

Food and Drink purchased 'Through the School Gate'

Principal Investigator: Professor Wendy Wills, University of Hertfordshire

Tel: 01707 286380 Email: w.j.wills@herts.ac.uk

Transcript

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Interviewer: There are going to be a lot of questions today. Some of them you might feel are more relevant to you than other questions, and if you don't feel like they are relevant tell me that and tell me why, tell us why. We are all going to be asking you questions and we are not here to judge you or we are not taking notes on you, we are just interested in what you think and what's kind of happening in terms of your experiences. So...as I've said, this is our aim, we want to know...we're going to show you some images, so we took some photos of your school environment and you have some amazing facilities here at the school, so we wanted to kind of...to put a few of these images through the PowerPoint presentation to also get us to think about our purchasing habits or your purchasing habits and to get you to think about particular questions about the food environment in your school and outside of your school. Okay? And like I said, we're not expecting anything, we're not looking for right answers, we are just looking for what you think. Okay.

All right, so we saw your outside pod, we saw your main sort of eating area, canteen, and like it didn't look like this when I was at school, this is quite impressive. And meat free Monday. So there's kind of like there seems to be options available for you. So we wanted to explore some of the options. You know where you are so we might discuss them now to [inaudible 0:01:20].

Okay. Let's start with this question. Pretty simple. Who purchases food here in school through the outlets here? Okay. So is that all of you? Is there anyone who doesn't?

Interviewer2: Just one.

Interviewer: Just one? No? So everybody purchases their food? Okay. How often might that be?

Female: I buy food every day.

Interviewer: Every day, okay.

Female: Usually when it's convenient when I'm near the pod, so that's normally like once or twice a week.

Interviewer2: So sorry, at other times, so the other times when you don't buy food then do you bring food in?

Female: I bring a packed lunch every day, but then if it's convenient I'll just go to the pod for like sausage rolls and [overspeaking 0:02:15].

Interviewer: The pod is the outside area?

Female: Yeah, it's the outside one, not the canteen.

Male: I buy food like every lunchtime and that's like...it's not always like...it's not really like meal things, not...I don't really buy them.

Interviewer: So not like the meal deals, so like sandwiches and things like that, is that what you're talking about?

Male: Yeah. More like cakes and stuff.

Interviewer: Cakes. All right.

Female: I normally just go in there if I've like forgotten my drink. But I have a [inaudible 0:02:50].

Interviewer: You have a packed lunch normally?

Interviewer2: Is that most days? Every day?

Female: Every other day.

Female: I bring a sandwich in but if my friends are going to the canteen then I will go with them and then sometimes I'll buy something and then sometimes I'll just go and sit with them.

Interviewer: Okay. And that's kind of an interesting question too isn't it? Is about do you think your friends influence the choices that you make about food in school?

Male: No.

Interviewer: No? Why not?

Male: Because I just eat what I want really at the school. I just like eat what I want at school, I don't like copy what my friends eat like kind of thing.

Female: My friends sort of like the same as me, so we don't normally...

Interviewer: It's not normally an issue.

Male: I think most of the time if you go to eat with your friends it's not like to eat same as them, just to be able to talk to them, so...

Female: My friends don't influence what I eat, it's just sometimes none of us are hungry and so we just don't go to the canteen.

Interviewer2: Is that for the whole day, or is that just...?

Female: No, just at like break or something.

Male: I don't really eat at break, I only really eat lunch. No one really...yeah, if you eat at break you normally don't eat at lunch, then if you don't eat at break you normally eat lunch.

Interviewer2: Is that true for everyone else here? Do you feel that you only eat at one or the other?

Male: Or like sometimes if a friend has a packed lunch or something I just eat bits of their packed lunch and [inaudible 0:04:31].

Interviewer2: It's tempting carrying a sandwich with you all day.

Interviewer: Yeah. Does everybody...? I heard that you've got a breakfast club here, is that right? In terms of food that's on offer in the mornings?

Female: There is some food like cereals and stuff, but I don't ever eat them.

Male: You get bacon rolls.

Interviewer: Yeah. All right.

Interviewer2: So what influences whether you choose to eat at mid-break or at lunch? Are you influenced by the fact that you've had breakfast? Are you influenced by what's on offer? Do you prefer...? Maybe on one day you know that you don't like what they have for lunch so you

choose to have midday break. What do you think about? I think you had your hand up first.

Male: Well it can just be where you are the lesson before, if you can get there without there being a huge queue.

Interviewer: Okay, so if you can beat the queue?

Male: Yeah.

Interviewer2: Very smart man.

Male: I also think it's if you're in the lesson before, but as well as that it's probably like determined by if you're hungry or not, or like at break.

Female: I may only just have something small at break and then [inaudible 0:05:39] at lunch, so it just depends whether I'm [inaudible 0:05:42].

Female: I think it's also what's served. Because at break they do pizza in the canteen that they don't do at lunch and then in the pod they have pasta at lunch, but like sausage rolls and chicken burgers and things at break. So it's kind of like if what you want...

Interviewer2: So then you think about if you fancy pizza you know that you will then go for break rather than go for lunch, and if you fancy pasta you will skip break and go for lunch?

Female: Yeah.

Interviewer2: Thank you.

Interviewer: Well we've kind of covered that and we've kind of covered these too. So out of the...because we've talked about the pod and the canteen, because I know that some of the outlets are for the senior students, but what is your preference across the two? Are there preferences? What you like about the particular outlets that you [inaudible 0:06:45]?

Male: There's a lot more options in the canteen, so I usually like want to go there.

Female: I like how they do the little fruit box, because you can either have like a piece of fruit or you can just have...like you don't have to choose one or the other.

Female: At the pod, because it's outside, like in the winter it gets quite cold so I usually go to the canteen in the winter and then there's a bit more options and [inaudible 0:07:16].

Interviewer2: So are you not allowed to eat food that you buy from the pod in the canteen?

Female: No.

Female: No.

Interviewer2: So that influences what you decide to eat?

Female: Yeah.

Interviewer: And is there a specific sitting area for those of you who bring a packed lunch?

Female: Yes.

Interviewer: And that's apart from the eating areas in the canteen and the pod?

Male: They'll let you eat a packed lunch anywhere really.

Interviewer: Oh right.

Male: But there is a place where like it is actually for them, but no one really...well a few people sit there but you don't have to eat it there.

Interviewer2: So if you had a packed lunch but your friends were buying food from the canteen you could get away with sitting with them you think?
With your packed lunch?

Female: Yes.

Interviewer2: Yes? I'm getting yes and nos. Yes if you're sneaky?

Male: You can literally like sneak a sandwich in your pocket and they won't notice, from your packed lunch and then just eat it.

Interviewer2: Okay, okay.

Interviewer: Is it that your friends would be...? That you had to sneak it from your friends or that you had to sneak it from the canteen staff?

Male: No, if you had like a packed lunch you'd take the sandwich from your packed lunch, put it in your pocket and then you'd go in with your friends.

Interviewer2: Otherwise you'd get asked to move?

Male: Otherwise they'd say no packed lunches in the canteen, go to lunch or...

Interviewer: Oh okay, all right, we've hit on something here.

Female: I was going to say that you can only take stuff out of the canteen like before school. So you could take your like lunch and put it in your bag [inaudible 0:08:51] friends [inaudible 0:08:52].

Female: You can eat your packed lunch in the pod because it's like an outside area, and also we're not like allowed to take food out of the canteen. We can take water bottles but you can't take anything else.

Interviewer2: So what about sandwiches?

Female: No.

Interviewer2: So nothing other than water?

Female: No.

Male: No, but loads of people like if they haven't finished their biscuit or something, you just put it in your pocket and take it out, like you haven't finished a bit of something you take it out.

Female: Finish it later.

Female: I eat packed lunch every day and I just sneak it into the canteen and the teachers don't actually notice, then you sneak it out in your pocket [inaudible 0:09:31].

Interviewer2: So it seems as though those of you who do have a packed lunch prefer to eat it with your friends who are maybe eating in the canteen. So do you think that you should be allowed to all eat together in the same place? How do you feel about the rule of having to eat separately?

Female: I think that you should be able to eat together but the canteen is a bit small for everyone to eat together, so they should have like...make it bigger.

Interviewer: Are there standard break times? Because I mean there's over 2,000 students at this school, so how does...?

Female: We have in the canteen at lunch first seating and second seating. So you have year 7s and 8s together, and year 9s, 10s and 11s and year 9s, 10s and 11s get first seating on Mondays, Wednesdays, Fridays, and second seating on Tuesdays and Thursdays.

Interviewer2: So we are interested to know really what you think about the food choices that you have here at the school and what things you like and what things are on offer that you don't particularly like. I'm not going

to say anything else at this point because I don't want to lead you in any direction.

Male: Well it's like in year 7 you come from like...going from like school meals every day to like that and it seems really good, but then now it just gets really boring, the food, it's just like the same every day.

Female: Only like the main hot food gets switched up, so like William said, it gets a bit repetitive because the same food is served every day.

Interviewer2: Okay. So it's the main meals change, but if you want a sandwich or a salad or pizza or pasta, all of that other stuff is the same?

Female: Yeah. Like there's lots of options but it just gets a bit samey.

Female: They changed the salad bar around, so they sometimes like have bread and [inaudible 0:11:42], salads and tuna and stuff like that.

Interviewer2: So they do put different things in the salad bar? That's good. That's good to know.

Female: My friend complains there's not enough gluten-free options, because she can't have...

Interviewer2: What option, sorry?

Female: Gluten-free. So there aren't many sandwiches that she likes because there are only like two different types every day that are gluten-free.

Male: Like there's lots of choice like Emma said, but then like you end up only liking a few of the things, so you then eat the same three different things every single day, so then you just eat...like it's not very healthy as well probably, because you're just eating the exact same thing every day.

Male: And like half the time when you do like some things other people might like them, so then when you go to get them they're all gone.

Interviewer2: So the popular ones go quickly?

Male: Yeah.

Interviewer2: What are the popular things then?

Female: They have like just different types of [inaudible 0:12:48], but they have like sandwiches and different pasta [inaudible 0:12:55], so they sort of go.

Male: The most popular thing probably at break is like waffles and like pizza. And then like at lunch, err, [inaudible 0:13:09], I don't know, just like sandwiches probably.

Female: It's usually pasta that goes the fastest at lunch usually.

Male: No, there's always enough of that though.

Female: Yeah.

Male: [inaudible 0:13:24] at lunch it's like the burgers go quickest.

Interviewer2: Okay, so what things do you like for lunch or break? What are your go to options?

Male: I like the sushi canteen, that's quite nice. Also there's like these little cakes with like the cherries in, they're quite nice. Also the gingerbread men are very nice. Chocolate milk and apple juice.

Interviewer2: So apart from sushi all the sweet stuff is good?

Male: Yeah.

Male: I usually just get a chicken and bacon sandwich if they have it.

Interviewer2: A chicken...?

Male: And bacon sandwich [inaudible 0:14:13].

Male: I like the bread, like the waffle, like skinny pop, [inaudible 0:14:17], and then I just get a BLT at lunch.

Male: Ham and chicken and bacon sandwich.

Female: I like how you can get any sandwich or wrap and you can have it toasted.

Interviewer2: That's good, yeah, that is good.

Female: Yeah [inaudible 0:14:34] the same.

Interviewer2: Yeah, toasted sandwiches and stuff.

Female: I like it's like a sandwich but it's wholesome with ham and chicken in it.

Female: I just like the sandwiches.

Female: I like the chicken wraps that they do, they do like four different types.

Interviewer2: Okay. Oh four different types?

Female: Yeah. Like there's just like sweet chilli chicken, fajita wrap.

Male: The sweet chilli chicken one is good.

Interviewer2: That's a popular one.

Female: I normally have like a sandwich and fruit, [inaudible 0:15:06].

Interviewer2: You too? What do you like?

Female: Well I usually probably just have a sausage roll midway through the week as a bit of a pick me up, because it gets pretty tedious through the week. And then maybe a fruit pot or something from the canteen if I'm peckish.

Male: Yeah, same here with me for the sausage roll but also maybe just like a cake or something.

Interviewer2: And what kinds of things don't you like then? What don't you like that is on offer here?

Male: Like the cheese sandwiches are...the cheese baguettes...like everyone has them in year 7 and stuff but then I don't like them anymore.

Female: Like William said I used to like the cheese baguettes but they've done the exact same thing for like I don't know how long, but ever since we've been here, for like three years we've had the same exact thing so it just gets a bit boring.

Female: With the cheese baguettes they hardly put any cheese in the middle, it's just basically bread with a small bit of cheese.

Female: And also the cheese is slightly weird, it's like the type of cheese you see on McDonald's burgers, except it's like mushed and melted, not like gently put in, and then it's just like baked, it's weird.

Interviewer2: So would you prefer different types of cheeses and more cheese?

Female: Yes.

Male: I just hate the chicken burgers. I only like the cheese burgers because the chicken burgers they just put cheese on, it's mank.

Interviewer2: They put cheese on a chicken burger?

Male: Yeah.

Interviewer2: Who does that? Who does that?

Male: And it's like butter, the cheese feels like butter.

Interviewer2: Okay. So the cheese is not good quality?

Male: Yeah, it's melted cheese.

Female: In the cheese and ham like that, but in the cheese sandwiches, I mean the ham sandwiches, like they also put too much butter in.

Interviewer2: So what I'm thinking is really interesting is that most of you buy your food in school but the food that you're buying is sandwiches most of the time and rolls and wraps and stuff. So do any of you ever go for the meal option?

Male: No. Like sometimes, because a few of my friends go, like get it free or something, go and get it every day, sometimes I get it, sometimes I don't.

Interviewer2: Yeah, okay. And you two back there?

Female: I never get like the hot meal but I sometimes get the jacket potato.

Female: I get the hot meal sometimes but only depending on what it is.

Interviewer2: What is it that you prefer then?

Female: Oh, err, I don't know.

Interviewer2: So is it anything in particular? Like do you always get maybe the fish and chips or is it just something that takes your fancy?

Female: It just depends, yeah.

Male: Yeah, I mean I only go on Fridays for the fish and chips, but like sometimes the chips are kind of like low quality, because sometimes it's cold and sometimes it just tastes quite raw.

Female: And they're quite floppy as well.

Male: Yeah.

Female: Because they can be kind of soggy which means that they're floppy, it kind of winds me up.

Female: I never buy a hot meal but sometimes like one of my friends will buy it and then like three of them will share it. And like the next day another one will buy it, so they end up each buying one meal that they share it between.

Interviewer: Is that because sharing is...because of the size of the meal or is it because of the cost, the prices of the meal make it difficult for...?

Female: I just think it's because they're not really kind of [inaudible 0:18:59] always.

Male: I've never had one in my life. I really don't want to. They don't even look that nice.

Interviewer2: Okay. What doesn't appeal to you?

Male: It's just like half the time, you know like in restaurants they like present it for you, like you just see like the chefs just slop the beans on the plate and it's just there.

Interviewer2: You'd prefer table service?

Male: In a way [overspeaking 0:19:26]. It just doesn't [inaudible 0:19:30], it doesn't appeal to me.

Interviewer2: So it's the way that they present it to you puts you off?

Male: In a way, yeah, it may taste nice, just I don't want [inaudible 0:19:41] it.

Interviewer2: Okay, that's fair enough.

Male: It annoys me if like the person before you gets like more mash than you or something. Like they give some people like two scoops and the people that they see every day they give like more than the people they don't, that annoys me. And I realise...spaghetti Bolognese too.

Female: With the sandwiches again they're normally...you know like the plain ones, like the cheese and just the ham, they are normally like less expensive than the really nice ones, because you normally go with just the ones, like the less expensive ones that you could have something else with it.

Interviewer: Okay. So that's an interesting point, so the plain...like the more basic sandwiches are cheaper. I want to move onto the next question really, but just before we move on, so we were getting into some interesting points there about the hot meals. So some of you do have them sometimes. So of the hot meals then and I understand you have them more rarely, but what types of hot meals do you like and not like then? So we're not talking about the sandwiches, we're just talking about the hot meal option.

Male: Like I don't like the curries and stuff.

Interviewer: You don't?

Male: Like they taste like...just not very nice. Yeah.

Interviewer: Are they too spicy or bland?

Male: They are not...they taste like tomatoey and they're just like really...and the chicken is really hard in them and stuff. Also the chips on some things are really rock hard.

Male: [inaudible 0:21:27] the one I like the most is probably the spaghetti Bolognese.

Interviewer: Yeah, okay, and you mentioned that earlier didn't you? You like the spaghetti Bolognese.

Male: And also the burgers are good and sausage roll, they're like [inaudible 0:21:39].

Interviewer: Anybody else have any particular likes or dislikes of the hot meal options?

Male: Well I'm probably like one of the few people that actually like cheese baguettes.

Interviewer: Okay.

Female: [inaudible 0:21:54].

Interviewer: No, no not at all, everyone's preferences are different. Anything else about the hot meals then? What you like or don't like? No?

Okay, great.

Interviewer2: So a few of you have mentioned that you bring packed lunch into school, so who packs your packed lunch, how often do you bring it in and what kind of things do you typically have?

Female: My mum normally does my sandwiches, but I normally like bring in the snacky bits to go with it or like the snacks for break. So I normally have a sandwich, like a piece of fruit, some crisps and [inaudible 0:22:33].

Interviewer2: And with your sandwiches do they change regularly and do you choose what kind of sandwiches you have or does your mum choose?

Female: My mum says like 'Do you want this?' and I'll say 'Yeah', but she normally like mixes things around a bit, so sometimes I'll have like cheese and then like ham, like different things.

Male: I usually make my own packed lunch and I usually alternate between ham and cheese sandwiches, and I'll either have...I'll usually have, if I have ham I'll have something dairy like cheese in my packed lunch and then something savoury and sweet. Or if I have cheese then I have something like protein thing, like sausages or...sausages, and then I'll just repeat the pattern for like alternating days.

Interviewer2: So for you it's quite important to have a balance packed lunch?
That's interesting.

Female: When I have it I either have pitta bread or something and [inaudible 0:23:33], but then if I don't have that I always have pasta [inaudible 0:23:39] or rice and [inaudible 0:23:41], whatever is left over from the night before, my mum makes it.

Female: I usually make my packed lunch and I usually have like a sandwich or like a salad or something and then I have it with like some kind of cake or like biscuit or something and fruit.

Interviewer2: And do you vary your salads according to what you fancy?

Female: Yeah.

Female: I generally have a packed lunch but I just kind of have a sandwich that my mum puts in my bag because the school sandwiches are quite expensive. So my mum gets like annoyed if I buy those because she is saying I can make you a sandwich for a lot cheaper. So I just take that into the canteen or if I really want something from the canteen I just save the sandwich for later.

Interviewer: And do you get to choose what sandwich you get or do you have some favourites that your mum sometimes makes?

Female: Yeah.

Male: I never have a packed lunch but sometimes like if I have chocolate bars at home, like a caramel wafer I can bring them in or something, or I sometimes make myself a sandwich just to have at break.

Interviewer2: Does anyone else who doesn't necessarily have a packed lunch bringing any foods or snacks to kind of eat alongside the food that they purchase at school?

Male: Like one time I brought a massive pack of Doritos and shared with my mate. But like that, I just remembered that, bringing like snacks like Doritos, like [inaudible 0:25:05] stuff like that, because when I'm not first sitting I just get hungry so I eat.

Male: I usually just bring in a Kit Kat or a granola bar.

Interviewer2: So are these type of things that you can't buy at school and that's why you bring them in?

Female: I don't get why we can't buy crisps in school because like if you're not feeling that hungry for a sandwich or something there's not really anything else...like or pasta. So if they had crisps I'd probably buy it from them.

Interviewer2: So you want more snack foods available at school rather than just having to get a hot meal?

Female: Like Lucy said, more like snacky things, but I feel like if you wanted something snacky that's sweet you can just get like fruit or I don't know, but there's not that many savoury snack options. There's lots of like larger meals and paninis and things but there's no...there's like a pot of carrots and hummus but they're really expensive, like almost as much as a sandwich and so...

Interviewer2: So what kind of savoury snacks would you like to see then? Cheaper carrots and hummus I think sounds about right.

Female: Yeah.

Interviewer2: Anything else that you'd like to see?

Female: I'm not sure, but just like more options of smaller things that are savoury.

Female: I know that like in the long canteen, in the sixth form canteen they have like crisps and chocolate bars they can buy, because I always see my brother walking round be he's in the sixth form, and so I think it would be nice to have stuff like that.

Male: It's annoying there's not any salted popcorn because that's like the only popcorn I like, there's only ever sweet popcorn, [overspeaking 0:27:02] yeah.

Interviewer2: So what do you think of the eating areas in your school?

Female: I think the canteen is way too small. We're doing a project for graphics, we're not actually doing it, but we are redesigning the canteen, we need to go and see how like a round about the amount of chairs in there and there's only about 400 to fit a school of nearly 2,000, so I think it's too small.

Female: Also in the year there's about 400 people and in the pod I find that although it's good, it's quite exposed because even though you've got the two walls either side of the pod you've got a massive like open side which all the wind blows down and gets funnelled down, so it's even colder. So although you can get good food from the pod it isn't exactly the most ideal sitting spot in cold days or in the winter, though it is all right in the summer.

Male: As well the seating areas aren't really like that well maintained. Because like...like most people don't really want to sit on them because there's certain things left by birds, like... [overspeaking 0:28:37]. Yeah.

Female: I think the canteen is too small because when my dad was going to it it wasn't much bigger...it isn't much bigger than it was when he was here and he is quite old, so [inaudible 0:28:52], so I think it should be bigger.

Female: [inaudible 0:28:56] edit.

Interviewer: It's all right, we'll de-identify that.

Female: He said that there was like bird poo and everything, like they are always over the benches and where you sit [inaudible 0:29:14] so you don't want to sit there.

Interviewer2: So it seems like you want a larger canteen area and maybe a bit more shelter in the pod area.

Female: And more regular cleaning.

Male: Also with the pod like where you eat is under shelter but like where you queue up is out in the open so it rains on you when you're queueing.

Interviewer2: So we've spoke about what food you purchase in school and what food you bring into school, who buys food before or after school?
What type of foods do you buy?

Male: Like I don't normally do it but like just like little snacky chocolate bars and stuff.

Interviewer2: So is that in nearby shops you buy those foods?

Male: Yeah, there's like Tesco Express, so I just go to them and buy a bag of Starburst or something.

Interviewer: And how often do you do that?

Male: Not very often.

Interviewer: Less than once a week?

Male: Yeah.

Male: So like every two weeks I go [inaudible 0:30:31] to my dad, and when I'm at my mum's there's like this rip off of Nightingales called Nelly's and it's this bakery and I'd say like every two weeks I probably go there on like Friday and I get a gingerbread man from there.

Male: Sometimes I just go to Costcutter in town because it's on my way to school, if I want to buy some crisps or something I just like go there.

Female: Usually when I'm town which isn't very often I'm usually just getting fabrics or oil paints, usually I'll go to the The Ladybird which is like a sweet shop in town and I'll just get some sweets from there.

Interviewer2: So is that usually after school or before school?

Female: It's usually after school, like every month or so.

Male: Yeah, I normally go after school if like the canteen is too full. Like what I purchase there is normally just sugar, because yeah, walking back from school takes a lot energy.

Female: Sometimes on the way back from the school I go to a shop in my village at the back of the bus stop and I just get a Creme Egg or something for when I get home.

Interviewer: So it sounds like it's not buying...buying food before or after school is something that happens but it's not something that you do really regularly or every day to bring into school. Why is that? Is it because you feel like you have enough choices at school or that the choice of food outlets around here...?

Female: Well there's no really shops on my way to school and quite a lot of people walk my way and so I don't think...like you have to go out of your way to go to a shop to buy something and I feel like there is enough options in school and usually I have food at home anyway.

Interviewer: Okay.

Female: And I don't waste my money because if I get home with some food my mum will tell me off and say that I shouldn't be buying something [inaudible 0:32:40].

Male: When I do it my mum gets a bit annoyed with me, because she's like you shouldn't be going there, it's a bit of a rip off because it's quite expensive there, but it's just because the food is nice really. But like I'm not...it's just because I'm not all that hungry after school probably, it's like half the time I don't shop for food after school.

Female: It's usually because I drive to school now and again there aren't many shops on my route and I have to get out of the car, and at school it will just kind of suit me, the food will do, and I've got a packed lunch, so...

Interviewer: Do you think it's something to do with if there were...? I mean it's hard to know, this is hypothetical, but if there were more shops nearby on your walk that were convenient to go to do you think that might change things?

Male: I'd go a lot more if there were.

Female: I don't think so because I've got shops near me and I don't really go there.

Male: I don't really have the time before school to like go into a shop and buy [inaudible 0:33:46].

Interviewer2: So far it sounds like the reasons for not going to shops is either not having a shop nearby or not having the time. Is there anything else maybe that prevents you from going? Maybe the price or you don't like what's on offer?

Female: Usually just convenience, whether it's just the longer route or not.

Male: Also like your parents forbidding it as well.

Interviewer2: So that's the cost?

Male: Yeah.

Female: I don't have any shops near me so I don't really know, but I think if I did and like my friends would influence me because if they were like 'Oh I just want to stop off and get something', then I have to go in with

them, then it would be more temptation to get something or if I would say 'I want to go in' and they're like 'Oh no I want to get to school' and I wouldn't get anything, so it's kind of...

Male: Well I never really have much money so I can't go in there regularly anyway.

Interviewer: All right, well we've covered that. So just in terms of thinking what shops you do go to, so we heard about the Tesco Express and the Costcutter, is that right?

Female: There's a bakery.

Interviewer: And there's a bakery.

Male: And Nisa I think it's pronounced.

Interviewer: Nisa, right.

Male: Starbucks.

Interviewer: Starbucks, okay.

Female: A few of the sweet shops, called the The Ladybird.

Interviewer: The Ladybird, right.

Male: Like if I ever go into town after school like to get a haircut or something before I come back with spare change I get something from Nightingales to like walk back with.

Interviewer2: Is that a bakery?

Male: Yeah.

Interviewer: This is interesting just on the question of Starbucks too, because Starbucks tends to be somewhere that people go and sit in. Are there places that you would go and hang out after school, or is it just a case that you know where you might eat? We've sort of covered it, but that was more about buying certain things, are there places that you would go, sit and hang out after school and eat or drink?

Female: I don't really like to sit down, I like to sort of do things. Like I buy something and then I take it out, I don't just sit down because my mum normally wants me home by a certain time so I wouldn't just sort of sit like that.

Male: Well I mean I just normally try to get home as soon as possible because I don't really like well socialising. So I don't really go to sit down anywhere, I just eat at home, well with the stuff I've bought at the shops.

Female: I live on the opposite side of town but sometimes I arrange to go into town with my friends and then I'd go to like Costa or the fish and chip shop and get a drink can and chips and go and sit on like the Common or something.

Female: If it's like bad weather then I tend to sit in, but if it's like nice outside then I go out and like buy it.

Male: On like half day's everyone goes into town, like literally everyone at the whole school is in town at one time and then like I'd normally go to the fish and chip shop or something with some friends or something.

Interviewer2: You mentioned you go to Starbucks, so do you buy something from Starbucks on the way in or out or do you sit in Starbucks with someone?

Male: I just have a takeaway.

Interviewer: So I know that you go to these more rarely, but do you like the types of food outlets around your school? So, you know, let's talk about your half day's when everybody descends on your town centre, do you like the outlets that are there? Yeah?

Male: Yeah, I do prefer the ones like near to the centre of the town because they are more high quality. And like for instance, like you can

go...there's a lot of choice, you can go to a really cheap fish and chip shop or you can go to a really expensive one which is like a minute away. So like...

Interviewer: So you would choose the more expensive one because it was nicer?

Male: Well actually I think the cheaper one is nicer.

Interviewer: Oh okay, okay.

Female: I like different shops but I normally go to the ones that are cheaper because they are nicer, like if you don't have a lot of money with you you can just stop off at a shop and get something rather than [inaudible 0:38:36] thing from an expensive shop.

Interviewer2: So it's important to make the money that you do have last? So you want to buy as much as possible with that?

Female: I don't think there's many healthy options but I think because it's like a half day you're kind of treating yourself, so you don't really look for the healthy shops.

Interviewer: That's a good point. So not many healthy options in the town centre. Anybody else? So generally you like the food outlets but you prefer the cheaper ones because you can buy more at them, and it's a treat because you don't do it very often. Yeah, okay, great.

Interviewer2: So knowing you aren't allowed to leave school during the school day, whereas the sixth formers are allowed to go out, and that was mentioned earlier, how do you feel about not being able to leave the school during the school day to buy food?

Female: I feel we should be able to go and go into town and get food, because like we said earlier, the food gets quite repetitive, so then you just want to go somewhere else, but you should be back by [inaudible 0:40:01].

Female: I think we should be able to, because if we go at lunchtime then the school will still know that we are like at school, because of form time, that they have the register, so I don't think it really matters like if we go out and eat food.

Female: I think we should be allowed but I kind of understand why we are not, because it's not very healthy and the school are trying to push us towards kind of more healthy, not that healthy but healthier. And also like if there was a fire or something they wouldn't know who is on the grounds [inaudible 0:40:38].

Interviewer2: That's a good point.

Male: I'd like to be able to go out during lunchtime but I'm not too bothered about it because like it's fine on the school grounds anyway, but like...yeah, like nobody would come back at the right time, like everyone would be out way later than like they should...wouldn't

come back at the right time. Say like an hour and like if you wanted to like buy, sit down somewhere and get back you wouldn't really be able to in time.

Interviewer2: So it's not really quite feasible to do that, to get out and get back on time.

Male: Unless lunchtime was longer, then you would be able to do it.

Male: Like I would want to but I know you wouldn't like ever be able to. But like what they should do, they could do like a takeaway service, you like [inaudible 0:41:23] pay someone and then go and get your food. Because they do that sometimes and you have like the sixth form [inaudible 0:41:30], but then like if they did that more often then it would be better.

Interviewer2: So who does that? Sorry, the sixth formers would bring food in?

Male: Yeah, it's like a charities week, you can bid for a sixth former and then they're your slave for the day and you give them money to go buy stuff in town for you.

Interviewer2: Okay, that's interesting.

Male: Yeah, I also think like...because sixth formers are older they are more responsible so they are...so I think they should be allowed to

go, but I think just normal students, because they'd also be like back later and they could just leave school entirely. As well as that, I mean if school has their own facilities here I think people should use them, because like...I mean they could put...they could like...the school could get less money even though people should be using them.

Female: Going back to Alice's point, people, if they were presented the opportunity to actually leave school to go into town they would literally just leave school. Mainly because it's either they have like a test next or they just don't want to carry on in school, so they just go home and then when they are not present at form time the teachers have to go looking for them in town which would be more tedious and they would just disrupt everything.

Interviewer2: So it sounds as though people would like to be able to leave school during lunch, but you understand why you can't and that if you could it still would be quite difficult to actually manage to do that within one hour. Yeah.

Male: It's like a bit different to the question but like even though...like because sixth formers can leave the school it's a bit annoying that they get a better canteen than us, that they get more like variety of food. Because they can just go to shops outside of school and get what they want and we just get like sandwiches and stuff like that.

Interviewer2: So you think that you should be able to have the stuff that they have?

Male: Yeah.

Female: Also with the sixth form they get to have like a full pizza, when we just get to have like one slice, so it's not really fair that they have all the better food more.

Interviewer2: So there's portion control and how much you can buy of something. So is that just for pizzas or...?

Female: I'm not really too sure.

Interviewer2: Kind of there's one cake a day I think.

Male: Yeah.

Interviewer2: So one cake a day and one slice of pizza.

Female: And they also get hot chocolate with marshmallows and sprinkles which is totally unfair.

Female: And also like with the pizza our ones are really, really greasy, whereas their ones aren't, like, what I've heard they're not that greasy.

Interviewer: So it's not the same pizza that they're buying that you're buying.

Female: Yeah.

Interviewer: That's good to know actually.

Well look thank you very much for taking the time to be part of it. We actually did end up talking about most of the things we were going to talk about. Thank you so much, really appreciate it.

END OF AUDIO