Episodic radio galaxies J0116-4722 and J1158+2621: can we constrain the quiescent phase of nuclear activity?

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ABSTRACT

We present multifrequency radio observations of two well known episodic FR II radio galaxies (J0116-4722 and J1158+2621) and a detailed investigation of the life-cycle of episodic radio galaxies from their spectral and radiative properties. Combining our previous work with the present results, we either constrain or place very good limits on the active and quiescent phases of a small sample of episodic FR II radio galaxies. The duration of the quiescent phase can be as small as the hotspot fading time of the previous episode, and as high as a few tens of Myr; however, for none of the sources in our sample is it close to the duration of the active phase of the previous episode. We also find that for many episodic radio galaxies, the nucleus is variable at radio wavelengths. For our small sample of 7 episodic radio galaxies, we find 4 to have strongly variable cores, a much larger proportion than is generally found in samples of normal FR II radio galaxies. Studies with larger samples will be required to establish a statistical association between core variability and episodic radio activity.

Key words: galaxies: active – galaxies: nuclei – galaxies: individual: J0116–4722, J1158+2621 radio continuum: galaxies

1 INTRODUCTION

The Jet Formation Activity (JFA) in radio galaxies is known to be episodic in nature. After the cessation of a given episode of JFA of a radio galaxy, when another episode starts with the formation of a new pair of jets propagating through the cocoon material left behind by the previous activity, the radio galaxy is known as an Episodic Radio Galaxy (ERG). Both Fanaroff-Railey type I (FRI) and type II (FRII) radio galaxies (Fanaroff & Railey 1974) show episodic JFA. Some of the most conspicuous FR II ERGs have been extensively studied in the radio (e.g. by Schoenmakers et al. 2000a, Schoenmakers et al. 2000b; Konar et al. 2006; Saikia et al. 2006; Jamrozy et al. 2007; Saikia et al. 2007; Konar et al. 2012). Among the prominent FR I ERGs are Cen A (Burns, Feigelson & Schreier 1983; Clarke, Burns & Norman 1992), Her A (Gizani & Leahy 2003) and 3C 388 (Burns, Schwendeman & White 1983; Roettiger et al. 1994). In each episode, a pair of jets produces a pair of lobes. If we observe a single pair of lobes in a radio galaxy, it may be called a Single-Double Radio Galaxy (SDRG); if we observe two pairs of lobes in a radio galaxy, it is customarily called a Double-Double Radio Galaxy (DDRG: Schoenmakers et al. 2000b); similarly, if three pairs of lobes are observed, it is

christened a Triple-Double Radio Galaxy (TDRG, Brocksopp et al. 2007; Hota et al. 2011). We confine ourselves to the episodic behaviour of FR II radio galaxies (where compact hotspots are seen) in this paper.

Although episodic jet formation has been unanimously accepted as the model for the origin of the inner double(s) of DDRGs and TDRGs, there are two plausible models in the literature to explain how the inner doubles assume the structure they have. In the first of these models (hereafter the 'classical FR II model'), the inner lobes are formed in the same way as the SDRGs and outer doubles of DDRGs are formed, i.e., by the back-flowing relativistic plasma injected at the hotspots; in the second model, (hereafter the 'bow shock model') the inner doubles are created by the reacceleration of the outer cocoon particles at the bow shocks created by the almost ballistically moving jet heads (Brocksopp et al. 2007, 2011; Safouris et al. 2008).

The inner doubles often seem to have very elongated lobes inflated on the two opposite sides with backflow-like structure present in the contour maps (Konar et al. 2006; Safouris et al. 2008). In many cases, it is quite clear that the structure of the inner lobes has quite different aspect ratio to that of the outer doubles (e.g., J1453+3308: Konar et al., 2006; J1548-3216: Safouris et al. 2008; J0116-4722: Saripalli et al. 2002). Other details in detailed structure are also seen; for example, in some of the inner lobes, e.g., the inner northern lobe of J1453+3308 (Konar et al. 2006), no compact hotspot is observed in sub-arcsec resolution, with the jet head showing a wedge-shaped structure instead. Using multi-frequency data, Safouris et al. (2008) found that there is not much variation of the two-point spectral index along the lobe axis of the inner double of J1548-3216. The strong variation of two-point spectral index along the lobe axis (i.e., the steepening of spectral index from the hotspots towards the tails of the lobes) is taken in normal FRII sources to be strong evidence for backflowing jet material. Does the absence of variation of spectral index along the lobe axis imply that the hotspots in the inner lobes are moving faster than they would in SDRG? This faster hotspot motion would mean that all the lobe plasma has been deposited in a shorter time (say in a few 10^5 yr) along the lobe axis by the backflow process, thus explaining the absence of strong variation of spectral index along the lobe axis of the inner lobes.

A faster hotspot speed for the inner doubles is qualitatively quite consistent in the 'classical FRII model' with the tenuous outer cocoon material through which the inner doubles must propagate. However, problems arise when we think of the momentum balance equation at the hotspot and try to connect that with the backflow formation. The faster the hotspot speed, the weaker should be the backflow. This can be seen qualitatively by comparing two extreme cases. When the hotspot velocity is zero, all the jet material coming out of the jet will impinge on the ambient medium and flow backward with very high backflow velocity, provided it is confined in the lateral direction within a certain radius around the jet axis. On the other hand, when the hotspot velocity is the same as the jet bulk velocity, then the jet is ballistic and essentially no jet matter is injected into the cocoon, hence there is no backflow. So, it can be seen that the greater the hotspot velocity, the less is the amount of jet matter injected into the cocoon for a given jet power, and hence the backflow velocity will be lower. In fact, though, we see that the inner lobes extend all the way back to the core in some cases, e.g. for the southern inner lobes of J1453+3308 (Konar et al. 2006), presenting a problem for this simple model. To solve this problem Kaiser et al. (2000) have proposed that thermal material is ingested into the outer lobes of DDRGs during their growth and quiescent phases, and that the inner lobes actually propagate through a denser medium than would be expected purely from a consideration of the synchrotron-emitting plasma. However, there is as yet no direct evidence of this thermal material in the lobes.

If, on the other hand, the jet is ballistic, then the jet head will drive a bow shock in the ambient medium, and this motivates the 'bow shock model', in which the bow shock driven by the ballistic or almost ballistic jets of an inner double propagating through the cocoon material of the outer lobes gives rise to the structure of the inner double by re-accelerating the relativistic particles of outer cocoon (Brocksopp et al., 2007; 2011). This bow-shock model is consistent with the simulation done by Clarke & Burns (1991) who showed that the jets propagate almost ballistically through the old lobe and do not form any significant lobes embedded in the material of the outer lobes. Though for B0925+420 (Brocksopp et al. 2007), J1453+3308 and J1835+6204 (Brocksopp et al. 2011) the inner doubles were found to be consistent with the bow-shock model, Safouris et al. (2008) ruled out any detection of bow shocks exterior to the inner double of PKS B1545-321. It is quite plausible that either of the two models, namely classical FR II model and bow shock model, of the inner double may be required to explain the dynamics and structure of the inner doubles, depending upon the inner jet power and the matter density of the outer cocoon (this will be discussed in detail by Konar & Hardcastle, in preparation). When compact hotspots are observed, the classical FR II model should be valid, while the absence of hotspots in both sides of the inner double can be explained by the absence of jet termination shock and the presence of bow shock. However, Konar & Hardcastle (in preparation) recently found that the injection index of inner and outer doubles for most of the aligned DDRGs are similar. This result cannot be explained in terms of the bow-shock model. So we would expect that both the classical FR II model and the bow-shock model may need to be employed simultaneously to fully describe the dynamics and the structure of the inner doubles. Brocksopp et al. (2011) showed, through their work on J1453+3308 and J1835+6204, that if the bow-shock model is to be valid for the inner double, then there is no compelling need for the thermal gas ingestion, as proposed by Kaiser et al. (2000), from the ambient medium into the outer lobes for the confinement of the inner lobes.

It is clear from the above discussion that the study of DDRGs is very important to understand the dynamics of FR II jets, FR II lobes, the interaction between jet and ambient medium and the interaction between the thermal matter (in ambient medium) and non-thermal matter (in outer lobes). In this paper we present a detailed radio study with the Giant Meterwave Radio Telescope (GMRT) and Very Large Array (VLA) of two well known DDRGs, J0116–4722 and J1158+2621. All the results obtained in this paper will be employed in our forthcoming paper that will present the *XMM*-Newton X-ray observational results and a detail study on the dynamics of these two sources (Konar et al., in prep). We present observations and data reduction in Section 2, our observational results in Section 3, our spectral ageing analysis in Section 4, discussion in Section 5 and concluding remarks in Section 6.

The cosmological parameters that we uses are $H_o = 71$ km s⁻¹ Mpc⁻¹, $\Omega_M = 0.27$ and $\Omega_{vac} = 0.73$ (Spergel et al. 2003). The redshifts are 0.146101 (Danziger & Goss 1983) for J0116–4722 and 0.112075 (SDSS DR6, as provided by NED) for J1158+2621 respectively. In this cosmology, 1 arcsec corresponds to 2.530 kpc for the source J0116–4722, situated at a luminosity distance, $D_L = 685.4$ Mpc. The physical sizes (from peak to peak) of the inner and outer doubles of this source are ~ 460 and ~ 1447 kpc respectively. For J1158+2621, 1 arcsec corresponds to 2.015 kpc and its luminosity distance is $D_L = 514.0$ Mpc. The physical sizes of the inner and outer doubles of this source are ~ 138 and ~ 483 kpc respectively.

2 OBSERVATIONS AND DATA REDUCTION

The GMRT data with the project code (10CKa01) are our own observations and the remainder are public data from the GMRT and VLA archives. The observing log of both GMRT and VLA data is given in Table 1.

2.1 GMRT observations and data reduction

All our GMRT observations were done in the continuum mode at 150, 325, 610 and 1280-MHz band in the standard manner. Flux density calibrators were observed for about 10-15 min in each scan either in the beginning, or at the end, or in both the beginning and end, depending upon the situation. Phase calibrators were observed by $\sim 4-5$ min in each scan. The scans of observations of a target-source were interspersed with the phase calibrator scans. One of 3C48, 3C147 and 3C286 was observed as a flux density calibrator. Observations of each target source were done in a full-synthesis run of approximately 9 hours including calibration overheads at a given

Table 1. Observing log of the DDRG J0116–4722 and J1158+2621: Column 1 shows the source name; columns 2 and 3 show the name of the telescope, and the array configuration (only for the VLA observations); column 4 shows the frequency of the observations with the standard band name within parentheses if it exists; while bandwidth and on-source integration time of observations are listed in columns 5 and 6; the date of the observations are listed in column 7; finally column 8 lists the project code of each data set.

Source	Teles- cope	Array Conf.	Obs. Freq.	Bandwidth used for mapping	On source observing time	Obs. Date	Project code
			(MHz)	(MHz)	(min)		
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)
J0116-4722	GMRT^\dagger		333.75 (P)	12.50	242	13-MAR-2008	13JMa01
	$GMRT^{\dagger}$		618.75	12.50	253	06-MAR-2008	13JMa01
	$GMRT^{\dagger}$		1287.88 (L)	12.50	249	26-NOV-2009	17_074
J1158+2621	GMRT		153.28	5.06	360	11-AUG-2006	10CKa01
	GMRT		240.25	5.00	307	17-JUL-2006	10CKa01
	GMRT		331.88 (P)	12.50	270	15-JUN-2006	10CKa01
	GMRT		150.25	6.25	160	31-MAY-2006	10CKa01
	GMRT		332.50 (P)	12.50	300	16-JUN-2006	10CKa01
	GMRT		617.50	12.50	80	13-MAY-2006	10CKa01
	GMRT		1287.50 (L)	12.50	340	22-JUN-2006	10CKa01
	VLA	D	4860.10 (C)	100.00	14	27-JUN-2008	AM954
	VLA	DnC	4860.10 (C)	100.00	7	19-JUN-2008	AS943
	VLA	DnC	4860.10 (C)	100.00	1.5	24-OCT-2005	AL663
	VLA	А	8439.90 (X)	100.00	2	03-MAY-1990	AB568
	VLA	DnC	8460.10 (X)	100.00	0.8	24-OCT-2005	AL663
	VLA	А	8460.10 (X)	100.00	0.7	05-APR-1998	AM593
	VLA	DnC	8460.10 (X)	100.00	4.5	19-JUN-2008	AS943
	VLA	DnC	22460.1 (K)	100.00	2	24-OCT-2005	AL663
	VLA	D	22460.1 (K)	100.00	3	06-SEP-2008	AS943
	VLA	DnC	43339.9 (Q)	100.00	4.6	30-OCT-2005	AL663

[†]: GMRT archival data. The rest of the GMRT data are from our own observations.

frequency. The on-source observing time varies from 80 to 360 min (see observing log in Table 1). The GMRT data were calibrated and imaged using the NRAO software package, AIPS in the standard way. The flux density calibration are according to the scale of Baars et al. (1977) in all frequencies. A few rounds of phase-only selfcalibration were carried out on each data set to correct the visibility phase. No amplitude self-calibration was used.

2.2 VLA data and their reduction

All the VLA data we have analysed for this paper are the archival VLA data for the source J1158+2621. The other source has no high frequency (>2 GHz) data. We have analysed the VLA data at various frequency bands (~4.8, 8.4, 22.5 and 43.3 GHz) to image J1158+2621. All VLA observations are in snapshot mode. The onsource observing time varies from 1-14 min (see Table 1). The calibrator selections and observing procedures and imaging are quite similar to what were done for GMRT data (see Section 2.1). All flux densities are on the Baars et al. (1977) scale. A few rounds of phase-only self-calibration were carried out on each data set to correct the visibility phase.

2.3 Short spacings and flux reliability

Our target sources, J0116–4722 and J1158+2621 have sizes of ~ 9.5 and 4 arcmin respectively. The shortest baseline for the C and D configurations of the VLA is 35 m. Even though most of the images of J1158+2621 (Figure 2) seem to show the largest size of a single emission region to be the entire 4 arcmin source, mostly

this is due to the effects of poor resolution at lower frequencies. Measuring the flux densities of different regions of this source, we realised that the total flux density of the outer cocoon plasma in the region of the inner double is a small fraction of both the integrated flux density as well as the outer double flux density of J1158+2621. Moreover, that particular region, being at the middle of the entire source must contain the oldest plasma of the outer cocoon and is very likely to have a very steep spectral index ($\gtrsim 1$), which means that the total flux density of that region will be an even lower fraction of the integrated flux density and outer double flux density at VLA higher frequencies. Therefore, the largest emission region of dominant flux density for J1158+2621 is only 2 arcmin in size, i.e., half of the total source size. All of the VLA maps that were used for the diffuse emission measurements of J1158+2621 were made from either D-array or DnC-array data which can map structures of 3 arcmin in size at X band without loss of flux. We conclude that the VLA flux densities of J1158+2621 at L, C and X band that we present in the following section should not be significantly affected by loss of flux due to lack of low spacings in the uv-coverage in the data. However, at frequencies higher than 8.4 GHz, the VLA images will necessarily miss some flux on large scales. The shortest baseline of the GMRT is 100 m; we can safely map single emission regions of dimension ~ 7 arcmin at 1280 MHz without loss of flux, and even larger structures at lower frequencies, and so all GMRT observations of J1158+2621 should fully sample the source.

Given that J0116–4722 has a size (~ 9.5 arcmin) greater than 7 arcmin which is the largest dimension of a single emission region that GMRT can map at L band, the question arises whether our L-band GMRT image has lost flux density due to low spacings. Since

the bright portion of the emission regions that contribute most of the total flux has sizes not more than the half of the largest angular size of the source, the GMRT L band image might be expected not to lose an appreciable amount of flux in L band image due to lack of low spacings. However, because of the low declination of the source GMRT could only observe it at a very low elevation angle; the *uv* coverage is therefore extremely skewed and, in addition, the GMRT was susceptible to unwanted terrestrial signals. As a result the quality of the GMRT data for J0116–4722 were bad in general, but the L band data were worse than any other band for J0116–4722, and a good deal of flagging was necessary, particularly on short baselines. Conservatively, we assume that there is likely to be missing flux in the GMRT L-band image of J0116–4722, and so we have not used this image for the detailed spectral ageing analysis.

3 OBSERVATIONAL RESULTS

The radio images are presented in Figures 1 and 2, and the measurements of flux densities and observational parameters at various frequencies are presented in Tables 2 and 3. For convenience we have followed the following component designations. The outer north-western and south-eastern lobes of J1158+2621 are designated NW1 and SE1 lobes respectively; and for the inner northwestern and south-eastern lobes of the same source are designated NW2 and SE2 lobes respectively. NW1&2 indicates NW1+NW2 and SE1&2 indicates SE1+SE2. For J0116-4722, we designate the outer northern and southern lobes as N1 and S1 lobes respectively. Similarly, inner northern and southern lobes are the N2 and S2 lobes respectively.

In the 150-MHz image of J1158+2621 the inner and the outer doubles are not resolved. The inner lobes of both the sources in high-resolution images seem to have edge-brightened structures, resembling normal FR II radio lobes in morphology. However, the outer lobes have plateaux of surface brightness towards their far ends in higher-resolution images. We see a peak of emission at the outer end of each outer lobe in low-resolution images. These were presumably the locations of the hotspots when the outer sources were active, and we refer to these locations, which do not now meet morphological criteria for being hotspots, as 'warm spots'.

Flux densities that were measured directly by us from the FITS maps (either made by us or from the survey) with the AIPS task TVSTAT are assumed to have absolute flux calibration errors of 5 per cent at 1400, 4860 and 8460 MHz (VLA), 7 per cent at 1287 and 610 MHz (GMRT) and 15 per cent at 332, 240 and 153 MHz (GMRT). Flux densities collected from the literature are assumed to have the errors quoted in the literature. Other flux density values, which were not directly measured from the FITS maps but estimated by various means, have been assigned errors determined by propagating errors from the errors of directly measured flux densities.

3.1 Constraining radio spectra

Our flux density measurements are supplemented by flux densities from the literature to constrain the radio spectra of different components of these sources. The flux densities (with errors) of various components (integrated, inner double and outer double) of J0116–4722 and J1158+2621 are listed in Tables 5 and 6 respectively. The detail procedure that we have followed to constrain the radio spectra are described in detail by Konar et al. (2012).

For correctly determining the flux densities of the inner double of J1158+2621 (see Table 4), we re-mapped the field at higher frequencies (namely 1287, 4860 and 8460 MHz) with a common lower uv-cutoff of 2.8 k λ , so that we can get rid of the outer diffuse emission as far as possible. No appreciable curvature is visible in the spectra of the individual inner lobes and the entire inner double within our observed frequency range. Therefore, we have fitted power laws to the inner double component flux densities of J1158+2621 listed in Table 4. The best-fitting power law for the total inner double of this source is $S_{inn}(\nu) = (29136.6 \pm$ $(283)\times\nu^{-(0.770\pm0.030)}.$ The same for the NW2 and SE2 lobes of this source are $S_{\rm NW2}(\nu) = (16772.6 \pm 1740) \times \nu^{-(0.740\pm0.054)}$ and $S_{\text{SE2}}(\nu) = (14554.2 \pm 4535) \times \nu^{-(0.821 \pm 0.095)}$ respectively. In these expressions $S(\nu)$ is in mJy and ν is in MHz. The inner double spectrum has been extrapolated down to our lowest observed frequency. The total flux densities of the inner double at all other frequencies are calculated from this fitted power law by extrapolation, and the errors by propagating the errors of the best-fitting parameters according to the equation below (see Section 4.1 of Konar et al. 2012).

$$\sigma_{S_{\nu}} = \sqrt{\left(\frac{S_{\nu}}{S_0}\right)^2 \sigma_{S_0}^2 + (S_{\nu} \ln \nu)^2 \sigma_{\alpha}^2}$$
(1)

where $S(\nu)$ is the flux density in mJy at a given frequency, ν in MHz. S_0 is the normalisation of the power law. and σ_{S_0} and σ_{α} are 1σ error of the normalisation, S_0 and spectral index, α respectively. The unit of $\sigma_{S_{\nu}}$ is also mJy.

For the source J0116–4722, our GMRT L-band data are affected by Radio Frequency Interference (RFI) and have a skewed uv coverage because of its low declination, as noted above (Section 2.3). Lower-frequency GMRT data have too poor resolution for the inner double to be mapped without any contamination from the diffuse emission of the outer lobes. There are no data at high frequencies except at 1376 and 2496 MHz, which are Australia Telescope National Facility (ATNF) data published by Saripalli et al. (2002). Therefore, for the inner double of J0116–4722, we have assumed that the spectrum of the total inner double is a power law with $\alpha = 0.70 \pm 0.10$ (Saripalli et al. 2002) and normalization of $(260 \pm 13) \times (1376)^{(0.70\pm0.01)}$ mJy at 1376 MHz (Saripalli et al. 2002). The flux densities of the total inner double at all other frequencies have been calculated from this power law and the errors have been calculated from Equation 1.

In order to estimate the flux densities of the total outer doubles, we subtracted the flux densities of the total inner doubles and the cores from the integrated flux densities. The spectral ageing JP model (Jaffe & Perola 1973) has been fitted to the flux densities of the outer doubles. The fitted spectra of inner and outer doubles are shown in Figures 3. All the flux density measurements (literature values as well as our measurements) of integrated, outer double and inner double are listed in Tables 5 and 6.

The spectra of different components of the sources are presented in Figures 3. The clearly visible steepening in the spectra of both the integrated source and the outer doubles at the higherfrequency end is interpreted as due to radiative losses which we discuss in Section 4.

3.2 The radio cores

The core positions are RA: 01h 16m 25° .00, DEC: $-47^{\circ} 22' 41''.50$ and RA: 11h 58m 19^{\vec{s}}98, DEC: $+26^{\circ} 21' 14''.09$ for J0116-4722 and J1158+2621 respectively. Our measurements of radio core



Figure 1. GMRT images of J0116–4722 are shown. The exact frequency of observations is given at the top of each image. The peak flux density, grey scale level, 1st contour and the contour levels are all given at the bottom of each image. Upper left panel: Outer northern lobe. Upper right panel: Core, and inner and outer southern lobes. Lower left panel: 618-MHz image. Lower right panel: 334-MHz image.

Table 2. The observational parameters and flux densities of the outer (N1 and S1) and inner (N2 and S2) lobes of J0116–4722 are listed in this table. Flux values of the core component of the source are given in Table 7. Column 1: frequency of observations in MHz, with the letter G representing GMRT observations; columns 2-4: the major and minor axes of the restored beam in arcsec and its position angle (PA) in degrees; column 5: the rms noise in mJy beam⁻¹; column 6: the integrated flux density of the source in mJy; columns 7, 10 and 13: component designation where N1 and S1 indicate the northern and southern components of the outer double, N2 and S2 northern and southern components of the inner double, and C the core component; columns 8 and 9, 11 and 12, 14 and 15: the peak and total flux densities of the components in mJy beam⁻¹ and mJy respectively.

Freq. MHz] //	Beam size //	0	rms mJy /b	S _I mJy	Ср	S _p mJy /b	S _t mJy	Ср	S _p mJy /b	S _t mJy	Ср	S _p mJy /b	S _t mJy
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)
G333.75 G618.75 G1287.50 [†]	23.63 10.42 8.01	11.71 4.30 4.34	2.5 356 6.4	1.05 0.17 0.05	10080 5022 1520	N1 N1 N1	98.8 9.44 2.96	4058 1915 464	N2 N2 N2	29 3.35		S1+S2+C S1+S2+C S1+S2+C	218 30 12	5961 3060 1021

a: three sigma limit.

Table 3. The observational parameters and flux densities of the outer (NW1 and SE1) and inner (NW2 and SE2) lobes of J1158+2621 are listed in this table. Flux values of the core component of the source are given in Table 7. Column 1: frequency of observations in MHz, with the letter G or V representing either GMRT or VLA observations; columns 2-4: the major and minor axes of the restored beam in arcsec and its position angle (PA) in degrees; column 5: the rms noise in mJy beam⁻¹; column 6: the integrated flux density of the source in mJy estimated by specifying an area around the source; columns 7, 10, 13 and 16: component designation where NW1 and SE1 indicate the northern and southern components of the outer double, NW2 and SE2 the northern and southern components of the inner double; columns 8 and 9, 11 and 12, 14 and 15, 17 and 18: the peak and total flux densities of the components in mJy beam⁻¹ and mJy respectively.

Freq. MHz (1)	(2)	Beam size // (3)	。 (4)	rms mJy /b (5)	S _I mJy (6)	Cp (7)	S _p mJy /b (8)	S _t mJy (9)	Cp (10)	S _p mJy /b (11)	S _t mJy (12)	Cp (13)	S _p mJy /b (14)	S _t mJy (15)	Cp (16)	S _p mJy /b (17)	S _t mJy (18)
$\begin{array}{c} {\rm G153.25} \\ {\rm G332.50} \\ {\rm G617.50} \\ {\rm G4287.50} \\ {\rm V4860.10}^a \\ {\rm V4860.10}^b \\ {\rm V8460.10}^b \\ {\rm V8460.10}^c \\ {\rm V22460.10}^c \end{array}$	28.80 9.74 7.14 2.94 14.55 14.62 8.60 9.55 4.00	22.07 7.91 5.66 2.59 9.01 4.68 2.85 8.37 2.75	63 44 315 75 301 278 281 17 319	10.10 0.54 0.79 0.080 0.024 0.043 0.060 0.23 0.24	9869 4197 3309 1238 293 296 126 157 21	NW1&2 NW1&2 NW1&2 NW1&2 NW1&2 NW1&2 NW1&2 NW1 NW1	564 115 68 17 23 16 1.32 4.55	4360 2208 1770 669 154 156 49 61	NW2 NW2 NW2 NW2 NW2 NW2 NW2 NW2 NW2 NW2	7.81 12.62 2.37	22 20 9.37	SE1&2 SE1&2 SE1&2 SE1&2 SE1&2 SE1&2 SE1&2 SE1 SE1	514 78 45 16 12 10 1.65 4.98	5081 1978 1532 571 132 133 44 60	S2 S2 S2 S2 S2 S2 S2 S2 S2 S2 S2	4.94 5.94 1.23	8.65 8.44 3.18

^a: The project code of the data is AM954. ^b: The project code of the data is AS943. ^c: The project code of the data is AL663.

Table 4. The flux densities of the inner double of J1158+2621 from our measurements. A common lower uv cut-off of 2.8 k λ has been applied to the data sets to image the inner double without any contamination from the diffuse emission of the outer double. The data at frequencies that are flagged with an asterisk are used to constrain the power law spectrum of the inner double. The description of the table is as follows: column 1: frequency of observations; columns 2-4: major axis, minor axis and position angle of the synthesized beam; columns 5, 7 and 9: total flux density of the inner double (without the core), flux density of the inner SE lobe and that of the inner NW lobe; columns 6, 8 and 10: the errors of the flux densities; column 11: project code of the data used.

B //	eam size	0	$S_{inn}^{tot} - c$ (mJy)	Err (mJy)	S_{SE2} (mJy)	Err (mJy)	S _{NW2} (mJy)	Err (mJy)	Project code
(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
4.89	3.90	311	195	10	72	5.0	123	8.6	с
2.85	2.45	72	124	6.5	41	3.0	83	6.0	с
12.81	6.01	287	45	1.7	13	0.7	32	1.6	d
7.51	2.49	280	29.5	1.1	9	0.4	20.5	1.0	e
5.09	4.58	332	12.5	0.5	3.5	0.2	9	0.5	f
	(2) (2) (2) (2) (2) (2) (2) (2) (2) (2)	Beam size (2) (3) 4.89 3.90 2.85 2.45 12.81 6.01 7.51 2.49 5.09 4.58	Beam size . (2) (3) (4) 4.89 3.90 311 2.85 2.45 72 12.81 6.01 287 7.51 2.49 280 5.09 4.58 332	Beam size $S_{inn}^{tot} - c$ " " \circ (mJy) (2) (3) (4) (5) 4.89 3.90 311 195 2.85 2.45 72 124 12.81 6.01 287 45 7.51 2.49 280 29.5 5.09 4.58 332 12.5	Beam size $S_{inn}^{tot} - c$ Err (mJy) Err (mJy) (2) (3) (4) (5) (6) 4.89 3.90 311 195 10 2.85 2.45 72 124 6.5 12.81 6.01 287 45 1.7 7.51 2.49 280 29.5 1.1 5.09 4.58 332 12.5 0.5	$\begin{array}{c ccccccccccccccccccccccccccccccccccc$	Beam size $S_{inn}^{tot} - c$ Err S_{SE2} Err " " \circ (mJy) (mJy) (mJy) (mJy) (mJy) (2) (3) (4) (5) (6) (7) (8) 4.89 3.90 311 195 10 72 5.0 2.85 2.45 72 124 6.5 41 3.0 12.81 6.01 287 45 1.7 13 0.7 7.51 2.49 280 29.5 1.1 9 0.4 5.09 4.58 332 12.5 0.5 3.5 0.2	$\begin{array}{c ccccccccccccccccccccccccccccccccccc$	$\begin{array}{c ccccccccccccccccccccccccccccccccccc$

*: The spectra have been constrained with these data points only, as the quality of the 617- and 22460-MHz data is not good enough (see Figure 2). However, the inner double flux densities at those two frequencies are consistent with the extrapolation of the spectra constrained from the three data points indicated by asterisks.

c: 10CKa01, d: AS943+AM954+AL663, e: AS943+AM593+AL663+AB568, f: AL663+AS943



Figure 2. Full resolution radio images of J1158+3224 are shown. The frequency of observation and the telescope name (with project code for the VLA data) are given at the top of each image. The peak flux density, grey scale level, 1st contour and the contour levels are all given at the bottom of each image.

positions match within ~ 2 arcsec with those given by Jones & McAdam (1992) and Healey et al. (2007) for J0116-4722 and J1158+2621 respectively. The core flux densities of our sources are presented in Table 7 for both the sources. The values of the core flux have been estimated from two-dimensional Gaussian fits by AIPS task JMFIT. The core flux densities are all peak

values in order to reduce any possible contamination from diffuse emission. Errors are calculated by quadratically adding the flux measurement errors and the JMFIT errors. The fiducial values of flux measurement errors are assumed to be 5 per cent for VLA data and 7 per cent for GMRT data.

Given that the core variability of DDRGs has been reported



Figure 2 – *continued*

in the literature by Konar et al. (2006), Jamrozy et al. (2007) and Konar et al. (2012), it is worth inspecting the core variability for these DDRGs also. The core variability of J1158+2621 is prominently seen at C, X and K band (bottom panel of Figure 4). At X and K band, the core flux densities vary up to a factor of ~ 2 . For the source J0116-4722, the L band data from ATNF and GMRT

(shown in filled circle in the top panel of Figure 4) clearly shows the variability of the core over a ~ 10 yr time scale. The 334 and 610-MHz core flux densities of J0116-4722 are poor resolution measurements; hence, these are contaminated by diffuse flux, and we cannot judge the strength of the variability at these frequencies from our present observations. Konar et al. (2006) and Jam-

Table 5. The flux densities, from our measurements as well as from the literature, of different components (integrated, inner double and outer double) of J0116-4722 are compiled in this table. Column 1: frequency of observations in MHz; columns 2, 5 and 8: component designation as described in Section 3 with 'Int' indicating the integrated flux density of the source; columns 3, 6 and 9: flux density; columns 4, 7 and 10: the error in flux density and column 11: reference to the integrated flux density and error.

Frequency MHz	Component	S_t mJy	Error mJy	Component	S_t mJy	Error mJy	Component	S_t mJy	err. mJy	Reference
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
80.00	Int	34986 ^a	3400				N1+S1	33081	3542	1
151.50	Int	22238	2224				N1+S1	21020	2241	2
333.75	Int	10080	1512				N1+S1	9379	1516	3
408.00	Int	11742^{b}	1174				N1+S1	11133	1177	1,4
618.75	Int	5022	351				N1+S1	4565	354	3
843.00	Int	4485	224				N1+S1	4119	226	5
1287.50	Int	1520 ^{††}	106				N1+S1			3
1376.00	Int	2900	145	N2+S2	260*	13		2640	146	6
1410.00	Int	2308^{c}	231				N1+S1	2052	231	1,4
2496.00	Int	1600	80	N2+S2	170*	8.5	N1+S1	1429	81	6
2700.00	Int	706^{d}	29				N1+S1	544	32	7,4
5000.00	Int	280^{d}	22				N1+S1	175	26	7,4
8400.00	Int	$71^{\dagger e}$	30				N1+S1			8,4

*: The power law spectrum of the total inner double (without the core) has been constrained from these two flux densities (with 5 per cent error) from Saripalli et al. (2002). We assume that the inner double is a power law between 80 and 8400 MHz (with $\alpha_{inj} = 0.7 \pm 0.1$), since we observe the same trend in the inner doubles of other DDRGs. The flux density of the total inner double at any other frequency between 80 and 8400 MHz has been estimated from the extrapolation of this power law (see Section 3.1).

[†]: There seems to be loss of flux density in the diffuse outer lobes in this measurements, as this flux density falls on the extrapolation of the power law spectrum of total inner double. So, this point has not been used in the outer double spectrum.

^{††}: While compared with the flux densities of all other frequencies, we noticed that there is indeed loss of flux density in the diffuse outer lobes. Besides, because of the severe effects of RFI on the data the N2-lobe has not been detected. So, this point has not been used in determining the inner and outer double spectra, as discussed in the text (Section 2.3).

^a: The original flux density value was on the CKL scale (see Conway, Kellermann & Long, 1963). Baars et al. (1977) give a scaling factor of 1.029 in their Table 7 to convert into the scale of Baars et al. We have multiplied the original flux density by this scaling factor to get this value.

^b: The original flux density was on the CKL scale. So, we have multiplied the original flux density with 1.129 as given in Baars et al. (1977) to get this value. ^c: The original flux density was on the CKL scale. So, we have multiplied the original flux density with 1.099 as given in Baars et al. (1977).

^d: The original measurements were made using the Parkes single-dish telescope at 2.7 and 5.0 GHz (Wright, Savage & Bolton 1977). However, Wall, Wright & Bolton (1976), stated that 'The scale factor for flux density' was determined by comparing the apparent flux density for Hydra A with the adopted values of 23.5 and 13.0 Jy at 2700 and 5009 MHz respectively. Table 6 of Baars et al. (1977) quoted that the flux densities for Hydra A (3C218) are 23.7 Jy at 2700 MHz and 13.5 Jy at 5000 MHz. So, we have multiplied the 2700-MHz flux densities by 1.0085 and 5000-MHz flux density by 1.0385 to convert them into the scale of Baars et al.

^e: This measurement was made using the Parkes single-dish telescope at 8.4 GHz. As flux calibrators Virgo A and Hydra A were used with flux density of 45.0 and 8.4 Jy respectively at 8.4 GHz. According to the polynomial equations given by Baars et al. (1977) the flux densities of Virgo A and Hydra A at 8400 MHz are 46.33 and 8.43 Jy respectively. So the conversion factors to Baars et al.'s scale at 8.4 GHz are 1.0296 and 1.0036 as obtained from Virgo A and Hydra A respectively. So, we have multiplied the original flux density by the mean factor of 1.0166 to convert the 8.4-GHz flux density to the scale of Baars et al.

References: The references are to the total flux densities.

1: Bolton, Gardner & Mackey (1964) 2: Udaya-Shankar et al. (2002) (This flux density measurement is with the Mauritius Radio Telescope). 3: This paper. 4: Wright, Otrupcek (1990): Parkes Catalogue. 5: Bock, Large & Sadler (1999): Sydney University Molonglo Sky Survey. 6: Saripalli, Subrahmanyan, Udaya-Shankar (2002). 7: Wright, Savage & Bolton (1977). 8: Wright et al. (1991).

rozy et al. (2007) also have shown that the restarting radio galaxies J1453+3308 and 4C 29.30 have prominent core variability. In case of J1453+3308, the core at X band varies up to a factor of \sim 2 and the core of 4C 29.30 at C band varies up to a factor of \sim 8. Liuzzo et al. (2009) detected a 15 yr old VLBI/milliarcsec scale knot near the core of 4C 29.30 and suggested that the large amplitude radio-core variability between 1990 and 2005, as reported by Jamrozy et al. (2007), is associated with the ejection of this knot from the central engine. This suggests that jet power can vary by ejection of such blobs from the central engine, leading to core variability in arcsec scale measurements. In a recent study by Konar et al. (2012), no appreciable variability has been observed in the DDRG J1835+6204 over 2 yr time

scale. So, many, but not all, of the DDRGs that we have studied (see Table 8) have variable cores. We have defined a fractional change of a quantity f_c as a ratio of core flux densities between two epochs. The ratio has been taken such that the ratio is always ≥ 1 . If multiple epochs of observations exists, then the frequency band and the two epochs have been chosen such that f_c is maximum (see Table 8). In our definition, $f_c = 1$ corresponds to non variable core for any source. We have also defined time scale of variability (t_v) as the shortest time over which the variability has been detected with the available observations of the variable core (In principle t_v could have been smaller than what we have estimated here, had there been observations at even smaller time intervals.) and the time scale of

Frequency MHz	Component	S_t mJy	Error mJy	Component	S_t mJy	Error mJy	Component	S_t mJy	err. mJy	Reference and comment
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
22.00	Int	38000	4000				NW1+SE1	35304	4050	1
26.30	Int	37555	8120				NW1+SE1	35205	8139	2
80.00	Int	13962	2290				NW1+SE1	12964	2304	3
153.25	Int	9869	1480				NW1+SE1	9264	1488	4
160.00	Int	6438	773				NW1+SE1	5853	788	5
332.50	Int	4197	630				NW1+SE1	3864	637	4
617.50	Int	3309	232	NW2+SE2	195†	10	NW1+SE1	3114	232	4
635.00	Int	3105	159				NW1+SE1	2902	169	6
1287.50	Int	1238	87	NW2+SE2	124*	6.5	NW1+SE1	1114	87	4
1400.00	Int	1027	51							NVSS
1400.00	Int	1098	100							7
1400.00	Int	1047	59							8
1400.00	Int(avg)	1057	42				NW1+SE1	947	54	9
1410.00	Int	900	128				NW1+SE1	790	132	10
2700.00	Int	550	26				NW1+SE1	484	34	11
4830.00	Int	296	41				NW1+SE1	254	43	12
4850.00	Int	311	32				NW1+SE1	269	35	13
4860.10^{a}	Int-c	289	15	NW2+SE2	45*	1.7	NW1+SE1	244	15	4
8460.10^{b}	Int-c	147	7.4	NW2+SE2	29.5*	1.1	NW1+SE1	118	7.5	4
22460.10^{c}				NW2+SE2	12.5^{+}	0.5				4

Table 6. The same as in Table 5, but for the source J1158+2621.

*: The power-law spectrum of the total inner double (without the core) has been constrained by a least-squares fit to these data, and extrapolated to the lowest frequency. The flux density of the total inner double at any other frequency has been estimated from the fitted power law (see Section 3.1).

[†]: These two flux density values for the total inner double fall on the extrapolation of the best-fitting power-law spectrum constrained from the three data points marked by asterisks. So, even if we were to use these two data points along with those three in constraining the power law spectrum of the inner double, the free parameters have similar best fit values.

^a: The flux measurements are from the map made with multiple VLA archival data sets with project codes AS943, AM954 and AL663.

^b: The flux measurements are from the map made with multiple VLA archival data sets with project codes AS943, AM593, AL663 and AB568.

^c: The flux measurements are from the map made with multiple VLA archival data sets with project codes AL663 and AS943.

References and comments: The references are to the total flux densities.

NVSS: NRAO VLA Sky Survey. 5 per cent error in integrated flux has been assumed.

1: Both flux density and error values are from Roger, Costain & Stewart (1986). 2: A factor of 1.015 (from Kühr et al., 1981) has been multiplied by the original flux density (and error as well) as quoted by Viner & Ericson (1975) to bring it to the scale of Baars et al. (1977). 3: The original flux density has been multiplied by a factor of 1.074 (from Kühr et al., 1981) to bring it to the scale of Baars et al. (1977). The flux density value is quoted in the Culgoora-2 catalogue (Slee & Higgins, 1975) and Culgoora-3 (Slee, 1977). The error is estimated to be 16.4 per cent from the recipe given by Slee (1977) and Slee & Higgins (1975). 4: We have made radio images and measured the fluxes from the FITS images. The data are either from our observations or from the archive. 5: The original flux density was multiplied by a factor of 1.11 (from Kühr et al., 1981) to bring it to the scale of Baars et al. (1977). The flux density value is quoted in the Culgoora-3 catalogue (Slee, 1977). The error has been estimated to be ~ 12 per cent from the recipe given by Slee (1977). 6: The original flux density has been multiplied by a factor of 1.035 (from Kühr et al., 1981) to bring it to the scale of Baars et al. (1977). Flux density value is available in PKS90 catalogue (Wright & Otrupcek, 1990) has been estimated from the recipe given by Willis (1975). 7: The flux density is from White & Becker (1992). The error is the flux density is in PKS90 catalogue (Wright & Otrupcek, 1969). density value is available in PKS90 catalogue (Wright & Otrupcek, 1969). from the recipe given by Savage et al. (1977). 12: The flux density value is available in PKS90 catalogue (Wright & Otrupcek, 1990). from the recipe given by Savage et al. (1977). 12: The flux density value is from Langston et al., (1990). The error is the flux density limit of the survey. 13: The flux density value is from Becker et al. (1991). The error has been estimated to be ~ 32 mJy from the recipe given by Becker et al. (1991).

non-variability (t_{nv}) as the longest time span over which multiple observations have been done and no variability has been detected for non-variable cores (to be borne in mind that the non-variable cores may be variable on much longer timescales). We have tabulated f_c , t_v , t_{nv} in Table 8.

Is this degree of variability telling us something about the nature of the DDRG phenomenon? We begin by noting that our target sources are not radio loud quasars, but radio galaxies. According to the unification scheme (and assuming that they are narrow-line radio galaxies) we are likely to observe them at relatively large $(\geq 45^{\circ})$ angles to the line of sight. Therefore the intrinsic timescale of variability of the cores should not be greatly shortened in our observations by the effects of relativistic beaming. Systematic studies of core variability in radio galaxies are relatively rare. A highresolution radio study of 17 3CRR radio galaxies by Hardcastle et al. (1997) found only two objects (3C 79 and 4C 14.11) to have cores which varied detectably in radio flux at 8.4 GHz over 2-3yrs, and of these one is a broad-line radio galaxy (low-luminosity quasar) and the other a low-excitation radio galaxy that could be viewed at any angle to the line of sight. Similarly, Gilbert et al. (2004) and Mullin, Hardcastle & Riley (2006) report, respectively, at most 4/27 and 3/32 of their higher-*z* 3CRR sources, some of which are quasars or broad-line objects, to have significantly variable cores on timescales of years, although as the main focus of



Figure 3. Spectra of different components of DDRGs J0116-4722 (Upper panel) and J1158+2621 (lower panel). The open squares are integrated flux densities. Our measurements and the flux density values from the literature that seem to be reliable have been plotted and used for constraining spectra. The filled cicles are the flux densities of the outer doubles. The open triangles are the inner-double flux densities (core subtracted). The dotted lines are the power laws fitted to the flux densities of the inner doubles, which are extrapolated to very low frequencies to enable the reader to compare its strength with the integrated source strength. The dot dashed curves are the JP model fits to the flux density points (filled circles) of the outer doubles. The best fit injection spectral indices of inner doubles are 0.7 ± 0.1 for J0116-4722 and 0.770 ± 0.03 for J1158+2621. The squares and circles are almost overlapping, as the flux densities of the inner doubles are small compared to those of the integrated ones. For the outer doubles the best fit values (with one sigma errors) of the parameters of the spectral age-ing JP model are $\alpha_{inj} = 0.618^{+0.072}_{-0.065}$ and $\nu_{br} = 2.42^{+0.58}_{-0.38}$ GHz for J0116-4722, and $\alpha_{inj} = 0.788^{+0.0}_{-0.0}$ and $\nu_{br} = 16.81^{+6.44}_{-4.17}$ GHz for J1158+2621.

these papers was the correction of variability to allow imaging from multi-epoch data they may have missed lower-level variability. Turning to objects perhaps more similar to our DDRGs, in the radio study of giant radio galaxies by Konar et al. (2006, 2008), only one giant radio galaxy (J0819+756) has been detected with a variable core, and Ishwara-Chandra & Saikia (1999) also reported that the core of the giant radio galaxies, namely NGC 315 and NGC 6251, did not show variability on timescales of about 12 and 2 yr respectively. Thus the detection of variability in 4/7 of the DDRG in Table 8 is qualitatively noteworthy, and indeed statistically significant on a binomial test at around the 3σ level if we take the rate of variability seen in the 3CRR objects (at most ~ 12 per cent) as the null hypothesis level. We tentatively suggest that the variability is related to relatively large changes in the jet power (and therefore presumably the accretion rate) at the base of the jets, which might be connected to the larger-amplitude variability on longer timescales that drives the episodic nature of our sources. If



Figure 4. Core flux density vs. epoch of observation has been plotted to demonstrate the core variability. The data are from Table 7. Top panel: This plot is for the source J0116–4722. Filled circles ploted in this panel are the L band data from ATNF and GMRT. Bottom panel: This plot is for the source J1158+2621. The filled square is the GMRT L band datum. The filled diamond is the VLA Q band datum. The open circles are the VLA C band data. The open triangles are the VLA X band data. The open diamonds are the VLA K band data.

this is connected to accretion rate, increased variability for DDRG should be seen in other wavebands, e.g. the X-ray. Further investigations of larger samples are required to investigate this issue in more detail.

While interpreting the core variability from our data, we should bear in mind that the samples from Hardcastle et al. (1997), Gilbert et al. (2004) and Mullin et al. (2006) were all at 8 GHz and were observed typically 4 times over 2-3 years. Our DDRGs have more total observations over a wider frequency range and in some cases a longer time baseline. Whether this makes the higher fraction of DDRGs to be observed with variable core is not clear.

4 SPECTRAL AGEING ANALYSIS

According to the standard dynamical model of FR II radio galaxies, the relativistic plasma, after being accelerated at the hotspots flows backwards towards the core. As we know, the leptons (e^{-}/e^{+}) in the lobes of radio galaxies radiate by the synchrotron process and by inverse-Compton scattering against the CMB photons. Therefore, those particles lose energy; this phenomenon is called radiative ageing or spectral ageing. The spectral age is defined as the time elapsed since the radiating particles were last accelerated. In order to determine the spectral age in different parts of the lobes, we apply the Jaffe-Perola model (hereafter JP model, see Jaffe & Perola 1973) which describes the time-evolution of the emission spectrum from particles with an initial power-law energy distribution characterised by injection spectral index (α_{ini}). In applying this model, our assumptions are that (i) the radiating particles after entering the lobes are not re-accelerated, but radiate via the synchrotron process and inverse-Compton scattering against the CMB

Table 7. Flux densities of the radio cores of J1158+2621 and J0116-4722. Column designations are as follows. Column 1: source name, colu
2: telescope of observations, column 3: project code of the data, column 4: date of observations, column 5: Frequency of observations, column
resolution of the image, column 7: core flux density and column 8: error of the core flux density.

Source	Telescope	Project code	Date of obs.	Freq.	Resolution " \times ", deg	Flux density	Error
(1)	(2)	(3)	(4)	MHz (5)	(6)	mJy (7)	mJy (8)
J0116-4722	GMRT	17_074	26-NOV-2009	1287.9	08.0×04.3, 6.4	7.2	0.5
	GMRT	13JMa01	06-MAR-2008	618.8	09.6×04.0, 356	10.8	0.8
	GMRT	13JMa01	13-MAR-2008	333.8	17.2×07.8, 2.8	18.5	2.8
	ATNF	SSU2002 [†]	Jan-Apr-1999	1376.0	10.2×09.1, 11	11.0	0.6
	ATNF	SSU2002 [†]	Jan-Apr-1999	2496.0	04.4×04.1, 15	11.7	0.6
J1158+2621	GMRT	10CKa01	22-JUN-2006	1287.5	01.4×01.4, 45	3.3	0.2
	VLA	AS943	19-JUN-2008	4860.1	18.0×02.6, 279	3.8	0.2
	VLA	AM954	27-JUN-2008	4860.1	11.7×05.2, 302	3.8	0.2
	VLA	AL663	24-OCT-2005	4860.1	15.1×04.1, 291	3.5	0.2
	VLA	AB568	03-MAY-1990	8439.9	00.3×00.2, 41	5.0	0.2
	VLA	AL663	24-OCT-2005	8460.1	09.6×08.4, 17	4.5	0.4
	VLA	AM593	05-APR-1998	8460.1	00.7×00.7, 45	2.8	0.2
	VLA	AS943	19-JUN-2008	8460.1	08.6×02.8, 281	4.6	0.2
	VLA	AL663	24-OCT-2005	22460.1	04.0×02.8, 319	7.1	0.4
	VLA	AS943	06-SEP-2008	22460.1	03.0×02.9, 345	4.2	0.2
	VLA	AL663	30-OCT-2005	43339.9	01.9×01.3, 300	7.0	0.4

[†]: These are the observations made by Saripalli, Subrahmanyan & Udaya-Shankara (2002).

Table 8. Core variability results. Column 1 lists the name of the source and the alternative name within parentheses. Column 2 says whether the core has been detected observationally or not. Column 3 says whether the detected core has been found to be variable or not within the entire time span of existing observations. Column 4 lists the time scales of variability and non-valriability (t_v and t_{nv} , see the text for definition) along with the symbols L, C and X within the parentheses representing the frequency band in which t_v or t_{nv} has been estimated. Column 5 lists the factor f_c (see the text for definition) along with the frequency band and the time interval (in yr, this time interval and t_v are not necessarily the same) between two observations, that are used to estimate f_c , in parentheses. Column 6 lists the references for the variability information.

Source (Alt. name)	Detection (Yes/No)	Variability (Yes/No)	$t_v (t_{nv})$ (yr)	$f_{\mathcal{C}}$ (band, time)	Reference
(1)	(2)	(3)	(4)	(5)	(6)
J0041+3224 (B2 0039+32)	No				1
J0116-4722 (PKS 0114-47)	Yes	Yes	10 (L)	1.53 ± 0.13 (L,10)	р
J0840+2949 (4C 29.30)	Yes	Yes	0.5 (L)	8.04 ± 0.57 (C,20)	2
J1158+2621 (4C+26.35)	Yes	Yes	3 (X)	1.67 ± 0.13 (K,3)	р
J1453+3308 (4C+33.33)	Yes	Yes	0.5 (X)	1.72 ± 0.12 (X,0.5)	3
J1548-3216 (PKS 1545-321)	Yes	No	6 (C)	1.02 ± 0.03 (C,6)	4
J1835+6204 (B 1834+620)	Yes	No [†]	2 (X)	$1.19 \pm 0.10 \; \text{(X,2)}$	1

[†]: The core of this source can be called mildly variable provided there is no systematic error in the data. In our previous paper Konar et al. (2012), this core has been stated to be non variable. Reference: 1: Konar et al. (2012). p: this paper. 2: Jamrozy et al. (2008). 3: Konar et al. (2006). 4: Machalski et al. (2010).

photons, (ii) the blob of plasma in each strip (limited by our common resolution) is injected in a small time interval compared to the age of the radio galaxy, so that the entire plasma of a strip can be assumed to have been injected in a single shot, (iii) there is no mixing of back-flowing plasma between two adjacent strips of lobes, (iv) the magnetic field lines are completely tangled and the field strength at each part of the lobe is at equipartition value, which remains constant in time, (v) the particles injected into the lobe have a constant power-law energy spectrum with an index Γ_{inj} ($\alpha_{inj} = \frac{\Gamma_{inj}-1}{2}$, where α_{inj} is the power law index of the synchrotron spectrum) over the entire active phase of the source and (vi) the particles get isotropized in pitch angle with the time-scale of isotropization much smaller than the radiative lifetime. From our assumption (v), the initial spectrum of any blob of lobe plasma (any strip, in our case) has a power law spectrum.

amount of time is elapsed, the synchrotron spectra develop a curvature at higher frequency part. This curvature is characterised by a spectral break frequency. The spectral break frequency ($\nu_{\rm br}$) above which the radio spectrum steepens from the injected power law, is related to the spectral age and the magnetic field strength through

$$\tau_{\rm rad} = 50.3 \frac{B^{1/2}}{B^2 + B_{\rm CMB}^2} \left\{ \nu_{\rm br} (1+z) \right\}^{-1/2} \,\text{Myr},\tag{2}$$

where $B_{\rm CMB} = 0.318(1+z)^2$ is the magnetic field strength equivalent to the CMB energy density; B and $B_{\rm CMB}$ are expressed in units of nT, while $\nu_{\rm br}$ is in GHz.

We have carried out a detailed spectral ageing analysis of J1158+2621 using our multifrequency radio data. Due to the lack of good quality data we could not perform such a detailed spectral ageing analysis for J0116-4722; however, for this source, we have

made a crude estimate of the spectral age. The results are discussed in the following two subsections.

4.1 Spectral age of J1158+2621

We have followed exactly the same procedure as described in Konar et al. (2012) to constrain α_{inj} and ν_{br} , and estimate the magnetic field. We first fitted the JP model to the integrated flux densities of the lobes, obtaining a best-fitting value of $\alpha_{inj} = 0.788^{+0.038}_{-0.040}$ for the entire outer double fitted to the data from Table 6. We then convolved the total-intensity maps made by us at multiple frequencies to a common angular resolution of 14.56×14.56 arcsec, before splitting into a number of strips separated approximately by the common resolution element (with which all the maps were convolved) along the axis of the source, and the spectrum of each strip has been determined. The best fit spectra of some of the strips of the outer lobes are shown in Figure 5. We have used the maps at 332, 617, 1287, 4860 and 8460 MHz to constrain the spectra of the strips with the fixed value of $\alpha_{inj} = 0.788$. Then using 'SYNAGE' (a spectral-ageing model fitting package, Murgia 1996), we have constrained $\nu_{\rm b}$, hence the spectral age from the Equation 2. While interpreting the spectral ageing results, we are fully aware of the caveats related to the spectral ageing analysis which are outlined in Konar et al. (2012) in detail.

The value of B_{\min} and spectral age of each strip of J1158+2621 are listed in Table 10. These spectral ages of different strips as a function of distance from the hotspots are plotted in Figure 6. As expected, the synchrotron age for both the outer lobes increases with distance from the edges (warm spots) of the lobes. We have fitted a polynomial to every age-distance plot to extrapolate the curve to the position of the core. The value of the polynomial at the position of the core gives the expected spectral age of the outer lobes. Since in this DDRG, there is diffuse relativistic plasma of the outer lobes all the way back to the core, it makes sense to determine the spectral age by this extrapolation method. We could not constrain the spectral age of the plasma near the core region of the outer lobes due to (i) the presence of the inner lobes and (ii) low signal to noise ratio at low frequencies and non detection of diffuse plasma at higher frequency images due to limited sensitivity. The spectral ages of the strips of the two lobes of J1158+2621 are given in Table 10. The extrapolated spectral ages, which we will consider hereafter as true spectral ages, of the outer lobes of J1158+2621 are 135 and 92 Myr for NW1 and SE1 lobes respectively. For the inner double of this source, the spectrum has no curvature up to 22.46 GHz. Since the radio spectrum of the inner double is practically straight (see Figure 3), we cannot determine the synchrotron break frequency and the spectral age for the inner double. However, we have determined the upper limit of spectral age of the inner double with the assumption that the break frequencies are greater than the highest observed frequency which is 22.46 GHz in this case. Our estimation of minimum energy field yields $B_{\min} = 1.56 \pm 0.02$ nT. So, the spectral age of inner double of J1158+2621 is given by $t_{\rm innd} \lesssim 4.9$ Myr. We also have determined the lower limit of age by assuming that the jet-head will advance with no faster speed than $\sim 0.5c$ (Konar et al. 2006; Schoenmakers et al. 2000a; Safouris et al. 2008). Therefore, the limits of the age of the inner double of J1158+2621 can be written as $0.5 \leq t_{\text{innd}} \leq 4.9$ Myr.

4.2 Spectral age of J0116-4722

Complete spectral ageing analysis was not possible for this source due to the lack of good data. We have images at only 3 frequencies,

out of which, we have found that the GMRT L-band image has loss of diffuse flux (Section 2.3) so that we were unable to use the L-band data. We were thus left with images only at two frequencies, which is insufficient for a detailed spectral ageing analysis of the lobes. However, we could still constrain the spectra of the total outer double and the total inner double with the data from the literature supplemented by our new observations. We could also estimate both upper and lower limits of the ages of both inner and outer doubles. The observed spectra of the outer double fitted with spectral ageing model are presented in Figure 3. The best fit value of α_{inj} of the outer lobes, which have been constrained from the total spectrum of the outer double, is $0.618^{+0.072}_{-0.065}$. The $\nu_{\rm br}$ as obtained from the spectral ageing fit to the observed spectrum of total outer double is 2.42 GHz. This break frequency will give an estimation of spectral age of the outer double, which will definitely be an underestimation of the source age due to the fact that the injection of fresh plasma had been accumulated in the outer lobes for a long time; and thereby the age corresponding to 2.42 GHz will serve as a lower limit of the age of the outer double of J0116-4722. We have used the averaged magnetic field determined from the spectrum of the entire outer double, which is $\sim 0.27 \pm 0.03$ nT. So, the spectral age corresponding to $\nu_{\rm br} = 2.42$ GHz is ~64 Myr. Therefore, the lower limit of the age of the outer double can be given by $t_{\text{outd}}\gtrsim 64 + t_{\text{jet}}$ Myr = 66.4 Myr, as $t_{\text{jet}} = 2.4$ Myr (here t_{iet} is the time taken by the last ejected jet material to travel from the central engine to the hotspot). However, this is not a very good constraint on the age of the outer double. To get a reasonable age of the outer double we have assumed a nominal average speed of the hotspots to be ~ 0.01 c. So, $t_{outd} \lesssim 236$ Myr. So, the age of the outer double is given by $66.4 \lesssim t_{outd} \lesssim 236$ Myr. The warm-spots have relatively fresher plasma than the rest of the parts of the lobes, so the age estimated from the spectrum of the total outer double can be treated as an upper limit of the ages of the warm-spots of the outer lobes. Thus we get $t_{\rm ws} \lesssim 64$ Myr. For the inner double of this DDRG, we have reliable flux densities only at two frequencies (Saripalli et al., 2002). The images at those frequencies were mapped with same uv cutoff and similar uv coverage. In GMRT low frequency images, inner doubles are quite contaminated with the diffuse emission because of more diffuse emission and low resolution at frequencies. Moreover, the GMRT data have skewed uvcoverage and the data are RFI affected. The inner northern lobe has not been detected in our GMRT L band image because of the bad data. There is no high resolution image or flux values for the inner double in the literature at frequencies higher than 2496 MHz. Therefore, we have constrained the power law spectrum of the inner double of J0116-4722 with only two data points. Given the results related to the inner doubles of other DDRGs published in our previous work (Konar et al., 2006; Jamrozy et al., 2007; and Konar et al., 2012), we can assume that the spectrum of the inner double of J0116-4722 is a power law from very low frequency to at least 8.4 GHz, as we have never observed break frequency below 8.4 GHz for any inner double (see Konar et al. 2012 for J0041+3224 and J1835+6204, and this paper for J1158+2621). So, we can assume that the break frequency of the inner double of J0116-4722 is $\gtrsim 8.460$ GHz. Our estimated magnetic field for the inner double is 0.48 ± 0.05 nT which yield an upper limit of the spectral age of the inner double of J0116-4722 to be \sim 28 Myr corresponding to a lower limit of $\nu_{\rm br}$ of 8.46 GHz. As in the case of J1158+2621, we assumed the upper limit of the hotspot speed of J0116-4722 to be 0.5c, that gives us the kinematic age of ~ 0.91 Myr which is the lower limit of the age of the inner double of J0116-4722. Therefore, the age of the inner double of J0116-4722 can be given by

 $1 \lesssim t_{\text{innd}} \lesssim 28$ Myr, which is not a very good constraint; nevertheless, we can use this to constrain the duration of the active phase of the previous episode and the quiescent phase (see Section 5).

5 DISCUSSION

The outer lobes of both the DDRGs do not have any compact hotspots, but the inner lobes do have compact hotspots at the outer ends of the lobes. From the widely accepted dynamical models of FR II radio galaxies, the lack of hotspots in outer lobes suggests that the lobes are no longer fed by the jets. Therefore, these lobes are the relics of the previous episode of JFA. Since the inner lobes do have compact hotspots, they are still fed by the newly formed jets in the current episode of JFA. The different values of the spectral ages (135 and 92 Myr for NW and SE lobes respectively) of two outer lobes of J1158+2621 are most probably due to the different energy loss/gain processes other than synchrotron and inverse-Compton losses (e.g., adiabatic expansion loss and particle re-acceleration), that are/were at work in the outer lobes. This essentially suggests the asymmetry on two different sides of a source. Similarly asymmetric ages in other DDRGs have been reported by Konar et al. (2012). Assuming that both the jets started and stopped simultaneously, the meaningful spectral age of a RG should therefore be an average of the spectral ages of two lobes. The average spectral age of J1158+2621 is 113 Myr, which we consider to be the age of the outer double of J1158+2621. In the age-distance plot of J1158+2621, we observe a curvature when smooth curves were drawn through the points. This curvature in the age distance plot can be produced by the increasing adiabatic loss with the age of any strip of the lobe plasma. In such a scenario, the closer the strip to the core, the older it is, hence the more adiabatic loss due to expansion it might have suffered. Alternatively, if the hotspot advance speed was accelerating (because of the decreasing ambient medium density) then such a curvature is possible. The concave curvature may also indicate that the back-flow speed of the cocoon plasma is slowing down as the plasma approaches the core. In practice, all these factors are likely to play a role to various extents in producing curvature such as we observe.

We have also tried to make an estimation of the timescale for the quiescent phase of the jet activity in both the DDRGs. The hotspots created during the active phase of the two outer lobes have now faded and lost their compactness, so that they can now appropriately be called warm spots. These warm spots are the regions of lobes where the jet material was most recently injected, hence these regions contain plasma which is younger than that in other parts of the lobes. So, we expect to find the lowest spectral age in these portions of the outer lobes, as indeed is observed. The quiescent phase is then the time interval between the last jet material being injected into the outer lobes in the previous episode and the first jet material injected in the inner lobes of the current episode. The first jet material injected into the inner lobes is what is now at the tails (near the core) of the inner lobes. Since there is not enough resolution in our data, for the inner double, we have determined the total spectrum (instead of the spectrum of the tail portions of two inner lobes). Since the spectra of the inner doubles are straight, we have been able to constrain two limits on their spectral ages. In this work, we have been able to estimate the following temporal parameters which are listed with the definitions.

(i) t_{innd} : the age of the inner double, i.e., the time taken by the inner jet-head to traverse the distance between the core and the present position of the jet head.

(ii) t_{outd} : the age of the outer double, i.e., the time taken by the outer jet-head to traverse the distance between the core and the present position of the jet head.

(iii) $t_{\rm ws}$: the age of the warm spot, i.e., the time elapsed between the moment when the last jet material was dumped at the outer warm spot and the moment of observations.

(iv) t_{jet} : the time taken by a given blob of jet material to travel from the core to the outer hotspot. Since we have assumed that the speed of the jet material is close to the speed of light (c), it is essentially the light travel time between the core and the outer warm spot.

(v) t_{activ} : the duration of the active phase of the previous episode, i.e., the duration over which the central engine was supplying the relativistic jet fluid in the previous episode.

(vi) t_{quies} : the duration of the quiescent phase between the two episodes, i.e., the time between the stopping of the jet fluid suppy in the previous episode and the restarting of the new jet.

All the above quantities are averaged over two jets. The quantities t_{activ} and t_{quies} can be given by the relations

$$t_{\rm activ} = t_{\rm outd} - (t_{\rm jet} + t_{\rm ws}) \tag{3}$$

and

$$t_{\rm quies} = (t_{\rm ws} + t_{\rm jet}) - t_{\rm innd}.$$
(4)

The ages of the two warm spots of the outer lobes of J1158+2621 are not very different (see Table 10) and their average is ~ 10.7 Myr, which we assume to be the ages of both the warm-spots. The limits of the spectral ages of inner double of J1158+2621 are given by $0.5 \lesssim t_{\text{innd}} \lesssim 4.9$ Myr and $t_{\text{outd}} = 113$ Myr. Assuming that the jet material moves at a speed close to that of light, we estimate $t_{\rm jet} = 0.79$ Myr (the total size of the outer double is ~ 483 kpc) for J1158+2621. So, from Equation 3, we get $t_{activ} = 101.5$ Myr. Now, keeping in mind that we have limits for the t_{innd} , we get (from Equation 4) the limits of the t_{quies} of J1158+2621, which is given by $6.6 \lesssim t_{\text{quies}} \lesssim 11.0$ Myr. From this study we conclude that the quiescent phase of the AGN-jet activity of J1158+2621 is between ~ 6.5 per cent and 10.8 per cent of the duration of active phase of the previous episode of JFA. The case of J0116-4722 is different, as we do not know definite values for the ages of either the inner double or outer double, nor do we know definite values of the ages of the outer warm spots. We have limits for ages of all components of J0116-4722. However, we know $t_{jet} = 2.4$ Myr (total size of the outer double \sim 1447 kpc) for this source. From Section 4.2, we already know $t_{\rm ws} \lesssim 64$ Myr and $1 \lesssim t_{\rm innd} \lesssim 28$ Myr and $66 \lesssim t_{\rm outd} \lesssim 236$ Myr. So, $t_{\rm activ} \lesssim 170$ Myr, and the duration of quiescent phase of J0116–4722 can be given by $1.4 \lesssim t_{quies} \lesssim 65.4$ Myr. From our present data, we cannot get better constraints on t_{activ} and t_{quies} .

5.1 Active phase and quiescent phase

We have tabulated various quantities for well-studied DDRGs in Table 9. From the best studied sources from our previous work as well as from the present paper, it seems that the duration of quiescent phase is always smaller than the duration of the active phase (see Table 9). Moreover, the duration of quiescent phase is never much more than ~50 per cent of that of active phase of those sources for which we have good estimation (or limits) of the duration of active and quiescent phases. Because of the pure power-law spectra of the inner doubles within our observed frequency range,



Figure 5. The best fit spectra of the first two strips of northern (upper panels) and southern (lower panels) outer lobes of J1158+2621. Each panel is an output of SYNAGE. While fitting, the value of α_{inj} was kept fixed at 0.788. The best fit values of all the parameters of all the strips are tabulated in Table 10.

we could place only limits to the ages of the inner doubles. Therefore, we have been able to place only limits on the duration of the quiescent phase. Further work related to modelling of the inner double dynamics is required to constrain reliable ages (rather than limits on ages) which would improve the estimates of these ages. However, it is already clear that the quiescent phase can be short with respect to the active phase. While there is a clear selection effect operating in this sample (we do not observe sources with very long quiescent phases as DDRG, because their outer lobes fade to the point where they are not detectable) this observation nevertheless puts constraints on models of the duty cycle and on the nature of JFA in radio galaxies.

Figure 6. Radiative age of the relativistic particles of the strips of the outer lobes of J1158+2621, plotted against the distance from the radio core.

6 SUMMARY AND CONCLUDING REMARKS

The main results of this paper can be summarized as follows.

(i) The average spectral age of the outer lobes of J1158+2621 is ~113 Myr. The limits of the spectral ages of the inner double of J1158+2621 are given by $0.5 \lesssim t_{\rm innd} \lesssim 4.9$ Myr. The esti-

mated duration of the quiescent phase of J1158+2621 is given by $6.6 \lesssim t_{\text{quies}} \lesssim 11.0 \text{ Myr}$. The duration of active phase $t_{\text{activ}} = 101.5 \text{ Myr}$. From this study we can see that the quiescent phase of an AGN-jet activity of J1158+2621 lies between ~ 6 per cent and ~ 11 per cent of the active phase of the first episode of JFA. For

Table 9. Ageing properties of DDRG from this paper and the literature. The column description is as follows. Column 1: J2000 name of the source, column 2: alternative names of the source, column 3: redshift of the source, column 4: size of the outer double, column 5: spectral age of the outer double, column 5: limits of the age of the inner double, column 7: travel time of the last ejected jet material from the central engine to the hotspot, column 8: spectral age of the last injected plasma at the hotspot of the outer double, column 9: duration of the active phase of the JFA, column 10: duration of the quiescent phase as a percentage of the active phase of the JFA, column 12: reference to the spectral age and other parameters of the source.

Source J2000 name	Alt. name	Z	Size (kpc)	t _{outd} (Myr)	t _{innd} (Myr)	t _{jet} (Myr)	t _{ws} (Myr)	t _{activ} (Myr)	$t_{ m quies}$ (Myr)	$\frac{t_{quies}}{t_{activ}}\times 100\%$	Ref
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
J0041+3224	B20039+32	0.45	969	26	0.34-5.30	1.58	4.44	20	0.7-5.7	3.5-28.5	1
J0116-4722	PKS 0114-47	0.146101	1447	66-236	1.00 - 28.00	2.40	< 64		1.4 - 65.4		р
J0840+2949	4C 29.30	0.064715	639	> 200	0.12 - 33.00	2.08	< 100		2.0 - 102.0		2
J1158+2621	4C+26.35	0.112075	483	113	0.50 - 4.90	0.79	10.70	101.5	6.6-11.0	6.5-10.8	р
J1453+3308	4C+33.33	0.248174	1297	60	0.52 - 9.26	2.12	19.50	38.4	12.4 - 21.1	32.3-55.0	3
J1548-3216	PKS 1545-321	0.1082	961	74	0.57 - 34.67	1.57	29.20	43.1	$0.05^{\dagger} - 29.2$	0.01-67.7	4
J1835+6204	B 1834+620	0.5194	1379	22	1.34 - 2.25	2.25	1.00	17.5 (14-21)*	1.0 - 6.6	5.7-37.7	1
J1211+7419	4CT 74.17.01	0.1070	845						$0.01 - 0.83^{\xi}$		5

[†]: If the lower limit of the duration of quiescent phase is less than the jet quenching time $t_{quies} \sim 5 \times 10^4$ yr, then we have replaced the lower limit by 5×10^4 yr; because the new jet has to start at least after the jet quenching time to be observationally classified as a new episode.

*: There are limits of the active phase which are different by much less than an order of magnitude. So, we have taken the average of those limits as the duration of active phase.

 ξ : This is not determined by spectral ageing method but by assuming the fiducial values of the parameters and using the light travel time arguement. See Marecki (2012) for detail. So, the value of t_{quies} determined by other method is well within the range of what we have obtained for our sample. References are as follows: 1: Konar et al. 2012, p: this paper, 2: Jamrozy et al. 2007, 3: Konar et al. 2006, 4: Machalski et al. 2010, 5: Marecki 2012.

Table 10. Results of JP model calculations of J1158+3224 with $\alpha_{inj} = 0.788^{+0.038}_{-0.040}$. Column 1: identification of the strip; column 2: the projected distance of the strip-centre from the radio core; column 3: the break frequency in GHz; column 4: the reduced χ^2 value of the fit; column 5: minimum energy magnetic field in nT; column 6: the resulting synchrotron age of the particles in the given strip.

Strip	Dist. kpc	$ u_{ m br}$ GHz	χ^2_{red}	B _{min} nT	$ au_{ m rad}$ Myr
NW1-01 NW1-02 NW1-03 NW1-04	237.8 209.6 177.3 145.1	NW1-lobe $42.35^{+443}_{-13.63}$ $24.11^{+18.16}_{-8.99}$ $16.27^{+4.23}_{-6.67}$ $6.54^{+0.26}_{-3.87}$ $4.47^{+0.13}_{-10.13}$	0.89 2.53 2.32 12.52	0.50 ± 0.05 0.53 ± 0.05 0.51 ± 0.05 0.49 ± 0.05	$12.81^{+2.74}_{-9.03}$ $16.24^{+4.26}_{-3.98}$ $20.36^{+6.15}_{-2.22}$ $33.07^{+18.69}_{-0.64}$ $41.97^{+6.45}_{-6.45}$
NW1-05 SE1-01 SE1-02 SE1-03 SE1-04 SE1-05	229.7 197.5 165.2 133.0 108.8	$\begin{array}{c} 4.45 \\ -1.11 \\ \hline \\ \textbf{SE1-lobe} \\ 91.08 \\ +46.53 \\ -80.41 \\ 44.86 \\ -32.13 \\ 15.91 \\ -3.74 \\ -3.61 \\ -1.08 \\ 8.56 \\ +0.27 \\ -1.23 \end{array}$	20.16 6.16 0.39 1.15 3.19 4.10	0.46±0.05 0.51±0.05 0.49±0.05 0.49±0.05 0.49±0.05	$\begin{array}{c} 41.87\overset{+1.87}{-}\overset{-0.60}{}\\ 8.60\overset{+16.54}{-}\overset{-1.60}{}\\ 12.63\overset{+11.07}{-}\overset{-2.41}{}\\ 21.20\overset{-2.92}{-}\overset{-2.12}{}\\ 28.91\overset{+2.01}{-}\overset{-4.67}{}\\ 37.67\overset{+5.66}{-}\overset{-0.97}{}\end{array}$

J0116–4722 we have not been able to do a detailed spectral ageing analysis. However, we have the limits $66 \lesssim t_{\rm outd} \lesssim 236$ Myr, $t_{\rm ws} \lesssim 64$ Myr, $1 \lesssim t_{\rm innd} \lesssim 28$ Myr and $1.4 \lesssim t_{\rm quies} \lesssim 65.4$ Myr. A statistical study with a large sample is required for such sources to know the range of the quiescent phase of JFA.

(ii) When we compare the results of this work and our previous work, we found that for a small sample of 7 ERGs the duration of quiescent phase can be as small as the hotspot fading time of the previous episode, and as high as a few tens of Myr (i.e., $10^5 - 10^7$ yr). More interestingly, for none of the sources of our sample, it is close to the duration of active phase of previous episode. This may be a selection bias, but even so, it shows that the duration of the quiescent phase *can* be comparatively short, putting constraints on the mechanism by which the jet/accretion power is modulated.

(iii) We also found that for many episodic radio galaxies, the

nucleus is variable in the radio wavelength. For our small sample of 7 episodic radio galaxies, 4 have been detected with variable core, which is a significantly larger fraction than is seen in normal FRII radio galaxies. The variability in the core of ERGs may be due to instabilities in the accretion rate which may be connected to the episodic nature of these objects. A statistical study with a bigger sample will be important to test the generality of these conclusions.

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