



RESEARCH STUDY:

Food and Drink purchased 'Through the School Gate'

Information for students

What is this study about?

Our research team at the University of Hertfordshire want to try and find out what teenagers are eating and drinking during the school day, both inside and outside of school.

We are trying to see what kind of foods and drinks you buy throughout the day, where you buy it from and the reasons for this.

Why are we doing this?

We think it is important to understand why you buy the food and drink that you do, so we can understand young people's diets. We want to hear about it from YOUR perspective and others in Year 8 and 9 at schools in Essex and London. Why do you go to certain shops for food or drink? Why do you choose to have one brand of crisps over another? What do you think of your school cafeteria?

What will I have to do?

You will meet our research team during a visit to your classroom where you will find out more about what we are doing. We will then ask your class to complete a questionnaire and later, you may be asked to be part of a smaller group in class about what you buy to eat and drink during the school day and why. We are also interested in hearing about what you eat and drink before and after school too. However, it is your choice to participate in this research, and you do not have to be part of the study if you would prefer not to be.

What else can I do to take part?

Some of you may be interested in being part of the smaller group discussion (called a focus group), where we can explore your thoughts about what food options there are in and near your school.

We want to know what YOU think about what there is available for you to buy in and near your school!

If at any point you wish to stop taking part that is OK. You can change your mind without saying why.

What we will do with the information we collect?

All the information we gather—through questionnaires, your views from discussions in class, and what we talk about and observe in your school—will be discussed by the research team. We will write a report but your name and anything that could identify you will NOT be included in the report, or in any articles or presentations we write or any teaching we do. After 10 years all the information will be destroyed (and the form you sign to take part will be destroyed after 5 years).

Any Questions? **JUST ASK!**

The lead researcher is:
Professor Wendy Wills, University of Hertfordshire
Tel: 01707 286380 Email: w.j.wills@herts.ac.uk

If you have any complaints or concerns about this study, please write to the University's Secretary/Registrar, Sue Grant:
email: S.C.Grant@herts.ac.uk
Tel no: 01707 284080

This study has been approved by the University of Hertfordshire Health, Science, Engineering and Technology Ethics Committee with Delegated Authority [aHSK/SF/UH/02936(5)].