberate effort to build capacity has to be made. Generally, the number of products approved declined in 2020 for the majority of the countries and this could be due to disruptions to work streams, because of the Covid 19 pandemic.

The six countries studied are implementing reliance by using the verification and abridged review models for the assessment of applications for registration. This should result in improved access to life-saving medicines for patients. A great opportunity identified from this study of review models is for countries in the region to begin to rely on each other's decisions for products assessed using the national procedure. The findings of this study will aid countries in better understanding the review processes of the other countries facilitating trust, reliance and in the future, mutual recognition of regulatory decisions. The targets set by the countries for the different review models vary, however this presents another opportunity for countries to standardise and argue for resources available to other countries in the region.

Five of the six countries required the WHO certificate of pharmaceutical product (CPP) at some stage in the review process confirming findings in the literature that this is still a requirement for emerging economies (Rodier et.al, 2020). Countries should review the need for the CPP where there is capacity to conduct a full review as this can affect the registration and supply of medicines by applicants. Key milestones reported by the six countries are similar and in line with international best practice. The countries that

set targets inclusive of the applicant's time should also have targets for agency time only to facilitate measurement and comparison of performance. Protracted timelines are undesirable as they affect applicants' ability to plan or launch new medicines onto the market. In addition to guidelines, the availability of information in the public domain on models of review employed, review processes, timelines for review and approval of medicines, expert committee meeting dates and status of pending products will improve the support for existing applicants and attract new applications, resulting in a growth in the number of products approved on the market.

### **RECOMMENDATIONS**

As a result of this study, the following recommendations should be considered by the six agencies taking part in this study and others in the region.

- ZaZiBoNa as a reference agency: All agencies participating in the ZaZiBoNa collaborative medicines registration initiative should consider formally recognising ZaZiBoNa as a reference agency under the verification and abridged review models.
- Timelines and targets: In order to benchmark the regulatory review process, agencies should consider documenting the key milestones and publishing the relevant timelines. Ideally, targets should be established for all the key milestones in order to support the monitoring and measuring of performance.
- Publication of data: Agencies should consider publishing the review models that
  they use for assessment, including the procedure criteria, recognised reference
  authorities and timelines. Agencies that do not have procedural guidelines and
  assessment templates should consider developing these.
- Capacity building: Agencies should consider building capacity to enable a full review of new chemical entities that are received and not approved by a reference agency.
- Performance measurement: Countries that currently set targets inclusive of the applicant's time should also have targets for agency time only to facilitate performance measurement.

#### SUMMARY

- Regulatory reliance, harmonisation and work sharing have grown over the last few
  years, resulting in greater sharing of work and information among regulators,
  enabling the efficient use of limited resources and preventing duplication of work.
- Various initiatives on the African continent include ZaZiBoNa, the Southern African
   Development Community (SADC) collaborative medicines registration initiative.
- ZaZiBoNa has resulted in significant savings in time and resources; however, identified challenges include a lack of clear information regarding the participating countries registration processes and requirements as well as lengthy registration times.
- The aim of this study, therefore, was to compare the data requirements and review models employed in the assessment of applications for registration, the target timelines for key milestones and the metrics of applications received and approved in 2019 and 2020 by Mozambique, Namibia, South Africa, Tanzania, Zambia and Zimbabwe.
- An established and validated questionnaire (Optimising the Efficiencies of Regulatory Agencies) was completed by each of the respective agencies.
- The majority of applications received and approved by all six agencies in 2019 and 2020 were generics. The mean approval times for generics varied across the countries, with ranges of 218–890 calendar days in 2019 and 158–696 calendar days in 2020.
- All three types of scientific assessment review models were used by the six agencies and data requirements and the extent of scientific assessment were similar for five countries, while SAHPRA conducted full reviews for new active substances.

- A large variation was observed in the targets set by the six agencies for the different milestones as well as overall approval times.
- The study identified the strengths of the countries as well as opportunities for improvement and alignment. Implementation of the recommendations made in this study will enhance the countries' individual systems, enabling them to efficiently support the ZaZiBoNa initiative.

## **CHAPTER 7**

Regulatory Authority Evaluation of the Effectiveness and Efficiency of the ZaZiBoNa Collaborative Medicines Registration Initiative

#### INTRODUCTION

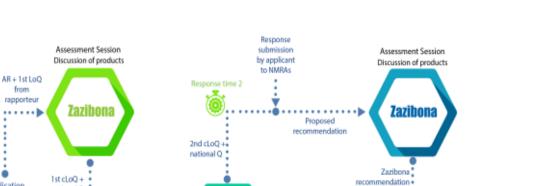
In October 2013, the inaugural meeting of the ZaZiBoNa collaborative medicines registration initiative was held in Windhoek, Namibia (Sithole et.al, 2020). Named using the first two letters of the four founding countries in the Southern African Development Community (SADC), namely Zambia, Zimbabwe, Botswana and Namibia (WHO, 2019a). ZaZiBoNa was a vision of the Heads of Agencies of those countries, with the support of the World Health Organization (WHO) prequalification team and the Southern African Regional Programme on Access to Medicines and Diagnostics (SARPAM) (Sithole et. al, 2020). The main objectives of the ZaZiBoNa initiative were 'a reduced workload, reduction in timelines to registration, the development of mutual trust and confidence in regulatory collaboration and to provide a platform for training and collaboration in other regulatory fields' (Sithole et. al, 2020).

Prior to the launch of this initiative, the national medicines regulatory authorities in SADC operated in isolation, despite facing similar challenges such as large registration backlogs that resulted in long registration times, hindering access to critical medicines by their populations (Gosling, 2007). Poor retention of human resources, and inadequate capacity to assess certain types of medicinal products were also common challenges faced by the countries, making a collaborative approach involving sharing of resources and expertise not only desirable but absolutely imperative. The four countries signed memoranda of understanding agreeing to participate in the initiative and agreed that this would be a requirement for other SADC countries wishing to join the initiative (Sithole et. al, 2020). Today, all 16 SADC countries participate in the ZaZiBoNa initiative, either as active members or non-active members depending on their capacity to conduct dossier assessments and good manufacturing practice

(GMP) inspections (Sithole et. al, 2020; Sithole et.al, 2021a). ZaZiBoNa was absorbed into the SADC medicines registration harmonisation project in 2015 which, together with other regional economic communities in Africa, is overseen by the African Medicines Regulatory Harmonisation Initiative (AMRH) (Ndomondo-Sigonda, 2018).

In the current model of the ZaZiBoNa initiative, applicants simultaneously submit applications for registration and pay fees to each of the countries in which they wish to market their medicinal products (Sithole et.al, 2020; Masekela, 2020; MCAZ, 2022c). The assessment of dossiers / applications is carried out using a rapporteur and co-rapporteur before consideration of the report by a group of assessors from all the active member countries. In the absence of a regional legal framework, ZaZiBoNa does not have centralised submissions or approvals/registrations (Sithole et.al, 2020). Therefore, once the evaluation is concluded, an assessment report with a recommendation and a consolidated list of questions is produced (Sithole et.al, 2020) and communication of the list of questions to the applicants as well as the final decision on the registration / marketing authorisation of medicinal products is left to the individual participating countries (Sithole et.al, 2020; Masekela, 2020). The process map is illustrated in Figure 7.1 (Sithole et.al, 2020). The Heads of Agencies serve as a governing body and countries participate in the initiative through multilateral agreements.

A key success of ZaZiBoNa has been its ability to continue operating with limited resources, with participating countries also contributing financially to the initiative since its inception (Sithole et.al, 2020).



Final AR from

Zazibona

Assessment Session

Feedback on final registration

rapporteur

Communication of decision to

applicant by

NMRAs

decision by **NMRAs** 

Figure 7.1. ZaZiBoNa process map

Zazibona

Assessment Session

Discussion of products

from rapporteu

Screening

Application

submission to NMRAs

Abbreviations

Q - Questions

AR - Assessment Report

LoQ - List of Questions cLoQ - Consolidated List of Questions NMRA - National Medicines Regulatory Authority

national O

AR + 2nd LoQ

from

rapporteu

Response

by applicant

to NMRAs

Another important achievement is the shorter timelines for the 333 dossiers / applications that have been assessed to date (December 2021) compared with the timelines achieved by some of the participating countries using their national procedures (Masekela, 2020). For example, ZaZiBoNa has an overall median time to recommendation of 12 months (Masekela, 2021), whereas some of the participating countries had approval times of over 650 calendar days in 2020 (Sithole, 2022b). The gap in regulatory capacity among participating countries has also been reduced through the training of assessors and inspectors, bringing further harmonisation in the way assessments and GMP inspections are conducted in the SADC region.

Despite these successes, some challenges have been identified through feedback from applicants such as differences in time to implement ZaZiBoNa recommendations by the participating countries (Sithole et.al, 2020, Sithole et.al, 2021a). This is not surprising, as the participating countries have some differences in their registration processes; for example, frequency of expert Committee meetings (Sithole et.al, 2021a, Sithole et.al, 2021b), which may affect the implementation of the ZaZiBoNa recommendations.

Sithole and colleagues therefore recommended a review of the ZaZiBoNa operating model to identify opportunities for improved efficiency (Sithole et.al, 2021a). The aim of this study was to solicit the views of the authorities on the effectiveness and efficiency of the current operating model of the ZaZiBoNa initiative. To our knowledge, no similar study has been conducted or published in the literature.

#### STUDY OBJECTIVES

The objectives of this study were to

- Obtain the views of the individual medicines' regulatory authorities of the ZaZiBoNa work-sharing initiative
- 2. Identify the challenges experienced by individual authorities since the inception of the ZaZiBoNa initiative
- 3. Determine the strengths and weaknesses of the initiative
- 4. Identify the ways of improving the performance of the initiative
- 5. Envisage the strategy for moving forward

### **METHODS**

### **Study participants**

All nine active members of the ZaZiBoNa initiative participated in the study translating to a response rate of 100%. These are, Botswana, Democratic Republic of Congo, Malawi, Mozambique, Namibia, South Africa, Tanzania, Zambia and Zimbabwe.

Active member status is determined by "the capacity to conduct assessments and GMP inspections" (Sithole et.al, 2020).

#### **Development of the PEER questionnaire**

The Process, Effectiveness and Efficiency Rating (PEER) questionnaire (Figure 7.2) was developed by the authors. The questionnaire comprised five sections under the headings; demographics, benefits of the ZaZiBoNa initiative, challenges of the ZaZiBoNa initiative, improving the performance (effectiveness and efficiency) of the work-sharing programme and envisaging the strategy for moving forward.

#### **Pilot Study**

To examine the applicability and practicality of the PEER questionnaire, it was piloted with two member authorities in July 2021 prior to undertaking the main study. As a result of the pilot study, a comment box was added at the end of the questionnaire to allow respondents to make additional comments that they felt were not previously addressed in the questionnaire. Subsequently, an additional 7-item questionnaire was completed by all participants to establish the content validity and relevance of the PEER questionnaire using the following questions;

1.	Did you find the questions clear and straightforward to respond to?	Yes □	No □
2.	Did you find the response options relevant to the heading of each se	ection (A	to E)?
		Yes □	No □
3.	Did you find the questions relevant to the aims and objectives of the	study?	
		Yes □	No 🗆
4.	Did you find the questions relevant to your authority and ZAZIBONA	۹ work s	haring
	initiative?	Yes □	No □
5.	Did you find any relevant questions missing?	Yes	□No
	If yes, please state which questions were missing in the space a questions.	ifter this	list of
6.	Did you find any questions that should be excluded?	Yes □	No □
	If yes, please state the questions that should be excluded in the space of questions.	ce after t	this list
7.	Did you find the questionnaire useful to reflect on both your agency	experie	nce as
	well that of ZAZIBONA?	Yes □	No 🗆

All respondents were of the view that the content of the final PEER questionnaire was adequate and therefore did not propose any further changes.

#### **Data collection**

Data were collected in August 2021 using the PEER questionnaire developed by the authors. The questionnaire was completed by the focal person in each country and approved by the head of the authority. Semi-structured interviews were carried out in September 2021 with each of the member authorities following completion of the PEER questionnaire.

Figure 7.2. The Process, Effectiveness and Efficiency Rating (PEER) questionnaire

# CONFIDENTIAL ZAZIBONA COLLABORATIVE MEDICINES REGISTRATION INITIATIVE PROCESS EFFECTIVENESS & EFFICIENCY RATING (PEER) Pic taken from https://www.referenceforbusiness.com/management/De-Cle/Effectiveness-and-Efficiency.html PEER QUESTIONNAIRE July, 2021 Contacts: Tariro Sithole tariromakamure@gmail.com Prof Stuart Walker swalker@cirs.org Prof Sam Salek sssalek52@gmail.com ©Tariro Sithole, Sam Salek, Stuart Walker - July 2021 1

#### INTRODUCTION

The ZAZIBONA collaborative medicines registration initiative was established in 2013 and formally endorsed by the SADC health ministers in 2014. Since its inception, there has not been a formal and structured evaluation of this work sharing programme and for its future direction, although some feedback has been sought from manufactures through stakeholder meetings.

In recent years, there has been a drive within regulatory agencies to re-engineer their processes for improved efficiency and effectiveness and this often begins with a baseline evaluation of the current process to identify strengths and weaknesses. Effectiveness can be defined as 'doing the right thing' often measured by the value derived by customers/stakeholders from an organisation's processes or services while Efficiency can be defined as 'doing things right' which saves the organization time and resources.

#### Study Participants

The PEER Questionnaire is being sent to the active members of the ZaZiBoNa initiative namely, Botswana, Democratic Republic of Congo, Malawi, Mozambique, Namibia, South Africa, Tanzania, Zambia and Zimbabwe

#### AIM

The aim of this study is to evaluate the effectiveness and efficiency of the current operating model of the ZAZIBONA initiative including the challenges it faces as well as identifying opportunities for improvement.

#### STUDY OBJECTIVES

- Obtaining the views of the individual authorities of the ZaZiBoNa initiative about the performance of the programme to date.
- Identifying the challenges experienced by individual authorities throughout the life cycle of the ZaZiBoNa initiative.
- 3. Determining the strengths and weaknesses of the initiative
- Identifying the ways of improving the performance of the working sharing programme.
- 5. Envisaging the strategy for moving forward

#### CONFIDENTIALITY

Thank you for agreeing to participate in this survey. Your responses will be treated in strictest confidence and no identifiers of countries or respondents will be shared

©Tariro Sithole, Sam Salek, Stuart Walker - July 2021 2

	h any third party or made public. External reports or presentations of the data will ude only blinded results together with appropriate analytical interpretations.
	questionnaire is divided into five short sections and will take 20 minutes to aplete. Thank you for taking time to complete it. We value your input!
Α. [	DEMOGRAPHICS
	Please state the name of your country
	<ol><li>Please provide your responses to the following questions by writing your answer in the space provided or ticking the relevant box.</li></ol>
	a. Age:years
	b. Sex:
	c. Number of years of regulatory experience:years
	What is the total number of staff in your agency?
	What is the number of reviewers of marketing authorization applications?
	How many reviewers participate in the ZAZIBONA assessments?
	<ol> <li>Does your agency have a separate record of applications received for assessment under ZAZIBONA? ☐ Yes ☐ No</li> </ol>
_	VIEWS ON THE BENEFITS OF THE ZAZIBONA INITIATIVE Select your answers by ticking the relevant box(es)
	In your view, what are 3 (or more) <u>benefits of the ZAZIBONA initiative</u> to date?
	☐ Leadership commitment/Governance structure
	☐ Clear Operating Model
	☐ Shorter timelines for approval
	☐ Information sharing among regulators
	☐ Building of capacity for assessments
	<ul> <li>Sustainable resource base because of self-funding by countries</li> </ul>
	'Harmonisation of registration requirements across the region

	Other (Please specify)
2.	What would you say are 3 (or more) <u>strengths of your process</u> for ZAZIBONA products <u>at country level</u> that other countries could learn from?
	☐ Separate register and tracking of ZAZIBONA products
	☐ Priority review of ZAZIBONA products
	$\hfill \square$ Information on the submission process and timelines for ZAZIBONA product
	are available on your country website
	☐ Products approved under ZAZIBONA are available on your country website
	<ul> <li>Regular Committee meetings enabling timely finalisation of products after ZAZIBONA recommendation</li> </ul>
	Other (Please specify)
3.	How has the ZAZIBONA initiative benefited member countries (regulators)?
	☐ Training to improve the performance of the assessors
	<ul> <li>Provides the platform for interaction and information exchange with other regulators</li> </ul>
	<ul> <li>Shared workload resulting in shorter timelines for approval than in individual countries</li> </ul>
	☐ Enables application of high standards of assessment regardless of size of
	country or maturity of regulatory agency
	☐ Improved quality of dossiers submitted
	☐ Other (Please specify)
4.	How has the ZAZIBONA initiative benefited manufacturers (applicants)?
	Reduced burden as they compile one dossier (modules 2 -5) for submission
	to multiple countries
	<ul> <li>Savings on time and resources as they receive same list of questions from multiple countries enabling compilation of a single response package</li> </ul>
	Shorter timelines for approval compared to that for the individual countries
	Access to various markets at the same time  Access to various markets at the same time
	☐ Other (Please specify)

□ Quicker access to quality assured medicines     □ Reduced prices of medicines     □ Increased availability of medicines     □ Other (Please specify)  C. <u>VIEWS ON CHALLENGES OF THE ZAZIBONA INITIATIVE</u> Select your answers by ticking the relevant box(es)  1. In your view, what are 3 (or more) challenges of the <u>ZAZIBONA initiative</u> ?     □ Lack of detailed information on the process for applicants     □ Low or decreasing number of applications for assessment	□ Differences in time to implementation of ZAZIBONA recommendations by member countries.     □ Lack of clarity about the process for submission and follow up in each country     □ Lack of information on country websites and the ZAZIBONA website about the process, milestones, timelines, pending and approved products     □ ZAZIBONA process is more stringent than some country processes     □ Differing labeling requirements in participating countries     □ Other (Please specify)
Unequal workload among member countries  Dependence on the countries' process for communication with applicants and expert Committees  Lack of centralised submission and tracking  Lack of jurisdiction power  Other (please specify)  2. In your view, what are 3 (or more) challenges that you face at country level in assessing/finalising ZAZIBONA products?  Inadequate human resources  Poor record keeping and tracking of ZAZIBONA products  Lack of priority review for ZAZIBONA products  ZAZIBONA work not recognized as part of agency work to be done during working hours  Unpredictable schedule of Committee meetings  Lack of buy-in from expert Committee(s)  Failure by manufacturers to follow the requirement to submit the exact same dossier to all countries of interest  Failure by manufacturers to adhere to deadlines for response to questions  Other (Please specify)	THE WORK SHARING PROGRAMME  Select your answers by ticking the relevant box(es)  Effectiveness can be defined as 'doing the right thing' often measured by the value derived by customers/stakeholders from an organisation's processes or services while Efficiency can be defined as 'doing things right' which saves the organization time and resources.  1. What are 3 or more ways to improve the effectiveness of the ZAZIBONA initiative in your view?  Decision-making transparency e.g. publishing Public Assessment Reports  Make publicly available any information that might help applicants in managing their submissions - templates of documents, lists of Q&A, timelines and milestones, disclosure of internal SOPs, etc.  Consistency in application of guidelines and decisions  Use of risk-based approaches e.g. reliance pathways  Engagement and interaction with stakeholders  Publishing of pending products  Minimise the need for country specific documents  Other (Please specify)

What are 3 or more ways to improve the <u>efficiency</u> of the ZAZIBONA initiative in your view?	In conclusion, what other strategies not previously highlighted can you think of that would strengthen the ZAZIBONA initiative going forward?
□ Specific and clear requirements made easily available to applicants     □ Compliance with target timelines by measuring and monitoring each milestone in the review process     □ Use of robust IT systems     □ Transparency on metrics and statistics e.g. % completed within timeline     □ Improved central tracking of ZAZIBONA products     □ Improved resources e.g. number of assessors     □ Centralised system for submission of applications and communication with applicants     □ Other (please specify)  E: ENVISAGING THE STRATEGY FOR MOVING FORWARD  1. Rate the following proposals to improve the current ZAZIBONA operating model from 1 – 3, number 1 representing what you think would be most effective in	Please feel free to use the comment box below to elaborate on any of your answers or to highlight questions and answers that you believe should have been included in this questionnaire.
improving efficiency and number 3 the least effective. Enter the appropriate number in the space provided before each proposal.  To continue with the current operating model unchanged.  To continue with the current operating model but provide full information on the process including timelines and milestones as well as approved products on every participating country's website and on the ZAZIBONA website.	Name of person completing the questionnaire:  Title (position):  Date:
The establishment of a regional administrative body to centrally receive and track ZAZIBONA applications which would be responsible for allocating work, apportioning the applicable fees to countries, tracking of applications and communication with applicants.	Thank you for your time and help
In your view, would the establishment of a SADC regional medicines agency, if legally possible, be the best strategy for improved performance going forward?  Yes No	Please do not copy, distribute or translate without the copyright holder's permission
Please explain why?	
©Tariro Sithole, Sam Saleik, Stuart Walker – July 2021 7	©Tariro Sithole, Sam Salek, Stuart Walker – July 2021

### **RESULTS**

For the purpose of clarity, the results are presented in five parts: Part I – Demographics and authority resources; Part II – Benefits of the ZaZiBoNa initiative; Part III – Challenges of the ZaZiBoNa initiative; Part IV – Improving the performance of the work-sharing programme; and Part V – Envisaging the strategy for moving forward.

#### Part I - Demographics and authority resources

The study respondents' age ranged from 31 - 49 years, with a range of regulatory experience from 4 - 16 years. Five of the respondents were female and 4 were male. Authority resources, including the number of authority assessors assigned to ZaZiBoNa reviews are listed in Table 7.1.

#### Part II – Benefits of the ZaZiBoNa initiative

#### Benefits of the ZaZiBoNA initiative

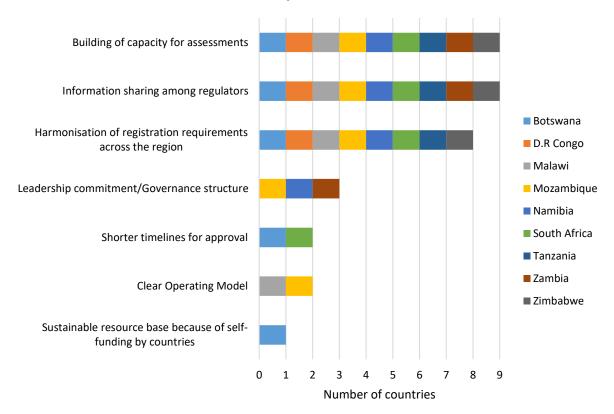
Information sharing among regulators (9/9), building of capacity for assessments (9/9) and harmonisation of registration requirements across the region (8/9) were identified as the top 3 benefits of the ZaZiBoNa initiative by the countries. However, less than a third of the countries believed that assessment through ZaZiBoNa resulted in shorter timelines for approval of medicines (2/9) or that the operating model was clear (2/9) (Figure 7.3).

**Table 7.1. Authority resources** 

	Botswana	D.R Congo	Malawi	Mozambique	Namibia	South Africa	Tanzania	Zambia	Zimbabwe
Number of staff	93	300	53	87	17	237#	290#	120	135
Number of internal assessors	9	75	8	9	8	33	59	18	20
Number of assessors involved in ZaZiBoNa	9	4	4	5	6	12	20	14	20

<sup>#</sup> Permanent

Figure 7.3. Benefits of the ZaZiBoNa initiative according to regulatory authority respondents



## Strengths of the ZaZiBoNa process at country level

The availability of information on the submission process and timelines for ZaZiBoNa dossiers / applications on the country website was selected as the top strength by most of the countries (6/9). The availability of a separate register and tracking, priority review and regular committee meetings, which enabled the timely recommendation of dossiers / applications were also identified as strengths by the majority of countries (5/9). However, less than one third of the countries (2/9) published a list of medicinal products approved under ZaZiBoNa on their website, which could be regarded as a weakness of the initiative (Figure 7.4)

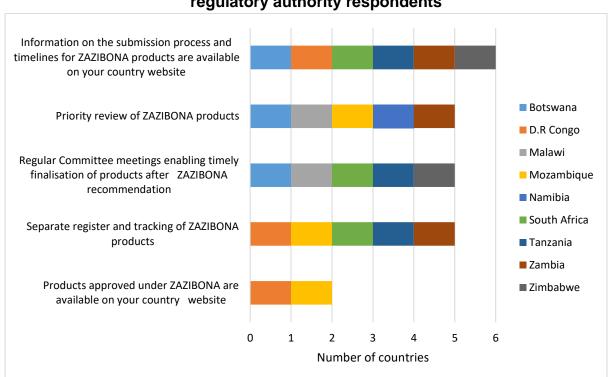


Figure 7.4. Strengths of the ZaZiBoNa process at country level according to regulatory authority respondents

## Benefits of the ZaZiBoNa initiative to member countries (regulators)

The majority of the countries agreed that the ZaZiBoNa initiative provided them with benefits that included training, which has improved the performance of the assessors (9/9), a platform for interaction and information exchange with other regulators (9/9), an improvement in the quality of dossiers submitted (8/9) and the ability to apply high standards of assessment regardless of the size of the country or maturity of regulatory authority (7/9). However, less than one third of the countries (2/9) believed that the sharing of the workload through ZaZiBoNa resulted in shorter timelines for approval than in the individual countries, confirming the observation that this is a weakness of the initiative (Figure 7.5).

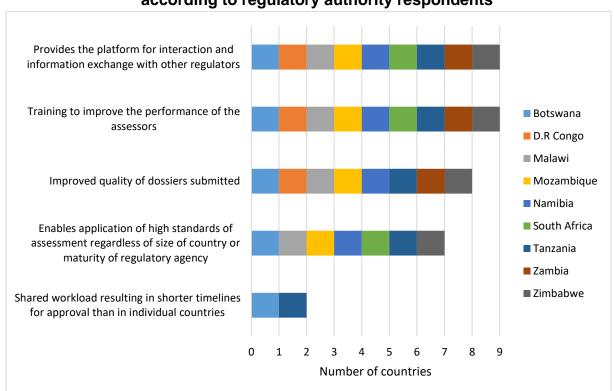


Figure 7.5. Benefits of the ZaZiBoNa initiative to member countries (regulators) according to regulatory authority respondents

### Benefits of the ZaZiBoNa initiative to applicants

The benefits to applicants selected by countries included the reduction of the burden of compiling several dossiers for different countries, as only one dossier (modules 2 -5) is required for submission to multiple countries through ZaZiBoNa (8/9) and savings in time and resources as the same list of questions is received from multiple countries enabling compilation of a single response package (9/9) with potential simultaneous access to various markets (9/9). However, only one third of the respondents (3/9) believed that applicants were receiving the promised benefit of shorter timelines for approval compared with timelines achieved for the individual countries (Figure 7.6).

Access to various markets at the same time Botswana Savings on time and resources as they receive same list of questions from ■ D.R Congo multiple countries enabling compilation of a single response package ■ Malawi Mozambique Namibia Reduced burden as applicants compile one dossier (modules 2 -5) for submission to ■ South Africa multiple countries ■ Tanzania ■ 7ambia **■** Zimbabwe Shorter timelines for approval compared to that for the individual countries 3 0 4 1 Number of countries

Figure 7.6. Benefits of the ZaZiBoNa initiative to applicants according to regulatory authority respondents

#### Benefits of the ZaZiBoNa initiative to patients

Increased availability and access to quality-assured medicines (7/9) were identified as the benefits of the ZaZiBoNa initiative for patients by the majority of the countries, although access was not regarded as always being faster than through individual countries (6/9). However, less than one third of the countries (2/9) were of the view that the initiative resulted in reduced prices of medicines (Figure 7.7)

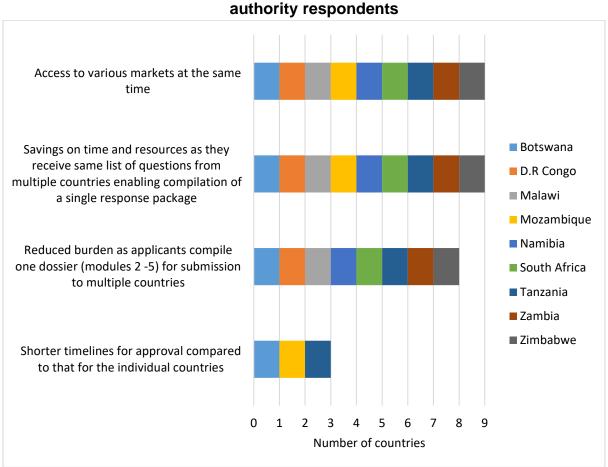


Figure 7.7. Benefits of the ZaZiBoNa initiative to patients according to regulatory authority respondents

# Part III - Challenges of the ZaZiBoNa initiative

# Challenges of the ZaZiBoNa initiative

The top two challenges of the ZaZiBoNa initiative that were selected were the lack of centralised submission and tracking (8/9) and dependence on the member country processes for communication with applicants and expert committees (7/9). An unequal workload among member countries (5/9), lack of jurisdictional power (5/9), a low or decreasing number of applications (4/9) and lack of detailed information on the process for applicants (3/9) were also identified as challenges by the countries (Figure 7.8).

Lack of centralised submission and tracking Dependence on the countries' process for communication with applicants and expert Committees Botswana ■ D.R Congo Lack of jurisdiction power ■ Malawi Mozambique Namibia Unequal workload among member countries ■ South Africa ■ Tanzania Low or decreasing number of applications Zambia for assessment **■** Zimbabwe Lack of detailed information on the process for applicants 0 1 3 6 7 Number of countries

Figure 7.8. Challenges of the ZaZiBoNa initiative according to regulatory authority respondents

# Challenges at a country level in assessing ZaZiBoNa dossiers / applications

Inadequate human resources (8/9) and the failure by applicants to adhere to deadlines in response to questions (7/9) were cited as the greatest challenges at a country level. Additionally, the majority of the countries (5/9) were of the view that failure by manufacturers to follow the requirement to submit the exact same dossier to all countries of interest was an issue. The other challenges identified were poor record keeping and tracking (3/9), unpredictable scheduling of expert committee meetings (2/9), lack of buyin from expert committees (1/9) and a failure by authorities to designate ZaZiBoNa assessments as part of the authority's workload (1/9) (Figure 7.9)

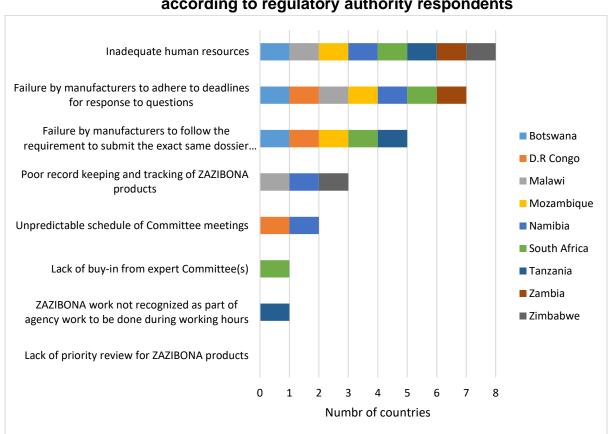


Figure 7.9 Challenges at a country level in assessing ZaZiBoNa products according to regulatory authority respondents

# Challenges for applicants submitting applications to the ZaZiBoNa initiative

The majority of the countries agreed that differing labelling requirements in participating countries (8/9) and lack of information on individual country and ZaZiBoNa websites about the process, milestones, timelines as well as pending and approved medicinal products (7/9) were the greatest challenges faced by applicants with this initiative. Additionally, most of the countries were of the view that the ZaZiBoNa process is more stringent than some country processes (6/9), presenting a challenge for applicants. Other issues identified were lack of clarity about the process for submission and follow-up in each country (4/9) and differences in time to the implementation of ZaZiBoNa recommendations by member countries (3/9) (Figure 7.10).

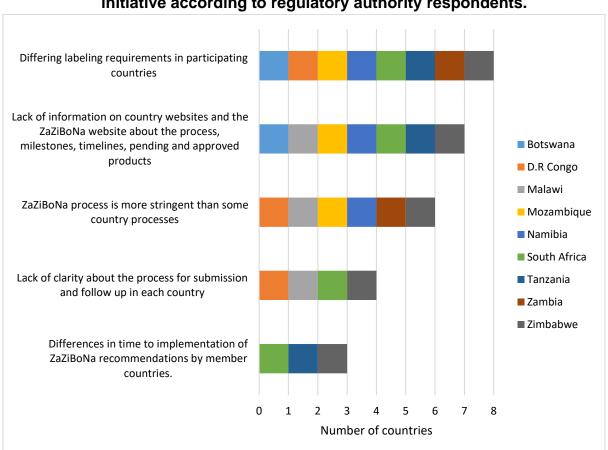


Figure 7.10. Challenges for applicants submitting applications to the ZaZiBoNa initiative according to regulatory authority respondents.

# Part IV - Improving performance (effectiveness and efficiency)

# Ways to improve the effectiveness of the ZaZiBoNa initiative

Some of the ways identified by the countries to improve the effectiveness of the initiative included decision-making transparency; for example, publishing public assessment reports (7/9), listing approved medicinal products (6/9), minimising the need for country-specific documents (5/9), engagement and interaction with stakeholders (5/9), use of risk-based approaches e.g reliance pathways (5/9), consistency in application of guidelines and decisions (5/9), making information that might help applicants in managing their submissions publicly available (5/9) and publishing lists of pending dossiers / applications (3/9) (Figure 7.11).

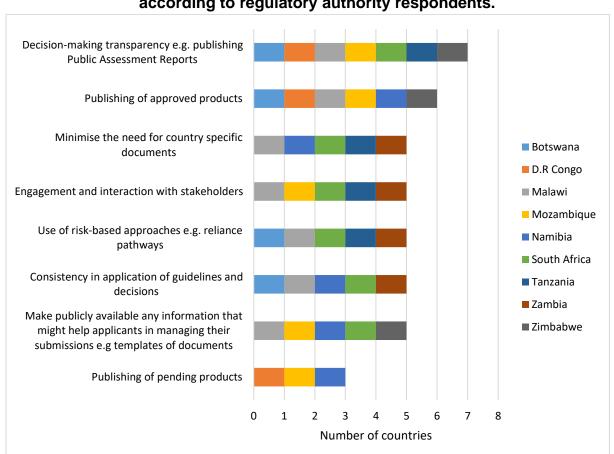


Figure 7.11. Ways to improve the effectiveness of the ZaZiBoNa initiative according to regulatory authority respondents.

# Ways to improve the efficiency of the ZaZiBoNa initiative

Improved central tracking of ZaZiBoNa dossiers / applications (8/9), a centralised system for submission of applications and communication with applicants (7/9), use of robust information technology systems (6/9), compliance with target timelines by measuring and monitoring each milestone in the review process (6/9), specific and clear requirements made easily available to applicants (6/9), improved resources; for example, number of assessors (5/9) and transparency on metrics and statistics; for example, percentage completed within the timeline (2/9) were selected as ways to improve the efficiency of the initiative (Figure 7.12).

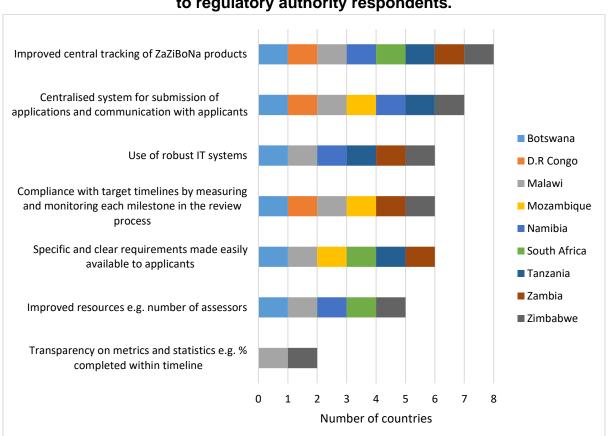


Figure 7.12. Ways to improve the efficiency of the ZaZiBoNa initiative according to regulatory authority respondents.

# Part V - Strategies for moving forward

The establishment of a regional unit hosted in one of the member states, to centrally receive and track ZaZiBoNa applications and be responsible for allocating work, apportioning the applicable fees to countries, tracking applications and communicating with applicants was selected by the majority of countries (8/9) as the best strategy moving forward in the interim. The majority of countries (7/9) were also of the view that to continue with the current operating model was the least effective strategy. All countries expressed the opinion that the establishment of a SADC regional medicines authority would be the best strategy, if it were legally possible, to address the challenges and areas requiring improvement in this initiative.

# DISCUSSION

The results of this study show that the ZaZiBoNa initiative has achieved the majority of its objectives, which included facilitating greater information sharing and harmonisation of registration requirements. The capacity of countries to conduct assessments and inspections has markedly improved as a result of their participation in this initiative (Sithole et.al, 2021a; Sithole et.al, 2021b). Reliance is being implemented within the initiative, as countries can quickly approve dossiers/applications that they had not previously reviewed but whose reports can be accessed through ZaZiBoNa. One of the key objectives of the ZaZiBoNa initiative was to reduce timelines for the approval of medicines, with a target median time of nine months inclusive of the applicant's time and the study results underscored the expected benefit to applicants of reduced timelines. However, the majority of countries did not believe that shorter timelines were being achieved and this may be problematic in the future, as it can negatively affect applicants' interest and motivation to use this process. The additional challenges faced by applicants and acknowledged by the countries need to be addressed in order to make the initiative more attractive.

Clear communication of timelines for each milestone with applicants as well as the requirements for dossiers/applications to be reviewed will increase the applicants' confidence in the process. At present, not all the participating countries have full information about ZaZiBoNa on their websites, including contact details of the focal person for follow-up. This is information that would be useful for applicants who may be planning submissions to ZaZiBoNa and is in place with other successful global worksharing initiatives (Swissmedic, 2021; TGA, 2021). Some of the shortcomings at a country level can be attributed to inadequate resources, which may also impact the

quality of the assessments. A weakness of this initiative that was identified from the study was the use of inexperienced assessors as experienced assessors were unavailable in some of the countries to carry out the ZaZiBoNa work. The initiative should have standard operating procedures in place to ensure that only competent assessors and inspectors are seconded by the respective countries to participate in the initiative, an approach modelled on the Committee for Medicinal Products for Human Use (CHMP) of the European Medicines Agency (EMA, 2021).

It has been established that ZaZiBoNa uses an operating model similar to other global work-sharing initiatives (Swissmedic, 2021; Makvana, 2014; Jawahar, 2015); however, a number of challenges have been identified. This could be due to the significantly reduced resources; for example, the number of assessors, available to ZaZiBoNa countries when compared with countries in the other initiatives. Most of the active member countries in ZaZiBoNa are faced with the challenge of limited resources and a high number of applications (Sithole et.al, 2021a; Sithole et.al, 2021b, Sithole et.al, 2021c; Keyter, 2018; Keyter, 2020) for the national procedure, which negatively impacts the work-sharing initiative. The use of a regional unit to coordinate assessments would also assist in addressing the identified challenges, particularly in a resource-constrained setting. In the long term, the establishment of a SADC regional medicines authority would be preferable and would address the challenge of the lack of jurisdictional power identified in this study.

# **RECOMMENDATIONS**

Key recommendation to improve the effectiveness and efficiency of the ZaZiBoNa worksharing initiative include:

- Measuring and monitoring regulatory timelines: The ZaZiBoNa initiative has measured and published the review timelines for the 333 dossiers / applications reviewed to date. This needs to be improved to include the monitoring, measuring and publication of the time to finalisation of ZaZiBoNa dossiers / applications in the individual participating countries.
- Capacity building and training of assessors: The ZaZiBoNa initiative has
  successfully facilitated and enabled the training of assessors in the 16 SADC
  countries. Going forward, the training and capacity-building activities should be
  separated from assessment activities, which will enable countries to second only
  competent assessors and inspectors, improving the effectiveness and efficiency
  of the initiative.
- Information for applicants: Requirements, guidelines, timelines and the process for submission of dossiers / applications to ZaZiBoNa should be made available on all participating country websites, including the contact details of the focal person.
- Transparency of process and decision making: Since 2017, the ZaZiBoNa initiative has prepared scientific summaries for approved medicinal products.
   These should be made available on the ZaZiBoNa and country websites.
- Establishment of a regional medicines authority: In the short-term, a regional unit hosted in one of the member countries to centrally receive ZaZiBoNa applications and coordinate communication with applicants should be piloted with the goal to establish a SADC regional medicines authority in the near future.

•	African Medicines Agency: Although this was not the focus of this study, there
	is need for engagement of the SADC member states to encourage them to sign
	and ratify the African Medicines Agency (AMA) treaty, as this is the future of
	medicines regulation in Africa.

# SUMMARY

- ZaZiBoNa, the work-sharing initiative in the Southern African Development
  Community (SADC) that has been in operation for 8 years, has successfully
  assessed over 300 dossiers / applications, with an overall median time to
  recommendation of 12 months.
- All 16 SADC countries participate in the initiative as either active or non-active members. While the successes of ZaZiBoNa are evident, some challenges still exist.
- The aim of this study was to solicit the views of the participating authorities on the effectiveness and efficiency of the current operating model of the ZaZiBoNa initiative.
- Data were collected in 2021 using the Process, Effectiveness and Efficiency Rating (PEER) questionnaire developed by the authors, for the nine active agencies namely Botswana, Democratic Republic of Congo, Malawi, Mozambique, Namibia, South Africa, Tanzania, Zambia and Zimbabwe.
- ZaZiBoNa serves as a platform for work sharing, information exchange, capacity building and harmonisation of registration requirements.
- One of the benefits to regulators had been the improvement in the capacity to conduct assessments. Manufacturers benefited from compiling one package (modules 2 -5) for the initial submission as well as a single response package to the consolidated list of questions, which saved time and resources. Respondents were of the view that patients had benefited as ZaZiBoNa had contributed to an improved availability and accessibility to quality-assured medicines.

- Some of the challenges identified were the inadequacy of resources and differences in time to the implementation of ZaZiBoNa recommendations by the individual countries.
- The establishment of a regional unit hosted in one of the member countries to enable centralised submission and coordination was identified as the best strategy to improve the effectiveness and efficiency of the initiative in the interim, with the long-term goal being the establishment of a regional medicines authority.
- The study identified the strengths of the ZaZiBoNa initiative as well as the opportunities for improvement. The recommendations made would further strengthen this initiative.

# **CHAPTER 8**

Pharmaceutical industry evaluation of the effectiveness and efficiency of the ZaZiBoNa collaborative medicines registration initiative

# INTRODUCTION

Medicines and other medical products undergo a rigorous review to ensure compliance with quality, safety, efficacy and local requirements before they are registered in most countries (Rägo et.al, 2008; Molzon, 2007). Other factors such as compliance of the manufacturing site(s) with current good manufacturing practices (cGMP) and compliance of product samples with specifications are considered before a medical product is registered by a national medicines regulatory authority (Rägo et.al, 2008). Traditionally, requirements for registration differed from country to country, which meant that applicants had to compile a new data set each time they wanted to submit their dossiers / applications for registration (Molzon, 2007). This presented many challenges in an industry often characterised by multinational operations. The International Conference on Harmonisation of Technical Requirements for Registration of Pharmaceuticals for Human Use (ICH) common technical document (CTD) format, which was finalised in the early 2000s, addressed this challenge by harmonising the technical requirements for new drug applications (Molzon, 2007). The CTD format is made up of 5 modules. Module 1 is region specific; for example, application forms and labels; and it has been acknowledged from the onset that the module 1 is required and will be different from country to country, while modules 2 – 5 are the same across all regions, module 2 is for overviews and summaries with module 3 for quality, module 4 for non-clinical study reports and module 5 for clinical study reports (Figure 8.1) (Molzon, 2007; Jordan, 2014; ICH, 2022). The development of the CTD format is a powerful example of the benefits that can result from collaboration between regulators and the pharmaceutical industry.

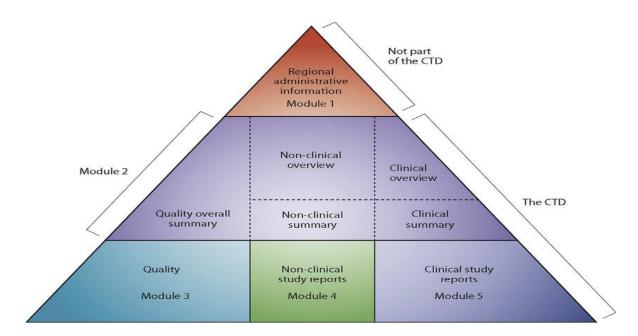


Figure 8.1. The Common Technical Document triangle

# Regulatory harmonisation in Africa

The CTD format is now used by other countries that are not ICH members (Badjatya, 2013). The World Health Organization (WHO) prequalification "Guidelines for submission of documentation for a multisource (generic) finished product and preparation of product dossiers in common technical document format" (WHO, 2011) have been adapted or adopted for use by many low- and middle-income countries in the last decade. The CTD format has facilitated harmonisation of medicines registration requirements, work sharing and joint reviews on the African continent (Sithole et.al; 2020; Mashingia et.al, 2020) as is the case in other emerging markets (Badjatya, 2013; Achin et.al, 2013). Established in 2009, the African Medicines Regulatory Harmonisation Initiative (AMRH) is the driving force behind harmonisation of medicines regulation in Africa (Ndomondo-Sigonda et.al, 2018). The AMRH works through the five regional economic blocks recognised by the African Union, for example, Southern African Development Community (SADC), East African Community (EAC) and the Economic Community of West African States (ECOWAS) (Ndomondo-Sigonda et.al, 2017).

# ZaZiBoNa collaborative medicine registration initiative

ZaZiBoNa is a collaborative medicines registration initiative in the SADC region established in 2013 and formally endorsed by the SADC Health Ministers in 2014 (Sithole et.al, 2020). All 16 SADC countries, Angola, Botswana, Comoros Islands, Democratic Republic of Congo, Eswatini, Lesotho, Madagascar, Malawi, Mauritius, Mozambique, Namibia, Seychelles, South Africa, United Republic of Tanzania, Zambia, and Zimbabwe (SADC, 2021a), participate in the initiative as either active or non-active members (Sithole et.al, 2020). As at December 2021, 333 dossiers / applications had been assessed under the ZaZiBoNa initiative with a median time to recommendation of 12 months (Masekela, 2021), which is much shorter than the timelines reported by some of the participating countries for their national procedures (Sithole et.al, 2021b). Although some feedback on the performance of the initiative has been sought from manufactures through stakeholder meetings in the past, there has not been a comprehensive and structured evaluation of the work-sharing programme for its future direction. Therefore, a study was carried out with the nine active members (regulatory authorities) of the ZaZiBoNa work-sharing initiative to determine their views on its operational effectiveness and efficiency in chapter 7 (Sithole et.al, 2022a). The aim of this study was to evaluate the effectiveness and efficiency of the current operating model of the ZaZiBoNa initiative including the challenges it faces as well as identifying opportunities for improvement from the perspective of applicants.

# STUDY OBJECTIVES

The objectives of this study were to

 Obtain the views of the applicants of the ZaZiBoNa initiative about the performance of the programme to date

- Identify the challenges experienced by individual applicants since the inception of the ZaZiBoNa initiative
- 3. Determine the strengths and weaknesses of the initiative
- 4. Identify the ways for improving the performance of the work-sharing programme
- 5. Envisage the strategy for moving forward

# **METHODS**

# Study participants

Twenty-three applicants who had submitted registration/marketing authorisation applications for both generic and innovator products to the ZaZiBoNa initiative during the period 2017-2021 were identified and invited to participate in the study. Nineteen out of the twenty-three applicants responded with completed questionnaires, translating to a response rate of 83%. Applicants who submitted applications for registration of generic medicines manufactured outside of the SADC region will be referred to as *Generics* (*Foreign*) in this report. Applicants who submitted applications for registration of generic medicines manufactured within the SADC region will be referred to as *Generics* (*Local*). Applicants who submitted applications for registration of innovator medicines will be referred to as *Innovator*. There were no locally manufactured innovator medicines submitted to ZaZiBoNa in the period under review (2017-2021).

# **Development of the PEER-IND questionnaire**

The Process, Effectiveness and Efficiency Rating questionnaire for industry (PEER-IND) (Figure 8.2) was developed by the authors. The questionnaire comprised five sections under the headings; demographics, benefits of the ZaZiBoNa initiative, challenges of the

ZaZiBoNa initiative, improving the performance (effectiveness and efficiency) of the worksharing programme and envisaging the strategy for moving forward.

# **Pilot Study**

To examine the applicability and practicality of the PEER-IND questionnaire, it was piloted with five applicants in August 2021 prior to undertaking the main study and an additional question rating the individual countries was included in the questionnaire based on the feedback from the participants. Subsequently, an additional 7-item questionnaire was completed by all participants to establish the content validity and relevance of the PEER-IND questionnaire using the following questions;

		Yes □ No □
2.	Did you find the response options relevant to the heading of each sec	ction (A to E)?
	Yes □ No □	
3.	Did you find the questions relevant to the aims and objectives of the stu	dy?
		Yes □ No □
4.	Did you find the questions relevant to your authority and ZAZIBONA	work sharing
	initiative?	Yes ☐ No ☐
5.	Did you find any relevant questions missing?	Yes □ No □
	If yes, please state which questions were missing in the space af questions.	ter this list of
6.	Did you find any questions that should be excluded?	Yes □ No
	If yes, please state the questions that should be excluded in the space a questions.	after this list of
7.	Did you find the questionnaire useful to reflect on both your agency expe	erience as well
	that of ZAZIBONA?	Yes □ No

All respondents were of the view that the content of the final PEER-IND questionnaire
was adequate and therefore did not propose any further changes.
was adoquate and therefore all her proposes any farther shanges.

Figure 8.2. The Process, Effectiveness and Efficiency Rating questionnaire for industry (PEER-IND)

#### CONFIDENTIAL

# ZAZIBONA COLLABORATIVE MEDICINES REGISTRATION INITIATIVE

PROCESS EFFECTIVENESS & EFFICIENCY RATING (PEER-IND)



PEER-IND QUESTIONNAIRE

#### August, 2021

Contacts:

Tariro Sithole tariromakamure@gmail.com

Prof Stuart Walker swalker@cirs.org

Prof Sam Salek sssalek52@gmail.com

Tariro Sithole, Sam Salek, Stuart Walker - August 2021

#### INTRODUCTION

The ZAZIBONA collaborative medicines registration initiative was established in 2013 and formally endorsed by the SADC health ministers in 2014. Since its inception, there has not been a formal and structured evaluation of this work sharing programme and for its future direction, although some feedback has been sought from manufactures through stakeholder meetings.

A recent study has been carried out among the nine active members of the ZaZiBoNa work sharing initiative using a similar questionnaire to the one being sent to the applicants, so that the benefit is gained from both key stakeholders.

In recent years, there has been a drive within regulatory agencies to re-engineer their processes for improved efficiency and effectiveness and this often begins with a baseline evaluation of the current process to identify strengths and weaknesses. Effectiveness can be defined as 'doing the right thing' often measured by the value derived by customers/stakeholders from an organisation's processes or services while Efficiency can be defined as 'doing things right' which saves the organization time and resources.

#### Study Participants

The PEER Questionnaire is being sent to applicants who have submitted marketing authorisation applications for assessment under the ZaZiBoNa initiative.

#### AIM

The aim of this study is to evaluate the effectiveness and efficiency of the current operating model of the ZAZIBONA initiative including the challenges it faces as well as identifying opportunities for improvement.

#### STUDY OBJECTIVES

- Obtaining the views of the applicants of the ZaZiBoNa initiative about the performance of the programme to date.
- Identifying the challenges experienced by individual applicants throughout the life cycle of the ZaZiBoNa initiative.
- 3. Determining the strengths and weaknesses of the initiative
- Identifying the ways of improving the performance of the work sharing programme.
- 5. Envisaging the strategy for moving forward

#### CONFIDENTIALITY

Tariro Sithole, Sam Salek, Stuart Walker – August 2021

strictest o	onfidence and no id th any third party of	dentifiers of compar r made public. Exter	Your responses will be treated in nies or respondents will be nal reports or presentations of the propriate analytical interpretations.
		o five short sections : time to complete it. V	and will take 20 minutes to Ve value your input!
A. DEMOG	RAPHICS		
1. Plea	se state the name o	f your company	
		onses to the followin ticking the relevant b	g questions by writing your answer ox.
a	i. Age:yea	ars	
t	o. Sex: 🗆 Male	☐ Female	
c	. Number of years	of regulatory affairs e	xperience:years
			any markets products
	Angola		Botswana
	Comoros		Democratic Republic of Congo
	Eswatini		Lesotho
	Madagascar		Malawi
	Mauritius		Mozambique
	Namibia		Seychelles
	South Africa		Tanzania
	Zambia		Zimbabwe
ZAZ	IBONA to facilitate tr		s submitted for assessment under to deadlines? Yes No
		ng the relevant box(e	
1. In yo	our view, what are 3	(or more) <u>benefits of</u>	the ZAZIBONA initiative to date?
		© Tariro Sithole, Sam !	Salek, Stuart Walker – August 2021 3

	☐ Leadership commitment/Governance structure
	☐ Clear Operating Model
	☐ Shorter timelines for approval
	☐ Information sharing among regulators
	☐ Building of capacity for assessments
	☐ Sustainable resource base because of self-funding by countries
	☐ 'Harmonisation of registration requirements across the region
	Other (Please specify)
2.	How has the ZAZIBONA initiative benefited you as applicants?
	☐ Reduced burden as applicants compile one dossier (modules 2 -5) for
	submission to multiple countries
	Savings on time and resources as applicants receive the same list of
	questions from multiple countries enabling compilation of a single response package
	Shorter timelines for approval compared to that for the individual countries
	☐ Access to various markets at the same time
	☐ Other (Please specify)
3.	How has the ZAZIBONA initiative benefited patients in the individual countries or in the SADC region?
	Quicker access to quality assured medicines
	☐ Reduced prices of medicines
	☐ Increased availability of medicines
	Other (Please specify)
	EWS ON CHALLENGES OF THE ZAZIBONA INITIATIVE ect your answers by ticking the relevant box(es)
1.	In your view, what are 3 (or more) challenges of the ZAZIBONA initiative?
	☐ Lack of detailed information on the process for applicants
	☐ Differences in regulatory performance of the countries
	Dependence on the countries' process for communication with applicants
	© Tariro Sithole, Sam Salek, Stuart Walker – August 2021 4

□ Lack of centralised submission and tracking     □ Lack of ability to mandate central registration     □ Other (please specify)	Effectiveness can be defined as 'doing the right thing' often measured by the value derived by customers/stakeholders from an organisation's processes or services while Efficiency can be defined as 'doing things right' which saves the organization time and resources.
2. What are the challenges faced by <u>applicants</u> submitting applications to the ZAZIBONA initiative?	1. What are 3 or more ways to improve the <u>effectiveness</u> of the ZAZIBONA initiative in your view?
□ Differences in time to implementation of ZAZIBONA recommendations by member countries. □ Lack of clarity about the process for submission and follow up in each country □ Lack of information on country websites and the ZAZIBONA website about the process, milestones, timelines for pending and approved products □ ZAZIBONA process is more stringent than individual country processes for reviews and GMP audits □ Differing labeling requirements in participating countries □ Failure by countries to adhere to promised timelines □ Risk of losing access to all member states once a product is rejected by ZAZIBONA (i.e can no longer pursue registration in individual countries) □ Low motivation and appeal to use the ZAZIBONA route as there are few success stories available or publicized □ Low motivation to use the ZAZIBONA route as other review routes are now being used by individual countries e.g reliance on SRA approvals or other SADC countries are faster □ Other (Please specify)  3. In your view, what do you believe are the challenges faced by agencies in reviewing the ZAZIBONA applications? □ IMPROVING THE PERFORMANCE (EFFECTIVENESS AND EFFICIENCY) OF THE WORK SHARING PROGRAMME Select your answers by ticking the relevant box(es)	<ul> <li>□ Decision-making transparency e.g., publishing Public Assessment Reports</li> <li>□ Make publicly available any information that might help applicants in managing their submissions - templates of documents, lists of Q&amp;A, timelines and milestones, disclosure of internal SOPs, etc.</li> <li>□ Consistency in application of guidelines and decisions</li> <li>□ Use of risk-based approaches e.g., reliance pathways</li> <li>□ Engagement and interaction with stakeholders</li> <li>□ Publishing of pending products</li> <li>□ Publishing of approved products</li> <li>□ Minimising the need for country specific documents</li> <li>□ Other (Please specify)</li> <li>2. What are 3 or more ways to improve the efficiency of the ZAZIBONA initiative in your view?</li> <li>□ Specific and clear requirements made easily available to applicants</li> <li>□ Compliance with target timelines by measuring and monitoring each milestone in the review process</li> <li>□ Use of robust IT systems</li> <li>□ Transparency on metrics and statistics e.g., % completed within a timeline</li> <li>□ Improved central tracking of ZAZIBONA products</li> <li>□ Improved resources e.g., number of assessors</li> <li>□ Centralised system for submission of applications and communication with applicants</li> <li>□ Other (please specify)</li> </ul>
© Tariro Sithole, Sam Salek, Stuart Walker – August 2021 5	© Tariro Sithole, Sam Salek, Stuart Walker – August 2021 6

3. Evaluate the performance of individual countries that you have submitted applications to for review under ZAZIBONA Please complete only for the countries that you have submitted ZAZIBONA applications to and have experience with

Measure	Bot	swana	D.R	Congo	Ma	lawi	Moz	ambique	Nar	nibia	Sou	ıth Africa	Tan	zania	Zan	nbia	Zim	babwe
	Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	Yes	No
The contact person is known																		
The process for submission of applications is clear																		
The process and timelines for ZAZIBONA products are available on the website																		
Communication of queries is carried out timeously (NMT 30 days after a session)																		
Registration after a ZAZIBONA recommendation is carried out timeously (i.e in NMT 3 months from the date of the recommendation)																		

© Tariro Sithole, Sam Salek, Stuart Walker – August 2021

	Rate the following proposals to improve the current ZAZIBONA operating model from 1 – 3, number 1 representing what you think would be most effective in improving efficiency and number 3 the least effective. Enter the appropriate number in the space provided before each proposal.
	To continue with the current operating model unchanged.
	To continue with the current operating model, but provide fu information on the process including timelines and milestones as we as approved products on every participating country's website an on the ZAZIBONA website.
	The establishment of a regional administrative body to centrall receive and track ZAZIBONA applications which would b responsible for allocating work, apportioning the applicable fees to countries, tracking of applications and communication wit applicants.
2.	In your view, would the establishment of a SADC regional medicines agency, if legally possible, be the best strategy for improved performance going forward?
	Please explain why?
3.	In conclusion, what other strategies not previously highlighted can you think of that would strengthen the ZAZIBONA initiative going forward?

Name of person completing t	he questionnaire:
Title (position):	
Date:	
Thank you for your time and I	holp
mank you for your time and	neip
Please do not conv. distribute o	or translate without the copyright holder's permission

# **Data collection**

Data were collected in September 2021 using the PEER-IND questionnaire. The questionnaire was completed by a representative responsible for ZaZiBoNa submissions in each company.

# **RESULTS**

For the purpose of clarity, the results are presented in five parts: Part I – Demographics; Part II - Benefits of the ZaZiBoNa initiative; Part III – Challenges of the ZaZiBoNa initiative; Part IV – Improving the performance of the work-sharing programme; and Part V – Envisaging the strategy for moving forward.

# Part I - Demographics

The study respondents' age ranged from 33 – 59 years, with a range of regulatory experience from 5–30 years. Eleven of the respondents were female and eight were male. Study participants were classified according to their product portfolio and location of their manufacturing site. Fifteen (79%) were foreign generic pharmaceutical companies, one (5%) was a local manufacturer of generics and three (16%) were innovator pharmaceutical companies. Of the 333 dossiers / applications assessed as at 31 December 2021, 94% were generics submitted by foreign companies, 5% were new active substances submitted by innovator companies and 1% were generics submitted by the local company.

### Part II - Benefits of the ZaZiBoNa initiative

# Benefits of the ZaZiBoNA initiative

Information sharing among regulators (16/19), harmonisation of registration requirements across the region (15/19) and shorter timelines for approval (14/19) were identified as the top three benefits of the ZaZiBoNa initiative by the majority of the applicants. However, of note is that less than one third of the applicants believed that the operating model was clear (5/19) or that self-funding by countries created a sustainable resource base for the initiative (3/19) (Figure 8.3).

Industry respondents.

Generics (Foreign) Generics (Local) Innovator

Information sharing among regulators
Harmonisation of registration requirements across the region

Shorter timelines for approval

Building of capacity for assessments

Clear Operating Model

Leadership commitment/Governance structure

Sustainable resource base because of self-funding by countries

0 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16

Number of companies

Figure 8.3. Benefits of the ZaZiBoNa initiative according to pharmaceutical industry respondents.

# Benefits of the ZaZiBoNa initiative to applicants

The majority of applicants (16/19) viewed the savings of time and resources as a benefit of the initiative, as they received the same list of questions from multiple countries, enabling compilation of a single response package (Figure 8.4). In addition to this, a large number of applicants (14/19) believed that the burden of compiling

several dossiers for different countries was reduced as under ZaZiBoNa they only compiled one dossier (modules 2 -5) for submission to multiple countries. Access to various markets at the same time (13/19) and shorter timelines for approval compared with that of the individual countries (11/19) were also identified as benefits to applicants, although some applicants were of the view that ZaZiBoNa timelines of approximately 12 months were comparable to the national timelines for some countries who had improved their timelines in the last 2 – 3 years.

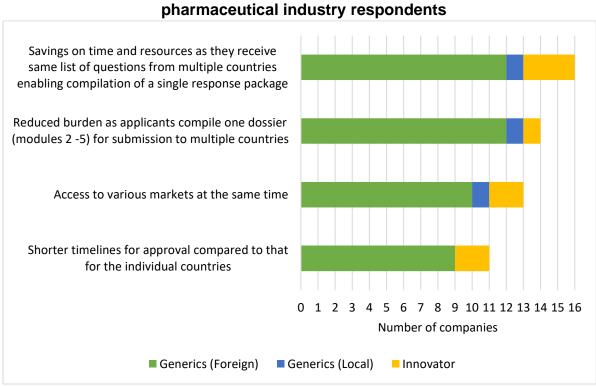


Figure 8.4. Benefits of the ZaZiBoNa initiative to applicants according to pharmaceutical industry respondents

# Benefits of the ZaZiBoNa initiative to patients

Increased availability of medicines (15/19) and quicker access to quality-assured medicines (14/19) were identified as the benefits of the ZaZiBoNa initiative to patients by the majority of applicants. This was attributed by some applicants to improved commercial viability in otherwise under-resourced territories, resulting from the

acceptance/supply of a harmonised medicinal product across the region. However, only 2 out of the 19 applicants believed that the initiative resulted in reduced prices for medicines (Figure 8.5).

Increased availability of medicines

Quicker access to quality assured medicines

Reduced prices of medicines

0 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15

Number of companies

Figure 8.5. Benefits of the ZaZiBoNa initiative to patients according to pharmaceutical industry respondents

# Part III - Challenges of the ZaZiBoNa initiative

# Overall challenges of the ZaZiBoNa initiative

The major challenges of the ZaZiBoNa initiative were identified as the lack of centralised submission and tracking (18/19), differences in regulatory performance of the countries (13/19), lack of ability to mandate a central registration (12/19) and dependence on the countries' processes for communication with applicants (12/19) (Figure 8.6). Additional challenges highlighted were the failure by some countries to adhere to the 90 working days set for registration after the ZaZiBoNa recommendation, difficulty following up on dossiers / applications in some countries as there was no clear ZaZiBoNa contact person and the lack of an overall central person in ZaZiBoNa to submit complaints when individual countries were uncooperative.

Differences in regulatory performance of the countries

Lack of jurisdiction power (ability to mandate central registration)

Dependence on the countries' process for communication with applicants

Lack of detailed information on the process for applicants

0 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18

Number of applicants

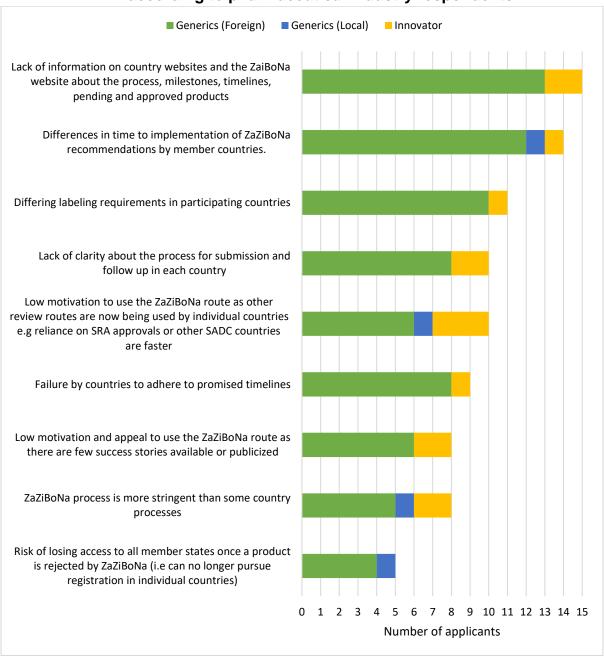
Figure 8.6 Overall challenges of the ZaZiBoNa initiative according to pharmaceutical industry respondents.

# Challenges for applicants submitting applications to the ZaZiBoNa initiative

The top two challenges faced by applicants, indicated by the respondents, were lack of information on the country and ZaZiBoNa websites about the process, milestones, timelines and pending and approved mediinal products (15/19) and the differences in time to the implementation of ZaZiBoNa recommendations by member countries (14/19). Additional challenges identified by a majority of the applicants were differing labelling requirements in participating countries (11/19), lack of clarity about the process for submission and follow-up in each country (10/19) and low motivation to use the ZaZiBoNa route as other review routes now used by individual countries such as reliance on stringent regulatory authority (SRA) approvals or approvals by other SADC countries were faster (10/19) (Figure 8.7). The lack of alignment resulting in some of the ZaZiBoNa member countries being more stringent than others was perceived to put smaller companies at a disadvantage compared with larger established companies. Applicants also expressed frustration at having to duplicate

efforts in completing WHO forms, which are currently used for ZaZiBoNa as well as national forms; for example, WHO versus national Quality Information Summary and Quality Overall Summary.

Figure 8.7 Challenges for applicants submitting to the ZaZiBoNa initiative according to pharmaceutical industry respondents.



# Industry's views of the challenges faced by regulators

Industry identified some challenges faced by regulators:

- submission of dossiers and query responses at different times in the member countries, making it difficult to initiate harmonised assessment;
- different internal processes in each of the authorities leading to dissimilar times for adoption of recommendations and processing of query letters and registration certificates;
- inadequate infrastructure and information technology (IT) system and resources;
- unavailability of reliance-related documentation from Stringent Regulatory
   Authorities (SRA's) for WHO facilitated SRA reviews;
- difficulty in sharing additional information provided by applicants during submission of responses to respective authorities;
- facilitating various views during the review of a single application by all participating countries;
- limited capacity for the review of bio-therapeutics by some authorities;
- limited number of assessors with adequate skills) available for the ZaZiBoNa process; and
- lengthy assessments and queries due to the combined process and lack of a dedicated team to review the ZaZiBoNa applications.

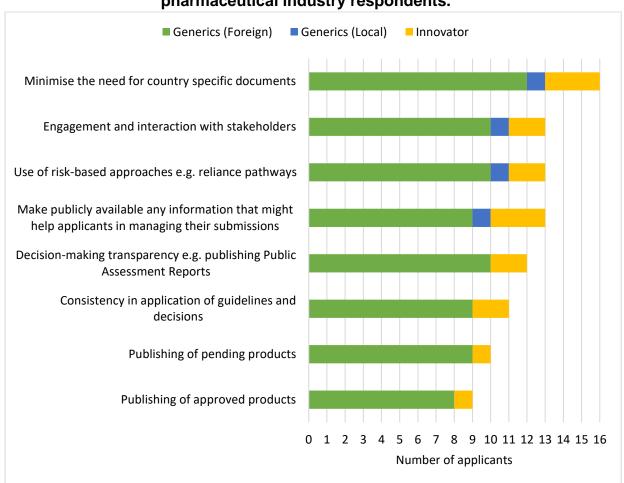
# Part IV - Improving performance (effectiveness and efficiency)

# Improving the effectiveness of the ZaZiBoNa initiative

The following approaches, namely minimising the need for country-specific documents (16/19), making publicly available any information that might help applicants in

managing their submissions such as document templates, lists of Q&As, timelines and milestones, disclosure of internal standard operating procedures (13/19), use of risk-based approaches such as reliance pathways and engagement (13/19) and interaction with stakeholders (13/19) were selected as the top ways to improve effectiveness of the initiative by the industry. Applicants proposed that having clear communication as to whether a dossier / application has been accepted into the ZaZiBoNa process, the availability of contact details of the focal person in each respective country to enable follow-up of pending dossiers / applications and centralising submission were additional measures that would improve the effectiveness of the initiative (Figure 8.8).

Figure 8.8 Improving the effectiveness of the ZaZiBoNa initiative according to pharmaceutical industry respondents.



# Improving the efficiency of the ZaZiBoNa initiative

Applicants selected improved central tracking of ZaZiBoNa dossiers / applications (17/19) and a centralised system for the submission of applications and communication with applicants (17/9) as the top ways to improve the efficiency of the initiative for applicants. Also identified as contributing to improved efficiency were specific and clear requirements made easily available to applicants (15/19) and compliance with target timelines by measuring and monitoring each milestone in the review process (13/19) (Figure 8.9).

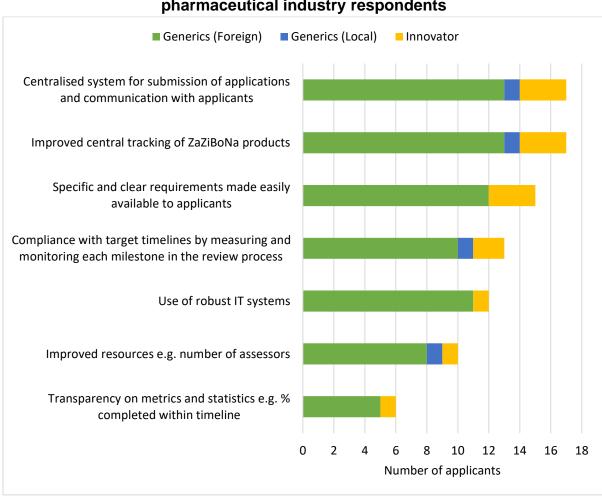


Figure 8.9. Improving the efficiency of the ZaZiBoNa initiative according to pharmaceutical industry respondents

# Part V - Strategies for moving forward

The majority of applicants (15/19) were of the view that the establishment of a regional unit hosted in one of the member countries to centrally receive and track ZaZiBoNa applications was the best strategy for moving forward in the interim. The unit would be responsible for allocating work, apportioning the applicable fees to countries, tracking of applications and communication with applicants. The majority of applicants (12/19) were also of the view that to continue with the current operating model was the least effective strategy.

Fifteen out of 19 applicants were of the view that if it were legally possible, the establishment of a SADC regional medicines authority would be the best strategy to address the challenges and areas requiring improvement in the initiative. However, it was acknowledged by some of the applicants that immense legal and administrative hurdles exist in the SADC setting; for example, lack of harmonisation in the regional dossier sections, as well as differences in country-specific registration requirements, which will need to be addressed if a regional authority is to be established. An example of this is the requirement of the South African Health Products Regulatory Authority (SAHPRA) that comparative dissolution studies should be conducted between an SRA oral formulation versus the local test medicinal product to demonstrate equivalence in three different dissolution media is unique to SAHPRA and different to all other ZaZiBoNa members. A few of the applicants (3/19) were not in support of the establishment of a SADC regional medicines authority, as some of these felt that it would increase the operating costs of the entire evaluation process, which would affect them in the end.

# DISCUSSION

The results of this study show that applicants perceive that there has been a high degree of success and benefit from the ZaZiBoNa initiative for applicants, patients and regulators. A similar study (chapter 7) was conducted with regulators (Sithole et.al, 2022a) and the responses compared. Regulators and industry commonly agreed that information sharing among regulators and harmonisation of registration requirements across the region were the main benefits of the ZaZiBoNa initiative. There was agreement too that as a result, the initiative has saved the industry time and resources spent compiling submissions and responses to queries. Both regulators and the pharmaceutical industry were of the view that the initiative has resulted in greater access to quality-assured medicines by patients, although there was a difference in opinion regarding the time that this is taking. A number of applicants were of the view that ZaZiBoNa resulted in shorter timelines, while only a minority of regulators believed that this was achieved (Sithole et.al, 2022a). Further investigation is required to understand why the initiative is not resulting in reduced prices of medicines for patients, since both regulators and industry acknowledge that time, resources and the effort required to get medicines approved has been reduced.

While the successes and benefits of the ZaZiBoNa initiative have been examined in this study, it is apparent that there is now a need to review the operating model in order to address the challenges that have been identified to make it more effective and efficient. Views of the regulators (Sithole et.al, 2022a) and industry were compared and there was agreement on the challenges such as lack of information for applicants on country websites, failure by applicants to meet deadlines for submission

of responses, inadequate resources, an unclear operating model and differing performance by participating regulatory authorities.

Interestingly, only a minority of the regulators and industry were of the view that selffunding by countries created a sustainable resource base for this initiative; therefore, there is still a need for partner support or other sources of funding at present. This is supported by studies in the literature highlighting the inadequacy of resources currently available to authorities in low- to middle-income countries (Keyter et.al, 2018; Keyter et.al, 2020; Sithole et.al, 2020, Sithole et.al, 2021a, Sithole et.al, 2021c). Challenges highlighted by the industry but not identified in the regulators study (Sithole et.al, 2022a) are the difficulties faced by applicants when they need to follow up on pending dossiers / applications or seek arbitration in situations in which individual authorities were uncooperative. The challenges identified in this study are not unique to this initiative, as they have been identified for other regions such as the East African Community, with applicants indicating that the goal of harmonisation, which was to ensure quicker access to quality-assured medicines was not always being met (Dansie et.al, 2019). Addressing the challenges identified in this study presents a unique opportunity for ZaZiBoNa to re-engineer its operating model, thus ensuring that the initiative remains competitive when compared with the other routes available for registration of medicines.

The removal of country-specific requirements was identified in both this and the regulators study (Sithole et.al, 2022a) as one of the best ways to improve effectiveness and efficiency. Authorities in the SADC region now require submission of the dossier in CTD format; however, there are some country-specific requirements identified in

this study such as bioequivalence, labelling and local Quality Information Summary and Quality Overall Summary that still impede harmonisation efforts and this is consistent with findings from other studies in the literature (Narsai et.al, 2012; Sithole et.al, 2020). There is now a need for countries to make a deliberate effort to collectively review their legislation in order to include provisions that facilitate the harmonisation of the registration and labelling requirements for medicinal products in the SADC region.

Although the ZaZiBoNa initiative has been in operation for eight years, the process for submission in some countries remains unclear to applicants (Sithole et.al, 2020,). This, in addition to a number of other challenges identified in this study such as failure by some countries to register medicines and issue GMP certificates within the set timelines after a ZaZiBoNa recommendation, can be attributed to the participating authorities having differing capacities (Sithole et.al, 2021a; Sithole et.al, 2021b). Centralised submission and tracking were therefore proposed by both regulators and industry as ways to improve the effectiveness and efficiency of this initiative. This can be achieved through the development of a regional unit hosted in one of the member countries to coordinate submissions. A proposal made by industry, but not identified by regulators, was the need to implement a system that would allow applicants to submit an "expression of interest" to have their dossiers / applications assessed under ZaZiBoNa. This would enable the regulators to adequately plan and allocate resources as well as ensure that applicants are informed from the outset as to whether their dossiers / applications have been accepted for review under ZaZiBoNa. At present, some applicants only become aware that their dossier / application will be reviewed under ZaZiBoNa months after submission. Although some of the participating

countries have information on the ZaZiBoNa process on their websites and the contact details of the focal person are known, this is not the case in all the countries and this detracts from the initiative's effectiveness and efficiency.

# Way forward

In the long term, the establishment of a regional medicines authority was proposed as a strategy for moving forward. This is not unique to SADC and has also been proposed for other harmonisation initiatives (Dansie et.al, 2019; EMA, 2017; Arik et.al, 2020). To do this, a binding memorandum of understanding should be developed mandating the establishment of the regional medicines authority. A similar model has been implemented in the Standardisation, Quality Assurance, Accreditation and Metrology (SQAM) Programme in the Southern African Development Community (SADC, 2021b). This would ideally make it possible for a SADC-approved medicinal product to be marketed in all the SADC countries. Issues such as the need to strengthen pharmacovigilance systems and to have an agreement on the use of labelling that is in the three official SADC languages, English, Portuguese and French, should be considered before implementation as these are important for patient safety. In addition, the concern of increased costs to applicants that was raised by a few of the applicants who were not in support of this proposal should also be taken into consideration.

# **RECOMMENDATIONS**

Key recommendations to improve the effectiveness and efficiency of ZaZiBoNa worksharing initiative include:

- Information for applicants Full information on the ZaZiBoNa process including contact details of the focal person, timelines and milestones as well as approved medicinal products should be published on the website of every participating authority as well as ZaZiBoNA.
- Submission procedures -The initiative should introduce expression of interest forms, which will be completed by applicants prior to submission of dossiers.
   Communication of acceptance for assessment under the ZaZiBoNa initiative or otherwise should be made within a defined period from the date of submission.
- Information management systems The initiative should use automated systems to enable the online submission and tracking of applications through all the stages of review including information on the meetings at which dossiers / applications are discussed. Applicants should also be able to track their dossiers / applications using the same system.
- Product life-cycle management The initiative should establish a process for the review of post approval changes. Variation requirements should be harmonised so that one application can cater for all markets.
- Reliance The WHO-facilitated SRA procedure for ZaZiBoNa has yielded significant results for some applicants and should be promoted and used for more medicinal products.
- Centralised submission, tracking and communication system As an interim measure, a regional unit hosted in one of the member countries should be piloted to centrally receive, track and coordinate ZaZiBoNa dossier

submissions. This will address the various challenges faced by the industry with the current operating model such as differences in the time to implementation of the ZaZiBoNa recommendations for assessments and GMP inspections as well as the lack of a specified person/office to escalate matters in cases in which applicants have challenges with participating countries.

• Regional medicines authority – In the long term, a binding memorandum of understanding should be developed mandating the establishment of a regional medicines' authority. This would be similar to the model employed for the SQAM programme in the Southern African Development Community. This would ideally make it possible for a SADC-approved medicinal product to be marketed in all the SADC countries. In the meantime, countries should make a deliberate effort to collectively review their legislation, guidelines, and processes in order to truly harmonise the registration and labelling requirements for medicinal products in the SADC region.

# SUMMARY

- The common technical document (CTD) format harmonised the requirements for the registration of medicines, which had traditionally differed from country to country, making it possible for countries to collaborate and conduct joint reviews of applications.
- One such collaborative medicines registration initiative is the Southern African
   Development Community ZaZiBoNa, established in 2013.
- A recent study was carried out with the nine active member regulatory authorities
  of the ZaZiBoNa to determine their views on its operational effectiveness and
  efficiency.
- Having obtained the authorities' views, the aim of this study was to evaluate the
  effectiveness and efficiency of the current operating model of the ZaZiBoNa
  initiative including the challenges it faces as well as identifying opportunities for
  improvement from the applicants' perspective.
- Data were collected in 2021 using the Process, Effectiveness and Efficiency rating questionnaire (PEER-IND) developed by the authors for 19 pharmaceutical companies.
- The pharmaceutical industry was of the view that the ZaZiBoNa initiative has achieved shorter timelines for approval of medicines, resulting in increased availability of quality-assured medicines for patients in the SADC region.
- Harmonisation of registration requirements and joint reviews have reduced the workload for both the pharmaceutical industry and the regulatory authorities.
- Some of the challenges identified were the lack of a centralised submission and tracking system, and the lack of information for applicants on the process for

- submission of ZaZiBoNa dossiers / applications in the individual countries, including contact details of the focal person.
- The establishment of a regional unit hosted in one of the member countries to centrally receive and track ZaZiBoNa dossiers / applications was identified as the best strategy for moving forward in the interim with the long-term goal being the establishment of a regional medicines authority.
- There was consensus between the pharmaceutical industry and the regulatory
  authorities as to the way forward to improve the effectiveness and efficiency of the
  ZaZiBoNa initiative. Implementation of the recommendations identified in this
  study will lead to enhanced regulatory performance.

CHAPTER 9
A Proposed Improved Model for the ZaZiBoNa Initiative

# INTRODUCTION

The ZaZiBoNa collaborative medicines registration initiative was established in 2013 by four countries, Zambia, Zimbabwe, Botswana and Namibia with the support from WHO prequalification and the Southern African Regional Programme on Access to Medicines and Diagnostics (SARPAM) (Sithole et.al, 2020). This work sharing initiative was intended to address a number of challenges that were being faced by the member countries, for example, large backlogs of pending products and long registration times (Sithole et.al, 2020). The heads of the founding agencies also wished to establish a platform for capacity building, information sharing and harmonization of regulatory requirements (Gwaza, 2016), and therefore entered into a collaboration by signing a memorandum of understanding. Today, this initiative has grown to include all of the 16 SADC countries (9 active members, 5 non-active members and 2 observers) and to a great extent, the goals and objectives of the initiative have been met (Sithole et.al, 2021c).

## **Evaluation of the Regulatory Review Process of the ZaZiBoNa initiative**

In order to evaluate the regulatory review process of the ZaZiBoNa initiative, Sithole et.al, (2020) conducted a review of the literature. The aim was to review the history of the ZaZiBoNa initiative as well as reflect on what has been realised in its eight years of operation and what still needed to be achieved. Although the statistics of the work carried out by this initiative were available in the literature there had not been a critical review of the process in recent years including an analysis of factors contributing to the success of the initiative and conversely those negatively affecting performance. Therefore, the statistics, meeting records, terms of reference and various unpublished documents contributing to the initiative were reviewed. The literature that was publicly

available on this initiative was also included in this review. The results of this study documented the history and inception of the initiative, its legal position and organisational structure, participating countries, scope of products, operating model, statistics of work carried out from 2013 – 2021 as well as the challenges. The key recommendations for improvement of this initiative were subsequently developed.

A key recommendation that was made after the review of the ZaZiBoNa initiative was the need to evaluate the regulatory review processes of the individual participating countries that contributed to the reviews and GMP inspections (Sithole et.al, 2020) to further understand why some of the challenges identified with ZaZiBoNa existed. For the first time, the regulatory review processes of six of the active member countries participating in and contributing to ZaZiBoNa assessments were evaluated and compared in this research programme (Sithole et.al, 2021b; Sithole et.al, 2021c). The study participants were Mozambique, Namibia, South Africa, Tanzania, Zambia and Zimbabwe. The results of these studies provided an overview and comparison of the organisation of the agencies, the fees charged for different types of products, sources of funding, requirements for marketing authorisation applications, types of review models, the extent of scientific assessment, key milestones in the review process and target timelines, the numbers of NASs and generics received and approved (2019 and 2020), the mean approval times for NASs and generics (2019 and 2020) and the implementation of good review practices. In addition, the results of these studies indicated that there were some key differences in the countries' processes that needed alignment for example, the frequency of the meetings of the expert committees and the target timelines set for key milestones were different. The recommendations made as a result of this study highlighted the need for the strengthening of the individual participating countries' regulatory review processes for them to effectively support the ZaZiBoNa initiative.

A key recommendation from the studies comparing the review processes of the active member countries was the need for a review of the ZaZiBoNa operating model to identify opportunities for improved efficiency (Sithole et.al, 2021b). Although some feedback on the performance of the initiative had been sought from manufactures through stakeholder meetings previously and an analysis of the initiative conducted in its third year of operation (Gwaza, 2016), there had not been a comprehensive and structured evaluation of the work sharing programme for its future direction in recent years. Therefore, for the first time, the views of both the regulatory agencies and the pharmaceutical industry on the effectiveness and efficiency of the initiative were obtained and compared (Sithole et.al 2022a; Sithole et.al, 2022b). All nine active member countries participated in the study as well as 19 out of the 23 pharmaceutical companies that submitted applications to ZaZiBoNa from 2017 – 2021. The aim of the studies was to evaluate the effectiveness and efficiency of the current operating model of the ZaZiBoNa initiative including the challenges it faces as well as identifying opportunities for improvement from the perspective of both regulatory agencies as well as the pharmaceutical industry. The results of the studies documented the successes and challenges of the ZaZiBoNa initiative as well as measures that might improve its effectiveness and efficiency. The benefits and challenges to regulators, applicants and patients were also identified. Overall the evaluation of the regulatory review process of the ZaZiBoNa initiative identified the successes and challenges resulting in the development of a number of recommendations for improvement.

#### Successes of ZaZiBoNa

The initiative has assessed over 330 products in its 8 years of operation, the highest number of products assessed by any regional harmonization initiative on the African continent (Masekela, 2021, Mashingia et.al, 2020). The median time to ZaZiBoNa recommendation of 13 months or less inclusive of the applicant's time has been achieved for all the years except in 2018 (Figure 9.1) and this is lower than the registration times achieved by some of the individual participating countries (Sithole et.al, 2021c). Regulatory authorities have reported that participating in the initiative has increased their capacity to conduct assessments and good manufacturing practice inspections in addition to providing a platform for the sharing of information with other regulators (Sithole et.al, 2022a). Applicants have benefited from compiling one package (modules 2 -5) for the initial submission as well as a single response package to the consolidated list of questions which saves time and resources (Sithole et.al, 2022a; Sithole et.al 2022b). The ZaZiBoNa initiative has achieved shorter timelines for the approval of medicines resulting in increased availability of quality-assured medicines for patients in the SADC region (Sithole et.al, 2022a; Sithole et.al 2022b). The harmonisation of registration requirements and joint reviews have reduced the workload for both the pharmaceutical industry as well as the regulatory agencies.

## Challenges of ZaZiBoNa worksharing initiative

A number of challenges were identified with the initiative such as the failure by countries to implement ZaZiBoNa recommendations to register products in a timely manner and simultaneously (Mahlangu, 2018; Sithole et.al, 2020). Another challenge for the initiative was the lack of tracking, monitoring and evaluation of the time taken by participating countries to finalise products after a ZaZiBoNa recommendation

(Sithole et.al, 2020). In addition, the initiative's tracking system was not able to separate the agency time from the company time. The majority of products assessed by the ZaZiBoNa initiative have been generics and as a result the initiative had developed assessment templates for the review of generics in line with WHO prequalification standards. A gap that existed however, was the lack of standardised review templates addressing benefit-risk assessment for new active substances and biosimilars (Sithole et.al, 2020).

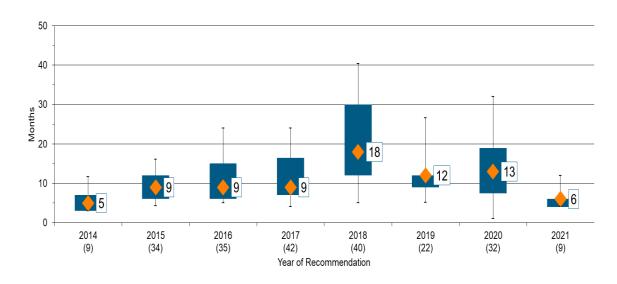


Figure 9.1: Trend in median time to recommendation (2014-2021)

Data are shown for applications that were given a recommendation (positive or negative) between 2014 and 2021 (inclusive)

(n) = number of products given a recommendation.

→ = Median. Box: 25<sup>th</sup> and 75<sup>th</sup> percentiles. Whiskers: 5<sup>th</sup> and 95<sup>th</sup> percentiles.

The lack of a centralized submission system and the tracking for applications as well as a lack of clarity and information about the process in some of the participating countries were also cited as challenges by both applicants and regulators (Sithole et.al, 2020; Sithole et.al, 2022a; Sithole et.al, 2022b). Other challenges identified were the unclear operating model, differing labelling requirements, a lack of expertise in

some countries to assess certain types of products, inadequate human resources, unequal workload among participating countries and the inability of the initiative to mandate central registration (Sithole et.al, 2022a; Sithole et.al, 2022b). These challenges have led to some inefficiencies over the years and it is therefore now necessary to develop an improved model drawing from the lessons learned in implementing the current operating model piloted in 2013. The aim of this chapter was to develop an improved model for the ZaZiBoNa initiative.

# **METHODOLOGY**

Five studies were conducted between 2019 and 2022 and the opportunities for improvement identified in each study were analysed. A number of measures were then proposed to close the identified gaps culminating in the development of an improved model for the ZaZiBoNa initiative.

**Study 1**: A literature review of statistics, meeting records, terms of reference and various unpublished documents belonging to the initiative were reviewed as well as publicly available literature on the initiative (Chapter 1).

**Study 2**: A questionnaire technique was used. A senior member of the division responsible for issuing marketing authorisations completed an established and validated questionnaire (McAuslane et.al, 2009), which standardised the review process, allowing key milestones, activities and practices of the six regulatory authorities. The completed OpERA (Optimising Efficiencies in Regulatory Agencies) questionnaires were validated by the heads of the respective agencies and the study

participants were Mozambique, Namibia, South Africa, Tanzania, Zambia and Zimbabwe (Chapters 5 and 6).

**Study 3**: A questionnaire technique was used. Data were collected using the Process, Effectiveness and Efficiency rating questionnaire (PEER) developed by the authors (Sithole et.al, 2022a). The questionnaire was completed by the ZaZiBoNa focal person in each country and approved by the head of the agency. Semi-structured interviews were carried out with each of the member agencies following completion of the questionnaire. The active members of the ZaZiBoNa initiative, namely Botswana, Democratic Republic of Congo, Malawi, Mozambique, Namibia, South Africa, Tanzania, Zambia and Zimbabwe participated in the study. Active member status is determined by 'the capacity to conduct assessments and GMP inspections' (Chapter 7).

**Study 4**: A questionnaire technique was used. Applicants who had submitted registration / marketing authorization applications for assessment under the ZaZiBoNa initiative during the period 2017-2021 were recruited into the study. Data were collected using the Process, Effectiveness and Efficiency rating questionnaire (PEER-IND) developed by the authors (Sithole et.al, 2022b). The questionnaire was completed by a representative responsible for ZaZiBoNa submissions in each company (Chapter 8).

#### RESULTS AND DISCUSSION

For the purpose of clarity the results will be presented in three parts: Part I – improvements to the active member countries in ZaZiBoNa; Part II – proposed

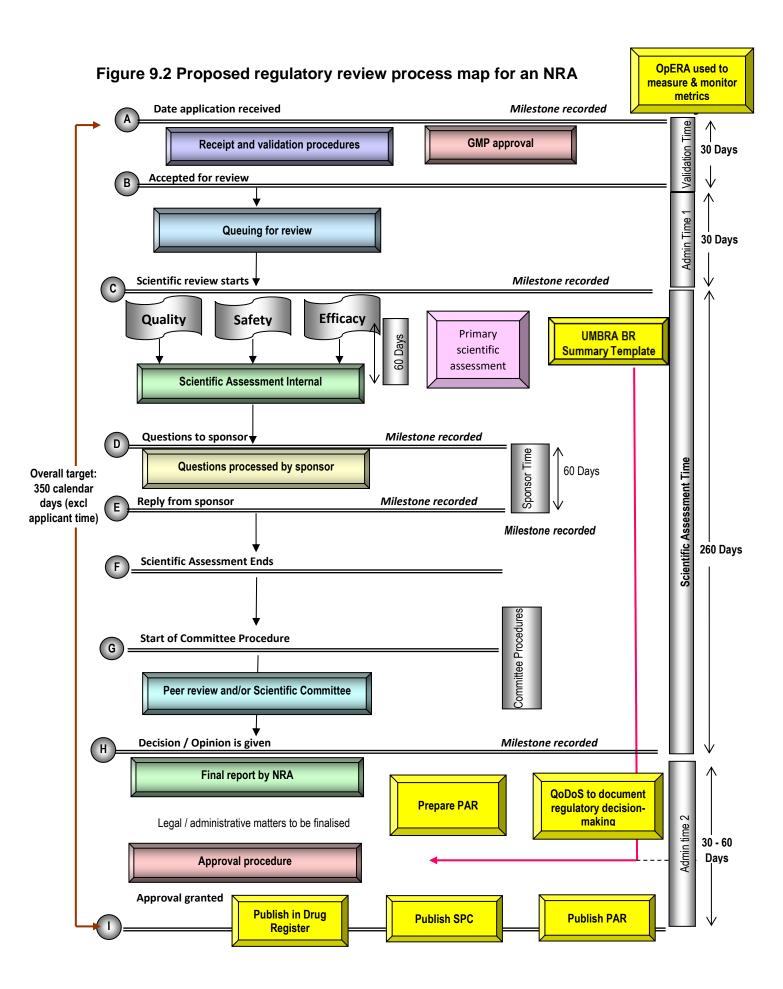
improvement to the current operating model of ZaZiBoNa; and Part III – proposed new improved model for ZaZiBoNa initiative.

# Part I - Improvements to the Active Member Countries in ZaZiBoNa.

The implementation of the recommendations and measures detailed below to close the gaps identified, will strengthen the regulatory review processes of the individual participating countries. This will ensure the success and efficiency of the national procedures as well as the ZaZiBoNa initiative. A model regulatory review process (Figure 9.2) can be used as a reference by the individual active member agencies to improve their current processes. This includes the implementation of the Universal Methodology for Benefit Risk Assessment (UMBRA) in the review process, the establishment of quality decision-making practices by utilizing the QoDoS questionnaire and publishing the resulting regulatory decisions

#### Information on ZaZiBoNa

Some of the active member countries did not have any information on the ZaZiBoNa initiative on their websites which contributed to the challenges faced by applicants in understanding the processes to be followed when submitting ZaZiBoNa applications to the various countries. This lack of clear, detailed information may result in reluctance by the pharmaceutical industry to use this initiative as was highlighted in other harmonisation initiatives (Dansie et.al, 2019). It should be a requirement that all NRAs in the regions should have uniform and up to date information about the ZAZIBONA initiative as a pathway/procedure for approval of medicines on their websites. Details of the contact persons at a country level should also be included.



#### Harmonisation of requirements

Currently, the participating countries have differing labelling requirements as well as requirements for the selection of the test product to be used when conducting dissolution studies in support of an application for registration. Countries should make a deliberate effort to collectively review their legislation, guidelines and processes in order to harmonise the registration and labelling requirements for products in the SADC region.

#### Review Models and Reliance

Although all the active member countries stated that they implemented the three review models, verification, abridged and full review, this information was not available on some of the countries' websites. In addition, some of the countries did not formally include ZaZiBoNa as a recognized reference agency under the verification and abridged review models. Agencies should publish the review models that are used for assessment, including the procedure criteria, recognized reference authorities and timelines. Agencies without procedural guidelines and assessment templates should develop these. It should also be mandatory for all agencies participating in the ZaZiBoNa collaborative medicines registration initiative to formally recognize ZaZiBoNa as a reference agency under the verification and abridged review models. Reliance is currently only being applied for products coming from beyond Africa's borders. The agencies are encouraged to enter into a memorandum of understanding with other SADC countries to share unredacted assessment reports for products that are not submitted to the ZaZiBoNa initiative, as these constitute the majority of the agencies' workload.

# Monitoring and Measuring

All active member countries set targets for many of the key milestones in the regulatory review process and record these, however, some countries were found to not have targets for some important milestones such as the start of the scientific assessment or the overall approval time. In addition, some countries were not able to separate the agency time from the applicant time as tracking was carried out manually. Countries should set targets for all key milestones and adopt the use of information management systems (IMS) or electronic tracking systems such as the Optimising Efficiencies in Regulatory Agencies (OpERA) online tool in order to effectively monitor their performance. The IMS should also be able to facilitate the online submission of applications and allow the industry to track the progress of their applications.

# Transparency and Communication

Generally, the area of transparency and communication was the weakest of all the measures assessed even though the agencies stated that this was a high priority. Most of the agencies did not share assessment reports with applicants or publish a summary basis of approval / public assessment report. The approval times and expert committee dates were also not shared with stakeholders in most of the countries. Agencies would benefit from implementing measures of transparency and communication in line with international best practices such as the sharing of assessment reports with applicants and publishing approval times, advisory committee dates and a summary basis of approval. The publishing of public assessment reports would not only aid other countries wishing to rely on the regulatory decisions of the active member countries, but would also give confidence to clinicians when deciding on the most suitable therapies for their patients.

#### Review of NASs

Only one out of the active member countries studied (South Africa) conducted a full review of new active substances and this was done using external reviewers. The rationale for this could be that the NASs received by the other countries would have already been approved elsewhere therefore reliance is used instead of conducting a full review. This however, results in limited capacity to review these products which could prove catastrophic in emergency situations which require the urgent review of NASs, for example, the Covid 19 pandemic. All agencies in the SADC region should work on building internal capacity to review new active substances that are received but not approved by a reference agency. To do this, the agencies should develop a structured, formalised and quantitative approach to benefit-risk assessment, including the assignment of relative importance to benefit and risk considerations and develop standardized templates for assessment of the NASs using tools available such as the Universal Framework for the Benefit-Risk Assessment of medicines (UMBRA) template.

#### Good Decision Making Practices

The 10 Quality Decision Making Practices (QDMPs) were articulated as part of the development of the Quality of Decision-Making Scheme (QoDoS) instrument, which has been implemented in a number of medicines development scenarios (Bujar et.al 2017; Bujar et.al 2019). Generally all the active member agencies either partially or fully implement the quality decision making practices, however, training and capacity building is required in this area for full implementation and development of formal frameworks.

# Part II - Proposed Improvements to the Current Operating Model of ZaZiBoNa

While the goal is to ultimately move to a new improved model, it is acknowledged that this process will require a considerable amount of resources, time, planning, and consultation before its full implementation. In the meantime, since the initiative is already in operation, the measures proposed in this section can immediately be implemented to address findings from this study and improve the current model of the ZaZiBoNa initiative in addition to the improvements already proposed for the individual active member countries (Figure 9.3).

The regulatory review process of medicines approved through the ZaZiBoNa route is depicted in Figure 9.3 including new steps proposed for an improvement to the process. The map is a simplified representation of the main steps in the review of applications for registration of a single product submitted to three ZaZiBoNa countries, X, Y and Z, and reviewed using the collaborative process. The exact same dossier is submitted to each of the three countries simultaneously and the applicable registration fees paid. In order to improve the existing process and address the challenges highlighted earlier in this chapter, it is proposed that at this stage, applicants be required to complete and submit a form requesting to use the ZaZiBoNa procedure together with their application. The request should then be forwarded to the assessments coordinator for approval before the products are entered into the ZaZiBoNa central database essentially starting the 'clock' for tracking purposes. Concurrently, communication should be made to the applicant informing them that their request to use the ZaZiBoNa route has been approved. The rapporteur, once selected, is responsible for validating and assessing the application before it is peer reviewed by the co-rapporteur and discussed at a ZaZiBoNa assessment session.

initiative "Form", Application "Form", Application "Form", Application & fees submitted to & fees submitted to & fees submitted to Country X Country Y Country Z Communication to ZaZiBoNA review applicant of approved by **Assessments** acceptance to use Entry of receipt made into ZaZiBoNa procedure Coordinator central database Selection of rapporteur **GMP** process and co-rapporteur initiated Validation & primary review of application by rapporteur Peer review by co-rapporteur Assessment Report & Consolidated list ZaZiBoNa Assessment Session of questions Expert Committee in **Expert Committee in** Expert Committee in Country Y Country Z Country X Questions to Questions to Questions to applicant Country Y applicant Country X applicant Country Z Final Decision by Final Decision by Final Decision by Country Z Country X Country Y Admin & issuance of Admin & issuance of Admin & issuance of country X registration country Y registration country Z registration certificate certificate certificate Publication of ZaZiBoNa Publishing of SPC & entry Scientific Summary / PAR into drug register on the on ZaZiBoNa website 7a7iBoNa website **Key**: **\( \noting** New steps in the process

Figure 9.3 Proposed improvements to the current model of the ZaZiBoNa

The output of the assessment session is a consolidated assessment report, list of questions and a recommendation for approval which are considered by the expert committees in each of the three countries. The product is subsequently registered in the three countries after consideration of any country specific issues. An additional new step proposed to improve the current process in line with good review practices and to address the challenges that have been highlighted earlier in this chapter, is the publication of the approved product, summary of product characteristics and the public assessment report (PAR) / scientific summary on the ZaZiBoNa website. The process map represents the review and authorization of a product that goes to approval after one review cycle. In reality, it could take more than one review cycle before the review of a product is finalised.

# Receiving procedure of applications

Applicants submitting dossiers for review under ZaZiBoNa may indicate in their application that they wish for their product to be assessed under ZaZiBoNa, however this has not been the standard practice in all the countries. In addition, acknowledgement of acceptance for review under ZaZiBoNa was not normally communicated at submission resulting in applicants not knowing if their request for review under ZaZiBoNa had been accepted or not. In other instances, applicants were only informed months after submission that their application would be assessed under ZaZiBoNa as consent was sought from them to use this initiative. To address these challenges, the initiative should improve the central database/register of applications such that it is proactively updated as applications are submitted for registration to the different participating countries. This will make it possible for the initiative to monitor products from the date of receipt to the date of approval. Currently applications are

only entered into the database when the scientific assessment begins at ZaZiBoNa. Furthermore, the initiative should develop a "form" which would be used by applicants to express their interest to use ZaZiBoNa for the review of the product. This "form" would be submitted together with the dossier. Communication of acceptance for assessment under the ZaZiBoNa initiative or otherwise should be made to the applicant by the receiving countries within a stipulated time period from the date of submission. The products should then undergo screening and assessment procedures in line with the set target timelines.

# Handling of ZaZiBoNa applications in the countries

ZaZiBoNa applications were given a priority review in some of the countries, however, this was not an explicitly defined position in some of the countries resulting in applications spending time in queues for all products waiting for screening and/or scientific assessment as well as spending a long-time awaiting finalization in the countries. A comparison of the review processes of the active member countries (Sithole et.al, 2021b) demonstrated that the frequency of expert committee meetings ranged from monthly to quarterly which subsequently affected the time to finalization of ZaZiBoNa products. In addition, the targets set for key milestones in the review process were different in each of the countries. To address these challenges, ZaZiBoNa should require that countries create a separate queue for ZaZiBoNa applications to be prioritized as the need arises. This initiative should also establish harmonized target timelines for all key milestones in the review process from receipt to finalisation which would be applicable to ZaZiBoNa products and require that these are adopted and adhered to by the participating countries.

# Monitoring and evaluation

The timelines monitored and reported by this initiative include the time that the assessment report is discussed at the ZaZiBoNa assessment session up to the time that the product is given a recommendation. The ZaZiBoNa initiative measured and published the review timelines for the 333 dossiers/applications reviewed (December 2021), however, this excluded the steps in the review process performed before the first assessment session in which the product was discussed and the steps after the scientific assessment ended i.e when a ZaZiBoNa recommendation was given. As a result, the time taken for the finalisation of ZaZiBoNa dossiers/applications in the individual participating countries was not monitored or published. The time that the product spent in the respective country agency before being assessed under ZaZiBoNa was also not documented. There is a need to monitor target timelines for all the key milestones in the review process of ZaZiBoNa products from receipt to approval and this can be carried out using the improved central database proposed. This will enable an improved and efficient central coordination and tracking of timelines as well as reporting. The use of automated systems for tracking and information management would increase the efficiency and transparency as applicants would be able to check the status of their dossiers/applications (Figure 9.3).

## Product life-cycle management

The ZaZiBoNa initiative only handles new registration applications while variations and renewals are not considered. This initiative should establish a process for the review of post approval changes/variations and renewals which should be harmonised so that one application can cater for all markets.

# Capacity building and training of assessors

The ZaZiBoNa initiative successfully facilitated and enabled the training of assessors in the 16 SADC countries. However, the assessment sessions were being used as a training opportunity for inexperienced assessors, which then affected productivity. Going forward, training and capacity-building activities should be separated from the assessment activities, which would enable countries to consider secondment only for competent assessors and inspectors, improving the effectiveness and efficiency of the initiative. A model similar to the one used by the Medicines Control Authority of Zimbabwe's Regional Centre of Regulatory Excellence (RCORE) could be used for the training of assessors in the SADC region.

# Transparency of process and decision making

Since 2017, the ZaZiBoNa initiative has prepared scientific summaries for approved medicinal products, although these have not been publicly available. It is proposed that the scientific summaries should be made available on the ZaZiBoNa website (Figure 9.3).

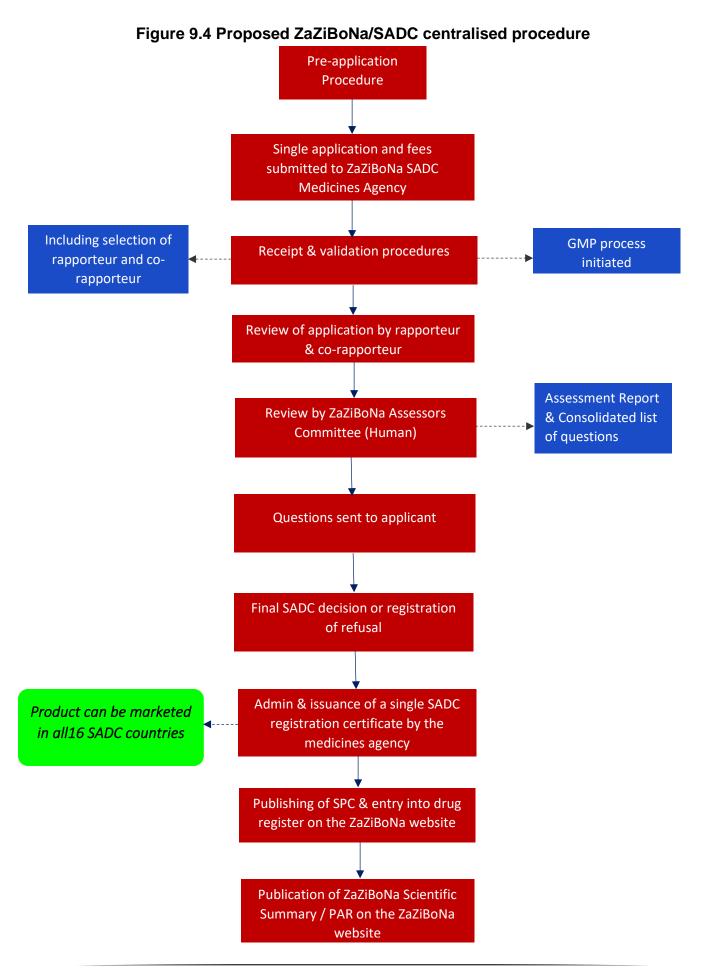
#### Part III - Proposed New Improved Model for the ZaZiBoNa Initiative

A major challenge identified in this study was the lack of centralised submission and tracking which resulted in the initiative being ineffective and inefficient. As a result timelines were not always met and the benefit to applicants of simultaneous access to multiple markets was not always realised. Previously, it has not been possible for applicants to submit applications for registration directly to ZaZiBoNa as it was not legally mandated to receive and approve applications for registration on behalf of SADC. It is therefore proposed that a legal framework, that can be used by SADC countries, should be established to address this challenge (Figure 9.4).

The proposed new improved model for regulatory review in ZaZiBoNa is depicted in Figure 9.4. This centralised procedure would be a further improvement to the amended process proposed in figure 9.3. Applicants wishing to market medicinal products in the SADC region would, after a pre-application procedure, be able to submit a single application and fees to the regional medicines agency. Upon completion of the receipt and validation procedures, the application would then be reviewed by the rapporteur and co-rapporteur before consideration by the "ZaZiBoNa Assessors Committee". The applicant would then receive a single set of questions from the agency before a final decision on the registration is made by the responsible body/Committee mandated by SADC to carry out this function. Once all the administrative issues have been concluded, a registration certificate, valid in all 16 SADC countries, would then be issued and the approved product, SPC and PAR published on the ZaZiBoNa website. The process map represents the review and authorization of a product that goes to approval after one review cycle. In reality, it could take more than one review cycle before the review of a product is finalised.

# Legal Framework

The need for a binding legal framework has been highlighted in the literature as a way of ensuring success and efficiency of harmonisation initiatives (Giaquinto et.al, 2020). The primary sources of law in SADC are the treaty, protocols and memorandum of understanding (Zongwe, 2021) and these MoUs have been used in the past to mandate the establishment of regional frameworks or institutions in the SADC region for example, the MoU on Standardisaton, Quality Assurance, Accreditation and Metrology (SQAM) programme (SADC, 2022).



A SADC level Memorandum of Understanding can therefore be used to develop a framework for the cooperation on the regulation of medicines in the region. This would include the establishment of a regional medicines agency to facilitate a centralised procedure for the registration of medicines. The financing, organizational structure, scope of products and detailed review process for approval (Table 9.1) have not been discussed in depth as this will be dependent on a number of variables which would require extensive consultation with the decision makers in all 16 SADC countries as well as other stakeholders.

Table 9.1 Comparison of the current and proposed operating model

,	ZaZiBoNa	collaborative	ZaZiBoNa SADC centralised
	medicines	registration	registration procedure
	initiative		
Legal Framework	Loosely binding voluntary		SADC memorandum of
	memorandum of		understanding establishing a
	understanding signed by		framework for a centralised
	participating countries		registration procedure
Governing Body	SADC Head of Agencies		SADC Head of Agencies
	SADC Health Ministers		SADC Health Ministers
Secretariat	SADC MRH implementing		Regional Medicines Agency –
	agency		structure to be determined
Process	Simultaneous submissions		Single central submission
	to individual countries of		resulting in single registration
	interest resulting in multiple		
	registrations		
Fees	Multiple fees payable to the		Single fee
	selected countries		
Expert	Human medicines		Human medicines
Committees/			Veterinary medicines
Technical Working			Herbal / Complementary
Groups			medicines
			Other as necessary
Scope of products	Medicines on SADC priority		Medicines on SADC priority
	diseases list		diseases list;
			Other to be determined

The ZaZiBoNa process in the current model borrows certain elements from both the decentralised procedure (i.e simultaneous submissions and registrations) and the centralised procedure (use of a rapporteur and co-rapporteur for assessment before consideration by an expert group) (Sithole et.al, 2020). In addition to the proposal to create a fully centralised regional model/process (Figure 9.4), the MoU on registration of medicines may also include non-centralised procedures that would be implemented at a national level such as the decentralised, mutual recognition and work-sharing procedures which have successfully been implemented in the EU and by initiatives such as the ACCESS consortium (EMA, 2022; Swissmedic, 2021).

# Considerations to be made for implementation of the centralised model

The results of this research programme show that the ZaZiBoNa initiative is currently funded by partners as well as the participating countries (Sithole et.al, 2020). The review of the participating countries, which are rated as low and middle income countries, showed that their human and financial resources are currently inadequate for their national work as well as work carried out for the ZaZiBoNa initiative which has resulted in some of the challenges identified with this initiative. There is therefore a need for the issue of financial and human resources (both numbers and expertise) to be addressed in the development and implementation of a centralised process for registration of medicines in the SADC region. Consideration, also needs to be made on how the proposed centralised process will integrate into the processes of the African Medicines Agency once these are fully established. A regional administrative unit hosted in one of the member countries, responsible for tracking and coordinating ZaZiBoNa applications and equipped with a robust information management system

can be piloted in the interim, while the legal framework necessary for the establishment				
of the regional medicines agency is under development.				

#### SUMMARY

- The ZaZiBoNa initiative is a collaborative medicines registration initiative which was established in 2013 and has been in operation for over 8 years.
- This initiative has a membership of 16 SADC countries, however only 9 of these
  actively participate in the assessment of applications for registration and GMP
  inspections due to capacity.
- A number of studies have been conducted in this research programme to evaluate the regulatory review system in ZaZiBoNa beginning with a literature review of the initiative. The regulatory review processes of active member countries were also evaluated and compared. Lastly, the views of both the regulatory authorities and pharmaceutical industry on the effectiveness and efficiency of this initiative were obtained. Several findings have been made from these studies including the successes and opportunities for improvement.
- The aim of this chapter was to analyse the findings from the studies conducted in this research programme and propose measures to address these gaps leading to an improved model of the ZaZiBoNa initiative.
- Data were collected between 2019 and 2022 using the literature review method and the questionnaire technique (OpeRA, PEER, PEER – IND).
- Robust individual member country processes contribute to a more effective and
  efficient ZaZiBoNa; therefore, the gaps in the regulatory review processes of
  the participating countries have been identified and solutions proposed to
  strengthen these processes.
- Recommendations for the improvement of the current model of the ZaZiBoNa initiative have been made to address the challenges identified with the initiative particularly those around a lack of central tracking and coordination. The

implementation of these recommendations will result in an immediate improvement to the effectiveness and efficiency of the initiative whilst a longer term solution is considered.

• Lastly, a new model, namely a centralised procedure has been proposed as well as the legal framework that would enable this and the additional considerations that need to be made by the decision makers in the member countries in order to implement this new model.

# **CHAPTER 10**

**General Discussion** 

# INTRODUCTION

Countries on the African continent have varying capacities to regulate medical products although all 54 countries, except one, have a regulatory authority or department within the ministry of health responsible for the regulation of medicines (Ndomondo-Sigonda et.al, 2017). These challenges in capacity have led to protracted timelines delaying access to quality assured medicines as well as the problem of substandard and falsified medicines (Roth et.al, 2018). This is further complicated by the high burden of disease in sub-Saharan Africa (de-Graft Aikins et.al, 2010). Regulatory harmonisation and collaboration through the pooling of expertise and resources of the regulatory authorities on the African continent have been explored to mitigate these challenges (Ndomondo-Sigonda et.al, 2017).

The African Medicines Registration Harmonisation Initiative (AMRH) was established in 2009 and one of its goals was to facilitate the harmonisation of the fragmented regulatory systems on the continent (Ndomondo-Sigonda et.al, 2017). The AMRH oversees medicines registration harmonisation (MRH) projects implemented through the five regional economic blocks recognised by the African Union include the East African Community (EAC), Southern African Development Community (SADC), Economic Community of West African States (ECOWAS), Economic Community of Central African States (ECCAS) and Intergovernmental Authority on Development (IGAD) (Ndomondo-Sigonda et.al, 2018; Ndomondo-Sigonda et.al, 2021). These regional harmonisation initiatives are at different stages of implementation (Ndomondo-Sigonda et.al, 2018).

Studies have been conducted in the past to review the performance of some of the regional initiatives such as the EAC (Dansie et.al, 2019, Giaquinto et.al, 2020, Mashingia et.al, 2020; Ndomondo-Sigonda et.al, 2021), and the SADC's ZaZiBoNa (Gwaza, 2016) however, there had not been a formal evaluation of the ZaZiBoNa review process and operating model in recent years. Therefore, this research sought to evaluate the regulatory review system in ZaZiBoNa with a view to enhance the review process and patients' access to medicines.

This was achieved by conducting six studies beginning with a review of literature on the SADC collaborative medicines registration initiative (ZaZiBoNa) to gain understanding of the history, governance structure, operating model and current performance (Study 1: Chapter 1). This was followed by an evaluation of the regulatory review process of the Medicines Control Authority of Zimbabwe (MCAZ) as the implementing agency of the SADC MRH project (Study 2: Chapter 3). The MCAZ is responsible for coordinating the SADC MRH project including ZaZiBoNa assessments and inspections therefore the opportunities for improvement identified will further strengthen the coordination of this initiative in its current model. This evaluation was followed by a comparison of the registration processes of Zimbabwe (the SADC MRH implementing agency) with Australia, Canada, Singapore, Switzerland to benchmark best practices which can also be implemented by the other countries in the region (Study 3: Chapter 4). Regulatory reviews under ZaZiBoNa are conducted by the active member countries through the use of a rapporteur and co-rapporteur therefore a comparison of the good review practices, review models and target timelines of six countries (Mozambique, Namibia, South Africa, Tanzania, Zambia and Zimbabwe) that are active members of ZaZiBoNa was conducted, to identify opportunities for

strengthening and alignment (Study 4: Chapters 5 and 6). The research programme was concluded with an evaluation of the effectiveness and efficiency of the ZaZiBoNa initiative by the regulatory authorities (Study 5: Chapter 7) and the pharmaceutical industry (Study 6: Chapter 8). The data collected from each study were analysed and reviewed individually to facilitate a thorough evaluation of the regulatory review process of ZaZiBoNa and the participating countries contributing to the initiative.

# RESEARCH OUTCOMES AND CONTRIBUTIONS

A previous study of the ZaZiBoNa described the operating model, success factors and forecasted potential challenges with sustainability over time (Gwaza, 2016). This study was done at a time when the initiative had been in operation for just over 2 years and had a membership of just the 4 founding members (Gwaza, 2016). Since then, the initiative has grown to nine active member countries and has been in operation for over eight years. The number of products considered has increased and more applicants have had the opportunity to use the procedure. This programme of research represents the first formal evaluation of the ZaZiBoNa initiative's regulatory review process and operating model.

This research commenced with a literature review of the ZaZiBoNa initiative in chapter 1. The results of this study confirmed the successes achieved to date and enabled the challenges and opportunities for improvement to be identified. The concerns were the differences in the time to registration in the participating countries after a ZaZiBoNa recommendation, lack of a centralised submission procedure, inadequate tracking systems, lack of capacity and review templates for the assessment of new chemical entities, biological and biosimilars. Another outcome of this research is that updated

information on the ZaZiBoNa initiative's current operating model and review process is now published and readily accessible in the public domain. This transparency will aid applicants that are interested in using the initiative as a pathway for the registration of their medicines in the various SADC countries. Having the full information in the literature is also beneficial for existing work sharing initiatives as well as new ones in the process of being established as they can use ZaZiBoNa as a benchmark and learn from the successes and challenges encountered to date.

The evaluation of the Medicines Control Authority of Zimbabwe's regulatory review process which was the focus of chapter 3 included a review of its organisational structure and the registration process for all types of products as well as an assessment of the level of implementation of Good Regulatory Practices (GRPs) and Good Review Practices (GRevPs) by the MCAZ. The results of this study documented the regulatory approval time for generics, NCEs, biologicals and biosimilars in Zimbabwe and the associated milestones within the review process. This study provided an overview of the median approval timelines achieved by the MCAZ during 2017 - 2021 and highlighted that the MCAZ was initially able to reduce its timelines from 2017 – 2019 however the timelines started to increase again and in its current capacity, the MCAZ was not able to achieve the target timelines set for the regulatory review. This can be attributed to various factors such as the Covid-19 pandemic which was at its peak in 2020 forcing organisations to adopt a 'work from home' model due to travel restrictions resulting in loss of time and productivity in the beginning as adjustments were made. Other factors contributing to increased timelines were the loss of critical staff, withdrawal of measures previously implemented to reduce timelines such as retreats and the strain on resources during the expedited review of Covid-19 vaccines. Recommendations were made to close the gaps which will enable the MCAZ as the SADC MRH implementing agency, to effectively execute its role of coordinating ZaZiBoNa assessments and inspections in the current operating model.

The MCAZ's registration process was compared with the processes of the national regulatory authorities in Australia, Canada, Singapore and Switzerland in chapter 4. The results of this study showed that the MCAZ had far fewer resources than the regulatory authorities in the comparator countries, but was at one time able to achieve timelines comparable to the mature agencies through efficient use of resources such as the implementation of reliance and the international best practices of setting and monitoring of targets for key milestones in the review process. The results also showed that although MCAZ was comparable to the comparator authorities in implementing the majority of good review practices, it significantly lagged behind in transparency and communication. This confirms the lack of transparency in LMIC that has been cited in the literature (Ahonkhai et.al, 2016). Recommendations made as a result of this study highlighted the need for implementation of an online submission system, removal of requirements for the CPP, implementing parallel reviews, increasing the number of competent assessors and improving transparency to match the standard used in the mature regulatory systems. Another outcome of this research programme is that the results of the comparison of the MCAZ with mature regulatory agencies of comparable size and the benchmarking of best practices which have been published provide a blueprint to be followed by countries in the SADC region and other low and middle income countries to achieve timelines comparable to that of the mature agencies.

It has not been possible in the past for low-and-middle income countries to benchmark themselves against countries with similar resources and capacity because of a lack of information in the public domain (Gwaza, 2016). However, this research has for the first time compared regulatory review processes, review models and target timelines of six countries in the SADC region in chapters 5 and 6, closing that gap in information. The evaluation covered the organisational structure and the registration process for all types of products as well as an assessment of the level of implementation of Good Regulatory Practices (GRPs) and Good Review Practices (GRevPs) by the six countries. This documented target times for generics and NASs and the associated milestones within the review process providing the median approval timelines achieved by the six countries during 2019 – 2020. This showed that review processes of the six agencies were similar; however, differences were noted in the milestones that were monitored and recorded. A key finding was that the frequency of the expert committee meetings in the active member countries ranged from monthly to quarterly providing insight into the differences in the time taken to implement a ZaZiBoNa recommendation by the member countries. All six agencies implemented the majority of good review practices; however, the need for improvement in the areas of transparency and communication and good-quality decision making was a common finding. In addition, as a result, information on the regulatory review processes of these countries as well as the similarities and differences have been published and are now available for applicants to consult as they plan their registration application submissions. This has the potential to reduce the registration timelines for life-saving medicines in these individual countries as the applicants are able to submit complete applications reducing the number of assessment cycles required before a product is approved. As far as ZaZiBoNa is concerned, the comparison of the resources and

processes of the six countries who are active members of this initiative made it possible for differences in the regulatory review processes that hinder the performance of the work sharing initiative to be identified and for strategies for alignment to be proposed for further strengthening of the initiative.

A study of the pharmaceutical industry and regulatory authorities' perceptions of the EAC MRH by Dansie et al (2019) reported a low response rate of 33% from the regulatory authorities. However, a 100% response rate was achieved by the regulatory authorities in our study evaluating the effectiveness and efficiency of the ZaZiBoNa initiative (see chapter 7). This included the successes and challenges, ways to improve the effectiveness and efficiency as well as the way forward. This showed that ZaZiBoNa served as a platform for work sharing, information exchange, capacity building and harmonisation of registration requirements. As a result, regulators had benefited from a reduced workload, applicants reduced effort and cost in compiling submissions and patients benefited from improved availability of quality assured medicines. Some of the challenges were the inadequacy of resources and differences in time to the implementation of the ZaZiBoNa recommendation in the member countries. The delays in obtaining national registration after a joint review recommendation was also identified in the EAC MRH initiative (Dansie et.al, 2019; Mashingia et.al, 2021).

Following this study, the views of the pharmaceutical industry were explored in chapter 8. This showed that the pharmaceutical industry believed that the ZaZiBoNa initiative had achieved shorter timelines for approval of medicines resulting in increased availability of quality-assured medicines for patients in the SADC region. In addition,

that harmonisation of registration requirements and joint reviews have reduced the workload for both the pharmaceutical industry and the regulatory authorities. However, a lack of a centralised submission and tracking system, and information for applicants on the process for submission of ZaZiBoNa dossiers / applications in the individual countries, including contact details of the focal person were not available. Both the regulatory authorities and the pharmaceutical industry agreed that the way forward was to establish a regional administrative unit hosted in one of the member states to improve coordination and tracking of ZaZiBoNa products in the interim with a goal of having a regional medicines agency in the long term. This is similar to other regional initiatives on the African continent that have proposed the establishment of a regional agency as the way forward (Arik et.al, 2021)

# STUDY LIMITATIONS

The scope of the research was limited to the review process, milestones and timelines. Therefore, the inputs and outputs of the process were not evaluated, for example, the quality of the actual assessments conducted and whether they include a benefit-risk assessment using an standardised templates and reports as well as standard operating procedures. In addition, although quality decision-making practices were adhered to intuitively by ZaZiBoNa, the SADC MRH implementing agency MCAZ and the other active member regulatory authorities; the implementation of these practices was not measured using a structured systematic approach.

The performance metrics data collected and analysed in chapter 3 was limited to the information that was documented and made available by the Zimbabwean NRA, that is, the date of receipt of the dossier and the date of approval of the product (time to

registration). It was therefore not possible to calculate how much of this time was spent validating the application or the time taken for the actual review (agency time) or the applicant response time for each review cycle (company time). In addition, the analysis of the performance metrics was limited to registered products while products that were refused registration were not included.

Certain data used in chapter 4 for the HSA was obtained from the public domain and the metrics data from an industry survey. In addition, the metrics (number of approved products and median approval times) analysed in this study were limited to new active substances while generic medicines, biosimilars and complementary medicines were not included.

Chapters 5 and 6 described the results following the distribution of a questionnaire to the nine active member agencies of ZaZiBoNa to gather information pertaining to the regulatory review process, review practices, review models and timelines. Responses to the questionnaire were received from only six out of the nine NRAs as three agencies indicated they did not have resources.

The scope of the studies in chapters 7 and 8 was limited to the ZaZiBoNa initiative's process and operating model therefore quantitative data such as the actual metrics of the time taken to register the medicinal products in the individual countries after a ZaZiBoNa recommendation were not determined. The status of commercialisation and pricing of the medicinal products in the individual countries were also not evaluated.

# **FUTURE WORK**

# **Assessments**

This research evaluated the overall regulatory review processes of the ZaZiBoNa initiative and participating countries. It would be of benefit in future for an evaluation to be conducted of the quality of the actual assessments performed for the initiative by the active member agencies, whether these include a benefit-risk assessment as well as a review of the assessment templates and reports standard operating procedures.

# **Regional Harmonisation Initiatives**

It would be valuable to study other regional harmonisation initiatives such as EAC and ECOWAS following the model used in this research to identify opportunities for improvement.

# Regulatory review processes of African countries

The use of the questionnaire applied in Study 2 (Chapter 3), Study 3 (Chapter 4) and Study 4 (Chapters 5 and 6) should be replicated by other African countries to evaluate and strengthen their regulatory review processes. This will also help the agencies to implement the good review practice of transparency as the results of these evaluations could then be shared with their stakeholders.

# Reliance

The regulatory agencies that participated in these studies indicated that they implement a reliance stratagy. It would be useful to determine the criteria and current practices regarding reliance by the NRAs in the SADC region in order to gain a better

understanding of how these are implemented and for this information to be made publicly available.

# **Quality Decision-Making Practices**

Although most of the regulatory agencies that participated in study 4 (Chapters 5 and 6) indicated that they implement quality decision – making practices, it would be helpful to conduct a structured systematic evaluation to identify strengths and opportunities for improvement in this area.

# Performance of ZaZiBoNa

The scope of studies 5 and 6 (Chapters 7 and 8) were limited to the review process. In future, it would be helpful to obtain quantitative data to support the views of the respondents which would include actual metrics of the time taken to register a medicinal products in the individual countries after a ZaZiBoNa recommendation. The status of commercialisation and pricing of the medicinal products in the individual countries as well as the factors influencing this could be the subject of a future study.

# CONCLUSION

This programme of research has presented the history of how the ZaZiBoNa collaborative medicines registration initiative was established, the goals and objectives at inception and the current governance structure, operating model and performance. For the first time the regulatory review processes of the implementing agency and the other active member agencies of ZaZiBoNa, all LMIC, were studied using validated methods and techniques. This included evaluation of data requirements, the extent of scientific assessment, milestones and timelines, models of regulatory review,

implementation of good review practices, quality measures and quality decisionmaking practices and strategies for alignment. Recommendations to further strengthen the country processes were also made which will support the countries in fulfilling their mandates. The study comparing the registration process for the SADC MRH project implementing agency MCAZ, an agency in a low income country to WHO recognised mature authorities in high income countries was a first and resulted in the formulation of recommendations that will not only strengthen the MCAZ in its role as coordinator of ZaZiBoNa in the current operating model but also make it possible for other agencies in LMIC to benchmark best practices. This programme of research has been the first to assess and compare the views of the regulatory authorities and the pharmaceutical industry on the successes, challenges, effectiveness and efficiency of the current operating model of the ZaZiBoNa initiative. As a result, recommendations for an improved model for the ZaZiBoNa initiative have been proposed. It is hoped that the proposed improved model for regulatory review process will be implemented and enhance patients' access to quality-assured, life-saving medicine in the SADC region. It is also believed that the other harmonisation initiatives in Africa and beyond stand to benefit from the findings and recommendations made in this research programme.

# **REFERENCES**

- 19th SADC/ ZAZIBONA workshop on collaboration in medicines registration and European Medicines Agency (EMA) training on assessment of biosimilar applications report (unpublished) (2018).
- 22nd ZAZIBONA Workshop On Collaboration In Medicines Registration Joint Assessment Session, Industry Meeting Record, March, 2019 (unpublished).
- Achin, J., Venkatesh, M. and Pramod, K. (2013) 'ACTD: bridge between regulatory requirements of developed and developing countries', *International Journal of Drug Regulatory Affairs*, 1(4), pp. 1-11.
- Ahonkhai, V., Martins, S. F., Portet, A., Lumpkin, M. and Hartman, D. (2016) 'Speeding access to vaccines and medicines in low- and middle-income countries: A case for change and a framework for optimized product market authorization', *PLoS ONE*, 11(11), pp. e0166515.
- Al Haqaish, W. S., Obeidat, H., Patel, P. and Walker, S. (2017) 'The jordan food and drug administration: comparison of its registration process with Australia, Canada, Saudi Arabia and Singapore', *Pharmaceutical medicine*, 31(1), pp. 21-30.
- Almuzaini, T., Choonara, I. and Sammons, H. (2013) 'Substandard and counterfeit medicines: a systematic review of the literature', *BMJ open,* 3(8).
- Alsager, S., Hashan, H. and Walker, S. (2015) 'The Saudi Food and Drug Authority:

  Shaping the regulatory environment in the Gulf Region', *Pharmaceutical Medicine*, 29(2), pp. 93-103.
- Arik, M., Bamenyekanye, E., Fimbo, A., Kabatende, J., Kijo, A. S., Simai, B., Siyoi, F., Azatyan, S., Ambali, A. and Cooke, E. (2020) 'Optimizing the East African

- Community's Medicines Regulatory Harmonization initiative in 2020–2022: a roadmap for the future', *PLoS medicine*, 17(8), pp. e1003129.
- African Union Development Agency New Partnership for Africa Development (AUDA NEPAD). *Pharmaceutical Manufacturing Plan for Africa Business Plan.*Available from: https://www.nepad.org/publication/pharmaceutical-manufacturing-plan-africa Accessed June 23, 2020.
- Australian Government Department of Health, Therapeutic Goods Administration,

  Australia-Canada-Singapore-Switzerland-United Kingdom (Access)

  Consortium, Australia-Canada-Singapore-Switzerland-United Kingdom

  (Access) Consortium | Therapeutic Goods Administration (TGA), Accessed 28

  October 2021.
- Badjatya, J. K. (2013) 'Overview of drug registration requirements for pharmaceuticals in emerging market', *Journal of Drug Delivery and Therapeutics*, 3(2).
- Barker, J. (2018) 'Biosimilars', *Journal of the European Academy of Dermatology and Venereology*, 32(7), pp. 1054-1054.
- Bennett, J. E., Stevens, G. A., Mathers, C. D., Bonita, R., Rehm, J., Kruk, M. E., Riley,
  L. M., Dain, K., Kengne, A. P., Chalkidou, K., Beagley, J., Kishore, S. P., Chen,
  W., Saxena, S., Bettcher, D. W., Grove, J. T., Beaglehole, R. and Ezzati, M.
  (2018) 'NCD Countdown 2030: worldwide trends in non-communicable disease mortality and progress towards Sustainable Development Goal target
  3.4', *The Lancet*, 392(10152), pp. 1072-1088.
- Bos, E. R., Jamison, D. T., Bainga, F., Feacham, R. G., Makgoba, M., Hofman, K. J. and Rogo, h. O. (2006) *Disease and mortality in sub-Saharan Africa*. The World Bank.

- Briefing Paper on the Collaborative Medicines Registration Procedure among Zambia,
  Zimbabwe, Botswana and Namibia Regulatory Authorities (ZAZIBONA),
  version 01, 9 June 2015 (unpublished).
- Bujar, M. and Liberti, L. (2017) 'R&D Briefing 65: New drug approvals in six major authorities 2007–2016: Focus on the internationalisation of medicines', *London: Centre for Innovation in Regulatory Science*.
- Bujar, M., McAuslane, N., Walker, S. and Salek, S. (2019) 'The Reliability and Relevance of a Quality of Decision Making Instrument, Quality of Decision-Making Orientation Scheme (QoDoS), for Use During the Lifecycle of Medicines', *Frontiers in pharmacology,* 10, pp. 17.
- Bujar, M., McAuslane, N., Walker, S. R. and Salek, S. (2017) 'Evaluating quality of decision-making processes in medicines' development, regulatory review, and health technology assessment: A systematic review of the literature', *Frontiers in Pharmacology*, 8, pp. 189.
- Caturla Goñi, M. (2016) 'Accelerating regulatory approvals through the World Health Organization collaborative registration procedures', *Pharmaceuticals Policy and Law*, 18(1-4), pp. 109-120.
- Centre for Innovation and Regulatory Science. (2018). Workshop Report on Practical implementation of reliance models: What are the barriers and facilitators to the successful application of these models for innovative medicines, generics and variations? March 2018, South Africa. <a href="https://cirsci.org/wp-content/uploads/dlm\_uploads/2020/09/CIRS-March-2018-Workshop-report\_Practical-implementation-of-reliance-models.pdf">https://cirsci.org/wp-content/uploads/dlm\_uploads/2020/09/CIRS-March-2018-Workshop-report\_Practical-implementation-of-reliance-models.pdf</a>. Accessed 10 January 2021.

- Centre for Innovation in Regulatory Science (2020) R&D Briefing 77: New drug approvals in six major authorities 2010–2019: Focus on Facilitated Regulatory Pathways and Internationalisation. Centre for Innovation in Regulatory Science (CIRS), London, UK. <a href="https://cirsci.org/wp-content/uploads/2020/06/CIRS-RD-Briefing-77-6-agencies.pdf">https://cirsci.org/wp-content/uploads/2020/06/CIRS-RD-Briefing-77-6-agencies.pdf</a>. Accessed 9 January 2021.
- Ceyhan, E. M., Gürsöz, H., Alkan, A., Coşkun, H., Koyuncu, O. and Walker, S. (2018)

  'The Turkish medicines and medical devices agency: Comparison of its registration process with Australia, Canada, Saudi Arabia, and Singapore', 

  Frontiers in Pharmacology, 9, pp. 9.
- CIRS (2017) The OpERA programme. First ZAZIBONA Regional Forum. Executive Summary (available on request).
- Corbett, E. L., Watt, C. J., Walker, N., Maher, D., Williams, B. G., Raviglione, M. C. and Dye, C. (2003) 'The growing burden of tuberculosis: global trends and interactions with the HIV epidemic', *Archives of internal medicine*, 163(9), pp. 1009-1021.
- Dansie, L. S., Odoch, W. D. and Årdal, C. (2019) 'Industrial perceptions of medicines regulatory harmonization in the East African Community', *PLoS ONE*, 14(6), pp. e0218617.
- de-Graft Aikins, A., Unwin, N., Agyemang, C., Allotey, P., Campbell, C. and Arhinful, D. (2010) 'Tackling Africa's chronic disease burden: from the local to the global', *Globalization and health*, 6(1), pp. 5.
- Dengu, W. (2019). ZAZIBONA GMP Inspections: Together, impact & kaizen. 4th Biennial Scientific Conference on Medical Products Regulation in Africa (SCoMRA); Victoria Falls, Zimbabwe, 2019. Accessed 2 September 2019.

- Available at: http://www.nepad.org/scientificconference/index.php/ct-menuitem-3/send/7-presentations-day/79-scomra-2019-presentation-zazibonagmp-inspections-by-washington-dengu-updated-30-sep-2019.
- DiCicco-Bloom, B. and Crabtree, B. F. (2006) 'The qualitative research interview', *Medical education,* 40(4), pp. 314-321.
- Donelan, R. (2013) Development and validation of a generic instrument for assessing the quality of decision-making. <a href="https://orca.cardiff.ac.uk/id/eprint/59185/">https://orca.cardiff.ac.uk/id/eprint/59185/</a>. Cardiff University.
- Donelan, R., Walker, S. and Salek, S. (2016) 'The development and validation of a generic instrument, QoDoS, for assessing the quality of decision making', *Frontiers in pharmacology,* 7, pp. 180.
- Dube-Mwedzi, S., Kniazkov, S., Nikiema, J., Kasilo, O., Fortin, A., Tumusiime, P., Mahlangu, G. and Ndomondo-Sigonda, M. (2020) 'A rapid assessment of the National Regulatory Systems for medical products in the Southern African Development Community', *Journal of Pharmaceutical Policy and Practice*, 13(1), pp. 1-10.
- Dunne, S., Shannon, B., Dunne, C. and Cullen, W. (2013) 'A review of the differences and similarities between generic drugs and their originator counterparts, including economic benefits associated with usage of generic medicines, using Ireland as a case study', *BMC Pharmacology and Toxicology*, 14(1), pp. 1-1.
- EMA. (2017). Report of East African Community Benchmarking visit to the European Medicines Agency, 18-19 May 2017. Accessed 30 November 2021 https://www.ema.europa.eu/en/documents/report/report-east-african-community-eac-benchmarking-visit-european-medicines-agency\_en.pdf.

- EMA. (2021). Committee for Medicinal Products for Human Use (CHMP), European Medicines Agency (europa.eu). Accessed 28 October 2021.
- EMA. (2022). Authorisation Procedure. https://www.ema.europa.eu/en/about-us/what-we-do/authorisation-medicines . Accessed 09 June 2022.
- Evans, D. B., Hsu, J. and Boerma, T. 2013. Universal health coverage and universal access. SciELO Public Health.
- Final Record of Joint Meeting of SADC Ministers Of Health And Ministers Responsible For HIV And AIDS, November 2014 (available on request).
- General format: preparation of product dossiers in common technical document format, https://www.who.int/medicines/areas/quality\_safety/quality\_assuranc e/GuidelinesSubmissionDocumentationMultisourceGeneralFormatT RS961Annex15.pdf. Accessed 12 February 2022.
- Giaquinto, A. R., Grignolo, A., Liberti, L., Lim, J. C., Salmonson, T., Sauer, F. and Ukwu, H. (2020) 'Improving access to quality medicines in East Africa: An independent perspective on the East African Community Medicines Regulatory Harmonization initiative', *PLoS medicine*, 17(8), pp. e1003092.
- Gosling, J. (2007) 'Medicines Control Council and registration backlog of antiretrovirals', *South African Medical Journal*, 97(4), pp. 232.
- Gray, D. E. (2014) *Doing research in the real world.* Third edn. London: SAGE Publications.
- Guzman, J., O'Connell, E., Kikule, K. and Hafner, T. (2020) 'The WHO Global Benchmarking Tool: a game changer for strengthening national regulatory capacity', *BMJ Global Health*, 5(8), pp. e003181.

- Gwatidzo, S. D., Murambinda, P. K. and Makoni, Z. (2017) 'Medicines Counterfeiting in Africa: A View from Zimbabwe', *Medicine Access* @ *Point of Care,* 1, pp. maapoc.0000017.
- Gwaza, L. (2016) Adjusted indirect treatment comparisons of bioequivalence studies.

  PhD, Utrecht University, The Netherlands.
- Home / ICH Standards / CTD / M4: The Common Technical Document, https://www.ich.org/page/ctd. Accessed on 28 February 2022. https://t3n9sm.c2.acecdn.net/wpcontent/uploads/2018/10/Abridged\_Transitional\_-programme.pdf . Accessed 20 Dec 2020.
- International Monetary Fund. African, D. (2017) *Zimbabwe*. INTERNATIONAL MONETARY FUND.
- Jawahar, N., Shrivastava, N., Ramachandran, A. and Priyadharshini, B. R. (2015)

  'Procedures and applications for marketing authorisation of medicinal products in european union', *Journal of Pharmaceutical Sciences and Research*, 7(4), pp. 219.
- Jordan, D. (2014) 'An overview of the Common Technical Document (CTD) regulatory dossier', *Medical Writing*, 23(2), pp. 101-105.
- Kamwanja, Lawrence, John, S., Abolade, A., Iskari, F., Chimwemwe, C. and Margareth, N.-S. (2010) *Situation analysis study on medicines registration harmonisation in Africa final report for the Southern African Development Community* (SADC) NEPAD. Available at: https://www.nepad.org/publication/situation-analysis-study-medicines-registration-harmonisation-africa-final-report-1 (Accessed: 9 November 2019).

- Kaplan, W. A., Ritz, L. S., Vitello, M. and Wirtz, V. J. (2012) 'Policies to promote use of generic medicines in low and middle income countries: A review of published literature, 2000–2010', *Health Policy*, 106(3), pp. 211-224.
- Keyter, A. A. (2020) 'An Evaluation of the Regulatory Environment in South Africa:

  Improving the Review Process and Patients' Access to Medicines'.

  https://uhra.herts.ac.uk/handle/2299/23022.
- Keyter, A., Gouws, J., Salek, S. and Walker, S. (2018) 'The Regulatory Review Process in South Africa: Challenges and Opportunities for a New Improved System', *Therapeutic Innovation & Regulatory Science*, 52(4), pp. 449-458.
- Keyter, A., Salek, S., Gouws, J., Banoo, S. and Walker, S. (2020) 'Evaluation of the Performance of the South Africa Regulatory Agency: Recommendations for Improved Patients' Access to Medicines', *Therapeutic innovation & regulatory* science, 54(4), pp. 878-887.
- Khadem Broojerdi, A., Baran Sillo, H., Ostad Ali Dehaghi, R., Ward, M., Refaat, M. and Parry, J. (2020) 'The World Health Organization Global Benchmarking Tool an instrument to strengthen medical products regulation and promote universal health coverage', *Frontiers in Medicine*, 7, pp. 457.
- Liberti, L. (2017) Globally applicable facilitated regulatory pathways to improve equitable access to medicines. Utrecht University.
- Luigetti, R., Bachmann, P., Cooke, E. and Salmonson, T. (2016) 'Collaboration, not competition: developing new reliance models', *WHO Drug Information*, 30(4), pp. 558.
- Lumpkin, M., Eichler, H. G., Breckenridge, A., Hamburg, M., Lönngren, T. and Woods, K. (2012) 'Advancing the science of medicines regulation: the role of the 21st-

- century medicines regulator', *Clinical Pharmacology & Therapeutics*, 92(4), pp. 486-493.
- Luthuli, N. and Robles, W. (2017) 'Africa medicines regulatory harmonization initiatives', WCG, Carlsbad, CA, USA.
- Mahlangu, G. N. 'Challenges of Regulatory Convergence: ZAZIBONA perspective', *International Seminar of Global Regulatory Convergence*, Brazil.
- Makvana, P. and Maheshwari, D. (2014) 'Regulatory Requirements for Marketing Authorization of Generic Parentral Product in European Conutries by Decentralised Procedure', *EUROPE*, 4, pp. 5.
- Masekela, F. 2021. Addressing CMC / quality Issues for facilitated procedures, The ZAZIBONA experience. WHO Collaborative Procedure Meeting, 16 December 2021. (available on request)
- Masekela, F. ZAZIBONA collaboration. TWINZ meeting of pharmaceutical industry.

  August 2020. (available on request)
- Mashingia, J. H., Ahonkhai, V., Aineplan, N., Ambali, A., Angole, A., Arik, M., Azatyan,
  S., Baak, P., Bamenyekanye, E. and Bizoza, A. (2020) 'Eight years of the East
  African Community Medicines Regulatory Harmonization initiative:
  Implementation, progress, and lessons learned', *PLoS medicine*, 17(8), pp. e1003134.
- McAuslane, N., Cone, M., Collins, J. and Walker, S. (2009) 'Emerging markets and emerging agencies: a comparative study of how key regulatory agencies in Asia, Latin America, the Middle East, and Africa are developing regulatory processes and review models for new medicinal products', *Drug Information Journal*, 43(3), pp. 349-359.

- McAuslane, N., Leong, J., Liberti, L. and Walker, S. (2017) 'The Benefit-Risk Assessment of Medicines: Experience of a Consortium of Medium-Sized Regulatory Authorities', *Therapeutic Innovation & Regulatory Science*, 51(5), pp. 635-644.
- Medicines Control Authority of Zimbabwe Wesite > ZAZIBONA Collaborative

  Medicines Registration Process. Accessed 28 October 2019. Available at:

  <a href="http://www.mcaz.co.zw/index.php/27-news/16-zazibona-collaborative-medicines-registration-medicines-registration-process?highlight=WyJ6YXppYm9uYSIslid6YXppYm9uYSciXQ=="http://www.mcaz.co.zw/index.php/27-news/16-zazibona-collaborative-medicines-registration-process?highlight=WyJ6YXppYm9uYSIslid6YXppYm9uYSciXQ=="http://www.mcaz.co.zw/index.php/27-news/16-zazibona-collaborative-medicines-registration-process?highlight=WyJ6YXppYm9uYSIslid6YXppYm9uYSciXQ=="http://www.mcaz.co.zw/index.php/27-news/16-zazibona-collaborative-medicines-registration-process?highlight=WyJ6YXppYm9uYSIslid6YXppYm9uYSciXQ=="http://www.mcaz.co.zw/index.php/27-news/16-zazibona-collaborative-medicines-registration-process?highlight=WyJ6YXppYm9uYSIslid6YXppYm9uYSciXQ=="http://www.mcaz.co.zw/index.php/27-news/16-zazibona-collaborative-process?highlight=WyJ6YXppYm9uYSIslid6YXppYm9uYSciXQ=="http://www.mcaz.co.zw/index.php/27-news/16-zazibona-collaborative-process?highlight=WyJ6YXppYm9uYSIslid6YXppYm9uYSciXQ=="http://www.mcaz.co.zw/index.php/27-news/16-zazibona-collaborative-process?highlight=WyJ6YXppYm9uYSIslid6YXppYm9uYSciXQ=="http://www.mcaz.co.zw/index.php/27-news/16-zazibona-collaborative-process?highlight=WyJ6YXppYm9uYSIslid6YXppYm9uYSciXQ=="http://www.mcaz.co.zw/index.php/27-news/16-zazibona-collaborative-process."http://www.mcaz.co.zw/index.php/27-news/16-zazibona-collaborative-process?highlight=WyJ6YXppYm9uYSIslid6YXppYm9uYSciXQ=="http://www.mcaz.co.zw/index.php/">http://www.mcaz.co.zw/index.php/</a>
- Medicines Control Authority of Zimbabwe Website > Regulatory Functions >

  Evaluations and Registration > Alternative Submission

  Pathways, <a href="https://www.mcaz.co.zw/alternative-submission-pathways/">https://www.mcaz.co.zw/alternative-submission-pathways/</a>.

  Accessed 11 January 2022 (Accessed).
- Medicines Control Authority of Zimbabwe Website. Available from: https://www.mcaz.co.zw/documents/legal-and-corporate-affairs-docs/regulations/. Accessed March 30, 2022
- Meeting Record For The Eighth Meeting of The ZAZIBONA Heads of Agencies,

  November 2017 (available on request).
- Memorandum of Understanding on Cooperation in Standardisation, Quality Assurance, Accreditation and Metrology in the Southern African Development Community (SADC), https://www.sadc.int/files/5613/5333/8302/SQAM.pdf. Accessed 28 February 2021.
- Miranda, J. J., Kinra, S., Casas, J. P., Davey Smith, G. and Ebrahim, S. (2008) 'Non-communicable diseases in low-and middle-income countries: context,

- determinants and health policy', *Tropical Medicine & International Health*, 13(10), pp. 1225-1234.
- Molzon, J. (2003). 'The common technical document: the changing face of the New Drug Application', *Nature Reviews Drug Discovery*, 2(1), pp. 71-74.
- Morgan, S. G., Yau, B. and Lumpkin, M. M. (2017) 'The cost of entry: An analysis of pharmaceutical registration fees in low-, middle-, and high-income countries', *PLoS ONE*, 12(8), pp. e0182742.
- Mt-Isa, S., Ouwens, M., Robert, V., Gebel, M., Schacht, A. and Hirsch, I. (2016) 'Structured benefit-risk assessment: a review of key publications and initiatives on frameworks and methodologies', *Pharmaceutical statistics*, 15(4), pp. 324-332.
- Mulrow, C. D. and Cook, D. (1998) Systematic reviews: synthesis of best evidence for health care decisions. Philadelphia: American College of Physicians.
- Narsai, K., Williams, A. and Mantel-Teeuwisse, A. K. (2012) 'Impact of regulatory requirements on medicine registration in African countries—perceptions and experiences of pharmaceutical companies in South Africa', *Southern med review*, 5(1), pp. 31.
- Ndomondo-Sigonda, M., Miot, J., Naidoo, S., Dodoo, A. and Kaale, E. (2017)

  'Medicines Regulation in Africa: Current State and Opportunities',

  Pharmaceutical Medicine, 31(6), pp. 383-397.
- Ndomondo-Sigonda, M., Miot, J., Naidoo, S., Ambali, A., Dodoo, A. and Mkandawire,
  H. (2018) 'The African Medicines Regulatory Harmonization Initiative:

  Progress to Date', *Medical Research Archives*, 6(2).
- Ndomondo-Sigonda, M. (2019.) The African Medicines Regulatory Harmonization (AMRH) Initiative: Update on Continental Progress. 4th Biennial Scientific

- Conference on Medical Products Regulation in Africa (SCoMRA IV). Victoria Falls, Zimbabwe. Accessed 2 November 2019. Available at: <a href="http://www.nepad.org/scientificconference/index.php/ct-menu-item-3/send/7-presentations-day/74-amrh-continental-progress-30-september-2019-margareth">http://www.nepad.org/scientificconference/index.php/ct-menu-item-3/send/7-presentations-day/74-amrh-continental-progress-30-september-2019-margareth</a>.
- Ndomondo-Sigonda, M., Miot, J., Naidoo, S., Masota, N. E., Ng'andu, B., Ngum, N. and Kaale, E. (2021) 'Harmonization of medical products regulation: a key factor for improving regulatory capacity in the East African Community', *BMC Public Health*, 21(1), pp. 1-13.
- Needham, M., Vaske, J. and Vaske, J. (2008) 'Survey implementation, sampling, and weighting data', Survey Research and Analysis: Applications in Parks, Recreation, and Human Dimensions'.(Ed. JJ Vaske)(Venture Publishing: State College, PA).
- NEPAD African Medicines Regulatory Harmonisation (AMRH) Summarised Strategic Framework 2016 2020.
- Pae, C.-U. (2015) 'Why systematic review rather than narrative review?', *Psychiatry investigation*, 12(3), pp. 417.
- Protocol on Health in the Southern African Development Community. Accessed 2

  October 2019. (1999). SADC Website. Available at:

  https://sadc.int/documents-publications/show/Protocol\_on\_Health1999.pdf
- Rägo, L. and Santoso, B. (2008) 'Drug regulation: history, present and future', *Drug benefits and risks: International textbook of clinical pharmacology,* 2, pp. 65-77.
- Republic of Zimbabwe 'Towards A Prosperous and Empowered Upper Middle Income by 2030' National Development Strategy, January 2021 December

- 2025. <a href="http://www.zimtreasury.gov.zw/index.php?option=com\_phocadownloa">http://www.zimtreasury.gov.zw/index.php?option=com\_phocadownloa</a> d&view=category&id=64&Itemid=789. Accessed 13 January 2021.
- Republic of Zimbabwe: Transitional Stabilisation Programme Reforms Agenda (October 2018–December 2020), 5 October 2018.
- Rodier, C., Bujar, M., McAuslane, N., Patel, P. and Liberti, L. (2020) 'Use of the Certificate for Pharmaceutical Products (CPP) in 18 Maturing Pharmaceutical Markets: Comparing Agency Guidelines with Company Practice', *Therapeutic Innovation & Regulatory Science*, pp. 1-11.
- Roles and Responsibilities in the ZAZIBONA Collaborative Medicine Registration Process version 01, 2015 (unpublished).
- Roth, L., Bempong, D., Babigumira, J. B., Banoo, S., Cooke, E., Jeffreys, D., Kasonde,
  L., Leufkens, H. G. M., Lim, J. C. W., Lumpkin, M., Mahlangu, G., Peeling, R.
  W., Rees, H., Ndomondo-Sigonda, M., Stergachis, A., Ward, M. and Nwokike,
  J. (2018) 'Expanding global access to essential medicines: investment priorities for sustainably strengthening medical product regulatory systems',
  Globalization and health, 14(1), pp. 102-12.
- SADC Medicines Registration Harmonisation (MRH) Project Plan, 2011 updated 2016 (unpublished).
- SADCAS Certificate of accreditation of MCAZ laboratory

  <a href="http://www.sadcas.org/sites/default/files/schedule\_of\_accreditation/Medicine\_s%20Control%20Authority%20of%20Zimbabwe%20Cert%20%20SoA%20P\_hysical%20Testing%20%20Analysis%20-TEST
  11%200002%20%28Issue%202%20-%20April%202018%29\_0.pdf

  Accessed 4 April 2020.

- Saunders, M. N. K., Thornhill, A. and Lewis, P. (2019) Research Methods for Business Students. 8th edn. Harlow, United Kingdom: Pearson Education Limited.
- Sigonda, M., Miot, J., Naidoo, S., Ambali, A., Dodoo, A. and Mkandawire, H. (2018)

  The African Medicines Regulatory Harmonization Initiative: Progress to Date.
- Sillo, H. (2019). WHO benchmarking of regulatory systems. Updates and Implications for Africa. 4th Biennial Scientific Conference on Medical Products Regulation in Africa (SCoMRA); Victoria Falls, 2019. Accessed 20 November 2019. Available at: <a href="http://www.nepad.org/scientificconference/index.php/ct-menu-item-3/send/7-presentations-day/77-who-bencharking-updates-and-implications-for-africa-final-ver-01">http://www.nepad.org/scientificconference/index.php/ct-menu-item-3/send/7-presentations-day/77-who-bencharking-updates-and-implications-for-africa-final-ver-01</a>.
- Sillo, H. (2020). Updates on benchmarking and IDP implementation. World Health Organisation Afro region meeting. May 2020.
- Sillo, H. (2022). 'WHO's work to help build effective and efficient regulatory systems in Africa, WHO DIA EUROPE, 30 March 2022'.
- Sithole, T. (2019). Collaboration, Convergence & Work Sharing in the African context,

  ZAZIBONA. DIA North Africa Regulatory Conference; Cairo, Egypt, 2019.

  Accessed 13 November 2019. Available at:

  <a href="https://dia.covr.be/cmPortal/SearchableDia/19114/config/searchable#!sessio">https://dia.covr.be/cmPortal/SearchableDia/19114/config/searchable#!sessio</a>

  ndetails/0000094290 0.
- Sithole, T., Mahlangu, G., Salek, S. and Walker, S. (2020) 'Evaluating the Success of ZaZiBoNa, the Southern African Development Community Collaborative Medicines Registration Initiative', *Therapeutic Innovation & Regulatory Science*.
- Sithole, T., Mahlangu, G., Capote, V., Sitoie, T., Shifotoka, S., Gaeseb, J., Padayachee, S., Sehloho, T., Khea, A. and Fimbo, A. (2021a) 'Evaluation of

- the good review practices of countries participating in the Southern African Development Community: alignment and strategies for moving forward', *Frontiers in medicine*, pp. 1449.
- Sithole, T., Mahlangu, G., Capote, V., Sitoie, T., Shifotoka, S., Gaeseb, J., Danks, L., Nkambule, P., Juma, A. and Fimbo, A. (2021b) 'Evaluation of the Review Models and Approval Timelines of Countries Participating in the Southern African Development Community: Alignment and Strategies for Moving Forward', *Frontiers in medicine*, pp. 1448.
- Sithole, T., Mahlangu, G., Salek, S. and Walker, S. (2021c) 'Evaluation of the Regulatory Review Process in Zimbabwe: Challenges and Opportunities', *Therapeutic Innovation & Regulatory Science*, 55(3), pp. 474-489.
- Sithole, T., Mahlangu, G., Salek, S. and Walker, S. (2021d) 'Comparison of the registration process of the Medicines Control Authority of Zimbabwe with Australia, Canada, Singapore, and Switzerland: Benchmarking best practices (submitted)', *Expert Review of Clinical Pharmacology*.
- Sithole, T., Mahlangu, G., Walker, S. and Salek, S. (2022a) 'Regulatory authority evaluation of the effectiveness and efficiency of the ZaZiBoNa collaborative medicines registration initiative: the way forward', *Frontiers in medicine*, 9.
- Sithole, T., Mahlangu, G., Walker, S. and Salek, S. (2022b) 'Pharmaceutical Industry Evaluation of the Effectiveness and Efficiency of the ZaZiBoNa Collaborative Medicines Registration Initiative: The Way Forward', *Frontiers in medicine*, 9.
- Southern African Development Community (SADC) Overview. (2021). South African Development Community (SADC) Website. Available at: https://www.sadc.int/about-sadc/overview/ (Accessed: 6 May 2021).

- Southern African Development Community (SADC) Pharmaceutical Business Plan: 2015 2019 (unpublished).
- Southern African Development Community > Themes > Health > Pharmaceuticals.

  Accessed 1 September 2019. Available at:

  https://sadc.int/themes/health/pharmaceuticals/ (Accessed: 1 September 2019).
- Standards Association of Zimbabwe ISO 9001 certified companies for management systems. Pg 17 number Q320. Available from: http://saz.org.zw/registeredentities/. Accessed October 2, 2020.
- Streiner, D. L., Norman, G. R. and Cairney, J. (2015) *Health measurement scales: a practical guide to their development and use.* Fifth edn. Oxford: Oxford University Press.
- Swissmedic, Access Consortium, Access Consortium (swissmedic.ch). Accessed 28/10/2021.
- United Nations Sustainable Development Goals.

  <a href="https://www.un.org/sustainabledevelopment/health/">https://www.un.org/sustainabledevelopment/health/</a>. Accessed 31 December 2020.
- Vaz, A., Roldão Santos, M., Gwaza, L., Mezquita González, E., Pajewska Lewandowska, M., Azatyan, S. and Saint-Raymond, A. (2022) 'WHO Collaborative Registration Procedure using Stringent Regulatory Authorities' medicine evaluation: reliance in action?', *Expert Review of Clinical Pharmacology*, (just-accepted).
- Walker, S., McAuslane, N., Liberti, L., Leong, J. and Salek, S. (2015) 'A Universal Framework for the Benefit-Risk Assessment of Medicines: Is This the Way Forward?', *Therapeutic Innovation & Regulatory Science*, 49(1), pp. 17-25.

- Weise, M., Bielsky, M.-C., De Smet, K., Ehmann, F., Ekman, N., Giezen, T. J., Gravanis, I., Heim, H.-K., Heinonen, E., Ho, K., Moreau, A., Narayanan, G., Kruse, N. A., Reichmann, G., Thorpe, R., van Aerts, L., Vleminckx, C., Wadhwa, M. and Schneider, C. K. (2012) 'Biosimilars: what clinicians should know', *Blood*, 120(26), pp. 5111-5117.
- Weise, M., Kurki, P., Wolff-Holz, E., Bielsky, M.-C. and Schneider, C. K. (2014)

  'Biosimilars: the science of extrapolation', *Blood*, 124(22), pp. 3191-3196.
- World Health Organisation. (2011). Technical Report Series, No 961 2011, Annex 15
   Guidelines on submission of documentation a multisource (generic) finished product.
- WHO. (2014) Regulatory system strengthening for medical products. WHO; 2014 24
  May. Contract No: World Health Assembly
  67.20. <a href="https://apps.who.int/gb/ebwha/pdf">https://apps.who.int/gb/ebwha/pdf</a> files/WHA67REC1/A67 2014 RE
  C1-en.pdf
  . Accessed 13 June 2020.
- WHO. (2015) 'Good review practices: Guidelines for national and regional regulatory authorities', WHO Technical Report Series, (992).
- WHO technical report series 1010, Annex 11. (2018). Collaborative procedure in the assessment and accelerated national registration of pharmaceutical products and vaccines approved by stringent regulatory authorities.

  URL: <a href="https://extranet.who.int/prequal/sites/default/files/documents/TRS\_101">https://extranet.who.int/prequal/sites/default/files/documents/TRS\_101</a>
  0-2018 Annex11.pdf. Accessed 4 April 2020.
- World Bank Country Data. Zimbabwe. <a href="https://data.worldbank.org/country/ZW">https://data.worldbank.org/country/ZW</a>.

  Accessed 6 January 2021.

- World Health Organisation. (WHO 2019a) Improving the quality of medical products for universal access. Accessed 15 October 2019. Available at: https://www.who.int/medicines/regulation/fact-figures-qual-med/en/.
- World Health Organisation. (2019b) Collaborative Procedure for Accelerated Registration. Accessed 2 September 2019. Available at: <a href="https://extranet.who.int/prequal/content/collaborative-procedure-accelerated-registration">https://extranet.who.int/prequal/content/collaborative-procedure-accelerated-registration</a>.
- World Health Organisation. (2019c). Accelerated Registration of FPPs Approved by SRAs. Accessed 8 October 2019. Available at: <a href="https://extranet.who.int/prequal/content/faster-registration-fpps-approved-sras">https://extranet.who.int/prequal/content/faster-registration-fpps-approved-sras</a>.
- WHO. (2019d) 'Concept note: a framework for evaluating and publicly designating regulatory authorities as WHO-Listed authorities', *WHO Drug Information*, 33(2), pp. 139-158.
- World Health Organisation Africa. (2019e) Tanzania Food and Drug Authority becomes the first to reach level 3 of the WHO benchmarking programme. <a href="https://www.afro.who.int/news/tanzania-food-and-drug-authority-becomes-first-reach-level-3-who-benchmarking-programme">https://www.afro.who.int/news/tanzania-food-and-drug-authority-becomes-first-reach-level-3-who-benchmarking-programme</a>. Accessed 16 June 2020.
- WHO. (2019f) Global Tuberculosis Report, Annex 2 Country profiles for 30 High TB burden countries. (Accessed: 17 March 2020). Available at: <a href="https://www.who.int/tb/publications/global\_report/tb19\_Report\_country\_profiles\_15October2019.pdf?ua=1">https://www.who.int/tb/publications/global\_report/tb19\_Report\_country\_profiles\_15October2019.pdf?ua=1</a>
- WHO. (2020a) Zimbabwe Medicines Quality Lab Gets WHO approval. <a href="https://www.who.int/medicines/news/zwe\_med\_quality\_lab/en/">https://www.who.int/medicines/news/zwe\_med\_quality\_lab/en/</a>. Accessed 4 April 2020.

- World Health Organisation. (2021a). Home/Health Topics/Universal Health Coverage.

  <a href="https://www.who.int/health-topics/universal-health-coverage#tab=tab\_1">https://www.who.int/health-topics/universal-health-coverage#tab=tab\_1</a>.

  Accessed 2 January 2021.
- World Health Organisation. (2021b). Essential medicines and health products. WHO Global Benchmarking Tool (GBT) for evaluation of national regulatory systems. <a href="https://www.who.int/medicines/regulation/benchmarking\_tool/en/">https://www.who.int/medicines/regulation/benchmarking\_tool/en/</a>. Available at: <a href="https://www.who.int/medicines/regulation/benchmarking\_tool/en/">https://www.who.int/medicines/regulation/benchmarking\_tool/en/</a>.
- WHO. (2021c). Ghana Foods and Drugs Authority (FDA) attains maturity level 3 regulatory status. [Internet] Geneva, Switzerland: World Health Organization; [cited 30 July 2021]. Available from: https://www.afro.who.int/news/ghana-foods-and-drugs-authority-fda-attains-maturity-level-3-regulatory-status.
- WHO (2021d) SEA/RC66/R4-Health intervention and technology assessment in support of universal health coverage. WHO Regional Office for South-East Asia; 2013 [Internet] Geneva, Switzerland: World Health Organization; [cited 30 July 2021]. Available from: https://www.who.int/medical\_devices/assessment/resolutionsearo\_searc66r4.pdf
- World Health Organisation. (2021e). Technical Report Series (TRS) 1033 55th report of the WHO Expert Committee on Specifications for Pharmaceutical Preparations Annex 10 pg 237. Available on https://www.who.int/publications/i/item/55th-report-of-the-who-expert-committee-on-specifications-for-pharmaceutical-preparations. Accessed 15 June 2021.

World Health Organization (2022), Press release: Egypt and Nigeria medicines regulators achieve high maturity level in WHO classification and WHO launches list of regulatory authorities that meet international standards. https://www.who.int/news/item/30-03-2022-egypt-and-nigeria-medicines-regulators-achieve-high-maturity-level-in-who-classification-and-who-launches-list-of-regulatory-authorities-that-meet-international-standards. Accessed April 3, 2022

ZAZIBONA Terms of Reference of the SADC Collaborative Medicines Registration Process (available on request).

# **APPENDICES**

# **APPENDIX 1: Full Paper Publications**

Therapeutic Innovation & Regulatory Science https://doi.org/10.1007/s43441-020-00154-y



#### REVIEW



## Evaluating the Success of ZaZiBoNa, the Southern African Development Community Collaborative Medicines Registration Initiative

Tartro Stthole<sup>1</sup> · Gugu Mahlangu<sup>1</sup> · Sam Salek<sup>2</sup> · Stuart Walker<sup>2,3</sup>

Received: 14 February 2020 / Accepted: 16 April 2020

#### Abstract

The Southern African Development Community (SADC) collaborative medicines registration initiative ZaZaBoNa is a successful regional work-sharing initiative on the African continent. This paper reviews the history of the ZaZaBoNa initiative, reflects on what has been realized in six years of operation and what still needs to be achieved. Statistics for the work done by the initiative are available in the literature, but there has not been a critical review of the process, including an analysis of factors contributing to the success of the initiative and one negatively affecting performance. To do this, publicly available literature and statistics, meeting records, terms of reference and unpublished documents belonging to the initiative were reviewed. The successes of the ZaZaBoNa initiative can be attributed to leader-ship commitment, a clear vision and governance structure providing direction, and a clear, documented operating model, processes and objectives defined from the onset of the initiative. Closure of the gaps that were identified and implementation of the recommendations that were made in this paper will further strengthen the initiative. Furthermore, other regional harmonization or work-sharing initiatives on the African continent and beyond can draw lessons from this review of the ZaZaBoNa initiative for improved efficiency and effectiveness.

Kaywords ZaZiBoNa - Southern african development community (SADC) - African medicines registration harmonisation initiative (AMRH) - Work sharing - Regulatory harmonization

#### Introduction

### Regulation of Medicine in Africa

The regulation of medicines contributes to public health by ensuring that medicines are safe, effective, and of good quality. The capacity to regulate medicines varies across the African continent, with all countries except Sahrawi Arab Democratic Republic having either a regulatory agency or a unit within the ministry responsible for health and dealing

- 0:0 Stuart Walker dotsurtwalker@mo.com
- Modicines Control Authority of Zimbabwe, Harare,
- School of Life and Medical Sciences, University
- School of Life and Medical Sciences, University of Herifordshire, Hatfield AL10 9EU, UK
- Centre for Innovation in Regulatory Science, 160 B lackfrian Road, London SE18EZ, UK

with issues relating to the regulation of medicines [1]. The World Health Organization (WHO) reports that many of the regulatory authorities for medical products on the African continent are under-resourced, affecting the availability of medicinal products to the population [2]. Countries in Africa, along with other low- to middle-income countries of Asia and Latin America, bear a significant proportion of the global burden of disease [3]. The continent is also faced with the threat of substandard and falsafted medicines [4] due to weak regulatory systems.

#### Regional Harmonization

To address the se challenges, a great deal of work has been done over the years to strengthen regulatory systems in Africa, including the formation of the African Medicines Registration Harmonisation Initiative (AMRH), which encouraged harmonization of the fragmented regulatory systems in the continent. The AMRH is a program of the African Union established in 2009 and implemented as part

Published online: 29 April 2020



Therapeutic Innovation & Regulatory Science

of the Pharmaceutical Manufacturing Plan for A frica to address challenges faced by national medicines regulatory authorities (NMRAs) in Africa such as ineffective legislative frameworks, long registration times, and inadequate technical capacity [5], Pharmaceutical companies have cited country-specific requirements as a barrier to medicines registration and supply in Africa [6]. Accordingly, another goal of the AMRH is to reduce differences in regulatory requirements between countries, encouraging a harmonized regional approach to the regulation of medicine [1].

There are eight regional economic communities (RECs) recognized by the African Union, such as the East African Community (EAC), the Economic Community of West African States (ECOWAS), and the Southern African Development Community (SADC) [7, 8] and it should be noted that a number of countries belong to more than one regional economic block [7]. Through the work of the AMRH, some of the RECs have developed regional policies and guidelines for the regulation of medicines and reduced timelines for registration, and 17 countries have adopted or adapted the African Union model law [9]. The AMRH was also responsible for establishing a task force to develop a legal and institutional framework for the establishment of the African Medicines Agency (AMA) which is expected to address the challenges faced by the African continent in medicine regulation

Whilst a great deal of success has been realized by the regional harmonization initiatives, Sigonda and colleagues recommended that a critical review of these joint review processes such as the SADC key initiative of Cottaborative Medicines Registration (ZaZiBoNa) be undertaken to evaluate the efficiency and effectiveness of the decision-making processes at a country level [10]. This paper, therefore, aims to review the ZaZiBoNa initiative from its inception, including successes and current challenges, providing recommendations for a strategic regulatory framework that will further strengthen the SADC collaborative initiative.

### History of ZaZiBoNa

SADC is a REC of the African continent consisting of 16 countries, Angola, Botswana, Comoros Islands, Democratic Republic of Congo, Lesotho, Madagascar, Malawi, Mauritius, Mozambique, Namibia, Seychelles, South Africa, Swatand, United Republic of Tanzania, Zambia, and Zambiawe [11]. Countries in the SADC region have varying regulatory capacities [12]. In 1999, the SADC Protocol on Health was developed in which the heads of state or their respective governments agreed in Article 29 that member states shall "cooperate and assist one another in the harmonization of procedures of pharmaceuticals, quality assurance, and registration" [13]. The Protocol on Health came into force in 2004 after the haunch of the Pharmaceutical Protogram. At

that time, the pre-vention and treatment of diseases of pubic health priority were hindered by a lack of standardized legislation on medicines use [14] and the Pharmaceutical Program was intended to address the issue of uneven access to affordable, sate, and good quantity medicines in the region. The Pharmaceutical Program is implemented through the SADC Pharmaceutical Business Plan, which is reviewed and renewed periodically. One of the strategic priority are asfort the 2015–2019 period was the strengthening of regulatory capacity by supporting and actively encouraging joint inspections and registrations among SADC Member States

The ZaZiBoNa collaborative medicines registration initiative was established in 2013 by four countries, Zambia, Zimbabwe, Botswana, and Namibia, with technical support from the WHO Prequalification Team (PQT) [16-18]. The acronym ZaZiBoNa was derived from the first two letters of the founding countries, and although the initiative has expanded beyond these four countries, the name ZaZiBoNa has been maintained because of its special meaning in Nyanja, one of the local Zambian languages: "look to the future" [2]. The initiative was formed to address common challenges faced by the participating countries such as huge backlogs of product applications, high staff turnover, long registration times, inadequate financial resources, and limited capacity to assess certain types of products such as biologicals and biosimilars. Acknowledging these common challenges, the heads of agencies agreed to develop a worksharing arrangement to meet the objectives that included a reduced workload, reduction in timelines to registration. the development of mutual trust and confidence in regulatory collaboration, and to provide a platform for training and collaboration in other regulatory fields [16, 18, 19]. In establishing these objectives, the ZaZiRoNa initiative sought to make efficient use of limited resources to ensure timely access to quality-assured medicines by the public in the SADC region whilst at the same time building regulatory capacity of the NMRAs.

The collaborative initiative began with the first assessiment session, held in Windhoek, Namibia in October 2013. These assessments initially looked at applications common to the four countries that were pending in the backlog, but expanded over time to review products submitted prospectively. In 2014, the ZaZiBoNa initiative was formally endorsed and adopted by the SADC Ministers of Heatth [20]. Since then, the initiative has grown, and 13 of the 16 SADC member countries are participating either as active or non-active participants, based on their internal capacity to conduct assessments and inspections [21]. The ZaZiBoNa initiative was later absorbed by the SADC Medicines Registration Harmonisation project, launched in 2015 and currently being funded by the World Bank for the period 2018–2020. In

addition to strengthening and expanding areas of technical cooperation among member NMR As through initiatives such as ZaZiBoNa, the SADC MRH project objectives also include "to

- ensure that at least 80% of member states have NMRAs. that meet minimum standards.
- · ensure regional harmonization of medicines regulatory systems and guidelines,
- · facilitate capacity building of medicines regulatory authorities in member states through implementation of quality management systems (QMS) and
- · develop and implement national and regional integrated information management systems (IMS) to facilitate decision-making and sharing of knowledge among member states and stakeholders." [22].

Various activities are ongoing currently to fulfill these objectives, for example, most SADC countries have conducted self-benchmarking of their regulatory systems using the WHO global benchmarking tool (GBT) [23]. In addition to existing SADC guidelines, regional guidelines for variations and biosimilars are under development and an audit of skills in the region using the WHO global competence framework for regulators is also being conducted.

### Legal Position of ZaZiBoNa

The ZaZiBoNa initiative is not a legally constituted regulatory initiative and does not make decisions on the registration or rejection of products [18] but rather operates in an advisory capacity and provides scientific opinions on the quality, safety, and efficacy of products. Participation is based on the signing of a memorandum of agreement entitled "the NMRA Agreement to Participate" by interested countries. However, a condition for active member status is the availability of legislation enabling or mandating registration in the participating country, registration guidelines equivalent to the SADC Medicines Registration guidelines or WHO guidelines, and in-house capacity to conduct assessments and good manufacturing practices (GMP) inspections [19, 20]. In view of this legal status. the ZaZiBoNa initiative does not allow for the centralized submission of dossiers or direct payment of fees at present. This arrangement has the advantage of allowing rapid buyin from participating countries, which do not lose either their revenue or sovereign decision-making ability; however, some challenges stem from the tack of a centralized procedure for submission of applications and the communication of questions with applicants or manufacturers.

### ZaZiBoNa Organizational Structure

The Heads of Agencies serve as the governance structure for the initiative [18, 24] and they report to the SADC Regulators Forum and SADC Health Ministers, The SADC MR H coordinator reports to the Heads of Agencies and ZaZiBoNa. assessors and inspectors are represented by a country focal person and each have a coordinator who reports to the SADC MRH project coordinator. The assessment coordinator, GMP inspections coordinator, and SADC MRH project coordinator are seconded by the Medicines Control Authority of Zimbabwe (MCAZ) as the SADC MRH implementing agency. The organizational structure is presented in Fig. 1.

### ZaZiBoNa Participating Countries

Participation in this initiative is voluntary and any SADC country wishing to participate submits an application or request to join to the Heads of Agencies through the SADC MRH Coordinator [19]. Countries participate in the worksharing initiative either as active or non-active members. As previously stated, to be granted active member status. a country should have legislation mandating the registration of medicines as well as in-house capacity to perform assessments or GMP inspections. Countries that do not meet these criteria are granted observer status and do not actively contribute to the assessment of registration dossiers or GMP inspections. The determination of the applicable status for countries is made by the Heads of Agencies. The countries



Fig. 1 Organisational Structure of the SADC collaborative medicines stration initiative (ZaZiBoNa)



Therapeutic Innovation & Regulatory Science

in SADC that are active members of ZaZiBoNa as well as ZaZiBoNa Operating Model the year they joined the initiative are shown in Fig. 2.

Angola, Seychelles, Swaziland, and Madagascar particinate in ZaZiBoNa as non-active members and Comoros Islands, Lesotho, and Mauritius are the few remaining SADC countries not yet participating in the initiative.

### ZaZiBoNa Scope of Products

Products eligible for assessment under the ZaZiBoNa initiative consist of all essential medicines and medicines used in the treatment of the SADC priority diseases or conditions (HIV/AIDS, tuberculosis, malaria, acute respiratory infections, diarrhea, diabetes, pneumonia, cardiovascular, cancer, obstetrics, gastroenteritis and colic); and reproductive health products and products included in the list of United Nations Commission for Life-Saving Commodities for Women and Children [18, 19]. In addition to these medicines, others can also be considered that may be important from a public health perspective.

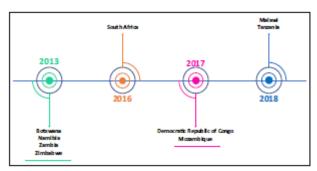
The WHO-prequalified products are not eligible for consideration under ZaZiBoNa, as most SADC countries participate in the WHO pregualification collaborative registration procedure [25], in which countries rely on assessments and inspections conducted by the WHO pregualification team (PQT) enabling registration in 90 days after completion of the verification process. However, the WHO Stringent Regulatory Agencies (SRA) collaborative registration procedure can be used to accelerate assessment of products already approved by globally recognized regulatory agencies; for example, the European Medicines Agency (EMA) [8, 26,

#### Assessments

Assessment sessions are held quarterly, with all participating countries hosting the meetings on a rotational basis. Hosting countries are responsible for covering meeting expenses, which is how countries contribute to the initiative. SADC, WHO PQ, the International Council for Harmonisation of Technical Requirements for Pharmaceuticals for Human Use (ICH), and EMA guidelines are used for the assessments.

Because there is no centralized submission of dossiers to ZaZiBoNa, the following steps are followed for an application for registration to be assessed by the initiative

- 1. The applicant submits the same application for registration (dossier) including payment of the appropriate fees to each participating country in which they wish to market their product. At this stage, the applicant also expresses interest for their product to be assessed by ZaZiBoNa. At present, the dossier must be submitted to at least two active countries to be eligible for consideration under ZaZiRoNa
- 2. The assessments coordinator assigns one country to conduct the first review (rapporteur) and a second country to conduct a second review (co-rapporteur) of the product. The WHO is responsible for performing a quality assurance check of the final reports generated by the rapporteur and co-rapporteur.
- Upon request, the applicant submits a signed letter of consent to the rapporteur to allow consideration of their



Bu. 2 ZaZiBoNa active members and their initiation date



- 4. Assessments are carried out in the countries before discussion at the quarterly assessment sessions.
- 5. Once the assessment is complete (usually after two cycles), a recommendation on the quality of the product is made to the countries, who then make the final decision on registration or rejection of the product after consideration of any country-specific requirements.

The review process is further illustrated in Fig. 3.

#### GMP Inspections

At present, ZaZiBoNa good manufacturing practices (GMP) inspections are conducted on a cost-recovery basis 3. The GMP inspections coordinator assigns a lead inspecto support product registration, while capacity building for participating member states is supported by development partners. The WHO PQT guidelines are used for inspections and GMP site visits are conducted four times 4. An inspection is conducted and a final report is prepared a year, with two manufacturing facilities inspected during each visit. Sites in well-resourced markets like the United States, European Union, Australia, Japan, and Canada are normally exempt from GMP inspections. Desk reviews may be conducted instead of actual inspections for sites 5. The final decision is then communicated to the assessthat would have been inspected by stringent authorities and the WHO PQT. The scheduling of inspections and the

coordination of inspectors from different countries is carried out by the Medicines Control Authority of Zimbabwe. which is the SADC MRH-implementing agency, Each siteinspecting team normally comprises a lead inspector, a co-inspector, and an observer, each from a different country, with the lead and co-inspector roles rotated among participating countries with competent GMP inspectors [29]. The following steps are followed for a manufacturing site to be inspected under ZaZiBoNa;

- 1. The assessments coordinator liaises with the GMP inspections coordinator for products that have been assessed and the sites requiring inspection.
- 2. The GMP inspections coordinator liaises with the manufacturer to schedule an inspection and quote the applicable inspection fees.
- tor and co-inspector from the countries to which the product has been submitted and in accordance with the pre-agreed inspectors' rotational calendar.
- in consultation with the rest of the inspectors in ZaZi-BoNa. A final compliance status is reached collaboratively after submission and consideration of corrective and preventive actions (CAPAs)
- ment coordinator for consideration when the final recommendation is made for the product.

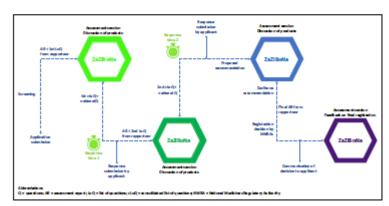


Fig. 3 The ZaZiBoNa review process



# Therapeutic Innovation & Regulatory Science

### Financing

The initiative is funded through contributions from participating countries, GMP inspection fees and support from partners including the SADC, United Kingdom Department. of International Development-funded Southern African Regional Programme on Access to Medicines and Diagnostics (SAR PAM), WHO, Bill and Melinda Gates Foundation, African Union Development Agency New Partnership for Africa's Development (AUDA-NEPAD) and the World Bank. From the outset of ZaZiBoNu, the Heads of Agencies stressed country investment in the initiative, and this emphasis and its frugal financial model will ensure sustainability in the even in the absence of this partner support.

### Timelines and Statistics

#### Assessments

For the six years from the beginning of the initiative until October 2019, 24 assessment sessions were held, with an average of 12 products considered per session. Sixteen training sessions were also held during this time and the Heads of Agencies have met twice per year.

As of October 2019, a total of 289 products had been considered under the initiative, 203 have been finalized and 86 are pending. Of those that have been finalized,

56% received a positive recommendation, 20% received a negative recommendation, and 24% were withdrawn voluntarily by the applicants [21]. Of these 289 products, 274 (95%) were generics, 4 (1%) were innovative products or new chemical entities and 11 (4%) were biologicals or biosimilars. The most applications were received within five Anatomical Therapeutic Chemical (ATC) classification subgroups; direct acting antivirals (16%); antiepileptics (7%); other antineoplastic agents (6%); anti-inflammatory and anti-rheumatic products, non-steroid (6%); and angiotensin II receptor blockers, pain (5%).

The target median time to a ZaZiBoNa recommendation or scientific opinion is 9 months, inclusive of the applicants' time to respond to queries. The actual performance for the years 2014 to 2019 is displayed in Fig. 4. These times are inclusive of applicant query response time but do not include dossier review time within individual countries before ZaZiBoNa assessment or the time taken by countries to register or refuse a product after the ZaZiBoNa recommendation is given.

In 2014, the median time to recommendation was 5 months (range 3-12 months), in 2015, it was 9 months (range 4-16 months), in 2016 it was 9 months (range 5-24 months), in 2017 it was 9 months [4-24 months], in 2018 it was 18 months [5-40 months], and in 2019 up until October 31, the median time to recommendation was 9 months [5-18 months] with one more assessment session to be held. The long timelines in 2018 can be attributed to challenges highlighted later in this paper.

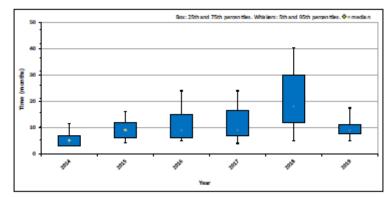


Fig. 4 Median time to ZaZiBoNa recommendation/scientific opinion 2014-2019



#### GMP Inspections

As of September 2019, 38 manufacturing sites have been inspected and 19 desk reviews conducted. An inspection of one clinical research organization (CRO) was conducted with technical assistance from WHO. In addition to the inspection of manufacturing facilities, policy meetings for managers are held annually, GMP technical working group meetings are held quarterly, and inspectors' meetings are held biannually [29]. The time taken from the start of a GMP inspection to conclusion after review of the corrective and preventive action is approximately 90 days.

#### Successes

Results achieved by the ZaZiBoNa initiative demonstrate that leadership commitment, determination, consistency, and ownership have enabled successful work sharing. Medicine registration has been faser through ZaZiBoNa than it would normally take in most of the individual countries [30]. The initiative is meeting its objectives to reduce time to registration, build the capacity of the member countries, share limited resources for maximum output, and build trust among regulators, by creating a platform for information sharing. The initiative has also created guidelines for assessors, various tempfaires, and standard operating procedures (SOPs) for assessments and GMP inspections including desk reviews to harmonize the quality of the work produced. A number of lessons have also been learned along the way, as the initiative seeks to improve continuously.

#### Challenges

Although the initiative has had successful outcomes, a number of challenges have also been identified in the years since its inception [31].

### Country Processes

As previously described, each country makes a soveneign decision on the registration or rejection of a product one the technical assessment of a product is completed and a recommendation made through ZaZiBoNa [18]. In an identified country-level gap, query letters were either not sent or sent late, resulting in manufacturers/applicants receiving communication at different times from different countries for the same product [31, 32], causing the timing to recommendation to exceed targeted times. This unfortunately resulted in applicants' loss of the major benefit of participation in the initiative; that is, simultaneous access to various markets [33]. This challenge has largely been the result of differences in the regulatory review processes of participating countries as well as a lack of clarity

megarding country-level ZaZiBoNa processes; that is, how to submit dossiers to the program and follow-up in the different countries to which the product would have been submitted.

#### Tracking Systems

Another identified gap was that in some instances, applicants were not responding to queries in a timely manner, thereby lengthening the total time to recommendation, and by extension, to registration [32]. This gap points to a lack of adequate automated tracking systems in most participating countries, which currently use manual records and tracking systems.

### Regulatory Review Times

The countries in the ZaZiBoNa initiative face the common challenge of long registration review times due to an increasing volume of applications, huge backlogs [30], an inadequate number of assessors, inadequate financial resources, and limited capacity to assess certain types of products, such as biologicals or biosimilars [18].

#### Review Templates

Although the ZaZiBoNa initiative currently mainly focuses on generics and has review templates for quality and bioequivalence, Gwaza recommended expansion of the current model to include reviews of new medicines for disease endemic to Africa [18]. The need to develop templates for the assessment of biosimilars, biologicals, and new chemical entities was identified as the result of a 2018 ZaZiBoNa biosimilar training session conducted by EMA [34].

### Submission Process

Submission of applications to ZaZiBoNa is not centralized and applicants have been challenged by the fact that the process is not clearly detailed by some agencies. In addition, country-specific requirements such as those for labeling can be problematic, although a regional guide-line on labeling is currently under development. Finally, some manufacturers submit different dossiers to individual countries through the ZaZiBoNa initiative, despite the requirement for identical submissions to all countries in which registration is sought.



### Elements of Progressive Regulatory Processes

#### Standardized Templates

Historically, regulatory agencies have used some form of documents to record their review. Such documents have often been referred to as a checklist, and often offers limited information. More recently, regulatory authorities involved in the evaluation of new medicines recognize that to have a structured, systematic approach incorporated into an assessment template offers major advantages in support of their decision, including transparency.

Transpare ncy, consistency, and uniformity in the assessment of medicines and decision-making are the hallmarks of a mature and progressive regulatory process. There is now an ever-greater need for a universal standardized template, as regulatory agencies move toward collaborative initiatives and reliance on one another's review processes and outcomes. Currently, regulatory agencies may make different decisions despite having the same data on new medicines submitted to their authority, leading to increased pressure to improve agency transparency and accountability and therefore requiring the establishment of an appropriate, structured, systematic approach to the assessment of such products [35].

#### Benefit-Risk Assessment

The use of a systematic, structured, and transparent approach for the benefit-risk assessment of new medicines is in line with good review practices [36]. The implementation of a documented benefit-risk assessment framework would give confidence to the decision of the regulator to either reject or approve new medicines. There is a consensus regarding the importance and need for benefit-risk assessment by regulators and the pharmaceutical industry as well as patients; however, the methodologies proposed for conducting benefit risk assessment vary [37]. Various frameworks exist and have been used in well-resourced regulatory authorities for the benefit-risk assessment of medicines. The EMA published a reflection paper on benefit-risk assessment and subsequently developed a framework, the EMA Problems, Objectives, Alternatives, Consequences, Trade-offs, Uncertainty, Risk attitudes, and Linked decisions (PrOACT-URL). The US Food and Drug Administration performs a structured benefit-risk assessment using a five-step framework as part of their approval process. In addition, the pharmaceutical industry developed a benefit-risk framework called the Pharmaceutical Research and Manufacturers of America Benefit-risk Action Team (PhRMA BRAT) and the Benefit-risk Assessment in New and Old Drugs (BRAIN) [35, 37]. The Universal Frame work for the Benefit-risk Assessment of medicines (UMBRA) was developed by the Centre for Innovation in Regulatory Science in conjunction with regulators and academia [35] and subsequently tested by four regulatory authorities that made up the Consortium on Benefit-risk Assessment (COBRA); this acronym was later changed to reflect country participation: Australia, Canada, Singapone, and Switzerland (ACSS) [38]. These approaches provide a consistent, transparent, and systematic methodology which has shown to be of value in a work-sharing environment [38].

### Discussion

Differences in the regulatory review process in countries can hinder the performance of a work-sharing initiative. The is a need to evaluate the regulatory review process. In Zero-BoNa as well as the review processes in the individual participating countries, using established and validated tools to compare the outcomes. This will support the standardization of country processes, enabling improvement and capacity building where required. In addition to identifying the differences in the processes in countries currently participating in the ZaZisBoNa initiative, the review of regulatory processes will enable low- to middle-income countries Q.MIC) to be nechmark processes, resources, and capacity against similar countries, something which has not been possible to do in the past [18].

The use of manual tracking systems in the countries is a major contributor to protracted timelines for registration, and ideally, tracking should be automated and carried out in real time. The use of available tracking tools through adoption or adaptation will make it possible to track deadlines for response to queries and enable countries to report both the time taken by the applicant (clock start) as well as the time taken by the apency (clock stop). Another advantage is that countries will be able to accurately and regularly report and publish statistics of their performance against target time lines. This transparency will aid achievement of one of the goals of the SADC Medicines Registration Harmonisation program, which is for member states to attain either maturity level 2 or 3, using the WHO Global Benchmarking Tool, depending on the current capacity of the agency.

Due to the high cost of biologicals and an increasing burden of non-communicable diseases such as cancers in low-to middle-income countries, especially in sub-Saharan Africa, there is a growing demand for biosimilars [39]. Consequently, there is an increase in the number of applications for the registration of biosimilars received in ZaZiBoNa countries, and most of these are not approved anywhere



It has been proposed that the RECs such as ZaZiBoNa serve as technical working groups under the soon-to-belaunched African Medicines Agency, which will be responsible for assessing new chemical entities as well as complex products such as biologicals and biosimilars. Implementation of the proposals made above will help to identify any gaps or areas needing improvement to enable the initiative to efficiently execute this mandate.

### Recommendations

- 1. The regulatory review process in ZaZiBoNa as well as the review processes in the individual participating countries should be evaluated using established and validated tools and the outcomes compared.
- 2. ZaZiBoNa should explore developing a structured, transpurent, and semi-quantitative approach to benefit-risk assessment, including the assignment of relative importance to benefit and risk considerations and develop standardized templates for new chemical entities, bio logicals and biosimilars
- 3. Good Review practices such as quality decision-making should also be explored to improve decision-making

- practices of the assessors and the national agencies as well as the ZaZiBoNa initiative.
- ZaZiBoNa countries should implement electronic information management systems to enable automated tracking of timelines.
- www.zazibona.com (accessed December 2019) and contains information on the background and formation of the initiative, how it works, and the guidelines that are used. The website should be improved to provide clearer information to applicants on the submission process, including contact details of the focal persons in each country to enable smooth follow-up of pending applications. Products registered through the initiative as well as the countries in which the products have been registered should be accessible via this website. In addition, all NMRA websites in the region should carry information on the ZaZiBoNa initiative as an alternative registration pathway. This will serve as advocacy for the initiative and address the challenges faced with the submission process.

#### Conclusion

The aim of this paper was to review the history of the ZaZiBoNa initiative, reflecting on what has been realized in its years of operation, and what still needs to be achieved. Proposals are presented to address the challenges identified with some additional recommendations to further strengthen the initiative. The ZaZiBoNa initiative is continuously endeavoring to improve its performance and ensure the quality of its regulatory reviews. It plays an important role in improving the regulatory review processes in the individual participating countries but its success is also dependent on the very same country processes. In view of this mutual relationship, there is a need to assess the regulatory review process of the initiative as well as the participating countries in order to ultimately improve efficiency and effectiveness.

### **Author Contributions**

TS: Devised the study, collated and analyzed the data and wrote the manuscript. GM: Dovised the study, collated and analyzed the data and wrote the manuscript. SS: Deviced the study, collated and analyzed the data and wrote the manuscript. SW: Devised the study, collated and analyzed the data and wrote the manuscript.

The authors received no financial support for the research, authorship or publication of this article.



#### Conflict of Interest

Compliance with Ethical Standards

The authors declared no potential conflicts of interest with respect to the research, authorship, and/or publication of this article.

Open Access. This article is licensed under a Creative Commons Attribution 4.0 International License, which permits use, sharing, whertstion, distribution and reproduction in any medium or format, as long as you give appropriate credit to the original author(s) and the source, provide a link to the Creative Commons licence, and indicate if changes one made. The images or other third party material in this article are included in the article's Creative Commons licence, unless indicated otherwise in a credit line to the material. If material is not included in the article's Creative Commons licence and your intended use is not permitted by statutory a gulation or exceeds the permitted use, you will need to obtain permission directly from the copyright holder. To view a copy of this licence, visit http://ensativecommons.org/licenses/by/4/V.

### References

- 1. Ndomondo-Sigonda M, Miot J, Naidoo S, Dodoo A, Kaale E. Medicines regulation in Africa: current state and opportunities. Pharm Med. 2017;31:383-97
- 2. World Health Organisation. Improving the quality of medical products for universal access. https://www.who.int/modicines/ ulation/fact-figures-qual-mod/on/. Accessed 27 Apr 2020.
- 3. de Graft Akinix A, Unwin N, Agyemang C, Alloley P, Campbell C. Arbinful D. Tuckling Africa's chronic disease burden: from the local to the global. Glob Health. 2010;6:5.
- 4. Roth L., Bempong D., Babigumira J.B., Banoo S., Cooke E., Jeffreys D, et al. Expanding global access to essential medicines: invest ment priorities for sustainably strengthening medical product egulatory systems. Glob Health. 2018;14:102-12.
- 5. New Parinership for Africa's Development (NEPAD). African Medicines Regulatory Harmonisation (AMRH) Summarised Strategic Framework 2016-2020.
- 6. Nanai K, Williams A, Mantel-Toouwisse AK. Impact of a gulatory magin ments on medicine registration in African countries: perceptions and experiences of pharmaceutical companies in South Africa. South Med Rev. 2012;5:31.
- 7. Ndomondo-Sigonda M, Miot J, Naidoo S, Ambali A, Dodoo A. Mkandawim H. The African Medicines Regulatory Harmoniza tion Initiative: Progress to Date. Med Res Arch. 2018;6. https:// ournals.ke-i.org/mra/article/download/1668/1748/. Accessed 27 A re 2020
- 8. Caturla GM. Accolorating togulatory approvals through the World Health Organization collaborative registration procedures. Phorm Pol Law, 2016;18:109-20.
- Ndomondo-Sigonda M. The African Medicines Regulatory Harmonitation (AMRH) Initiative: Update on continental progress; Victoria Falls, Zimbabwa 2019. https://www.nepad.org/scien nike neofindex.php/ct-menu-item-3/send/7day #4-amrh-continental-progress 30-september 2019-margameth. Accessed 27 Apr 2020.
- 10. Sigonda M. Miot J. Naidoo S. Ambali A. Dodoo A. Mkandawire H. The African Medicines Regulatory Harmonization Initiative: Progress to Date 2018, Med Res Arch, 2018, https://icumals.ke-i. conferentiation of 1668, Account 77 Apr 2020.

11. Southern African Development Community (SADC). SADC overview. https://www.sadc.int/about-sade/overview/. Accessed

Therapeutic Innovation & Regulatory Science

- 12. Kamwanja LA, Saka J, Awotedu A, Fute I, Chamdimba C, Ndomondo-Sizonda M. Situation analysis study on medicines registration harmonisation in Africa final report for the Southern African Development Community (SADC) NEPAD; 2010. https: ntolo 22303 colo 22303 colo nel Accessed 27 Apr 2020.
- 13. Southern African Development Community (SADC). Protocol on health in the Southern African Dove lopment Community, https:// ands int/documents, publications/shout/Pestood, on Health 1990 pdf. Accessed 27 Apr 2020.
- 14. Southern A frican Development Community (SADC). Pharmaceuticals. https://wdc.in/themes/health/pharmacouticals/. Accessed 27 Apr 2020.
- Southern African Development Community (SADC), Pharmacou tical Business Plan: 2015-2019.
- 16. Centre for Innovation in Regulatory Science (CIRS). The OpERA programme. First ZaZiBoNa Regional Forum. Executive Sumpary 2017
- 17. Medicines Control Authority of Zimbabse (MCAZ), ZaZiBoNa Collaborative medicines registration process. https://www.mcaz. co.rw/index.php/27-news/16-ZAZIBONA-collaborative-ma inco-registration-process/highlight::WvJ6YX ppYm9uYSl did6
- 18. Gwara L. Adjusted indirect treatment comparisons of biosquiva lence studies. The six, Utrocht University, The Netherlands; 2016.
- 19. Southern African Development Community (SADC). Terms of Reference of the SADC Collaborative Medicines Registration Process (ZaZiBoNa).
- 20. Southern African Development Community (SADC). Final record of joint meeting of SADC Ministers Of Health And Ministers Responsible For HIV And ALDS, November 2014.
- 21. Sithole T. Collaboration, convergence and work sharing in the African context, ZaZiBoNa, DIA North Africa Regulatory Conference; Cairo, Egypt, 2019. https://dia.covr.he/cmPorta/Searc /warchable#Isosiondetails/0000094290 O. Accounted 77 Apr. 2020.
- 22. Southern African Development Community (SADC). SADC Medicines Registration Harmonisation (MRH) Project Plan, 2011 endsted 2016
- 23. Sillo H. WHO benchmarking of regulatory systems. Updates and implications for Africa. 4th Biennial Scientific Conference on Medical Products Regulation in Africa (SCoMRA); Victoria Falls, 2019. https://www.nepad.org/scientificconference/index .php/ct-menu-item-3/send/7-presentations-day/77-who-bench ng-updates and implications for africa-final-ver 01. Accused 27.4 - 2020
- 24. Southern African Development Community (SADC), Roles and esponsibilities in the ZaZiBoNa Collaborative Medicine Registestion Program varying 01, 2015.
- 25. World Health Organisation. Collaborative Procedure for Accelerated Registration. https://extranet.who.in/prequa/content/colls borative-procedure-accelerated-segistration. Accessed 2 Sept 2019
- 26. Luigetti R, Bachmann P, Cooke E, Salmonson T. Collaboration, not competition: developing new reliance models. WHO Drug Into. 2016:30:558.
- World Health Organisation. Accelerated registration of FPPs Approved by SRA's, https://ex.tranet.who.inf/progual/content/faster-agistration-fpps-approved-strat. Accessed 27 Apr 2020.
- 28. Briefing paper on the collaborative medicines registration proc dun among Zambia, Zimbabwo, Botswara and Namibia Regulatory Authorities (ZaZiBoNa), version 01, 9 June 2015.



### Therapeutic Innovation & Regulatory Science

- 29. Dengu W. ZaZiBoNa GMP inspections: Together, impact and kaisen. 4th Biennial Scientific Conference on Medical Products Regulation in Africa (SCoMRA); Victoria Falls, Zimbabwe, Augustana in Attractic (20.000-0.7) y tectura ratif, Attractive, 2019. https://www.napid.org/scintificensetiens/sintens/personal-tens-years/1-personal-
- 30. Keyter A., Gouws J., Salek S., Walker S. The regulatory review process in South Africa: challenges and opportunities for a new improved system. Ther Innov Reg Sci. 2018;52:449-58. 31. Mahlangu GN. Challenges of regulatory convergence: ZuZiBoNa
- perspective. International Seminar of Global Regulatory Conver- 40. Barker J. Bioximilars. J Euro Acad Dermatol Venezuol.
- gence; Brazil 2018.

  32. Southern African Development Community (SADC). Meeting record for the eighth meeting of the ZaZiBoNa Heads of Agencies, Nevember 2017.
- 33. 22nd ZaZaBoNa Workshop on collaboration in medicines registration joint assessment assion, Industry Meeting Record, March,
- Southern African Development Community (SADC). 19th SADCY ZuZiBoNa workshop on collaboration in medicines registration and European Medicines Agency (EMA) training on assessment of bioximilar applications report. 2018.

  35. Walker S, McAustane N, Liberti L, Leong J, Salek S. A universal
- framework for the benefit-risk assessment of medicines: is this
- the way forward? Ther InnovReg Sci. 2015;49:17-25.

  36. World Health Organization. Good noview practices: guidelines for national and regional regulatory authorities. WHO Technical Report Series. 2015 (992).

- 37. Mt-Da S, Oawens M, Robert V, Gobel M, Schacht A, Hirsch L. Structured benefit-risk assessment: a review of key publications and initiatives on frameworks and methodologies. Pherm Sect. 2016;15:324-32.
- 38. McAuslane N, Leong J, Liberti L, Walker S. The benefit-risk assessment of medicines: experience of a consortium of mediumsized a gulatory authorities. The Innov Reg Sci. 2017;51:635-44.
- 39. Bennett JE, Stevens GA, Mathers CD, Bonita R, Rehm J, Kruk Mil, et al. NCD countdown 2030: worldwide trands in non-communicable disease mortality and progress towards sustainable development goal target 3.4. Lancet. 2018;392:1072-88.
- 2018:32:1054.
- 41. Weise M, Bielsky M-C, De Smet K, Ehmann F, Ekman N, Giezen TJ, et al. Bioximilars: what clinicians should know. Blood. 2012:120:5111-7.
- 42. Weise M, Kurki P, Wolff-Holz E, Bielsky M-C, Schneider CK. Bioximilars: the science of extrapolation. Blood. 2014;124:3191-6.

Publisher's Note Springer Nature remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.





### ORIGINAL RESEARCH

Published online: 02 January 2021



# Evaluation of the Regulatory Review Process in Zimbabwe: Challenges and Opportunities

Tariro Sithole<sup>1,2</sup> · Gugu Mahlangu<sup>2</sup> · Sam Salek<sup>1,4</sup> · Stuart Walker<sup>1,3</sup>

Received: 14 August 2020 / Accepted: 10 November 2020 © The Authorisi 2021

#### Abstract

Purpose The aims of this study were to assess the current regulatory review process of the Medicines Control Authority of Zimbabwe (MCAZ), identify key milestones and target timelines, evaluate the overall performance from 2017 to 2019, identify good review practices, evaluate the quality of decision-making processes, and identify the challenges and oppor-

Methods A questionnaire was completed by the MCAZ. The agency has participated in the Optimising Efficiencies in Regulatory Agencies (OpERA) program, a multinational endeavor to characterize assessment procedures and metrics associated with regulatory agencies and regional regulatory initiatives. Data identifying the milestones and overall approval times for all products registered MCAZ from 2017 to 2019 were collected and analyzed.

Results The MCAZ conducts a full review of quality, safety, and efficacy data for generics and biosimilars not approved by a reference agency, an abridged review for products approved by a reference agency and a verification review for World Health Organization prequalified products under the collaborative registration procedure. The highest number of reviewed products is generics manufactured by foreign companies. There has been an improvement in review times for all categories of products over the three-year period. Guidelines, standard operating procedures, and review templates are in place and the majority of indicators for good review practices are implemented. Although quality decision-making practices are implemented, there is no formal framework in place.

Conclusion The MCAZ successfully implements three types of review models in line with international standards. Overall, target timelines are realistic and what is achievable with the current available resources. Recommendations made such as the review of available human resources, separation of agency and company time when setting and measuring targets, review of the templates and benefit-risk framework used for abridged review, and development of a decision-making framework present opportunities for an enhanced regulatory review process.

Keywords Medicine control authority of Zimbabwe (MCAZ) · International best practice · Regulatory review models · Good review practices · Timelines · Good decision-making practice

Abbreviations AU AUC		African Union African Union Commission	AUDA NEPAD	African Union Development Agency New Partnership for Africa Development African Medicines Regulatory
			AMKII	Harmonisation
940	Stuart Walker drstuartwalker@me.com		CIRS	Centre for Innovation in Regulatory Science
1	School of Life a of Herifordshire	nd Medical Sciences, University , Hatfield, UK	CPP CRP	Certificate of Pharmaceutical Product Collaborative medicines registration
2	Medicine's Contr Zimbabwe	rol Authority of Zimbabwe, Harare,	GBT	procedure Global Benchmarking Tool
3	Centre for Innov Road, London S	ation in Regulatory Science, 160 Blackfriars E1 8EZ, UK	GMP GRev P	Good manufacturing practice Good review practices
ě	Institute of Med	icines Development, Cardiff, UK		



ceuticals for Human Use LMICs Low, and middle-income countries MASCA Medicines and Allied Substances Con-

MCAZ

Medicines Control Authority of

Zimbabae

MHRA Medicines and Healthcare Products Regulatory Authority MRH Medicines registration harmonization NIPA National regulatory agency

NCEs New chemical entities OnERA Optimising Efficiencies in Regulatory

DMDA Pharmaceutical Manufacturing Plan for

OMS Quality management systems RCORE Regional centre of regulatory excellence

SADC Southern African Development

SOD<sub>e</sub> Standard operating procedures SRAs Stringent regulatory authorities SmPC: Summary of product characteristics

WHO World Health Organization

#### Introduction

### Zimbabwe and the National Medicines Regulatory Authority

Zimbabwe is a landlocked country with a gross domestic product (GDP) of 31 billion USD and a population of 14.5 million in 2018 [1]. The country is bordered by South Africa, Namibia, Zambia, Botswana, and Mozambique [2]. Regulation of medicines began in 1969 through an Act of Parliament, the Drugs and Allied Substances Control Act of 1969 (Chapter 15.03) [3]. The Medicines and Allied Substances Control Act was promulgated in 1997, creating an autonomous agency independent of the fiscus, the Medicines Control Authority of Zimbabwe (MCAZ). The MCAZ's chemistry laboratory is pregualified by the World Health Organization [4]. The MCAZ has a robust quality management system, which resulted in the ISO 9001 certification by the Standards Association of Zimbabwe in 2019 [5]. The MCAZ offers training to regulators on the continent and as a result is designated as a Regional Centre of Regulatory Excellence (RCORE) for medicines evaluation and registration, clinical trials authorization, and quality assurance and control by the African Union's Development Agency New Partnership for Africa Development (AUDA - NEPAD) [6]. In addition, the MCAZ is a founding member of the

ZAZIBONA collaborative medicines registration initiative and also responsible for coordinating the Southern African Development Community (SADC) Medicines Registration Harmonization (MRH) project as the implementing agency [7]. The project aims to build the regulatory capacity of member states in various areas including supporting agencies to be assessed using the WHO Global Benchmarking Tool and to implement measures to address the gaps that have been identified.

Therapeutic Innovation & Regulatory Science

## WHO Assessment of Regulatory Authorities

Various countries or jurisdictions have legislation mandating the regulation of medical products to ensure quality, safety, and efficacy [8]. The capacity to regulate medical products varies widely and traditionally, and countries that were members or observers of the International Council for Harmonisation of Technical Requirements for Pharmaceuticals for Human Use (ICH) were regarded as having stringent regulatory authorities (SRAs) [9]. However, the World Health Organization (WHO) has recently made a proposal to use the term WHO listed authorities (maturity level 4) for authorities previously referred to as SRA and awardlisted authority status to any additional authorities based on the Global Benchmarking Tool (GBTs) [9, 10]. This tool allows for the objective evaluation of national regulatory systems, as agreed by WHO Member states in the World Health Assembly Resolution 67.20 on Regulatory System Strengthening for medical products [11]. The GBT evaluates the overarching national regulatory system as well as the following functions that make up the regulatory system: registration and marketing authorization, market surveillance and control, regulatory inspection, vigilance, licensing establishments, clinical trial oversight, laboratory testing, and NRA lot release [10]. The WHO has begun the process of evaluating the regulatory systems of countries including low- and middle-income countries (LMICs). One of the outcomes of the assessments using the GBT is the development of an Institutional Development Plan, which identifies gaps as well as the activities and resources required to strengthen the regulatory system. As of May 2020, of the 55 countries in Africa, the WHO had benchmarked the national medicines regulatory agencies of 13 while 34 had conducted self-benchmarking, a pre-requisite for formal benchmarking by the WHO [12]. Tanzania and Ghana were benchmarked and attained maturity level 3 status which represents "a stable, well-functioning and integrated regulatory system" [9, 13, 14]. Regulatory reviews fall under the registration and marketing authorization function of the GBT.

Unlike high-income countries, there is limited information in the public domain on the regulatory review/assessment systems and performance of LMIC [15]. Evaluation of the regulatory review systems of a number of high-income



Springer

and upper middle-income countries, for example, Saudi Arabia, Jordan, Turkey, and South Africa, are available in the literature [16–20]. However, it appears that there are few published assessments of the regulatory review systems in LMIC in Africa. The aim of this study was, therefore, to evaluate the current regulatory review process in Zimbabwe, identifying challenges and opportunities for growth and improvement.

#### Study Objectives

The main objectives of this exploratory study were to:

- Assess the current regulatory review process in Zimbabwe.
- Identify the key milestones and target timelines in the review process,
- Evaluate the overall performance for the review models and different product types approved in Zimbabwe during the period 2017 to 2019,
- Evaluate how the quality of the process of decision making is built into the regulatory review process and registration of medicines, and
- Identify the challenges and opportunities for an enhanced regulatory process in Zimbabwe, with a view to expediting patients' access to life-saving medicines.

#### Methods

#### Ethical Approval

The authors' institutions do not require ethics approval for the type of study reported here.

### Study Rationale

The study was planned as part of continuous improvement efforts of the agency as it was deemed important to identify the challenges and opportunities.

#### Data Collection Process

A questionnaire technique [21] was used to identify the key milestones and activities associated with the review processes and practices within the MCAZ. The questionnaire was initially completed by a senior assessor, reviewed by the division's management and verified by the Director General in 2019. To aid agencies who achieve the goals of regulatory efficiency, the Centre for Innovation in Regulatory Science (CIRS) developed a unique regulatory-strengthening tool entitled Optimising Efficiencies in Regulatory Agencies

(OpERA). The OpERA project was initiated in 2013 based on requests from regulatory agencies, and the objectives of this program are to provide benchmarking data that can be used to define performance targets and focus ongoing performance improvement initiatives; accurately compare the processes used in the review of new medicines marketing authorizations; encourage the sharing of information on common practices in order to learn from others' experiences; and encourage the systematic measuring of the processes that occur during the review of new medicines marketing authorization 1221.

The questionnaire consists of 5 parts [21, 22].

Part 1: Organization of the agency documents the information on the structure, organization, and resources of the

Part 2: Types of review models identify different types of review model(s) used for the scientific assessment of medicines in terms of the data assessed and level of detail by the agency, as well as how the agency might rely on the results of assessments and reviews carried out by a reference agency.

Part 3: Key milestones in the review process document information on the key milestone dates, using the online OpERA tool and map the process of assessment starting from receipt of the dossier, validation/screening, the number of cycles of scientific assessments including the questions to the sponsor/applicant and expert registration committee meetings to the final decision on approval or refusal of a product for registration. A standardized process map embedded in the questionnaire was based on the experience of studying established and emerging regulatory authorities. Data were collected for new chemical entities (NCEs), biologicals, and biosimilars, and generics registered by the Zimbarwean NRA during the period 2017–2019. These data were sourced directly from the division within the authority responsible for the regulatory review process.

Part 4: Good review practices (GRevP) evaluate how quality is built into the regulatory process by examining activities that have been adopted to improve consistency, transparency, timeliness, and competency in the review process.

Part 5: Quality decision-making processes explore the quality of agency decision-making practices and whether measures are in place to ensure that quality decisions are made around the data during the registration process.

## Models of Regulatory Review

There are three models for the scientific regulatory review of a product that can be used by regulatory authorities [21] and these are as follows:



- (i) The verification review (type 1), which requires prior approval of a product by two or more reference or competent regulatory authorities allowing the agency relying on such assessments to employ a verification process to validate a product and ensure that it conforms to the previously authorized product specifications.
- (ii) The abridged review (type 2), which involves an abridged evaluation of a medicine taking into consideration local factors and environment, with the pre-requisite of registration by at least one reference or competent regulatory authority.
- (iii) The full review, type 3A, which involves the agency carrying out a full review of quality, safety, and efficacy, but requires that the product has previously been reviewed by an agency for which there is a CPP or type 3B which involves an independent assessment of a product's quality, pre-clinical, as well as clinical safety and efficacy, but which has not been evaluated by any previous agency.

#### Results

The results will be presented under five major headings: (Part I) organization of the agency (this section addresses objectives 1 and 5); (Part II) types of review models used in Zimbabwe (this section addresses objectives 1 and 5); (Part III) key milestones in the Zimbabwe Regulatory review process (this section addresses objectives 1, 2, 3, and 5; (Part IV) good review practices: building quality into the regulatory process (this section addresses objectives 1, 4, and 5); and (Part V) quality decision-making practices (this section of the results addresses objectives 1, 4, and 5).

#### Part 1: Organization of the Agency

The MCAZ is an autonomous agency established in 1997 as a successor to the Drugs Control Council and the Zimbabwe Regional Quality Control Laboratory. The MCAZ regulates medicinal products for human and veterinary use as well as medical devices and diagnostics. The scope of control of medical devices is currently limited to gloves and condoms but will increase once the medical devices' regulations, which have been developed, are approved. The MCAZ scope of activities includes issuing of marketing authorizations/product licenses, post-marketing surveillance, laboratory analysis of samples, clinical trial authorization, regulation of advertising, site inspections/visits, import and export control, and licensing of premises and persons responsible for the manufacture, supply, distribution, storage, and sale of medicines.

Springer

The MCAZ currently has 143 full-time personnel including management, technical, and administrative staff. Eighteen full-time reviewers are dedicated to assess applications for marketing authorization/product licenses for synthetic and biological products, of whom 3 specialize in the review of biological products. As the MCAZ does not receive many applications for registration of biological products, the 3 reviewers also assess chemical/synthetic products (small molecules). The majority of the staff reviewing marketing authorization applications are pharmacists and some of them have post-graduate qualifications. However, no physicians are engaged in the regulatory review process for issuing marketing authorizations.

#### Part 2: Types of Review Models Used in Zimbabwe

The MCAZ carries out all three types of established regulatory review [21], although there is some difference in the requirement of the number of approvals by a reference agency.

The verification (type 1) review is used only for WHOprequalified (PQ) products through the WHO Collaborative Medicines Registration Procedure (CRP), typically foreign generic medicines [23]. This type of review is enabled because WHO shares unredacted assessment reports for PQ products with the manufacturer's consent and WHO GMP inspection outcomes are also available. Reviews involve ensuring that the product approved by the WHO PQ is the same as that submitted to MCAZ and reviewing country-specific requirements such as labeling. Post-approval changes are communicated to the MCAZ by WHO PQ. The target timeline for this route is 90 calendar days (Table 1).

The abridged (type 2) review is used for products approved by at least one reference authority; for example, the Europe an Medicines Agency. Medicines and Healthcare

Table 1. Target Timelines for the MCAZ Review Process

Milestone/process	Target
Acknowledgement of receipt	30 calendar days
Screening/validation	60 catendar days
Acknowledgement/screening/validation	90 catendar days
Scientific assessment (per review cycle)	60 catendar days
Sponsor response time (per review cycle)	60 catendar days
Scientific assessment/sponsor response	120 calendar days
Expert Committee procedure	No target time
Authorization procedure	60 catendar days
Pull review	480 calendar days
Abridged review	270 calendar days
Verification review (WHO CRP)	90 catendar days
Expedited review/fast track	180 calendar days
ZAZIBONA review	270 calendar days

Therapeutic Innovation & Regulatory Science

Products Regulatory Authority, United States Food Drug Administration, Australian Therapeutic Goods Administration, Health Canada, Japanese Pharmaceuticals and Medical Devices Agency, and other mature agencies in Europe. This is the primary route for NCEs and biologicals. Generics and biosimilars approved by a reference agency will also go through the abridged route. However, the MCAZ does not have any formal agreements in place with any of these reference agencies to facilitate sharing of unredacted assessment reports; therefore, public assessment reports are used instead. The target timeline for this route is 270 calendar days (Table 1).

A full review (type 3A) of quality, safety, and efficacy is conducted for products not approved by any reference agency, and these products are usually generics and biosimilars. For generics, the chemistry, manufacturing and control (CMC), and bioequivalence are reviewed sequentially while for biosimilars the quality, non-clinical and clinical data are reviewed in parallel. The target timeline for this route is 480 calendar days (Table 1). ZaZiBoNa products undergo a full review; however, they are placed in their own queue with a target time line of 270 days. A type 3B review which involves an independent assessment of pre-clinical (safety) and clinical (efficacy) data is not conducted.

An expedited/fast-track review is also conducted. Applications are placed at the front of the queue but can be assessed using any of the above types of review (1, 2, or 3) depending on the product. Applications from local manufacturing companies and products for unmet medical needs are also given a priority review. The target timeline for this route is 180 calendar days (Table 1).

#### Data Requirements and Assessment

At present, the Certificate of Pharmaceutical Product (CPP) is legally required for registration in Zimbabwe for all three review types, as this is used as evidence of registration in the country of origin and to confirm similarity of the product being submitted to Zimbabwe with the one that is approved in the country of origin. The requirement for the CPP may be waived at the time of submission of the application, but the CPP must be submitted prior to registration. Evidence of compliance with good manufacturing practices (GMP) for both the active pharmaceutical ingredient and finished pharmaceutical product manufacturers, product samples, copies of the labeling, and a full dossier (modules 1-5) is required for all review types. A detailed assessment of the data is carried out, and the relevant assessment reports are prepared. The MCAZ performs benefit-risk assessments during the abridged review of NCEs and biologicals, as well as during a full review of biosimilars taking into account differences in medical culture/practice, ethnic factors, national disease patterns, and unmet medical needs. As previously stated, the

authority does not access internal assessment reports from other authorities except from the WHO through the collaborative registration procedure. However, publicly available reports such as European Public Assessment Reports and those from other reference/recognized agencies are used during the review process.

# Part 3: Key Milestones in the Zimbabwe Regulatory Review Process

The regulatory review process and authorization of medicines are performed within the Evaluations and Registration division of the MCAZ, and this is depicted in Fig. 1 including milestones and timelines. This is a simplified representation of the main steps in the review of applications. The map represents the review and authorization of a product that goes to approval after one review cycle. In reality, it often takes a minimum of three review cycles before the review of a product is finalized. In addition, the map does not include steps such as the submission of representations to the administrative court within a specified period to appeal against the refusal of an application.

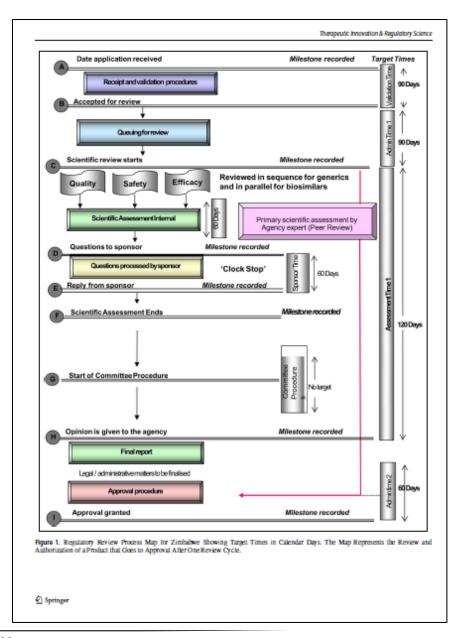
#### Receipt and Validation Procedures

All applications for registration are received by the Administrative Regulatory Officer and tabled before the Registration Committee. The target is to send an acknowledgement of receipt of the application by the committee within 30 calendar days from the date of receipt. Applications are then screened/validated and the target time for completion of this step is 90 calendar days from the date of receipt of the application. Products that fail screening are removed from the queue and applicant requested to provide the missing information. Products that pass screening are placed in a queue awaiting allocation to the next available assessor. The target time for start of the scientific assessment is 180 calendar days from the date of receipt of the application. All product types join the same queue and are assessed following the "first in first out" principle, regardless of the nature of the product or the review type, with the exception of expedited fast-track review applications.

#### Scientific Assessment

The start of the scientific assessment is formally recorded. Scientific data are separated into quality, safety, and efficacy for review, and these are assessed sequentially by one assessor when it is a generic medicine. However, the sections may also be assessed in parallel by different assessors when it is a biosimiliar medicine. At present, the primary scientific assessment is carried out by the authority technical staff, although in the past, external assessors have been engaged





under contractual agreement to work within deadlines set by the agency. Peer-reviewed assessment reports and recommendations are discussed by the external expert panel Registration Committee, which makes the final decision on registration or refusal of a product. The target timeline for each cycle of scientific assessment is 60 calendar days.

#### Questions to Applicant (Sponsor)

There is an opportunity for applicants to hold meetings with the agency staff to discuss questions and queries that arise during the assessment. A meeting record is generated during these meetings. Technical advisory meetings are also provided to local pharmaceutical manufacturers upon request; unlike other jurisdictions, no fee is charried for these meetings. Questions are collected into a single batch after each review cycle and only sent to the applicant after the Registration Committee has made its decision. The applicant is allowed 60 calendar days to respond after each review cycle; however, due to manual tracking and requests for extension to the deadline, company time can exceed this target time. The scientific review ceases while questions are being processed by the sponsor, that is, a clock stop is applied; however, this time is not excluded when median approval time is calculated in practice as well as in this study.

#### Expert Committees

The Registration Committee, which includes representatives from the disciplines of pharmacy, medicine, public health, toxicology, pharmaceutical science, biotechnology, and academia, meets once a month and makes decisions on registration or refusal of a product after the review of the scientific data by assessors. There is no target time limit for the Committee procedure. A letter communicating the Committee's decision is prepared and questions communicated to the applicant/sponsor with a 60-day deadline. Responsibility for the decision lies with the Registration Committee. which uses a consensus process for decision making, and the MCAZ is mandated to follow its decisions. The criteria for granting or refusing a marketing authorization/registration relate only to the assessment of scientific data on quality, safety, and efficacy and is not dependent on a pricing agreement or on sample analysis. In some cases, sample analysis may be done in parallel with the scientific review, but for the majority of applications, the analysis is carried out post-registration. Information in the summary of product characteristics (SmPC) is reviewed, and for generics, this is expected to be similar to that of the reference/innovator SmPC. Compliance with local labeling requirements, e.g., pharmacological classification, is also a requirement for registration. Before a product is authorized, the manufacturing site must be deemed GMP compliant by the MCAZ

inspectorate and this can be based on an onsite visit or a desk review where there is a GMP inspection by a recognized regulatory authority. The sponsor/applicant is informed of the authority's intention to approve the registration as well as any conditions of approval before the authorization is issued. At that stage, the sponsor is given 30 calendar days to respond. It can take approximately 60 calendar days from receiving a positive scientific opinion and the intent to register decision to issuing an approval letter and certificate of registration (Table 1).

#### Approved Products and Review Times

Classification of Approved Products From 2017-2019, 97% of approved products were submitted by foreign companies. The majority of applications approved during the study period were generics manufactured by foreign companies followed by NCEs, biologicals/biosimilars, and generics manufactured by local companies (Fig. 2). In 2017, 73% of the products approved were generics (foreign), 17% were NCEs, 6% were biologicals/biosimilars, and 4% were generics (local). In 2018, 86% of products registered were generics (foreign), 9% were NCEs, 3% were biologicals/biosimilars, and 2% were generics (local). In 2019, 82% of products registered were generics (foreign), 4% were NCE, 9% were biologicals/biosimilars, and 5% were generics (local). The highest number of products approved during the study period was 195 in 2018 for generics (foreign), 31 in 2017 for NCE, 13 in 2019 for biologicals/biosimilars, and 8 in 2019 for generics (local). There was a decreasing trend in the number of NCE approved over the study period. All approved NCEs were sponsored by foreign companies, there were no locally sponsored NCEs.

Review Times for Different Product Types It is significant that there was an improvement in review times over the 3-year period for all categories of products. The median overall approval time for all products was reduced from 618 calendar days (n=183) in 2017 to 518 days (n=227) in 2018 and 473 days (n=141) in 2019. The median approval time for generics (foreign) was reduced from 662 calendar days (n=134) in 2017, to 579 days (n=195) in 2018 and 554 days (n=116) in 2019. The median approval time for local generics halved from 611 calendar days (n=7) in 2017, to 346 days (n=4) in 2018 and 287 days (n=8) in 2019. The median approval time for NCEs has remained relatively constant at 299 calendar days (n=31) in 2017, 306 days (n=21) in 2018, and 239 days (n=6) in 2019. Themedian approval time for biologicals/biosimilars was significantly reduced from 844 calendar days (n=11) in 2017, to 267 days (n-7) in 2018 and 367 days (n-13) in 2019. Thelongest median approval time observed during the study



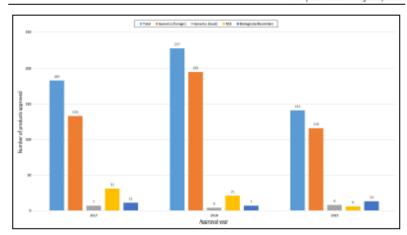


Figure 2. Number of Approved Products Classified into Total, Generics (Foreign), Generics (Local), New Chemical Entities, and Biologicals/

period was (844 calendar days) for biologicals/biosimilars in 2017. The shortest median approval time observed was 239 calendar days for NCEs in 2019 (Fig. 3).

Comparison of Review Times for Different Models An improvement in review times was observed across all review models over the three-year study period. The median approval time for full review (used for generics and biosimilars not approved by a reference authority) decreased from 727 days (n=142) in 2017, to 612 days (n=174) in 2018 and 624 days (n=105) in 2019. The median approval time for abridged review (used for NCEs, biologicals, generics, and biosimilars approved by a reference authority) decreased from 298 days (n=35) in 2017 to 274 days (n=36) in 2018 and 272 days (n=29) in 2019. The median approval time for verification review (used for WHO PQ products under the CRP) decreased from 185 days (n=5) in 2017, to 164 days (n=17) in 2018 and 126 days (n=7) in 2019. The highest median approval time was 727 days (n=142) in 2017 for products that had a full review, and the shortest was 126 days (n=7) in 2019 for products that had a verification review (Fig. 4). In general, the

throughout the study period, followed by abridged review then full review. Products were approved in less than half the time taken for full review under abridged review and in approximately a quarter of the time under verification review for all three years

#### Part 4: Good Review Practices: Building Quality Into the Regulatory Process

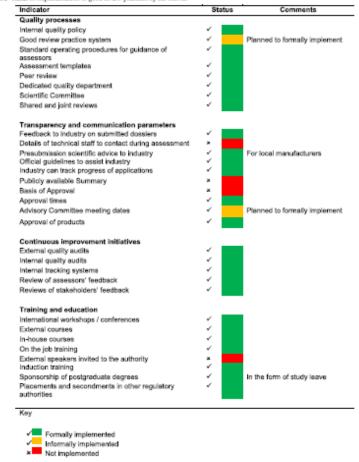
#### General Measures Used to Achieve Quality

GRevPs have been informally implemented by the agency, using WHO PQ as a standard, including the use of guidelines, standard operating procedures, assessment templates, and screening checklists (Table 2). These documents are not available to the public except the guidelines and the applicant's screening checklist, which are available on the MCAZ website www.mcaz.co.zw. The MCAZ top management has endorsed and formally adopted an internal quality policy that gives direction related to the quality of the review process. The agency produces an assessment median approval time for verification review was the shortest report in English, which undergoes a process of internal



Therapeutic Innovation & Regulatory Science

Table 2 Status of implementation of good review practices by the MCAZ



peer review before consideration by the Registration Committee. A Registration Committee preparatory meeting serves as a quality assurance check before reports are taken to the Committee. Applicants/sponsors do not get a full

copy of the assessment report and a reducted assessment report is not published on the website. Other tools that build quality into the assessment process are: the availability of the following platforms for communicating with



applicants/sponsors and obtaining their feedback; procedures for submitting complaints by applicants/sponsors; annual stakeholder meetings; individual client meetings; and liaison meetings with stakeholders such as association of pharmaceutical manufacturers, retail pharmacists, and pharmaceutical wholesalers.

#### Quality Management

The MCAZ has identified quality management to be critical in achieving its values which are customer focus, continuous improvement, integrity, and accountability. The authority strives to be more efficient, to ensure consistency, and to increase transparency. The following activities are undertaken to bring about continuous improvement in the assessment and authorization process; reviewing assessors' feedback and taking necessary action; reviewing stakeholders' feedback through, e.g., satisfaction surveys, complaints, meetings, or workshops and taking necessary action; using an internal tracking system to monitor quality parameters such as consistency, timeliness, efficiency, and accuracy; and carrying out internal quality audits such as self-assessments, as well as having external quality audits by accredited certification bodies and using the findings to improve the system. The authority has a dedicated Quality Unit for assessing and/or assuring quality in the assessment and registration process for medicines. Quality management review meetings are held quarterly to monitor implementation of quality standards across the organization.

#### Quality in the Review and Assessment Process

Some measures that have been implemented to help improve the quality of applications and the scientific review are publication of various guidelines to assist industry as well as regular feedback to applicants on common deficiencies observed in applications for registration. These are made available through the MCAZ website, industry associations, meetings with stakeholders, and upon request. In addition, pre-application scientific advice has been given mostly to local manufacture rs/applicants. Quality is monitored through the minutes of such meetings. The applicant is not given the contact information of the assessor to discuss their application during the review. However, there is some formal contact to discuss the status of pending products. Meetings are held by appointment on specific days of the week; however, applicants can send emails at any time requesting status updates from the administrative regulatory officer. Phone calls are largely discouraged but may be taken on designated

#### Shared/Joint Reviews

The MCAZ is a founding member and active participant of the SADC collaborative medicines registration initiative ZaZiBoNA [3, 7]. The MCAZ acts as a rapporteur, performing the first review of a product application or as a co-rapporteur performing the peer review of an application for products assessed by the initiative for which marketing authorization in Zimbabwe is sought. The product application should have been submitted to a minimum of two countries to be eligible for review under ZaZiBoNa. The WHO carries out quality assurance for all reviews under the initiative. There are formal measures in place to ensure consistent quality during the review under the initiative through the use of guidance documents for assessors, use of common templates for assessment of generic medicines, and the availability of standard operating procedures. With the manufacturer's consent, the agency shares the assessment report with other regulatory authorities for ZaZiBoNA products. The joint reviews have served as a platform for training. particularly assessment of the active pharmaceutical ingredient and biologicals/biosimilars as well as greater exposure to WHO standards of assessments. To date, ZaZiBoNa has contributed 11% of total registrations in Zimbabwe in 2017 and 2019, and 4% in 2018 [24].

#### Training and Continuing Education as an Element of Quality

A formal training strategy and program for assessors is in place which includes training at induction, on-the-job training, internal and external short courses, support for postgraduate degrees, placements/secondments to more established regulatory authorities such as WHO PQ and The Federal Institute for Drugs and Medical Devices (BtArM) in Germany, and mentoring of junior assessors by more experienced assessors including peer review. The MCAZ does not seek direct assistance of more experienced agencies for the development of SOPs and guidelines; however, guidelines published by more experienced agencies are referenced. adapted, or adopted during the development of country guidelines. The agency collaborates with other agencies in the training of assessors, e.g., during pre-assessment training sessions at ZaZiBoNA or as co-facilitators for courses offered under the MCAZ RCORE. The MCAZ participates in training offered by WHO and other agencies. Once completed, a system is in place to evaluate the impact of any given training on the individual and on the division. The MCAZ participated in the exercise to determine the level of competence of assessors using the WHO Global Competence Framework for Assessors together with other SADC



#### Transparency of the Review Process

Being open and transparent in relationships with the public, professionals, and industry is in line with MCAZ organizational values and is of high priority. The MCAZ identified the following top three incentives for assigning resources to activities that enhance the openness of the regulatory system; political will, the need to increase confidence in the system, and the provision of assurance regarding safety measures. Measures to achieve transparency include the provision of details regarding the registration process on the MCAZ website including fees payable for the different pathways and regular stakeholder meetings to interact with applicants and discuss processes and timelines for approval. In addition, an online register of approved products is available on the website while approved, canceled, refused, and withdrawn products are periodically published in the Government gazette. Although the MCAZ does not share assessment reports with applicants, the listed deficiencies or questions raised during assessment are shared with the applicant, which they are given a period of 60 days to address. When a product is refused registration, the reasons for the refusal are shared with the applicant. Furthermore, detailed statistics are published in the annual reports which the Minister of Health and Child Care presents to the Parliament. Copies of the MCAZ Annual Reports from 2011-2018 are available on the MCAZ website. Customer satisfaction surveys and complaint forms, which are freely available on the website, are used to obtain feedback from applicants on the quality of the review process.

At present, it is not possible for companies themselves to track the progress of their applications; however, this is something that the authority plans to do in the future. However, companies can follow the progress of their applications through meetings, e-mail, and te lephone contact. Currently, a database capable of archiving information on applications in a way that can be searched exists and an electronic tracking system has recently been implemented for internal use

#### Part 5: Quality Decision-Making Practices

Although some good decision-making practices are implemented, the MCAZ does not have a validated documented framework in place that forms the basis of the decision to approve or reject an application. The current process in place is based on custom and practice. Assessors use a decision tree to assign relative importance, i.e., critical or not critical to findings, which ensures decisions/recommendations are made consistently regardless of the assessor.

One of the challenges identified is that the agency does not have measures in place to minimize the impact of subjective influences/biases on the agency's decision making for the process to approve or reject an application. In addition, there is no training provided in the area of quality decision making in general and neither is there a formal assessment to periodically measure the quality of decision making within the agency for the process to approve or reject an application. There is, therefore, room for improvement of the authority's decision-making process and the implementation of a framework.

#### Discussion

The MCAZs vision is to be a leading and effective regulatory authority on the African continent. This is evidenced by its adoption of a robust quality management system and the implementation of good review practices in line with international best practice. Historically, the MCAZ has had the challenge of long registration times. Gwaza reported a range of 516 days to 1673 days median time to registration for the years 2003 to 2015 [15]. To address this challenge, the MCAZ invested in improving and reengineering its processes using international standards as a benchmark. Management invested financially in the hiring of a dedicated administrative regulatory officer to perform validation of applications, thus, preventing incomplete applications from remaining in the pipeline. In addition, the hiring of dedicated dossier reviewers and the introduction of one-week off-site retreats allowed assessors to be dedicated to the review without any interruption. Management also invested in the development of an electronic tracking system, which triggered evaluation of the review process. This resulted in the setting of target times for all key milestones, adherence to target times, as well as stricter monitoring of deadlines given to applicants to respond to questions. The agency decided to limit the number of review cycles to three, which reduced the time spent with applicant addressing the same issues. Furthermore, the use of the abridged review model was extended to generics and biosimilars approved by recognized reference agencies, where previously it was only used for new chemical entities and biologicals. The results of this current evaluation show that the investment has been worth. while as the regulatory review process now incorporates the milestones used by leading regulatory authorities globally, and therefore, this has led to a decrease in registration time. The improvement in the process has resulted in a decrease in the overall median approval time to 473 calendar days (15.8 months) in 2019, which is comparable to the review times of 10 to 16 months achieved for new active substances by mature and better resourced



using risk stratification approaches such as the abridged review pathway and participation in the WHO CRP. This has allowed the authority to focus its limited resources on the full review of applications for products that are not approved elsewhere.

#### Performance Against Set Targets

The results of this study show that the authority is currently meeting the targets set for overall approval time (480 days) and abridged review (270 days). Although the time taken for approval using the verification review (WHO CRP) is above the target (90 days), it is still very short (125 days in 2019). The time taken for full review is much higher than the target of 480 days (624 days in 2019). Some of the reasons that contribute to a long approval time are a long queue time (the time a product spends in the queue from receipt to the start of the scientific assessment), an inadequate number of experienced reviewers, and numerous requests from applicants for deadline extensions to respond to reviewer questions. The queue time is indicative of the resources available to perform the work and a target of 180 days is too long, reflecting the need for an evaluation of the adequacy of human resources available to review products as well as the ability of the MCAZ to retain staff with key competencies and expertise. Gwaza reported that the authority had a relatively young workforce of assessors/reviewers, two of whom had doctorates at that time in 2014 [15]; however, when compared with results from the current study conducted five years later, the workforce is still relatively young and the two reviewers with doctorates are no longer a part of the team of reviewers. This points to a problem of high staff turnover and poor skills retention, which needs to be addressed if the queue time and overall time lines are to be improved.

#### New Chemical Entitles

Springer

While generics play an important and critical role in ensuring access to life-saving treatment in LMICs, the need for new and innovative medicines cannot be overlooked. Some patients have reported better outcomes with innovator brands compared with generic products [26], and NCEs should be approved and readily available on any market. This will reduce the cost of the medicine, unlike the situation in which the unregistered NCE is imported for the patient under section 75, a provision in the Medicines and Allied Substances Control Act, which waives the requirement for registration of unregistered medicines imported on a doctor's prescription and named patient basis. NCEs or innovative products

agencies [25]. The MCAZ has also shown initiative in are normally only launched onto the African market after a number of years of approval and use in well-resourced markets [7] making them low-risk products with established efficacy and safety, which have undergone a rigorous review by a mature agency. The results of this study show that the MCAZ uses risk stratification for all NCEs by conducting an abridged review. This process has proven effective, as the median approval time for NCEs was the lowest of all the product types registered in Zimbabwe, ranging from 239 to 306 calendar days (8-10 months) over the study period, and this has not resulted in any increase in the incidence reports of post-marketing adverse events. The review times for NCEs are comparable to the time taken by mature agencies and much lower than the 3-6 years reported for review of new active substances in other countries in the region who conduct a full review [19, 20]. The results of this study show that all products are placed in the same queue for review regardless of the type of review to be conducted. This is different from some countries in the region where applications for NASs are placed in a different queue from applications for generic medicines [19]. There has been a decrease in the number of NCEs registered in Zimbabwe from 2017 to 2019 which could be due to various reasons, such as economic factors beyond the regulator's control. However, the MCAZ can encourage submission or registration of NCEs by having a separate queue for these products since the numbers are very low compared with generics, and the type of review conducted is different. It is also likely that the NCEs will be addressing an unmet medical need. This will be a process improvement that will further reduce approval time and improve access to new and innovative life-saving medicines by patients in Zimbabwe.

#### **Biologicals and Biosimilars**

The LMICs in the African region suffer the highest burden of infectious diseases such as HIV/AIDS and tuberculosis [27, 28], which has resulted in most of the countries developing policies to promote the prescription and use of generic medicines [29] to ensure access to treatment by as many patients as possible at affordable prices. In addition, in recent years, there has been a rise in the prevalence of non-communicable diseases such as cancer in LMICs [30. 31] and the cost of biologicals used for treatment of diseases such as cancer is prohibitive, leading to a rise in the use of biosimilar medicines. Review of applications for registration of biologicals and biosimilars requires different competencies to those required for small molecules. There is also a component of benefit-risk assessment to be considered for biosimilars that is not critical for small-molecule generic

From this study, we found that most biosimilars received in Zimbabwe require a full review as they are not approved

#### **Local Products**

Markets eroded by sub-standard and falsified medicines due to weak regulation, inadequate technology, outdated equipment and facilities, inadequate research and development, and lack of appropriately skilled personnel were cited as some of the challenges faced by the pharmaceutical manufacturers in Africa in the Pharmaceutical Manufacturing Plan for Africa (PMPA) business plan developed by a partnership of the African Union Commission (AUC) and the United Nations Industrial Development Organization [32]. The figures presented in this study on the number of generics registered from local and foreign companies, show that local manufacturers contributed 5%, 2%, and 6.5% respectively of the generic products registered from 2017-2019. Recognizing the role that local manufacturers can play in reducing the cost of medicines and contributing to public health, the MCAZ has recently adopted a policy to prioritize the review of locally manufactured medicines. This has resulted in a reduction in the median approval time (inclusive of the applicants' time) of local generics from 611 calendar days (20 months) in 2017 to 346 days (11.5 months) in 2018, and 287 calendar days (9.5 months) in 2019. The MCAZ also plays a canacity-building role through the collaboration on the GMP roadmap for manufacturers and trainings offered to industry through its RCORE. It is envisaged that as the challenges identified in the PMPA business plan are addressed, the product portfolio of local manufacturers as well as their presence on the market will increase. The median approval time can be further reduced by limiting the number of review cycles and adhering to the deadlines for applicants to respond to questions (Figs. 3, 4).

#### Electronic Tracking System

The MCAZ has recently implemented an electronic tracking system that should enable easier tracking and reporting of

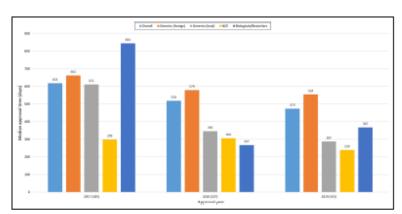


Figure 3. Median Approval Times (Inclusive of Applicants' Time) for All Products (Overall), Generics (Foreign), Generics (Local), New Chemical Entities, and Biologicals'Biosimitars.



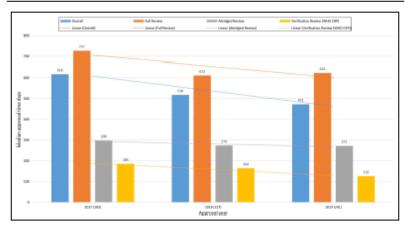


Figure 4. Median Approval Times (Inclusive of Applicants' Time) for Different Review Models; i.e., Overall, Full Review, Abridged Review, and Verification Review (World Health Organization WHO Cotlaborative Medicines Registration Procedure).

the clock stop, clock start. This will help both applicants/ sponsors and the agency to see their contribution to the overall approval time. At present, the authority's target timelines are set and measured inclusive of the applicant's time. The shortcoming of this approach is that the authority includes company time when measuring its performance, yet this is not within its control. An element of good review practices yet to be implemented by the MCAZ is to enable applicants to track the progress of their applications. The authority should consider further improving the electronic tracking system to allow applicants to submit applications online and track their progresss.

The MCAZ successfully implements the three types of review models in line with the international standards. The milestones in the review process are formally recorded, and targets have been set for each milestone. Performance against set targets is monitored. All except four indicators for good review practices are either formally or informally implemented. Although good decision-making practices are implemented, there is need to have a formal decision-making framework in place.

#### Recommendations

The following opportunities for system/process improvement were identified from the study:

- The adequacy of human resources available to review products as well as the ability of the authority to retain staff with key competencies and expertise should be evaluated.
- The authority should consider mainly the agency time when setting target timelines and measuring performance and the timeframe for the applicant's response should only be extended if there is a good rationale as this affects overall approval time.
- Applications should be placed in different queues according to review type, e.g., products requiring full review should have a separate queue from products eligible for abridged or verification review.
- The MCAZ should, where possible, pursue formal agreements with chosen reference agencies to facilitate the sharing of unredacted assessments reports or alternatively encourage manufacturers to use the recently published WHO collaborative procedure to facilitate the accelerated



- registration of products approved by mature regulatory agencies [33].
- The authority should consider improving the recently implemented electronic tracking system to allow applicants to track the progress of their applications in line with good review tractices.
- Since there is no formal decision-making framework in place, the agency should implement a structured approach to decision making using a validated tool such as "Quality of Decision-Making Orientation Scheme (QDOS)" which identifies the 10 quality decision-making practices (ODMPs)
- The current templates and the benefit-risk framework used for abridged reviews should be evaluated and compared with those of comparable or reference agencies to determine if there is need for improvement.

#### Conclusions

This study has evaluated the current MCAZ regulatory review process. Key milestones and timelines have been identified, and the measures used for GRevP have been considered. The MCAZ performs a full review assessment of applications for registration of generics and biosimilars not approved by a reference authority and uses reliance to conduct an abridged review for NCEs, biologicals, biosimilars, and generics approved by recognized reference regulatory authorities and verification review for WHO-prequalified products. A Quality Management System (ISO 9001) and quality policy are implemented. Overall, the results of this study demonstrated that the target timelines set and communicated by the authority to stakeholders are realistic and what is achievable with the current resources available. This transparency is commendable and enables applicants/sponsors to plan appropriately. The findings from this study present opportunities for an enhanced regulatory review and improvement of the current process. The study will enable the authority to easily identify the areas requiring additional resources and improvement. This study will also make it possible for comparison of Zimbabwe, a lower middle-income country, with similar countries in the SADC region, the African continent, and similar sized higher income countries beyond A frica with the goal to improve the regulatory review process in Zimbabwe and patients' access to life-saving medicines. The approach taken here in this evaluation could also provide a model for other low- to middle-income countries in the African region.

#### Acknowledgments

This research was supported by an unrestricted grant from the Bill and Melinda Gates Foundation.

#### Compliance with Ethical Standards

#### Conflict of interest

The authors report no conflicts of interest in this work.

#### Open Access

This article is licensed under a Creative Commons Attribution 40 International License, which permits use, sharing, adaptation, distribution and reproduction in any medium or format, as long as you give appropriate credit to the original author(s) and the source, provide a link to the Creative Commons licence, and indicate if changes were made. The images or other third party material in this article are included in the article's Creative Commons licence, unless indicated otherwise in a credit line to the material. If material is not included in the article's Creative Commons licence and your intended use is not permitted by statutory regulation or exceeds the permitted use, you will need to obtain permission directly from the copyright holder. To view a copy of this licence, visit <a href="https://creativecommons.org/licenses/by/4.0/">https://creativecommons.org/licenses/by/4.0/</a>.

#### References

- World Bank. Country data: Zimbabwe 2018. https://data.world-bank.org/?iocalions=ZW. AccessedJune 16, 2020.
- International Monetary Fund. Zimbabwe 2017. https://www.imf. org/en/Countries/ZWH: Accessed June 16, 2020.
   Medicines Control Authority of Zimbabwe. http://www.mcaz.
- Medicines Control Authority of Zimbabwe. http://www.mcaz. co.zw/index.php/downloads/category/7-regulations Accessed 3 April 2020.
- World Health Organization. Zimbabwe Medicines Quality Lab gets WHO approval. https://www.who.in/medicines/news/zwe\_ med\_quality\_lablen/. Accessed 4 Arril 2020.
- Standards Association of Zimbabwe ISO 9001 certified companies for management systems. Pg 17 number Q320. http://sax.org.xw/ registere-d-entities/. Accessed October 2, 2020.
- Medicines Control Authority of Zimbahwe (MCAZ). ZAZI BONA Collaborative Medicines Registration Process. Available from: https://www.mcaz.co.zw/incep.ph/alternative-submission-pathw avs. Accessed 2 October 2020.
- Sithole T, Mahtangu G, Salek S, Walker S. Evaluating the success of ZaZiB oNa, the Southern African Development Community Collaborative Medicines Registration Initiative. Ther Innov Reg Sci. 2020. https://doi.org/10.1007/s43441-020-00154-y.
- Råpo L, Santisso B, Drüg negalation: history, præent and future.
   In: van Boxtel CJ, Santioso B, Edwards IR, editors. Drag benefix and risk:: International teathook of elistical pharmacology.
   Rev ised: 2nd ed., 65–77. Amsterdam: 1OS Pæss and Uppsala Monitoring Centre; 2008.



- World Health Organization. World Health Organization concept note: A framework for evaluating and publicly designating regulatory authorities as WHO-Listed authorities. WHO Drug Info. 2010;3:3(2):130–58.
- World He alth Organization. Executial medicines and health products. WHO Global Benchmarking Tool (GBT) for evaluation of national regulatory systems. https://www.who.in/medicines/regulation/henchmarkine-lockley. Accessed 29 May 2018.
- Sillo H. WHO benchmarking of regulatory systems. Updates on benchmarking and IDP implementation. World Health Organisation Covid-19 Regulatory Round-Up meeting (virtual). May 2020.
- World Health Organization Africa. Tanzania Food and Drug Authority becomes the first to reach level 3 of the WHO beach marking programme. https://www.afric.who.in/luws/stanzaniafood-and-drug-authority-becomes-first-neach-level-3-who-bench marking-programme. Accessed 16 June 2020.
- Ghana Foods and Drugs Authority (FDA) attains maturity level 3 regulatory status. Available from: https://www.atto.who.in// news/ghana-foods and-drugs-authority-fda-attains-maturity-level -3-regulatory-status.
- Gwaza L. The six: Adjusted indirect treatment comparisons of bioequivalence studies: Utrecht University, The Netherlands; 2016. https://doi.org/10.1016/j.ichecht.2016.
- Alsager S, Hashan H, Walker S. The Saudi Food and Drug Authority: shaping the regulatory environment in the Gulf Region. Plurm Med. 2015;29(2):93–103.
- Al Haqaish WS, Obeidat H, Patel P, Walker S. The Jordan Food and Drug Administration: comparison of its registration process with Australia, Canada, Saudi Arabia and Singapore. Pharm Med. 2017;31(1):21–30.
- Ceyhan E.M., Gürsöz H., Alkan A., Copkun H., Koyuncu O., Walker S. The Turkish Medicines and Medical Devices Agency: comparison of its registration process with Australia, Canada, Saudi Arabia, and Singapore. Front Pharmacol. 2018;9:9.
- Keyler A, Gouws J, Salek S, Walker S. The regulatory review process in South Africa: challenges and opportunities for a new improved system. Ther Innov Res Sci. 2018; 52(4):449–58.
- Keyler A, Salek S, Gouws J, Banoo S, Walker S. Evaluation of the performance of the South A frica Regulatory Agency: recommendations for improved patients' access to medicines. Ther Innov Rep Sci. 2020;54(4):878–87.
- McAustane N, Cone M, Collins J, Waller S. Emerging markets and emerging agenies: a comparative study of how key regulatory agencies in Asia, Latin America, the Middle East, and Africa are developing agulatory processes and review models for new medicinal products. Drugal Intol. 2109;43(3):349–59.
- Measuring process and performance in regulatory agencies: The OpERA Programme. https://www.cirsci.org/wp-content/upiou ds/20/20/20/CIRS-RD-Briefing-74-OpERA-programme.pdf. Accessed 2 Oct 2020.

- World Health Organization. Collaborative procedure for accelerated registration. https://extranet.who.int/prequal/content/collaborative-procedure-accelerated-registration. Accessed 2 Sept 2019.
- Sithole T. Collaboration, consengence & work sharing in the African context, ZAZIBONA. D1A North Africa Regulatory Contenence; Cairo, Egypt, 2019. https://da.covr.be/cmPortal/Searchable/1sessiondetails/0000094290.
   Accessed 13 Nov. 2019.
- Bujar M, Liberti L. R&D Briefing 65: New drug approvals in six major authorities 2007–2016: focus on the internationalisation of medicines. London: Centre for Innovation in Regulatory Science; 2017.
- Dunne S, Shannon B, Dunne C, Cuilen W. A review of the differences and similarities between generic drugs and their originator counterparts, including economic heneilts associated with usage of generic medicines, using Ireland as a case study. BMC Pharmacol Toxicol. 2013;14:000.
- Corbett EL, Watt CJ, Walker N, Maher D, Williams BG, Raviglione MC, et al. The growing burden of tuberculosis: global trends and interactions with the HIV epidemic. Arch Intern Med. 2003;163(9):1009–21.
- World Health Organization. 2019 Global Tuberculosis Report, Annex 2 Country profiles for 30 High TB burden countries. https://www.who.int/th/publications/global\_report/bills\_Report\_country\_profiles\_150/ciober2019.pdf?ua=1. Accessed I7 Mar 2020.
- Kaplan WA, Ritz LS, Viletlo M, Wirtz VJ. Policies to promote use of generic medicines in low- and middle-income countries: a review of published literature, 2000–2010. Health Policy. 2012;106(3):211–24.
- Bos ER, Jamison DT, Bainga F, et al, editors. Disease and motality in sub-Saharan Africa, 2nd ed. Washington, DC: The International Bank for Reconstruction and Development/The World Bank, 2006.
- Miranda JJ, Kinra S, Casas JP, Davey Smith G, Ebrahim S. Noscommunicable diseases in low-and middle-income countries: context, determinants and health policy. Trop Med Int Health. 2008;13(10):1275-34.
- The African Union Development Agency New Partnership for Africa Development (AUDA NEPAD). Pharmacontical Manu-Joseph plan for Africa Basiness Plan. https://www.nepud.org/ publication/pharmacoutical-manufacturing-plan-africa Accessed 23 lune 2020.
- World Health Organization. WHO technical report series 1010, Annes 11, 2018, Collaborative procedure in the assessment and accelerated national registration of phra maconical products and vaccines approved by stringent regulatory authorities. https:// cx.trant.who.in/progual/sics/defaul/files/documents/TRS\_1010-2018. Annex 11.pdf. Accessed 4 April 2020



EXPERT REVIEW OF CLINICAL PHARMACOLOGY https://doi.org/10.1080/17512433.2022.1987883



ORIGINAL RESEARCH

**∂** OPEN ACCESS **®** Chest for updates

## Comparison of the registration process of the medicines control authority of Zimbabwe with Australia, Canada, Singapore, and Switzerland: benchmarking best practices

Tartro Sthole<sup>a,b</sup>, Sam Salek<sup>a,c</sup>, Gugu Mahlangu<sup>b</sup> and Stuart Walker<sup>a,d</sup>

School of Life and Medical Sciences. University of Hertfordshire, Hatfield, UK: "Medicines Control Authority of Zimbabwe, Zimbabwe, "Institute for Medicines Development, Cardiff, UK: "Centre for Innovation in Regulatory Science (Cirs), London, UK

Background: Benchmarking regulatory systems of low- and middle-income countries with mature systems provides an opportunity to identify gaps, enhance review quality, and reduce registration timelines, thereby improving patients' access to medicines. The aim of this study was to compare the medicines registration process of the Medicines Control Authority of Zimbabwe (MCAZ) with the regulatory processes in Australia, Canada, Singapore, and Switzerland.

Methods: A questionnaire that standardizes the review process, allowing key milestones, activities and practices of the five regulatory authorities was completed by a senior member of the divisions responsible for issuing marketing authorizations.

Results: The MCAZ has far fewer resources than the regulatory authorities in the comparator countries, but employs three review models, which is in line with international best practice. The MCAZ registration process is similar to the comparator countries in key milestones monitored, but differs in the target timelines for these milestones. The MCAZ is comparable to the comparator authorities in implementing the majority of good review practices, although it significantly lags behind in transparency and

Conclusion: This study identified the MCAZ strengths and opportunities for improvement, which if implemented, will enable the achievement of its vision to be a leading regulatory authority in Africa.

ARTICLE HISTORY Accepted 28 September

#### KEYWORDS

Medidnes Control Authority of Zimbabwe (MCAZ): international best-practice improved medicines access: registration of medicines; low- and middle-income

#### 1. Background

The United Nations Sustainable Development Goal (SDG 3) 'to ensure healthy lives and promote well-being for all at all ages' [1] is supported by the regulation of medicines, which ensures that medicines and medical products, made available to the public, are quality- assured, safe and effective [2,3]. One of the targets for SDG 3 is universal health coverage by 2030. This can be defined as access to essential health services, including prevention, treatment, rehabilitation and palliative care for all people, regardless of financial standing [4,5], and medicine regulatory authorities are a pivotal component of the healthcare system [6].

Currently, many low- and middle-income countries (LMICs) have regulatory systems that need strengthening [3,7], and and this results in backlogs of applications for marketing authorization. These challenges affect timely access to quality assured medicines and healthcare delivery. Effective regulation of medicines reduces the costs incurred by patients and the healthcare delivery system due to undesirable outcomes such as adverse reactions caused by the use of unsafe medicines and treatment failure or the development of resistance due to the use of unregistered medicines that may have sub-therapeutic

levels of active ingredient [8]. Moreover, the cost of medicines also decreases with the increase in registered alternatives of the same molecule [9,10]. Therefore, the need for improvement and the strengthening of regulatory systems in LMICs cannot be overstated. The World Health Organization (WHO), supported by the World Health Assembly resolution 67.20, has been working to strengthen regulatory systems for medical products in these countries using the Global Benchmarking Tool (GBT) [11]. The GBT evaluates the maturity level of a regulatory system, with a level 1 designation signifying that 'some elements of a regulatory system exist' and level 4, a 'regulatory system operating at an advanced level of performance and continuous improvement' [12]. The outcome of the GBT assessment is the designation of WHO-listed authority status or development of an Institutional Development Plan, which summarizes gaps as well as the activities and resources required to strengthen the regulatory system [13]. A number of African countries have already been assessed using the WHO GBT, and Ghana and Tanzania have attained maturity level 3, which represents a stable. well-functioning and integrated regulatory system' [3,14,15]. The MCAZ underwent a formal benchmarking

CONTACT Sam Salek Speciels Segular School of Life and Medical Sciences, University of Hertfordshire, Hatfleid, Hertfordshire ALTO 9AB, Uk Institute for Medicines Development, Cardiff, United King

Supplemental data for this article can be accessed here.

© 2021 The Authoris). Published by Informa UK Limited, trading as Taylor & Francis Group.

This is an Open Access writing distributed under the terms of the Creative Commons Attributes-NonCommercial-NoDerleatives License (http://creativecommons.org/licenses/by-cc-ed/4.0/), which permits non-commercial re-use, distribution, and reproduction in any medium, provided the original work is properly clied, and is not altered, transformed, or built upon in any way.

#### 2 T. SITHOLE ET AL.

assessment from 16 to 27 August 2021. The MCAZ is now 2. Methods in the process of developing corrective and preventive actions (CAPA) to address the findings identified in the Institutional Development Plan (IDP).

#### 1.1. Regulatory landscape in Zimbabwe

Zimbabwe is a country in the Southern African region bordered by Botswana, Mozambique, Namibia, South Africa, and Zambia [16], with a population of just under 15 million in 2019 [9]. The gross domestic product (GDP) for Zimbabwe in 2019 was USD 21 billion [17]; however, the government has empowered upper middle-income economy by 2030' coining the phrase Vision 2030' [18], Accordingly, various measures are being implemented to achieve this including the objective of responsive public institutions [18]. The Medicines Control Authority of Zimbabwe (MCAZ) is an autonomous agency under the Ministry of Health and Child Care and successor to the Drugs Control Council established by an Act of Parliament, the Drugs and Allied Substances Act of 1969 [19.20]. The MCAZ is responsible for regulating medicinal products for human and veterinary use as well as medical devices [20] and there are plans to expand its scope of control to wider medical devices and blood and blood products. The scope of activities carried out by the MCAZ are the issuing of marketing authorizations/product licenses, post-marketing surveillance, laboratory analysis of samples, clinical trial authorization, requlation of advertising, site inspections/visits, import and export control, and licensing of premises and persons responsible for the manufacture, supply, distribution, storage, and sale of medicines [20]

Over the years, the MCAZ has been involved in various activities with the aim to improve capacity, for example, participation in the WHO pregualification of medicines and global benchmarking programmes as well as the Southern African Developing Community (SADC) regional work-sharing initiative, ZAZIBONA. As a result of this investment, the MCAZ has been recognized by the African Union Development Agency New Partnership for Africa Development (AUDA NEPAD) as a regional center of regulatory excellence [20,21] and was identified in the Zimbabwe National Development Strategy for 2021 - 2025 as being pivotal in the improvement of the pharmaceutical value chain. The same strategy specified that registration timelines must be reduced to facilitate access to medicines by the Zimbabwean people [22]. and colleagues recommended a comparison of the registration process of Zimbabwe with other countries in the Southern African Developing Community (SADC) region as well as higher income countries of comparable size with mature regulatory authorities, for the purpose of continuous improvement and benchmarking [20]. The aim of this study therefore was to review the registration process of Zimbabwe in comparison with the regulatory authorities of Australia, Canada, Singapore, and Switzerland to identify areas of strength of the MCAZ as well as opportunities for improvement including implementing best practices with the goal to ultimately reduce registration timelines and improve patients' access to life-saving medicines.

#### 2.1. Study participants

The regulatory authorities included in this study were the Therapeutic Goods Administration (TGA) of Australia: Health Canada, Health Sciences Authority (HSA) of Singapore, and Swissmedic of Switzerland. These authorities were selected because of their size and the type of review models employed. In addition, it was imperative to include mature, WHO-recognized agencies that would contribute to the goals of this comparison, allowing the MCAZ to learn from best practices. The strength of the group of countries selected for this comparison is their similarity to declared a goal for Zimbabwe to become a prosperous and the MCAZ in their participation in collaborative regulatory

Data for the comparator authorities was originally collected in 2014 and subsequently updated for 2020, including metrics data for all the comparator agencies except HSA, which was updated from public domain [23], whilst data for Zimbabwe was collected in 2019 [20]. A guestionnaire that standardizes the review process, allowing key milestones, activities and practices of the five regulatory authorities to be identified [24] was completed by a senior member of the division responsible for issuing marketing authorizations and validated by the head of

The 5-part questionnaire comprises the following:

- · Part 1: Organization of the agency, that is, the organization, structure, and resources of the agency.
- · Part 2: Types of review model; that is, the review models employed for scientific assessment, the level of data required, and the extent of assessment of the data as well as reliance on other authorities if applicable.
- Part 3: Key milestones in the review process; that is, the process of assessment starting from receipt of the dossier, validation/screening, the number of cycles of scientific assessments including the questions to the sponsor/ applicant, expert registration committee meetings to the final decision on approval or refusal of a product for registration. A standardized process map, developed based on the experience of studying established and emerging regulatory authorities, was embedded in the questionnaire. Data for new active substances (NASs), approved by the study participants in 2019 was extracted from the literature as well as the information provided by the agency.
- Part 4: Good review practices (GRevP); that is, the activities adopted to improve the consistency, transparency, timeliness, and competency, building quality in the review
- · Part 5: Quality decision-making processes; that is, the practices implemented to ensure quality decision making during the process of registration.

#### EXPERT REVIEW OF CLINICAL PHARMACOLOGY @ 3

#### 2.3. Models of regulatory review

There are three models that can be used by national authorities for the regulatory review of products [24] and these are:

- (1) Verification review (type 1): the agency relies on assessments and approval by two or more reference regulatory authorities and employs a verification process to ensure that the product under review conforms to the previously authorized product specifications. A reference regulatory authority is defined as a mature and established authority whose reviews or decisions are relied on by another regulatory authority.
- (2) Abridged review (type 2): the agency conducts an retaining essential elements) of a medicine approved by at least one reference authority, taking into consideration local cultural and environmental factors.
- (3) Full review (type 3A): the agency performs a full review requires prior approval by another authority and/or type 3B which involves independent assessment of product by an authority.

In recent years, regulatory authorities have successfully implemented a work-sharing model of review in the form of joint reviews or coordinated assessments. For Zimbabwe, this is achieved through participation in the ZAZIBONA initiative WHO- pregualified products while HSA conducts verification [25] and for Australia, Canada, Singapore and Switzerland, through the ACCESS consortium [26]. The other members of the ZAZIBONA initiative are Angola, Botswana, Comoros cines used in conditions for which no other treatment exists or for Islands, Democratic Republic of Congo, Lesotho, Madagascar, medicines improving existing therapies. Malawi, Mauritius, Mozambique, Namibia, Seychelles, South Africa, Swaziland, United Republic of Tanzania and Zambia. In January 2021, the United Kingdom also became a member 3.3. Part III - key milestones in the review process of the ACCESS consortium

#### 3. Results

For the purpose of clarity, the results will be presented in five parts: Part I - organization of the regulatory authorities; Part II - review models; Part III - key milestones in the review process; Part IV - good review practices; and Part V - quality decision-making practices.

#### 3.1. Part I - organization of the regulatory authorities

The five authorities have similar scopes and mandates to regulate medicinal products and medical devices although for the MCAZ the scope for medical devices is currently limited to gloves and condoms. In addition, TGA, Health Canada and Swissmedic also regulate in vitro diagnostics while only TGA and Health Canada regulate blood and blood products. Cell and tissue products, food, complementary medicines and/or natural health products were outside the scope of this study. The MCAZ has 143 employees in total, translating to a staff to population ratio of 9 per million. This figure is very low when compared with the other four countries: TGA 31, Health Canada (Health Products and Food Branch) 60,

HSA 102 and Swissmedic 45. In general, the fees charged for both proprietary and non -proprietary products are much lower for MCAZ compared with the fees charged by the four authorities in the high-income countries. The MCAZ receives no funding from the government. In comparison, the TGA review of medicines and medical devices is fully cost recovered with no government funding, while for Health Canada, HSA and Swissmedic government contribution to funding is 67%, 80% and 18%, respectively.

#### 3.2. Part II - review models

The major difference in the review models between Zimbabwe and the other four countries is that the MCAZ requires a certificate abridged review (reduced in scope and length, while of pharmaceutical product (CPP) - confirming that the medicine has been approved in the country of origin before it can be registered (Table 1). The MCAZ conducts a full review (type 3A) only for generics and biosimilars not approved by a reference authority but approved in the country of origin while the other of quality, safety, and efficacy of the product, but agencies conduct a full review for all products. All of the studied agencies, with the exception of Health Canada, conduct abridged reviews while only the MCAZ and HSA conduct verification the same but does not require prior approval of the reviews. However, please note that a forward regulatory plan 2020-2022 has been developed with an initiative title of 'regulations amending the food and drug regulations - use of foreign decisions pathway,' which will enable Health Canada to conduct abridged reviews of products approved by a trusted authority. (Table 1). The MCAZ currently uses verification review only for reviews for products approved by two reference authorities. All five agencies have a formal priority review procedure for medi-

The MCAZ has defined key milestones and target timelines in the regulatory review process. The simple map (Figure 1) [20] illustrates the full review process for a product that is approved after one cycle with no questions raised after assessment. Steps taken in the event that a registration application is refused, are not depicted in the process map. The review process and milestones recorded are similar for TGA, HSA and Swissmedic; however, the targets for each milestone are different. For Health Canada, the milestones are similar; however, the clock is only stopped for a notice of

Review model	Zimbabwe	Australia	Canada	Singapore	Switzerland
Verification review (type 1)	1	×	х	1	х
Abridged review (type 2)	1	1	Xª	•	1
Full review (type 3A)	•	1	1	•	1
Full review (type 38)	x	1	1	1	1

<sup>&</sup>lt;sup>3</sup>A forward regulatory plan 2020- 2022 has been developed with an initiative title of 'regulations amending the food and drug regulations - use of foreign decisions pathway,' which will enable abridged review of products approved

### 4 ( T. SITHOLE ET AL.

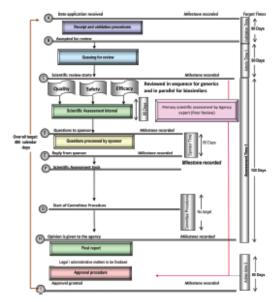


Figure 1. Regulatory review process map for Zimbabwe showing target times in calendar days. The map represents the review and authorization of a product that goes to appreval after one review cycle – the additional two cycles would add another 120 calendar days, resulting in 480 days as the target review time. Reprinted from Sthole of 4, 2021 [20].

deficiency but not for clarification requests, which are sent during review. In addition, the agency does not have a target or formal milestone for queuing in the review process. All five agencies have defined target times for the key milestones in their review processes (Table 2).

#### 3.4. Pre-submission procedure

The MCAZ has no pre-submission procedure for applicants who are planning to submit applications for registration. However, the HSA requires a notice of intent to submit an

Target	Zimbabwe, calendar days	Australia, calendar days	Canada, calendar days	Singapore, calendar days	Switzerland, calendar days
Validation (including screening)	90	15- 21	55	30	30
Scientific assessment	60/cyde	180	300	N/A	300
Applicant response time	60	30 60	15 per clarifax 90 for NOD <sup>2</sup>	14-60	90
Expert Committee(s)	No target	75- 105 <sup>b</sup>	WA	WA	WA
Authorization procedure	60	30	N/A	N/A	30- 90
Overall approval time	480 (including applicant time)	330 (including applicant time) <sup>2</sup>	355 (excluding applicant time)	360 (excluding applicant time)	330 (excluding applica time)

#### N/A - Not available

<sup>2</sup>clarifax = request for clarification; NOD = notice of deficiency.

Includes consideration of the applicant's pre-Advisory Committee on Medicines response as well as writing up of the Committee's advice. From acceptance for evaluation through to the registration decision.

The legislated TGA commitment for the same milestone is 255 working days (357 calendar days); however, this is not used for planning or for target times.

EXPERT REVIEW OF CLINICAL PHARMACOLOGY (A) 5

application for type 3 review. The TGA, Health Canada and 3.4.4. Questions to applicant Swissmedic provide applicants an opportunity to meet. Applicants are given opportunity to respond to questions with agency staff to discuss upcoming submissions. This arising during assessment in all the five agencies. The MCAZ allows the agency to plan resources, familiarize with the collects all the guestions into a single batch and sends these application and discuss any issues with the applicant prior to the applicant at the end of each review cycle (stop-clock) to submission

#### 2.4.1. Validation

All five agencies perform this administrative step in the review process to screen applications for completeness within specified timelines (Table 2). The legal status of the applicant as well as format, fees and good manufacturing process (GMP) status are some of the issues checked at this stage. The MCAZ has the longest target time for validation at 90 days, followed by Health Canada at 55 days, then HSA and Swissmedic at 30 days while TGA has the shortest target time of 15-21 days.

#### 3.4.2. Quantino

The queue time is the time taken between acceptance of a submission for evaluation and the start of the scientific assessment. Queuing is indicative of a backlog and lengthens the overall approval time of products. The MCAZ has a target queue time of 90 days while the HSA queue time is 90 -180 calendar days. Health Canada does not have a queue time milestone but reviews do not necessarily start following acceptance. The TGA and Swissmedic reported that they do not have a backlog therefore there is no queuing of applications.

#### 3.4.3. Scientific assessment and data requirements

All five agencies require the full modules 1 to 5 of the reviews. Common Technical Document format: that is, chemistry, manufacturing and control (CMC), non-clinical and clinical data as well as summaries, regardless of the review model used. An 3.4.6. Authorization extensive assessment of all the sections is conducted under. Labeling issues must be addressed before a product is the full review model. The review of the quality, safety and authorized in all five agencies. At the MCAZ, responsibility efficacy data is done in parallel by four of the agencies, for the marketing authorization decision lies with the whereas MCAZ reviews these sections sequentially for all pro- Registration Committee. The Director General makes the ducts excluding biosimilars [20]. Pricing negotiations are sepa-decision on registration for Health Canada and HSA, whereas rate from the technical review in all the five agencies; for TGA, the responsibility is delegated to a senior medical however, in Australia and Canada, there is an option for health officer, and at Swissmedic the decision is made by the case technology assessments to be conducted in parallel with the team with the involvement of the Head of Division/Sector. In regulatory review.

and only after presentation to the external expert Committee. The HSA and Swissmedic send the questions to the sponsor/ applicant at the end of a review cycle but before presentation to the Committee. Health Canada sends questions to applicants during review known as clarification requests. This is done independently by the safety, efficacy and quality review streams. However, the review is paused and a notice of deficiency (NOD) sent to the applicant if the observed deficiencies prevent continuation of the review. Applicants are allowed only one NOD per application. This is similar to TGA, whose assessors can contact the applicant directly to seek clarification during the review process. The TGA usually presents the report to the committee when it is at an advanced stage. although there is scope to obtain committee or subcommittee advice at an earlier stage, whereas there is no formal procedure for Committee involvement at Health Canada. The time given to the applicant by the five agencies ranges from 14-90 days (Table 2).

#### 3.4.5. Expert committee

All five agencies engage expert or advisory committees at different points in the regulatory review process. The MCAZ is the only agency mandated to follow the committee's decision. The other four agencies use the committee in an advisory capacity to provide expert opinions and additionally the committee for Swissmedic may also conduct assessments or

all five agencies, compliance with GMP is audited during the For Health Canada, 90% of NASs are issued with a decision review process and the outcome informs product authorizaafter the first review cycle, whereas assessments are com- tion. The target time for the overall approval for a full review pleted in one or two cycles for TGA and Swissmedic and for the MCAZ is 480 days, inclusive of the applicant's time three to four cycles for MCAZ. The TGA. Health Canada and and this is comparable to the target times for the comparator Swissmedic set targets for both the primary scientific assess-countries: TGA 330 days including the applicant time: Health ment and the second round of assessment and in addition 
Canada, 355 days excluding applicant time to respond to an share the assessment reports with the applicant. Similarly, the NOD and any other approved pauses, ranging from 5 to MCAZ also sets targets for both the primary and second round 90 days; HSA, 378 calendar days excluding the gueue and of assessments. The MCAZ however, does not share assess- applicant time; and Swissmedic, 330 days excluding the ment reports with applicants. The TGA, Health Canada, applicant time (Table 2). The target times are comparable Swissmedic and HSA make use of internal and external experts because the 480 days for MCAZ includes the applicant's to perform reviews while the MCAZ uses internal experts for time. If the applicant's time (target 60 days per assessment reviews and external experts only for the Committee cycle for 2 cycles) was to be excluded, this would come down to 360 days.

#### 6 A T. SITHOLE ET AL.

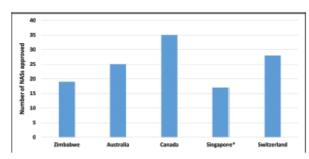


Figure 2. Comparison of the number of new active substances (NASs) approved by the five agencies in 2019. "Metrics data for 2018/2019 was obtained from an industry survey. NAS is defined as a new chemical, biological, or pharmacoutical active substance.

#### 3.4.7. Metrics of approved products and review times

2). Health Canada had the highest number of NASs approved for the five agencies and compared for quality measures, at 35, followed by Swissmedic at 28 and TGA at 25. MCAZ had transparency and communication, continuous improvement the lowest number at 19. The median approval time (from initiatives and training and education. submission to completion of scientific assessment) for NASs in 2019 for the five agencies was evaluated (Figure 3) and MCAZ had the shortest approval time of 272 calendar days followed by Swissmedic at 312 days, Health Canada at 342 and TGA at 346 [12.15]. It should be noted however, that MCAZ conducts. an abridged review of NASs, as these would have already been approved by a reference agency. The times presented for Australia, Canada and Switzerland are for a full review, while HSA conducts abridged review.

#### 3.5. Part IV - good review practices

transparency and consistency as well as continuous improve-The number of NASs approved in 2019 was evaluated (Figure ment in the regulatory review process. These were evaluated

#### 3.5.1. Quality measures

The study evaluated a number of quality measures (Table 3). The MCAZ and Swissmedic have a dedicated quality department and implement all eight of the quality measures. In addition, Health Canada has an established a quality management system and a dedicated office for the Biologic and Radiopharmaceutical Drugs Directorate and is in the process of establishing one for the Therapeutic Products Directorate, incorporating all quality measures. The TGA implement seven of the eight measures. and the HSA implement six quality measures. Health Good review practices (GrevPs) can be defined as measures or Canada and Swissmedic have formally implemented practices implemented with the goal to ensure quality, GRevPs, while the other three authorities have informally

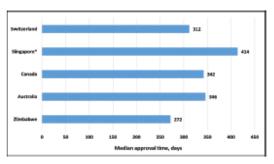


Figure 3. Comparison of median approval time for new active substances approved in 2019 by the five agencies. \* Metrics data for 2018/2019 was obtained from an

Quality measure	Zimbabwa (8/8)	Australia (7/8)	Canada (8/8)	Singapore (6/8)	Switzerland (8/8)
Good review practice system	√ (informally)	√ (informally)	√ (formally)	√ (informally)	√ (formally)
Internal quality policy	✓	1	<b>√</b>	×	
Standard operating procedures for guidance of assessors	✓	✓	✓	✓	✓
Assessment templates	✓	✓	✓	✓	✓
Poer review	✓	✓	✓	✓	✓
Dedicated quality department	✓	×	✓	×	✓
Scientific Committee	✓		✓	✓	✓
Shared and joint reviews	✓	✓	✓	✓	✓

Informally - system is in place but not documented.

shared and joint reviews. The MCAZ is a member of the submitted applications, contact details of technical staff, the medicines' registration harmonization initiative, ZaZiBoNa summary basis of approval and advisory committee dates [16], and the four comparator agencies are members of the are not shared with the stakeholders. Health Canada and ACCESS Consortium, and both initiatives have worked the HSA also do not share the advisory committee dates extremely successfully.

#### 3.5.2. Transparency and communication with industry stakeholders

A well-established and mature regulatory authority is expected to practice transparency and communication with stakeholders. This is also one of the indicators evaluated by the WHO Global Benchmarking Tool, which seeks to determine the maturity level of a regulatory system [3]. This 3.5.3. Continuous improvement initiatives comparative study evaluated the performance of the five A comparison was made of the continuous improvement regulatory authorities using nine transparency and commu-initiatives that have been implemented by the five regulatory nication parameters (Table 4). All five agencies provide presubmission scientific advice to industry although for the initiatives, the TGA, HSA and Health Canada implement four MCAZ, this is only given to local manufacturer's upon of the five initiatives (Table 5). request. Of the five agencies, MCAZ implements the lowest

Table 4. Comparison of the transparency and communication parameters with

Parameter	Zimbabwe (5/9)	Australia (9/9)	Canada (9/9)	Singapore (6/9)	Switzerland (9/9)
Post-approval feedback to applicant on submitted dossiers	×	1	1	×	1
Details of technical staff to contact	×	1	1	1	1
Pre-submission scientific advice to industry	P	1	1	1	•
Official guidelines to assist industry	•	1	1	1	•
Industry can track progress of applications	•	1	1	1	•
Publication of summary of grounds on which approval was granted	×	•	1	x	1
Approval times	€.	4	4	€.	4
Advisory committee meeting dates	×	•	•	×	•
Approval of products	1	1	1	1	•

implemented GRevPs. All five agencies participate in number of parameters. Currently, post-approval feedback on with applicants and in addition. HSA does not publish the summary basis of approval or provide feedback to the applicant on submitted dossiers. The TGA implements all of the nine transparency and communication parameters as does Swissmedic, while Health Canada implements eight. the HSA six and the MCAZ five of the nine measures

#### 3.5.4. Training and education

All five regulatory authorities implement all eight of the measures for training and education namely induction training. on-the-job training, attendance at internal and external courses, international workshops and secondments to other regulatory authorities, sponsoring of post-graduate degrees, in-house courses as well as external speakers being invited to the authority

Table 5. Comparison of continuous improvement initiatives in the five agencies.

Measure	Zimbabwe (5/5)	Australia (4/5)	Canada (4/5)	Singapore (4/5)	Switzerland (5/5)
External quality Audits	1	×	1	х	1
Internal quality audits	1	•	1	✓	•
Internal tracking systems	1	•	•	✓	•
Reviews of assessors' feedback	1	1	×	1	1
Reviews of stakeholders' feedback	1	1	1	•	1

B ← T. SITHOLE ET AL.

#### 3.6. Part V - quality decision-making practices

The 10 Quality Decision Making Practices (QDMPs) were articulated as part of the development of the Quality of Decision-Making Scheme (OoDoS) instrument, which has been implemented in a number of medicines development scenarios [27,28]. Generally, all five authorities either partially or fully implement the majority of the ten ODMPs that were evaluated in the study (Supplementary Table 1). However, the MCAZ does not have a documented framework in place on QDMPs.

#### A. Discussion

The results from this study show that the human and financial LMICs are much lower compared with those in higher income passively wait to assess submissions received from industry. Another strength of the MCAZ is the implementation of that facilitate and encourage the timely registration of medi- standard operating procedures, quidelines and templates, cines to promote public health [6.32] and information on continuous improvement initiatives such as quality audits these pathways should be documented and publicly available. and internal tracking systems, and training and education of

review is conducted [33]. The findings of this study show that parency and communication with stakeholders. There is also a of the studied regulatory authorities, only the MCAZ requires scope to improve decision-making practices by the MCAZ the CPP as a pre-requisite for registration and does not accept through the development of a formal framework. Although products that are not approved in the country of origin. This is the issues of pricing and availability of medicines are outside consistent with findings from studies in the literature that the scope of this paper. Zimbabwe could learn from the highshowed that regulatory authorities in the emerging economies income countries such as those that took part in this study, still require CPPs [33]. Manufacturers have indicated that the and establish a health technology assessment (HTA) agency to time taken to obtain a CPP can delay the submission of applications for registration and subsequent supply of life-health services including medicines. This will facilitate the saving medicines to countries enforcing that requirement. prioritization of health interventions and the formulation of Therefore, the requirement for a CPP should be removed evidence based health policies leading to better outcomes for where a full review is conducted [31] and an alternative such patients. The WHO has also recommended that member states

approval is required. Furthermore, there is a need for regulatory authorities in LMICs to build adequate capacity to independently assess NASs (new chemical entities and biologicals) even though at present, most companies only file applications for registration in developing economies several years after approval and use in well-resourced markets [8,31]. In the near future, we could see products developed for diseases endemic to Africa submitted directly to the African countries and therefore the capacity to conduct independent reviews needs to be developed [25,34].

The key milestones recorded in the review process, data requirements and the extent of scientific assessment were similar for the five agencies with the only difference being the practice by TGA and Health Canada of requesting clarifications formally during the scientific assessment in addition resources available to national regulatory authorities (NRAs) in to the formal questions sent to the applicant at the end of a review cycle. This is a practice that could potentially reduce countries. However, the funding models of the regulators in the number of review cycles and questions eventually sent the higher income countries do differ significantly - ranging out during the clock stop. Generally, the MCAZ target times from majority government funding through to full industry were longer for validation and gueue time but comparable for funding of regulatory activities. A challenge that exists for a questions to the applicant and overall approval time. The country such as Zimbabwe, whose NRA relies 100% on fees, is MCAZ ability to have a comparable review process and timethe high cost of entry to the market for applicants due to the lines with less resources than the other authorities is a posiregistration fees being high relative to the country's GDP and tive attribute. There is an opportunity for the MCAZ to learn the population's ability to pay for the medicines [22,29]. This from the authorities in the study to adopt practices that could means that it may not be possible for the MCAZ to increase potentially further reduce approval times. Another step in the registration fees in order to improve available resources for review process implemented by TGA. Heath Canada and HSA regulatory reviews, therefore the use of reliance may be a that could benefit MCAZ is to provide applicants, especially more appropriate strategy. The need for reliance and the the local manufacturing industry, more opportunity for preefficient use of limited resources by LMICs has been documen- submission meetings. The MCAZ was found to be the only ted in the literature [25,30-32], with the argument that it NRA in the study relying on an expert committee to make the allows NRAs to focus their limited resources on products not decision on the marketing authorization of products, whereas approved elsewhere [20]. Reliance also provides the NRAs the for the other authorities, this decision was made by the Head opportunity to build capacity without hindering access to of the Agency, Head of Section or agency staff, with the medicines by their populations. Participation in harmonization expert committee used in an advisory capacity. The MCAZ initiatives such as ZaZiBoNa [25] by countries with low GDPs could consider adopting a similar position, as preparation for and small populations may also provide manufacturers the the frequent committee meetings adds to the registration potential incentive of a larger market. It has been pointed time. However, this would require a legislative amendment. out that it is no longer adequate for the regulator to just as all statutory decisions are made by the Authority (Board).

The regulator must now be proactive in providing pathways GRevPs such as ensuring quality in the review process, use of The requirement for a CPP is not necessary where a full assessors. However, there is room for improvement on transbetter tackle the issues of accessibility and affordability of as the marketing authorization license used if evidence of build capacity in health intervention and technology

EXPERT REVIEW OF CLINICAL PHARMACOLOGY ( 9

assessment to support universal health coverage [35]. The absence of formal HTA agencies, lack of capacity and shortage of resources are some of the reasons cited as contributing to the lack of health technology assessments in LMIC [36,37]

Several studies have been conducted for South Africa, Turkey, Jordan and Saudi Arabia in comparison with other mature agencies [38-41]. Like Zimbabwe, these countries had strengths in their review processes that were comparable to those of the mature agencies. The challenges identified and the recommendations made although different, provided the opportunity for these countries to strengthen their regulatory review processes.

#### 4.1. Limitations and future work

Certain data for the HSA was obtained from the public 5. Conclusions domain and the metrics data were obtained from an industry survey. Although we feel that the quality decision practices are adhered to by MCAZ intuitively, there has not been a structured systematic approach to measure these quality decision-making practices and this could be the basis for a future study.

#### 4.2. Recommendations for adopting best practices

This comparative study identified MCAZ strengths and highlighted opportunities for improvement, which if implemented. will enable achievement of the MCAZ vision to be a leading regulatory authority in Africa. MCAZ may wish to consider the following recommendations:

- · Expediting the process of expanding its scope of control to regulate all medical devices, in vitro diagnostics, and blood and blood products
- . Removing the requirement for a Certificate of Pharmaceutical Product, since the authority currently conducts a full review (type 3 A) and allow applicants the option of providing a marketing authorization license instead
- . Building capacity to enable the independent assessment of products, particularly innovative medicines, not approved elsewhere.
- · Publishing clear information on the review models Author contributions used for assessments on its website, including the procedure criteria, recognized reference authorities and timelines
- · Using online submission tools or increasing the number of administrative officers to reduce validation time. TGA observed that online submissions resulted in significant improvements in efficiency for South-East Asian authorities (J. Skerritt, personal communication, 11 March
- · Setting targets for the primary and second round of assessments and measuring performance against these targets in order to effectively monitor where time is spent in the review process
- . Taking applications and assessment reports to the Committee only after assessors have reviewed the applicant responses to formal questions and seeking with the subject matter or materials discussed in the manuscript. This

clarifications from the applicant during the review

- . Defining and communicating the target for the overall approval time excluding the sponsor/applicant time to effectively monitor the agency approval time
- Applying strategies to shorten the gueue time including. implementing parallel instead of seguential reviews as well as increasing the number of competent assessors
- . Improving transparency and communication with stakeholders to fulfil a goal of the Zimbabwe Vision 2030 to have responsive institutions.
- · Developing and formally implementing a documented framework for quality decision-making practices

This study compared the registration process of the MCAZ, a regulatory authority in a low-income country with mature regulatory authorities in higher income countries. The findings showed that MCAZ is able to achieve timelines comparable to the mature agencies through efficient use of resources such as implementation of reliance and international best practices such as setting and monitoring of targets for key milestones in the review process. Other regulatory authorities in LMICs can draw lessons from this example.

More importantly, opportunities for system/process improvement were identified from the study that can support the MCAZ in achieving its vision to be a leading regulatory authority on the African continent and to contribute to effective healthcare delivery in Zimbabwe through improved quality of reviews and reduced registration timelines.

#### Acknowledgments

The authors wish to thank the Therapeutic Goods Administration, Health Canada, Health Sciences Authority, Swissmedic and the Medicines Control Authority of Zimbabwe. The authors also wish to thank Mrs Patricia Connelly for the editorial assistance

TS acquired, analyzed and interpreted the data and drafted the manuscript: SS designed the study analyzed and interpreted the data and critically reviewed the manuscript: GM analyzed and interpreted the data and critically reviewed the manuscript; SW designed the study, analyzed and interpreted the data and drafted the manuscript.

This research was supported by the Jenny Greenhorn Memorial scholarship, administered by the University of Hertfordshire as well as an unrestricted grant from the Bill and Melinda Gates Foundation.

#### Declaration of Interests

The authors have no relevant affiliations or financial involvement with any organization or entity with a financial interest in or financial conflict 10 ( T. SITHOLE ET AL.

includes employment, consultancies, honoraria, stock ownership or options, expert testimony, grants or patents received or pending, or rovalties

#### Ethics

The study was approved by the Health, Science, Engineering and Technology ECDA, University of Hertfordshire [Reference Protocol number: LMS/PGR/UH/043501.

#### Reviewer disclosures

Peer reviewers on this manuscript have no relevant financial or other relationships to disclose

#### References

Papers of special note have been highlighted as either of interest (4) or of considerable interest (=) to readers.

- 1. Sustainable development goals. [Internet] New York (NY): United Nations; [cited 2021 Apr 21]. Available from: https://www.un.org/ sustainabledevelopment/health
- 2. Guzman J, O'Connell E, Kikule K, et al. The WHO global benchmarking tool: a game changer for strengthening national regulatory capacity. BMJ Glob Health. 2020;5(8):e003181
- 3. Khadem Broolerdi A. Baran Sillo H. Ostad Ali Dehaghi R. et al. The world health organization global benchmarking tool: an instrument to strengthen medical products regulation and promote universal health coverage. Front Med. 2020;7:457.
- Background and statistics of countries that have been assessed by WHO using the GBT.
- 4. Evans DB. Hsu J. Boorma T. et al. Universal health coverage and universal access, Bull World Health Organ, 2013-91(8):546-546A.
- 5. Universal health coverage, [Internet] Geneva, Switzerland: World Health Organization: (cited 2021 Jan 2). Available from: https:// www.who.int/health-topics/universal-health-coverage#tab=tab 1
- 6 Lumpkin M. Firhler HG. Brockenridge A. et al. Advancing the science of medicines regulation: the role of the 21st-century medidnes regulator. Clin Pharmacol Ther. 2012;92:486-493.
- 7. Ndomondo-Sigonda M, Miot J, Naidoo S, et al. Medicines regulation in Africa: current state and opportunities. Pharm Med. 2017:31:383-397.

#### Describes the state of medicines regulation in Africa.

- 8. Rägo L, Santoso B. Drug regulation: history, present and future. Drug benefits and risks: Int Textbook Clin Pharmacol. 2008;2:65-77.
- 9. Dunne S, Shannon B, Dunne C, et al. A review of the differences and similarities between generic drugs and their originator counterparts, including economic benefits associated with usage of generic medicines, using Ireland as a case study. BMC Pharmacol Toxicol, 2013-14/1-1
- 10. Kaplan WA, Ritz LS, Vitello M, et al. Policies to promote use of generic medicines in low-and middle-income countries: a review of published literature, 2000-2010, Health Pol. 2012;106;211-224.
- 11. Essential medicines and health products, WHO global benchmarking tool (GBT) for evaluation of national regulatory systems. (Internet) Geneva, Switzerland: World Health Organization: (cited) 2021 Jul 30J. Available from: https://www.who.int/medicines/regu lation/benchmarking tool/en/
- 12. Regulatory system strengthening for medical products, 2014-24 May Contract No- World Health Assembly 67:20. [Internet] Geneva, Switzerland: World Health Organization; [cited 2021 Jul 30]. Available from: https://apps.who.int/qb/ebwha/pdf\_files/ WHA67-REC1/A67 2014 REC1-en.pdf
- 13. World Health Organization. World health organization concept note: a framework for evaluating and publicly designating regulatory authorities as WHO-listed authorities. WHO Drug Info. 2019-33-139-158

- 14. Tanzania food and drug authority becomes the first to reach level 3. of the WHO benchmarking programme. [Internet] Geneva, Switzerland: World Health Organization; [cited 2021 Jul 30]. Available from: https://www.afro.who.int/news/tanzania-food-anddrug-authority-becomes-first-reach-level-3-who-benchmarking-
- 15. Ghana foods and drugs authority (FDA) attains maturity level 3 regulatory status. [Internet] Geneva, Switzerland: World Health Organization: Icited 2021 Jul 301, Available from: https://www. afro.who.int/news/ghana-foods-and-drugs-authority-fda-attainsmaturity-level-3-regulatory-status
- 16. International Monetary Fund African Department, Zimbabwe INTERNATIONAL MONETARY FUND- 2017
- 17. Zimbabwe country data, linterneti, Washington, DC: The World Bank: 2021 Icited 2021 Jan 6l. Available at: https://data.world bank.org/country/ZW
- Transitional stabilisation programme reforms agenda. Hararae, Zimbahwe-Renublic of Zimbahwe-2018 Oct 5, Ictod 2020 Dec 201. Available from: https://t3n9sm.c2.acecdn.net/wo-content. /uploads/2018/10/Abridged Transitional -programme.pdf
- 19. Medicines control authority of Zimbabwe. [Internet] Harare, Zimbabwe: Medicines Control Authority of Zimbabwe; [cited 2020 Apr 31. Available at: http://www.mcaz.co.zw/index.php/downloads/ category/7-regulations
- 20. Sithole T, Mahlangu G, Salek S, et al. Evaluation of the regulatory review process in Zimbabwe: challenges and opportunities. Ther Innov Reg Sci. 2021;55:474-489.
- Regulatory review system in Zimbabwe a model for other
- 21. Ndomondo-Sigonda M. Miot J. Naidoo S. et al. The African medicines regulatory harmonization initiative; progress to date. Med Res.
- Description of the AMRH, the predecessor to the African Medicines Agency.
- 22. Towards a prosperous and empowered upper middle income by 2030: national development strategy, January 2021 December 2025. [Internet]. Harare, Zimbabwe: Republic of Zimbabwe; [cited 2021 Jan 13]. Available from: http://www.zimtreasury.gov.zw/index. php?option=com\_phocadownload&view=category&id= 648itomid=780
- 23. Centre for Innovation in Regulatory Science. R&D briefing 77: new drug approvals in six major authorities 2010-2019. Focus on Facilitated Regulatory Pathways and Internationalisation; 2020 Icited 2021 Jan 91. Available from: https://cirscl.org/wp.content. /uploads/2020/06/CIRS-RD-Briefing-77-6-agencies.pdf
- 24. McAuslane N. Cone M. Collins J. et al. Emerging markets and emerging agencies: a comparative study of how key requiatory agencies in Asia, Latin America, the Middle East, and Africa are developing regulatory processes and review models for new med-Icinal products, Drug Info J. 2009;43:349-359.
- 25. Sithole T. Mahlangu G. Salek S. et al. Evaluating the success of ZaZiBoNa, the Southern African development community collaborative medicines registration initiative. Ther innov Reg Sci. 2020:54:1319-1329.
- overview of one of the regulatory harmonization initiatives in Africa
- 26. McAuslane N, Leong J, Liberti L, et al. The benefit-risk assessment of medicines: experience of a consortium of medium-sized regulatory authorities. Ther Innov Reg Sci. 2017;51:635-644.
- 27. Bujar M, McAusiane N, Walker SR, et al. Evaluating quality of decision-making processes in medicines' development, regulatory review, and health technology assessment: a systematic review of the literature, Front Pharmarol, 2017-9-189.
- 28. Bujar M, McAuslane N, Walker S, et al. The reliability and relevance of a quality of decision-making instrument, quality of decision-making orientation scheme (OoDoS), for use during the lifecycle of medicines. Front Pharmacol. 2019;10:17.
- 20 Mornan SG, Yau R Lumpkin MM, et al. The cost of entry-an analysis of pharmaceutical registration fees in low-, middle-, and high-income countries. PLoS ONE. 2017;12(8):e0182742.

EXPERT REVIEW OF CLINICAL PHARMACOLOGY @ 11

- 30. Luigetti R, Bachmann P, Cooke E, et al. Collaboration, not competition: developing new reliance models. WHO Drug Info.
- 31. Ahonkhai V, Martins SF, Portet A, et al. Speeding access to vaccines and medicines in low- and middle-income countries: a case for change and a framework for optimized product market authorization. PLoS ONE. 2016;11(11):e0166515.
- 32. Centre for Innovation and Regulatory Science. Workshop Report on Practical implementation of reliance models: What are the barriers and facilitators to the successful application of these models for Innovative medicines, generics and variations? March 2018, South Africa. [cited 2021 Apr 21]. Available from https://cirscl.org/wpcontent/uploads/dim\_uploads/2020/09/CIRS-March-2018-Workshop-report. Practical-Implementation-of-reliance-models.pdf
- 33. Rodler C, Bujar M, McAusiane N, et al. Use of the certificate for pharmaceutical products (CPP) in 18 maturing pharmaceutical markets: comparing agency guidelines with company practice. Ther innov Reg Sci. 2020;55(1):1–11.
- 34. Gwaza L Adjusted Indirect treatment comparisons of bioequivalence studies [dissertation]. Utrecht, the Netherlands: Utrecht University: 2016.
- 35. SEA/RC66/R4-health Intervention and technology assessment in support of universal health coverage. WHO Regional Office for South-East Asia; 2013 [Internet] Geneva, Switzerland: World Health Organization; [cited 2021 Jul 30]. Available from: https://

- www.who.int/medical\_devices/assessment/resolutionsearo\_ searc66r4.pdf
- 36. Attieh R, Gagnon M-P. Implementation of local/hospital-based health technology assessment initiatives in low-and middle-income countries. Int J Technol Assess Health Care. 2012;28:445-451.
- 37. Nemzoff C, Ruiz F, Chalkidou K, et al. Adaptive health technology assessment to facilitate priority setting in low-and middle-income countries. BMJ Glob Health. 2021;6:e004549.
- 38. Keyter A, Salek S, Banoo S, et al. The South African medicines control council: comparison of its registration process with Australia, Canada, Singapore, and Switzerland. Front Pharmacol. 2019:10:228.
- 39. Ceyhan EM. Gürsöz H. Alkan A. et al. The Turkish medicines and medical devices agency: comparison of its registration process with Australia, Canada, Saudi Arabia, and Singapore. Front Pharmacol. 2018-9-9.
- 40. Al Hagaish WS, Obeldat H, Patel P, et al. The Jordan food and drug administration: comparison of its registration process with Australia, Canada, Saudi Arabia and Singapore. Pharm Med. 2017-31-21-30.
- 41. Hashan H, Aljuffall I, Patel P, et al. The Saudi Arabia food and drug authority: an evaluation of the registration process and good review practices in Saudi Arabia in comparison with Australia, Canada and Singapore. Pharm Med. 2016;30:37-47.



ORIGINAL RESEARCH published: 27 August 2021 doi: 10.3389/fmed.2021.742181



# Evaluation of the Good Review **Practices of Countries Participating** in the Southern African Development Community: Alignment and Strategies for Moving Forward

Tariro Sithole 1,2, Gugu Mahlangu 2, Velma Capote 2, Tania Sitoie 2, Saren Shifotoka 4, Johannes Gaeseb 4, Silverani Padayachee 5, Tohlang Sehloho 5, Akida Khea 6, Adam Fimbo Juma Munkombwe J. Bernice Mwale J. Sam Salek J. and Stuart Walker J. Sam Salek J. and Stuart Walker J. Sam Salek J. Bernice Mwale J. Sam Salek J. Sam Salek J. Sam Salek J. Bernice Mwale J. Sam Salek J. Salek J. Sam Sa

School of Life and Medical Sciences, University of Horifordshire, Hatfleld, Unified Kingdom, Medicines Control Authority of Zimbabwo, Hararo, Zimbabwo, 3 National Directorate of Phermacy, Mozambique Ministry of Health, Maputo, Mozambique, \*Namble Mediches Regulatory Council, Namble Ministry of Health and Social Services, Windhoek, Namble, \*South African Haalth Products Regulatory Authority, Protosia, South Africa, \*Tanzania Medicines and Medical Devices Authority, Dodoma, Terzenia, <sup>1</sup> Zembia Madicinas Raquistory Authority, Lusaia, Zembia, <sup>1</sup>Instituto for Madicinas Dayalcomont, Cardiff, United Kingdom, <sup>a</sup> Cantre for Innovation in Regulatory Science, London, United Kingdom

#### OPEN ACCESS

#### Edited by: Staffon Thirstrup NDA Advisory Services Ltd.

Uhllad Kingdom Reviewed by:

#### Birke Mertha Luiso Lohmann, University of Bonn, Germany Fifts Lakkarkarkar

Consultant, Amstardam, Nathorlands \*Correspondence:

#### Shart Walker swalker@clarivele.com

Specialty section: This article was submitted to Regulatory Science. a section of the journal

Received: 15 July 2021 Accepted: 06 August 2021 Published: 27 August 2021

Sithole T, Mahlangu G, Capote V, Strain T ShithInles S Gearch J Padavachoe S. Sohloho T. Khoa A. Firnbo A. Munkombwo Z. Mwalo B. Salak S and Walker S (2021) Finitiation of the Good Raviaw Practices of Countries Perticipating in the Southern Attican Development Community: Alignment and Strategies for Moving Forward. Front. Mad. 8-742181. dol- 10.3339/fmod 2021.742181 Introduction: National medicines regulatory agencies are faced with challenges including limited resources and technical capacity, resulting in countries collaborating and sharing resources to improve efficiency of the review process to facilitate access to quality-assured medicines by their populations. One such collaboration is the Southern African Development Community (SADC) medicines registration collaborative initiative. ZaZiBoNa. Countries participate in the initiative by contributing to regulatory reviews and good manufacturing practices inspections. The aim of this study was to review and compare the registration processes of regulatory authorities of Mozambique, Namibia, South Africa, Tanzania, Zambia, and Zimbabwe to identify strategies for better alignment.

Methods: A senior member of the division responsible for issuing marketing authorisations completed an established and validated questionnaire, which standardises the review process, allowing key milestones, activities and practices of the six regulatory authorities to be identified and compared. The completed guestionnaires were validated by the heads of the respective agencies.

Results: The six countries vary in population and in the size of their respective regulatory agency and the resources allocated to regulatory reviews. The review processes of the six agencies were similar; however, differences were noted in the milestones recorded; for example, two of the countries did not record the start of the scientific assessment. Additionally, decisions for marketing authorisation were made by an expert committee in four of the countries and by the head of the agency and the Minister of Health in two countries. All six agencies implemented the majority of good review practices; however, the need for improvement in the areas of transparency and communication and quality decision making practices was a common finding for all six countries.

August 2021 | Volume 8 | Article 742181 Frontiers in Medicine I www.frontiersin.org

Sithole et al. SADC Good Raview Practices

> Conclusions: Participation in the ZaZiBoNa initiative has improved the way in which the six agencies perform regulatory reviews in their countries, highlighting the realisation of one of the key objectives of the initiative, which was building the expert capacity of member countries. Other agencies in the SADC region and beyond can use the results of this study to identify best practices, which in turn, could improve their regulatory performance.

> Keywords: South African Development Community, ZaZiBoNa, regulatory reliance, good review practices, constrained resources

#### INTRODUCTION

The Southern African Development Community (SADC) is made up of 16 countries; Angola, Botswana, Comoros Islands, Democratic Republic of Congo, Lesotho, Madagascar, Malawi, Mauritius, Mozambique, Namibia, Seychelles, South Africa, Swaziland, United Republic of Tanzania, Zambia, and Zimbabwe (1). Although the countries have differing capacities to regulate medicines (2), they share the common challenge of inadequate capacity to review applications for medicines, resulting in backlogs and delayed access to medicines by natients. This led to the formation of a collaborative medicines registration initiative called ZaZiBoNa by four countries, Zambia, Zimbabwe. Botswana, and Namibia with technical support from the World Health Organization (WHO) Pregualification team in 2013 (3). The initiative was formally endorsed by the SADC Ministers of Health in 2015, and member states who signed the memorandum of agreement to participate in the initiative were assigned active or non-active status, depending on their capacity to conduct assessments and good manufacturing practices (GMP) inspections. The remaining countries, Mauritius and Lesotho, participate as observers (3).

#### Operational Aspects of ZaZiBoNa

ZaZiBoNa is a SADC work-sharing initiative, in which regulatory authorities conduct joint or shared reviews of applications for registration of medicines submitted to participating countries with the applicant's consent (3). One of the successes of the ZaZiBoNa initiative is that since its inception in 2013. more than 300 products have been reviewed and the median time to a recommendation was shorter than that achieved by individual participating countries using the national procedure (4). However, because the ZaZiBoNa initiative is not a legally constituted regulatory authority, it relies significantly on the participating countries to achieve a number of key milestones in the review process, particularly those of an administrative nature (Figure 1) (3). As a result, one of the challenges that has been identified with this initiative is the fact that differences in country review processes result in questions to applicants for the same product being sent at different times by the countries, affecting registration timelines and negating the benefit of simultaneous access to various markets. Sithole et al. therefore recommended that the regulatory review processes in the individual participating countries be reviewed and the outcomes compared (3, 5). The aim of this study therefore was

to review and compare the registration processes of regulatory authorities of Mozambique, Namibia, South Africa, Tanzania, Zambia, and Zimbabwe to develop recommendations for better alignment, while presenting an opportunity for the countries to learn from each other and enhance their regulatory review and patients' access to life-saving medicines. This article, the first in a two-part series, details the findings, focusing on the review processes and good review practices. The second article will address review models and metrics of process.

#### MATERIALS AND METHODS

#### Study Participants

Nine countries with active member status in the ZaZiBoNa initiative were invited to participate in the study following a faceto-face presentation. Active member status is defined as "the capacity to conduct assessments and GMP inspections." One of the countries (Botswana) could not complete the questionnaire because their agency had only recently been established and the lack of participation by two countries (the Democratic Republic of Congo and Malawi) was likely because of disruptions caused by the Covid-19 pandemic. Therefore, the six regulatory agencies included in this study were the National Directorate of Pharmacy in the Mozambique Ministry of Health; Namibia Medicines Regulatory Council (NMRC) in the Namibia Ministry of Health and Social Services: the South African Health Products Regulatory Authority (SAHPRA): the Tanzania Medicines and Medical Devices Authority (TMDA): the Zambian Medicines Regulatory Authority (ZAMRA): and the Medicines Control Authority of Zimbabwe (MCAZ).

Each of the six agencies completed an established and validated questionnaire (6) in 2020, which described the organisational structure, the regulatory review system for market authorisation for new active substances (NASs) and generics as well as their overall review times from the date of application to the date of approval, good review practices (GrevP) and quality decisionmaking practices. The questionnaire allowed for the collection of data in a standardised format, enabling comparison and analyses of information collected from the six agencies.

The questionnaire consists of five parts: Part 1, documents the structure, organisation and resources of the agency: Part 2. identifies different types of review model (s) used for the scientific assessment of medicines: Part 3, documents information on the

Frontiers in Medicine | www.frontiersin.org August 2021 | Volume 8 | Article 742181 Sithole et al. SADC Good Roview Practices

map: Part 4, records how quality is built into the regulatory process (GrevP), and Part 5, explores the quality of the decisionmaking practices of the agency.

### Ethics Committee Approval

The study was approved by the Health, Science, Engineering and Technology ECDA, University of Hertfordshire, United Kingdom [Reference Protocol number: LMS/PGR/UH/043501.

#### RESULTS

For the purpose of clarity, the results of this article (first of a series of two) will be presented in four parts: Part I - organisation of the regulatory authorities; Part II - key milestones in the review process: Part III - good review practices: and Part IV - quality decision-making practices. The second article of the series will address the remaining results of the questionnaire.

#### Part I - Organisation of the Regulatory Authorities

The six countries, Mozambique, Namibia, South Africa, Tanzania, Zambia, and Zimbabwe, vary in population and size of their respective regulatory agency (Table 1). South Africa (58.8 million) and Tanzania (58.6) have the largest populations, while Namibia has the smallest (2.6). Four countries, South Africa Tanzania Zambia and Zimbabwe have autonomous agencies independent of the Ministry responsible for Health. All six agencies have the common mandate to regulate medicinal products, medical devices and in vitro diagnostics for human and veterinary use, except for Mozambique, which does not regulate products for veterinary use. In addition, the South African agency also has the mandate to control the development and use of radiation procedures (for medical use).

The ratio of total staff per million residents varied across the six countries, with Namibia having the highest ratio of 10, followed by Zimbabwe at 8.8, Zambia at 6.9, South Africa at and Zimbabwe agencies, which are funded largely through fees. 2.9. Mozambique at 2.8, and Tanzania at 1.8. The professional background of the agency reviewers was primarily pharmacy for all six agencies and only South Arica and Tanzania had physicians as part of their review teams. Tanzania had the highest proportion of reviewers to total agency staff (44%), followed by South Africa (34%), Zambia (16%), Namibia (15%), Zimbabwe (13%), and Mozambique (6%). The agencies in South Africa, Tanzania and Zambia made use of external experts in the review of applications for registration, employing at the time of the study, 32, 36, and 8 external reviewers, respectively, while the other countries used only internal experts. Zimbabwe, however, had a provision for use of external experts even though none were employed at the time of the study.

If, hypothetically, all new applications received in a year were reviewed in that same year, then the workload; that is, the number of dossiers to be reviewed per year per internal reviewer for 2019 was the highest for Mozambique (42), followed by Namibia (37). Zambia (31), Tanzania (19), and Zimbabwe (11). The workload for South Africa could not be calculated as the agency was

key milestone dates and the process using a standardised process unable to provide data for products in 2019 due to mitigating circumstances related to the unfit status of the organisation's premises. However, all six agencies reported that they had a backlog of pending applications, therefore not all applications were reviewed in the year that they were received. The analysis also did not take into account the type of review to be conducted, the competence of reviewers or other work such as post-approval variations. It should be noted that in some of the countries due to low numbers of staff, the same reviewer was responsible for reviewing the quality, pre-clinical and clinical. The countries with greater numbers of reviewers had one reviewer focusing on quality and different reviewers for non-clinical and clinical.

#### Source of Funding

The Namibian agency was funded entirely by its government, in Mozambique the greater proportion of agency funding was from its government and a small percentage from other sources, in South Africa, 70% of agency funding was provided by its government and 30% from fees, in Tanzania, 12% of agency funding was by its government, 76% from fees and 12% from other sources, in Zambia, 95% of agency funding came from fees, and 5% from other sources and the Zimbabwe agency was funded entirely from fees. There is a significant range of fees applied for the reviews of the products, depending on their category such as new chemical entities, biologicals or generics. It is worth noting that none of the agencies charged fees for scientific advice given to applicants.

Namibia charged the lowest fees (333 USD) for new chemical entities, while South Africa charged the highest (3,558 USD) (Table 2). For biologicals, Namibia charged the lowest fees (333 USD) while Tanzania charged the highest (3,500 USD), For generics, Namibia charged the lowest fees (333 USD), while Zimbabwe charged the highest (2,500 USD). The agencies funded largely or entirely by government charged the lowest fees, whilst those relying on fees charged higher amounts with the exception of South Africa which received 70% of its budget from the Government, but charged fees comparable to Tanzania, Zambia,

#### Part II - Key Milestones in the Review Process

A standardised process map for the review and approval of medicines is shown in Figure 1. This is a simplified representation of the key milestones that are typically recorded and monitored in the review of applications in a mature regulatory system. The process map represents the review and authorisation of a product that goes to approval after one review cycle; however, in practice it usually takes more than one cycle for a medicine to be approved, some agencies limit the number of review cycles and opportunities given to applicants to respond

#### Receipt and Validation Procedures

All six agencies validated applications received for completeness in line with the applicable guidelines and statutory fees and all six agencies recorded these two milestones. At this stage, the pathway for review was determined; that is, either verification,

Sitholo ot al. SADC Good Roview Practices

TABLE 1 | Comparison of the country population, size of agencies and workload in 2019.

Country	Mozambique	Namibia	South Africa	Tanzania	Zambia	Zimbabwe
Population (millions)	29.5	2.6	58.B	58.6	17.4	16.2
Agency staff	83	26	170	103	120	143
Staff per million residents	2.8	10	2.9	1.8	6.9	8.8
Number of internal reviewers	5	4	57	45	19	18
Reviewers in agency staff	6%	15%	34%	44%	16%	13%
Total applications received	208	146	N/A*	873	585	203
Number of applications per reviewer	42	37	N/A*	19	31	11

"SAFFFA was unable to provide data for 2019 due to mitigating circumstances related to the uniff status of the organisation's premises.

TABLE 2 | Comparison of toos charged and source of funding in 2019.

Country	Mozambique	Namibia	South Africa	Tanzania	Zambia	Zimbabwo	
Source of funding*	Large % government, small % other sources	100% government	70% government 30% Fees	12% government; 76% fees; 12% other	95% toos 5% other	100% facs	
Fees for review of a new chemical entity (USD)	360	333	3,558	2,000	2,800	3,000	
Fees for review of biologicals (USD)	360	333	2,833	3,500	2,800	3,000	
Faces for roviow of ganerics (USD)	350	333	1,781	2,000	2,000	2,500	

'Actual percentages very year to year

abridged or full review. Applications that passed validation were placed in a queue awaiting scientific assessment. Incomplete applications were removed from the queue and communication was made to the applicant to provide the missing information.

The queue time is the time between the completion of validation/acceptance for review of an application and the start of the scientific assessment. This milestone was recorded by all six agencies.

## Primary Scientific Assessment

The start of the primary scientific assessment was recorded by four of the six agencies, namely Mozambique, South Africa, Tanzania, and Zimbabwe.

#### Questions to Applicants

All six agencies collected questions into a single batch after each cycle of scientific assessment and sent these to the applicant. This time is also referred to as "clock stop" or company time, when the assessment is paused and the applicant given an opportunity to respond to queries.

#### Review by Expert Committees

Five agencies made use of a panel of external experts known as the expert committee during the review process with the agency staff serving as the secretariat, with the exception of Mozambique. The expert committee was involved after questions had been sent to applicants in some agencies and in the other agencies, questions were only sent to applicants after the committee procedure. The committees as well as implementing a good review practice

external committees are referred to by different names in each of the agencies: however, their function is similar, Namibia, South Africa, Zambia, and Zimbabwe were mandated to follow the Expert Committee's opinion on a product and the Committee had the responsibility for the marketing authorisation decision. For Tanzania, the Committee made a recommendation, although the final decision was made by the Director General. The decision for marketing authorisation in Mozambique was made by the Minister of Health.

#### Authorisation Procedure

Once an opinion or decision had been made on an application for marketing authorisation, there was an administrative step to finalise reports and update the labelling before the issuance of the marketing authorisation. This step was performed in all six countries.

#### Part III - Good Review Practices

For the purpose of clarity, GRevPs are presented under four categories: quality measures; transparency and communications; continuous improvement initiatives: and training and education.

#### Quality Measures

The quality measures evaluated in this comparative study are listed in Table 3. Tanzania. Zambia and Zimbabwe implemented all eight quality measures while the remaining three countries (South Africa, Namibia, and Mozambique) implemented six of the eight quality measures. Apart from Mozambique, five agencies made use of expert scientific

Frontiers in Medicine | www.frontiersin.org

Sithola et al. SADC Good Review Practices

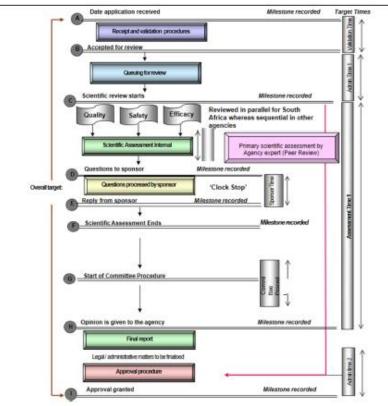


FIGURE 1 (Standardsoci raviow process map for regulatory agencies. This map represents the review and authorization of a product that goes to approved after one raviow cycle. It should be noted that in some countries missione G (committee procedural) may come before missione D (questions to the applicant).

system (formally or informally). All of the six agencies had standard operating procedures and assessment templates in place. The assessment reports were prepared in English by five agencies; whereas Mozambique prepared their reports in Portuguese, their official language. An internal quality policy was implemented by all agencies apart from Namibia. Four agencies had dedicated quality departments, apart from Namibia and South Africa, although South Africa has now appointed a quality manager with a view to establishing a dedicated confidence in the system. It also assists the pharmaceutical

quality department. All six agencies conducted peer review of assessment reports.

## Transparency and Communication

Transparency in the review process improves stakeholders' (applicants as well as other stakeholders such as local agents (which may be different from applicants), wholesalers, customers who are potential applicants, ministry of health or the patients)

Frontiers in Modicine | www.trontiersin.org August 2021 | Volume 8 | Article 742181 Sitholo et al. SADC Good Review Practices

TABLE 3 | Comparison of the quality measures implemented by the six regulatory authorities.

Quality measure	Regulatory authority									
	Mozambique (6/8)	Namibla (6/8)	South Africa (6/8)	Tanzania (8/8)	Zambia (8/8)	Zimbabwe (8/8)				
Good raview practice system	×	10	-	10	- 1	✓4				
Internal quality policy	¥	ĸ	¥	1	1	1				
Standard operating procedures for guidance of assessors	*	*	*	*	*	✓				
Assessment templates	· /	1	· /	1	1	1				
Poor roviow (Internal)	· /	1	×	1	1	1				
Dedicated quality department	· ·	ĸ	<b>x</b> <sup>b</sup>		1	×				
Scientific Committee	×	1	¥	1	1	1				
Shared and joint roviows		1		1	1	1				

Implemented but not formally documented.

TABLE 4 | Comparison of the transparency and communication parameters in the six agencies.

Quality measure	Regulatory authority									
	Mozambique (4/9)	Namibia (3/9)	South Africa (8/9)	Tanzania (4/9)	Zambia (4/9)	Zimbabwe (5/9				
Post-approval foodback to applicant on quality of submitted dossiers	×	ĸ	1	×	ĸ	×				
Details of technical staff to contact	*	ĸ	*	×	×	ĸ				
Pre-submission scientific advice to industry	×	×	V*	×	1	10				
Official guidelines to assist Industry	×	*	×	1	*	*				
Industry can track progress of applications	*	*	√ap.	*	*	*				
Publication of summary of grounds on which approval was granted	×	×	×	×	×	×				
Approval times	×	ĸ	✓	· ·	×	1				
Advisory committee meeting dates	×	×	*	×	×	×				
Approval of products	✓	×	✓	V	1					

Implemented informally.

industry in preparing submissions and planning product launch dates. Transparency saves a regulatory agency time and effort as the industry would be able to access information and requirements independently.

All six agencies assigned high priority to transparency with stakeholders. Nine best practices in transparency and communication with stakeholders were evaluated and used for this comparison (Table 4). All agencies had official guidelines and lists of approved products, which were made available to the industry through their websites. Five of the agencies did not provide post-approval feedback to applicants on quality of submitted dossiers or publish advisory committee meeting dates

applicants with details of technical staff to contact during review of their application apart from Mozambique and South Africa. Four agencies did not provide pre-submission scientific advice to the pharmaceutical companies except for South Africa, which implemented this informally and Zimbabwe, which provided this only for the local industry.

All six agencies allowed the industry to track progress of their applications (Table 4) via email and telephone contact; however, only Mozambique and Tanzania allowed applicants electronic access to the status of their applications under review. None of the agencies shared the full assessment report with applicants or published a summary basis of approval; however, Tanzania apart from South Africa. Four of the agencies did not provide more recently has put in place a procedure for publishing public

Frontiers in Medicine | www.frontiersin.org

bA Quality Manager has now been appointed with a view to establishing a dedicated department.

<sup>&</sup>lt;sup>b</sup>Only for backlogged projects. <sup>c</sup>Only for local industry.

SADC Good Review Practices Sithole et al.

TABLE 5 | Comparison of continuous improvement initiatives in the six regulatory authorities.

Quality measure	Regulatory authority								
	Mozambique (4/5)	Namibia (2/5)	South Africa (5/5)	Tanzania (5/5)	Zambia (4/5)	Zimbabwe (5/5)			
External quality Audits		×	· ·		×	- /			
Internal quality Audits		×	V		1				
Internal tracking Systems		×	×*	·	1				
Reviews of assassors' feedback			√°		1				
Reviews of stakeholders' feedback	×		✓		1				

<sup>\*</sup>Implemented informally with no documented system.

agencies shared a list of questions after assessment and reasons for refusal with the applicant. Only Tanzania published approval times on their website, whereas South Africa and Zimbabwe and Namibia did not have a documented quality decision-making published these in their annual performance plan and annual reports, respectively.

#### Continuous Improvement Initiatives

The continuous improvement initiatives included both internal and external quality audits, an internal tracking system, as well as reviews of assessors' and stakeholders' feedback. Tanzania and Zimbabwe implemented all of the five initiatives, while Zambia, Mozambique, and South Africa implemented four out of the five initiatives. Namibia implemented only two out the five initiatives (Table 5). Five agencies, apart from Namibia, conducted internal quality audits. Five agencies had internal tracking systems, except for Namibia. The assessors' feedback was reviewed by all six agencies; however, only Namibia, Tanzania, Zambia, and Zimbabwe reviewed stakeholders' feedback.

## Training and Education

The measures evaluated under training and education contribute to the development of personnel and the efficiency of the regulatory review process. These measures are induction training, on-the-job training, in-house and external courses. international workshops, placements and secondments in other regulatory authorities, post-graduate degrees, and collaboration with other agencies. All six of the regulatory authorities in this comparative study implemented all of the measures for training and education. However, four agencies had formal training programmes for assessors except for Mozambique and Namibia.

## Part IV - Quality Decision-Making Practices

The decision-making process should be routinely measured to ensure consistency and quality of decisions made in the review and approval of medicines. Three of the agencies had a framework in place that forms the basis of the decision to approve or reject applications for new medicines, namely South Africa, Tanzania, and Zambia. South Africa and Tanzania fully incorporated all of the 10 quality decision-making practices (QDMPs) developed by Donelan et al. as an aid to decision making (7) into their frameworks and these were fully adhered to in practice. Zambia incorporated six of the 10 practices into their framework and fully adhered to four. Zimbabwe did not have

assessment reports and these should be available in 2021. All six a documented decision-making framework, but used a decision tree approach, fully adhering to seven out of the 10 decisionmaking practices and partially adhering to three. Mozambique framework. Interestingly, all six agencies stated that the decisionmaking process could be improved, while the two agencies without frameworks indicated their intention is to develop them

#### DISCUSSION

The aim of this study was to evaluate the regulatory review processes of six countries in the SADC region that are active members of the ZaZiBoNa collaborative medicines registration initiative and compare the outcomes in order to identify best practices. A common finding among the six regulatory authorities was that participation in the ZaZiBoNa initiative has improved the way in which they perform regulatory reviews in their countries, and this highlights how one of the key objectives of the initiative, which is to build expert capacity of member countries is being realised. In addition to identifying the differences and similarities in the processes in countries currently participating in the ZaZiBoNa initiative as active members, the results of this study will enable the resulatory authorities, the majority of which are in low-to-middle-income countries (LMICs), to benchmark processes, resources, and capacity, something which in the past was difficult due to lack of information in the public domain (8).

For industry, the results of this study provide an opportunity to better understand the regulatory review processes in the six agencies as well as the relevant challenges when planning future submissions. The commitment to continuous improvement, transparency and the desire to engage with industry shown by all the agencies, reflects a new way of doing business that should encourage further investment in terms of medicines development and regulatory submissions made to these countries and the SADC region as a whole.

Mature agencies such as Australia's Therapeutic Goods Administration and Health Canada's Health Products and Food Branch have a staff per million residents' ratio in 2021 of 31 and 60, respectively (9). In contrast, all six agencies in this study had a staff per million residents' ratio <10, confirming resource limitations faced by agencies in LMICs. In addition,

Sitholo et al. SADC Good Roview Practices

a finding of this study was that there is a difference in human resources available to conduct reviews in the six agencies within the SADC region. Of note, countries with higher workloads had no targets for the scientific assessment or overall approval process, which points to overwhelmed resources. A workforce should be adequate in skill and numbers for greater operational efficiency. In addition, retention of skills after investing in staff training is of paramount importance for agencies to deliver their mandate in a timely manner.

The results of this study can be used as a baseline going forward and presents an opportunity for agencies to re-examine their processes to determine areas of improvement, particularly where another agency with a comparable workload is able to achieve shorter registration times. Routine recording of the milestones studied here will enable the monitoring and measurement of key performance indicators such as timelines for validation, queue time, scientific assessment and the overall approval, will enable the rapid identification of areas requiring improvement and a proposal of gap-closing measures such as reengineering of processes or the injection of additional resources by the agencies

While most of the agencies in the study indicated that resources could be optimised by placing reliance on mature agencies, there is opportunity to further reduce timelines through reliance on other agencies in the SADC region, as is already being done by one of the agencies

Although the ZaZiBoNa collaborative medicines registration process was not directly evaluated in this study, it was possible to see the reason for the difference in time to registration among the participating countries after a recommendation for approval by ZaZiBoNa. The initiative relies on countries with differing capacities, resources and administrative processes to carry out a significant part of the review process. There is a need for a review of the current model used for the ZaZiBoNa initiative in the next strategic period to minimise the dependence on the country process and increase operational efficiency.

#### Recommendations

As a result of this study several recommendations could be considered by these agencies.

- 1. Performance measurement: In order to benchmark the regulatory review process and monitor performance, agencies should consider measuring and documenting the key milestones and publishing the relevant timelines.
- 2. Improvement initiatives: Agencies could consider reexamining their processes to evaluate where they can be improved, and to learn from agencies with comparable workloads who are achieving shorter timelines.
- 3. Sharing assessment reports: Agencies participating in the ZaZiBoNa initiative should consider entering into a memorandum of understanding to share unreducted assessment reports for products that are not submitted

- to the initiative, which constitute the majority of the agencies' workload
- 4. Increased transparency and communication: Agencies would benefit from implementing additional measures of transparency and communication in line with international best practices such as sharing of assessment reports with applicants and publishing approval times, advisory committee dates and a summary basis of approval.
- 5. Improved performance: Agencies should consider using the results of this study to propose the provision of adequate resources to improve timelines and patients' access to medicines
- Quality decisions: There is a need in some agencies for training and capacity building in quality decision making.
- 7. ZaZiBoNa operating model: The participating countries could consider reviewing the existing operational model for improved efficiency

#### CONCLUSIONS

This study incorporated fully autonomous and nonautonomous agencies with both large and small populations, providing a representative sample of SADC countries. Those countries that were not able to participate in the study and other countries in LMICs could use the results to benchmark and improve their own processes. If other agencies in the region were to evaluate their review process using the approach described in this study, they would also be able to identify best practices, which in turn could improve their regulatory performance.

#### DATA AVAILABILITY STATEMENT

The original contributions presented in the study are included in the article/Supplementary Material, further inquiries can be directed to the corresponding author.

#### ETHICS STATEMENT

В

The study was approved by the Health, Science, Engineering and Technology ECDA, University of Hertfordshire [Reference Protocol number: LMS/PGR/UH/043501.

#### AUTHOR CONTRIBUTIONS

TSith, SSa, and SW contributed to the design of the study, implementation of the research, analysis of the results, and drafting of the manuscript. GM, VC, TSito, SSh, JG, SP, TSe AK, AF, ZM, and BM contributed to the implementation of the research and critical review of the manuscript. All authors contributed to the article and approved the submitted version.

Frontiers in Medicine I www.frontiersin.org August 2021 | Volume 8 | Article 742181 Frontiers in Medicine I www.frontiersin.org

SADC Good Raview Practices Sthrop of al.

#### **ACKNOWLEDGMENTS**

This research was underwritten by the Centre for Innovation in The Supplementary Material for this article can be found Regulatory Science and was supported by an unrestricted grant online at: https://www.frontiersin.org/articles/10.3389/fmed. from the Bill and Melinda Gates Foundation.

## SUPPLEMENTARY MATERIAL

2021.742181/full#supplementary-material

#### REFERENCES

- Southern African Development Community (SADC). SADC Overview. Available ordine at: https://www.nadc.int/about-nadc/overview/ (accessed 6
- 2. Dube-Mwedzi S, Kniazkov S, Nikiema I, Kazilo O, Fortin A, Tumasiirne P, et al. A rapid assessment of the national regulatory systems for medical products in the Southern African Development Community. J Pharm Pol Pract. (2020) 13-1-10 doi: 10.1186/s0545-070-00355-
- 3. Sthole T, Mahlangu C, Salek S, Walker S. Evaluating the success of ZaZilloNa, the Southern African Development Community collaborative medicines registration initiative. Ther Innev Rog Sci. (2020) 54:1319– 1329. doi:10.1007/s43441-020-00154-y
- 4. Masckela F. ZAZIBONA collaboration. In: TWINZ Meeting of Pharmaceatical
- 5. Sithole T, Mahlangu G, Salek S, Walker S. Evaluation of the regulatory review process in Zimbabwe: challenges and opportunities. Ther fenov Reg Sci. (2021) 55:474-89, doi: 10.1007/s43441-020-00242-z
- 6. McAudane N, Cone M, Collina J, Walker S. Emerging markets and emerging agencies: a comparative study of how key regulatory agencies in Aria, Latin America, the Middle East, and Africa are developing regulatory processes and review models for new medicinal products. Drag Info J. (2009) 43:349-59. doi: 10.1177/00928615090430
- 7. Donelan R, Walker S, Salek S. The development and validation of a generic instrument, QoDoS, for assessing the quality of decision making. Front Pharmacol. (2016) 7:180. doi: 10.3389/fphar.2016.

- 8. Gwaza L. Adjusted indirect treatment comparisons of bioequivalence studios. Doctoral thesis. Utracht University, Utracht, Netherlands (2016). Available online at: http://dopace.library.uu.nl/handle/1874/337474 (accessed August 12,
- 9. Sithole T, Mahlangu G, Salek S, Walker S. Coreparison of the registration process of the Medicines Control Authority of Zimbabwe with Australia. Canada, Singapore, and Switzerland: benchmarking best practices. Exp Rev Cite Pharmacol. (2021) in press.

Conflict of Interest: The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

Publisher's Note: All claims expressed in this article are solely those of the authors and do not necessarily represent those of their affiliated organizations, or those of the publisher, the editors and the reviewers. Any product that may be evaluated in this article, or claim that may be made by its manufacturer, is not guaranteed or endorsed by the publisher.

Copyright © 2021 Sithole, Muhlangu, Capote, Sitole, Shifotoka, Gaesah, Paalayachee, Sekisho, Khen, Hmbo, Munkombwe, Mwale, Salek and Walker. This is an openaccess article distributed under the terms of the Creative Commons Attribution License (CC BT). The use, distribution or reproduction in other forums is permitted, provided the original author(s) and the copyright owner(s) are credited and that the original publication in this journal is cited, in accordance with accepted academic practice. No use, distribution or reproduction is permitted which does not comply

Prontiers in Modeline J www.fronterstn.org



ORIGINAL RESEARCH published: 27 August 2021 doi: 10.3389/fmed.2021.742200



# Evaluation of the Review Models and Approval Timelines of Countries Participating in the Southern African Development Community: Alignment and Strategies for Moving Forward

Tariro Sithole <sup>1,2</sup>, Gugu Mahlangu<sup>2</sup>, Velma Capote<sup>2</sup>, Tania Sitole<sup>2</sup>, Saren Shifotoka<sup>4</sup>, Johannes Gaeseb<sup>4</sup>, Lorraine Danks<sup>5</sup>, Portia Nkambule<sup>5</sup>, Alex Juma<sup>6</sup>, Adam Fimbo<sup>5</sup>, Zuma Munkombwe<sup>7</sup>, Bernice Mwale<sup>7</sup>, Sam Salek <sup>1,2</sup> and Stuart Walker<sup>7</sup>,

\*School of Life and Medical Sciences, University of Hartfordshire, Heithaid, United Kingdom, \*Medicines Control Authority of Zintabewe (MCAZ), Harter, Zintabewe, \*Netboral Discordina of Pharmery) in the Microardinay, Mintelly of Hastin, Megulo, Microardinay, \*Particile Medicines Requisitory Council (MMRC) in the Netrobia Mintelly of Hastin and Social Services, Witschook, Namidia, \*South Artican Hastin Products Regulatory Authority (SAFFRM), Prototis, South Artica, \*Instante Medicines and Medicine Services, Authority (MACA), Dar or Sabern, Transine, \*Zambie Medicines Republiciny Authority (SAFRA), Lurake, Zambie, \*Institute for Medicines Development, Carattr, United Kingdom, \*Contro for Innovestion in Planatistics Social Services.

Introduction: Regulatory reliance, harmonization and work sharing have grown over the last few years, resulting in greater sharing of work and information among regulators, enabling efficient use of limited resources and preventing duplication of work. Various initiatives on the African continent include ZaZiBoNa, the Southern African Development Community (SADC) collaborative medicines registration initiative. ZaZiBoNa has resulted in great savings in time and resources; however, identified challenges include lack of clear information regarding the participating countries registration processes and requirements as well as lengthy registration times. The aim of this study, therefore, was to compare the data requirements and review models employed in the assessment of applications for registration, the target timelines for key milestones and the metrics of applications received and approved in 2019 and 2020 by Mozambique, Namibia, South Africa, Tanzania Zambia, and Zimbabwe.

Methods: A senior member of the division responsible for issuing marketing authorisations completed an established and validated questionnaire, which standardizes the review process, allowing key milestones, activities and practices of the six regulatory authorities to be identified and compared. The completed questionnaires were validated by the heads of the respective agencies.

Results: The majority of applications received and approved by all six agencies in 2019 and 2020 were for generics. The mean approval times for generics varied across the countries, with ranges of 218–890 calendar days in 2019 and 158–696 calendar days in 2020. All three types of scientific assessment review models were used by the six agencies and data requirements and extent of scientific assessment were similar for five countries, while one conducted full reviews for new active substances. A large variation

OPEN ACCESS

Edited by: Staffan Thirstrup, NDA Advisory Services Ltd, United Kingdom

Reviewed by: Birle Merthe Lutse Lehmann, University of Bonn, Germany Fifte Lakkerkerker

Fitts Lakkenkonkor, Consultant, Amstardam, Natherlands \*Correspondence: Shart Welker

# swalker@clartvate.com

Specialty section: This article was submitted to Regulatory Science, a section of the journal Frontiers in Medicine

Received: 15 July 2021 Accepted: 06 August 2021 Published: 27 August 2021

#### Citatio

Sithola T, Mahlangu G, Capolo V, Sithol T, Shithola S, Gassab J, Danies L, Neambulo P, Juma A, Fimbo A, Murkumiewo Z, Minsio B, Salak S and Walker S (2021) Bratustion of the Florium Models and Approval Timolines of Countries Participating in the Southern African Development Community - Alignment and Strategies for Moving Forward. Prort. Mad. 5:742200. doi: 10.3386/mhod.2021.742200 Sithole et al. SADC Review Models and Approval Timelines

was observed in the targets set by the six agencies for the different milestones as well as overall approval times.

Conclusions: The study identified the strengths of the countries as well as opportunities for improvement and alignment. Implementation of the recommendations made as in this study will enhance the countries' individual systems, enabling them to efficiently support the ZezEcNe initiative.

Keywords: South African Development Community, ZaZiBoNa, regulatory reliance, regulatory review models, regulatory approval timelines

#### INTRODUCTION

Medicine regulation contributes to public health by ensuring timely access to medicines that have been reviewed and found to be safe, effective, and of good quality. Regulation of medicines has evolved from the publishing of minimum standards for compliance to the development of legislation controlling the development, manufacture, distribution, sale, and use of medicines (1). One function, performed by regulatory authorities worldwide to fulfill their mandate, is the process of reviewing applications for registration or market authorization submitted by companies interested in marketing their products in a particular country or jurisdiction. This process can be long in some countries, hindering access to life-saving medicines by patients and this has led to regulatory agencies relying on the reviews and decisions of other resulators (2).

#### Reliance

It is now acknowledged that no one regulator can do everything for themselves due to increasing workload and complexity of products (3) and this is especially true for maturing agencies in low-to-middle-income countries (LMICs) who often do not have adequate resources or capacity to perform full regulatory functions. Reliance on work done by other agencies drastically reduces the time to market for medicines, resulting in improved patient access (4, 5). The World Health Organization (WHO) has now published its guidance on good reliance practices (3) and recommends the use of reliance to effectively and efficiently perform regulatory functions in a timely and costefficitive manner.

#### Registering Medicines in LMICs: Challenges

Applicants submitting applications for registration of medicines to LMICs have often cited the challenges of lack of clear information on the registration process and timelines, inefficiencies in the registration process, lack of harmonization of requirements for countries in one region and long registration timelines (6, 7). On the other hand, applicants also contribute to the delay in the approval process by taking too long to respond to queries raised by regulators (8). There is therefore need for an evaluation of the regulatory review processes and registration timelines of agencies in LMICs to address the challenges identified and fill the knowledge gap. In the first paper of this two part-series, we evaluated and compared the

regulatory review processes of the regulatory authorities of Mozambique, Namibia, South Africa, Tanzania, Zambia, and Zimbahwe, who are active members of the ZaZiBoNa initiative and proposed recommendations for better alignment The aim of this paper, the second and last in the series, was to compare the data requirements and review models employed in the assessment of applications for registration, the target timelines for key milestones and the metrics of applications received and approved in 2019 and 2020 by the six countries.

#### MATERIALS AND METHODS

#### Study Participants

Nine countries with active member status in the ZaZiRoNa initiative were invited to participate in the study following a faceto-face presentation. Active member status is defined as "the capacity to conduct assessments and GMP inspections." One of the countries (Botswana) could not complete the questionnaire because their agency had only recently been established and the lack of participation by two countries (the Democratic Republic of Congo and Malawi) was likely because of disruptions caused by the Covid-19 pandemic. Therefore, the six regulatory agencies included in this study were the National Directorate of Pharmacy in the Mozambique Ministry of Health; Namibia Medicines Regulatory Council (NMRC) in the Namibia Ministry of Health and Social Services: the South African Health Products Regulatory Authority (SAHPRA); the Tanzania Medicines and Medical Devices Authority (TMDA): the Zambian Medicines Regulatory Authority (ZAMRA): and the Medicines Control Authority of Zimbabwe (MCAZ).

#### Data Collection

Each of the six agencies completed an established and validated questionnaire (9) in 2020, which described the organizational structure, the regulatory review system for market authorization for new active substances (NASs) and generics as well as their overall target and review times from the date of application to the date of approval, good review practices (GRevPs) and quality decision-making practices. The questionnaire allowed for the collection of data in a standardized format, enabling comparison, and analyses of information collected from the six agencies.

The questionnaire consists of five parts: Part 1, documents the structure, organization and resources of the agency; Part 2, identifies different types of review model(s) used for the scientific assessment of medicines; Part 3, documents information on

Frontiers in Medicine | www.frontiersin.org

August 2021 | Volume 8 | Article 742200

Sithole et al. SADC Review Models and Approval Timelines

the key milestone dates and the process using a standardized process map, Part 4, records how overall quality is built into the regulatory process (GrevPs) and Part 5, explores the quality of the decision-making practices of the agency.

#### Models of Regulatory Review

There are three models for the scientific regulatory review of a product that can be used by regulatory authorities (9):

- The verification review (type 1), which requires prior approval of a product by two or more reference or competent regulatory authorities, allowing the agency relying on such assessments to employ a verification process to validate a product and ensure that it conforms to the previously authorized product specifications. This should also conform with the prescribing information such as the use, dosage and precautions.
- The abridged review (type 2), which involves an abridged evaluation of a medicine, taking into consideration local factors and the environment as well as a benefit-risk assessment in relation to its use in the local ethnic population including medical practice and pattern of disease. This further requires registration by at least one reference or competent regulatory authority.
- The full review, type 3A, which involves the agency carrying out a full review, including supporting scientific data, of quality, safety and efficacy, but requires that the product be previously reviewed by an agency and issued a Certificate of Pharmaceutical Product (CPP) or type 3B, which involves an independent assessment of a product's quality, preclinical and clinical safety and efficacy, which has not previously been evaluated by any other agency.

#### Ethics Committee Approval

The study was approved by the Health, Science, Engineering and Technology ECDA, University of Hertfordshire, United Kingdom [Reference Protocol number: LMS/PCR/UH/04350].

#### RESULTS

For the purpose of clarity, the results will be presented in three parts: Part I—metrics of applications received and registered; Part III—review models, extent of scientific assessment and data requirements; and Part III—targets of key milestones in the review process.

# Part I—Metrics on NASs, Generics, and WHO-Prequalified Generics

## Applications Received and Approved

The majority of applications received and approved by all six agencies in 2019 and 2020 were for generics. In 2019 Mozambique and Zambia did not receive any applications for new active substances (NASs), while Tanzania only received 1, with Namibia, South Africa and Zimbabwe receiving 14, 11, and 8, respectively (Table 1). Tanzania received the highest number of generic applications (858) and Namibia received the lowest

(132). Interestingly, even though Zambia and Zimbabwe are comparable in population size and fees payable, Zambia received close to three times the number of generic applications compared with Zimbabwe and this might be attributed to differences in their economies and perceived return on investment by applicants (Figure 1). The year 2020 saw a decline in applications for NASs received by the agencies, with the exception of South Africa, which saw an increase. Tanzania, Zambia, and Zimbabwe saw a decrease in generics in 2020, while Mozambique, Nambia and South Africa saw an increase (Table 1). Namibia and Tanzania saw a decrease in WHO-prequalified generics in 2020 while Mozambique, Zambia, and Zimbabwe saw an increase.

#### Mean Approval Times

For NASs, South Africa had the longest average approval time of all the agencies (Table 2) as they are the only country that conducts a full review of NASs. Namibis had an approval time of 170 days while Zimbabwe had an approval time of 219 days and these were assessed using abridged review (Table 2). Morambique, Tanzania and Zambia did not approve any NASs in the 2 years. For generics, Tanzania had the shortest approval time even though they received the highest number of applications. Tanzania's approval times for generics were comparable to Zambia's times. The longest approval time for generics was observed for Namibia in 2019 however the time was significantly reduced in 2020. South Africa and Zimbabwe's approval times for generics were comparable (Figure 2). South Africa is implementing reliance in their backlog programme resulting in much shorter review times than those reported for business as usual.

#### Part II – Review Models Used for Scientific Assessment

In general, all three types of review models are used for scientific assessment by the six agencies (Table 3).

#### Verification Review (Type 1)

Five agencies apart from Tanzania conducted verification reviews with the requirement for the product to have been approved by at least one reference agency, while South Africa required approval by two reference agencies. Unredacted reports were required to facilitate a verification review. However, because of a lack of agreements with other WHO-listed regulatory authorities. Mozambique and Zimbabwe only recognized WHO pregualification (WHO PO) and the ZaZiBoNa collaborative procedure as reference agencies for this pathway. In addition to products approved by WHO Prequalification and ZaZiBoNa, Namibia, South Africa, and Zambia conducted verification reviews of products approved by WHO-listed regulatory authorities: however, only South Africa and Zambia had agreements to access the unredacted reports from these reference agencies, Namibia also recognized South Africa and Zimbabwe as reference agencies. The reference agencies common to all countries were the WHO PO. European Medicines Agency (EMA), Medicines and Healthcare Products Regulatory Authority (MHRA), United States Food Drug Administration (USFDA), Australia's Therapeutic Goods Administration (TGA),

Sithole et al. SADC Review Models and Approval Timelines

TABLE 1 | Comparison of metrics on NASs, generics, and WHO prequalified generics (2019-2020).

Country	Mozambique		Nan	Namibia		South Africa		Tanzania		nbla	Zimbabwe	
Year	2019	2020	2019	2020	2019 <sup>a</sup>	20200	2019	2020	2019	2020	2019	2020
NASs												
Received	0	0	14	0	11	57	1	0	0	0	8	4
Approved	0	0	14	0	43	97	1	0	9	1	4	0
Generics												
Received	198	339	132	227	29	331	858	631	574	208	195	179
Approved	291	278	70	48	158	165	591	499	454	217	122	107
WHO-proqualified generics												
Received	10	15	8	4	0	N/A	14	7	11	28	5	9
Approved	8	9	8	1	0	0	14	7	11	28	7	7

NASa, new active substances; WHO, World Health Organization; N/A, Not smalleble.

\*Date is for August to December due to closure of the agency for part of the year.

Date for business as usual only. Excludes backbo

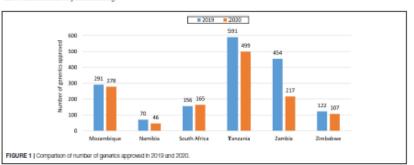


TABLE 2 | Comparison of mean approval times of NASs, generics and WHO prequalified generics 2019-2020 (calendar days).

Country	Mozar	Mozambique		Namibia		South Africa		Tanzania		Zambia		Zimbabwo	
Yoar	2019	2020	2019	2020	2019*	2020 <sup>b</sup>	2019	2020	2019	2020	2019	2020	
NASs	0	0	170	0	490	585	0	0	0	0	219	0	
Ganarios	310	398	890	158	589	683	218	202	240	214	611	606	
WHO PQ generics	100	118	120	131	0	298	7B	83	45	53	150	137	

<sup>8</sup>Date is for August to December due to closure of the agency for part of the year.
<sup>5</sup>Date for business as usual only. Excludes backton.

Health Canada, Japan's Pharmaceuticals and Medical Devices
Agency (PMDA), and other mature agencies (WHO listed authorities) in Europe. Mozambique, South Africa, Zambia, and Zimbabwe had a target time of 90 calendar days for verification review, while the target was 270 calendar days were also made during benefit-risk a serification review. For Zambia, an

### Abridged Review (Type 2)

for Namibia

Five agencies except Zambia conducted an abridged review for products approved by at least one reference agency. For this type

of review, reducted of pulsoc assessment reports were used and differences in medical culture/practice, ethnic factors, national disease pattern and unmet medical needs were taken into account during benefit-risk assessment. These considerations were also made during a verification review. For Zambia, an abridged review was conducted for established products that were considered to be of low risk. South Africa had a target time of 90 calendar days, Tanzania 126 calendar days, Mozambique, Namibia, and Zimbabwe 270 calendar days and Zambia 351 calendar days.

Frontiers in Medicine | www.trontiersin.org 4 August 2021 | Volume 8 | Article 742200

Sithole et al. SADC Review Models and Approval Timelines

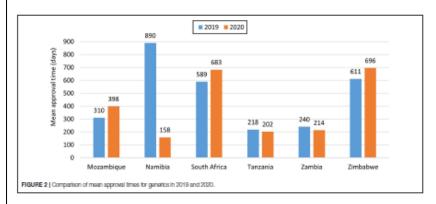


TABLE 3 | Review models employed and target timelines (calendar days).

Type of review model	Mozambique (excl. applicant time)	Namibia (incl. applicant time)	South Africa (excl. applicant time)	Tanzania (excl. applicant time)	Zambia (incl. applicant time)	Zimbabwe (Incl. applicant time)
Varification review (type 1)	10	<sub>y</sub> b#	y.b.	ж	√c.	Z*
Target	90	270	90	N/A	90	90
Abridged review (type 2)	√b	√ C.S.	√b	<b>√</b> E	√d	<b>√</b> 5
Target	270	270	90	126	351	270
Full roview (type 3)	✓	✓	✓	1	✓	¥
Target	365	No target	350	252	351	480
Fast Track / Priority Roviow	1	1	1	1	¥	1
Target	>180	90	250	126	113	180

<sup>\*</sup>For WHO collaborative motivation procedure ICRF) and ZaZBoNa-recommended products.

#### Full Review (Type 3)

All six agencies conducted a full review (type 3) of quality, safety, and efficacy for all major applications that were not eligible for verification or abridged review (Table 4). For Mozambique and Namibia, this comprised an extensive assessment of the chemistry, manufacturing and control (CMC) data for all product types as well as the bioequivalence for generics as all a reference agency. For South Africa, Tanzania, and Zambia. this involved a full review of the CMC for all product types, for new chemical entities, biologicals and biosimilars inclusive of those that had not been approved anywhere else. For Zimbabwe, types, bioequivalence for generics and the non-clinical and

clinical data for biosimilars only as all new chemical entities received had already been approved by a reference agency (Table 4). In five agencies the quality, safety and efficacy sections were reviewed sequentially whereas South Africa conducted all reviews in parallel. Zimbabwe reviewed the majority of applications sequentially, although biosimilars were reviewed in parallel. Namibia had no target time for the overall approval new chemical entities received had already been approved by of a full review. The target for Mozambique was 365 days excluding applicant's time and this is comparable to the target times for the comparator countries: South Africa 350 days bioequivalence for generics, and non-clinical and clinical data excluding the applicant time; Tanzania 252 days excluding applicant time; Zambia 351 days inclusive of the applicant time, and Zimbabwe 480 days inclusive of the applicant time this involved an extensive assessment of the CMC for all product (Table 3). These targets are further broken down into individual milestones in Table 6.

Frontiers in Medicine | www.frontiersin.org August 2021 | Volume 8 | Article 742200 Sithole et al. SADC Roview Models and Approval Timelines

TABLE 4 I Extent of scientific assessment for full roviow

	Mozambique	Namibia	South Africa	Tanzania	Zambia	Zimbabwe
Chamistry, manufacturing and control (CMC) data extensive assessment	1	1	1	1	1	1
Non-clinical data extensive assessment	×	K	1	✓	✓	V2
Clinical data adensive assessment	K	K	¥	1	✓	12
Bloegulvsience data extensive assessment	K	✓	1	1	✓	1
Additional information obtained (where appropriate)						
Other agencies internal review reports	1	✓	¥	1	✓	1
Medical and scientific Illerature	¥	V	1	1	✓	1

\*For bioximilar products not approved by a reference agency only.

TABLE 5.1 Summery comparison of key between of the regulatory systems for modicines.

Marketing authorisations	Mozambique	Namibia	South Africa	Tanzania	Zambia	Zimbabwe
Cartificate of a Pharmaceutical Product (CRP); CRP is required with the application or below authorization is issued	1	×	1	√°	1	1
Common technical document (CTD): CTD format is mandatory for applications	¥	1	1	✓	1	1
Medical staff: More than 25% within the agency review staff are physicians	K	x	×	×	×	×
Floview times: The agency sets targets for the time it spends on the scientific assessment of NASs and generic applications	¥	ĸ	*	<b>*</b>	<b>*</b>	×
Approval times: The agency has a target for the overall time for the roview and approval of an application	*	×	*	1	1	1
Questions to sponsors are batched at fixed points in the review procedure	¥	1	1	✓	1	1
Company response time: Recording procedures allow the company response time to be measured and differentiated in the overall processing time	*	<b>*</b>	×	*	1	*
Priority reviews: The agency recognizes medical urgancy as a critarion for accelerating the review and approved process for qualifying products	*	1	*	1	1	1
Sequential processing: Different sections of technical data reviewed sequentially rather than in parallal	¥	<b>*</b>	×	<b>*</b>	1	√b
Price negotiation: Discussion of pricing is separate from the technical review and does not delay the approval of products	*	<b>*</b>	*	•	<b>*</b>	1
Sample analysis: The focus is on checking quality in the marketplace and requirements for analytical work do not delay the marketing authorization	¥	1	×	1	1	1

<sup>&</sup>lt;sup>8</sup>For abridged review (type 2) only.

#### Fast-Track/Priority Review

The target for priority review was 90 calendar days for Namibia, 113 calendar days for Zambia, 126 calendar days for Tanzania, 180 calendar days for Zimbabwe. 250 calendar days for South Africa, and >180 calendar days for Mozambique (Table 3). All six agencies had a fast-track review pathway in which applications were charged a higher fee to be reviewed in a shorter time and a justification for this may be an unmet medical need.

#### Data Requirements

For five of the agencies in this study apart from Namibia, the CPP should be provided either at the time of the application or before the product is authorized depending on the type of review (Table 5). In the absence of unredacted reports from reference agencies, the CPP or evidence of authorization in the country of origin is used to confirm similarity and approval status of the product when an abridged review is carried out. Evidence of compliance with GMP for both the active pharmaceutical ingredient and finished pharmaceutical product manufacturer,

product samples, copies of the labeling and a full dossier (modules 1-5) were required for all review types by Mozambique, Namibia, South Africa, and Zimbabwe. Tanzania required full data for modules 1-5 for a full review and full data for module 3 as well as summaries of modules 4 and 5 for an abridged review. Zambia required full data for modules 1-5 for a full review and only summaries of modules 3, 4, and 5 for verification and abridged reviews.

A detailed assessment of the data was carried out and the relevant assessment reports prepared. Benefit-risk assessments were performed during verification and abridged review, takinginto-account differences in medical culture/practice, ethnic factors, national disease patterns, and unmet medical needs. All six agencies participated in the WHO collaborative registration procedure through which access to reports for prequalified products is given. As members of the ZaZiBoNa collaborative procedure, all six agencies had access to reports assessed by this initiative. South Africa and Zambia accessed internal assessment reports from their reference agencies. All six agencies made

Frontiers in Medicine I www.frontiersin.org August 2021 | Volume 8 | Article 742200

Fro WHO CFF: stringent regulatory authority (SPA)-approved and ZaZBoNe-recommended products

Ffor WHO-prequalitied and SFA-approved products.

<sup>&</sup>lt;sup>d</sup>For legacy molecules with minimal risk fincludes 2mbabwe and South Africa.

<sup>&</sup>quot;Must be approved by two reference agencies.

Disconsistent continued in carollal

Sithole et al. SADC Roview Models and Approval Timelines

TABLE 6 I Comparison of tempts for key milestones in the full three Streakey process Josephor days.

Target	Mozambique	Namibia	South Africa	Tanzania	Zambia	Zimbabwe
Receipt and validation (A – B)	15	42	18	20	20	90
Qualing (B - C)	180-365	>365	No target	60	180	90
Primary scientific Assessment (C - D)	No target	No target	No target	14	No target	60
Questions to applicant (Clock stop) (D - E)	60	90	42	180	120	60
Review by Expert Committee (G - H)	N/A	No target	No target	1	1-3	1
Approval procedure (Admin)	>180	< 30	14	<30	<30	60
Overall approval time (A – I)	365 (axcl. applicant time)	No target	350 for generics (axc). applicant time)	252 (axci. applicant time)	351 (Incl. applicant time)	480 (Incl. applicant time)

N/A, No expert Committee.

use of publicly available reports such as European Public Assessment Reports (EPARs) during the review process. The primary scientific assessment in all six agencies was conducted by internal staff, although South Africa and Tanzania also made use of external reviewers.

#### Part III - Targets for Key Milestones in the Review Process

The review process and key milestones for the six agencies were reported in Article 1 (10). The targets for the key milestones are discussed in this Article. Targets should be set for each milestone and the overall process in line with good review practices. Figure 3 is a standardized process map for the review and approval of medicines with a simplified representation of the key milestones that are typically recorded and monitored in the review of applications in a mature regulatory system.

#### Receipt and Validation

The target for this milestone was 15 calendar days for Mozambique, 18 calendar days for South Africa, 20 calendar days for Tanzania and Zambia, 42 calendar days for Namibia, and 90 calendar days for Zimbabwe (Table 6).

#### Queue Time

Oueue time is the time between the completion of validation/acceptance for review of an application and the start of the scientific assessment. Namibia had the longest target queue time of over 365 calendar days followed by the Mozambique at 180-365 calendar days, Zambia at 180 calendar days, Zimbabwe at 90 calendar days, and Tanzania had the shortest target time of 60 calendar days. South Africa reported no target for the queue time (Table 6).

#### Primary Scientific Assessment

Tanzania had a target of 14 calendar days for the scientific assessment (including peer review) while Zimbabwe had a target of 60 calendar days for the same. Tanzania was able to achieve the timeline through use of retreats away from the office that allowed reviewers to focus on review of applications for registration without any distractions. In addition, the application was split between a quality reviewer and a bioequivalence reviewer. Mozambique and South Africa did not report targets for the

scientific assessment even though the milestone was recorded. Namibia and Zambia did not have a target for primary scientific assessment and neither did they record the start of this milestone.

#### Questions to Applicants

This time is also referred to as "clock stop" or company time. when the assessment is paused and the applicant given an opportunity to respond to queries. The target for questions to applicants (clock stop) after each review cycle was 42 calendar days for South Africa, 60 calendar days for Mozambique and Zimbabwe, 90 calendar days for Namibia, 120 calendar days for Zambia, and 180 calendar days for Tanzania.

#### Review by Expert Committee

In four of the countries, the expert committee made decisions on the registration or refusal of products. This was done after first and peer review of applications for registration by internal reviewers and circulation of reports to members of the expert committee some days or weeks in advance of the meeting. In one of the countries, the expert committee was used in an advisory capacity. The value of the expert committee was that it was made up of external members with wide and varying expertise who provided an independent review of the products in addition to the review conducted by internal reviewers before making the decision on registration of products. Namibia and South Africa had no target time for their committee (Council) procedure while for Tanzania and Zimbabwe the target was 1 day and for Zambia 1-3 days (Table 6). The expert committees for Namibia, Tanzania, and Zambia met once a quarter, while the committees for South Africa and Zimbabwe met once every month.

#### Authorisation Procedure

The target for this step was 14 calendar days for South Africa. and <30 calendar days for Namibia, Tanzania, and Zambia. The applicant was not informed of a positive opinion before authorization for these agencies. The target for the authorization procedure was 60 calendar days for Zimbabwe and this was because the applicant was first informed of a positive opinion and given an opportunity to respond before authorization. The authorization procedure took more than 180 calendar days for Mozambique and the applicant was not informed of a positive opinion before authorization.

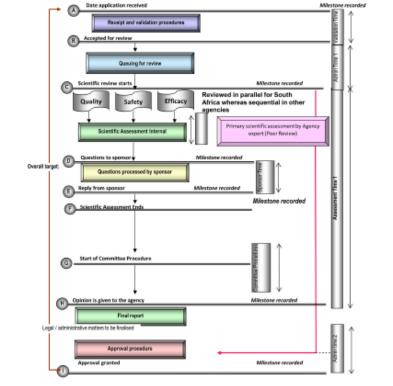


FIGURE 3 | Standardized review process map for regulatory agencies. The map represents the review and authorization of a product that goes to approve after one review cycle. It should be noted that in some countries milestone G (committee procedure) may come before milestone D (questions to the applicant).

#### DISCUSSION

Sitholo ot al.

The aim of this article was to compare the review models, target timelines and metrics of the six countries in the SADC region that are active members of the ZaZiBoNa collaborative medicines registration initiative. In terms of numbers of applications received, the countries with larger populations and those with the lowest fees receive the highest number of applications. This (1, 11), mainly that the number of new active substances launched make a deliberate effort to build capacity. Generally, the number

in LMIC is very low compared with high income countries, demonstrated by some countries having received no applications for registration of NASs in the last 2 years. Policies promoting generic prescribing that are implemented by these countries (12) as well as the lack of affordability by the population may also be contributing to the high number of applications for generics received compared to NASs. The resultant effect is the lack of development of capacity to assess new active substances / new study also confirmed the findings reported by previous studies chemical entities in these countries. Thus, such countries have to

Frontiers in Medicine | www.frontiersin.org

August 2021 | Volume 8 | Article 742200

SADC Review Models and Approval Timelines

Frontiers in Medicine I www.frontiersin.org August 2021 | Volume 8 | Article 742200 Sithole et al.

SADC Review Models and Approval Timelines

countries and this could be due to disruptions to work streams, because of the Covid 19 pandemic.

The six countries studied are practicing reliance by using the verification and abridged review models for assessment of applications for registration. This should result in improved access to life-saving medicines for patients. A great opportunity identified from this study under review models is for countries in the region to begin to rely on each other's decisions for products assessed using the national procedure. The findings of this study will aid countries in better understanding the review processes of the other countries facilitating trust, reliance and in the future, mutual recognition of regulatory decisions. The targets set by the countries for the different review models vary, however this presents another opportunity for countries to standardize and argue for resources available to other countries in the region.

Five of the six countries require the WHO certificate of pharmaceutical product (CPP) at some stage in the review process confirming findings in the literature that this is still a requirement for emerging economies (13). Countries should review the need for the CPP where there is capacity to conduct a full review as this can affect registration and supply of medicines by applicants. Key milestones reported by the six countries are similar and in line with international best practice. The countries that set targets inclusive of the applicant's time should also have targets for agency time only to facilitate measurement and comparison of performance. Protracted timelines are undesirable as they affect applicants' ability to plan or launch new medicines onto the market. In addition to guidelines, the availability of information in the public domain on models of review employed, review processes, timelines for review and approval of medicines, expert committee meeting dates and status of pending products will improve the support for existing applicants and attract new applications. resulting in a growth in the number of products approved on the market.

#### Recommendations

As a result of this study, the following recommendation should be considered by the six agencies taking part in this study and others in the region.

- 1. ZaZiBoNa as a reference agency: All agencies participating in the ZaZiBoNa collaborative medicines registration initiative should consider formally recognizing ZaZiBoNa as a reference agency under the verification and abridged review models.
- 2. Timelines and targets: In order to benchmark the regulatory review process, agencies should consider documenting the key milestones and publishing the relevant timelines. Ideally, targets should be established for all the key milestones in order to support the monitoring and measuring of performance.

#### REFERENCES

Frontiers in Medicine | www.frontiersin.org

1. Rago L, Santoso B. Drug regulation: history, present and future. In: van tel Cl, Santoso B, Edwards IR, editors, International Textbook of Clinical

- of products approved declined in 2020 for the majority of the 3. Publication of data: Agencies should consider publishing the review models that they use for assessment, including the procedure criteria, recognized reference authorities and timelines. Agencies without procedural guidelines and assessment templates should consider developing them.
  - Capacity building: Agencies should consider building capacity to enable full review of new chemical entities that are received and not approved by a reference agency.
  - Performance measurement: Countries that currently set targets inclusive of the applicant's time should also have targets for agency time only to facilitate performance measurement.

Overall, this study identified the strengths of the countries as well as opportunities for improvement and alignment. This will enhance the countries' individual systems, enabling them to efficiently support the ZaZiBoNa initiative.

#### DATA AVAILABILITY STATEMENT

The original contributions presented in the study are included in the article/Supplementary Material, further inquiries can be directed to the corresponding author/s.

#### ETHICS STATEMENT

The study was approved by the Health, Science, Engineering and Technology ECDA. University of Hertfordshire [Reference Protocol number: LMS/PGR/UH/04350].

#### **AUTHOR CONTRIBUTIONS**

TSith, SSa, and SW contributed to the design of the study. implementation of the research, analysis of the results, and drafting of the manuscript, GM, VC, TSit, SSh, JG, LD, PN, AJ, AF, ZM, and BM contributed to the implementation of the research and critical review of the manuscript. All authors contributed to the article and approved the submitted version.

This research was underwritten by the Centre for Innovation in Regulatory Science and was supported by an unrestricted grant from the Bill and Malinda Cates Boundation

#### SUPPLEMENTARY MATERIAL

The Supplementary Material for this article can be found online at: https://www.frontiersin.org/articles/10.3389/fmed. 2021.742200/full#supplementary-material

Pharmacology. Upsala: IOS Press and Uppsala Monitoring Centre (2008).

2. Luigetti R, Bachmann P, Cooke E, Salmonson T. Collaboration, not competition: developing new reliance models. WHO Drug Info. (2016) 30:558.

August 2021 | Volume 8 | Article 742200

Otherin of all SADC Rodow Models and Approved Timplines

- 3. World Health Organization. Technical Report Series (TRS) 1033 55th report of the WHO Expert Committee on Specifications for Pharmaceutical Preparations Annex 10. Available online at: https://www.who.int/publications/ /item/55th-report-of-the-who-expert-committee-on-specifications-forpharmaceutical-preparations (accessed June 15, 2021).
- Liberti L. Globally Applicable Facilitated Regulatory Pathways to Improve Equitable Access to Medicines. (Doctoral thesis), Utrecht University, Utrecht, Netherlands (2017). Available online at: http://dspace.library.uu.nl/handle/ 1874/353474 (accessed August 12, 2021).
- 5. Luthuli N. Robles W. Africa Medicines Revulatory Harmonization Initiative Available online at: https://www.wcgcarcs.org/wp-content/uploads/2018/01/ White-Paper-on-Africa-Harmonization-Initiatives-FINAL-041817-1.pdf (accessed July 1, 2021).
- 6. Dansie 15, Odoch WD, Ardal C. Industrial percaptions of medicine regulatory harmonization in the East African Community. PLoS ONE. (2019)14:e0218617. doi: 10.1371/journal.pone.0218617
- 7. Narsai K, Williams A, Mantel-Tecuwisse AK. Impact of regulatory requirements on medicine registration in African countries-percep experiences of pharmaceutical companies in South Africa. South Med Rev.
- 8. Ahonkhai V, Martins SE, Portet A, Lumpkin M, Hartman D. Speeding access to vaccines and medicines in low- and middle-income countries: a case for change and a framework for optimized product market authorization. PLoS ONE. (2016) 11x0166515. doi: 10.1371/journal.pone.0166515
- 9. McAuslane N, Cone M, Collins I, Walker S. Emerging markets and emerging agencies: a comparative study of how key regulatory agencies in Asia, Latin America, the Middle East, and Africa are developing regulatory pr and review models for new medicinal products. Drug Inf J. (2009) 43:349-59. dei: 10.1177/009286150904300314
- 10. Sithole T. Mahlaneu G. Carote V. Sitoie T. Shifotoka S. Gaeseb I. et al. Evaluation of the good review practices of countries participating in the Southern African Development Community: alignment and strategies for moving forward. Front Med. (in press). (2021).

- 11. Gwara L. Adjusted Indirect Treatment Comparisons of Bioconivalence Studies (Doctoral thesis). Directs University. Directs Netherlands (2016). Available online at: http://dapace.library.uu.nl/handle/1874/337474 (accessed August
- 12. Karslan W.A. Ritz I.S. Vitello M. Wirtz VI. Policies to promote use of generic medicines in low and middle income countries: a review published literature, 2000-2010. Health Pol. (2012) 106:211-24. doi: 10.1016/i.healtheol.2012.04.015
- 13. Rodier C, Bujar M, McAuslane N, Patel P, Liberti L. Use of the Certificate for Pharmaceutical Products (CPP) in 18 maturing pharmaceutical markets: comparing agency guidelines with company practice. Ther Innov Reg Sci. (2020) 2020:1-11. doi: 10.1007/s/43441-020

Conflict of Interest: The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a

Publisher's Note: All claims expressed in this article are solely those of the authors and do not necessarily represent those of their affiliated organizations, or those of the publisher, the editors and the reviewers. Any product that may be evaluated in this article, or claim that may be made by its manufacturer, is not guaranteed or endoned by the publisher.

Copyright @ 2021 Sithole, Mahlangu, Capote, Sitoie, Shifotoka, Gaeseh, Danks, Nkambule, Juma, Fimbo, Munkombwe, Mwale, Salek and Walker. This is an openaccess article distributed under the terms of the Creative Commons Attribu License (CC BY). The use, distribution or reproduction in other forums is permitted, provided the original author(s) and the copyright owner(s) are credited and that the original publication in this iournal is cited, in accordance with accepted academic tractice. No sae, distribution or retroduction is termitted which does not comply with those terms

Frontiers in Medicine | www.frontiersin.org 10 August 2021 | Volumo 8 | Article 742200



ORICINAL DESEABOU published: 25 April 202 dol: 10.3389/fmed:2022.898743



# Regulatory Authority Evaluation of the Effectiveness and Efficiency of the ZaZiBoNa Collaborative Medicines Registration Initiative: The Way Forward

Tariro Sithole<sup>1,2</sup>, Gugu Mahlangu<sup>2</sup>, Stuart Walker<sup>1,3\*</sup> and Sam Salek<sup>1,4</sup>

School of Life and Medical Sciences, University of Hertfordshire, Hetfield, United Kingdom, Medicines Control Authority of Zimbabwa, Harara, Zimbabwa, 3 Contra for Innovation in Regulatory Science, London, United Kingdom, 4 Institute for Mediches Development, Cardiff, United Kingdom

OPEN ACCESS

Edited by-Stoffon Thirdner NDA Advisory Services Ltd.

United Kihadom

Rostoward by-Christino Arrivi Norwasten Institute of Public Health MIRHU Norway Ritks Martha Luko Lohmurin

> \*Correspondence: Shart Walker swalker@claritete.com

Specialty section-This article was submitted to a section of the iournal Frontiers in Medicine

University of Bonn, Germany

Received: 17 March 2022 Accepted: 01 April 2022 Published: 25 April 2022

Citation-Sthole T. Mahlangu G. Walker S and Salak S (2022) Regulatory Authority Evaluation of the Effectiveness and Efficiency of the ZuZiBoNa Collaborativo Medicinas Registration Initiative: The Way Forward, Bront, Mod. 9:898743. dbl: 10.3389/fmad.2022.898743

Introduction: ZaZiBoNa, the work-sharing initiative in the Southern African Development Community (SADC) that has been in operation for 8 years has successfully assessed over 300 dossiers/applications, with an overall median time to recommendation of 12 months. All 16 SADC countries participate in the initiative as either active or non-active members. While the successes of ZaZiBoNa are evident, some challenges still exist. The aim of this study was to solicit the views of the participating authorities on the effectiveness and efficiency of the current operating model of the ZaZiBoNa initiative.

Methods: Data were collected in 2021 using the Process, Effectiveness and Efficiency Rating (PEER) questionnaire developed by the authors. The questionnaire was completed by the focal person in each country and approved by the head

Results: ZaZiBoNa serves as a platform for work sharing, information exchange, capacity building and harmonisation of registration requirements. One of the benefits to regulators has been the improvement in the capacity to conduct assessments. Manufacturers have benefited from compiling one package (modules 2-5) for the initial submission as well as a single response package to the consolidated list of questions, which saves time and resources. Respondents were of the view that patients have benefited as the ZaZiBoNa has contributed to an improved availability and accessibility to quality-assured medicines. Some of the challenges identified were the inadequacy of resources and differences in time to the implementation of ZaZiBoNa recommendations by the individual countries. The establishment of a regional unit hosted in one of the member countries to enable centralised submission and coordination was identified as the best strategy to improve the effectiveness and efficiency of the

April 2022 | Volume 9 | Article 898743 Prontiers in Medicine I www.hontiersin.org

Sithole et al. ZsZIBoNa Regulatory Evaluation

> initiative in the interim, with the long-term goal being the establishment of a regional medicines authority.

> Conclusion: The study identified the strengths of the ZaZiBoNa initiative as well as the opportunities for improvement. The recommendations made would further strengthen

Keywords: ZaZiBoNa, regulatory harmonisation, work sharing, effectiveness, efficiency

#### INTRODUCTION

In October 2013, the inaugural meeting of the ZaZiBoNa Windhoek, Namibia (1). Named using the first two letters of the four founding countries in the Southern African Development Community (SADC), namely Zambia, Zimbabwe, Botswana and Namibia (2), ZaZiBoNa was a vision of the Heads of Agencies of those countries, with the support of the World Health Organization (WHO) prequalification team and Diagnostics (SAPAM) (1). The main objectives of the ZaZiBoNa initiative were "a reduced workload, reduction in timelines to registration, the development of mutual trust platform for training and collaboration in other regulatory fields" (1).

Prior to the launch of the initiative, the national medicines regulatory authorities in SADC operated in isolation, despite facing similar challenges such as large registration backlogs that resulted in long registration times, hindering access to critical medicines by their populations (3). Poor retention of human resources, and inadequate capacity to assess certain types of medicinal products were also common only desirable but absolutely imperative. The four countries signed memoranda of understanding agreeing to participate in the initiative and agreed that this would be a requirement for other SADC countries wishing to join the initiative (1). Today, all 16 SADC countries participate in the ZaZiBoNa initiative, either as active members or non-active members the SADC region. depending on their capacity to conduct dossier assessments and good manufacturing practice (GMP) inspections (1, 4). ZaZiBoNa was absorbed into the SADC medicines registration harmonisation project in 2015 which, together with other the African Medicines Regulatory Harmonisation Initiative

In the current model of the ZaZiBoNa initiative, applicants simultaneously submit applications for registration and pay fees to each of the countries in which they wish to

Abbreviations: AMRH, African Medicines Regulatory Harmonisation Initiative; EAC, East African Community; PEER, Process, Effectiveness and Efficiency Rating; SADC, Southern African Development Community, SAPAM, Southern African Programme on Access to Medicines and Diagnostics, WHO, World Health

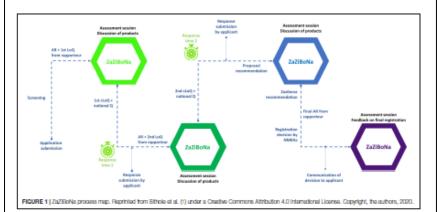
market their medicinal product (1, 6, 7). The assessment of dossiers/applications is carried out using a rapporteur and co-rapporteur before consideration of the report collaborative medicines registration initiative was held in by a group of assessors from all the active member countries. In the absence of a regional legal framework. ZaZiBoNa does not have centralised submissions or approvals/registrations (1). Therefore, once the evaluation is concluded, an assessment report with a recommendation and a consolidated list of questions is produced (1) and communication of the list of questions to the applicants and the Southern African Programme on Access to Medicines as well as the final decision on the registration/marketing authorisation of medicinal products is left to the individual participating countries (1, 6). The process map is illustrated in Figure 1 (1). The Heads of Agencies serve as a governing and confidence in regulatory collaboration and to provide a body and countries participate in the initiative through multilateral agreements.

A key success of ZaZiBoNa has been its ability to continue operating with limited resources, with participating countries also contributing financially to the initiative since its inception (1). Another important initiative accomplishment is the achievement of shorter timelines for the 333 dossiers/applications that have been assessed to date (December 2021) compared with the timelines achieved by some of the participating countries using their national procedures (6, 8). For example, challenges faced by the countries, making a collaborative ZaZiBoNa has an overall median time to recommendation of approach involving sharing of resources and expertise not 12 months (9), whereas some of the participating countries had approval times of over 650 days in 2020 (10). The gap in regulatory capacity among participating countries has also been reduced through the training of assessors and inspectors, bringing further harmonisation in the way assessments and GMP inspections are conducted in

Despite these successes, some challenges have been identified through feedback from applicants such as differences in time to implement ZaZiBoNa recommendations by the participating countries (1, 4). This is not surprising, as the participating regional economic communities in Africa, is overseen by countries have some differences in their registration processes; for example, frequency of expert Committee meetings (4, 11), which may affect the implementation of the ZaZiBoNa recommendations.

> Sithole and colleagues therefore recommended a review of the ZaZiBoNa operating model to identify opportunities for improved efficiency (4). The aim of this study was to solicit the views of the authorities on the effectiveness and efficiency of the current operating model of the ZaZiBoNa initiative. To our knowledge, no similar study has been conducted or published in the literature.

Prontiers in Medicine I www.hontiersin.org April 2022 | Vhit mo 9 | Articlo 898743 Sithole et al. ZaZIBoNa Regulatory Evaluation



#### STUDY OBJECTIVES

#### The Study Objectives Were to

- 1. Obtain the views of the individual medicines' regulatory authorities of the ZaZiBoNa work-sharing initiative
- 2. Identify the challenges experienced by individual authorities since the inception of the ZaZiBoNa initiative
- 3. Determine the strengths and weaknesses of the initiative
- 4. Identify the ways of improving the performance of the initiative
- 5. Envisage the strategy for moving forward

#### MATERIALS AND METHODS

## Study Participants

All nine active members of the ZaZiBoNa initiative participated in the study translating to a response rate of 100%. These are, Botswana, Democratic Republic of Congo, Malawi, Mozambique, Namibia, South Africa, Tanzania, Zambia and Zimbabwe. Active member status is determined by "the capacity to conduct assessments and GMP inspections" (4).

#### Data Collection

Data were collected in August 2021 using the Process. Effectiveness and Efficiency Rating questionnaire (PEER) developed by the authors. The questionnaire was completed by the focal person in each country and approved by the head of the authority. The questionnaire comprised five sections under the headings Demographics: Benefits of the ZaZiBoNa a range of regulatory experience from 4 to 16 years. Five initiative; Challenges of the ZaZiBoNa initiative; Improving the performance (effectiveness and efficiency) of the work-sharing programme; and Envisaging the strategy for moving forward.

To examine the applicability and practicality of the PEER questionnaire, it was piloted with two member authorities in July 2021 prior to undertaking the main study. Subsequently, to establish the content validity and relevance of the PEER questionnaire, an additional questionnaire was completed and semi-structured interviews were carried out in September 2021 with each of the member authorities following completion of the questionnaire.

## Ethics Committee Approval

The study was approved by the Health, Science, Engineering and Technology ECDA, University of Hertfordshire, United Kingdom [Reference Protocol number: LMS/PGR/UH/043501

#### RESULTS

For the purpose of clarity, the results are presented in five parts, matching the sections of the questionnaire: Part I-Demographics and authority resources; Part II-Benefits of the ZaZiBoNa initiative; Part III-Challenges of the ZaZiBoNa initiative; Part IV-Improving the performance of the worksharing programme; and Part V-Envisaging the strategy for moving forward.

## Part I-Demographics and Authority Resources

The study respondents' age ranged from 31 to 49 years, with of the respondents were female and 4 were male. Authority resources, including the number of authority assessors assigned to ZaZiBoNa reviews are listed in Table 1.

April 2022 I Malumo D I Articlo 909749 Prontiers in Medicine I www.frontiersin.org

ZsZIBoNa Regulatory Evaluation Sitherin of all

TABLE 1 | Authority resources.

	Botswana	D.R congo	Malawi	Mozambique	Namibia	South Africa	Tanzania	Zambia	Zimbabwe
Number of staff	93	300	53	87	17	237*	290 <sup>g</sup>	120	135
Number of assessors*	9	75	В	9	8	33	59	18	20
Number of assessors involved in ZaZiBoNa	9	4	4	5	6	12	20	14	20

"Intomal- <sup>6</sup>Pormanont.

#### Part II—Benefits of the ZaZiBoNa Initiative

#### Benefits of the ZaZiBoNA Initiative

Information sharing among regulators (9/9), building of capacity for assessments (9/9) and harmonisation of registration requirements across the region (8/9) were identified as the top 3 benefits of the ZaZiBoNa initiative by the countries. However, less than a third of the countries believed that assessment through ZaZiBoNa resulted in shorter timelines for approval of medicines (2/9) or that the operating model was clear (2/9) (Figure 2).

#### Strengths of the ZaZiBoNa Process at Country Level

The availability of information on the submission process and timelines for ZaZiBoNa dossiers/applications on the country website was selected as the top strength at a country level by most of the countries (6/9). The availability of a separate register and tracking, priority review and regular committee meetings, which enabled the timely recommendation of dossiers/applications were also identified as strengths by the majority of countries (5/9). However, less than one third of the countries (2/9) published a list of medicinal products approved under ZaZiBoNa on their website, which could be regarded as a weakness of the

#### Benefits of the ZaZiBoNa Initiative to Member Countries (Regulators)

The majority of the countries agreed that the ZaZiBoNa initiative provided them with benefits that include training, which has improved the performance of the assessors (9/9), a platform for interaction and information exchange with other regulators (9/9), an improvement in the quality of dossiers submitted (8/9) and the ability to apply high standards of assessment regardless of the size of the country or maturity of regulatory authority (7/9). However, less than one third of the countries (2/9) believed that the sharing of the workload through ZaZiBoNa resulted in shorter timelines for approval than in the individual countries, confirming the observation that this is a weakness of the initiative

## Benefits of the ZaZiBoNa Initiative to Applicants

Benefits to applicants selected by countries included reduction of the burden of compiling several dossiers for different countries, as only one dossier (modules 2-5) is required for submission to multiple countries through ZaZiBoNa (8/9) and savings in time and resources as the same list of questions is received from multiple countries enabling compilation of a single response package (9/9) with simultaneous access to various markets (9/9). the process, milestones, timelines and pending and approved

However, only one third of the respondents (3/9) believed that applicants were receiving the promised benefit of shorter timelines for approval compared with timelines achieved for the individual countries (Figure 3).

#### Renefits of the ZaZiBoNa Initiative to Patients

Increased availability and access to quality-assured medicines (7/9) were identified as the benefits of the ZaZiBoNa initiative for patients by the majority of the countries, although that access was not regarded as always being faster than through individual countries (6/9). However, less than one third of the countries (2/9) were of the view that the initiative resulted in reduced prices of medicines.

### Part III - Challenges of the ZaZiBoNa Initiative

#### Challenges of the ZaZiBoNa Initiative

The top two challenges of the ZaZiBoNa initiative that were selected were the lack of centralised submission and tracking (8/9) and dependence on the member country processes for communication with applicants and expert committees (7/9). An unequal workload among member countries (5/9), lack of jurisdictional power (5/9), a low or decreasing number of applications (4/9) and lack of detailed information on the process for applicants (3/9) were also identified as challenges w the countries.

#### Challenges at a Country Level in Assessing ZaZiBoNa Dossiers/Applications

Inadequate human resources (8/9) and the failure by applicants to adhere to deadlines for response to questions (7/9) were cited as the greatest challenges at a country level. Additionally, the majority of the countries (5/9) were of the view that failure by manufacturers to follow the requirement to submit the exact same dossier to all countries of interest was an issue. The other challenges identified were poor record keeping and tracking (3/9), unpredictable scheduling of expert committee meetings (2/9), lack of buy-in from expert committees (1/9) and a failure by authorities to designate ZaZiBoNa assessments as part of the authority's workload (1/9).

#### Challenges for Applicants Submitting Applications to the ZaZiBoNa Initiative

The majority of the countries agreed that differing labelling requirements in participating countries (8/9) and lack of information on individual country and ZaZiBoNa websites about

Frontiars in Medicine I www.frontiarsin.org April 2022 | Volume 9 | Article 898743

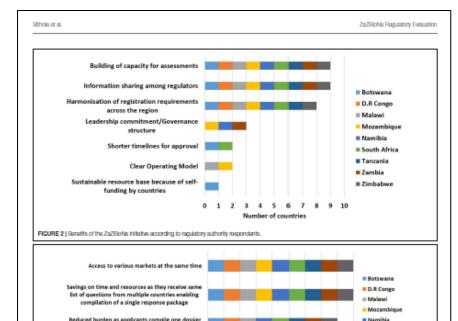


FIGURE 31 Benefits of the ZaZiBoNs initiative to applicants according to sociatory authority asspondents. of clarity about the process for submission and followup in each country (4/9) and differences in time to the countries (3/9) (Figure 4).

(modules 2 -5) for submission to multiple countries

Shorter timelines for approval compared to that for

the individual countries

## Part IV-Improving Performance (Effectiveness and Efficiency)

Ways to Improve the Effectiveness of the ZaZiBoNa

Some of the ways identified by the countries to improve

medicinal products (7/9) were the greatest challenges faced transparency; for example, publishing public assessment reports by applicants with the initiative. Additionally, most of the (7/9), listing approved medicinal products (6/9), minimising countries were of the view that the ZaZiBoNa process is the need for country-specific documents (5/9), engagement and more stringent than some country processes (6/9), presenting interaction with stakeholders (5/9), use of risk-based approaches a challenge for applicants. Other issues identified were lack e.g., reliance pathways (5/9), consistency in application of guidelines and decisions (5/9), making information that might help applicants in managing their submissions publicly available implementation of ZaZiBoNa recommendations by member (5/9) and publishing lists of pending dossiers/applications (3/9) (Figure 5).

1 2 3 4 5 6 7 8 9

Number of countries

South Africa

Tanzania

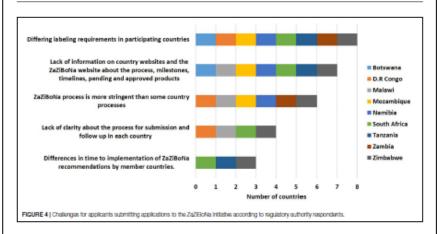
■ Zambia

≡ Zimbabasa

# Ways to Improve the Efficiency of the ZaZiBoNa

Improved central tracking of ZaZiBoNa dossiers/applications (8/9), a centralised system for submission of applications and communication with applicants (7/9), use of robust information effectiveness of the initiative included decision-making technology systems (6/9), compliance with target timelines

Frontiers in Medicine | www.frontiersin.org April 2022 | Volume 9 | Article 898743 Sithole et al. ZsZIBoNa Regulatory Evaluation



by measuring and monitoring each milestone in the review whose reports can be accessed through ZaZiBoNa. One of the key available to applicants (6/9), improved resources; for example, initiative (Figure 6).

#### Part V-Strategies for Moving Forward

The establishment of a regional unit hosted in one of the member states, to centrally receive and track ZaZiBoNa applications and be responsible for allocating work, apportioning the applicable fees to countries, tracking applications and communicating with applicants was selected by the majority of countries (8/9) as the best strategy moving forward in the interim. The majority of countries (7/9) were also of the view that to continue with the current operating model was the least effective strategy. All countries expressed the position that the establishment of a SADC regional medicines authority would be the best strategy, if it were legally possible, to address the challenges and areas requiring improvement in the initiative.

#### DISCUSSION

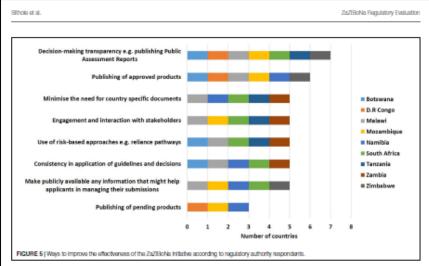
The results of this study show that the ZaZiBoNa initiative has achieved the majority of its objectives, which included facilitating greater information sharing and harmonisation of registration requirements. The capacity of countries to conduct assessments and inspections has markedly improved as a result Use (CHMP) of the European Medicines Agency (11). of their participation in this initiative (4, 10). Reliance is being implemented within the initiative, as countries can quickly model similar to other global work-sharing initiatives (12-14);

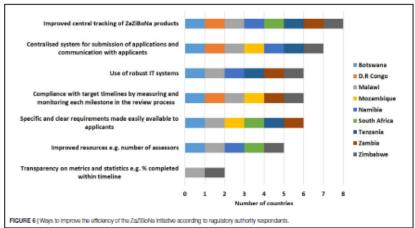
process (6/9), specific and clear requirements made easily objectives of the ZaZiBoNa initiative was to reduce timelines for the approval of medicines, with a target median time of 9 months number of assessors (5/9) and transparency on metrics and inclusive of the applicant's time and the study results underscored statistics; for example, percentage completed within timeline the expected benefit to applicants of reduced timelines. However, (2/9) were selected as ways to improve the efficiency of the the majority of countries did not believe that shorter timelines were being achieved and this may be problematic in the future, as it can negatively affect applicants' interest and motivation to use this process. The additional challenges faced by applicants and acknowledged by the countries need to be addressed in order to make the initiative more attractive.

Clear communication of timelines for each milestone with applicants as well as the requirements for dossiers/applications to be reviewed will increase the applicants' confidence in the process. At present, not all the participating countries have full information on ZaZiBoNa on their websites, including contact details of the focal person for follow-up. This is information that would be useful for applicants who may be planning submissions to ZaZiBoNa and is in place with other successful global worksharing initiatives (8, 12). Some of the shortcomings at a country level can be attributed to inadequate resources, which may also impact the quality of the assessments. A weakness of this initiative that was identified from the study was the use of inexperienced assessors and the unavailability of experienced assessors in some of the countries to carry out the ZaZiBoNa work. The initiative should have standard operating procedures in place to ensure that only competent assessors and inspectors are seconded by the respective countries to participate in the initiative, an approach modelled on the Committee for Medicinal Products for Human

It has been established that ZaZiBoNa uses an operating approve dossiers/applications that they have not reviewed but however, challenges have been identified. This could be due to

Frontiers in Medicine | www.frontiersin.org April 2022 | Volume 9 | Article 898743





the significantly lower resources; for example, the number of for the national procedure, which negatively impacts the workassessors, available to ZaZiBoNa countries when compared with sharing initiative. The use of a regional unit to coordinate countries in the other initiatives. Most of the active member assessments would also assist in addressing the identified countries in ZaZiBoNa are faced with the challenge of limited challenges, particularly in a resource-constrained setting. In the

resources and a high number of applications (4, 10, 15-17) long term, the establishment of a SADC regional medicines

Prontiers in Medicine I www.frontiersin.org April 2022 | Volume 9 | Article 898743 Sithola et al. ZsZIBoNa Regulatory Evaluation

the lack of jurisdictional power identified in this study.

Key recommendations to improve the effectiveness and efficiency of the ZaZiBoNa work-sharing initiative include:

- · Measuring and monitoring regulatory timelines: The ZaZiBoNa initiative has measured and published the review timelines for the 333 dossiers/applications reviewed to date. This needs to be improved to include the The raw data supporting the conclusions of this article will be monitoring, measuring and publication of the time to made available by the authors, on request. finalisation of ZaZiBoNa dossiers/applications in the individual participating countries.
- Capacity building and training of assessors: The AUTHOR CONTRIBUTIONS ZaZiBoNa initiative has successfully facilitated and enabled should be separated from assessment activities, which of the initiative.
- · Information for applicants: Requirements, guidelines, timelines and the process for submission of dossiers/applications to ZaZiBoNa should be made available on all participating country websites, including the contact details of the focal person.
- Transparency of process and decision making: Since 2017. the ZaZiBoNa initiative has prepared scientific summaries for approved medicinal products. These should be made available on the ZaZiBoNa and country websites.
- · Establishment of a regional medicines authority: In the short-term, a regional unit hosted in one of the member countries to centrally receive ZaZiBoNa applications and coordinate communication with applicants should be piloted with the goal to establish a SADC regional medicines authority in the near future.

## Study Limitations

The scope of this study was limited to the ZaZiBoNa initiative's process and operating model. In future, it would be helpful to obtain quantitative data to support these views which would include actual metrics of the time taken to register the medicinal products in the individual countries after a ZaZiBoNa recommendation. The status of commercialisation and pricing of the medicinal products in the individual countries of a future study.

#### CONCLUSION

This study identified the strengths of the ZaZiBoNa SUPPLEMENTARY MATERIAL initiative as well as the opportunities for improvement. The recommendations should further strengthen this initiative, The Supplementary Material for this article can be found enabling it to fulfil one of its mandates, to ensure timely patient online at: https://www.frontiersin.org/articles/10.3389/fmed. access to quality medicines in the SADC region. Although this 2022.898743/full#supplementary-material

authority would be preferable and would address the challenge of was not the focus of this study, the SADC member states are encouraged to sign and ratify the African Medicines Agency (AMA) treaty, as that is considered the future of medicines regulation in Africa

#### DATA AVAILABILITY STATEMENT

the training of assessors in the 16 SADC countries. Going TS designed the study, collected, and analysed the data and wrote forward, the training and capacity-building activities the first draft of the manuscript, GM interpreted the results and reviewed subsequent drafts of the manuscript. SW designed the will enable countries to second only competent assessors study, interpreted the results, and reviewed subsequent drafts of and inspectors, improving the effectiveness and efficiency the manuscript. SS designed the study, interpreted the results, and reviewed subsequent drafts of the manuscript. All authors contributed to the article and approved the submitted version.

#### FUNDING

We wish to acknowledge the Jenny Greenhorn Memorial Scholarship for supporting the Ph.D. project. This research was also supported by an unrestricted grant from the Bill and Melinda Gates Foundation.

#### ACKNOWLEDGMENTS

We wish to thank the ZaZiBoNa focal persons and Heads of Agencies of the Botswana Medicines Regulatory Authority (Stephen Ghanie and Ntsetselele Kago), Direction de la Pharmacie and du Médicament, Health Ministry of the Democratic Republic of Congo (Donatien Kabamb Kabey and Laurent Tshimpaka), Pharmacy Medicines and Poisons Board of Malawi (Charles Chimenya and Edwin Chipala), National Medicines Regulatory Authority of Mozambique (Tania Sitoie and Nazalia Macuvele), Namibia Medicines Regulatory Council in the Ministry of Health (Johannes Gaeseb and Johanna Wilbard) South African Health Products Regulatory Agency (Boitumelo Semete and Mphako Brighton Ratlabyana), Tanzania as well as the factors influencing this could be the subject Medicines and Medical Devices Authority (Adam Fimbo and Alex Juma), Zambia Medicines Regulatory Authority (Makomani Siyanga and Rona Niovu) and the Medicines Control Authority of Zimbabwe (Richard Rukwata and Grace Matimba).

Prontiers in Medicine I www.hontiersin.org

April 2022 | Volumo 9 | Articlo 898743

Sitholo of al. ZaZIBoNa Regulatory Evaluation

#### REFERENCES

- 1. Sithole T, Mahlangu G, Salek S, Walker S. Evaluating the success of medicines registration initiative. Ther Innev Regul Sci. (2020) 54:1319-29.
  doi: 10.1007/s/3441-020-00154-y

  2. World Health Organization. Improving the Quality of Medical Products for Universal Access. General: World Health Organization (2021).

  3. Goding 1. Medicines accessed and a constant of the Control of the Contr
- 3. Gosling J. Medicines control council and registration backlog of antiretrovirals. S Afr Med J. (2007) 97:232.
- 4. Sithole T, Mahlangu G, Capote V, Sitole T, Shifotoka S, Gaeseb J, et al. Evaluation of the good review practices of countries participating in the Southern African development community: alignment and strategies for moving forward. Front Med. (2021) 8:742181. doi:10.3389/fmed.2021.742181
- 5. Ndomondo-Sigonda M, Miot J, Naidoo S, Ambali A, Dodoo A, Mkandawire H. The African medicines regulatory harmonization initiative: progress to date. Med Res Arch. (2018) 6. doi: 10.18103/mra.v6i2.1668
- 6. Masekela F. ZAZIBONA Collaboration. Alcobendas: TWINZ meeting of pharmaceutical industry (2020).
- 7. Medicines Control Authority of Zimbabwe. Alternative Submission Pathways. Harare: Medicines Control Authority of Zimbabwe (2022).
- Administration. Australia-Canada-Singapore-Switzerland-United Kingdom (Access) Consortium. (2021). Available online at https://www.tga.gov.au/ australia-canada-singapore-switzerland-united-kingdom-access-consortium (accessed October 28, 2021).
- 9. Masckela F. Addressing CMC/Quality Issues for Facilitated Procedures, The ZAZIBONA Experience, Geneva: WHO (2021).
- 10. Sithole T, Mahlangu G, Capote V, Sitoie T, Shifotoka S, Gaeseb J, et al. Evaluation of the review models and approval firedines of countries participating in the Southern African development community: alignment and strategies for moving forward. Front Med. (2021) 8:742200. doi: 10.3389/fmed. 2021.742200
- 11. European Medicines Agency. Committee for Medicinal Products for Human Use (CHMP). Amsterdam: European Medicines Agency (2021).

  12. Swissmedie. Access Consortium. (2021). Available online at: https://
- //www.swissmedic.ch/swissmedic/en/home/sbout-us/international-

- collaboration/multilateral-co-operation-with-international-organisations---ini/multilateral-co-operation-with-international-organisations---ini.html (accessed October 28, 2021).
- European union. J Pharm Sci Res. (2015) 7:219.
- 15. Sithole T, Mahlangu G, Salek S, Walker S. Evaluation of the regulatory review process in Zimbabwe: challenges and opportunities. Ther Innov Regul Sci. (2021) 55:474-89. doi: 10.1007/s43441-020-00242-x
- 16. Keyter A, Gouws J, Salek S, Walker S. The regulatory review process in South Africa: challenges and opportunities for a new improved system. Ther Innov Rogal Sci. (2018) 52:449-58. doi: 10.1177/216847901877
- 17. Keyter A, Salek S, Gouws J, Banoo S, Walker S. Evaluation of the performance of the South Africa regulatory agency: recommendations for improved patients' access to medicines. Ther Innov Regul Sci. (2020) 54:878–87. doi: 10.1007/s/3441-019-00013-5

8. Australian Government Department of Health, Therapeutic Goods Conflict of Interest: The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a

> Publisher's Note: All claims expressed in this article are solely those of the authors and do not necessarily represent those of their affiliated organizations, or those of the publisher, the editors and the reviewers. Any product that may be evaluated in this article, or claim that may be made by its manufacturer, is not guaranteed or endoned by the publisher.

> Copyright @ 2022 Sithole, Mahlangu, Walker and Salek. This is an open-access article distributed under the terms of the Creative Commons Attribution License (CC BY). The use, distribution or reproduction in other forums is permitted, provided the original author(s) and the copyright owner(s) are credited and that the original trublication in this journal is cited, in accordance with accepted academic tractice. No use, distribution or reproduction is permitted which does not comply with these terms.

Prontiers in Medicine I www.frontiersin.org

ODICINAL DESEABOU published: 25 April 2022 dol: 10.3389/fmed 2022 898725



# Pharmaceutical Industry Evaluation of the Effectiveness and Efficiency of the ZaZiBoNa Collaborative Medicines Registration Initiative: The Way Forward

Tariro Sithole<sup>1,2</sup>, Gugu Mahlangu<sup>2</sup>, Stuart Walker<sup>1,3\*</sup> and Sam Salek<sup>1,4</sup>

School of Life and Madical Sciences, University of Hartfordshire, Hatflold, United Kihartom, Madicines Control Authority of Zimbabwe, Hargre, Zimbabwe, 1 Centre for Innovation in Regulatory Science (CIRS), London, United Kingdom, 1 Institute for Mediches Development, Cardiff, United Kihodom

Introduction: The common technical document (CTD) format harmonised the requirements for the registration of medicines, which had traditionally differed from country to country, making it possible for countries to collaborate and conduct joint reviews of applications. One such collaborative medicines registration initiative is the Southern African Development Community ZaZiBoNa, established in 2013. A recent study was carried out with the nine active member regulatory authorities of the ZaZiBoNa to determine their views on its operational effectiveness and efficiency. Having obtained the authorities' views, the aim of this study was to evaluate the effectiveness and efficiency of the current operating model of the ZaZiBoNa initiative including the challenges it faces as well as identifying opportunities for improvement from the applicants' perspective.

Methods: Applicants who had submitted registration/marketing authorisation applications for assessment under the ZaZiBoNa initiative during 2017-2021 were recruited into the study. Data was collected in 2021 using the Process, Effectiveness and Efficiency rating questionnaire (PEER-IND) developed by the authors. The questionnaire was completed by a representative responsible for ZaZiBoNa submissions in each company.

Results: The pharmaceutical industry was of the view that the ZaZiBoNa initiative has achieved shorter timelines for approval of medicines, resulting in increased availability of quality-assured medicines for patients in the SADC region. Harmonisation of registration requirements and joint reviews have reduced the workload for both the pharmaceutical industry and the regulatory authorities. Some of the challenges identified were the lack of a centralised submission and tracking system, and the lack of information for applicants on the process for submission of ZaZiBoNa dossiers/applications in the individual countries, including contact details of the focal person. The establishment of a regional unit hosted in one of the member countries to centrally receive and track ZaZiBoNa dossiers/applications was identified as the best strategy for moving forward in the interim with the long-term goal being the establishment of a regional medicines authority.

OPEN ACCESS Edited by:

Stoffon Thirdner NDA Advisory Services Ltd., United Kinedom

#### Raylowad by-Christino Arrivi

Norwadan Institute of Public Health MEHI. Norway Bika Martha Luise Lehmann, University of Bonn, Germany

> Sharf Walker ravalkar@clartoria.com

#### Specialty section:

This article was submitted to Flortulatory Scionco a spottion of the inversal Frontiers in Medicine

Received: 17 March 2022 Accepted: 01 April 2022 Dublished: 25 And 2022

#### Citation.

Stholo T, Mahlangu G, Walker S and Salak S (2022) Pharmacoutical Industry Evaluation of the Effectiveness and Efficiency of the ZaZiBoNa Collaborativo Modicinas Rooktration Initiative: The Way Forward Bront Mod 9-898725 dol- 10.9389/fmod 2022 898725

Frontiers in Medicine | www.hontiersin.org

Conclusion: There was consensus between the pharmaceutical industry and the regulatory authorities as to the way forward to improve the effectiveness and efficiency of the ZaZiBoNa initiative. Implementation of the recommendations identified in this study will lead to enhanced regulatory performance.

Keywords: ZaZiBoNa, regulatory harmonisation, work sharing, effectiveness, efficiency, common technical

#### INTRODUCTION

Sithole et al.

Medicines and other medical products undergo a rigorous review to ensure compliance with quality, safety, efficacy and local requirements before they are registered in most countries (1, 2). Other factors such as compliance of the manufacturing site(s) with current good manufacturing practices (cGMP) and compliance of product samples with specifications are considered before a medical product is registered by national medicines regulatory authority (1). Traditionally, requirements for registration differed from country to country, which meant that applicants had to compile a new data set each time they wanted to submit their dossiers/applications for registration (2). This presented many challenges in an industry often characterised by multinational operations. The International Conference on Harmonisation of Technical Requirements for Registration of Pharmaceuticals for Human Use (ICH) common technical document (CTD) format, which was finalised in the early 2,000s, addressed this challenge by harmonising the technical requirements for new drug applications (2). The CTD format is made up of 5 modules. Module 1 is region specific: for example, application forms and labels; and it has been acknowledged from the onset that module 1 requirements will be different from country to country. Modules 2-5 are the same across all regions. Module 2 is for overviews and summaries of modules 3-5, module 3 for quality, module 4 for non-clinical study reports and module 5 for clinical study reports (Figure 1) (2-4). Development of the CTD format is a powerful example of the benefits that can come out of collaboration between regulators and the pharmaceutical industry.

#### Regulatory Harmonisation in Africa

The CTD format is now used by other countries that are not ICH members (5). The World Health Organization (WHO) pregualification "Guidelines for submission of documentation for a multisource (generic) finished product and preparation of product dossiers in common technical document format" (6) have been adapted or adopted for use by many low- and middle-income countries in the last decade. The CTD format has facilitated harmonisation of medicines registration requirements. work sharing and joint reviews on the African continent (7, 8)

Abbreviations: AMRH, African Medicines Regulatory Harmonisation Initiative; CTD, common technical document; EAC, East African Community; ECOWAS, Economic Community of West African States; PEER-IND, Process, Effectiveness and Efficiency Rating questionnaire for industry, SADC, South African Development Community, SQAM, STANDARDISATION, Quality Assurance, Accreditation and Metrology, SRA, stringent regulatory authority, WHO, World Health Organization.

as is the case in other emerging markets (5, 9). Established in 2009, the African Medicines Regulatory Harmonisation Initiative (AMRH) is the driving force behind harmonisation of medicines regulation in Africa (10). The AMRH works through the five regional economic blocks recognised by the African Union, for example, Southern African Development Community (SADC). East African Community (EAC) and the Economic Community of West African States (ECOWAS) (11).

ZaZiBoNa Industry Evaluation

### ZaZiBoNa Collaborative Medicine Registration Initiative

ZaZiBoNa is a collaborative medicines registration initiative in the SADC region established in 2013 and formally endorsed by the SADC Health Ministers in 2014 (7). All 16 SADC countries, Angola, Botswana, Comoros Islands, Democratic Republic of Congo, Eswatini, Lesotho, Madagascar, Malawi, Mauritius, Mozambique, Namibia, Seychelles, South Africa, United Republic of Tanzania, Zambia, and Zimbabwe (12), participate in the initiative as either active or non-active members (7). As at December 2021, 333 dossiers/applications had been assessed under the ZaZiBoNa initiative with a median time to recommendation of 12 months (13), which is much shorter than the timelines reported by some of the participating countries for their national procedures (14). Although some feedback on the performance of the initiative has been sought from manufactures through stakeholder meetings in the past, there has not been a comprehensive and structured evaluation of the work-sharing programme for its future direction. Therefore, a study was carried out with the nine active members (regulatory authorities) of the ZaZiBoNa work-sharing initiative to determine their views on its operational effectiveness and efficiency (7). The aim of this study was to evaluate the effectiveness and efficiency of the current operating model of the ZaZiBoNa initiative including the challenges it faces as well as identifying opportunities for improvement from the perspective of applicants

#### STUDY OBJECTIVES

## The Study Objectives Were to

- 1. Obtain the views of the applicants of the ZaZiBoNa initiative about the performance of the programme to date
- 2. Identify the challenges experienced by individual applicants since the inception of the ZaZiBoNa initiative
- Determine the strengths and weaknesses of the initiative
- 4. Identify the ways for improving the performance of the work-sharing programme

Prontiers in Medicine I www.frontiersin.org

April 2022 | Volume 9 | Article 898725

April 2022 | Volume 9 | Article 898725

Sthole et al. ZaZBoNa Industry Evaluation



FIGURE 1 | The Common technical document triangle (4

5. Envisage the strategy for moving forward

#### MATERIALS AND METHODS

#### Study Participants

Twenty-three applicants who had submitted registration/marketing authorisation applications for both generic and innovator products to the ZaZiBoNa initiative during the period 2017-2021 were identified and invited to participate in the study. Nineteen out of the 23 applicants responded with completed questionnaires, translating to a response rate of 83%. Applicants who submitted applications for registration of generic medicines manufactured outside of the SADC region will be referred to as Generics (Foreign) in this report. Applicants who submitted applications for registration of generic medicines manufactured within the SADC region will be referred to as Generics (Local). Applicants who submitted applications for registration of innovator medicines will be referred to as Innovator. There were no locally manufactured innovator medicines submitted to ZaZiBoNa in the period under review (2017-2021).

#### **Data Collection**

Data were collected in September 2021 using the Process, Effectiveness and Efficiency rating questionnaire for industry (PEER-IND) developed by the authors. The questionnaire was completed by a representative responsible for ZaZiBoNa submissions in each company. The questionnaire comprised five sections under the headings; Demographics, Benefits of the ZaZiBoNa initiative, Challenges of the ZaZiBoNa initiative, Improving the performance (effectiveness and efficiency) of the work-sharing programme and Envisaging the strategy for moving forward.

To examine the applicability and practicality of the PEER-IND questionnaire, it was piloted with five applicants in August 2021 prior to undertaking the main study. Subsequently, an additional

questionnaire was completed by all participants to establish the content validity and relevance of the PEER-IND questionnaire,

#### Ethics Committee Approval

The study was approved by the Health, Science, Engineering and Technology ECDA, University of Hertfordshire, United Kingdom [Reference Protocol number: LMS/PCR/UH/04350].

#### RESULTS

For the purpose of clarity, the results are presented in five parts, matching the questionnaire sections: Part I—Demographics; Part II—Benefits of the ZaZiBoNa initiative; Part III—Challenges of the ZaZiBoNa initiative, Part IV—Improving the performance of the work-sharing programme; and Part V—Envisaging the strategy for moving forward.

### Part I—Demographics

The study respondents' age ranged from 33 to 59 years, with a range of regulatory experience from 5 to 30 years. Eleven of the respondents were female and 8 were male. Study participants were classified according to product portfolio and location of manufacturing site. Fifteen (79%) were foreign generic pharmaceutical companies, one (5%) was a local manufacturer of generics and three (16%) were innovator pharmaceutical companies. Of the 333 dossiers/applications assessed as at 31 December 2021, 94% were generics submitted by foreign companies, 5% were new active substances submitted by innovator companies and 1% were generics submitted by the local company.

## Part II—Benefits of the ZaZiBoNa Initiative

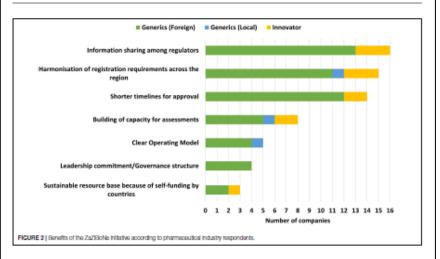
#### Benefits of the ZaZiBoNA Initiative

Information sharing among regulators (16/19), harmonisation of registration requirements across the region (15/19) and shorter timelines for approval (14/19) were identified as the top three benefits of the ZaZiBoNa initiative by the majority of the applicants. However, of note is that less than one third of the applicants believed that the operating model was clear (5/19) or that self-funding by countries created a sustainable resource base for the initiative (3/19) (Figure 2).

#### Benefits of the ZaZiBoNa Initiative to Applicants

The majority of applicants (16/19) viewed the savings of time and resources as a benefit of the initiative, as they received the same list of questions from multiple countries, enabling compilation of a single response package (Figure 3). In addition to this, a large number of applicants (14/19) believed that the burden of compiling several dossiers for different countries was reduced as under ZaZiBoNa they only compiled one dossier (modules 2–5) for submission to multiple countries. Access to various markets at the same time (13/19) and shorter timelines for approval compared with that of the individual countries (11/19) were also identified as benefits to applicants, although some applicants were

Sthole et al. Zs2TBoNs Industry Evaluation



of the view that ZaZiBoNa timelines of approximately 12 months were comparable to the national timelines for some countries who had improved their timelines in the last 2–3 years.

#### Benefits of the ZaZiBoNa Initiative to Patients

Increased availability of medicines (15/19) and quicker access to quality-assured medicines (14/19) were identified as the benefits of the ZaZiBoNa initiative to patients by the majority of applicants. This was attributed by some applicants to improved commercial viability in otherwise under-resourced territories, resulting from the acceptance/supply of a harmonised medicinal product across the region. However, only 2 out of the 19 applicants believed that the initiative resulted in reduced prices for medicines.

#### Part III – Challenges of the ZaZiBoNa Initiative

### Overall Challenges of the ZaZiBoNa Initiative

The major challenges of the ZaZiBoNa initiative were identified as the lack of centralised submission and tracking (18/19), differences in regulatory performance of the countries (13/19), lack of ability to mandate central registration (12/19) and dependence on the countries' processes for communication with applicants (12/19). Additional challenges highlighted were the failure by some countries to adhere to the 90 working days set for registration after the ZaZiBoNa recommendation, difficulty following up on dossiers/applications in some countries as there was no clear ZaZiBoNa contact person and the lack of an overall central person in ZaZiBoNa to submit complaints when individual countries were uncooperative.

#### Challenges for Applicants Submitting Applications to the ZaZiBoNa Initiative

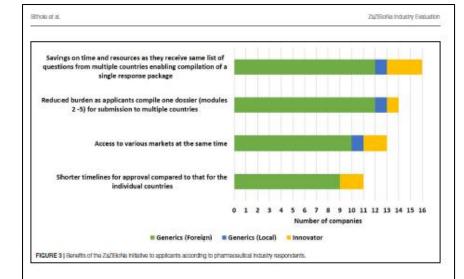
The top two challenges faced by applicants in the view of the respondents were lack of information on the country and ZaZiBoNa websites about the process, milestones, timelines and pending and approved medicinal products (15/19) and the differences in time to implementation of ZaZiBoNa recommendations by member countries (14/19). Additional labelling requirements in participating countries (11/19), lack of clarity about the process for submission and follow-up in each country (10/19) and low motivation to use the countries such as reliance on stringent regulatory authority (SRA) approvals or approvals by other SADC countries were faster (10/19) (Figure 4). The lack of alignment resulting in some of the ZaZiBoNa member countries being more stringent than others was perceived to put smaller companies at a disadvantage compared with larger established companies. Applicants also expressed frustration at having to duplicate efforts in completing WHO forms, which are currently used for ZaZiBoNa and national forms; for example, WHO vs. national Quality Information Summary and Quality Overall Summary.

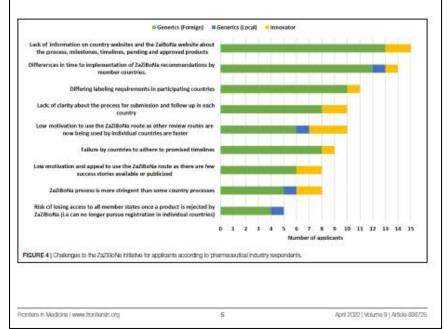
# Industry's Views of the Challenges Faced by Regulators

Industry identified some challenges faced by regulators:

 submission of dossiers and query responses at different times in the member countries, making it difficult to initiate harmonised assessment;

Frontiers in Medicine | www.frontiersin.org 4 April 2022 | Volume 9 | Article 898725





Sitholo ot al. ZsZIBoNa Industry Evaluation

- registration certificates-
- system and resources:
- · unavailability of reliance-related documentation from Stringent Regulatory Authorities (SRA's) for WHO facilitated SRA reviews:
- · difficulty in sharing additional information provided by applicants during submission of responses to respective authorities:
- · facilitating various views during the review of a single application by all participating countries;
- · limited capacity for the review of bio-therapeutics by some authorities-
- · limited number of assessors with adequate skills) available for the ZaZiBoNa process; and
- · lengthy assessments and queries due to the combined process and lack of a dedicated team to review the ZaZiBoNa applications.

#### Part IV—Improving Performance (Effectiveness and Efficiency) Improving the Effectiveness of the ZaZiBoNa Initiative

The following approaches, namely minimising the need for country-specific documents (16/19), making publicly available any information that might help applicants in managing their submissions such as document templates, lists of O&As, timelines and milestones, disclosure of internal standard operating there has been a high degree of success and benefit from procedures (13/19), use of risk-based approaches such as the ZaZiBoNa initiative for applicants, patients and regulators. reliance pathways and engagement (13/19) and interaction A similar study was conducted with regulators (15) and the with stakeholders (13/19) were selected as the top ways to improve effectiveness of the initiative by the industry, that information sharing among regulators and harmonisation of Applicants proposed that having clear communication as to whether a dossier/application has been accepted into the ZaZiBoNa process, the availability of contact details of the focal person in each respective country to enable follow-up of spent compiling submissions and responses to queries. Both pending dossiers/applications and centralising submission were regulators and pharmaceutical industry were of the view that additional measures that would improve the effectiveness of the the initiative has resulted in greater access to quality-assured

#### Improving the Efficiency of the ZaZiBoNa Initiative

Applicants selected improved central tracking of ZaZiBoNa dossiers/applications (17/19) and a centralised system for the submission of applications and communication with applicants (17/9) as the top ways to improve the efficiency of the initiative for applicants. Also identified as contributing to improved efficiency were specific and clear requirements made easily available to has been reduced. applicants (15/19) and compliance with target timelines by (13/19) (Figure 6).

## Part V-Strategies for Moving Forward

countries to centrally receive and track ZaZiBoNa applications by applicants to meet deadlines for submission of responses,

· different internal processes in each of the authorities was the best strategy moving forward in the interim. The leading to dissimilar times for adoption of unit would be responsible for allocating work, apportioning recommendations and processing of query letters and the applicable fees to countries, tracking of applications and communication with applicants. The majority of applicants . inadequate infrastructure and information technology (IT) (12/19) were also of the view that to continue with the current operating model was the least effective strategy.

Fifteen out of 19 applicants were of the view that if it were legally possible, the establishment of a SADC regional medicines authority would be the best strategy to address the challenges and areas requiring improvement in the initiative. However, it was acknowledged by some of the applicants that immense legal and administrative hurdles exist in the SADC setting; for example, lack of harmonisation in the regional dossier sections, as well as differences in country-specific registration requirements, which will need to be addressed if a regional authority is to be established. An example of this is the requirement of the South African Health Products Regulatory Authority (SAHPRA) that comparative dissolution studies should be conducted between an SRA oral formulation vs. the local test medicinal product to demonstrate equivalence in three different dissolution media is unique to SAHPRA and different to all other ZaZiBoNa members. A few of the applicants (3/19) were not in support of the establishment of a SADC regional medicines authority, as some of these felt that it would increase the operating costs of the entire evaluation process, which would affect them in the end.

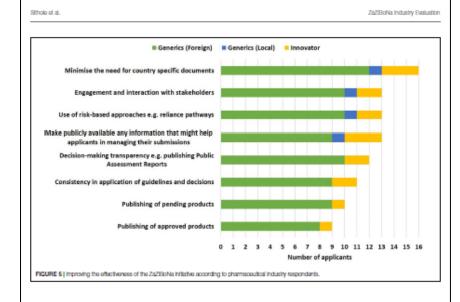
#### DISCUSSION

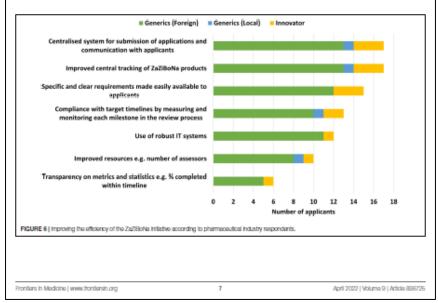
The results of this study show that applicants perceive that responses compared. Regulators and industry commonly agreed registration requirements across the region were the top benefits of the ZaZiBoNa initiative. There was agreement too that as a result, the initiative has saved industry the time and resources medicines by patients, although there was a difference in opinion regarding the time that this is taking. A number of applicants were of the view that ZaZiBoNa resulted in shorter timelines, while only a minority of regulators believed that this was a benefit (15). Further investigation is required to understand why the initiative is not resulting in reduced prices of medicines for patients, since both regulators and industry acknowledge that time, resources and the effort required to get medicines approved

While the successes and benefits of the ZaZiBoNa initiative measuring and monitoring each milestone in the review process have been examined in this study, it is apparent that there is now a need to review the operating model in order to address the challenges that have been identified to make it more effective and efficient. Views of the regulators (15) and industry were The majority of applicants (15/19) were of the view that the compared and there was agreement on the challenges such as establishment of a regional unit hosted in one of the member lack of information for applicants on country websites, failure

Prontiers in Medicine I www.frontiersin.org

April 2022 | Volume 9 | Article 898725





Sitholo of all ZsZBoNa Industry Evaluation

inadequate resources, an unclear operating model and differing countries have information on the ZaZiBoNa process on their performance by participating regulatory authorities.

were of the view that self-funding by countries created a initiative's effectiveness and efficiency. sustainable resource base for this initiative therefore, there is still This is supported by studies in the literature highlighting the In the long term, the establishment of a regional medicines inadequacy of resources currently available to authorities in lowthe industry but not identified in the regulators study (15) are the difficulties faced by applicants when they need to follow up on which individual authorities were uncooperative. The challenges identified in this study are not unique to this initiative, as they have been identified for other regions such as the East African Community, with applicants indicating that the goal of harmonisation, which was to ensure quicker access to qualityassured medicines was not always being met (21). Addressing the challenges identified in this study presents a unique opportunity for ZaZiBoNa to re-engineer its operating model, thus ensuring that the initiative remains competitive when compared with the other routes available for registration of medicines.

The removal of country-specific requirements was identified in both this and the regulators study (15) as one of the best ways to improve effectiveness and efficiency. Authorities in the SADC region now require submission of the dossier in CTD format: however, there are some country-specific requirements identified in this study such as bioequivalence, labelling and local Quality Information Summary and Quality Overall Summary that still impede harmonisation efforts and this is consistent with findings from other studies in the literature (15, 22). There is now a need for countries to make a deliberate effort to collectively review their legislation in order to include provisions that facilitate the harmonisation of the registration and labelling requirements for medicinal products in the SADC region.

Although the ZaZiBoNa initiative has been in operation for8 years, the process for submission in some countries remains unclear to applicants (15). This, in addition to a number of other challenges identified in this study such as failure by some countries to register medicines and issue GMP certificates within the set timelines after a ZaZiBoNa recommendation, can be attributed to the participating authorities having differing capacities (14, 18). Centralised submission and tracking were therefore proposed by both regulators and industry as ways to improve the effectiveness and efficiency of this initiative. This can be achieved through the development of a regional unit hosted in one of the member countries to coordinate submissions. A proposal made by industry, but not identified by regulators, was the need to implement a system that would allow applicants to submit an "expression of interest" to have their dossiers/applications assessed under ZaZiBoNa. This would enable the regulators to adequately plan and allocate resources as well as ensure that applicants are informed from the outset as to whether their dossiers/applications have been accepted for review under ZaZiBoNa. At present, some applicants only become aware that their dossier/application will be reviewed under ZaZiBoNa months after submission. Although some of the participating

websites and the contact details of the focal person are known, Interestingly, only a minority of the regulators and industry this is not the case in all the countries and this detracts from the

authority was proposed as a strategy for moving forward. This to middle-income countries (16-20). Challenges highlighted by is not unique to SADC and has also been proposed for other harmonisation initiatives (21, 23, 24). To do this, a binding memorandum of understanding should be developed mandating pending dossiers/applications or seek arbitration in situations in the establishment of the regional medicines authority. A similar model has been implemented in the Standardisation, Quality Assurance, Accreditation and Metrology (SOAM) Programme in the Southern African Development Community (25). This would ideally make it possible for a SADC-approved medicinal product to be marketed in all the SADC countries. Issues such as the need to strengthen pharmacovigilance systems and to have agreement on the use of labelling that is in the three official SADC languages, English, Portuguese and French, should be considered before implementation as these are important for patient safety. In addition, the issue concern of increased costs to applicants that was raised by a few of the applicants who were not in support of this proposal should also be taken into consideration.

Key recommendations to improve effectiveness and efficiency of ZaZiBoNa work-sharing initiative include-

- · Information for applicants-Full information on the ZaZiBoNa process including contact details of the focal person, timelines and milestones as well as approved medicinal products should be published on the website of every participating authority and ZaZiBoNA.
- · Submission procedures-The initiative should introduce expression of interest forms, which will be completed by applicants prior to submission of dossiers. Communication of acceptance for assessment under the ZaZiBoNa initiative or otherwise should be made within a defined period from the date of submission.
- . Information management systems... The initiative should use automated systems to enable the online tracking of submissions through all the stages of review including information on the meetings at which dossiers/applications are discussed. Applicants should also be able to track their dossiers/applications using the same system.
- Product life-cycle management—The initiative should establish a process for review of post approval changes. Variation requirements should be harmonised so that one application can cater for all markets.
- · Reliance-The WHO-facilitated SRA procedure for ZaZiBoNa has yielded significant results for some applicants and should be promoted and used for more medicinal products
- · Centralised submission, tracking and communication system-As an interim measure, a regional unit hosted in one of the member countries should be piloted to centrally receive, track and coordinate ZaZiBoNa dossier submissions. This will address the various challenges

Prontiers in Medicine | www.hontiersin.org April 2022 | Volume 9 | Article 898725

ZaZIBoNa Industry Evaluation Sithole et al.

faced by the industry with the current operating model AUTHOR CONTRIBUTIONS such as differences in the time to implementation of the inspections and the lack of a specified person/office to escalate matters in cases in which applicants have challenges with participating countries

· Regional medicines authority-In the long term, a binding memorandum of understanding should be developed mandating the establishment of a regional medicines authority. This would be similar to the model employed for the SQAM programme in the Southern African Development Community. This would ideally make it possible for a SADC-approved medicinal product to be marketed in all the SADC countries. In the meantime. countries should make a deliberate effort to collectively review their legislation, guidelines and processes in order to truly harmonise the registration and labelling requirements for medicinal products in the SADC region.

#### Study Limitations

The scope of this study was limited to the ZaZiBoNa initiative's process and operating model. In future, it would be helpful to get quantitative data to support these views including the actual metrics of the time taken to register the medicinal products in the individual countries after a ZaZiBoNa recommendation. The status of commercialisation and pricing of the medicinal products in the individual countries as well as the factors influencing this could be the subject of a future study.

#### CONCLUSION

This study has enabled an improved understanding of the performance of the ZaZiBoNa initiative from the applicants' perspective. Applicants have highlighted the benefits of this initiative as well as some of the challenges. Addressing these challenges will lead to enhanced regulatory performance.

#### DATA AVAILABILITY STATEMENT

The raw data supporting the conclusions of this article will be made available by the authors, on request.

#### REFERENCES

- 1. Rago I., Santoso R. Drug regulation: history, present and future. 2nd ed. In: van Boxtel CJ, Santoso B, Edwards IR editors. Drug Benefits and Risks: International Textbook of Clinical Pharmacology, Revised. Amsterdam: 105 Press and Uppsala Monitoring Centre (2008). 65-77 p.
- 2. Molzon J. The common technical document: the changing face of the new drug application. Nat Rev Drug Discov. (2003) 2:71-4. doi: 10.1038/n
- 3. Jordan D. An overview of the common technical document (CTD) regulatory donsier, Med Writ. (2014) 23:10-5.
- 4. The International Council for Harmonisation (ICH). Home / ICH Standards / CTD / M4: The Common Technical Document. (2022). Available online at: https://www.ich.org/page/ctd (accessed on February 28, 2022).

ZaZiBoNa recommendations for assessments and GMP TS designed the study, collected, analysed the data, and wrote the first draft of the manuscript. GM interpreted the results and reviewed subsequent drafts of the manuscript. SW and SS designed the study, interpreted the results, and reviewed subsequent drafts of the manuscript. All authors contributed to the article and approved the submitted version.

#### FUNDING

We wish to acknowledge the Jenny Greenhorn Memorial Scholarship for supporting the Ph.D. project. This research was also supported by an unrestricted grant from the Bill and Melinda Gates Foundation

#### ACKNOWLEDGMENTS

We wish to thank the following companies who completed the questionnaire; (1) Cadila Pharmaceuticals Limited, (2) Cipla Quality Chemicals Industries Limited, (3) Cospharm Investments (Pty) Ltd., (4) Emcure Pharmaceuticals Limited, (5) Eurolab (Pty) Ltd., (6) Equity Pharmaceuticals (Pty) Ltd., (7) Hetero Labs Limited, (8) Innovata Pharmaceuticals Ltd., (9) Laurus Labs Limited, (10) Lupin Limited, (11) Macleods Pharmaceutical Limited, (12) Mundipharma (Ptv) Ltd., (13)MSN Laboratories Private Limited, (14) Mylan Investments (Pty) Ltd., (15) N2SA Limited, (16) Roche Products (Pty) Ltd., (17) S Kant Healthcare Ltd., (18) Umsebe Healthcare, and (19) Varichem Pharmaceuticals

#### SUPPLEMENTARY MATERIAL

The Supplementary Material for this article can be found online at: https://www.frontiersin.org/articles/10.3389/fmed. 2022.898725/full#supplementary-material

- Badjatya JK. Overview of drug registration requirements for pharmaceuticals in emerging market. J Drug Deliv Ther. (2013) 3:227–32. doi: 10.1007/w63441-
- 6. World Health Organisation. Technical Report Series, No 961 2011, Annex 15 - Guidelines on Submission Of Documentation for a Multisource (Generic) Finished Product. General Format: Preparation of Product Doniers in Common Technical Document Format. (2022). Available online at http://apps.who.int/iris/bitstream/handle/10665/44079/WHO\_TRS\_961\_ eng.pdf.jscosionid=44BDABBABE4688BE741637BC40A5C4DE?sequence=1 (accessed on February 12, 2022).
- 7. Sithole T, Mahlangu G, Salek S, Walker S. Evaluating the success of ZaZilloNa, the Southern African development community collaborative medicines registration initiative. Ther Junov Roy Sci. (2020) 54:1319-29. doi: 10.1007/s43441-020-00154-v

Sitholo of all ZsZIBoNa Industry Evaluation

- 8. Mashingia H., Ahonkhai V., Aineplan N., Ambali A., Angole A., Arik M. 20. Keyter A. Salek S. Gouws I. Banoo S. Walker S. Evaluation of the performance et al. Fight years of the East African community medicines regulatory armonization initiative: implementation, progress, and lessons learned. PLoS Med. (2020) 17x1003134. doi: 10.1371/journal.pmed.1003134
- 9. Achin J, Venkatesh M, Pramod K. ACTD: bridge between regulat requirements of developed and developing countries. Int J Drug Reg Affairs. (2013) 1-1-11
- 10. Ndomondo-Sigonda M, Miot I, Naidoo S, Ambali A, Dodoo A, Mkandawire 22. Narsai K, Williams A, Mantel-Tecuwisse AK. Impact of regulatory H. The African medicines regulatory harmonization initiative: progress to date. Med Res Arch. (2018) 6. doi: 10.18103/mra.v62.1668
- 11. Ndomondo-Sigonda M, Miot J, Naidoo S, Dodoo A, Kaale E. Medicines 31-383-97. doi: 10.1007/s40290-017-0210-x
- 12. Southern African Development Community (SADC). Overview. South African Development Community (SADC), (2021), Available online ffrom; https:// www.sadc.int/about-sadc/overview/ (accessed on May 6, 2021).
- ZAZIBONA Experience. Genevac WHO Collaborative Procedure Meeting
- 14. Sithole T, Mahlangu G, Capote V, Sitole T, Shifotoka S, Gaeseb J, et al. Evaluation of the review models and approval timelines of countries participating in the Southern African development community: alignment and strategies for moving forward. Front Med. (2021) 8:742200. doi: 10.3389/fmed. 2021 742200
- 15. Sithole T, Mahlangu G, Walker S and Salek S. Regulatory authority evaluation of the effectiveness and efficiency of the ZaZilloNa collaborative medicines registration initiative: the way forward. Front Med (2022) 9:898743. doi: 10. 3389/fewed 2022 8987.43
- 16. Sithole T, Salek S, Mahlangu G, Walker S. Comparison of the registration process of the medicines control authority of Zimbabwe with Australia, Canada, Singapore, and Switzerland: benchmarking best practices. Expert Rev Clin Pharmacol. (2021). Epub ahead of print. doi: 10.1080/17512433.2022.
- 17. Sithole T, Mahlangu G, Salek S, Walker S. Evaluation of the regulatory review process in Zimbabwe: challenges and opportunities. Ther Innov Regal Sci. (2021) 55:474-89, doi: 10.1007/s43441-020-00242-z
- 18. Sithole T, Mahlangu G, Capote V, Sitoie T, Shifotoka S, Gaeseb J, et al. Evaluation of the good review practices of countries participating in the Southern African development community: alignment and strategies for moving forward. Front Med. (2021) 8:742181. doi: 10.3389/fmed.2021.742181
- 19. Keyter A., Gouws J., Salek S., Walker S. The regulatory review process in South Africa: challenges and opportunities for a new improved system. Ther Innov Reval Sci. (2018) 52:449-58. doi: 10.1177/2168479018776649

- of the South Africa regulatory agency: recommendations for improved patients' access to medicines. Ther Innov Repul Sci. (2020) 54:878-87, doi: 10.1007/#43441-019-00013-5
- Dansie LS, Odoch WD, Ardal C. Industrial perceptions of medici regulatory harmonization in the East African com runity, PLoS One, (2019) 14x40718617 doi: 10.1371/journal none 0718617
- requirements on medicine rejutration in African countries percent experiences of pharmaceutical companies in South Africa. South Med Rev.
- regulation in Africa: current state and opportunities. Pharm Med. (2017) 23. European Medicines Agency. Report of East African Community Benchmarking visit to the European Medicines Agency. (2017). Available online at: https://www.ema.europa.eu/en/documents/report/report-east-african-community-eac-benchmarking-visit-european-medicines-agency\_en.pdf (accessed on November 30, 2021).
- 13. Masekela F. Addressing CMC / Quality Issues for Facilitated Procedures, the 24. Arik M, Barnenyckarye E, Fimbo A, Kabatende J, Kijo AS, Simai B, et al. Optimizing the Fast African Community's Medicines tion initiative in 2020-2022: a roadmap for the future. PLoS Med. (2020) 17:e1003129. doi: 10.1371/journal.pmed.100
  - 25. Southern African Development Community. Memorandum of Understanding On Conteration In Standardisation, Quality Asserance, Accreditation And Metrology in the Southern African Development Community (SADC). (2021) Available online at: https://www.sadc.int/files/5613/5333/8302/SQAM. pdf (accessed on February 28, 2021).

Conflict of Interest: The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a notential conflict of interest.

Publisher's Note: All claims expressed in this article are solely those of the authors and do not necessarily represent those of their affiliated organizations, or those of the publisher, the editors and the reviewers. Any product that may be evaluated in this article, or claim that may be made by its manufacturer, is not guaranteed or endorsed by the publisher.

Copyright @ 2022 Sithole, Mahlangu, Walker and Salek. This is an open-access article distributed under the terms of the Creative Commons Attribution License (CC BY). The use, distribution or reproduction in other forums is permitted, provided the original author(s) and the copyright owner(s) are credited and that the original publication in this journal is cited, in accordance with accepted academic practice. No use, distribution or retroduction is termitted which does not comply with these terms.

April 2022 | Volume 9 | Article 898725 Prontiers in Medicine I www.hontiersin.org 10

# APPENDIX 2: Poster presented at the School of Life and Medical Sciences (LMS) Research Conference 2021, 22 June 2021, Hatfield, United Kingdom



School of Life and Medical Sciences

Comparison of the registration process of the Medicines Control Authority of Zimbabwe with Australia, Canada, Singapore and Switzerland: Benchmarking best practices

Authors: Sithole T; Salek S; Mahlangu G; Walker S

Supervisor: Prof Sam Salek School of Life and Medical Sciences, University of Hertfordshire, UK

Introduction: Health care delivery in low and middle income countries (LMIC) is negatively affected by a number of factors including delayed access to medicines. This is due to inadequate capacity in some of the countries in the region resulting in backlogs of marketing for Benchmarking with mature regulatory systems of comparable size provides an opportunity for countries in LMIC to identify gaps in their processes and strengthen their regulatory systems thereby improving health care delivery and patients' access to medicines through improved quality of review and reduced registration timelines. The aim of this study was to compare the medicines registration process of the Medicines Control Authority of Zimbabwe (MCAZ) with the processes of regulatory authorities in Australia (Therapeutic Goods Administration), Canada Canada), Singapore (Health Authority) and Switzerland (Swissmedic).

**Methods:** An established validated questionnaire which standardises the review process allowing key milestones, activities and practices of the five regulatory authorities to be identified was completed by a senior member of the divisions responsible for issuing marketing authorisations and validated by the head of the respective agency.

Results: Resources within the MCAZ were much lower than those available to the regulatory authorities from the other four countries. The MCAZ employed three review models in line with international best practice and this was similar to the comparator authorities. The MCAZ's registration process was also similar to that of the comparator countries in terms of key milestones identified and monitored with the major difference being in the target timelines for the milestones. The MCAZ implemented the majority of good review practices and was only significantly behind the comparator authorities in transparency and communication which were major strengths of the mature regulatory authorities.

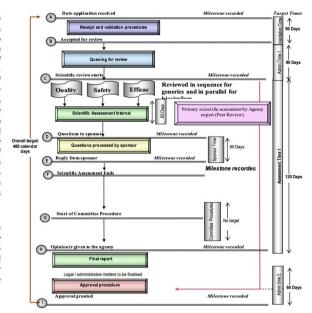


Figure 1: Regulatory review process map for Zimbabwe showing target times in calendar days. [The map represents the review and authorization of a product that goes to approval after one review cycle – the additional two cycles would add another 120 calendar days resulting to 480 as target review time]

**Discussion or Conclusions:** This study identified the strengths of the MCAZ as well as opportunities for improvement which if implemented will enable the achievement of its vision to be a leading regulatory authority in Africa.

Acknowledgements: funding source(s): The authors wish to thank the Therapeutic Goods Administration, Health Canada, Health Sciences Authority, Swissmedic and the Medicines Control Authority of Zimbabwe. We also wish to acknowledge the Jenny Greenhorn Memorial Scholarship for supporting the PhD project. This research was also supported by an unrestricted grant from the Bill and Melinda Gates Foundation.

# APPENDIX 3: Questionnaire used to complete Study 2 (Chapter 3), Study 3 (Chapter 4) and Study 4 (Chapter 5 and 6)



**OpERA: Optimising Efficiencies in Regulatory Agencies** 

# ASSESSING THE REGULATORY REVIEW PROCESS IN EMERGING MARKETS

Key milestones, target times, and quality of decision making in the assessment and registration process

Please return this questionnaire to:

**Prisha Patel** 

ppatel@cirsci.org

**Céline Rodier** 

crodier@cirsci.org

**Neil McAuslane** 

nmcauslane@cirsci.org

Lawrence Liberti

LLiberti@cirsci.org

**Stuart Walker** 

Drstuartwalker@me.com

# **CONTENTS**

CONTENTS	337
BACKGROUND	338
OBJECTIVES	338
OUTPUT	339
ABOUT THE QUESTIONNAIRE	339
FOCUS OF THE QUESTIONNAIRE	
PART 1. ORGANISATION OF THE AGENCY	340
PART 2. TYPES OF REVIEW MODELS	344
PART 3. KEY MILESTONES IN THE REVIEW PROCESS	351
PART 4. GOOD REVIEW PRACTICES (GRevP): BUILDING QUALITY INTO TI	HE REVIEW
PROCESS	359
PART 5. QUALITY DECISION-MAKING PROCESSES	369
PART 6. CONCLUDING OBSERVATIONS	372
ACKNOWLEDGEMENT	372
GLOSSARY AND ABBREVIATIONS	372
APPENDIX I - QUALITY DECISION-MAKING PRACTICES	375
APPENDIX II - IN CASE OF REGIONAL ASSESSMENT Front Bookmark	not defined

## The Centre for Innovation in Regulatory Science (CIRS)

CIRS - The Centre for Innovation in Regulatory Science Limited - is a neutral, independently managed UK-based subsidiary company, forming part of Clarivate Analytics (UK) Limited. CIRS' mission is to maintain a leadership role in identifying and applying scientific principles for the purpose of advancing regulatory and HTA policies and processes. CIRS provides an international forum for industry, regulators, HTA and other healthcare stakeholders to meet, debate and develop regulatory and reimbursement policy through the innovative application of regulatory science and to facilitate access to medical products through these activities. This is CIRS' purpose. CIRS is operated solely for the promotion of its purpose. The organisation has its own dedicated management and advisory boards, and its funding is derived from membership dues, related activities, special projects and grants.

Centre for Innovation in Regulatory Science (CIRS)
Friars House, 160 Blackfriars Road, London SE1 8EZ, United Kingdom

Email: <a href="mailto:cirs@cirsci.org">cirs@cirsci.org</a>
Website: <a href="mailto:www.cirsci.org">www.cirsci.org</a>

## Confidentiality

CIRS recognises that much of these data may be highly sensitive. CIRS has more than 20 years of experience in handling similar data provided by agencies regarding individual products in regulatory review. All information collected from individual agencies will be kept strictly confidential. No data that will identify an individual agency will be reported or made available to any third party. External reports or presentations of the data will include only blinded results and any appropriate analytical interpretations.

# ASSESSING THE REGULATORY REVIEW PROCESS IN EMERGING MARKETS

Review of key milestones, target times and quality of decisionmaking in the assessment and registration process

#### **BACKGROUND**

This questionnaire supports an on-going programme by CIRS, focusing on the regulation of new medicines in emerging markets, and looking at how regulatory agencies build quality into their review process.

The first phase was initiated in January 2004 to assess the regulatory environment in some 30 countries, using comparative data, at the country and regional level, to identify the key issues for improving review practices and making new medicines available in an efficient and timely manner. Some of these, for example, the timing and use of the Certificate of a Pharmaceutical Product (CPP) and the length of the review process, were analysed in detail. This project highlighted the need to understand more about the different steps in the review process and the way in which these affect the overall timeline. Regulatory authorities also showed an interest in having a greater understanding of how agencies are building quality into the review process.

Through this on-going programme, CIRS maps the key milestones and associated activities, for each participating agency, for new marketing applications, and to identify the processes and procedures associated with the implementation of Good Review Practices (<u>GRevP</u>) that help build quality into the review process. This provides a platform to enable information sharing across agencies. This questionnaire has been designed to collate information in a single place; agencies may have

This questionnaire has been designed to collate information in a single place; agencies may have collected some of these data for other assessment (benchmarking) projects. However, **this project has several unique aspects**:

- It collects all the key information in a **single document** from which a consolidated Country Report will be created;
- It allows the metrics that are collected here and, in the future, to be related to the **PROCESS** that the agency uses thereby allowing for a more qualified assessment;
- It is part of a global programme called Optimising Efficiencies in Regulatory Agencies (OpERA), coordinated by CIRS on behalf of regulatory agencies around the world. The milestones and questions have been carefully crafted to be relevant to any agency large or small, mature or maturing to provide relevant data that can be used for internal purposes or as applicable, for agency-to-agency comparisons. For example, see Emel Mashaki Ceyhan et al: The Turkish Medicines and Medical Devices Agency: Comparison of Its Registration Process with Australia, Canada, Saudi Arabia, and Singapore. Frontier's in Pharmacology January 2018, Volume 9, Article 9.

#### **OBJECTIVES**

The objectives of this on-going programme are to:

- Identify the key milestones and target times for each agency and the main activities between milestones:
- Identify the model(s) of the review which is being undertaken by each agency;
- Identify opportunities for the exchange of better practices amongst regulatory authorities;
- Assess how agencies are building quality into the assessment and registration processes.

#### **OUTPUT**

Participating agencies will receive a Country Report derived from the data provided in this Questionnaire, with which they can compare their regulatory procedures with those of peer agencies across regions. This includes an analysis of where time is spent in the review process. The outcome allows an analysis of the quality measures that are in place for a certain type of review, and provides a baseline for subsequent comparative studies across agencies to establish best practices.

## ABOUT THE QUESTIONNAIRE

This questionnaire is divided into five sections:

<u>Part 1: Organisation of the agency:</u> The **Introduction** to the questionnaire asks the agency to provide current information on its structure, organisation and resources.

<u>Part 2: Types of review models:</u> Explores **review model(s)** for the **scientific assessment of medicines** in terms of the extent to which data is assessed in detail by the agency, and how the agency might rely on the results of assessments and reviews carried out elsewhere.

<u>Part 3: Key milestones in the review process:</u> This part of the questionnaire is based on the <u>General Model</u>, giving a process map and milestones, that has been developed from studying procedures followed in 'established' and 'emerging' regulatory agencies. It captures the main steps in the review and approval process and identifies key 'milestone' dates in the process. This allows for the analysis of timelines.

<u>Part 4: Good Review Practices (GRevP): Building quality into the regulatory process</u> looks at the activities that contribute to those measures that have been adopted to improve consistency, transparency, timeliness, and competency in the review processes.

<u>Part 5: Quality Decision-Making Processes:</u> This part of the questionnaire explores to the quality of the decision-making process and whether the agency has measures in place to ensure that good decisions are made around the data during the registration process.

Where appropriate, additional information may be obtained during face-to-face agency-CIRS interactions.

## **FOCUS OF THE QUESTIONNAIRE**

This questionnaire is intended, primarily, to document procedures and practices that relate to medicines that are the subject of **major** applications; i.e., new active substances and major line extensions (see Glossary).

#### **New Active Substance (NAS)**

A new chemical, biological, or pharmaceutical active substance including:

- a chemical, biological, or radiopharmaceutical substance not previously authorised as a medicinal product;
- an isomer, mixture of isomers, a complex or derivative or salt of a chemical substance not previously authorised as a medicinal product, but differing in properties regarding safety and efficacy from that chemical substance previously authorised;
- a biological substance previously authorised as a medicinal product, but differing in molecular structure, nature of the source material or manufacturing process;
- a radiopharmaceutical substance which is radio nucleotide, or a ligand not previously authorised as a medicinal product, or the coupling mechanism to link the molecule and the radio nucleotide has not been previously authorised.

#### **Major Line Extension (MLE)**

A major line extension is a change to an authorised Medicinal Product that is sufficiently great that it cannot be considered as a simple variation to the original product, but requires a new product authorisation. Such changes include major new therapeutic indications or new disease states, extension to new patient populations (e.g., paediatrics), a new route of administration or a novel drug delivery system.

#### PART 1. ORGANISATION OF THE AGENCY

As background to the discussions about your agency, its practices and procedures it would be helpful to have the following basic information on its structure and the way it is organized:

Title of the Agency/Division responsible for the regulation of medicinal products for human use: Click or tap here to enter text.

If this is part of a parent agency with a wider remit (e.g., food and drugs) please give the title: Click or tap here to enter text.

About the agency	A	bo	ut	the	aq	en	C۱
------------------	---	----	----	-----	----	----	----

1.1 	Autonomous agency, independent from the Health Ministry administration  Operates within the administrative structure of the Health Ministry
Date of	establishment of the current agency: Click or tap here to enter text.
Scope	e of Activities
1.2	Please indicate the scope of responsibility of the agency:
	Medicinal products for human use
	Medicinal products for veterinary use
	Medical devices and in vitro diagnostics
1.3	Indicate the main activities that are covered by the agency:
	Marketing authorisations/product licences
	Clinical trial authorisations
	Post-marketing surveillance
	Regulation of advertising
	Laboratory analysis of samples
	Price regulation
	Other: Site inspections (site visits), GMP inspections
Budg	et / Funding
Please □ □	indicate whether the following data: are in the public domain should be treated as confidential

1.4 Please provide the following information on the agency budget for the regulation of medicinal products for human use:

	Local currency (please specify: Click or tap here to enter text. )	US\$	
Total annual budget	Click or tap here to enter text.	Click or tap here to enter text.	

Year for which data are given	ar for which data are given Click or tap here to enter text.					
If the budget is sub-divided according to different activities, please specify % of total budget:						
Clinical trial authorisations	Click or tap here to enter text.	Click or tap here to enter text.				
Marketing authorisations	Click or tap here to enter text.	Click or tap here to enter text.				
Pharmacovigilance	Click or tap here to enter text.	Click or tap here to enter text.				
Other post-marketing controls	Click or tap here to enter text.	Click or tap here to enter text.				
Other activities, please specify: Click or tap here to enter text.	Click or tap here to enter text.	Click or tap here to enter text.				

#### Sources of funding

1.5	Please provide the following information in relation to the way the agency is funded:
	Funded entirely by the government
	Self-funded entirely from fees
	Partially funded from different sources (please give proportions of total budget):
	% Government: Click or tan here to enter text

% Fees: Click or tap here to enter text.

% Other (please specify): Click or tap here to enter text.

#### **Review team**

Please note that the following questions refer to the regulation of **medicinal products for human use.** 

- 1.6 Please provide information on staff numbers:
  - o Total staff in the agency: Click or tap here to enter text.
  - Total number of reviewers for applications for marketing authorisations/ product licences: Click or tap here to enter text.
  - Number of reviewers for applications for marketing authorisations/ product licences or synthetic and biological products: Click or tap here to enter text.

1.7 Please indicate the professional background and numbers of the technical agency staff assigned to the review and assessment of medicinal products:

_	Number employed as assessors (degree/expertise)				
	Total with PhD or with Master Other PharmD Degree				
Physicians	Click or tap here	Click or tap here	Click or tap here	Click or tap here	
	to enter text.	to enter text.	to enter text.	to enter text.	
Statisticians	Click or tap here to enter text.	Click or tap here to enter text.	Click or tap here to enter text.	Click or tap here to enter text.	

Pharmacists	Click or tap here			
	to enter text.	to enter text.	to enter text.	to enter text.
Other Scientists	Click or tap here			
	to enter text.	to enter text.	to enter text.	to enter text.
Project Managers	Click or tap here			
	to enter text.	to enter text.	to enter text.	to enter text.

# Fees charged for review applications

1.8	Are fees charged to sponsors for the review and assessment of applications for medicinal
product	's for human use?
	YES
	NO

## 1.9 If **YES**, please provide the following information:

Marketing Authorisation Application fee for:	Local currency (please specify: Click or tap here	US\$ (rounded)
N. A. d. O. L. d. d. d.	to enter text.)	
New Active Substance synthesis	Click or tap here to enter	Click or tap here to enter
	text.	text.
New Active Substance biological	Click or tap here to enter	Click or tap here to enter
	text.	text.
Established ingredient - proprietary	Click or tap here to enter	Click or tap here to enter
product synthesis	text.	text.
Established ingredient - proprietary	Click or tap here to enter	Click or tap here to enter
product biological	text.	text.
Generic product	Click or tap here to enter	Click or tap here to enter
Conono product	text.	text.
Biological competitor product	Click or tap here to enter	Click or tap here to enter
Biological competitor product	text.	text.
Variations		
Variations	Click or tap here to enter	Click or tap here to enter
NA : I'	text.	text.
Major line extension	Click or tap here to enter	Click or tap here to enter
	text.	text.
Other (Please specify)	Click or tap here to enter	Click or tap here to enter
Locally manufactured generics?	text.	text.
Biosimilars?		
Retention fee?		
Fast track / Priority?		
Does the agency charge a fee for	Click or tap here to enter	Click or tap here to enter
scientific advice?	text.	text.
□ YES		
□ NO		
If <b>YES</b> , please provide fee →		

# **Applications**

## 1.10 Applications received

Type	Numbe	Current backlog		
Туре	201x	201x	201x	ourient backlog

New Active Substance	Click or tap here to enter text.	Click or tap here to enter text.	Click or tap here to enter text.	Click or tap here to enter text.
Major line extension	Click or tap here to enter text.	Click or tap here to enter text.	Click or tap here to enter text.	Click or tap here to enter text.
Generics (all)	Click or tap here to enter text.	Click or tap here to enter text.	Click or tap here to enter text.	Click or tap here to enter text.
WHO Pre-qualified generics (if applicable)	Click or tap here to enter text.	Click or tap here to enter text.	Click or tap here to enter text.	Click or tap here to enter text.

1.11 Applications determined

	Number of applications determined in each year			
Туре	201x	201x	201x	
New Active Substances approved	Click or tap here to enter text.	Click or tap here to enter text.	Click or tap here to enter text.	
New Active Substances refused	Click or tap here to enter text.	Click or tap here to enter text.	Click or tap here to enter text.	
Major line extensions approved	Click or tap here to enter text.	Click or tap here to enter text.	Click or tap here to enter text.	
Major line extension refused	Click or tap here to enter text.	Click or tap here to enter text.	Click or tap here to enter text.	
Generics approved	Click or tap here to enter text.	Click or tap here to enter text.	Click or tap here to enter text.	
Generics refused	Click or tap here to enter text.	Click or tap here to enter text.	Click or tap here to enter text.	
WHO Pre-qualified generics approved	Click or tap here to enter text.	Click or tap here to enter text.	Click or tap here to enter text.	
WHO Pre-qualified generics refused	Click or tap here to enter text.	Click or tap here to enter text.	Click or tap here to enter text.	

## PART 2. TYPES OF REVIEW MODELS

Three basic types of scientific review have been identified. Many agencies apply a different level of data assessment to different applications, according to the type of product and/or its regulatory status with other agencies. The data assessment models for scientific review are described below and further questions are set out to analyse the types of scientific review in more detail. Please indicate by checking the boxes below, which descriptions fit the model(s) used by your agency in the assessment of major applications i.e., new active substances (NASs) and major line extensions (MLE) as described earlier.

#### **Data Assessment Type 1 (Verification)**

This model is used to reduce duplication of effort by agreeing that the importing country will allow certain products to be marketed locally once they have been authorised by one or more recognised reference agencies, elsewhere. The main responsibility of the agency in the importing country is to 'verify' that the product intended for local sale has been duly registered as declared in the application and that the product characteristics (formulation, composition) and the prescribing information (use, dosage, precautions) for local marketing conforms to that agreed in the reference authorisation(s).

2.1	Type 1 is:
	Not used
	Used for all major applications
	Used for selected applications (please specify): Click or tap here to enter text.
Comme	ent: Click or tap here to enter text.

2.2 Data requirements for Type 1 Assessments (verification) - What do you review/assess?

CPP/Public assessment	Click or tap here to enter text.
reports/un-redacted assessment	
reports/Free sales certificate/etc	
Similarity to registered product	Click or tap here to enter text.
Quality data	Click or tap here to enter text.
Non-clinical data	Click or tap here to enter text.
Clinical data	Click or tap here to enter text.
Local benefit-risk assessment	Click or tap here to enter text.

#### **Data Assessment Type 2 (Abridged)**

This model also conserves resources by not re-assessing scientific supporting data that has been reviewed and accepted elsewhere but includes an 'abridged' independent review of the product in terms of its use under local conditions. This might include a review of the pharmaceutical (<u>CMC</u>) data in relation to climatic conditions and distribution infrastructure and a benefit-risk assessment in relation to use in the local ethnic population, medical practice/culture and patterns of disease and nutrition.

Approval by a recognised agency elsewhere is a pre-requisite before the local authorisation can be granted but the initial application need not necessarily be delayed until formal documentation such as a Certificate of a Pharmaceutical Product (CPP) is available.

2.3	Type 2 is:
	Not used
	Used for all major applications
	Used for selected applications (please specify): Click or tap here to enter text.
Comm	ent: Click or tap here to enter text.

#### 2.4 Data requirements for Type 2 Assessments (abridged)- What do you review/assess?

CPP/Public assessment	Click or tap here to enter text.	
reports/un-redacted assessment		
reports/Free sales certificate/etc		
Similarity to registered product	Click or tap here to enter text.	
Quality data	Click or tap here to enter text.	
Non-clinical data	Click or tap here to enter text.	
Clinical data	Click or tap here to enter text.	
Local benefit-risk assessment	Click or tap here to enter text.	

#### **Data Assessment Type 3 (Full)**

In this model the agency has suitable resources, including access to appropriate internal and external experts, to carry out a 'full' review and evaluation of the supporting scientific data (quality, pre-clinical, clinical) for a major application. A Type 3 assessment could be carried out on a new application that has not been approved elsewhere but, in practice, legal requirements may dictate that the product must be authorised by a reference agency before the local authorisation can be finalised.

2.5	Type 3 is:
	Not used
	Used for all major applications
	Used for selected applications (please specify): Click or tap here to enter text.
□ authoris	Full review conducted but product must still be authorised by a reference agency prior to final sation
Comme	ent: Click or tap here to enter text.

2.6 Data requirements for Type 3 Assessments (full)- What do you review/assess?

CPP/Public assessment	Click or tap here to enter text.
reports/un-redacted assessment	
reports/Free sales certificate/etc	
Similarity to registered product	Click or tap here to enter text.
Quality data	Click or tap here to enter text.
Non-clinical data	Click or tap here to enter text.
Clinical data	Click or tap here to enter text.
Local benefit-risk assessment	Click or tap here to enter text.

#### Recognized reference agencies

2.7 If your agency has **recognised 'reference agencies'** (as may be used for reliance or recognition in Types 1 and 2 reviews) please list the countries/agencies/authorities:

Click or tap here to enter text.

Priority / fast-track products

2.8	Does your company have available:
	A priority review track

 $\hfill \Box$  A fast track (if different from priority)Data requirements and assessment

2.9 Please tick relevant boxes in the following table

		Тур	pe 1	Тур	pe 2	Type 3	Priority/fast track products
Evidence of authorisation by other authorities	Requirements for a CPP as part of the review	<ul><li>□ with application</li><li>□ before authorisation</li><li>□ not essential</li></ul>		<ul><li>□ with application</li><li>□ before authorisation</li><li>□ not essential</li></ul>		<ul> <li>□ with application and before local authorisation</li> <li>□ not essential</li> <li>□ if available at the time of submission</li> </ul>	<ul><li>□ with application</li><li>□ before authorisation</li><li>□ not essential</li></ul>
	Other documentation from the authorising agencies accepted as evidence of registration	☐ letter of authorisation☐ copy of full authorisation☐ Internet evidence		☐ letter of authorisation☐ copy of full authorisation☐ Internet evidence		☐ letter of authorisation ☐ copy of full authorisation ☐ Internet evidence ☐ None	☐ letter of authorisation ☐ copy of full authorisation ☐ Internet evidence ☐ None
	Other evidence accepted	Click or tap here to enter text.		Click or tap here to enter text.		Click or tap here to enter text.	Click or tap here to enter text.
Verification of identity between		Type 1		Type 2		Type 3	
the authorised product and the	Information must be:	Identical	Closely similar	Identical	Closely similar	Not applicable	
local application	Dosage form						
	Strength						
	Ingredients						
	Indications and dosage						
	Warnings and precaution						
	Product label						
	Product name						

	Other (specify)						
Scientific data required to support the		Type 1		Type 2		Type 3	Priority/fast track products
application (Reference is made below to sections of the ICH Common	Pharmaceutical quality/CMC	☐ Summary data (Mod 2.3) ☐ Summary + full stability ☐ Full data (Mod 3)		☐ Summary 2.3) ☐ Summary ☐ Full data (I	+ full stability Mod 3)	☐ Summary data (Mod 2.3) ☐ Summary + full stability ☐ Full data (Mod 3)	☐ Summary data (Mod 2.3) ☐ Summary + full stability ☐ Full data (Mod 3)
Technical Document (CTD) as an example of the level of detail but does not imply that the CTD in necessarily accepted	Non-clinical data	☐ Written summary (Mod 2.4) ☐ Tabulated data (Mod 2.5) ☐ Full data (Mod 4)		<ul><li>☐ Written summary (Mod 2.4)</li><li>☐ Tabulated data (Mod 2.5)</li><li>☐ Full data (Mod 4)</li></ul>		☐ Written summary (Mod 2.4) ☐ Tabulated data (Mod 2.5) ☐ Full data (Mod 4)	☐ Written summary (Mod 2.4) ☐ Tabulated data (Mod 2.5) ☐ Full data (Mod 4)
	Clinical data	<ul><li>☐ Written summary</li><li>(Mod 2.5)</li><li>☐ Tabulated data (Mod 2.6)</li><li>☐ Full data (Mod 5)</li></ul>		<ul> <li>□ Written summary (Mod 2.5)</li> <li>□ Tabulated data (Mod 2.6)</li> <li>□ Full data (Mod 5)</li> </ul>		☐ Written summary (Mod 2.5) ☐ Tabulated data (Mod 2.6) ☐ Full data (Mod 5)	☐ Written summary (Mod 2.5) ☐ Tabulated data (Mod 2.6) ☐ Full data (Mod 5)
Extent of Scientific Review		Type 1		Тур	e 2	Type 3	Priority/fast track products
	Quality/CMC data	completene  ☐ Selective detail (e.g. s specification ☐ Detailed s and evaluat	uery st' review for ss of data review in stability, n) assessment ion report	☐ Only examis a query ☐ 'Check list' completeness ☐ Selective r detail (e.g. state) Specification) ☐ Detailed as and evaluation	review for s of data eview in ability, ssessment in report	☐ Only examined if there is a query ☐ 'Check list' review for completeness of data ☐ Selective review in detail (e.g. stability, specification) ☐ Detailed assessment and evaluation report	□ Only examined if there is a query □ 'Check list' review for completeness of data □ Selective review in detail (e.g. stability, specification) □ Detailed assessment and evaluation report
	Comments:	Click or tap enter text.	here to	Click or tap h text.	ere to enter	Click or tap here to enter text.	Click or tap here to enter text.

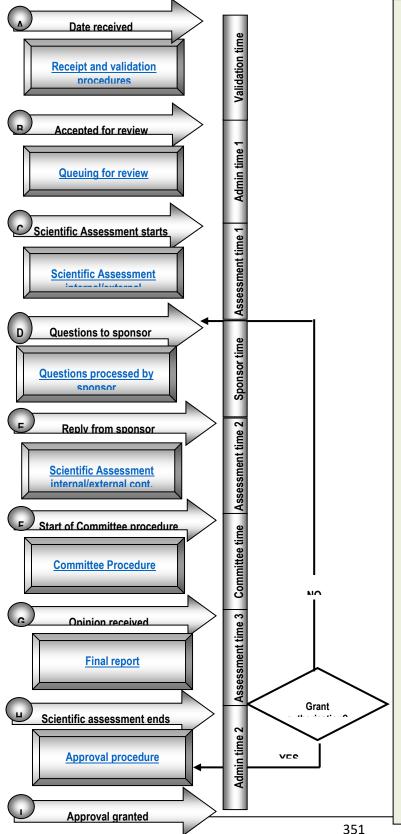
	Non-clinical data	☐ Only examined if there is a query ☐ 'Check list' review for completeness of data ☐ Detailed assessment and evaluation report	☐ Only examined if there is a query ☐ 'Check list' review for completeness of data ☐ Detailed assessment and evaluation report	☐ Only examined if there is a query ☐ 'Check list' review for completeness of data ☐ Detailed assessment and evaluation report ☐ Not at all	☐ Only examined if there is a query ☐ 'Check list' review for completeness of data ☐ Detailed assessment and evaluation report
	Comments:	Click or tap here to enter text.	Click or tap here to enter text.	Click or tap here to enter text.	Click or tap here to enter text.
	Clinical data  Comments:	☐ Only examined if there is a query ☐ 'Check list' review for completeness of data ☐ Selective review in detail (e.g. stability, specification) ☐ Detailed assessment and evaluation report  Click or tap here to enter text.	☐ Only examined if there is a query ☐ 'Check list' review for completeness of data ☐ Selective review in detail (e.g. stability, specification) ☐ Detailed assessment and evaluation report  Click or tap here to enter text.	☐ Only examined if there is a query ☐ 'Check list' review for completeness of data ☐ Selective review in detail (e.g. stability, specification) ☐ Detailed assessment and evaluation report Click or tap here to enter text.	☐ Only examined if there is a query ☐ 'Check list' review for completeness of data ☐ Selective review in detail (e.g. stability, specification) ☐ Detailed assessment and evaluation report Click or tap here to enter text.
Clinical evaluation:	The clinical opinion takes account of:	Type 1	Type 2	Type 3	Priority/fast track products
factors included in the risk-benefit assessment	Differences in medical culture/practice	☐ Never☐ Sometimes☐ Always	<ul><li>□ Never</li><li>□ Sometimes</li><li>□ Always</li></ul>	☐ Never ☐ Sometimes ☐ Always	☐ Never ☐ Sometimes ☐ Always
	Ethnic factors	<ul><li>□ Never</li><li>□ Sometimes</li><li>□ Always</li></ul>	<ul><li>□ Never</li><li>□ Sometimes</li><li>□ Always</li></ul>	☐ Never ☐ Sometimes ☐ Always	☐ Never ☐ Sometimes ☐ Always

	National disease patterns	□ Never	□ Never	☐ Never	□ Never
		☐ Sometimes	☐ Sometimes	☐ Sometimes	☐ Sometimes
		☐ Always	☐ Always	☐ Always	☐ Always
	Unmet medical need	☐ Never	☐ Never	☐ Never	☐ Never
		☐ Sometimes	☐ Sometimes	☐ Sometimes	☐ Sometimes
		☐ Always	☐ Always	☐ Always	☐ Always
Additional information, not in the application	The agency tries to obtain:	Type 1	Type 2	Type 3	Priority/fast track products
	Other agencies' internal	☐ Never	☐ Never	☐ Never	☐ Never
	assessment reports	☐ Sometimes	☐ Sometimes	☐ Sometimes	☐ Sometimes
		☐ Always	☐ Always	☐ Always	☐ Always
	Reports available on the	☐ Never	☐ Never	☐ Never	☐ Never
	Internet (e.g., EPARS)	☐ Sometimes	☐ Sometimes	☐ Sometimes	☐ Sometimes
		☐ Always	☐ Always	☐ Always	☐ Always
	General Internet search	☐ Never	☐ Never	☐ Never	☐ Never
		☐ Sometimes	☐ Sometimes	☐ Sometimes	☐ Sometimes
		☐ Always	☐ Always	☐ Always	☐ Always
	Other data (please	☐ Never	☐ Never	☐ Never	☐ Never
	specify): Click or tap here	☐ Sometimes	☐ Sometimes	☐ Sometimes	☐ Sometimes
	to enter text.	☐ Always	☐ Always	☐ Always	☐ Always

#### PART 3. KEY MILESTONES IN THE REVIEW PROCESS

#### Review Process Map and Milestones

This part of the questionnaire is based on the **General Model** below, giving a process map and milestones that have been developed from studying procedures followed in 'established' and 'emerging' regulatory agencies. It captures the main steps in the review and approval process and identifies key 'milestone' dates in the process for monitoring and analysing timelines.



#### Notes

Receipt and validation may include administrative registration (reference number) and checks on legal requirements, status of company, local agent, manufacturer etc. as well as a 'checklist' validation of the application content (e.g., technical sections, CPP status).

**Queuing for review**: Administrative time 1 is a measure of the 'backlog' time (if any) while valid applications wait for action to begin.

Scientific Assessment extends from milestone C to milestone H and is a measure of 'review time.' In some systems, the 'clock' stops when questions are asked and Sponsor *time* (milestone D to milestone E) can be measured and deducted from the agency review time.

**Questions to sponsor** may be batched and sent at one time or asked throughout the review process, in which case the *Sponsor time* is not easily measured.

In some systems, questions may only be sent to the sponsor after the end of the 'first cycle' scientific assessment (at milestone H).

Committee Procedure: Most review procedures for major applications include a step where the opinion of an expert advisory committee is sought. In this scheme, the Committee procedure is 'nested' within the Scientific Assessment but it may take place after the Agency's scientific assessment is complete.

Second cycle: If the application cannot be granted immediately, on technical grounds, it enters a second review cycle (new data point D: questions to sponsor) and a further scientific assessment is made of the additional data. The Committee Procedure may or may not need to be included in the second and subsequent review cycles.

**Approval procedure:** The time interval after scientific review (*Admin time 2*) while the formal authorisation is issued may be extended by pricing negotiations and finalisation of analytical and GMP checks.

**Approval time** is measured from milestone A to milestone I.

## Review stages and milestones

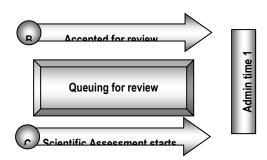
This section of the questionnaire is based on the **General Model**.

We recognise that not all systems conform to the *General Model* and it would be very helpful if you could provide an outline of the model used by your agency. If this differs according to the **Type of data assessment** (see <u>Part 2. Types of Review Models</u>) please provide information on the different models.

3.1 When information is given on target or actual times please indicate here whether these are counted in:	
□ Calendar days	
□ Working days	
3.2 When 'milestone' dates are recorded during the review process is the information entered in an electronic tracking/recording system?	to
□ YES, a system is in current use	
□ NO, a system is in development (please specify target date): Click or tap here to enter text.	
□ NO, a manual system will be used for the foreseeable future	
3.3 Receipt and Validation	
Pre-submission requirements	
A Date received	
Receipt and validation of the plant of the p	
Receipt and validation	
nrocedure	
R Accepted for review	
3.3.1 Are there any formal requirements before an application is submitted, for example, notificati	าท
of intent to submit, assignment of registration code etc.?	,,,
□NO	
☐ YES (please specify): Click or tap here to enter text.	
= 120 (ploade openly). Oner of tap here to office text.	
Validation	
3.3.2 Is the date of receipt (milestone A) formally recorded?	
□ YES □ NO	
3.3.3 Are the following administrative items checked in the pre-review validation process?	
○ Legal status of applicant/local agent: □ YES □ NO	
○ GMP status of manufacturer: □ YES □ NO	
○ Patent/IP status of active ingredient: ☐ YES ☐ NO	
<ul> <li>○ Whether company has paid the correct fee: ☐ YES ☐ NO</li> <li>○ Other: Click or tap here to enter text</li> </ul>	
<ul> <li>Other: Click or tap here to enter text.</li> </ul>	

For those applications where prior authorisation elsewhere is essential (see <u>Part 2 – Types of Review Models</u> ) please answer the following questions about the Certificate of a Pharmaceutical Product ( <u>CPP</u> ):
3.3.4 Is the inclusion of a CPP an absolute requirement before accepting the application as valid?  □ YES □ NO
☐ For some applications (please specify): Click or tap here to enter text.
3.3.5 <b>If YES</b> , must the CPP be legalised by an Embassy or Consulate?  □ YES □ NO
2.2.C. IF NO places indicate which of the following apply:
<ul> <li>3.3.6 If NO, please indicate which of the following apply:</li> <li>A CPP must be provided before the authorisation is issued: ☐ YES ☐ NO</li> <li>Other evidence of authorisation by other countries is accepted in place of the CPP (e.g., copy of authorisation, Internet reference): ☐ YES ☐</li> <li>NO</li> </ul>
Comments: Click or tap here to enter text.
3.3.7 Is the application also checked for the following items?  ○ Acceptable format (e.g. ICH CTD or local requirements): □ YES □ NO  ○ Correct sections of scientific data (quality, safety, efficacy): □ YES □ NO  ○ Other technical items: Click or tap here to enter text.
Acceptance for review/refusal to file
3.3.8 Is the date of acceptance (milestone B) formally recorded? $\Box$ YES $\Box$ NO
3.3.9 What happens if the application is incomplete?  ☐ Refusal to file: New application must be made ☐ File pending: A request for the missing data is sent to the applicant
3.3.10 In case of <b>file pending</b> , what is the time limit for the applicant to reply? Click or tap here to enter text.
Comments: Click or tap here to enter text.
Target time for validation
3.3.11 Is there a target validation time?  ☐ YES ☐ NO
3.3.12 If <b>YES</b> , please specify: Click or tap here to enter text.

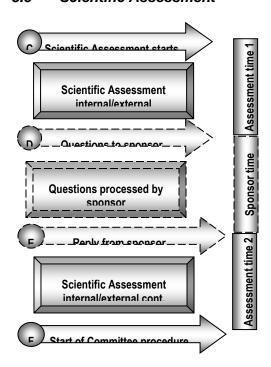
#### Queuing/backlog 3.4



3.4.5 If **YES**, how is this being addressed: Click or tap here to enter text.

3.4.1	Which of the following applies to the queuing system for new applications? Held in queue after validation (as in the General Model) after phase 1 validation Held in queue before validation starts (milestone A)
3.4.2	What is the current queue time (approximately)? Less than 2 weeks 2-8 weeks 2-6 months 6 months-1 year More than 1 year
3.4.3	Are priority products taken out of turn in the queuing system? YES, always YES, sometimes NO, all applications await their turn
Comme	ents: Click or tap here to enter text.
3.4.4 □ YES	Does the agency regard the backlog of applications as a problem?  □ NO

#### 3.5 Scientific Assessment



#### Initiation of scientific review

3.5.1 □ YES	Is the start of the Scientific Assessment formally recorded (milestone C)?  □ NO
3.5.2 □ YES	Is the scientific data separated into three sections (quality, safety, and efficacy) for review? ☐ NO
	In what order are the different sections assessed? rallel □ In sequence
	If in sequence, please give order: tap here to enter text.
	Who carries out the primary scientific assessment? Agency technical staff Sent to outside experts Different procedure for different sections

## Use of outside experts

**If outside experts are used** for the assessment of scientific data (Milestone C above) please complete the following:

3.5.6 Number of experts on the agency's list or panel: Click or tap here to enter text.

Please describe the process: Click or tap here to enter text.

3.5.7		sponsibility: To provide a detailed assessment report and recommendation To provide a clinical opinion on the product To provide advice to the agency staff on specific technical issues Other (Please specify): Click or tap here to enter text.
3.5.8 □ YES		a contractual agreement on working within deadlines set by the agency? $\square$ NO
3.6	Interac	tions with the Sponsor
n Q	Questions pr snon	rocessed by soor
3.6.1 □	As they	questions sent to the Sponsor? arise during the assessment d into a single batch
3.6.2 □	After the model) Not until	re batched questions sent to the Sponsor? initial assessment but before reporting to the Scientific Committee (as in the General the Scientific Committee has given its advice and after reference to the Scientific Committee
3.6.3 stop')? □ YES		e scientific review cease while questions are being processed by the Sponsor ('clock
3.6.4 □ YES		sponsor time be calculated, i.e., are milestones D and E recorded? □ NO
3.6.5 □ YES		oonsor given a time limit to reply? □ NO
3.6.6 Click or	-	to enter text.
Meetii	ngs	
3.6.7 arise du □ YES	uring the a	Sponsor hold meetings with the agency staff to discuss questions and queries that assessment?

3.6.8 If <b>Yes</b> , what conditions and restrictions (if any) are applied: Click or tap here to enter text.
3.6.9 Can the Sponsor hold meetings with the agency staff to discuss questions and queries that arise during the assessment? $\Box$ YES $\Box$ NO
3.6.10 <b>If Yes</b> , what conditions and restrictions (if any) are applied: Click or tap here to enter text.
3.7 Review by Scientific Committee(s)
Committee Procedure  Final report  Scientific assessment ands  H Scientific assessment ands
3.7.1 Is a Committee of Experts (internal and/or external) used in the review process?  ☐ YES ☐ NO
3.7.2 If YES, at which stage in the review?  ☐ Responsible for the whole assessment of the dossier from the start of the review ☐ Integrated into the agency's own internal/external scientific review procedure ☐ Consulted after the agency has reviewed and reported on the scientific data ☐ Other (Please specify): Click or tap here to enter text.
3.7.3 Are the dates at the start and end of the Committee Review recorded (milestones F and G)?  ☐ YES ☐ NO
3.7.4 Is the agency mandated to follow the Committee recommendation?  ☐ YES ☐ NO
3.7.5 Is there a time limit for the Committee Procedure?  ☐ YES ☐ NO

3.7.6 **If YES**, please give the target: Click or tap here to enter text.

3.7.7	If NO,	what is	the time	range?
-------	--------	---------	----------	--------

Click or tap here to enter text.

3.7.8 Is there an additional step in the scientific review process, after the Committee has given its opinion?

☐ YES ☐ NO

3.7.9 If YES, please describe briefly the work carried out at this stage (e.g., final report and agency opinion):

Click or tap here to enter text.

3.7.10 If NO, the milestone G will mark the end of the scientific review for the purpose of calculating the review time:

Click or tap here to enter text.

#### **Target timelines for the review process**

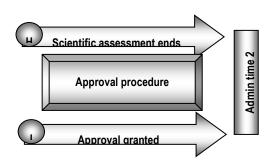
3.7.11 Is a target time set for the scientific review (milestones C to H)?

☐ YES ☐ NO

3.7.12 If **YES** please give target

Click or tap here to enter text.

#### 3.8 Recommendation on the Application



At the end of the Scientific Review (see <u>General Model</u>) there is normally recommendation that either:

- The product meets the scientific criteria for authorisation (proceed to approval procedure) or
- Further data is required before the scientific criteria are met (application enters a second cycle at milestone D (questions to Sponsor) or
- The application should be refused (not shown in the General Model)

3.8.10	Approximately ho	ow long does it tak	e from receiving	a positive scier	ntific opinion (	'at milestone
H) to iss	suing an approval	(milestone I)?				

☐ Less than a month

☐ 1-3 months

□ 3-6 months□ Over 6 months

Comments: Click or tap here to enter text.

#### 3.9 Metrics on the Approval Process

It would be very helpful to have the following information on processing times for marketing authorisations that have been received and/or determined in the three years:

#### 3.9.1 Actual approval times (average)

	Time from receipt of application to issue of approval		
Туре	201x	201x	201x
New Active Substances approved	Click or tap here to enter text.	Click or tap here to enter text.	Click or tap here to enter text.
Major Line Extensions approved	Click or tap here to enter text.	Click or tap here to enter text.	Click or tap here to enter text.
Generics approved	Click or tap here to enter text.	Click or tap here to enter text.	Click or tap here to enter text.
WHO Pre-qualified generics approved	Click or tap here to enter text.	Click or tap here to enter text.	Click or tap here to enter text.

# PART 4. GOOD REVIEW PRACTICES (GRevP): BUILDING QUALITY INTO THE REVIEW PROCESS

Quality in the assessment and registration process is important to regulatory authorities as it ensures consistency, transparency, timeliness and competency in the review processes. Regulatory authorities are continuously developing and implementing a variety of measures to improve and achieve higher quality standards and to meet the expectations of industry and the general public. The purpose of this section of the questionnaire is to obtain an insight into the strategies, measures and resources that agencies have in place to develop and maintain quality in their review processes.

#### 4.1 General measures used to achieve quality

Please indicate the quality measures currently in place and, where there are none, what, if any, plans there are to introduce such measures in the foreseeable future.

# **Good Review Practices (GRevP)**

"A code about the process and the documentation of review procedures that aims to standardise and improve the overall documentation and ensure timeliness, predictability, consistency and high quality of reviews and review reports" (see Glossary).

<i>4.1.1 I</i> □ YES	How does your agency define GRevP: Is it different from the Glossary? □ NO
	If different, please define here: tap here to enter text.
	Please outline the key elements that make up GRevP in your agency: tap here to enter text.
	Has the agency formally or informally implemented GRevP? YES (Formally) YES (Informally) NO
	If YES, please give the title and date of formal implementation: tap here to enter text.
4.1.6 □ □ □	How has this been implemented? (Please select the appropriate box(s)): Guidelines Standard Operating Procedure (SOP) GRevP Training Program Other (Please specify): Click or tap here to enter text.
<i>4.1.7</i> □ YES	Are these documents open and available to the public?  □ NO
	If YES, please describe how: tap here to enter text.
<i>4.1.9</i> □ YES	Are these documents open and available to the public?  □ NO
	If YES, please describe how: tap here to enter text.
<i>4.1.11</i> □ YES	Was the establishment of your GRevP based on other agencies or International standards?  □ NO
GRevP	If YES, please state the name of the agency(ies)/ or internationals standards on which your has been based: tap here to enter text.

4.1.13 □ □	Satisfied with your existing GRevP framework?  Satisfied  Could be improved  Unsatisfied
<i>4.1.14 situation</i> □ □ □ □	If could be improved or unsatisfied, please select the reason(s) that best describes your nown:  System still evolving Requires additional training to understand and learn about Good Review Practice Poor acceptance/utilization by staff Benefits of implementing GRevP are not apparent so far Other (please provide details): Click or tap here to enter text.
	If you do not have a formal GRevP system in place are there plans to establish this within the pyears? □ NO
Intern	al Quality Policy
	I intentions and direction of an organisation related to quality as formally expressed by top ement" (see Glossary).
<i>4.1.16</i> □ YES	Does the agency have an Internal Quality Policy?  □ NO
<i>4.1.17</i> □ YES	If NO, are there plans to establish this within the next two years?  □ NO
SOPs	
	(Standard Operating Procedures) are written documents that describe in detail the routine ures to be followed for a specific operation" (see Glossary).
<i>4.1.18</i> □ YES	Are there SOPs for the guidance of scientific assessors?  □ NO
<i>4.1.19</i> □ YES	If NO, are there plans to establish SOPs within the next two years?  □ NO
<i>4.1.20</i> □ □	Are there SOPs for the advisory committee consulted during the review process? YES NO No committee
<i>4.1.21</i> □ YES	If NO, are there plans to establish SOPs within the next two years? □ NO
<i>4.1.22</i> □	Are SOPs used for any other procedures in the regulatory review process (e.g., validation)? YES, please specify: Click or tap here to enter text.

#### **Assessment Templates**

"set out the content and format of written reports on scientific reviews" (see Glossary). 4.1.23 Are there Assessment Templates for reports on the scientific review of an NAS? ☐ YES 4.1.24 If NO, are there plans to establish this within the next two years?  $\square$  NO ☐ YES 4.1.25 If YES, are these based on another agency's assessment template? YES, please specify which agency(ies): Click or tap here to enter text. NO 4.1.26 Is there an SOP for completing an assessment template? ☐ YES 4.1.27 Select which elements from the list below are included in your agency assessment template: **Drug Substance Drug Product** Comments on label П Non-clinical GLP Aspects Non-clinical Pharmacokinetic Toxicology Regulatory background (worldwide status on regulatory agencies) GCP aspects Clinical Pharmacology (PK & PD) Clinical Efficacy Clinical Safety List of questions for sponsors Benefit Risk Reduction Ethnic factors (e.g., consideration of bridging studies) Other (please specify): Click or tap here to enter text. 4.1.28 Would the agency be open to sharing their assessment template or points to consider with CIRS? ☐ YES  $\square$  NO **Assessment report** 4.1.29 Do you produce an assessment report (AR) following the review? ☐ YES 4.1.30 If YES, is there an SOP for completing the AR? ☐ YES 4.1.31 What language is the AR prepared in? Local language П **English** 

 	YES NO Sometimes
<i>4.1.33</i> □ □ □	Do you put your <b>full</b> AR on the website? YES NO Sometimes
4.1.34 □ □	Do you put your <b>abridged</b> AR on the website? YES NO Sometimes
<i>4.1.35</i> □ YES	Do sponsors get a copy of the <b>full</b> assessment report? □ NO
<i>4.1.36</i> □ □ □	Do sponsors have any involvement in the following in relation to AR: Preparation of assessment reports Comments on the assessment reports Translation of assessment reports Distribution of assessment reports
Peer l	Review
commit	ndditional evaluation of an original assessment that is carried out by an independent person or ttee. Peer review can occur either during assessment of a dossier or at the time of sign-off ossary).
<i>4.1.37</i> □ YES	Are <b>external</b> peer reviews carried out when a NAS is assessed? □ NO
<i>4.1.38</i> □ YES	If NO, are there plans to introduce these within the next two years? □ NO
<i>4.1.39</i> □ YES	Are <b>internal</b> peer reviews carried out when a NAS is assessed? □ NO
<i>4.1.40</i> □ YES	If NO, are there plans to introduce these within the next two years? □ NO
<i>4.1.41</i> □ YES	Are there other general procedures in place to monitor the quality of the review process? $\square$ NO
Interna channe	What other tools does your agency use to build quality into the assessment process? (e.g., I procedure could include: quality assurance and quality control meeting; stakeholder meeting; of for grievance; survey of performance from sponsors) tap here to enter text.

# 4.2 Quality Management

# Reasons for introducing quality measures in the agency

4.2.1	From the following list, please select the three most important reasons for the introduction of
	measures:
	To be more efficient
	To ensure consistency
	To achieve stakeholder satisfaction
	To improve predictability
	To minimise errors
	To increase transparency
	To improve communications in the agency
	To allocate the regulatory resources
	Other (please specify): Click or tap here to enter text.
Monito	oring to improve quality
4.2.2	Which of the following activities are undertaken by the agency to bring about continuous
improve	ement in the assessment and registration process?
	Reviewing assessors' feedback and taking necessary action
	Reviewing stakeholders' feedback (e.g. through complaints, meetings or workshops) and taking
	necessary action
	Using an internal tracking system to monitor (e.g. consistency, timeliness, efficiency and
accurac	
•	the system $\square$ Having external quality audits by an accredited certification body to improve
the syst	
	Having a 'post approval' discussion with the sponsor to provide feedback on the quality of the dossier and obtain the company's comments
Manag	gement responsibility for quality
4.2.3 assessi □ YES	Does the agency have a dedicated department for assessing and/or ensuring quality in the ment and registration process? $\hfill \square$ NO
4.2.4.	If YES, how many staff are involved?
	tap here to enter text.
<i>4.2.5</i> □	How often do you assess and/or ensure quality in the assessment and registration process?  Annually
	Semi-annually
	Ad hoc
	Other, please specify: Click or tap here to enter text.
4.2.6 Click or	To whom does this section report (e.g., the Chief Executive Officer of the agency)? tap here to enter text.
<i>4.2.7</i> □ YES	If NO to 4.2.3, is the agency thinking of setting up such a department?  □ NO

# 4.3 Quality in the Review and Assessment Process

Impro	oving the quality of applications		
4.3.1 produc	Does the agency have official guidelines to assist industry in the second seco	n the registration	of medicinal
4.3.2	If YES, how are these guidelines made available? (Please indicent Through the agency's website Through official publications On request Through Industry associations Other, please specify: Click or tap here to enter text.	rate all that apply)	
<i>4.3.3</i> □ □	What language/s are the guidelines available in? Local language only English Other, please specify: Click or tap here to enter text.		
Impro	oving quality through interactions with applicants		
<i>4.3.4</i> □ YES	Does the agency provide pre-submission scientific advice to app  ☐ NO	plicants?	
4.3.5 Click o	If YES, how is the quality of that advice monitored? r tap here to enter text.		
4.3.6 during □ YES	Is the applicant given details of technical staff that can be contareview? □ NO	cted to discuss ar	application
4.3.4 with ag	Please indicate which of the following best describes the level of gency staff or outside experts during development and during the		
<ul><li>E</li><li>S</li><li>N</li><li>Ie</li></ul>	xtensive formal contact (including scheduled meetings) xtensive informal contact (frequent telephone or email contact) ome formal contact (possibility of meetings) ome informal contact (possibility of telephone or email contact) lone, or minimal formal contact (rare occurrences of contact, via etter or fax) one, or minimal informal contact (rare telephone or email contact)		
4.3.5 Click o	Please comment on general policy for contact with applicants: r tap here to enter text.		

## **Scientific Committee Procedures**

If your review procedure includes obtaining the advice of a scientific committee of internal and/or external experts (as in Section Review by Scientific Committee) please complete the following:

	Name of the Committee : tap here to enter text.
4.3.7 Click or	Number of Committee members : tap here to enter text.
<i>4.3.8</i> □ □	How frequently does the Committee meet? Once a week Once a month Other, please specify: Click or tap here to enter text.
<i>4.3.</i> 9 □	For NAS applications and major line extensions does the Committee review: All applications Selected dossiers, please specify: Click or tap here to enter text.
<b>4.3.10</b> □	Does the Committee review: The complete dossier Assessment reports from the reviewers
Share	d and Joint reviews with other Regulatory Agencies outside of your
count	ry
part of	ed review is "one where each participating agency takes responsibility for reviewing a separate the dossier". A <b>joint review</b> is "one where the whole dossier is reviewed by each agency and come is discussed before a decision is taken" (see Glossary).
<i>4.3.11</i> □ YES	Is your agency part of any regional alignment initiatives? □ NO
	If YES, please specify and complete <u>Appendix II</u> : tap here to enter text.
<i>4.3.13</i> □ YES	Are bilateral/multilateral information sharing agreements in place with other jurisdictions?  □ NO
	If YES, what is the general nature of those agreements? tap here to enter text.
<b>4.3.14</b> □ ⊠	Does your agency conduct shared or joint reviews with other regulatory authorities? YES, regularly. Please state which authorities: Click or tap here to enter text. YES, occasionally. Please state which authorities: Click or tap here to enter text. NO, this has never been undertaken

<i>4.3.15</i> □ YES	If YES, do you have formal measures in place to ensure consistent quality during the review?  □ NO
	If YES, please specify: tap here to enter text.
<i>4.3.17</i> □ YES	If <b>NO</b> , do you anticipate undertaking such reviews within the next two years?  □ NO
4.3.18 general	Have these joint reviews influenced the way in which your agency conducts reviews in
	YES, please specify: Click or tap here to enter text. NO
agency	Training and continuing education as an element of quality owing questions relate to training and continuing education of assessors working within the , including those employed on a full-time basis and those contracted for specific assessments ecessary.
<i>4.4.1</i> □ YES	Do you have a formal training programme for assessors?  □ NO
4.4.2 □ □	Which of the following methods are used for training assessors? Induction training On job training External courses
	Post-graduate degrees Placements and secondments in other regulatory authorities
	External speakers invited to the agency Participation in international workshops/ conferences
	In-house courses
	Other, please specify: Click or tap here to enter text.
<i>4.4.</i> 3 □ YES	Do you have a formal training programme for assessors?  □ NO
Collab	poration with other agencies
4.4.4 SOPs & □ YES	Does your agency seek direct assistance of more experienced agencies for development of and Guidelines? ☐ NO
4.4.5 Click or	If YES, please give details: tap here to enter text.
4.4.6 more e. □ YES	Does your agency mainly develop SOP, Guidelines etc., based on information published by xperienced agencies:

<i>4.4.7</i> □	Does your agency collaborate with other agencies in the training of assessors? YES, please specify: Click or tap here to enter text. NO
Comp	pletion of training
<i>4.4.8</i> □ □	Is training tested in examination situations once completed? YES NO Partly
<i>4.4.9</i> □ □	Is completion of training courses required for professional advancement? YES NO Partly
and res	<b>Transparency of the review process</b> ction examines 'transparency' in terms of the ability and willingness of the agency to assign time cources to providing information on its activities to both the informed public (which includes health cionals) and industry.
	What priority does your agency assign to being open and transparent in relationships with the professions and industry? High priority Medium priority Low priority comment: Click or tap here to enter text.
4.5.2 incentiv	What are the main drivers for establishing transparency? Please indicate the top three yes for assigning resources to activities that enhance the openness of the regulatory system:  Political will  Public pressure  Press and media attention  Need to increase confidence in the system  Need to provide assurances on safety safeguards  Better staff morale and performance  Other, please specify: Click or tap here to enter text.
The foll	parency to the public lowing questions explore the availability of information to the general public on the performance latory authorities.
4.5.3 registra	Please indicate which of the following information items about the assessment and ation of marketing applications is available to the public:  Approval of products  Approval times  Summary of the grounds on which the approval was granted

	Other, please specify: Click or tap here to enter text.
	How is this information made available? Official journal/periodical publication From an official Internet website On request Other, please specify: Click or tap here to enter text.
Trans	parency to companies on the application progress
<i>4.5.5</i> □ YES	Are companies able to follow the progress of their own applications?  □ NO
	If YES, please indicate the mechanisms available to industry: Telephone contact Electronic access to the status of applications E-mail contact Other, please specify Click or tap here to enter text.
<i>4.5.7</i> □ YES	Are companies given detailed reasons for rejection of an application for registration?  □ NO
Facilit	ies for providing information
<i>4.5.8</i> □ YES	Is there an electronic system for registering and tracking applications?  □ NO
	If YES, please indicate whether it has the following capabilities:  Tracking applications that are under review and identifying the stage in the process Signalling that target review dates have been exceeded Recording the terms of the authorisation once granted Archiving information on applications in a way that can be searched
<i>4.5.10</i> □ YES	If NO, are there plans to introduce such a system?  □ NO
	If so, please give target date for implementation: tap here to enter text.

## PART 5. QUALITY DECISION-MAKING PROCESSES

Regulatory agencies consider various types of information needed to carry out their assessment of new medicines, but it is not always clear how the decisions, which require human judgment and interpretation, are made around the data. According to the well-established principles of the science of decision making, any organisation that seeks to improve its productivity and consistency should also routinely measure the quality of its decision-making process. These questions aim to uncover the decision-making practices of your agency, focusing on the process to approve or reject a New Drug Application.

## 5.1 Decision-making frameworks

A Framework is "a set of principles, guidelines and tools which provide a structured systematic approach to guide decision-makers in selecting, organising, understanding and summarising subjective values and judgments that form the basis of a decision, as well as communicating the evidence relevant to the decision" (see Glossary).

5.1.1 Does your agency have a framework in place that forms the basis of the decision to approve or reject a New Drug Application (NDA)?  ☐ YES ☐ NO			
	", please answer $5.1.2$ - $5.1.3$ , and then go to $5.2$ , if "Yes", please go to section $5.1.4$ ontinue		
	Why a framework is not used? (mark all that apply) Lack of a validated framework Lack of knowledge/training on decision making in general Benefits of a framework not apparent Resource/administrative limitation Others, please specify: Click or tap here to enter text.		
	Are there plans to adopt a framework in the next two years? YES NO Not sure		
	Which statement best describes the nature of your framework? The framework has been formally defined and codified The framework is informal, by custom and practice (i.e. it has never been clearly agreed but me has become the process)		
agenc	In your view, which Quality Decision-Making Practices have been implemented into your y's framework (to approve/reject an NDA) and are they adhered to in practice?  The Appendix I for explanation on the Practices.		

Practice -		Implemented into framework (select one)			Adhered to in practice (select one)		
		Partially	Not	Fully	Partially	No	
Have a systematic, structured approach (consistent predictable and timely)							
Assign clear roles and responsibilities (decision makers, advisors, information providers)							
Assign values and relative importance to decision criteria							
Evaluate both internal and external influences/biases							
5. Examine alternative solutions							
6. Consider uncertainty							
7. Re-evaluate as new information becomes available							
8. Perform impact analysis of the decision							
9. Ensure transparency and provide a record trail							
10. Effectively communicate the basis of the decision							
influences / biases on your agency's decision may Please see the Glossary for more explanation on ☐ YES ☐ NO  Comment: Click or tap here to enter text.  5.2.2 Are there formal assessments in place to within your agency for the process to approve/rej ☐ Yes, and this is to measure the quality of the	biases.  periodic ect an Ni	ally measu DA?	re the qu	ality of de		king	
<ul> <li>☐ Yes, and this is to measure the quality of the last of the las</li></ul>	he outcor	me					
5.2.3 Does your agency provide training in the $\square$ YES $\square$ NO	area of o	quality deci	sion mak	ing?			
Comment: Click or tap here to enter text.							
5.2.4 Do you think that your agency's decision could be improved?  ☐ YES ☐ NO	-making <sub>l</sub>	orocess for	approvir	ng/rejectin	g an NDA		

Comment: Click or tap here to enter text.

#### PART 6. CONCLUDING OBSERVATIONS

The purpose of the following two questions is to try to identify the Agency's own perception of its unique positive qualities and the major impediments it faces in carrying out the review of new medicines and making them available to meet patients' needs.

- 6.1 List three factors that make a major contribution to the effectiveness and efficiency of your agency's review procedures and decision-making processes for NAS applications:
  - 1. Click or tap here to enter text.
  - 2. Click or tap here to enter text.
  - 3. Click or tap here to enter text.
- 6.2 List three factors that act as barriers to making new medicines available in a timely manner through the regulatory process:
  - 1. Click or tap here to enter text.
  - 2. Click or tap here to enter text.
  - 3. Click or tap here to enter text.

6.3	Are there any important documents	related to GRevF	that you would like	to share with CIRS?
☐ YES	□ NO			

6.4 If yes please list and provide directly to CIRS: Click or tap here to enter text.

#### **ACKNOWLEDGEMENT**

This questionnaire has been updated by CIRS in Click or tap here to enter text. using information from the public domain.

This updated questionnaire was finally reviewed and updated by Click or tap here to enter text.

Date:\_ Click or tap here to enter text.

## Thank you for completing this questionnaire

## **GLOSSARY AND ABBREVIATIONS**

Additional information	Additional data or additional analyses of existing data requested from the sponsor by the regulatory agency during the review process.
Advisory Committee	An expert committee that advises the regulatory agency of the safety, quality and efficacy of new medicines for human use.

Approval	The approval of a drug product by a regulatory agency, signified by the granting of a marketing authorisation, or the issue of a technical approval letter. However, the product may still not be marketable until negotiations for pricing and reimbursement are concluded.
Assessment template	Set out the content and format of written reports on scientific reviews
Bias	A subjective influence. Different types have been identified for example:  Action-oriented influences drive us to take action less thoughtfully than we should e.g. Excessive optimism, overconfidence, gut-feeling Interest influences arise in the presence of conflicting incentives and even purely emotional ones. E.g. misaligned individual incentives and attachments Pattern-recognition influences lead us to recognize patterns even where there are none e.g. confirmation bias to seek out information that supports a favoured decision Stability influences create a tendency toward inertia in the presence of uncertainty e.g. preference for the status quo in the absence of pressure to change it
	Source: Lovallo and Sibony
Certificate of Pharmaceutical Product (CPP)	Certificate issued in the format recommended by the World Health Organization (WHO), which establishes the status of the pharmaceutical product and of the applicant for this certificate in the exporting country.
Chemistry, manufacturing and controls (CMC)	All activities conducted to optimize, scale-up and validate the processes and technologies for transfer to manufacture and all Quality Assurance (QA), Quality Control (QC) and Chemistry, manufacturing and controls support activities (e.g. CMC project management including CMC contribution to project teams). This includes all drug substance R&D i.e. process research and process development, all drug product R&D i.e. formulation development and process development, all analytical work for drug substance R&D and drug product R&D, clinical supplies and CMC's involvement in the compilation of regulatory documentation.
Clinical summary	Summary of clinical study data that typically includes biopharmaceutic studies and associated analytical methods, clinical pharmacology studies, clinical efficacy, clinical safety, literature references, and synopses of individual studies. Refers to Module 2.7 in CTD format.
Common Technical Document (CTD) format	Common technical document (CTD) as outlined in the ICH guideline M4 (Organisation of the common technical document for the registration of pharmaceuticals for human use; M4).
Framework	A set of principles, guidelines and tools which provide a structured systematic approach to guide decision-makers in selecting, organising, understanding and summarising subjective values and judgments that form the basis of a decision, as well as communicating the evidence relevant to the decision

Good Clinical Practice (GCP)	An international ethical and scientific quality standard for designing, conducting, recording and reporting trials that involve the participation of human subjects. It aims to provide a unified standard for the ICH regions to facilitate the mutual acceptance of clinical data by the regulatory authorities in these jurisdictions.
Good Review Practices (GRevP)	A code about the process and the documentation of review procedures that aims to standardise and improve the overall documentation and ensure timeliness, predictability, consistency and high quality of reviews and review reports.
Internal reviewers	Internal reviewers are employees of the agency
International Conference on Harmonisation (ICH)	Brings together the regulatory authorities and pharmaceutical industry to discuss scientific and technical aspects of drug registration.
Joint review	The whole dossier is reviewed by each agency and the outcome is discussed before a decision is taken.
Major Line Extension (MLE)	A major line extension is a modification to an authorised Medicinal Product that is sufficiently great that it cannot be considered to be a simple variation to the original product, but requires a new product authorisation. Such modifications include major new therapeutic indications or new disease states, extension to new patient populations (e.g., paediatrics), a new route of administration or a novel drug delivery system.
Marketing	Authorisation issued by a regulatory to launch a drug product on
Authorisation	the market.
Marketing Authorisation Application (MAA)	Authorisation application submitted to a regulatory agency to launch a drug product on the market to which the application has been submitted
Milestone	A milestone must involve some form of dated written document to which the regulatory agency can refer. In addition, a milestone must be considered by the regulatory agency to be the point at which one event stops and the next one begins so that the times for events are interdependent.
New Active Substance (NAS)  Non-clinical summary	A new chemical, biological or pharmaceutical active substance includes:
	pharmacokinetics and toxicology. Refers to Module 2.6 in CTD format.
Peer review	Peer review means an additional evaluation of an original assessment carried out by an independent person or committee.

	Peer review can occur either during assessment of a dossier, or at sign-off.
Quality control (QC)	Quality control is operational techniques and activities that are used to fulfil requirements for quality. It involves techniques that monitor a process and eliminate causes of unsatisfactory performance at all stages of the quality cycle.
Quality policy	Overall intentions and direction of an organisation related to quality as formally expressed by top management.
Questions to sponsor	The process of asking the sponsor for additional data or additional analyses of existing data. The requests are made by the regulatory agency during the review process.
Scientific assessment	Review of the dossier in terms of safety, quality and efficacy of data submitted.
Shared review	Each agency takes responsibility for assessing a separate part of a dossier.
Sponsor	A company, person, organisation or institution that takes responsibility for initiating, managing or financing a clinical study.
Standard Operating Procedures (SOPs)	Detailed, written instructions to achieve uniformity of the performance of a specific function
Validation of a dossier	The process whereby the agency verifies that all parts of the submitted dossier are present and complete and suitable to be assessed as part of the assessment and registration process.

# **APPENDIX I – QUALITY DECISION-MAKING PRACTICES**

#### Development of the 10 Quality Decision-Making Practices

As a result of the discussion from CIRS Workshops in June 2015 and February 2016<sup>3</sup>, the following Guidance Notes were produced to describe the 10 QDMPs in more detail.

#### QDMP 1. Have a systematic, structured approach to aid decision making (consistent, predictable and timely)

- Establish the decision context, objectives and assumptions made.
- Employ frameworks, guidelines and tools for structuring the decision-making process.
- Such an approach should ensure that the process is systematic, which in turn would enable better
  consistency compared with similar past decisions, as well as predictability and timeliness.

#### QDMP 2. Assign clear roles and responsibilities (decision makers, advisors, information providers)

- The roles and responsibilities should be clearly defined in terms of individuals who provide information (including external input), compared with those who advise on the decision or make the final decision.
- The roles and responsibilities of each stakeholder (regulatory authorities, HTA agencies and companies) should be transparent and well communicated, which should help manage expectations.

#### QDMP 3. Assign values and relative importance to decision criteria

The relevant criteria for the decision must be determined to ensure that these are in line with the
decision context and overall objective. The criteria should be weighted, for example, by ranking or
rating their relative importance.

#### QDMP 4. Evaluate both internal and external influences/biases

- Stakeholders need to be aware of personal considerations, subjective influences and biases, acknowledge them and minimise where possible. Potential biases that need to be considered.
  - Action-oriented bias: excessive optimism, overconfidence in own judgement and gut-feeling
  - Interest-oriented bias: inappropriate attachments and misaligned incentives
  - Pattern recognition: generalising based on recent events and seeking out information that supports a favoured decision, which could lead to perpetuating previous mistakes
  - Stability bias: preference for status quo and tendency for inertia in the presence of uncertainty

#### QDMP 5. Examine alternative solutions

- · Decision makers should actively explore possible options during the decision-making process.
- The alternatives need to be assessed, for example using a SWOT analysis, against the relevant decision criteria in order to determine the best outcome.

#### QDMP 6. Consider uncertainty

- The extent and limitations of available information need to be judged for each decision criterion in relation to the alternative options.
- Stakeholders must be explicit regarding acceptability of benefits and harms and how this affects their approach.

#### QDMP 7. Re-evaluate as new information becomes available

- This should be actively carried out at all stages during the lifecycle of medicines' development.
- This may be a safeguard against plunging in or procrastination and/or perpetuating previous mistakes as well as identifying cultural/organisational/hierarchical influences (e.g. individual vs. organisational, group successes and group failures).

#### QDMP 8. Perform impact analysis of the decision

- The impact of the decision needs to be considered on both internal and external stakeholders.
- The analysis must relate to present situation, but also to the future and should take into account elements of quality/validity of data, political/financial/competitor influences and procedures for similar decisions.

#### QDMP 9. Ensure transparency and provide a record trail

 It must be clear how the decision was made and details must be consistently documented in a manner that can be easily followed or audited by appropriate stakeholders.

#### QDMP 10. Effectively communicate the basis of the decision

 The basis of the decision needs to be appropriately communicated to the relevant stakeholders, both internally and externally.

<sup>&</sup>lt;sup>3</sup> The Centre for Innovation in Regulatory Science. Publications, Available at: http://www.cirsci.org/past-workshops-and-publications/

<sup>&</sup>lt;sup>4</sup>Lovallo D, Sibony O. *The case of behavioral strategy*. McKinsey Quarterly. Available at: http://www.mckinsey.com/insights/ strategy/ the case for behavioral strategy.