

Food and Drink purchased 'Through the School Gate'

Summary of the Project

The University of Hertfordshire carried out a study to investigate young people's access to food and drink during the school day, looking at what is sold in shops and outlets outside of school, as well as the food and drink they purchase within school too. The food served in schools is regulated but there is currently no regulation on the food and drinks available outside of school.

The aim was to explore the type of shops and their marketing promotions and why young people choose to purchase and eat certain foods or drinks. We wanted to involve young people in this study to move beyond what other studies have revealed about food and drink purchased during the school day by secondary school pupils.

We visited four schools in London and Essex and asked year 8 and 9 students to take part. Their involvement included completing on-line questionnaires and taking part in focus groups. School teaching staff and catering staff were also interviewed.

Research teams analysed the questionnaire answers and will include the findings in a report, articles and conference presentations.

The below summarises the data collected, that have been archived.

At 11/6/2018

School	Focus Groups	Interviews
School 1	Yr 8: Yes Yr 9: Yes	Head: Yes Kitchen Mgr: Yes
School 2	Yr 8: Yes Yr 9: No	Head: No Kitchen Mgr: Yes
School 3	Yr 8: Yes Yr 9: Yes	Dep Head: Yes Kitchen Mgr: Yes
School 4	Yr 8: Yes Yr 9: Yes	Dep Head: Yes Kitchen Mgr: Yes Bursar: Yes