

IWG Progress Report 2022-2026 - Consent / Participant Information Sheet

. You are being invited to complete an online survey as part of the International Working Group (IWG) on Women and Sport Progress Report 2022-2026, being undertaken by Professor Elizabeth Pike, Professor Lindsay Bottoms and Dr Lauren Baker, University of Hertfordshire, UK.

Please read the following information carefully before deciding whether to take part. Please ask if there is anything that is not clear or if you would like more information.

You are eligible to take part in this study if you are 18 or over and belong to any organisation that is a signatory of the Brighton (Plus Helsinki 2014) Declaration.

The Study

The purpose of the study is to collect evidence about issues and concerns, areas of action (and inaction) and recommended priorities on equity for girls and women in sport and physical activity. This will be conducted via an online survey and if consenting, case study interviews. The purpose of the study is to investigate the actions your organisation has taken since January 2022 with respect to girls and women in sport and/or physical activity/physical education. We are also interested in finding out about policies, programmes and initiatives actions that started

before 2022, that you and your organisation have continued to implement.

What does taking part involve?

If you agree to take part in this study, you will be asked to complete an online survey. This survey will ask about if/how your organisation has engaged since January 2022 with respect to girls and women in sport and/or physical activity/physical education and it will take you approximately 60 minutes to complete. The timeframe will be flexible and dependent on your responses, you are able to save the responses, take a break and come back to them later. At the end of the survey, you will be asked whether you'd like to take part in an online 1-2-1 interview. Questions would include asking you to describe any project that you have undertaken for gender equality in sport, what process you used to establish the project, and what have been the main achievements. With your permission, these findings will be used as case study examples to publish within the IWG Progress Report. The interview will last approximately 60 minutes.

Do I have to take part?

No. It is up to you to decide whether to take part. You are free to withdraw from the study at any time, without giving a reason. If you choose not to take part, you do not need to do anything further.

Are there any benefits or risks for me if I take part?

You may not directly benefit from this research; however, we hope that your participation in the study may contribute to potential future action for advancing gender equality in sport. You will receive details of report findings and IWG dissemination within the

Progress Report. There are no pre-conceived disadvantages, risks, or side effects of taking part. Data that you provide will be treated as confidential, unless agreed otherwise.

All data from the study will be stored securely on the University of Hertfordshire One Drive cloud storage system, in a restricted access Microsoft Teams channel which only the core research team and IWG personnel will have access to. Please note, the findings and data from both the survey and interview will be shared with the IWG, including raw personal data. Data will be kept until Progress Report completion and with your consent, may be kept longer until associated publications are completed. After which time it will be destroyed under secure conditions.

What will happen to the findings of this study?

The findings will be used to create the IWG Progress Report 2022-2026 and with your consent, potential future publications by the University of Hertfordshire and/or IWG. With your consent, the IWG may additionally share some data via social media posts.

Has this study received ethical approval?

This study has been approved by: The University of Hertfordshire Health, Science, Engineering and Technology Ethics Committee with Delegated Authority.

The UH protocol number for this study is: 0959 2025 May HSET

If you would like to receive more information and for any other queries about this project you can contact us by email:

e.pike@herts.ac.uk

Although we hope it is not the case, if you have any complaints or concerns about any aspect of the way you have been approached or treated during the course of this study, please write to the University's Secretary and Registrar at the following address:

Secretary and Registrar
University of Hertfordshire
College Lane
Hatfield, Hertfordshire
AL10 9AB
United Kingdom

If you do not wish to participate in this survey, just close your browser.

. If you are interested in taking part, please read the statements below and then click 'yes' to record your consent to participate.

- I confirm that I have read the study information. I have had the opportunity to consider the information and ask questions. Any questions have been answered satisfactorily
- I understand that my participation is voluntary, and I am free to withdraw from the study at any time without giving a reason
- I am 18 or over
- My organisation is a signatory of the Brighton (Plus Helsinki

2014) Declaration

Yes, I consent to all the above

Introduction

. Thank you for consenting to take part.

This questionnaire collects information on actions your organisation has taken since January 2022 with respect to girls and women in sport and/or physical activity/physical education. We are also interested in finding out about policies, programmes and initiatives actions that started before 2022 and you have continued to implement.

Some questions will require a 'YES' or 'NO' answer, whilst some will ask you to choose from a selection of answers. There are some questions where you are asked to write a more detailed response. Please note, that when we talk about girls and women we are including those who self identify as girls or women.

We have designed this survey so you can pause part way through and come back and complete it.

Please ensure you respond to the survey in English.

Thank you for your time and input.

Information about your organisation

. Please provide the name of your organisation:

Q1. Which of the following statements best describes your organisation?

- Ministry or Government Department
- Sport and/or Recreation Council
- Olympic or Paralympic Committee
- Sport federation/organisation
- Women in sport organisation or group
- Sports or recreation club
- Sports, physical activity or recreation group
- Tertiary education (e.g. university, polytechnic, community college)
- Other (please specify)

Q2. Where is your organisation focused?

- Africa
- Americas

- Asia
- Europe
- Oceania
- International

Achieving equity

Q3. ACHIEVING EQUITY: THE KEY ISSUES

In this section, we ask you to consider the main issues confronting women and girls, in terms of their equal participation in sport and physical activity.

Tell us what you think is the **most significant barrier** to achieving equity for girls and/or women in sport and/or physical activity in the world today.

Q4. Below are a list of statements about inequities that girls and/or women can face in sport and/or physical activity. Which ones require most urgent action? Choose **THREE** main inequities that should be dealt with urgently.

- Poorly designed facilities for sport and physical activity
- Lack of child-care provision
- Fewer opportunities and learning experiences in school

- Narrower range and variety of sport and/or physical activities
- Discrimination/ gender bias in elite-performance areas (e.g. competition opportunities, rewards, recognition, sponsorships, promotion)
- Under representation as coaches and instructors
- Under representation as referees, game officials, judges, and umpires
- Under representation in decision-making positions
- Training/educational material and/or programmes do not address gender inequality
- Under-representation of girls and/or women as study objectives in research
- More girls and women experience gender-based violence (GBV) in sport and/or physical activity (e.g. sexual harassment, abuse on and offline)
- Lack of safe transport to/from and during sport and/or physical activity
- Less media coverage in sport and/or physical activity
- Gender stereotyped and objectifying media coverage
- Other (please specify)

Q5. ACTION YOUR ORGANISATION HAS TAKEN

In this section, we are interested to know more about the things that you have been doing.

Since January 2022, list the actions has your organisation taken that contribute to equality of girls and/or women in sport and physical activity? Add in web links if appropriate.

Q6. Tell us about a project your organisation has done that you are particularly proud of, and that you are keen to share. Add in web links if appropriate.

What is the title of the most impactful project?

Provide a summary of the project and its objectives:

In three sentences, what is the measurable impact, results and outcomes of the project?

Q7. Are you willing to have this example above shared publicly by the IWG?

- Yes
- No

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Q8. PARTICIPATION

In this section, we ask about actions that increase participation

and the opportunities for girls and/or women at all levels of sport and physical activity.

Since January 2022, has your organisation taken any actions **in schools** to improve the physical activity opportunities and learning experiences for girls (<18 years)?

- Yes
- No

Q9. What actions has your organisation taken **in schools** to improve the physical activity opportunities and learning experiences for girls (<18 years)? Tick all those that apply.

	2022-2025	2018-2021
Provided girls only opportunities (programmes, teams, coaching, practices)	<input type="checkbox"/>	<input type="checkbox"/>
Provided girls only play spaces and facilities	<input type="checkbox"/>	<input type="checkbox"/>
Run education and training for staff	<input type="checkbox"/>	<input type="checkbox"/>
Provided equipment for girls to use	<input type="checkbox"/>	<input type="checkbox"/>
Provided transport to practice or competition	<input type="checkbox"/>	<input type="checkbox"/>
Run education and training for girls to become coaches and/or officials	<input type="checkbox"/>	<input type="checkbox"/>
Run programmes that build leadership confidence and skills in girls	<input type="checkbox"/>	<input type="checkbox"/>

2022-2025

2018-2021

Other (please specify)

Q10. What is the MAIN reason why your organisation has not taken any actions **in schools** to improve the physical activity opportunities and learning experiences for girls (<18 years)?

- This is out of our organisation's scope/ not a strategic priority
- This is not an issue or problem
- Our organisation has not considered this
- Our organisation does not have the budget/ resources
- Other (please specify)

Q11. Think about what your organisation has done to increase participation of girls and/or women in sport and physical activity.

Since January 2022, has your organisation taken any actions to **increase the number of girls and/or women** in sport and/or physical activity?

- Yes
- No

Q12. Which of the following actions has your organisation taken to **increase the number of active girls and/or women** in sport and/or physical activity. Tick all those that apply.

	2022-2025	2018-2021
Implemented a girls and/or women focused action plan/strategy	<input type="checkbox"/>	<input type="checkbox"/>
Recruitment campaigns (print, online, social media)	<input type="checkbox"/>	<input type="checkbox"/>
Dedicated resources to girls' and/or women's sports and/or activities	<input type="checkbox"/>	<input type="checkbox"/>
Introductory sessions and classes for girls and/or women only	<input type="checkbox"/>	<input type="checkbox"/>
Introduction of new sports and/or activities for girls and/or women	<input type="checkbox"/>	<input type="checkbox"/>
Introduction of new competitions, championships etc. for girls and/or women	<input type="checkbox"/>	<input type="checkbox"/>
Training of personnel (e.g. coaches, officials, umpires, support personnel)	<input type="checkbox"/>	<input type="checkbox"/>
Other (please specify) <input type="text"/>	<input type="checkbox"/>	<input type="checkbox"/>

Q13. What is the MAIN reason why your organisation has not taken any actions to **increase the number of active girls and/or women** in sport and/or physical activity?

- This is out of our organisation's scope/ not a strategic priority
- This is not an issue or problem
- Our organisation has not considered this
- Our organisation does not have the budget/ resources



Other (please specify)

Block 6

. ELITE LEVEL SYSTEM

These questions focus on the elite level system. In many sports, women elite-level athletes experience inequity and discrimination in, for example, competition opportunities, rewards, recognition, sponsorships, and promotion. Think about what actions your organisation has taken towards equitable participation in the elite level system.

Q14. Since January 2022, has your organisation taken any actions to **improve the experience for women elite-level athletes?**

Yes

No

Q15. Which of the following actions has your organisation taken to **improve the situation for girls and/or women elite- level athletes?** Tick all those that apply.

	2022-2025	2018-2021
Support emerging athletes programmes for school-age girls	<input type="checkbox"/>	<input type="checkbox"/>
Allocation of funding targeted at girls and/or women in elite sport	<input type="checkbox"/>	<input type="checkbox"/>
Policy and practice aimed at keeping girls and/or women in sport safe from abuse and harassment	<input type="checkbox"/>	<input type="checkbox"/>
Campaigns to increase numbers of women in coaching and other leadership roles	<input type="checkbox"/>	<input type="checkbox"/>
Provision of childcare or other types of support for women athletes	<input type="checkbox"/>	<input type="checkbox"/>
Competitions, rewards or sponsorships solely aimed at girls and/or women athletes	<input type="checkbox"/>	<input type="checkbox"/>
Other (please specify) <input type="text"/>	<input type="checkbox"/>	<input type="checkbox"/>

Q16. What is the MAIN reason why your organisation has not taken any actions to improve the situation for women elite-level athletes?

- This is out of our organisation's scope/ not a strategic priority
- This is not an issue or problem
- Our organisation has not considered this
- Our organisation does not have the budget/ resources
- Other (please specify)

Q17. RETIREMENT AND TRANSITION

Preparing women athletes for retirement from elite-level sport

Since January 2022, has your organisation taken any actions to support girls and/or women athletes to **prepare for retirement from elite level sport?**

Yes

No

Q18. Which of the following actions has your organisation taken to **prepare women athletes for retirement from elite-level sport?**

Tick all those that apply.

	2022-2025	2018-2021
Workshops or seminars for women athletes to create plans for retirement from sport	<input type="checkbox"/>	<input type="checkbox"/>
Support for the mental wellbeing of retiring women athletes	<input type="checkbox"/>	<input type="checkbox"/>
Education opportunities	<input type="checkbox"/>	<input type="checkbox"/>
Career coaching	<input type="checkbox"/>	<input type="checkbox"/>
Work placements	<input type="checkbox"/>	<input type="checkbox"/>
Other (please specify)	<input type="checkbox"/>	<input type="checkbox"/>
<input type="text"/>		

Q19. What is the MAIN reason why your organisation has not taken any actions to **prepare women athletes for retirement from elite-level sport?**

- This is out of our organisation's scope/ not a strategic priority
- This is not an issue or problem
- Our organisation has not considered this
- Our organisation does not have the budget/ resources
- Other (please specify)

Block 7

Q20. COACHES AND INSTRUCTORS

In this section, we are interested to know what actions your organisation has taken to increase the number of girls and/or women in coaching and instructor roles.

Since January 2022, has your organisation taken any actions to **increase the number of girls and/or women coaches/instructors** in sport and/or physical activity?

- Yes
- No

Q21. Which of the following actions has your organisation taken to **increase the number of girls and/or women as**

coaches/instructors in sport and/or physical activity?

	2022-2025	2018-2021
Implemented a targeted strategy/action plan	<input type="checkbox"/>	<input type="checkbox"/>
Recruitment campaigns targeting girls and/or women	<input type="checkbox"/>	<input type="checkbox"/>
Courses for girls and/or women only	<input type="checkbox"/>	<input type="checkbox"/>
Dedicated resources	<input type="checkbox"/>	<input type="checkbox"/>
Mentoring programme for women coaches/instructors	<input type="checkbox"/>	<input type="checkbox"/>
Network for women coaches/instructors	<input type="checkbox"/>	<input type="checkbox"/>
Apprentice, buddy or observer appointments for coaches/instructors	<input type="checkbox"/>	<input type="checkbox"/>
Other (please specify) <input type="text"/>	<input type="checkbox"/>	<input type="checkbox"/>

Q22. What is the MAIN reason why your organisation has not taken any actions to **increase the number of girls and/or women coaches/instructors**?

- This is out of our organisation's scope/ not a strategic priority
- This is not an issue or problem
- Our organisation has not considered this
- Our organisation does not have the budget/ resources
- Other (please specify)

Q23. REFEREES, GAME OFFICIALS, JUDGES OR UMPIRES

Since January 2022, has your organisation taken any actions to **increase the number of girls and/or women referees, game officials, judges or umpires** in sport and/or physical activity?

- Yes
- No

Q24. Which of the following actions has your organisation taken to **increase the number of girls and/or women as referees, game officials, judges or umpires** in sport and/or physical activity?

	2022-2025	2018-2021
Implemented a targeted strategy/action plan	<input type="checkbox"/>	<input type="checkbox"/>
Recruitment campaigns targeting girls and/or women	<input type="checkbox"/>	<input type="checkbox"/>
Courses for girls and/or women only	<input type="checkbox"/>	<input type="checkbox"/>
Dedicated resources	<input type="checkbox"/>	<input type="checkbox"/>
Mentoring programme for women referees, officials, judges	<input type="checkbox"/>	<input type="checkbox"/>
Network for women referees, officials, judges	<input type="checkbox"/>	<input type="checkbox"/>
Apprentice, buddy or observer appointments for referees, officials, judges	<input type="checkbox"/>	<input type="checkbox"/>

2022-2025

2018-2021

Other (please specify)

Q25. What is the MAIN reason why your organisation has not taken any actions to **increase the number of girls and/or women referees, game officials, judges or umpires?**

- This is out of our organisation's scope/ not a strategic priority
- This is not an issue or problem
- Our organisation has not considered this
- Our organisation does not have the budget/ resources
- Other (please specify)

Q26. WOMEN AS DECISION MAKERS

Consider the range of ways women can influence decisions, including on boards and committees, as part of senior leadership and management roles and in project teams.

Since January 2022, has your organisation taken any actions to **increase the representation of women in leadership and decision-making positions** in sport and/or physical activity?

- Yes
- No

Q27. What actions has your organisation taken to increase the representation of women in leadership and decision-making positions in sport and/or physical activity? Indicate the LEVELS within your organisation these actions have been implemented. Tick as many as apply.

	Club or group	Geographic community	Regional	National	Internatio
Changes in statutes or constitutions	<input type="checkbox"/>				
Quotas or reserved seats for women	<input type="checkbox"/>				
Targeted campaigns to recruit women	<input type="checkbox"/>				
Specific arrangements to enable participation (e.g. childcare)	<input type="checkbox"/>				
Targeted education and training programmes	<input type="checkbox"/>				
Network for women in leadership positions	<input type="checkbox"/>				
Mentoring for women in leadership positions	<input type="checkbox"/>				
Other (please specify)	<input type="checkbox"/>				



Q28. What is the MAIN reason why your organisation has not taken any actions to increase the representation of women in

leadership and decision making positions in sport and/or physical activity?

- This is out of our organisation's scope/ not a strategic priority
- This is not an issue or problem
- Our organisation has not considered this
- Our organisation does not have the budget/ resources
- Other (please specify)

Q29. FACILITIES FOR SPORT AND PHYSICAL ACTIVITY

This section focuses on the provision and improvement of physical activity and sport facilities. This includes places and spaces used for informal activity, instruction, training, and competition. It can include fields, courts, halls, gymnasiums, swimming pools, and stadiums.

Since January 2022, has your organisation taken any actions to **ensure that sport and physical activity facilities are appropriate** for girls and/or women?

- Yes
- No

Q30. Which actions has your organisation has taken **to provide or improve sport and physical activity facilities that are suitable**

for girls and/or women? Tick all those that apply.

	2022-2025	2018-2021
Resource allocation to develop and/or improve facilities for use by girls and/or women	<input type="checkbox"/>	<input type="checkbox"/>
Changing facilities and toilets and storage for specific use of girls and/or women	<input type="checkbox"/>	<input type="checkbox"/>
Childcare available on site	<input type="checkbox"/>	<input type="checkbox"/>
Access to appropriate equipment for girls and/or women	<input type="checkbox"/>	<input type="checkbox"/>
Safe transport to/from facilities	<input type="checkbox"/>	<input type="checkbox"/>
Venue scheduling or bookings that prioritise girls and/or women	<input type="checkbox"/>	<input type="checkbox"/>
Girls and/or women only times in the facility	<input type="checkbox"/>	<input type="checkbox"/>
Other (please specify) <input type="text"/>	<input type="checkbox"/>	<input type="checkbox"/>

Q31. What is the MAIN reason why your organisation has not taken any actions to **provide or improve sport and physical activity facilities** for girls and/or women?

- This is out of our organisation's scope/ not a strategic priority
- This is not an issue or problem
- Our organisation has not considered this
- Our organisation does not have the budget/ resources
- Other (please specify)

Q32. CHILDCARE

Since January 2022, has your organisation taken any actions to **ensure childcare is provided** to women in sport and/or physical activity?

- Yes
- No

Q33. Since January 2022, which actions has your organisation taken to **ensure childcare is provided** in sport and/or physical activity. Tick all those that apply.

	2022-2025	2018-2021
Resource allocation for the provision of childcare at facilities where women participate in sport/physical activity	<input type="checkbox"/>	<input type="checkbox"/>
Provided a safe space for children to play while women train	<input type="checkbox"/>	<input type="checkbox"/>
Hired staff or volunteers to supervise children while women train or play	<input type="checkbox"/>	<input type="checkbox"/>
Provided play equipment for children	<input type="checkbox"/>	<input type="checkbox"/>
Other (please specify) <div style="border: 1px solid black; height: 30px; width: 100%;"></div>	<input type="checkbox"/>	<input type="checkbox"/>

Q34. What is the MAIN reason why your organisation has not taken any actions to **ensure childcare is provided** in sport and/or physical activity?

- This is out of our organisation's scope/ not a strategic priority
- This is not an issue or problem
- Our organisation has not considered this
- Our organisation does not have the budget/ resources
- Other (please specify)

Q35. Does your organisation provide any other support for women during motherhood? For example, during pregnancy or for those with school-aged children. If yes, please explain.

- Yes
- No

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Q36. POLICY DEVELOPMENT

Policy designed to improve the participation of women and girls is an effective tool in making change. Think about what changes or developments in policy and planning at all levels your organisation may have made over this period.

Since January 2022, does your organisation **have a policy and/or action plan for equity between women and men** in sport and/or physical activity?

- Yes
- No

Q37. Does the policy/action plan contain the following? Tick all those that apply.

- Targets for gender representation
- Clear roles and responsibilities
- Monitoring, evaluation and follow-up mechanisms
- Other (please specify)

Q38. Has money been allocated to the implementation of this policy and/or action plan?

- Yes
- No

Q39. Has the policy and/or action plan been evaluated?

- Yes
- No

Q40. What is the MAIN reason why your organisation **does not have a policy and/or action plan for equity between women and men** in sport and/or physical activity?

- This is out of our organisation's scope/ not a strategic priority
- This is not an issue or problem
- Our organisation has not considered this
- Our organisation does not have the budget/ resources
- Other (please specify)

Block 9

Q41. HUMAN RESOURCES

Staff allocated to gender issues is one way that organisations make a difference to women's participation. Consider what your organisation is doing in terms of people whose work is focused in this area.

Since January 2022, does your organisation have any of the following? Tick all that apply.

- Employee(s) with gender as their main working area
- Employee(s) with girls and/or women as their main working area
- Gender Committee
- Women's Committee
- No specific staff allocated

- Other (please specify)

Q42. What is the MAIN reason why your organisation has not taken any actions to allocated specific human resources focused on girls and/or women's sport and/or physical activity?

- This is out of our organisation's scope/ not a strategic priority
- This is not an issue or problem
- Our organisation has not considered this
- Our organisation does not have the budget/ resources
- Other (please specify)

Block 10

Q43. SAFETY AND HEALTH - EATING DISORDERS

Girls and women continue to experience situations which are not safe or are dangerous to their health. These include high levels of eating disorders and gender-based violence (including sexual, psychological and physical harassment and/or abuse). This section focuses on action taken around these two key issues.

Since January 2022, has your organisation taken any action to **protect female athletes from developing eating disorders?**

- Yes

No

Q44. Since January 2022, which actions has your organisation taken to **protect female athletes from developing eating disorders**? Tick all that apply.

	2022-2025	2018-2021
Developed educational materials on nutrition support for athletes and/or coaches	<input type="checkbox"/>	<input type="checkbox"/>
Organised meetings with athlete's families to discuss nutrition with doctors/nutritionists	<input type="checkbox"/>	<input type="checkbox"/>
Employed nutritionists to advise female athletes	<input type="checkbox"/>	<input type="checkbox"/>
Encouraged discussion about eating disorders/body image with athletes and/or coaches	<input type="checkbox"/>	<input type="checkbox"/>
Other (please specify) <input type="text"/>	<input type="checkbox"/>	<input type="checkbox"/>

Q45. What is the **MAIN** reason why your organisation **has not taken any actions to protect female athletes from developing eating disorders**?

- This is out of our organisation's scope/ not a strategic priority
- This is not an issue or problem
- Our organisation has not considered this
- Our organisation does not have the budget/ resources

Other (please specify)

Q46. GENDER- BASED VIOLENCE

Since January 2022, has your organisation taken any actions to **prevent gender based violence** (including sexual, psychological and physical harassment and/or abuse) in sport and/or physical activity?

- Yes
- No

Q47. Since January 2022, which actions has your organisation taken to **prevent gender based violence** (including sexual, psychological, and physical harassment and/or abuse)? Tick all that apply.

	2022-2025	2018-2021
Adopted policy on gender-based violence, including guidelines and a code of conduct	<input type="checkbox"/>	<input type="checkbox"/>
Highlighted as separate theme in educational programmes	<input type="checkbox"/>	<input type="checkbox"/>

	2022-2025	2018-2021
Organised workshops or seminars for athletes, and/or coaches and/or leadership personnel	<input type="checkbox"/>	<input type="checkbox"/>
Promoted awareness campaigns in printed and/or social media	<input type="checkbox"/>	<input type="checkbox"/>
Established support mechanisms for victims	<input type="checkbox"/>	<input type="checkbox"/>
Established support mechanisms for perpetrators	<input type="checkbox"/>	<input type="checkbox"/>
Established support service for affiliate organisations	<input type="checkbox"/>	<input type="checkbox"/>
Provided safe transport to/from sport and/or physical activity	<input type="checkbox"/>	<input type="checkbox"/>
Other (please specify)	<input type="checkbox"/>	<input type="checkbox"/>

Q48. What is the MAIN reason why your organisation has not taken any actions to **prevent gender-based violence** (including sexual, psychological, and physical harassment and/or abuse)?

- This is out of our organisation's scope/ not a strategic priority
- This is not an issue or problem
- Our organisation has not considered this
- Our organisation does not have the budget/ resources
- Other (please specify)

Block 11

Q49. EDUCATION AND COACHING PROGRAMMES AND MATERIALS

Education at all organisational levels on the meaning of gender equity, and how to achieve it, is vital in creating an equitable sporting system.

Since January 2022, has your organisation taken any actions to **ensure that equity for girls and/or women is addressed in education and coaching programmes and materials** in sport and/or physical activity?

- Yes
 No

Q50. Since January 2022, which actions has your organisation has taken to **ensure that equity is addressed in education and coaching programmes and materials** in sport and/or physical activity? Tick all that apply

2022-2025

2018-2021

Used inclusive language

	2022-2025	2018-2021
Included images of girls and/or women as participants, coaches and umpires	<input type="checkbox"/>	<input type="checkbox"/>
Included the differences between girls and/or women and boys and/or men in training programmes	<input type="checkbox"/>	<input type="checkbox"/>
Used women as educators/facilitators	<input type="checkbox"/>	<input type="checkbox"/>
Provide programmes and material on the meaning of equity	<input type="checkbox"/>	<input type="checkbox"/>
Other (please specify)	<input type="checkbox"/>	<input type="checkbox"/>

Q51. What is the MAIN reason why your organisation has not taken any actions to **ensure that equity between women and men is addressed in education and coaching programmes and materials** in sport and/or physical activity?

- This is out of our organisation's scope/ not a strategic priority
- This is not an issue or problem
- Our organisation has not considered this
- Our organisation does not have the budget/ resources
- Other (please specify)

Q52. WOMEN IN THE MEDIA

Despite the growing interest in women's physical activity and sport, there are still significant differences in the media coverage of women and men's sport, both with respect to quantity and the way female and male athletes are portrayed. Think about what your organisation may be doing to change the portrayal of women in the media, in both percentage of coverage, and quality of reporting.

Since January 2022, has your organisation taken any actions to **increase the amount of media coverage** of women's sports and/or physical activity?

- Yes
- No

Q53. Since January 2022, what actions has your organisation taken to **increase the amount of media coverage** of women's sports and/or physical activity? Tick all that apply.

	2022-2025	2018-2021
Improving public knowledge of women athletes and women's sport	<input type="checkbox"/>	<input type="checkbox"/>
Campaigns to promote improved coverage of women's sport	<input type="checkbox"/>	<input type="checkbox"/>
Running educational programmes/seminars for the media on women's sport	<input type="checkbox"/>	<input type="checkbox"/>
Lobbying and activism of the media [such as reminders, enquiries, and protest]	<input type="checkbox"/>	<input type="checkbox"/>

2022-2025

2018-2021

Other (please specify)

Q54. What is the MAIN reason why your organisation has **not taken any actions to increase the amount of media coverage** of women's sports and/or physical activity?

- This is out of our organisation's scope/ not a strategic priority
- This is not an issue or problem
- Our organisation has not considered this
- Our organisation does not have the budget/ resources
- Other (please specify)

Block 12

Q55. PORTRAYAL IN THE MEDIA

Media coverage of girls and women in sport and/or physical activity is often characterised by gender stereotyping and objectification with, for example, a focus on their bodies and how they look.

Since January 2022, has your organisation taken any actions to **improve the media portrayal** of girls and/or women in sports and/or physical activity?

- Yes
- No

Q56. Since January 2022, what actions has your organisation taken to **improve the media portrayal** of girls and/or women in sports and/or physical activity? Tick all that apply.

	2022-2025	2018-2021
Provided positive imagery and stories of women athletes and teams to the media	<input type="checkbox"/>	<input type="checkbox"/>
Provided media training sessions on best language practice for journalists	<input type="checkbox"/>	<input type="checkbox"/>
Undertaken research on existing media coverage of women's sport	<input type="checkbox"/>	<input type="checkbox"/>
Lobby for a greater percentage of women sports journalists	<input type="checkbox"/>	<input type="checkbox"/>
Other (please specify) <div style="border: 1px solid black; height: 30px; width: 100%;"></div>	<input type="checkbox"/>	<input type="checkbox"/>

Q57. What is the MAIN reason why your organisation has not taken any actions to **improve the media portrayal** of girls and/or women in sports and/or physical activity?

- This is out of our organisation's scope/ not a strategic priority
- This is not an issue or problem
- Our organisation has not considered this
- Our organisation does not have the budget/ resources

Other (please specify)

Q58. GENDER MAINSTREAMING

In order to effect change, gender perspectives need to be mainstreamed into all policies related to sport including budgeting and allocation of resources.

Since January 2022, has your organisation **developed strategies, policies and/or plans that include a gender perspective** in ALL aspects of sport and/or physical activity?

- Yes
 No

Q59. Since January 2022, has your organisation systematically **collected, presented and analysed data relating specifically to gender** in its policies, plans and programmes?

- Yes
 No

Q60. INTERSECTIONALITY

Since January 2022, has your organisation taken any actions

and/or introduced a specific policy for **people who are transgender and/or with differences of sexual development?**

- Yes
- No

Q61. Since January 2022, has your organisation taken any actions and/or introduced a specific policy for **women and/or girls from particular ethnic/indigenous communities?**

- Yes
- No

Q62. Since January 2022, has your organisation taken any actions and/or introduced a specific policy for **women and girls with disabilities?**

- Yes
- No

Q63. GENDER INFORMATION

What methods does your organisation use to **collect and analyse data specifically relating to gender?**

	2022-2025	2018-2021
Evaluation that includes gender-specific questions	<input type="checkbox"/>	<input type="checkbox"/>
Analysis of athlete data based on gender	<input type="checkbox"/>	<input type="checkbox"/>
Analysis of coach and leader data based on gender	<input type="checkbox"/>	<input type="checkbox"/>
Analysis of organisational staff data based on gender	<input type="checkbox"/>	<input type="checkbox"/>
Other (please specify) <input type="text"/>	<input type="checkbox"/>	<input type="checkbox"/>

Q64. RESEARCH AND DATA GATHERING

Since January 2022, has your organisation been **involved in any research that focuses on girls and/or women in sport and/or physical activity?**

- Yes
 No

Q65. What research has your organisation undertaken? Where possible, please provide a link to this research.

Q66. Do you consent to sharing this information available publicly?

- Yes
 No

Q67. What is the MAIN reason why your organisation **has not been involved in any research that focuses on girls and/or women in sport and/or physical activity?**

- This is out of our organisation's scope/ not a strategic priority
 This is not an issue or problem
 Our organisation has not considered this
 Our organisation does not have the budget/ resources
 Other (please specify)

Block 13

Q68. Tell us anything else you'd like us to know that you have not had the opportunity to share. Include anything you are keen to share with others.

. Some of you will be contacted and asked to complete a 1-2-1 online interview for the final report.

Questions would include asking you to describe any project that you have undertaken for gender equality in sport, what process you used to establish the project, and what have been the main achievements.

This is optional, but if you are happy to be contacted regarding any information you have given and be interviewed, please provide your details below.

First Name:

Last Name:

Job Title:

Email:

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