STEP: the Student Transition from Education to Practice study for physiotherapists in the UK

We are listening to physiotherapists who have qualified in the last three years. After nearly 100 survey responses key messages are emerging.

Physiotherapist's experience of training and work

For many, getting a job is not easy.

Many feel unprepared, unsupported and untrained in applying for jobs and attending interviews.

> "The expectations transitioning from student to graduate should be adjusted, in this climate finding a job is not guaranteed. Uni should prepare us for this better and prepare for all types of physiotherapy work not just clinical NHS work."





Physiotherapists work in different settings and sectors.

Many people enjoy their job, although not everyone feels confident and prepared for practice.

> "I feel I have not gained enough knowledge through not experiencing placement in the key areas."



Good support exists but is not always there.

> "Colleagues, closest line managers and other team members in women's health and paediatrics have been AMAZING."

> "I am struggling with lack of support during some rotations which has a psychological impact on me."

Work stress is common.
Poor pay is challenging.



Physiotherapists' Future Plans

Short term plans vary.

Nearly a quarter are unhappy in their current role or are planning to leave the profession, others plan to emigrate or start a private practice.



Next Steps

Our evidence so far is concerning.

We are now undertaking interviews to find out more. Change is needed. The Chartered Society of Physiotherapy is already taking action.

Learn more about the experiences of recently qualified physiotherapists in the UK. Use the QR code to follow our further research.

Please note that people chose to take part and other recent graduates may have different views.



Post Survey Information

University of Hertfordshire UH
School of Health, Medicine and Life Sciences