

Food and Drink purchased 'Through the School Gate'

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Transcript

School 1 focus group year 8

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Interviewer: Pressing record now, so now it's starting to record. Okay?

Respondent1: Hi recorder.

Respondent2: Hello.

Interviewer: So, as I said, we want to know what you think. There is no right or wrong answer and it's about your thoughts and experiences about [overspeaking 00:00:14]. So, your school's food environment, so your canteen just through there...

Respondent3: Yeah.

Interviewer: What do you think of the canteen?

Respondent3: Oh, I think...

Respondent1: It's pretty...

Respondent3: I think we should have a bit more chairs, because like there's loads of people and when you go to lunch sometimes you can't find somewhere to sit.

Respondent4: It's also hard for like new year sevens. Like I remember when I was in year seven it was so hard to find a space to sit, and you just don't want to be alone. Even if it's with one more, just like one individual person with you, it's really hard to just find two seats.

Interviewer: There's not enough seats?

Respondent4: Yeah, so like maybe there should be some space outside for people to eat or something like that.

Respondent5: The trays and the plates, when you try to cut something the plate moves as well, which really makes the table messy. When someone else comes they find it messy.

Respondent6: The trays are dirty.

Respondent3: The trays are really dirty.

Respondent1: I don't even think they wash them, because like...

Respondent2: [Overspeaking 00:01:17].

Respondent1: They spray, oh my God, because I remember I found something, it was almost full with like, you know biryani sauce or something, like

chilli con carne or stuff with beans on it. And then I went like 'No, I'm just going to take a plate'. And then the plate had some green stuff in the middle.

Respondent4: Most people just take the plate. They don't bring the like tray, yeah.

Respondent3: Because it's like...

Respondent2: Too dirty.

Interviewer: Takes up lots of space on the table as well. [Overspeaking 00:01:45].

Respondent2: And sometimes you find soap suds on the tray.

Respondent5: Yeah, they go white.

Respondent2: And loads of water.

Respondent1: Yeah, you can pull it and then [overspeaking 00:01:54].

Respondent3: It's like they just rinse it.

Respondent1: Yeah, that's what they do.

Respondent2: Like I remember I took a tray and I dropped it on my feet and they were soaking. It was just...

Respondent6: And they need cups on the table because people forget their water bottles.

Respondent3: Yes, they need cups.

Interviewer: Because we've seen that there's water jugs but there's no cups.

Respondent3: Yeah.

Respondent4: Maybe there should be plastic, like actual plastic cups.

Interviewer: Is that something you would like to see?

Respondent3: Yeah, there are plastic cups there, but they only give it to like teachers or sixth formers.

Respondent5: They say they're expensive; it's just plastic cups.

Respondent1: Or they can get reusable cups and put it on a tray or something.

Respondent4: That's what I'm saying, plastic.

Respondent1: On the place where you put your plates and stuff. Because it's really annoying because I...

Respondent4: If you can get knives and forks, you can get a cup.

Interviewer: So, they don't sell drinks at all, do they? You have...

Respondent6: They should give us a tuck shop. We could buy crisps and [overspeaking 00:02:45].

Respondent4: They're healthy, but they still don't let us have apple juice or orange juice. They're still healthy, though.

Respondent6: Yeah, and...

Respondent4: I don't see why...

Respondent5: They're high in sugar.

Respondent4: Still healthy.

Respondent6: Yeah, but how is a slice of pizza for brunch 50p?

Respondent2: But a good thing about the canteen is that even though some people are saying about more chairs, the tables are spaced out nicely. So, it's not like cramped together, and there's like a long table near the window, and people can eat their packed lunches there and it's a really popular place because everyone likes it.

And the people that serve the food, they give you the food, what you ask for, even if people are really picky about it they'd still give it. So, if you didn't want some salad on the side, they wouldn't give it. My primary school, it was like take it or leave it.

Interviewer: Yeah, so they're nice, the people that work in the canteen, are they?

Respondent2: Yeah.

Respondent3: Except one lady. My God, there is this one lady, she is so annoying.

Respondent2: Which one?

Respondent3: Oh, my days.

Interviewer: What does she do?

Respondent3: She started shouting at me, I was just, because it was fish and chips and I was trying to get like white sauce, and there was no more left and I was waiting for the guy to refill it and she started shouting at me to move on because there was people waiting.

But I was thinking they could go behind me, and I wasn't even causing a distraction. [Overspeaking 00:04:05]. I was just waiting for it be refilled and she started shouting at me. And then she got a teacher and the teacher told me to stop annoying them.

Respondent2: But she didn't.

Respondent3: I was just getting [overspeaking 00:04:13].

Respondent1: It's okay. The struggle is real.

Respondent6: Yeah, I don't think the food is worth its value. £2, I don't think it's...

Respondent2: A good thing is that the lines, they're like really orderly, so it's really organised. But the problem is people can easily push in. But teachers, they have picked people out, so it's good that they do that. I feel like it still happens.

Respondent4: The lines are really, really cramped.

Respondent3: It's so annoying.

Respondent4: It's so packed. And like...

Respondent3: The two-line system, you have to line up for a token and then line up for your food, that is so annoying.

Respondent4: And it just takes like 20 minutes, so if you're going to a club or anything it's going to take a long...

Respondent3: And they rush you to eat, because obviously there's lunch...

Respondent1: What I really think is like you should, instead of the token system you should just line up in the lunch queue and if anyone pushes in they have to come in last.

Respondent5: But think about how big the line would be.

Respondent1: Oh.

Interviewer: So how would you do it? If you could change it, how would you change it?

Respondent3: Each like, I was just saying, if like each year group comes, so basically they just say 'Year sevens to eat now' and then year sevens

line up and get their food. Then 'Year eights eat now' and they just. I don't know why the tokens...

Respondent6: Or the form groups. [Overspeaking 00:05:36].

Respondent1: Like in form groups they call on the speakers at different times, random times, one form group, they have to line up for their lunch. In the line queue, not tokens, line group. And that way it's really unlikely they're going to push in because it's a small line. And then another form group, another form group. That way there's going to be enough spaces, because by the time another form group gets their lunch another one is going to be finished.

Respondent3: Or where they put their fingerprint, we could have more stations, because that's really slow.

Interviewer: Right, that slows it down. [Overspeaking 00:06:05].

Respondent4: I also think the fingerprints are really like, sometimes loads of people don't really like the fingerprints because it takes like five minutes for the fingerprint to work, so that's what mostly holds up the line. I think like a card or something would work better.

Respondent1: What's bad about that is my mum told me she used to have this, but she always loses it.

Respondent3: Yeah, but if you lose it, what about like the planner, if you lose your planner you have to pay £5, so why don't they do the same system for that?

Respondent2: I think the fingerprint is good because if you have your money and you have to pay for it straight away people could take the money. If you have a card they could take it or you'd lose it. But the problem is sometimes people, their fingerprints, it takes so long for them to like keep pressing it. But on the computer, what they can also do is they could just transfer money without the fingerprint too. Like they can just quickly ask for your name and then...

Respondent4: Yeah, but they also ask for your name, your year and like, and it kind of takes long to actually look for it in the computer.

Respondent1: They had to do that for me for ages because my fingerprint doesn't work.

Respondent4: So, I don't think there's like any way out of that.

Interviewer: Do you think like maybe a PIN number, so if you could try and remember a couple of digits...

Respondent1: Yeah, it could be in your planner or something.

Respondent5: It would be good if you forget [inaudible 00:07:33].

Respondent1: If you forget it then just say your name, yeah.

Respondent3: Yeah.

Respondent4: But don't let anyone know your number.

Respondent1: Otherwise they could take your money.

Respondent3: Buy food, oh my God.

Respondent4: No, but like if you say the PIN number then your face will come up on the computer.

Respondent3: Yeah.

Respondent4: So you'll know...

Respondent3: Just type in the PIN number.

Respondent4: Who it is automatically. So...

Respondent1: Who buys their lunch from school? I have free school meals.

Respondent4: I have free school meals.

Interviewer: So, who buys their lunch or gets their lunch?

Respondent3: I buy my lunch.

Respondent6: I have to buy...

Respondent4: I get it from school, but I don't have to pay for it.

Interviewer: Okay, so you get...

Respondent3: I have to pay for it.

Respondent6: Yes.

Respondent3: The prices are just a stretch.

Respondent4: £2.

Respondent3: £2 for just [overspeaking 00:08:11].

Respondent1: Tesco, which is way better.

Respondent3: But at the end of the day people have to get paid.

Interviewer: So, do you get, do you have your school, do you buy your lunch in school every day?

Respondent3: Yes.

Respondent6: Yes.

Respondent3: I have no money.

Respondent4: I think in brunch...

Interviewer: So, you don't bring a packed lunch? You all have lunch [overspeaking 00:08:27].

Respondent3: Yes.

Respondent5: Brunch is the worst. A small slice of pizza is 50p. It's like [overspeaking 00:08:32].

Respondent3: It's a rip-off.

Respondent4: But in brunch I think they should like give actual money instead of...

Respondent3: Actual money for that?

Respondent4: It's much more easier.

Respondent6: Because it's £2 for lunch, £1 for brunch.

Interviewer: Okay, so they put that limit on you, do they?

Respondent3: Yeah.

Respondent4: They should do like cupcakes and stuff.

Respondent1: It's really sad because I have free school meals and I can't have brunch, and I never have my breakfast. Not because I don't have food at home, because I'm always in a rush getting everyone ready and then I have to get ready, make sure I have everything then go, and then I'm at school. 'Oh, breakfast. Never mind'.

Interviewer: So, then you don't have enough money to...? Are you not allowed to have brunch?

Respondent1: Yeah, because if you have free school meals you only have lunch, not brunch.

Interviewer: They only put that amount of money on your card?

Respondent4: Yeah, and even if you do put money for brunch, your money would go for lunch as well.

Interviewer: Right.

Respondent4: So...

Respondent3: And you know my, if it's £2 every day plus brunch, but you don't really need brunch, that would be like £10 a week, and for me and my sister that's £20 a week, and for like a year that's too much maths. But yeah, it's really a lot of money.

Respondent1: I'll get [overspeaking 00:09:37].

Respondent2: I think the food is good, even though we have found hairs inside the food. [Overspeaking 00:09:44].

Respondent3: A lot of times.

Respondent2: A lot of times.

Respondent3: They need some hairnets. I've never seen a work hairnet.

Respondent2: You can't say it's someone else's. It's not mine. But the food is really good. I'm not sure if the money is too much.

Respondent6: There is a problem though.

Interviewer: You're not sure if it's worth the money?

Respondent3: It's not worth the money.

Respondent6: Yeah, because like one day we had spaghetti and then the next day we had brunch which was spaghetti pasta. Next day we had it again. Probably the same meal, because every day it got more mushy and [overspeaking 00:10:12].

Interviewer: Okay, so they seem to be...

Respondent3: Yes.

Interviewer: Reusing the food?

Respondent3: But that's actually kind of good because [overspeaking 00:10:21].

Respondent4: One day, but for three days, that's a stretch.

Respondent6: Because I spent like £1 or £2 [overspeaking 00:10:27] as soon as I picked it up it went mushy.

Interviewer: Was that brunch?

Respondent6: Yeah, brunch.

Respondent3: Like yesterday, there was like gravy and sausages and today there was like, for brunch [overspeaking 00:10:38].

Respondent5: That was from yesterday.

Respondent1: I thought it was like, because somebody, I thought 'Is that a sausage or something?' and then I see it's a Yorkshire pudding.

Respondent4: Can I say something? [Overspeaking 00:10:50].

Respondent6: She wants to say something.

Respondent1: Okay.

Respondent4: Okay, so I was having cold lunch and they do have some hot lunch there, so it's kind of good, but I was having the pasta and it was cheese and pasta, it made me sick. When I went home I had to go to the toilet it was that bad. I felt so bad. In science, I was just putting my head on the table, that's how bad it was. I felt so sick. There was no flavour, nothing. It felt like food poisoning.

Respondent5: Last year I had something that was fish [overspeaking 00:11:28] for brunch and I felt so bad I couldn't even think.

Interviewer: Really?

Respondent1: I remember I was, it was the beginning of year eight, for lunch I had jacket potato and tuna. There was something wrong with that tuna. Maybe it had a heart attack or something, because it made me have a stroke. I felt like I was dying.

Respondent2: Stroke?

Respondent1: I had to go home. I had to go home. I was sick for two days at home. I felt horrible.

Respondent2: Stroke? Okay.

Respondent1: That was exaggerating. That was a stretch.

Respondent2: [Overspeaking 00:11:59] I have with the food is that if you get, you have to pay for a full meal and the dessert, but if you leave the dessert you still have to pay the same price.

Interviewer: Oh, that's a good point.

Respondent2: Well, that's what my mum said.

Respondent1: My dad says it's a rip-off, and what happened to free education?

Interviewer: So we've kind of talked a bit about it, but what do you think about free school meals? Do you think it's a good idea?

Respondent1: It's good because [overspeaking 00:12:24].

Respondent3: I think it is a good idea but...

Respondent6: Lunch should be free, but then brunch, if brunch was free there would be a really long line. Because once brunch was free and the line was

going all into the street, to outside, and people kept walking, it was more than 200 people waiting to have brunch.

Respondent5: That's because we don't do the token system for brunch because people are not bothered to pay for it.

Respondent4: Even though lunch isn't free, it would still be the same line as it is, because everyone goes to lunch.

Respondent3: I agree with that statement. It should be for everyone or no one.

Interviewer: So you think everyone should be entitled to have...?

Respondent3: Yeah.

Respondent6: Yeah. But then not brunch, because then everybody would go and get brunch.

Respondent4: Yeah. It's kind of not fair that just because you work extra hours, you have to...

Respondent1: Just because your parents are able to work, it doesn't mean they have to pay, because maybe they need it for something else, like rent or...

Respondent2: Yeah, because sometimes your parents can be single.

Respondent6: Pocket money for me.

Respondent2: Like sometimes your parent can be a single person who only works a few hours like my mum. So, it's kind of hard for her, because she's going to have to start paying. So, it would be hard for her as she like, you know.

Interviewer: Yeah.

Respondent5: I think it would have been better to have different food for different prices. Because there was one time this year where every single food was left and they put chicken on Kingsmill bread, and that cost £2.

Interviewer: So you'd like a bit of variety? You'd like some things to be a bit cheaper and some things...?

Respondent3: Yeah, because...

Respondent1: Like Sainsbury's, some things are £100. [Overspeaking 00:14:01].

Respondent4: Like some things I think are kind of worth £2, but some things are just...

Respondent3: Not.

Respondent1: That should be, dessert, like an apple should be 25p to 50p.

Respondent3: 50p for one apple?

Respondent1: In Sainsbury's it's 35p.

Respondent6: Because they don't have to take the, you don't actually have to take the dessert, so it's basically free. It's not free because then you can't just take it anytime.

Respondent3: Yeah. One time I didn't have any money in my account so I just got a...

Respondent1: Green slip?

Respondent3: No. That green slip system just does not work. I just got a dessert.

Interviewer: [Overspeaking 00:14:35] system?

Respondent5: You have to pay real money.

Respondent3: So basically, you get a green slip if you have no money in your account, the next day you have to return the money. The school probably has lost so much money from that system because nobody pays it back.

Respondent6: Yes.

Respondent3: They do write names down.

Interviewer: But do you like that they, if you don't have any money on your card they still let you eat?

Respondent3: Yes, that's true.

Respondent6: Yeah, but then...

Respondent1: They have to, otherwise you're going to fail in your exams or something, or you're going to sue the school.

Respondent3: At least they're giving you a chance if you don't have money.

Respondent2: Well, I think the green slip idea is good, but I feel like it needs more...

Respondent5: Security, because people are not paying it back.

Respondent2: And the food is nice at times, like it's really good, especially at lunch.

Respondent4: Can you just let us have free school dinners?

Respondent3: Free school dinners, everyone would just be happy. [Overspeaking 00:15:23].

Respondent6: Free school dinners, not everyone would go eat lunch every day, because boys they've got football at lunch and then they have other clubs during lunch.

Respondent3: What do you mean 'Boys'?

Respondent4: What about girls? What about girls?

Respondent6: Specific days boys have football.

Respondent1: And I always forget my trainers. Like, God damn.

Respondent4: Like jacket potato, £2 just for that. They serve that every day.

Respondent3: They sell it every day.

Respondent4: I can make that in five minutes at home. Just put the frickin' potato in the microwave, add cheese and tuna. Done.

Interviewer: So, you think that you're not getting very good value for money?

Respondent4: Yeah.

Respondent3: Yes.

Interviewer: Paying too much for what you're actually getting?

Respondent6: There's cold lunch, there's...

Respondent5: Chicken wrap.

Respondent3: There's one wrap, this tiny, like the size of this recorder.

Respondent4: We are teenagers, we need a good meal.

Respondent1: We need [inaudible 00:16:14] or something.

Respondent3: 90% of us are teenagers.

Respondent4: Actually, talking about lunch, this is making me so hungry.

Respondent1: I'm 12 and I'm growing, I need...

Respondent5: For a cold lunch, you need something the size of a Subway.

Respondent3: Oh my God.

Respondent4: We need drinks. We need drinks.

Respondent1: We need drinks. Even healthy orange juice or apple juice or any other type of juice or water.

Respondent4: Shh, let someone talk.

Respondent6: You get smoothies, you get orange and you get water or tea.

Respondent4: No.

Respondent3: That's for breakfast.

Respondent6: But then they don't give you anything apart from water if you have your own cup or water bottle.

Respondent1: And you have to go outside. What I hate is because they don't have like, they have water jugs and stuff but there's always rumours going around that like someone spit in it, and that I don't want to drink.

Respondent4: Yeah, but everybody drinks from the jug because they don't have cups, and it's just so disgusting. [Overspeaking 00:16:58].

Interviewer: Water fountains just outside, are they?

Respondent5: Yeah, they're just outside.

Respondent1: You have to go all the way outside then come back and someone has taken your seat. I hate it when that happens. Do you not see my bag is on my chair? My food is in there.

Respondent6: And if you're wondering, the food is never like...

Respondent1: All, every time.

Respondent5: I was once so keen on the food, I was on that side of the lunch area and I needed to go all the way there, and...

Respondent3: All the way there. It's not like a marathon.

Respondent4: Sometimes you can tell the food is actually fresh and it's nice. Like when they make lasagne, oh my God, that's my favourite.

Respondent3: That lasagne...

Respondent4: It's so hot and it's just really nice.

Respondent3: But sometimes they give you like this tiny [overspeaking 00:17:37].

Respondent4: Yeah, it's so small.

Respondent1: And I'm going like, the struggle is real. If you get...

Interviewer: So, you want bigger portions?

Respondent1: Yes.

Respondent4: And also, my friend, she goes to Ashland and she was telling me how she has like milkshakes and they're so nice, like Oreo milkshakes. I'm like... we only get nice food, we want drinks.

Respondent1: I'm moving to Ashland, people, goodbye. Say goodbye.

Respondent4: Because most of the people in our school love the drinks, so like, not fizzy, well fizzy would be really nice, but like...

Respondent1: Come on, it's a healthy school, they wouldn't do that even if you paid them. Okay, but like just orange juice or water or something.

Respondent4: I'm hungry now.

Respondent5: The food is so oily.

Respondent6: Yes.

Respondent5: The food is really oily.

Respondent3: Fatty and...

Respondent1: I remember the potato for brunch time, my friend gave me one of these sliced potatoes, it's not even spicy but they call it spicy, I dumped it out, the whole cup was filled with grease. I said 'No, you can keep it'.

Respondent4: I like the wedges.

Respondent1: You can keep it. It's your birthday present, you can keep it.

Respondent3: The cakes are really good.

Respondent4: Yeah, they're nice.

Respondent1: The waffles.

Respondent3: But sometimes when they run out of cakes or like, they give jelly
that's really not set.

Respondent5: The problem is that they rush it out [overspeaking 00:18:48].

Respondent3: Yeah, they do rush it.

Respondent4: The jelly, I don't like it.

Respondent6: If you're last, it sets, but if you're first you get a drink. That's what you
get.

Respondent1: You get a coloured drink.

Respondent4: I think that's why most people go for it, because it tastes like an actual drink.

Respondent3: The best...

Respondent1: I just scoop out the wobbly bits and just drink it straight.

Respondent5: That's what I do.

Respondent3: The best food I had was when it was Ramadan.

Interviewer: Yeah?

Respondent6: Nobody ate.

Respondent3: Nobody ate, and the food was like so fresh.

Respondent4: Oh...

Respondent1: I wasn't fasting, I was always first in line because no one went to line.

Respondent3: Nobody was in the line, it was just perfect.

Respondent1: And then [overspeaking 00:19:23]. No, my friends always take lasagne and stuff, I always get jacket potato, I don't know why.

Respondent3: I buy what...

Interviewer: So, what your friend buys...

Respondent3: I get what I get.

Respondent1: I couldn't really care.

Respondent4: No. All of my other friends buy the same thing. I'm like 'No...'

Respondent3: I choose what I like.

Respondent4: Hell no.

Respondent1: They call me weird because like every day I always get a jacket potato and cheese and tuna.

Respondent4: No, I don't like that.

Respondent1: Unless there's none there.

Respondent4: My friends get that.

Interviewer: So, you have the same thing every day?

Respondent1: Yeah.

Interviewer: What about the rest of you? Do you have different things every day?
[Overspeaking 00:19:50].

Respondent4: I have different things.

Respondent3: I choose the best one out of the three.

Respondent1: If there's lasagne then [overspeaking 00:19:53] I'm taking lasagne.

Respondent4: Oh my God, I love lasagne.

Respondent1: Praise the Lord, I'm taking lasagne.

Respondent6: Like the rice sometimes is undercooked and dry and, yeah.

Respondent4: It's really hard.

Respondent6: Yeah.

Respondent5: About the curry, yeah, normally it's beef, yeah, and one of my friends is actually Hindu and so he can't have curry when everyone else is having curry.

Interviewer: Ah, okay, so sometimes it's your culture or your religion that [overspeaking 00:20:16] rather than what your friends...

Respondent1: And I really think there should be more like vegetarian options, because I have a friend who is vegetarian and she finds it really frustrating because she barely gets anything good to eat because she usually just gets the same thing because she's vegetarian.

Respondent4: All they get is like jacket potato and that's it.

Respondent1: She eats it, but she doesn't really like eating animal processed foods. But yeah, she's not vegan, but she doesn't like to, if she can.

Interviewer: Okay. So, moving away a little bit from the school canteen and the school meals, who brings money with them to school? So not on your electric system, but who actually brings cash with them to school?

Respondent4: Only like a few pounds.

Respondent6: Depends what it's for.

Interviewer: And what do you bring that for?

Respondent4: Sometimes they make cakes on the street, so it tastes nice, so we buy it.

Respondent2: I bring it in case of emergencies.

Respondent1: I don't think you should bring money to school because you get mugged. I had £10 and I lost it during PE.

Respondent4: But like we don't bring that much. We wouldn't buy like ten cupcakes.

Respondent6: Because if you're caught outside of school or inside a near shop [inaudible 00:21:22] or if you're in the shop they're going to get in trouble.

Interviewer: Okay.

Respondent2: So we only get a little bit of money.

Respondent4: Two or £3.

Respondent2: Because of cake sales, because of like trips, you can buy a snack to take. Or just in case of an emergency.

Interviewer: So, it's not, you don't bring money with you to buy food before or after school?

Respondent3: I do. Sometimes on Thursdays I always know that the food there is just not good, so I don't eat lunch and then after school I go to the shop. I have to sneak because technically we're not really allowed to go.

Interviewer: So the teachers, do they...?

Respondent3: They stand outside the shops.

Respondent5: Yeah, they stand...

Respondent6: It's like a prison; you're not allowed to go into the shops.

Respondent3: I do go home sometimes and then come back just to change and get my food.

Interviewer: So, you go and get changed out of your uniform so they can't...

Respondent4: Sometimes.

Respondent3: Sometimes. [Overspeaking 00:22:09].

Respondent6: Unless you keep it in your bag.

Respondent3: Yeah, I live really close.

Respondent6: Lucky.

Respondent4: Same.

Respondent5: The teachers normally [overspeaking 00:22:13]. But they only guard one chicken and chip shop, so there are two more chicken shops the other side of the road and no one guards them.

Interviewer: Ah, okay, so you go over there do you?

Respondent5: I don't go there, but most of the people...

Interviewer: But people do?

Respondent1: I only go there like...

Respondent4: Because it's only like one minute away. Like it's not even that far, so I don't understand why the teachers don't really...

Respondent1: I only go like once a month or something, because I know it's not like very good. My mum only allows me because I don't really eat breakfast or dinner, I only have school because that's the only time I'm using my brainpower. I don't like thinking most of the time. I know, weird.

Interviewer: Okay, so just staying on that topic, who does buy food outside of school? So after school or before school?

Respondent3: Yeah, I do.

Respondent1: Sometimes.

Interviewer: Sometimes?

Respondent6: [Overspeaking 00:22:58] sandwiches, like healthy things.

Interviewer: So, you can bring things in, can you?

Respondent1: I usually bring like...

Respondent6: I think you might be allowed a crisp, but you're not allowed anything...

Respondent4: Chocolate.

Respondent6: Junk, chocolate.

Interviewer: Okay.

Respondent1: I always bring like a muffin or something that I get from Sainsbury's for like 75p, then the change, go back to my house, give the change to my mum, give half to my sister and the other half I have for brunch.

Respondent2: What, like buy food and then eat it at school?

Respondent1: Yeah, I have it for brunch.

Respondent2: Oh, I don't.

Respondent1: Sometimes if I'm bothered, other times...

Respondent2: It depends.

Respondent5: If I don't have money in my Parent Pay and I don't have time to refill the money in the Parent Pay, I normally just get £1 from my dad and before school I'll just quickly go to Tesco and get a sandwich.

Interviewer: Okay.

Respondent3: When I, sometimes I come to breakfast, school breakfast, but now that it's coming dark I can't leave early and so when I go to school I grab something just in case I get there and it reaches eight o'clock and I'm not allowed to eat. Yeah, so I think they should like extend it.

Interviewer: You think breakfast club should be a bit longer?

Respondent6: Yeah, because like if you have...

Interviewer: It is dark until about eight.

Respondent5: I live very far and, yeah, I can't come to...

Respondent3: I have to wake up at like 6:30 just to get breakfast.

Interviewer: So, do many of you come to breakfast club? Like...

Respondent6: Yeah, I do.

Respondent4: I don't.

Respondent1: No.

Respondent6: I usually come when it's dark, but if it's too dark and cold my dad drops me off.

Interviewer: Okay.

Respondent1: I usually can't because I'm making sure my brothers and sisters are, yeah, and then 'Oh, there's a breakfast club' and then I go and it's not open. And I haven't had breakfast and I'm like really hungry the whole day because I probably didn't have dinner because, not because there isn't food at home...

Respondent4: I just need extra sleep.

Respondent1: You know, I don't have the time to eat. Like clubs and then other stuff.

Interviewer: So, do you sometimes buy food after school because you know you're not going to eat?

Respondent1: Sometimes, like if I have five, ten minutes to spare before school, because I got out early, I might have money in my purse or something and I might go to the shop, buy a water bottle or maybe another snack or something if I didn't get a snack before.

Respondent4: Yes.

Respondent1: Otherwise I'll just keep the money for another day and keep it in my jar.

Respondent4: Sometimes I go like just to a little shop before I go and pick my sister up after school just to get her sweets or something, because sometimes like she doesn't really get that much sweets. So, yeah, when I go to school she is kind of happy about that, but like teachers don't really stand it, so it's normally like me who goes there because not many people go there. So, yeah.

Respondent1: I do similar stuff on Mondays and Tuesdays I pick up my sister, usually I get changed obviously then I go out and I usually get like £1 and buy her sweets because she's not allowed sweets at home because of my dad, well, she is, but not often, only on celebrated days, her birthday, Eid or something.

Respondent3: Okay, okay.

Interviewer: So, when you do buy food outside, do you go to any of these places?

Respondent6: [Overspeaking 00:26:11], yes.

Respondent4: No.

Respondent3: Yes, Besties.

Respondent5: I go to Besties.

Respondent3: Yes, Tesco. Yes, McDonald's. Yes, KFC.

Respondent1: Besties when my dad [overspeaking 00:26:18].

Respondent3: Pizza Point is the one that the school don't guard.

Respondent4: If I see my mum...

Respondent3: That's where everyone goes, yeah.

Respondent6: Besties is really guarded a lot.

Respondent3: Yeah.

Respondent1: Yeah, because teachers know they love Besties.

Respondent6: Besties, top right.

Respondent5: I went to Tesco and Pizza Point.

Respondent4: Once there were these two boys and they bought Besties and the teacher was right next to it, and it was like on the last day of year seven, and the teacher saw them with it and he told them to throw it in the bin. So, it was kind of like wasting their money. It's kind of sad.

And also, my friend, they bought a slushy and they were just going to come to my house because, I don't know, it was just a last day so we were allowed, and then they weren't allowed it so they all had to throw six of them away.

Interviewer: Really?

Respondent4: Yeah, it was kind of sad.

Interviewer: That's not really fair.

Respondent3: Yeah.

Respondent6: They should at least give us a verbal, like two chances.

Respondent1: And if the third time then after, on the third time and after you should throw it in the bin, but you shouldn't even do it.

Respondent3: I don't...

Respondent5: Throwing in the bin, they should just give us detention.

Respondent3: I don't know why they don't let us.

Respondent1: No, because like, I don't know, they might like, you don't know what could happen. They want to have a healthy example and stuff, and like because we had an assembly on this, some children, I don't know why they do this, because they might like steal something from the shops and they'd complain to the schools. But none of us have ever done that. That was like, I don't know, five, ten, a million years ago and no one ever does that anymore. [Overspeaking 00:28:00] come on, we have coins.

Respondent3: Five, then, a million.

Respondent1: Five, ten, a million. I only skipped like two. Wait... wait... no, 1,000.

Interviewer: So, after school, when you go to the shops, do you just go to the same places?

Respondent3: Yeah.

Respondent1: Yeah.

Respondent6: Yeah.

Interviewer: The teachers aren't guarding them.

Respondent4: Normally Besties is like right next to our school...

Respondent3: Besties...

Respondent1: Yeah, right after the bus stop.

Respondent5: [Overspeaking 00:28:19] one minute away and they don't guard that.

Respondent3: Besties are really expensive.

Respondent6: Yeah, so expensive.

Respondent1: I usually go to E2 Spice if I'm going to do that, because it's right across the road to my house, near the cinema.

Respondent6: They served me raw chicken.

Respondent1: I never buy the chicken, I just buy chips.

Respondent6: Raw chicken, black chips. Vomited.

Respondent4: Normally if I go Besties, I see my mum so I just ask her if I can just get a little bit of change and go buy it. So, yeah, and after that I just go home and eat.

Respondent3: Those places are so far from school.

Respondent6: See, these places are way too far.

Interviewer: Far away, are they?

Respondent4: Yes, this is where...

Respondent6: They're towards Bethnal Green Station.

Respondent4: Yeah.

Interviewer: That's too far away.

Respondent4: No one would ever go to [overspeaking 00:29:00].

Respondent3: I go to Iceland when I'm not on school. I just buy like those microwave pizzas.

Respondent6: Then there's this place...

Respondent1: I buy those huge strawberry laces packets.

Respondent6: It takes like ten, 15 minutes for teachers to arrive there. Go in there they can sit there for ten minutes, rest there, and when they see a teacher then they just walk out and act like nothing happened.

Respondent2: Mostly people who go there go home before they actually go.

Respondent1: Yeah.

Interviewer: Get changed?

Respondent1: Home is like 50 seconds away.

Respondent2: Mostly to just go and buy the food for like their house or something.
Because I've seen like when I'm just going home or something, I've
seen people like, yeah.

Interviewer: Are you happy with the kind of food outlets that are around the
school?

Respondent3: Yeah.

Respondent6: Yeah.

Respondent2: Yeah.

Respondent3: My parents were...

Respondent5: There are so many different shops, technology, food.

Interviewer: And do you like, is it good prices or is it the quality of food that you
like or the variety?

Respondent1: It's the prices.

Respondent4: Outside of school?

Respondent3: Yeah.

Respondent6: Better quality and value outside than inside the school.

Respondent4: Yeah, and mostly people around the shops are really nice, so we know we're in a safe environment. And even if something bad happens there's loads of people there, so if anything bad happened we all know like...

Interviewer: So you feel safe?

Respondent4: Yeah, and there's loads of our classmates and stuff, so it would be easy to contact [overspeaking 00:30:20].

Interviewer: The food and drink that you find outside of school, does that ever influence what you eat in school or before school?

Respondent2: No.

Respondent3: Yes. If there's like chips at school, I love chips, chips are just so good.

Respondent: And we don't love chips [overspeaking 00:30:41].

Respondent3: Outside-school chips are like way better than inside-school chips.

Interviewer: Sometimes will you not have lunch so you can have chips?

Respondent3: Yeah.

Respondent6: That's [overspeaking 00:30:51] last day because they had like five on them, so they either go KFC or McDonald's or Subway to get something big.

Respondent3: But I do see why they don't, McDonald's, because there's, on the last days of term there's like loads of our school children.

Respondent2: Yeah, it's the biggest queue in the world.

Respondent5: McDonald's?

Respondent2: It's not just our school as well, I think it's some other schools as well.

Respondent1: God help you if you're in that queue and my dad will be there. You'll be there until next September.

Respondent2: Like people just go there just to get a McFlurry or something.

Respondent6: Yeah, or chips.

Respondent3: You don't go there for like the chicken or something.

Respondent1: That's all you ever want [overspeaking 00:31:27]. Oh, yeah.
[Inaudible 00:31:32] so good for us.

Respondent3: You can just quickly have it.

Interviewer: So what [overspeaking 00:31:36] you buy after school?

Respondent4: My mum...

Respondent1: Can I say something?

Respondent4: Don't care.

Respondent1: I never really, I've never in my life ever told my mum. I've always told my mum because if there's any left over...

Respondent2: I've never...?

Respondent1: I've never, ever not told my mum that I'm going to buy...

Interviewer: About what you've bought.

Respondent1: Because I always have to ask her for the change the I go and buy, I always bring her the receipt if there is one, otherwise I write it down if I forget, then I give it to her and then she tells me if I should have had it or not.

Interviewer: So she tells you about whether that's healthy or not healthy or...?

Respondent3: All the time on Friday I always ask for chicken and chips because that's when my mum is most happy, and she does not like it. She thinks it's oily, unhealthy, a waste of money. But she does know that we like it, me and my sister, even my little brother. And living around here with really quick access to fast-food restaurants...

Interviewer: It's quite affordable, isn't it?

Respondent3: Yeah, it's really affordable, but it's not really ideally healthy and that's why she don't like...

Respondent5: My parents let me have chicken and chips every three months.

Respondent6: Yeah.

Respondent4: Three?

Respondent1: I only get it once a month.

Respondent3: Yeah, she only allows me like once a month.

Respondent2: Like twice a month. It depends if we've been good and stuff.

Respondent5: Sometimes my dad gives me an exception, lets me off with it.

Interviewer: So, the foods that you buy on the way home from school, do you tell your parents about...? [Overspeaking 00:33:04].

Respondent3: Not really.

Respondent1: Have to have a strict regime.

Interviewer: Is that because you think they'll tell you that you...?

Respondent3: Yeah.

Interviewer: Shouldn't be eating it?

Respondent3: Yeah.

Respondent6: If I'm having it, by the time I get home, my mum or dad will see me having it.

Respondent4: They'll just smell it.

Respondent3: Like before I go to school sometimes I might get an energy drink if I didn't have breakfast or anything.

Interviewer: Okay.

Respondent1: Can we go?

Respondent2: Yay, now we have lunch.

Interviewer: Okay, yeah, that's cool. Thank you.

Respondent2: Okay.

Interviewer: Thank you very much everyone.

Respondent2: Talking about lunch, now we have lunch.

Interviewer: Enjoy your lunch, hopefully you've worked up an appetite.

END OF AUDIO